

16.660 / 16.853 / ESD.62J Introduction to Lean Six Sigma Methods  
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## Individual Values Exercise

<b>Grade</b>	<b>Rank</b>	<b>Value Description</b>
_____	_____	Comfortable life (a prosperous life)
_____	_____	Exciting Life (a stimulating life)
_____	_____	Sense of Accomplishment (lasting contribution)
_____	_____	World Peace (free of war and conflict)
_____	_____	World of beauty (beauty of nature and the arts)
_____	_____	Equality (brotherhood, equal opportunity for all)
_____	_____	Family security (taking care of loved ones)
_____	_____	Freedom (independence, free choice)
_____	_____	Happiness (contentedness)
_____	_____	Inner Harmony (freedom from inner conflict)
_____	_____	Mature Love (sexual and spiritual intimacy)
_____	_____	National Security (protection from attack)
_____	_____	Pleasure (an enjoyable, leisurely life)
_____	_____	Enlightenment (Spiritual, contemplative life)
_____	_____	Self Respect (Self-esteem)
_____	_____	Social Recognition (respect, admiration)
_____	_____	True Friendship (close companionship)
_____	_____	Wisdom (a mature understanding of life)