

Basis of BOLD functional imaging contrast

MGH-NMR Center

Blood Oxygenation Level Dependant

BOLD Can see change in $T2^*$ image due to hemodynamic response associated with neuronal activation.

Ogawa et al.

Basis of fMRI

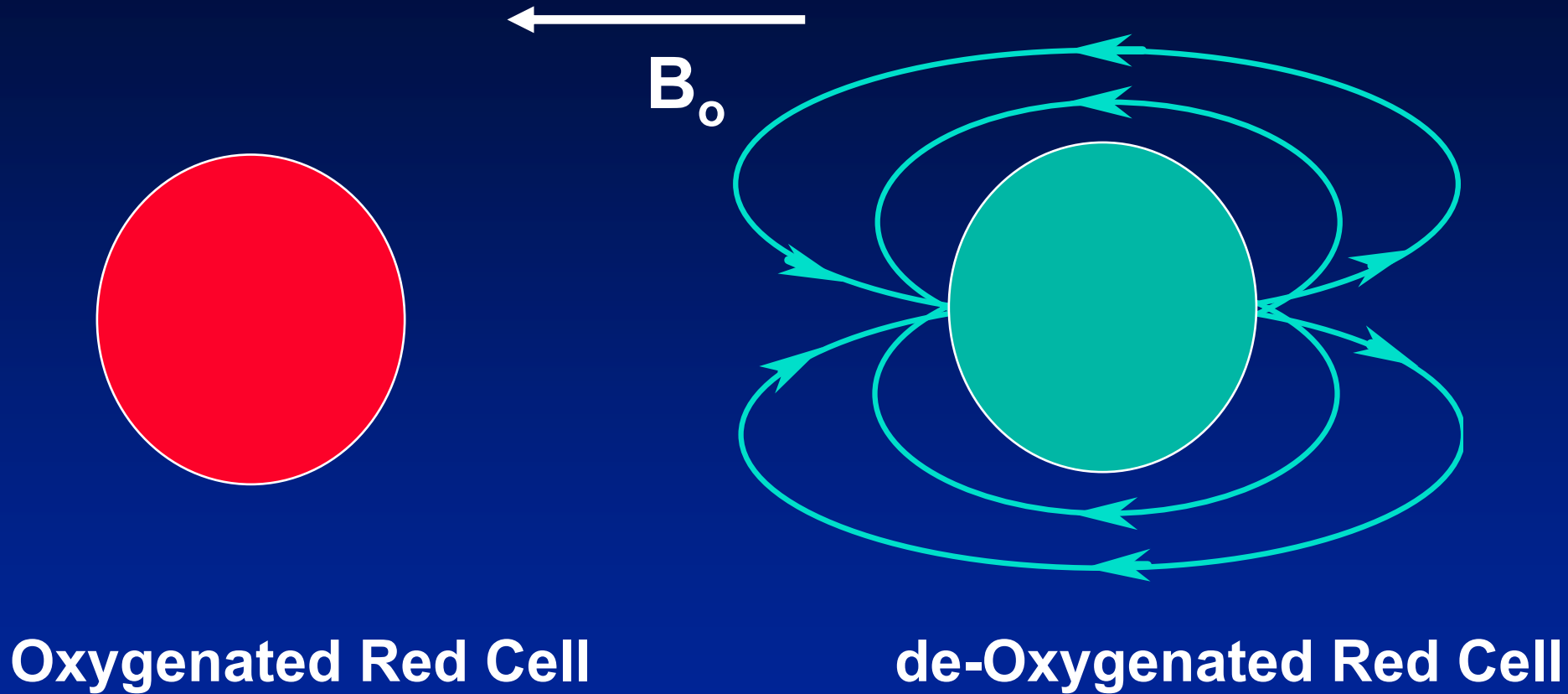
Qualitative Changes during activation

Observation of Hemodynamic Changes

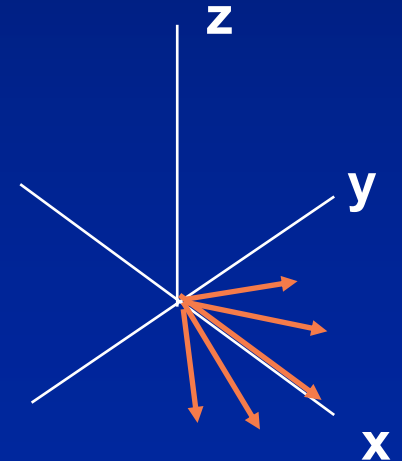
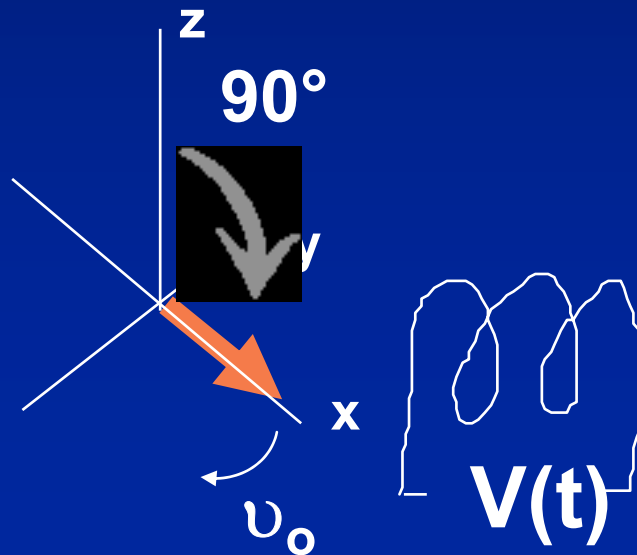
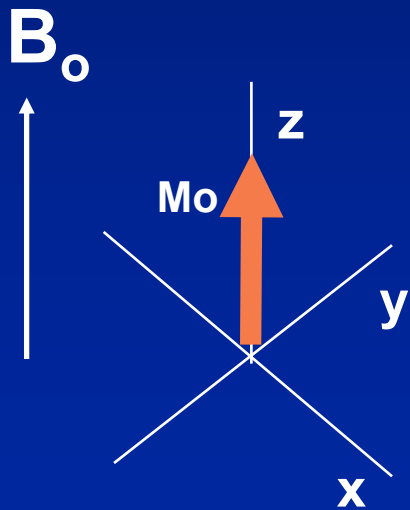
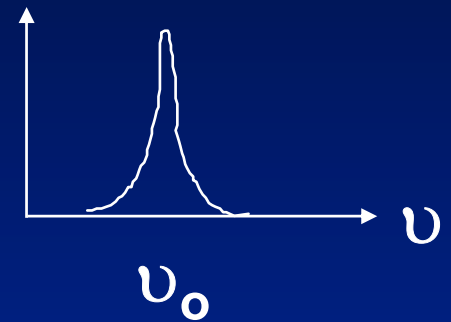
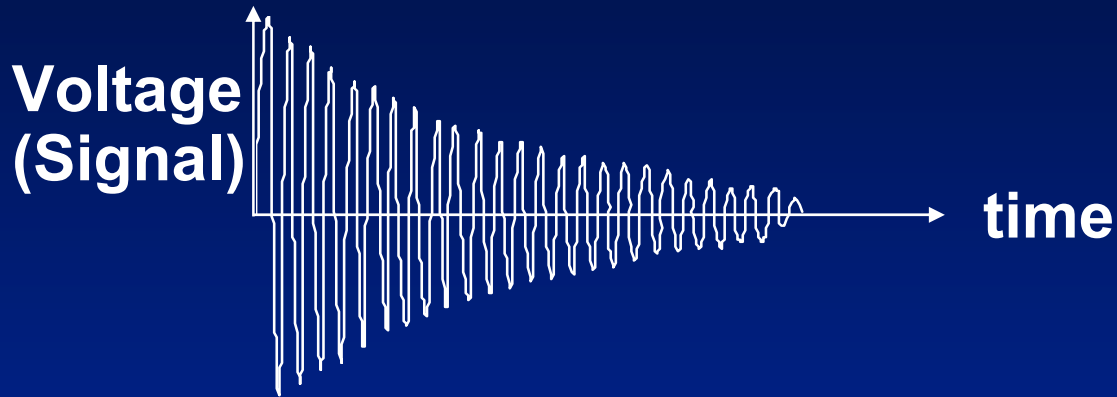
- **Direct Flow effects**
 - **Blood Oxygenation**

effects

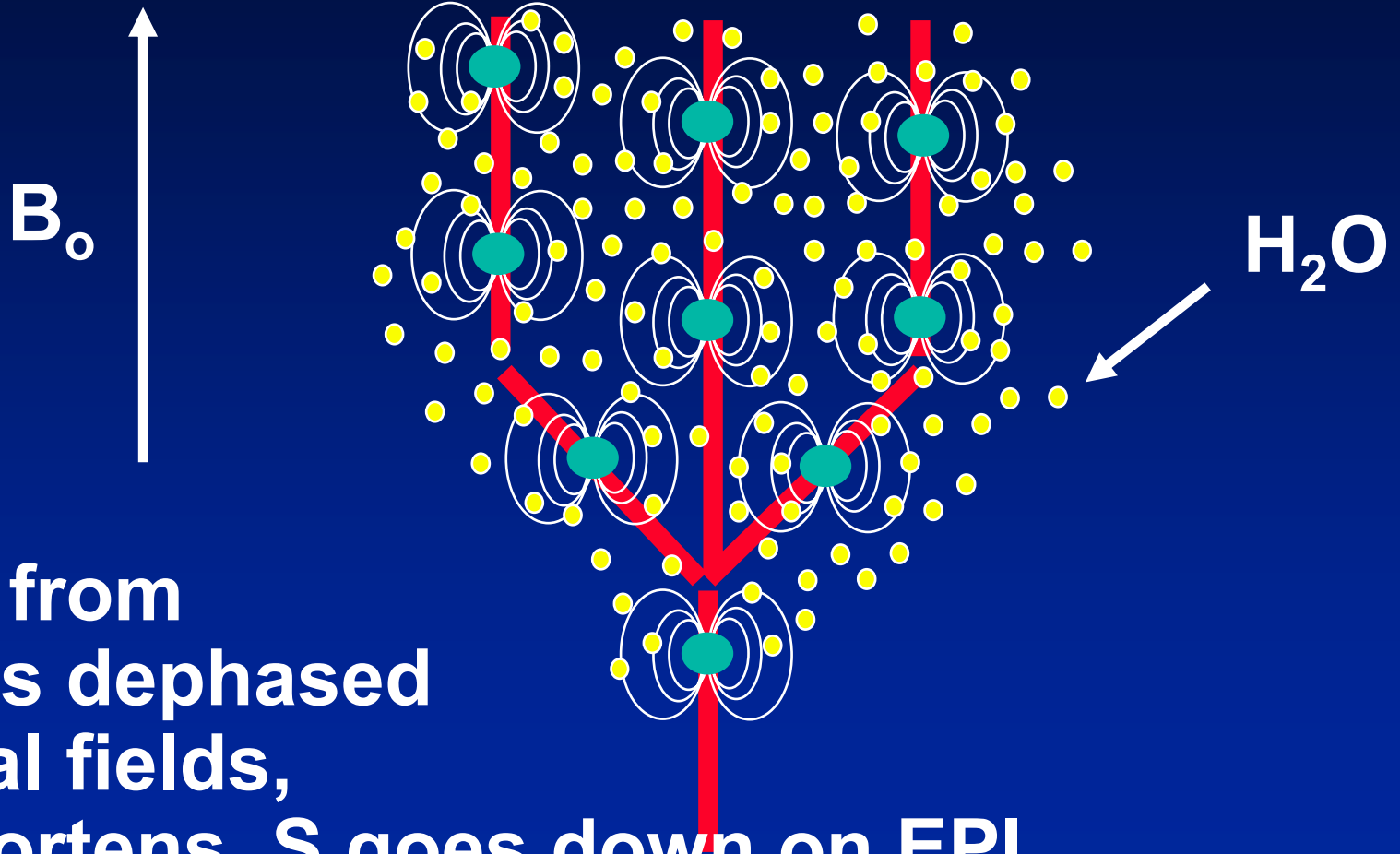
Field Homogeneity and Oxygen State



Review: the NMR Signal

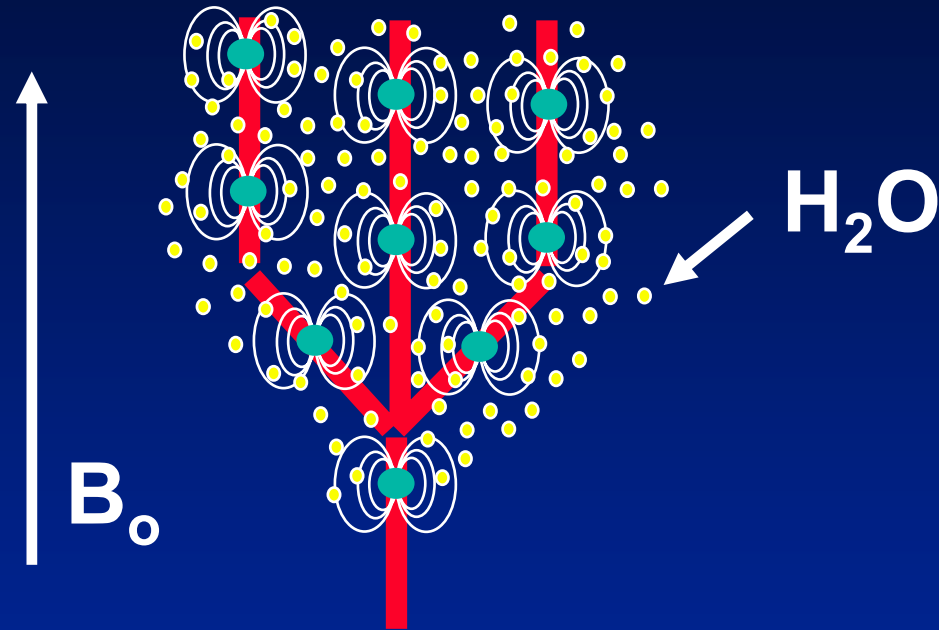
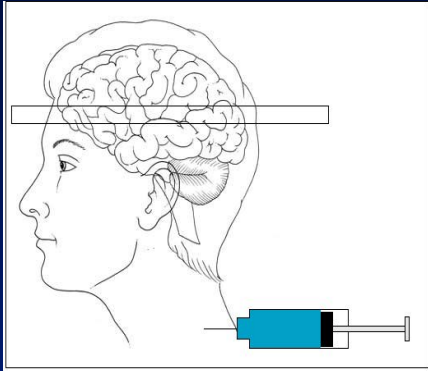


Addition of paramagnetic compound to blood



Signal from water is dephased by local fields, T_2^* shortens, S goes down on EPI

Addition of paramagnetic compound to blood



Signal from water is dephased by local fields (T_2^* shortens), S goes down on EPI
Magnetic stuff \uparrow **MR signal** \downarrow

Conversely,

Reducing amount of a paramagnetic substance in the blood will make the image intensity go up.

Magnetic stuff ↓ MR signal ↑

What happens during neuronal activation?

Neuronal Activation . . .

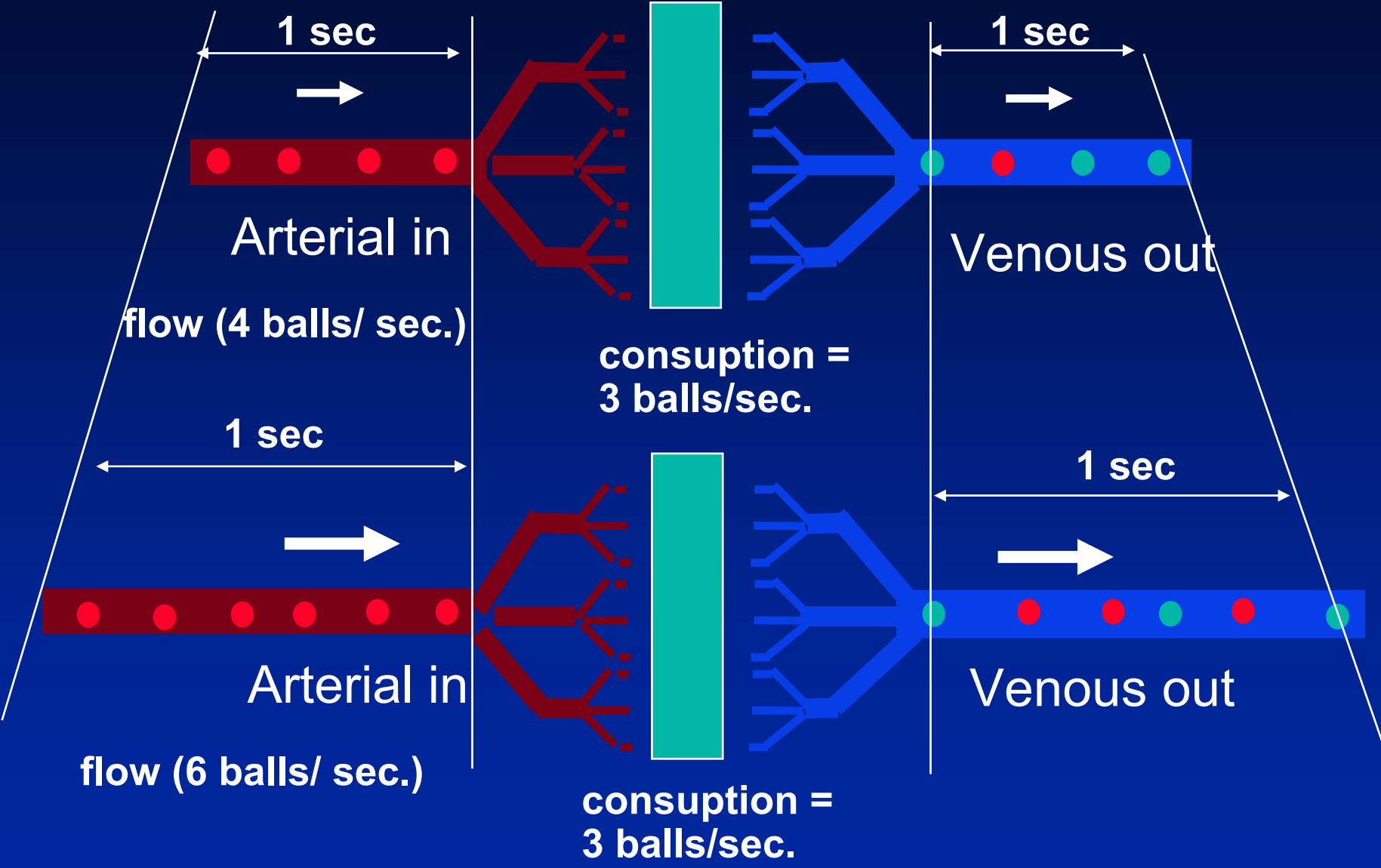
Produces *local* hemodynamic changes
(Roy and Sherrington, 1890)

Increases local blood flow

Increases local blood volume

BUT, relatively little change in oxygen
consumption

decrease in deoxygenated red cell concentration



NMR and Activation

Summary:

- Flow ↑** increases signal on “T1-weighted” or flow weighted scans
- DeoxyHb ↓** increases signal on “T2/T2*-weighted” scans
- Blood Vol. ↑** Decreases signal on contrast agent CBV scans.

Why does flow go up so much?

If O₂ consumption rises only modestly (15%), why does flow need to go up a lot (50%)?

“Uncoupling” between flow and metabolism?

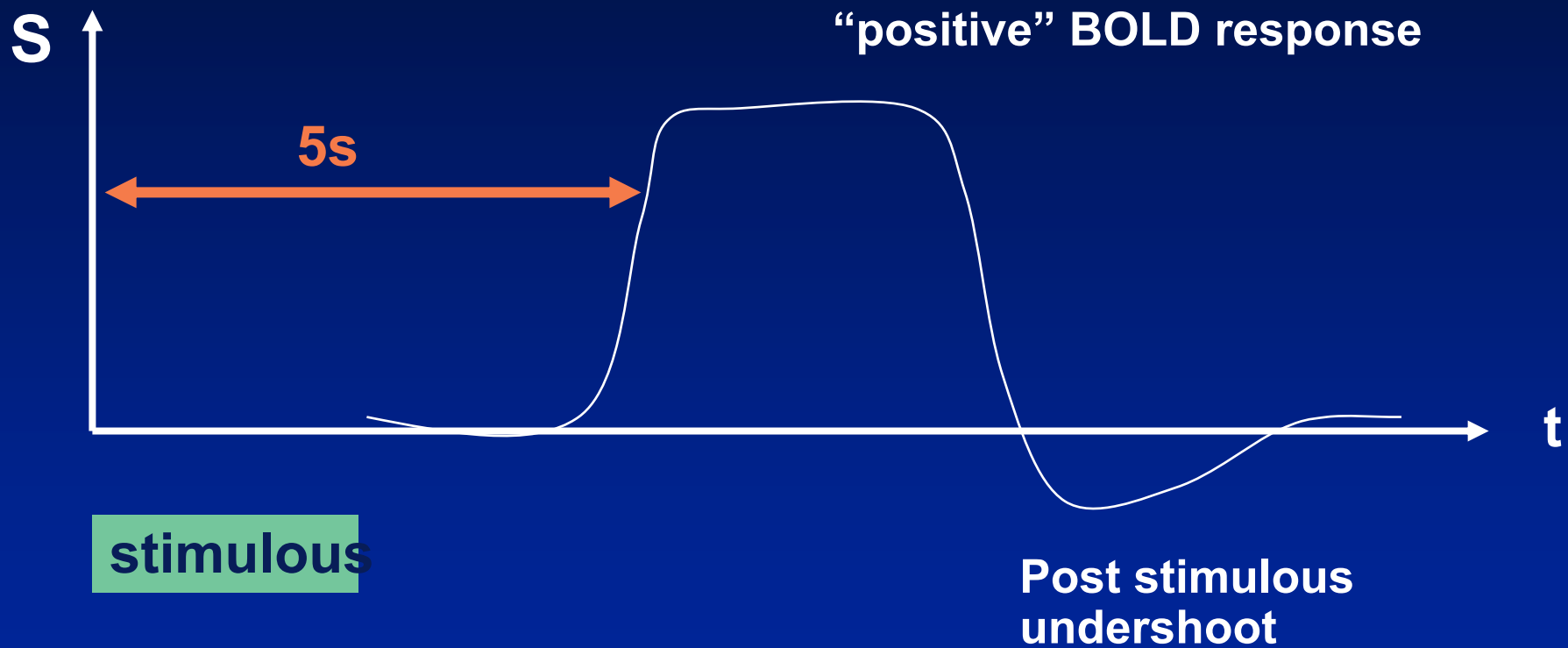
No real paradox: as flow[↑] oxygen extraction is hampered by decreased capillary transit time.

The simple answer is it takes a lot of flow increase...

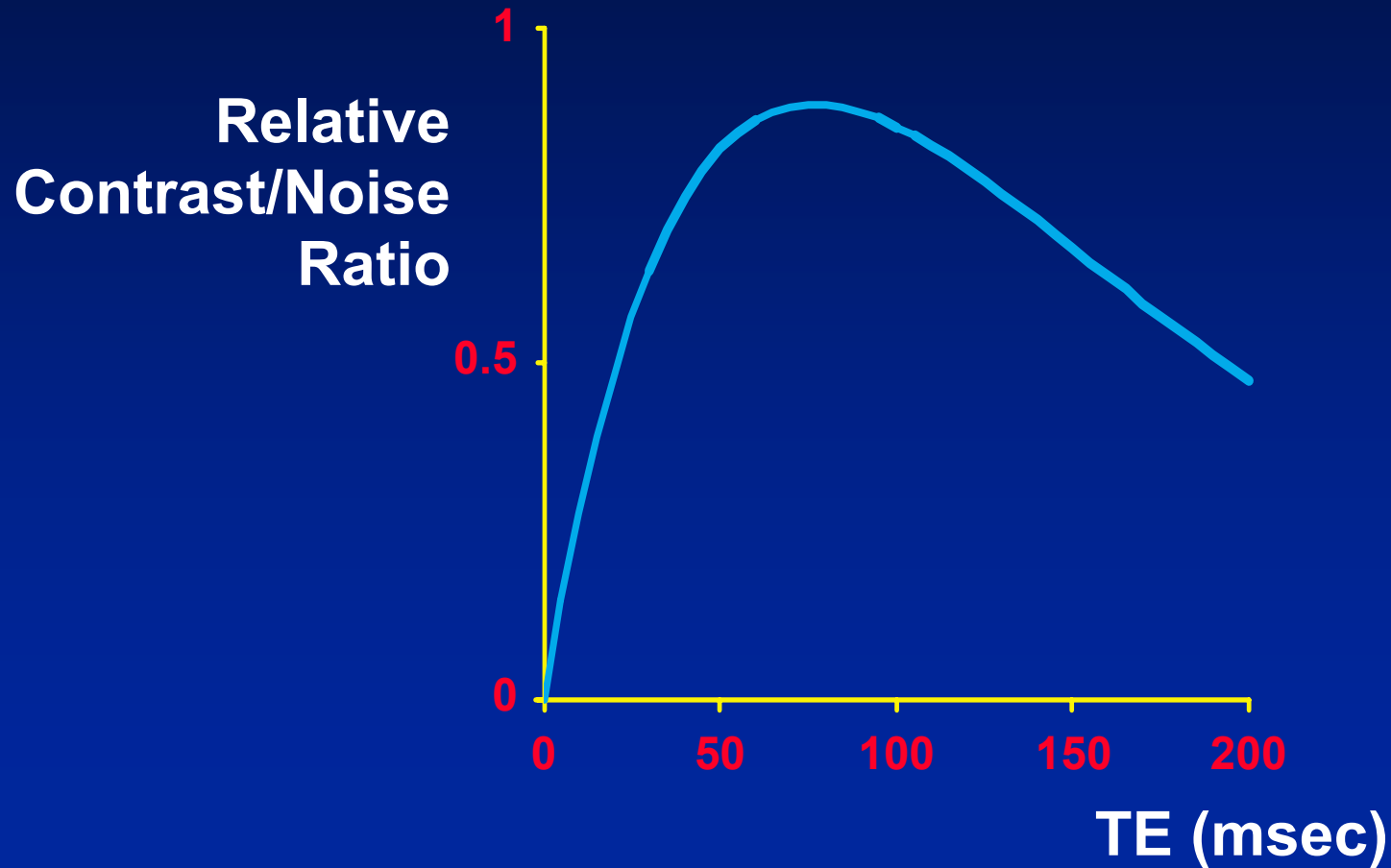
“Balloon model”

Buxton et al. Magn. Reson. Med. 39, p855, 1998

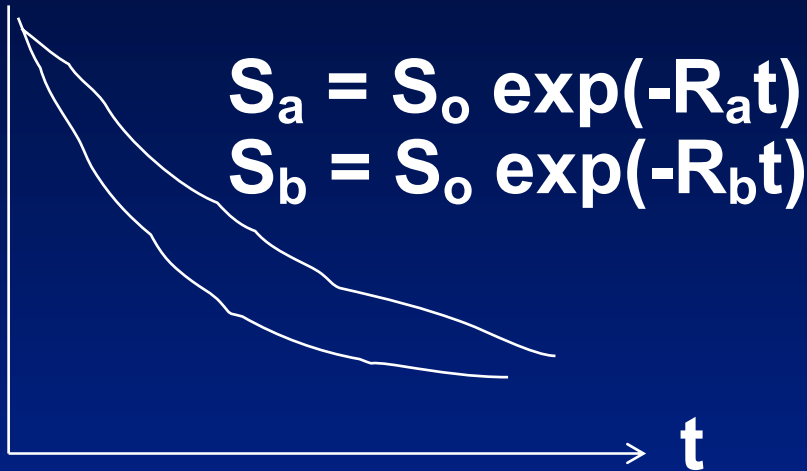
Time response of BOLD



Contrast/Noise Ratio and Echo Time (TE)



Contrast/Noise Ratio and Echo Time (TE)



$$R_a = 1/T_{2a}^*$$

$$R_b = 1/T_{2b}^*$$

$$\Delta R = R_a - R_b$$

$$\Delta S = S_o e^{-R_a t} - S_o e^{-R_b t}$$

$$\Delta S = S_o e^{-R_a t} - S_o e^{-(R_a - \Delta R) t}$$

$$\Delta S = S_o e^{-R_a t} (1 - e^{\Delta R t})$$

$$\Delta S = -S_o e^{-R_a t} \Delta R t$$

$$\frac{\partial}{\partial t} (\Delta S) = 0$$

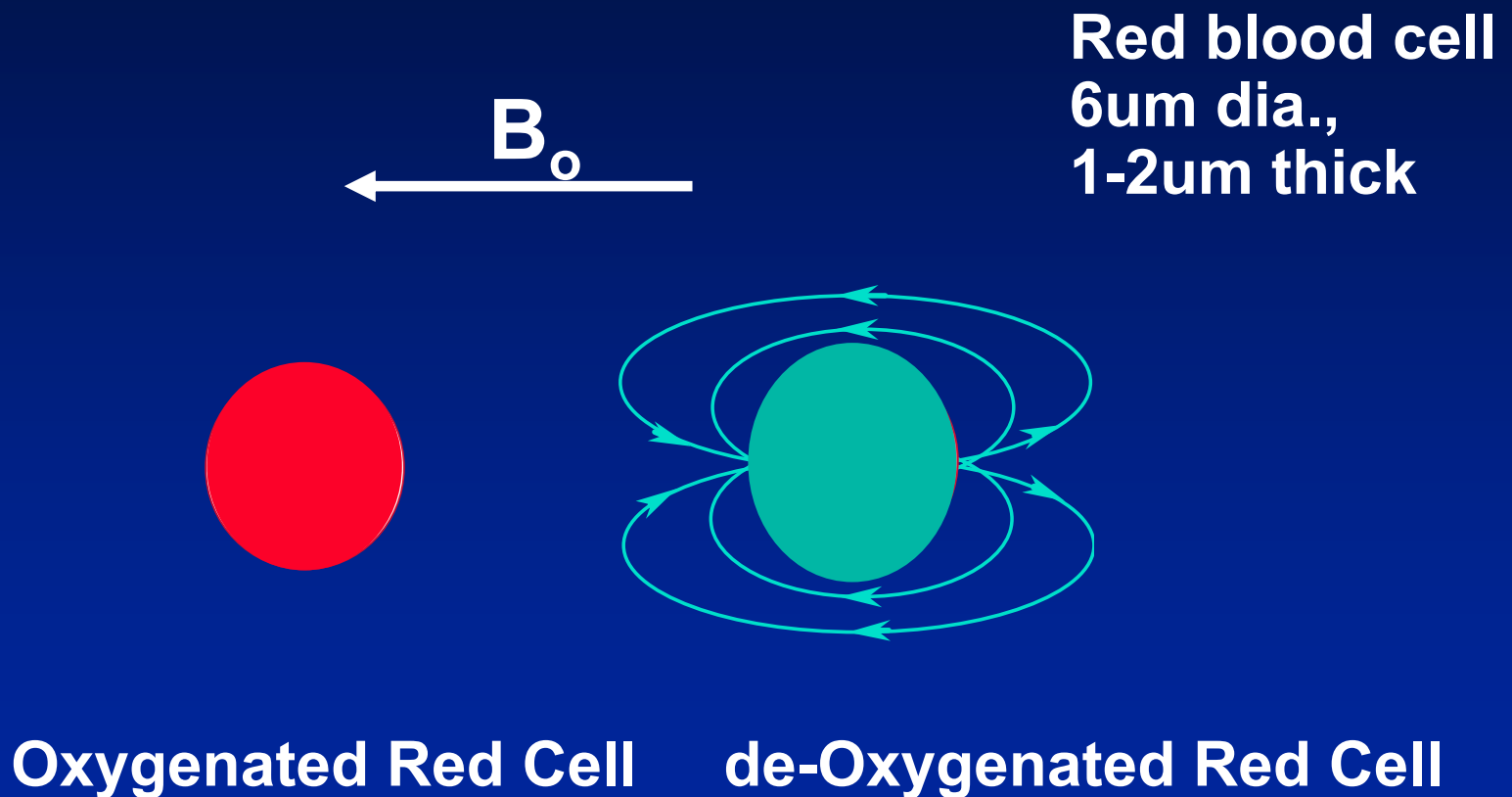
$$t = 1/R_a$$

$$TE = T_{2a}^*$$

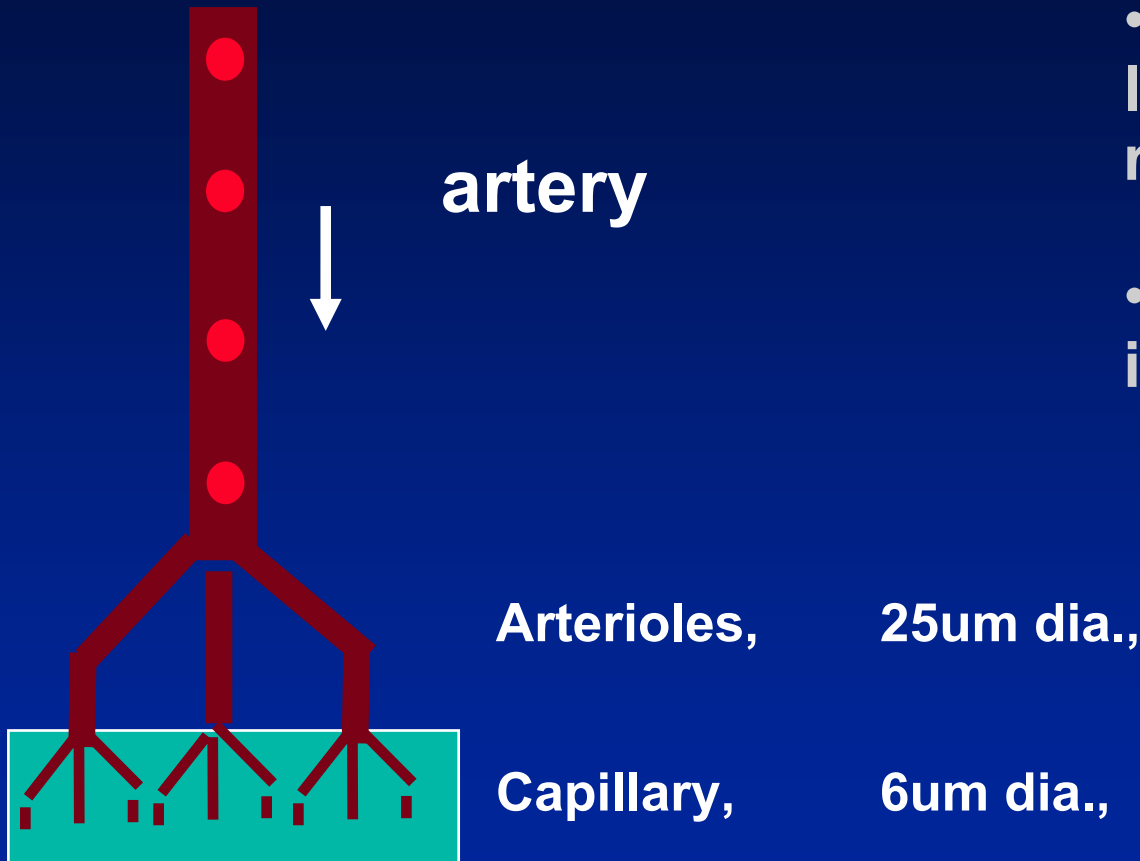
**Signal dephasing changes that
accompany activation (BOLD
effect)**

a more detailed look...

Internal contrast agent: the deoxygenated red blood cell



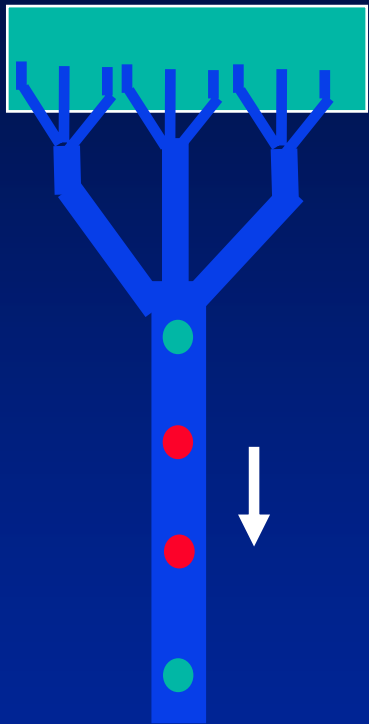
Brain: Arterial side



- Capillaries are long and skinny, randomly oriented

- O₂ exchange is in capillary

Brain: venous side



Venules, 25-50um dia.,

Collecting veins

Veins

Blood Oxygen saturation
~60% oxygenated for
resting individual.

- Venules have the same BV as caps

- Venules have 2x the deOxyHb conc. Of caps.

>> venules are more magnetic.

Venules are ~ randomly oriented

Brain vessel facts

resting state
saturation.

60% venous oxygen

80% sat. in capillaries

100% sat. in arteries.

activated state (with 70% increase in flow and
20% increase in
CMRO₂)

saturation

72% venous oxygen

86% sat. in caps.

100% sat. in arteries

What does the water see?

Freely diffusing water is the source of image signal

In 50ms, water diffuses 25 μ m on average
thus moves \sim 4x diameter of capillary...

Water diffuses readily in and out of red blood cells. (spends about 5ms in a red blood cell)

In the 50ms timescale of fMRI, only 5% of H₂O leaves the cap. bed.

Two water spaces: Extravascular (tissue) and Intravascular (blood)

Water does not exchange between these pools (in $<0.1\text{s}$)

The blood component has 2 sub spaces (capillaries and venules) with different vessel size and oxygenation levels.

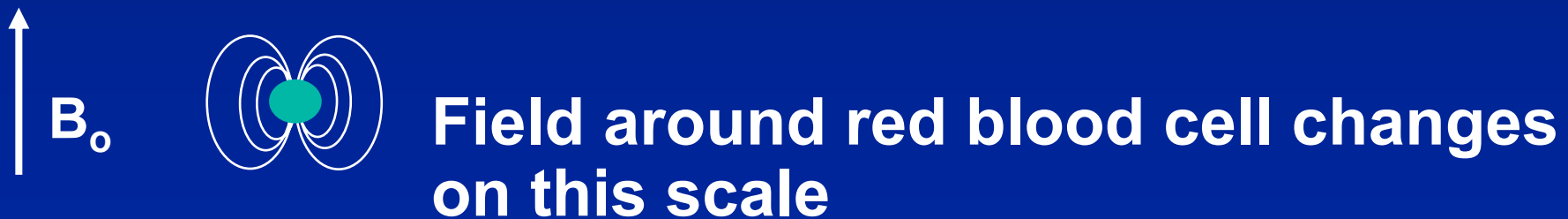
Water diffuses freely in the extravascular space.

There is 20x more water in the extravascular space.

T2 or T2* changes?

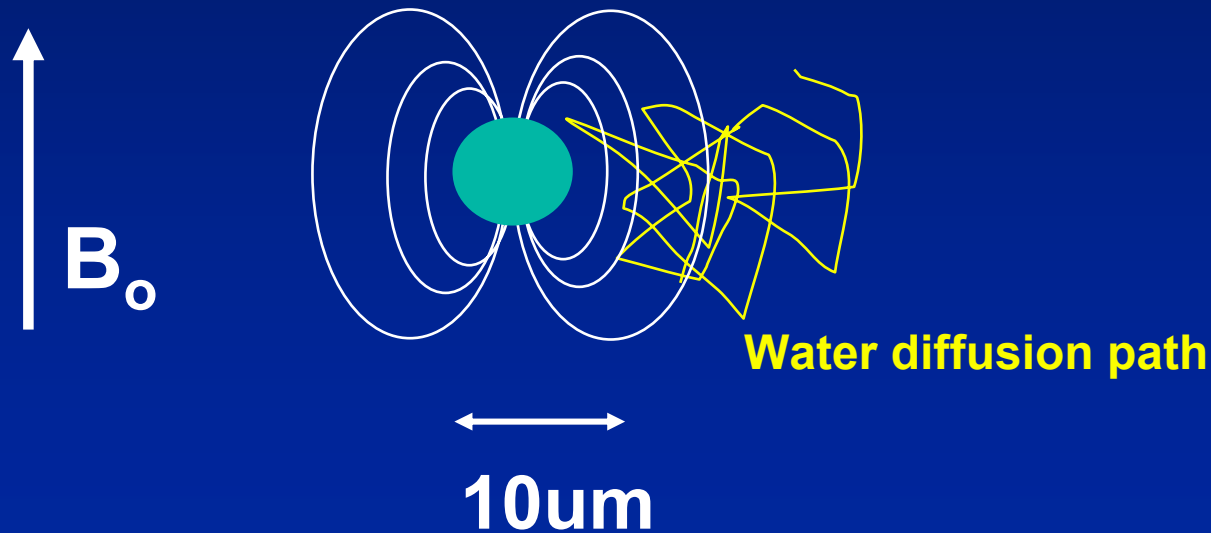
T2 changes require the water dynamically move in a local field distribution.

Water only moves 25um during encoding so the local fields must change significantly on 25um scale to get T2 effect.



Intravascular: T2 or T2* changes?

Field around red blood cell changes
on the scale of mean free path of water.



T2 changes in the blood

Dynamic dephasing from diffusion in vicinity of the magnetic field of the RBC.

Easier to talk about dephasing rate: $R_2 = 1/T_2$

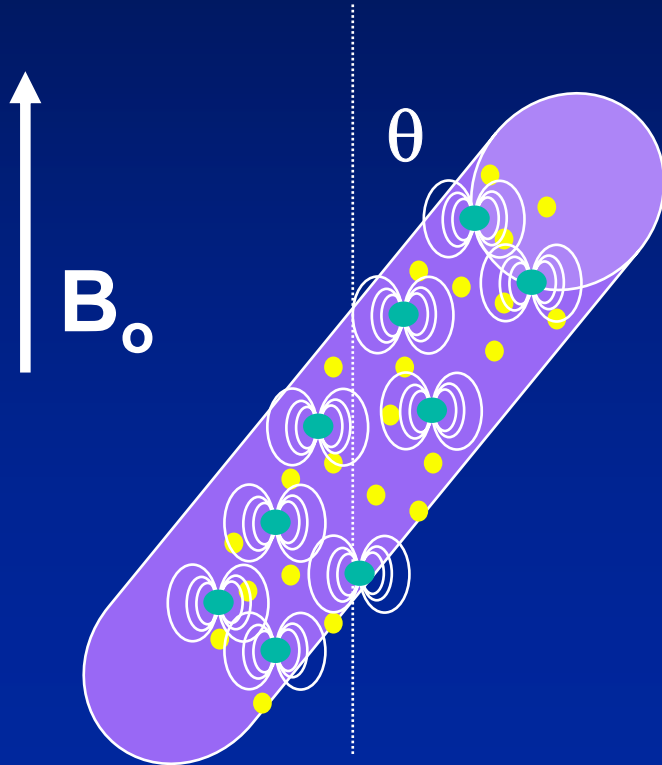
Empirical and Monte Carlo simulations:

$$R_2 = \frac{1}{T_2} = \frac{1}{T_{2o}} + aB_o^2 [Hematocrit](1 - O_2Sat)^2$$

Blood becomes darker on SE at high field...

Intravascularity: T2* changes

Static dephasing from the different fields inside larger vessel with different orientations.



Field inside vessel:

$$\Delta\nu = \alpha B_0 (1 - 3 \cos^2 \theta) [1 - O_2 Sat]$$

$$\Delta\nu \approx 0 - 10 Hz$$

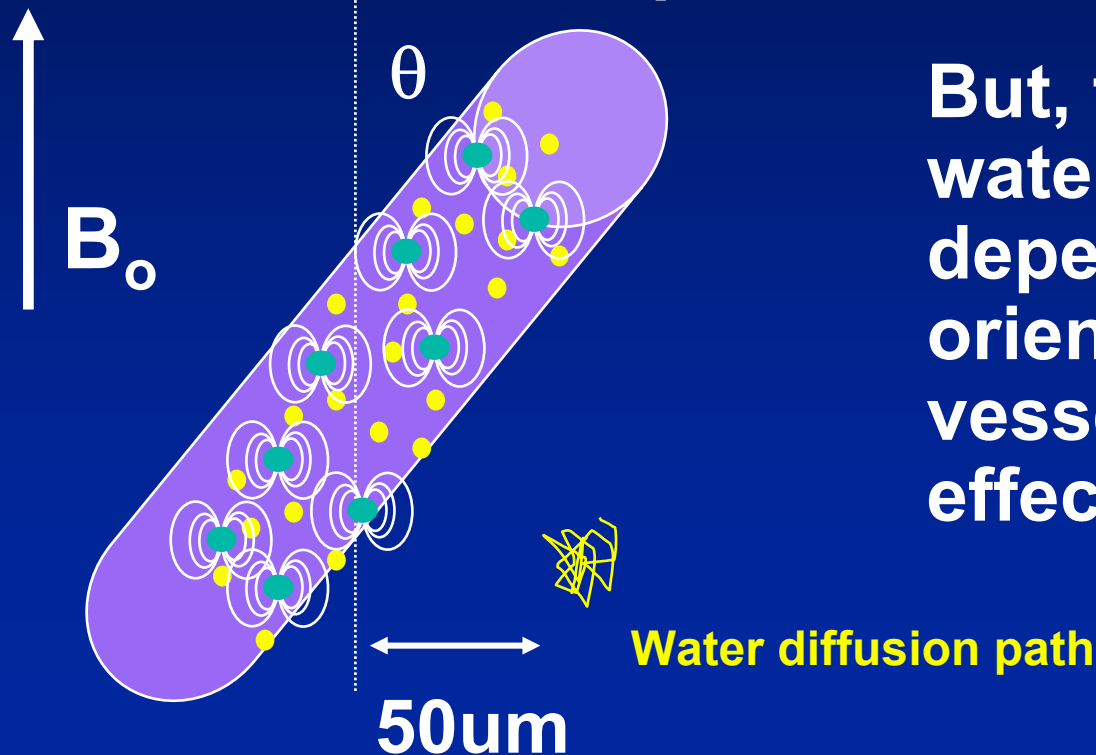
Intravascular summary

Both T2 and T2* changes, must really do a careful simulation to figure out relative contribution.

At high enough field we expect T2 to get very short inside vessels.

Extravascular: T2 or T2* changes?

Field outside large “magnetized” venule is approx. constant on length scale of water mean path



But, field (thus freq.) water experiences will depend on the orientation and size of vessel. Thus T2* effect.

The Boxerman-Weisskoff model

Monte Carlo simulation of dephasing in vascular tree using known size distributions.

Tissue and blood components

Track static and dynamic dephasing.

Include size of RBC ~ size of capillary

Boxerman J et al. Magn. Reson. Med 34 p 4-10

Boxerman J et al. Magn. Reson. Med 34 p 555-566

The B-W model: Intravascular effects

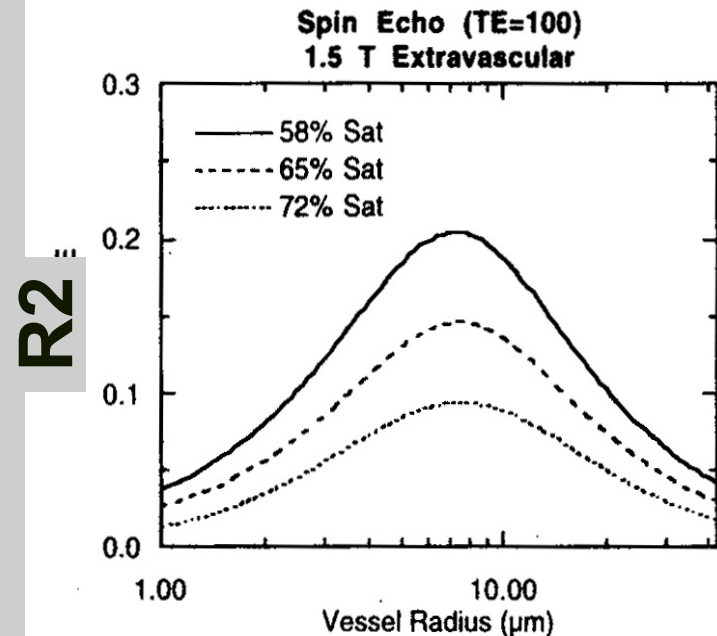
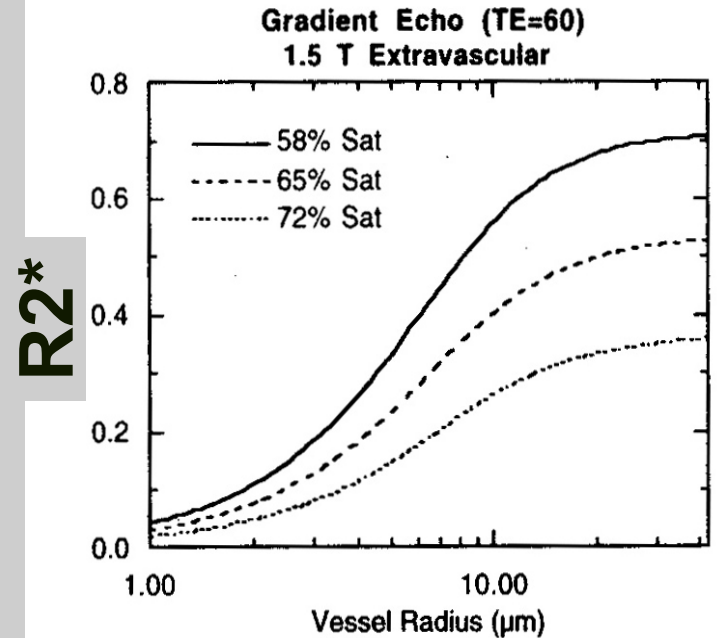
- **There are both T2 and T2* effects.**
- **But don't forget intravascular space has 20x fewer spins**
- **Relative importance of blood pool increases at high B_0 or for spin echos.**

The B-W model at 1.5T: Extravascular effects

T2 vs. T2*

T2* effects (gradient echo) are ~3-4x larger

T2* effects are derived from bigger vessels



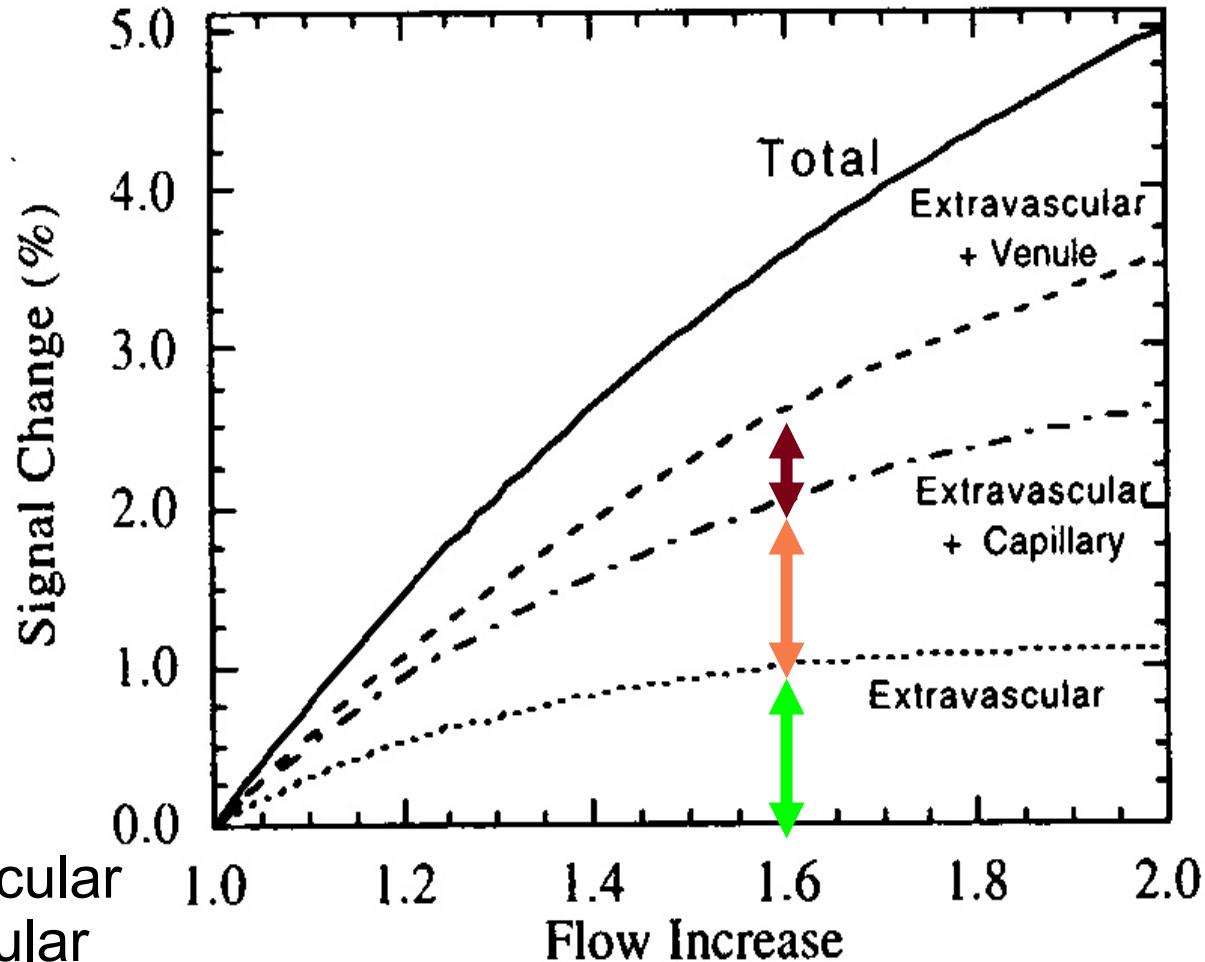
The B-W model at 1.5T: Extravascular vs Intra

1) Venule

2) Capillary

3) Extravascular

At 1.5T 2/3 is intravascular
At 3T, 1/2 is intravascular



Tests of B-W model dephasing flowing spins

Add a bipolar diffusion gradient to grad echo
BOLD to remove signal from flowing spins.

Range of flow velocities crushed can be
adjusted

spoiling venule flow ($>10\text{mm/s}$) eliminates 30%
of BOLD

Spoiling capillary + venule flow ($>0.5\text{mm/s}$)
eliminates 60% of signal

The last 30% of the signal must be
extravascular...

Effects of going to higher B_0

Blood T2s become short enough that activation makes the blood go from really dark to very dark.

Velocity spoiling that would eliminate 2/3 of the BOLD effect at 1.5T only eliminates half at 3T and has no effect at 9.4T.

>> BOLD signal becomes more extravascular at high field.

How does BOLD relate to electrophysiology

Anaesthetized monkeys

BOLD response near electrode tip correlated with LFP measurements

Logothetis et al. Nature 412 p 150, 2001

