

Reston, VA March 25, 2015





The Medical IoT*: Challenges and Opportunities

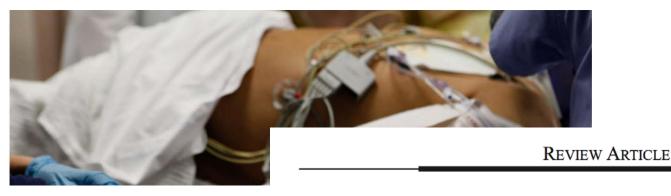
Julian M. Goldman, MD Director, Program on Interoperability, Mass General Hospital Medical Director, Partners HealthCare Biomedical Engineering Anesthesiologist, MGH/Harvard Medical School Chair, ISO TC 121

Contact information: www.jgoldman.info

*Internet of Things

Patient Safety Exploring Quality of Care in the U.S.

How Many Die From Medical Mistakes in U.S. Hospitals?





A New, Evidence-based Estimate of Patient Harms 2013 Associated with Hospital Care

John T. James, PhD

- 1999 IOM published "To Err Is Human" up to 98,000 people a year die because of mistakes in hospitals.
- 2010 the Office of Inspector General for Health and Human Services said that bad hospital care contributed to the deaths of 180,000 patients in Medicare alone in a given year.
- 2013 Journal of Patient Safety: between 210,000 and 440,000 patients each year who go to the hospital for care suffer some type of preventable harm that contributes to their death.
- "That would <u>make medical errors the third-leading cause of death</u> in America, behind heart disease, which is the first, and cancer, which is second. "

Who is responsible for fixing these problems? Who is empowered? What is the solution pathway?





Devices, processes, non-integrated system → errors (home AND hospital)

Home ventilator



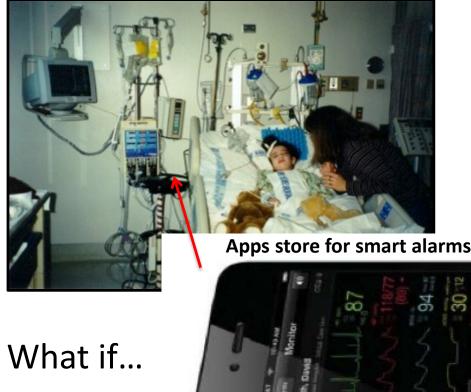
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OR scene – patient's life saved:

Clinicians need timely, accurate data to reduce error, treatment delays, injuries and deaths. *Is that how we practice today? Where are innovative solutions?*





"Medical IoT"

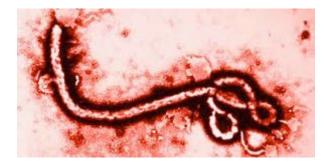
Apps store for smart alarms; med safety

Asking a lot of the platform



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OPEN MEDICAL DEVICE AND DATA INTEGRATION PLATFORMS TO SUPPORT THE MANAGEMENT OF EBOLA ILLNESS



Oct - Nov 2014

Project Timeline: Oct – Nov 2014

Over 20 days, multiple organizations collaborated to

demonstrate concepts of methods to improve Ebola care, inter-

vendor data sharing, device integration, and remote and closed-

loop control to provide capabilities beyond those available today

to improve patient care and protect healthcare workers

Several concepts, relationships, and methodologies were based

on the SmartAmerica and Global City Challenges

http://www.wcvb.com/health/local-researchers-testing-remote-control-ebola-care/29586104

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In Hospital



We need to move personnel away from patient areas

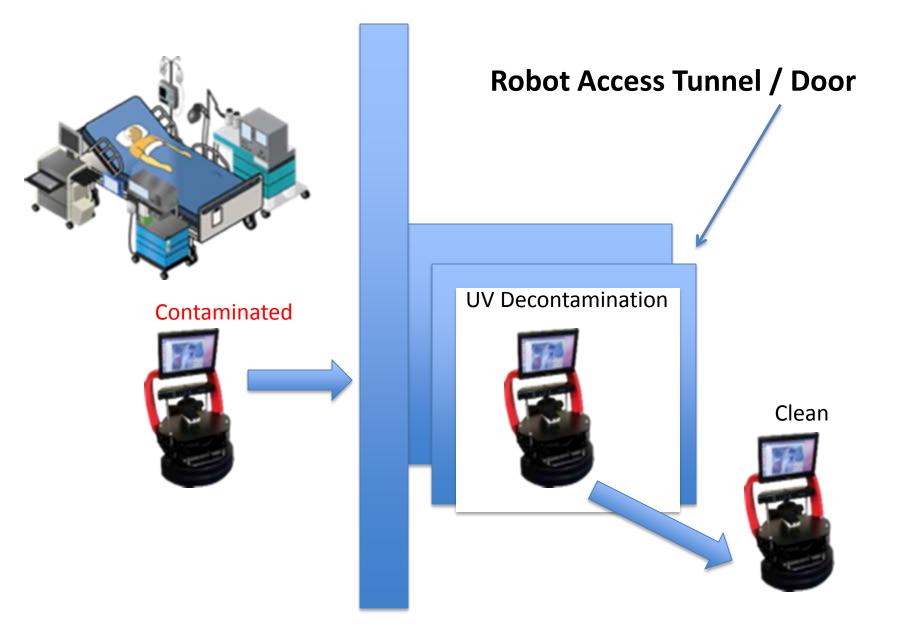
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Remote data display, remote device control, autobatched tasks and checklists, reduce exposure and improve monitoring of individuals as well as population health

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Openice.info

provider in room



Medical supply robot is decontaminated in tunnel to isolation room (like a doggie door)

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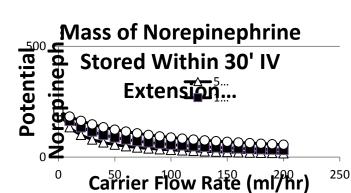
Challenges in Management of IV Drug Infusions

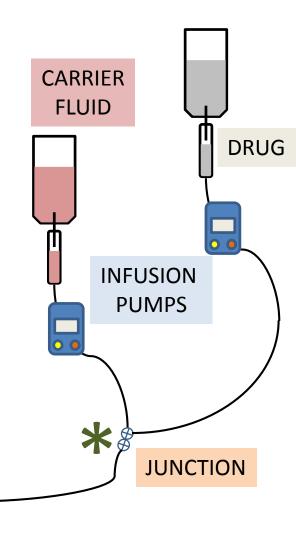
ISOLATION BARRIER

Example: Carrier flow 100 ml/min Intended dose Norepinephrine = 5 mcg/min Target delivery achieved **20 min** after starting drug pump

* Distance along tubing between stars *

= 30 feet







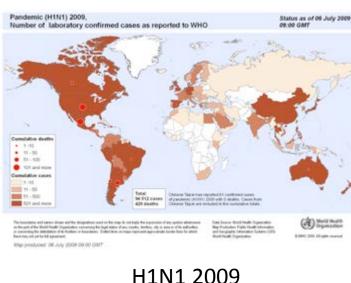
Pandemic – "epidemic of infectious disease that has spread through human populations across a large region". <u>All</u> resources are constrained during pandemic.

Opportunities:

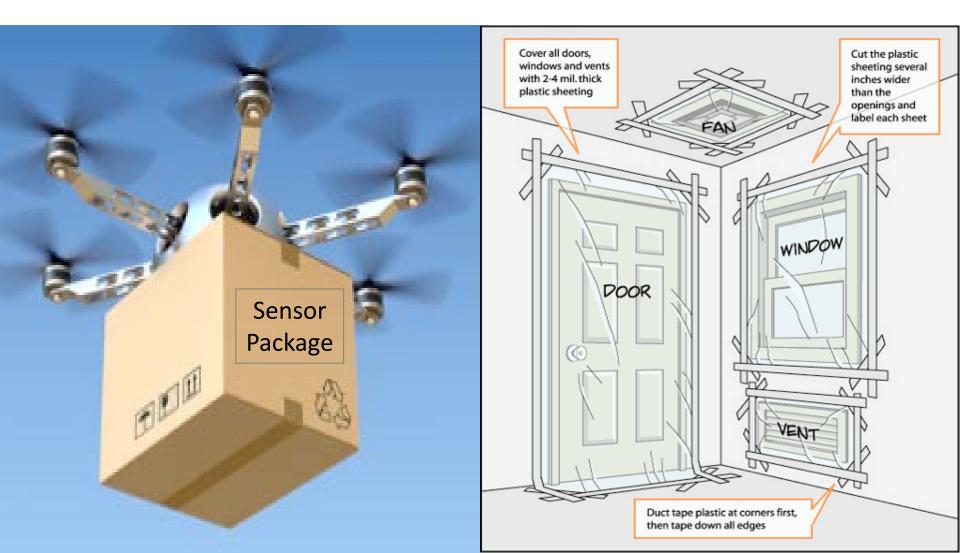
- Diagnose and treat those who can't travel
- Early dx; early tx through remote presence
- When go to ER?
- Reverse quarantine?
- Assess treatment



From NIST Global City Challenge



PRE-hospital – isolation, monitoring



Ebola Care Problem Statement

How can we support the safety of patients, and workers dealing with the care of Ebola-exposed persons in <u>quarantine</u> or <u>under</u> <u>medical care</u> in a hospital or similar facility?

- 1. Improve the monitoring of health status and clinical care of individuals as they progress from <u>quarantine</u> to medical care
- Medical and environmental sensors sourced from manufacturers must be integrated to collect and converge the data for analysis
- 3. Exposure to Ebola-exposed or infected persons must be minimized during the delivery of healthcare
- 4. Provide <u>capabilities beyond those available today</u> to improve patient care and protect healthcare workers

OpenICE MIoT Platform

- http://openice.info/
- http://openice.info/numerics.html

3-day "hackathon" for Ebola care technologies



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 Demonstrations in the MD PnP lab at the Massachusetts General Hospital included remote control of ventilators, infusion pumps, and monitors, integration of multiple sensors for quarantine monitoring, remote monitoring, and sophisticated data processing and visualization.

http://www.wcvb.com/health/local-researchers-testing-remote-control-ebolacare/29586104

COLLABORATORS



FOUNDED BY BRIGHAM AND WOMEN'S HOSPITAL AND MASSACHUSETTS GENERAL HOSPITAL









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Dear Dr. Goldman,

Thank you for reaching out to the Center for Devices and Radiological Health (CDRH) via our Emergency Preparedness/Operations and Medical Countermeasures (EMCM) Program.

We understand that The Medical Device "Plug-and-Play" (MD PnP) Interoperability Program, under your coordination, has been asked by the White House Office of Science and Technology Program to mobilize resources among medical device manufacturers and the clinical community, so as to design and demonstrate proof of concept for an interoperable platform that would enable critical care of Ebola-infected patients in an isolation environment with reduced exposure to health care workers.

FDA recognizes the importance of implementing strategies that minimize direct exposure of clinical personnel to patients infected with Ebola virus. We understand that MDPNP, along with its collaborators, are developing potential approaches that would include comprehensive data access and potential remote control of medical devices in the isolation environment, thereby reducing the risk of healthcare worker exposure to the virus.

CDRH recognizes the importance of these efforts and is ready and willing to collaborate with you, the clinical community and your industry partners to demonstrate the potential of this technology in serving this particular public health emergency. We are eager to observe the demonstration taking place Friday November 7th for OSTP, and we look forward to participating in the development of next steps with MDPNP and your medical device partners so as to do our part in enabling advancement of technology that can protect our healthcare workers who put themselves on the front line to promote the public health mission.

Ebola Response Page

http://mdpnp.org/ebola.html



Global City Teams Challenge - SmartAmerica Round Two

Usignite + stip. GLOBAL CITY TEAMS CHALLENGE

ABOUT V ACTION CLUSTERS V

EVENTS SEARCH

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The Global City Teams Challenge (GCTC) is a collaborative network of project teams, or "action clusters," working on innovative applications of Internet of Things (IoT) technologies within a smart city / smart community environment. National Institute of Standards and Technology (NIST) and US Ignite have teamed-up with the Department of Transportation (DoT), National Science Foundation (NSF), International Trade Administration (ITA), Department of Health and Human Services (HHS) and Department of Energy (DoE) to create the Global City Teams Challenge to advance practical applications of the latest research in cyberphysical systems.

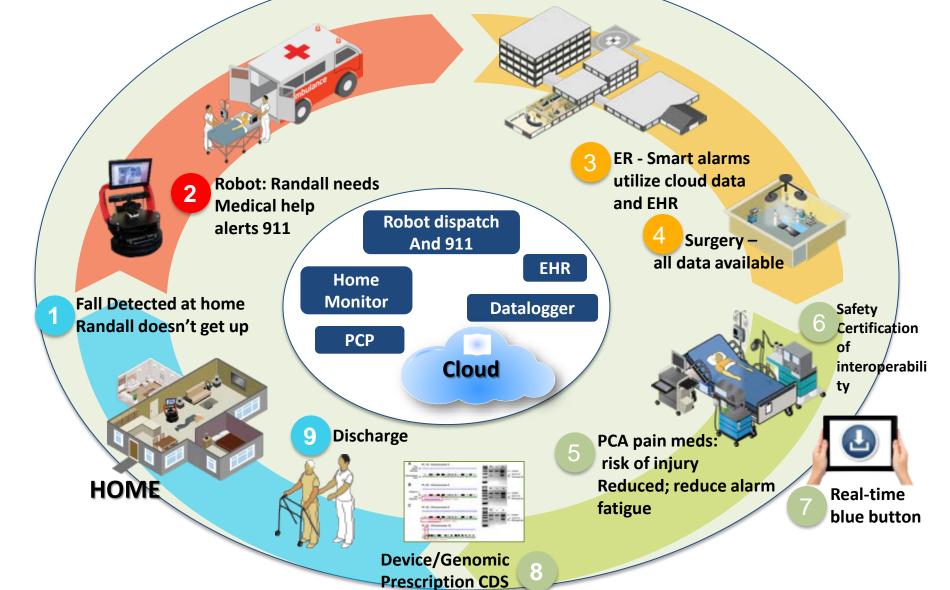
Why participate in a Global City Team "Action Cluster"?

The Challenge is an opportunity for forward-looking communities to partner with public and private organizations to accelerate the deployment of IoT technologies designed to address some of the most pressing challenges facing cities. The Challenge also benefits innovative companies and non-profits by giving them a chance to implement and/or assess their solutions in valuable municipal testbeds, and provides them with exposure to scores of potential new customers.

Closed Loop HealthCare: From Home to Hospital to Home



http://smartamerica.org/tea ms/closed-loop-healthcare/



Closed Loop HealthCare Team: Home to Hospital to Home

Expo Participants





Tracy Rausch Jereme Lamothe Steven Foglietta



Michael Taborn



Taskin Padir Vinayak Jagtap



*Marge Skubic **Erik Stone**



Anura Fernando



VANDERBILT UNIVERSITY **Ekawahyu Susilo** Pietro Valdastri

Steve Jennis

Engineering **Oleg Sokolsky** Insup Lee



Jerry Schaefer Stan Schneider Mark Hamilton



Gary German



The Apache Software Foundation http://www.apache.org/

> Edward Ost Hadrian Zbarcea

NIST

Lukas Diduch Martial Michel **Antoine Fillinger** Kamran Sayrafian



Hung Trinh Mark Goodge **Emory Fry** Elizabeth Cohn Sam Abidi Heidi Ashbaugh





*Co-leads



SmartAmerica Closed Loop Healthcare Team Development & Demo at the MGH/MD PnP Lab, Cambridge, MA March 2014



http://en.wikipedia.org/wiki/Internet_of_Things#mediaviewer/File:Internet_of_Things.jpg



Does it matter how data gets from A to B?

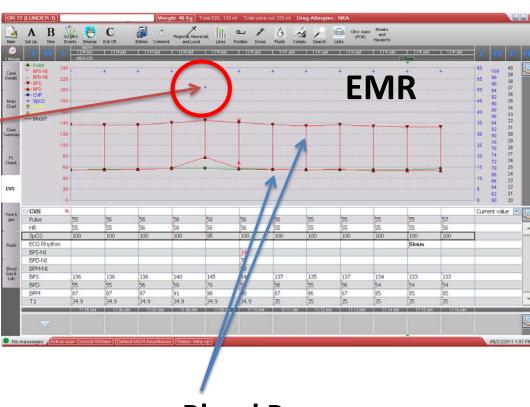
Medical Devices generate "First Mile" of data (from patient)

Pulse Oximeters measure oxygen saturation – displayed as SpO₂ %

Pulse Oximeter oxygen saturation is 84% on instrument display and in EHR







Blood Pressure

Bluetooth pulse oximeter



These infusion pumps are for use on <u>ONE</u> patient



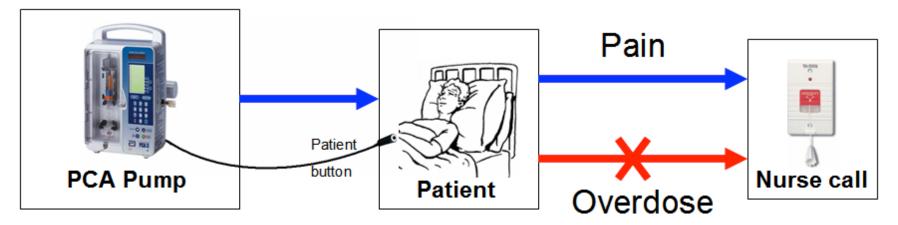
Medical Devices are also the "<u>Last Mile</u>" (data back to devices)

Example - Infusion technology:

- 1. Decision support?
- 2. Prevent contra-indicated infusion?
- 3. "Artificial pancreas"Capabilities? (closed loop)
- 4. Consolidate all data for adverse event analysis?
- 5. Check device status, software version? Recall?

Patient Controlled Analgesia (PCA)

Typical Patient Controlled Analgesia System



- 1. Up to 6,000 serious <u>preventable</u> PCA-related adverse events occur annually
- 2. Based on \$13,803 per injured patient, economic impact is approximately \$15-145M annually
- *3. PCA* can be fixed! Digital platform of interoperable devices + apps -> safer medication administration
- WHY IS INTEGRATING SENSOR DATA SO CHALLENGING?

PCA Safety Issues continue ...

http://ppahs.wordpress.com/2012/02/01/guest-post-yes-real-time-monitoring-would-havesaved-leah-2/

This is the story of an 11 year old who died from narcotic-induced respiratory depression. "Ten years after my daughter's death, nothing has changed in the codes of monitoring postop patients continuously, until they leave the hospital. Alive."

http://www.apsf.org/newsletters/html/2010/spring/12 coalition.htm

This is a statement from a multi-hospital coalition frustrated by ongoing adverse patient events:

"A closed-loop system, which stops or pauses opioid dosing if respiratory depression is detected, is desirable. Systems are most ideally centrally monitored. In any case, alarms should be audible or otherwise available to the primary caregiver, and a mechanism for prompt response should be in place."

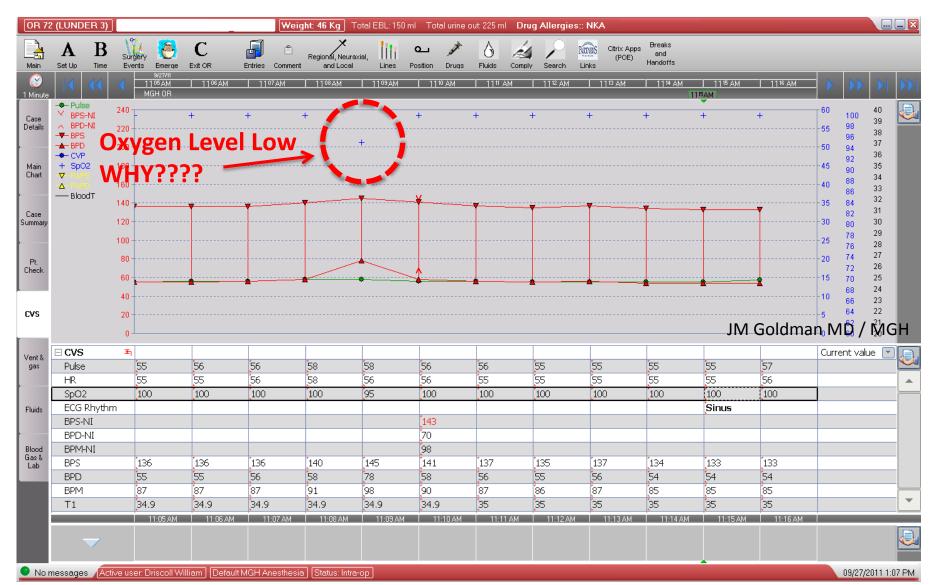
http://ppahs.wordpress.com/about/

"Carly Ann Pritchard ... suffered an ankle injury and then underwent surgery to reduce lingering pain from her ankle injury. Unfortunately, although she survived surgery, she suffered brain damage because of an accidental overdose from a morphine-filled pain pump after surgery. A California appeals court recently upheld a jury's award of about \$9.9 million in damages."

Can EHRs address these issues? E.g. with clinical decision support?

- EHRs do not contain fine-grained, complete, accurate data
- Not intended for real-time applications
- Waveforms not stored

Pulse Oximeter Data example



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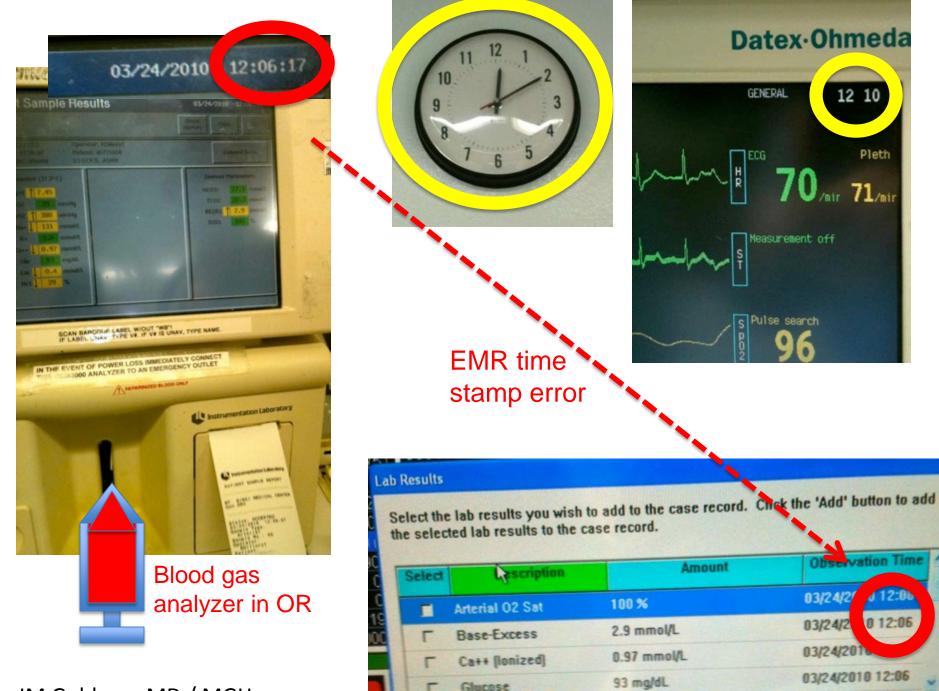
BP cuff - Pulse Oximeter Interaction



Baseline

Cuff inflates – loss of finger signal

Blood returns to finger



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Medical devices A ticking time-bomb

May 23rd 2012, 10:46 by M.H. | SEATTLE

The Economist



A MAN with one clock knows what time it is, goes the old saw, a man with two is never sure. Imagine the confusion, then, experienced by a doctor with dozens. Julian Goldman is an anaesthetist at Massachusetts General Hospital in Boston. Like many modern health care facilities, it has become increasingly digitised and networked, with hundreds of high-tech medical devices feeding data to a centralised electronic medical record (EMR), which acts as both a permanent repository for health information and a system that can be accessed instantly by doctors to assist with clinical decisions.

Draft – unpublished data

Consolidated 4 Hospital Summary (Draft)

Device Type	Count	StdDev Offset	Average Offset	Maximum Offset
Medical Devices (Excl. Workstations & Wall Clocks)	1324	1:32:34	0:33:26	16:42:10
All devices	1732	1:22:12	0:25:58	16:42:10
Networked Devices that Auto-Sync	291	0:02:16	0:00:53	0:31:16
Stand-alone Devices	950	1:46:38	0:46:06	16:42:10
Hospital A	52	0:31:11	0:30:25	1:52:00
Hospital B	495	1:41:23	0:32:55	16:42:10
Hospital C	468	0:47:12	0:17:10	13:39:28
Hospital D	717	1:27:24 JM	Goldmaନ୍ୱି:ନିର୍ମାପ୍ରି / MGH / I	MD PnP 13:18:47

Incorrect dates

Device Location	Device Location (Room)	Device Type	Manufacturer/ Model	Date Picture Taken	Date on Device	Device Offset (DAYS)
General Unit	Patient Tower	Bladder Scanner	BVI 3000	11/7/2011	1/8/2012	62D
Adult ER	Emergency Department	Bladder Scanner	Verathon Medical/ BVI 9400	11/22/2011	11/2/2011	-20D
Adult ER	Emergency Department	Bladder Scanner	Verathon Medical/ BVI 9400	11/22/2011	11/16/2011	-6D
OR	Hallway 1	Imaging System	Volcano S5 Cart Monitor	7/8/2011	7/7/2011	1D
Neuro Angio	Neuro Angio	Radiology Display	*N/A*	11/21/2011	11/18/2011	-3D
PACU	PACU	Ultrasound	Sonosite M- Turbo	11/29/2011	1/1/1970	42 years
NICU	NICU	Ventilator	Drager/ Evita XL	11/29/2011	11/1/2016	5 years

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	11/20/2012 15:49:36
Callback#	
Message	OR35, just brady to 30, went into junctional escape with reverse p waves. gave glyco
P 🖻	â 🛧 🛛



Data Gaps

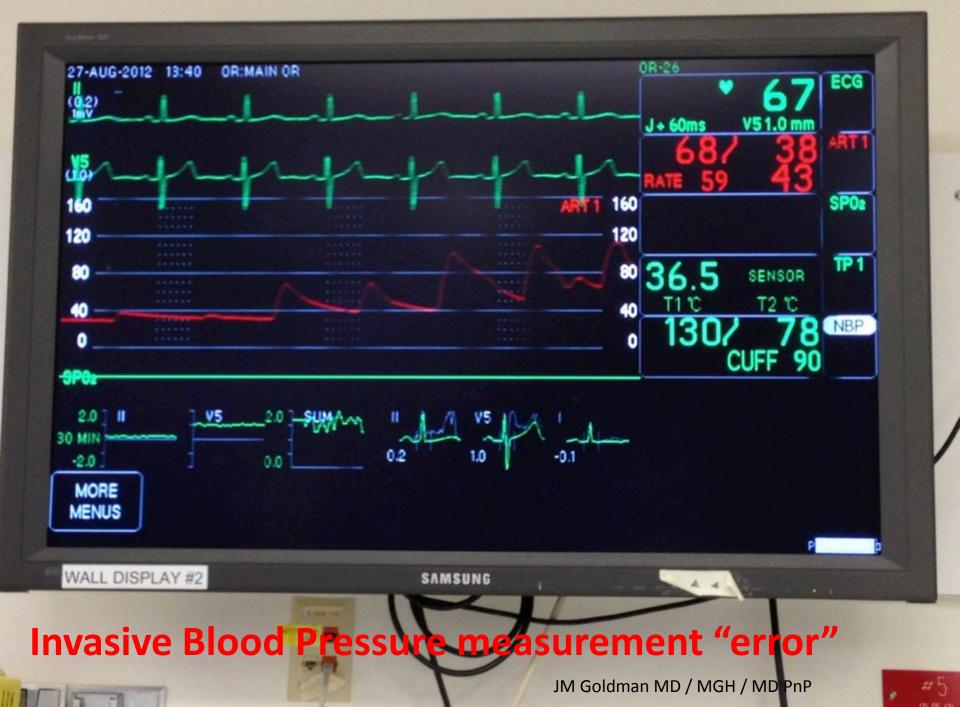
Example of data gaps today: Complete physiological data is not recorded The following are missing

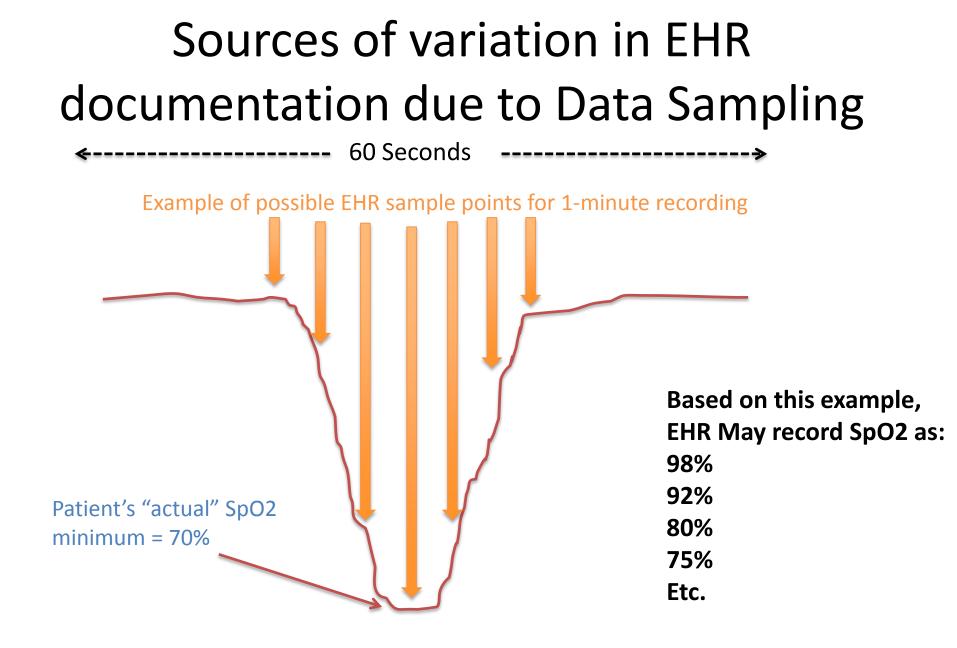
- Minimum HR
- Reverse p waves
- BP

40

SF

J Goldman MGH, 2012





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"How do you send text messages?"

How will data from electronic medical devices be used in the larger data ecosystem?

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curate interpretation of the sensor may require more sensor data + contextual info Device interface capabilities relate to planned use

Signal integration with BP device to reduce artifacts



Child on home ventilator



Signal quality / accuracy metrics; motion artifact status



Fitness -No waveform, no alarm, no signal quality data needed Cold hands



May need signal strength and amplifier and LED drive current to diagnose



A Fib - May need "better" devices to measure accurately



May need heart rate + activity data to interpret health status



^{*} Medical Device "Plug-and-Play" Interoperability Program (MD PnP)

Founded in 2004, the MD PnP research program is a multi-institutional community with Lab based at Massachusetts General Hospital (MGH), with grant support from NIH/NIBIB, NSF, DoD/TATRC, and NIST

Mission: lead the adoption of open standards and technologies for medical device interoperability to <u>improve patient safety</u>



MD PnP Lab at MGH/Partners

- Vender-neutral testbed for device interoperability solutions (standards technologies, products), system engineering, MIoT
- Contains devices production and research
- Supports diverse collaborators



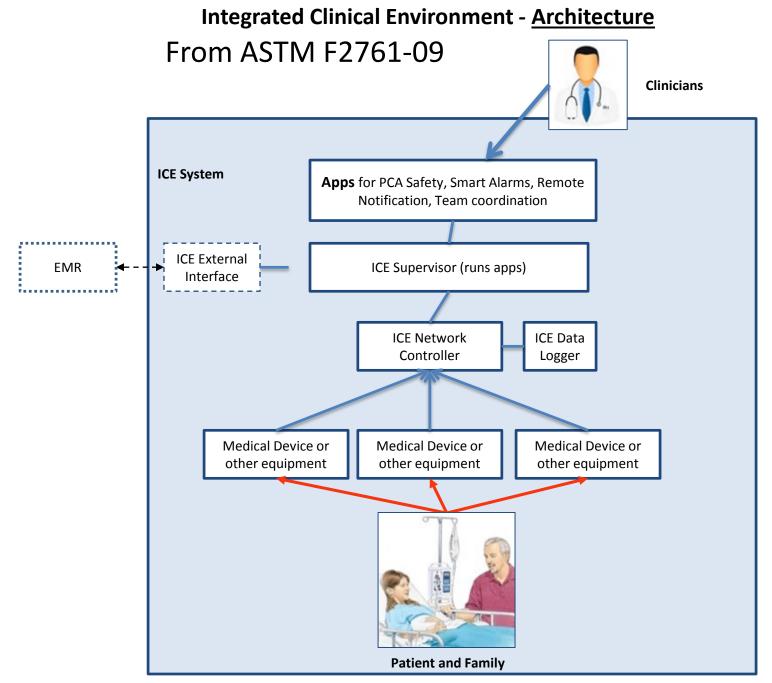


Standard for <u>ICE</u> "Integrated Clinical Environment" ASTM <u>F2761</u>-09

"Essential <u>safety</u> requirements for equipment comprising the patient-centric integrated clinical environment (ICE) — Part 1: General requirements and conceptual model"

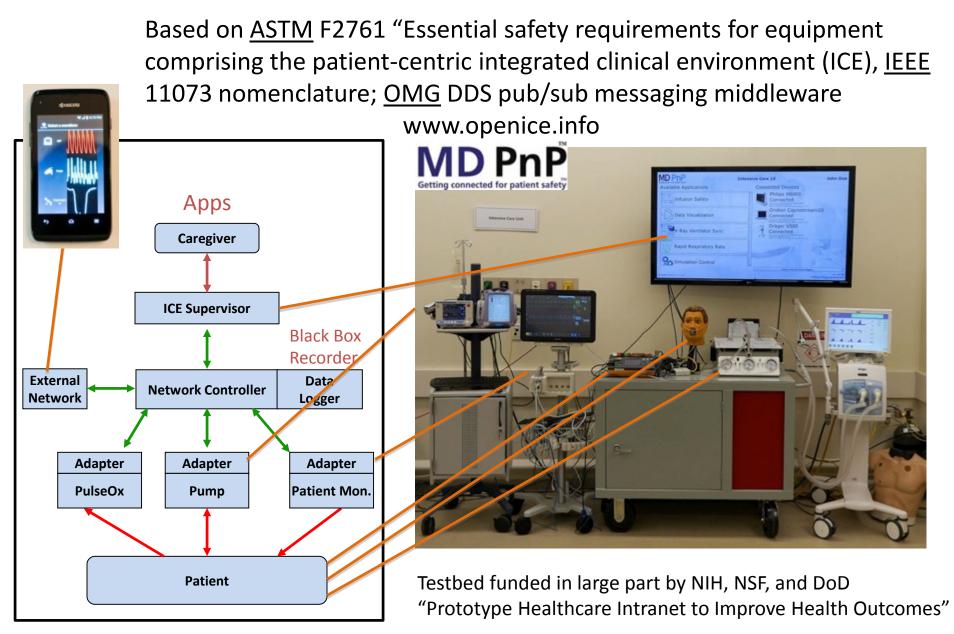
Provides a standards-based system architecture intended to support safe interoperable medical systems

Recognized by FDA 8/2013: http://www.gpo.gov/fdsys/pkg/FR-2013-08-06/pdf/2013-19020.pdf



Standard recognized by FDA in August 2013

OpenICE Open-Source Digital Research Platform (MGH)



The ICE Alliance

We are joining together to improve the safety and quality of healthcare by enabling Integrated Clinical Environments. It's a tall order, but the healthcare community is up to the challenge. The ICE Alliance is a place for clinicians, engineers, computer scientists, manufacturers, regulators, standards developers, and big thinkers to to create a new way to approach safety and innovation in healthcare. Stay tuned for more information about the IA and how you can get involved.

The ICE Alliance program of the IEEE-ISTO is a non-profit organization committed to establishing healthcare environments that are safe, secure, and interoperable. An Integrated Clinical Environment (ICE) will enable improved patient safety, diagnosis, treatment, and equipment management, and can facilitate more accurate data in electronic health records and communicated by the Medical Internet of Things (MIoT).

Note: The ICE Alliance is not a standards development organization, but provides requirements and implementations that can be used by organizations developing consensus standards. *WWW.icealliance.org*

Recommendations

Develop open, interoperable, healthcare / MIoT platforms to unleash innovation of sensors, actuators, and analytics while enabling crowdsourcing of solutions to current and future capability needs/hazards

- Shared testbeds with standards reference implementations
- Data Logging
- App development
- Suitable for "safety critical" applications
- Rich, contextual data for BIG DATA <u>analytics</u>

Key Considerations

- Identify MIoT System Requirements to ensure ecosystem will reliably support vision of intended use- no BSoD*
- Don't be afraid to "boil the ocean" the MIoT is NOT an incremental change – it is revolutionary

E-card: <u>www.jgoldman.info</u>

MD PnP Program: www.mdpnp.org