Tackling the cancer stem cells — what challenges do they pose?

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Tackling the cancer stem cells – what challenges do they pose?

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Abstract
Since their identification in 1994, cancer stem cells (CSCs) have been objects of intensive study. Their properties and mechanisms of formation have together become a major focus of current cancer research, in part because of their enhanced ability to initiate and fuel tumor growth and their intrinsic resistance to conventional therapeutics. The discovery that activation in carcinoma cells of the epithelial-to-mesenchymal transition (EMT) program can give rise to cells with stem-like properties has provided one possible mechanism explaining how CSCs arise and presented a possible avenue for their therapeutic manipulation. This review addresses the more recent developments in CSC research, focusing on carcinomas that are able to undergo an EMT. We discuss the signaling pathways that create these cells, cell-intrinsic mechanisms that could be exploited for their selective elimination or induction of their differentiation, and the role of the tumor microenvironment in sustaining them. Finally, we propose ways to exploit our current knowledge of their complex biology to design novel therapies to eliminate them.

Keywords
Cancer Stem Cell; CSC; Epithelial-Mesenchymal Transition; EMT; Targeting

The Cancer Stem Cell paradigm
A semantic dispute?
The cancer stem cell (CSC) hypothesis posits the existence of subpopulations of neoplastic cells within a tumor that exhibit an elevated ability to seed new tumors upon experimental implantation in appropriate animal hosts. Implicit in this power is the ability of such cells to divide asymmetrically, yielding daughters that remain as CSCs (the trait of self-renewal) as well as daughters that differentiate into the neoplastic cells forming the bulk of the tumor. The reference to this notion as a hypothesis stems from the early days of CSC research, when their existence was the object of skepticism and intense debate. However, in light of a large body of supporting research reported in recent years, the existence of multiple subpopulations within a tumor with distinct tumor-initiating powers is no longer a matter of
speculation and hypothesis. Accordingly, the use of the term “cancer stem cell paradigm” now seems to be more appropriate (see Box 1 for a brief history of CSC research).

Beyond debates about the existence of CSCs are yet others surrounding the terms used to describe these cells. Participants of The 2011 Working Conference on CSCs have outlined guidelines on how to define these cells depending on the biological system in which they are being studied\(^1\). Initially used by Edmund Beecher Wilson in 1896\(^2\), the term “stem cell” has been associated with normal development for almost a century before its use in the context of cancer in the late 1980s\(^3,4\). The century-long use of the term “stem cell” in the context of normal embryonic and adult development precluded, in the minds of some, its use in other contexts, notably those associated with neoplasia. While normal stem cells (SCs) often exhibit an ability to differentiate into multiple distinct cell types, to date most CSCs are not known to differentiate into more than a single cell type – the cells composing the bulk of the tumor. However, evidence for multilineage differentiation potential of CSCs has been reported in colon carcinomas and leukemias\(^5,6\), providing further basis for their residence at the apex of a hierarchy and possessing core traits of self-renewal and differentiation, as do normal SCs.

While the phenotypes of normal stem cells seem to be fixed and therefore easier to identify, the phenotypes of CSCs are complex, variable from one tumor to another, and often affected by the abnormalities resulting from the process of neoplastic transformation; hence CSCs are often difficult to rigorously define by associating them with traits beyond their shared functional trait of tumor-initiating ability. Moreover, the existence of CSCs within tumors implies that cancer cells sharing a common genetic make-up can nevertheless exist in at least two alternative phenotypic states – CSCs and non-CSCs.

**Intra-tumoral heterogeneity and CSCs – two sides to the same coin?**

The existence of several forms of intra-tumoral heterogeneity has been discussed in detail elsewhere\(^7\). Taking breast cancer as an example, exome and whole-genome sequencing efforts have shown that majority of these tumors have more than one driver mutation, with a large proportion of abnormalities affecting so-called passenger genes\(^8\). The presence of such a large number of genetic abnormalities could lead to the occurrence of different subpopulations within the tumor, each of these possessing different combinations of genetically derived predispositions for growth, survival and dominance in the tumor microenvironment. Moreover, single-cell sequencing has enabled the identification of distinct subpopulations within human breast cancer samples, identifying one of these as the dominant, metastasis-seeding population\(^9\). In addition to the contributions to intratumoral heterogeneity of genetic alterations, cancer cells also carry heritable epigenetic alterations, which may serve equally well to generate phenotypically distinct subpopulations within tumors.

The existence of CSCs represents an entirely distinct dimension of intratumoral heterogeneity. Thus, each of the above-described subpopulations of carcinoma cells within a tumor may carry its own group of CSCs. By definition, the CSCs and non-CSCs within such a subpopulation will share the heritable genetic and epigenetic alterations that define that subpopulation. With the advent of new technologies, this form of heterogeneity is now more
accessible to scientific inquiry, but the causes and effects of non-genetic heterogeneity are still poorly understood. A more comprehensive review of intratumoral heterogeneity and cancer stem cells has been published recently.\textsuperscript{10}

Properties of CSCs

Markers used for CSC isolation

CSCs have been identified in a variety of carcinomas in various frequencies using combinations of cell-surface antigens. Indeed, the ability to use cell-surface markers to physically isolate distinct subpopulations of neoplastic cells with differing biological properties represents the most compelling demonstration that cancer cells can reside in multiple, alternative phenotypic states within a given tumor. Of note, several cell-surface markers used for the isolation of CSCs represent cell-surface antigens expressed by normal adult stem cells e.g., the CD133 antigen has been used as a CSC marker in various cancers, including those of the brain,\textsuperscript{11} lung,\textsuperscript{12} pancreatic,\textsuperscript{13} and prostate\textsuperscript{14} among others, while also being a reliable marker of stem/progenitor cells in normal adult tissues, such as the brain,\textsuperscript{15} kidney,\textsuperscript{16} liver\textsuperscript{17} and prostate\textsuperscript{18}. Thus, earlier studies of normal tissues uncovered a series of these antigens that subsequently proved useful for segregating CSCs from non-CSCs within tumors.

In addition to such cell-surface markers, certain intracellular proteins have also been useful for studying normal and cancer SCs. Aldehyde Dehydrogenase I (ALDH1) is a protein that has been used to mark CSCs in several cancers including leukemias,\textsuperscript{19} carcinomas of the breast,\textsuperscript{20} colon,\textsuperscript{21} liver,\textsuperscript{22} lung,\textsuperscript{23} and pancreas,\textsuperscript{24} among others. The “side population” (SP) that is capable of efflux of the Hoechst 33342 dye represents another non-cell-surface marker that has been used for the isolation of normal and cancer SCs\textsuperscript{25–27}. The most commonly used markers and marker combinations are summarized in Table 1.

The similarity of antigen display by normal tissue SCs and the CSCs from corresponding neoplastic tissues would seem to lend further support to the notion that CSCs are, at least in certain respects, \textit{bona fide} SCs. In the eyes of some, this would seem to indicate that CSCs derive directly from the SCs in the normal tissue-of-origin of a tumor. However, as discussed in Box 2, alternative hypotheses describing the origins of CSCs must also be entertained.

Despite the growing list of CSC markers, several of these have been reported not to be uniformly useful in identifying CSCs. For example, although the CD44\textsuperscript{+}CD24\textsuperscript{−} profile was used in early studies of breast CSCs, the authors report that not all breast cancer cell populations could be stratified using this set of markers.\textsuperscript{28} In fact, several of these markers, including CD44, CD90 and CD34, play roles in cell adhesion and attachment and have been thought to favor the survival of cells in the relatively harsh environment of immunodeficient mice, arguing that the procedure of xenotransplantation may inadvertently select for the outgrowth of cells expressing these cell-surface proteins\textsuperscript{29}. This might suggest that, in the long run, it may be more profitable to employ markers that function physiologically to support the CSC phenotype, thereby ensuring close linkage between marker display and residence in the CSC state. For instance, components of the signaling pathways that play an
essential role in the biology of colorectal CSCs, such as that driven by canonical Wnt signalling, may eventually yield highly specific and thus highly useful CSC markers\textsuperscript{30}. A more detailed discussion of CSC markers has been recently published\textsuperscript{31}.

**Epithelial-to-mesenchymal transition and the stem-cell state**

The cell-biological program termed the epithelial-mesenchymal transition (EMT) was initially studied because of the critical roles that it plays in many of the cell-type interconversions underlying organogenesis during normal development. During passage through an EMT, epithelial cells lose their differentiated characteristics of cell-cell adhesion and lack of motility and acquire instead the traits of mesenchymal cells that confer on them migratory and invasive powers along with elevated resistance to apoptosis\textsuperscript{32}. In the context of carcinoma pathogenesis, the EMT has been increasingly linked to the ability of carcinoma cells to invade locally and disseminate to distant anatomical sites, where they may then initiate metastases\textsuperscript{33}.

In general, activation of an EMT program in both normal and neoplastic cells appears to require heterotypic signaling between these cells and neighboring stromal cells. Thus, stromal signals, largely in the form of secreted factors, are released by various stromal cell types and impinge on nearby epithelial cells, resulting in the induction of intracellular signaling cascades in the latter. These pathways lead to the expression of transcription factors (TFs) that orchestrate the EMT program (EMT-TFs) and regulate various target genes whose expression ultimately results in acquisition of mesenchymal cell traits.

Evidence that the EMT process contributes to the progression of a variety of carcinoma types is rapidly accumulating from diverse laboratories\textsuperscript{34–38}. The EMT program has also been shown to result in the generation of epithelial cells that have stem-like properties\textsuperscript{39, 40}. This appears to be true for both normal and neoplastic mammary epithelial stem cells, the latter representing cells that exhibit CSC-like properties\textsuperscript{39, 40}. Indeed, currently available evidence is compatible with the notion that epithelial cells in the normal mammary gland employ components of the EMT program as the main route for entering into the SC state\textsuperscript{41}. It remains to be seen whether other epithelial tissues rely similarly on versions of the EMT program to generate their own normal and, by extension, neoplastic SCs. It appears that, depending on the EMT-TFs involved, epithelial cells may enter into the SC state, the mesenchymal state, or both. Moreover, while not yet reported, accumulating evidence suggests that normal and neoplastic SCs arising in epithelial tissues generally exhibit a mixture of epithelial and mesenchymal traits, indicating that they have advanced only partially through an EMT program, as discussed in more detail below\textsuperscript{41}.

**Signaling pathways characteristic of EMT-induced CSCs**

Since the EMT is a key program generating CSCs, it has become important to elucidate the signaling pathways responsible for activation of this program and for maintenance of cells in the resulting mesenchymal (or quasi-mesenchymal) state. As mentioned, in the case of carcinomas, the EMT is often and perhaps invariably induced through the convergence of various signals deriving from the tumor stroma, including extracellular matrix components such as collagen, as well as secreted factors, such as TGF-β, canonical and non-canonical
Wnt42. Such signalling cascades induce expression of the EMT-TFs mentioned above, which include members of the Snail, Twist and Zeb family of proteins, among others. These proteins, acting as transcription factors, are responsible for orchestrating the gene expression programs that activate effectors of EMT phenotype, doing so through the repression of epithelial genes and the activation of mesenchymal genes.

The TGF-β pathway is the first and best-studied signalling cascade operating to induce the EMT program in various epithelial tissue types43. Binding of TGF-β ligand induces dimerization of the types I and II TGF-β receptors, leading in turn to the phosphorylation of Smad2 and Smad3, which form a complex with Smad4; once formed, the resulting transcription factor complex migrates to the nucleus, where it can induce, among other responses, a transcriptional program that mediates the acquisition of mesenchymal properties and suppression of epithelial traits43. In the context of cancer, this canonical TGF-β pathway is also known to collaborate with several other pathways including ERK44, p38 MAP Kinase45, Wnt-β-catenin46 and PI3 kinase47 in promoting mesenchymal and migratory properties of cancer cells. Similarly, both canonical and non-canonical types of Wnt signaling are responsible for induction of an EMT and stem-like properties in various tissue types48–50.

Recent studies have unveiled a novel collaboration between the aforementioned pathways in the induction of an EMT; this signalling operates through paracrine signals originating ostensibly in the tumor stroma as well as autocrine signals derived from the carcinoma cells themselves50. Thus, the paracrine signals trigger expression of an EMT program in carcinoma cells, which is subsequently maintained by autocrine signals generated by these neoplastic cells. Such autocrine signals, at least in one case examined, involve the same signalling factors that previously triggered initiation of the EMT program. Stated differently, these autocrine signals serve to maintain the resulting mesenchymal state in a self-perpetuating fashion in the absence of further extrinsic signals coming from the stroma; such persistent signalling would seem to assist individual tumor cells to migrate and invade through foreign tissue while maintaining, in a cell-autonomous fashion their EMT-associated traits; in the longer term, these wandering cells may disseminate to distant sites in the body, i.e., metastasize. Consistent with this notion, recent studies of the circulating tumor cells (CTCs) released by primary carcinomas have shown expression of the WNT2 gene whose product increases propensity for metastasis37.

Autocrine signaling loops may also serve an alternative function: to perpetuate residence of cells in the epithelial state. For example, the autocrine production by epithelial cells of bone morphogenetic proteins (BMPs), Gremlin, DKK1 and SFRP serve as inhibitors of autocrine TGF-β and Wnt signalling respectively, protecting the epithelial cells from inadvertent activation of signalling that would lead to activation of the EMT program; conversely, the shutdown of these secreted inhibitors in mesenchymal cells opens the door to autocrine TGF-β and Wnt signaling, permitting activation of mesenchymal gene expression programs. Given the apparent close connection between the EMT program and the CSC state, these same dynamics would seem to apply as well to entrance into and out of this phenotypic state. Other signalling pathways that are implicated in the induction and maintenance of
CSC traits include Prostaglandin E₂, Hedgehog, NOTCH and PDGFR; a summary of these pathways is presented on Figure 2.

The interplay between such autocrine signals produced by carcinoma cells and paracrine signals arising in the tumor stroma presumably creates a complex array of cues that dictate the extent of epithelial/non-CSC and mesenchymal/CSC characteristics displayed by carcinoma cells. The possibility that these signals can function in an essentially unlimited number of combinations implies the existence of multiple distinct phenotypic states between the fully differentiated, strictly epithelial state and the fully mesenchymal state, these two states representing the extremes of the EMT program.

In truth, the extent of epithelial vs. mesenchymal polarization that carcinoma cells undergo within actual human tumors is poorly resolved at present. It seems increasingly likely that carcinoma cells that have activated an EMT program usually enter into a state in which certain epithelial markers are retained while mesenchymal are newly acquired, resulting in what is often termed a “partial EMT”. Accordingly, cells that have passed entirely through an EMT program and have thus undergone a “complete EMT” resemble transdifferentiated cells of the mesenchymal mesodermal lineage and lose the epithelial vs. mesenchymal plasticity that is required for expression of tumor-initiating properties and is created by a partial EMT. Moreover, bona fide epithelial SCs – both normal and neoplastic – would seem to arise from cells that have such mixed epithelial/mesenchymal properties.

Resistance to conventional drugs

Chemotherapy and radiotherapy have been the treatments of choice for the past half-century, often affording remarkable reductions in tumor burden. As mentioned in passing earlier, induction of an EMT leads to the acquisition of resistance to both forms of therapy, a phenomenon that has been documented in the greatest detail in breast and ovarian cancers. Chemoresistance has also been shown to be higher in tumors that harbor a gene signature indicative of desmoplastic or reactive stroma, which is consistent with the notion that signals secreted by a reactive stroma play a major role in the induction of an EMT. In light of the complex regulation of the CSC state and its maintenance, how might one utilize our current knowledge of signal transduction biochemistry to specifically target this treatment-resistant subpopulation?

At present, we possess only an incomplete understanding of the actual biochemical and cell-physiologic mechanisms underlying the intrinsic chemo- and radioreistance of tumor cells that have passed, even partially, through an EMT. Moreover, resistance to cytotoxic treatments may also be attributable to the lower proliferative rate that results from the acquisition of mesenchymal properties. Indeed, CSCs from a variety of tumors have been shown to be slow cycling and to exhibit an increased level of quiescence compared to the majority populations of cancer cells within certain tumors. Additionally, the resistance to chemotherapy in normal stem cells has been attributed to high-level expression of anti-apoptotic proteins and to ABC transporters that are capable of efflux of the Hoechst 33342 dye, creating the “side population (SP)” observed upon fluorescence-activated cell sorting (FACS) fractionation of tumor cell populations; these mechanisms could also operate to confer similar properties on CSCs.
A recent study using a genetically engineered mouse model (GEMM) of glioblastoma development has shown that a quiescent, population of tumor cells survives treatment with temozolomide and regenerates the tumor by differentiating into populations of highly proliferative cells. This finding demonstrates directly that the CSCs in this tumor exhibit elevated resistance to chemotherapy, and that purely cytotoxic treatment regimens that target cycling cells are bound to fail unless accompanied by a targeted therapy that specifically targets these small, phenotypically distinct subpopulations.

**Therapeutic Targeting of CSCs – what has been done so far?**

**Understanding of CSC-dependent signaling pathways**

The identification and characterization of CSCs has revealed the need for specific molecular therapies that target the key signalling pathways supporting these cells and their residence in the CSC state. As described above, CSCs and normal SCs share a number of properties. This explains why signalling pathways, such as those activated by Wnt, TGF-β, NOTCH and Hedgehog – all known to be essential for the self-renewal properties of normal adult stem cells – are emerging as attractive targets whose inactivation may allow elimination of CSCs.

Studies of CSCs and the EMT program have led to a preliminary understanding of the signaling pathways that these cells preferentially employ, examples of which are illustrated in Fig 2. From these studies it has become evident that these pathways are highly context-dependent and several of them may actively collaborate to maintain residence in the CSC state, one example being the aforementioned activation of both TGF-β and Wnt signalling pathways in the maintenance of mammary CSCs. These extracellular signalling channels may offer opportunities for interdicting these pathways in the extracellular space through, for example, neutralizing antibodies.

**Screens to identify novel targeted therapeutics**

Pharmacology has been profoundly changed by the ability to screen large, complex chemical compound libraries in order to identify chemical species that target specific proteins within cells. In the case of CSCs, chemical screening for agents that specifically target these cells has been a challenge due to their rarity and the inability to propagate in culture CSC populations isolated by flow cytometry. One strategy to circumvent this hurdle has involved the recent screening of mammary epithelial cells that have been forced experimentally to undergo an EMT and thus have acquired certain CSC characteristics, including increased tumor-initiating ability in vivo.

One group has carried out a 16,000-compound library screen in order to identify compounds that could preferentially kill EMT-induced CSCs; these CSCs were derived through knockdown of E-cadherin, an alteration known to favour activation of the EMT program. Through this screen, this group showed that salinomycin pretreatment of CSCs resulted in a ~100-fold decrease in tumor-seeding ability relative to the conventional agent, paclitaxel. Similar screens have subsequently been carried out by others to identify compounds that preferentially target glioblastoma CSCs, ovarian CSCs, breast CSCs and AML LSCs.
In principle, such screens can allow the identification of novel modulators of cell phenotype and do so in an unbiased way. However, these studies also bring to light the still-incomplete understanding that we possess of CSCs and the pathways that these cells depend on. Like other similar strategies of drug development, such screens should be used as starting points for further functional studies that reveal at a mechanistic level precisely how these agents actually work. Additionally, screens like these are carried out in two-dimensional cultures in the absence of components that would ordinarily be present in the tumor microenvironment e.g., the extracellular matrix, stromal cells including fibroblasts, myofibroblasts and immune cells, as well as endothelial cells forming microvessels. Such deficiencies must be taken into account when attempting to extrapolate the results of these screens to the behaviour of CSCs in vivo.

Ideally a future anti-CSC therapy, using agents such as those cited above, should eliminate the pool of cancer cells that are intrinsically resistant to conventional therapies, while a concomitantly administered conventional agent would eliminate the non-CSC cells, which are known to be susceptible to existing cytotoxic therapies. Importantly, elimination of the CSCs on its own may not suffice to induce an acceptable, durable clinical response, since new CSCs may be generated in CSC-depleted tumors via the spontaneous dedifferentiation of non-CSCs – a consequence of cellular plasticity that enables the emergence of de novo CSCs from differentiated cells\textsuperscript{73, 74}.

**Therapeutic targeting of CSCs – other strategies and the road ahead**

**Targeting the tumor microenvironment**

Direct targeting of CSCs represents one major strategy for eliminating these cells and thus the tumors that they support. However, alternative strategies have been suggested by the rapidly growing information on the tumor microenvironment and its role in triggering activation of an EMT program in carcinoma cells and possible entrance of these cells into the CSC state. As mentioned above, heterotypic signals arising in the tumor-associated stroma are often responsible for activating this program in nearby carcinoma cells. Prominent among the signal-emitting cells of the stroma are fibroblasts, myofibroblasts, adipocytes and mesenchymal stem cells (MSCs), infiltrating immune cells such as macrophages and neutrophils, as well as endothelial cells that make up the walls of blood vessels that extend through the tumor (See Fig 3; Box 3). Detailed reviews of these stromal components have been published previously\textsuperscript{75, 76}. In addition, the extracellular matrix (ECM) assembled by these cells also has strong effects on invading carcinoma cells\textsuperscript{77}.

In the case of colon carcinomas, the interactions between the carcinoma cells and stromal cells, specifically myofibroblasts, have been shown to be important in inducing and maintaining a more stem-like state in the former\textsuperscript{30}, showing directly that the stroma can play a major role in the generation of CSCs. Moreover, interactions between certain classes of carcinoma cells and MSCs induce the latter to secrete Prostaglandin E\textsubscript{2} (PGE\textsubscript{2}), which is then responsible for the activation of the β-catenin signaling in the carcinoma cells; once activated, this signaling promote their acquisition of a CSC-phenotype\textsuperscript{78}. Similar reciprocal interactions also exist in breast cancers, where MSCs recruited from the bone marrow interact with carcinoma cells via paracrine cytokine signalling involving CXCL7 and IL-6,
which are responsible for stimulating the self-renewal of the neoplastic cells\textsuperscript{79}. Hence, MSCs secrete cytokines and growth factors that together create a suitable niche enabling carcinoma cells to acquire and maintain stemness. Similar roles have also been reported for tumor-associated macrophages (TAMs), which secrete factors such as IL-6 that activate the JAK-STAT pathway within the tumor cells, enhancing their tumorigenicity and resistance to chemotherapy by imparting CSC properties to them\textsuperscript{80}–\textsuperscript{82}.

In principle, the rapidly accumulating insights into the paracrine signaling pathways activating and sustaining the CSC program should provide insights for targeting CSCs; such a focused approach would represent an alternative to the untargeted use of high throughput screening described above. For example, one means of blocking pathways activated by stroma-derived signals could employ antagonists of the EP4 PGE\(_2\) receptor, such as the small molecule RQ-15986\textsuperscript{83}, thereby reversing the tumor-promoting effects that MSCs have on carcinoma cells. Similarly, inhibitors of STAT3 DNA-binding, such as the small molecule NSC 74859\textsuperscript{84}, may be effective in blocking immune cell-activated IL-6/STAT3 signaling that supports CSC properties in certain carcinomas.

Of course, such approaches may also result in inhibition of signaling cascades in normal cells in which these signals play critical roles. For example, Wnt signaling, operating via intracellular β-catenin signaling, is known to be essential for the regulation and homeostasis of intestinal stem cells\textsuperscript{85, 86}, and the use of Wnt inhibitors might therefore lead to a depletion of the normal resident stem cell population that is responsible for continuous regeneration of the intestinal epithelium. However, the dependency of colorectal CSCs on β-catenin signaling might exceed that of the normal intestinal stem cells, yielding a favorable therapeutic index, such that a low dose treatment might still be able to deplete CSC activity without significantly affecting normal organ homeostasis. Indeed, several clinical trials using inhibitors of Wnt signaling are currently underway, such as a currently ongoing phase I study of an oral inhibitor of Porcupine (LGK974), an enzyme involved in the post-translational maturation of Wnt proteins, for treating patients with advanced breast and pancreatic cancer (http://clinicaltrials.gov/ct2/show/study/NCT01351103).

An alternative approach to disrupting stromal signals might involve preventing the cellular sources of these signals from being recruited into the tumor stroma in the first place. Thus, MSCs are often recruited into the tumor-associated stroma by carcinoma cell-derived IL-8\textsuperscript{87}. In such cases, inhibition of this homing signal might be effective in preventing MSC localizing to the tumor stroma and the resulting development of a supportive CSC niche. Similar tropic signals have also been reported for macrophages, which home to the primary tumor in response to factors such as CSF-1 and several chemokines, including CCL2, CCL5 and CXCL12\textsuperscript{88–90}. Antibodies that block the CSF-1 receptor (CSF1R) have been developed and shown to be effective at reducing the numbers of tumor-associated macrophages homing to tumors in syngeneic mouse tumor models\textsuperscript{91}. Similarly, inhibitors of the tyrosine kinase activity of CSF1R have also been developed and shown to inhibit the tumor-promoting effects of macrophages, including the acquired resistance of tumor cells to chemotherapy\textsuperscript{92}. A CSF1R kinase inhibitor, the small molecule ARRY-382, has recently gone through phase I clinical trials in patients with metastatic cancers (http://clinicaltrials.gov/ct2/show/).
NCT01316822) and may be the forerunner of a large repertoire of agents that are used either singly or in combination with other drugs to prevent macrophage homing.

**Inhibition of CSC-dependent pathways**

One strategy to block the initiation of the EMT program as well as entrance into and maintenance of the CSC state has already been suggested by findings cited earlier. Thus, epithelial non-CSCs cells synthesize and secrete high levels of physiologic inhibitors of Wnt signaling, such as SFRP and DKK proteins, which act at the cell surface to block ligand binding-mediated activation of Frizzled receptor signalling.\(^5^0\) As argued above, these secreted inhibitors ostensibly serve to reinforce residence in the epithelial state. Similarly, secreted inhibitors of the TGF-β pathway, including Gremlin and BMPs 4, 6, 7, 9, 10, are expressed and secreted at high levels in the non-CSCs, where they appear to block another pathway (involving TGF-β) that is critical for maintenance of the non-CSC/epithelial state.\(^5^0\)

Derivatives of these secreted inhibitory molecules, acting in the extracellular space, could become potential therapeutics that prevent stochastic inter-conversion between the CSCs and non-CSC states, tilting the balance in favour of the non-CSC state. We note that therapeutic proteins like these are difficult and expensive to produce in large quantities and often difficult to deliver into the interstices of complex tissues including tumors.

Given the importance of Wnt signaling for the induction of the CSC state, several low molecular weight inhibitors of this pathway have been developed. One of the first inhibitors to target the Wnt pathway was ICG-001, a small molecule that blocks the ability of CREB-binding protein (CBP), a co-factor for a large number of transcription factors\(^9^3\), to act as a co-activator of the β-catenin-TCF complex, the transcription factor complex activated by canonical Wnt signalling.\(^9^4\) An inhibitor of the previously cited Porcupine enzyme (the small molecule IWP2\(^9^5\) or LGK974\(^9^6\)), a membrane-bound O-acyltransferase responsible for the post-translational maturation of Wnts via palmitoylation, has also been developed for the inhibition of the pathway. These inhibitors may be effective in preventing secretion of active Wnt molecules by the stromal cells, thereby blocking the paracrine signalling that triggers formation of new CSCs; in addition, they may block the autocrine signalling that is used by existing CSCs to maintain their residence in the SC state. Recent studies have also identified a role for yet another β-catenin co-factor, YAP1, which forms a complex β-catenin and is essential for the formation of β-catenin-driven cancers.\(^9^7\) Reviews detailing the targeting of various aspects of the Wnt and TGF-β pathways have been published elsewhere.

Several molecules targeting various nodes of the Hedgehog and NOTCH pathways are also coming into prominence for their ability to target CSCs. For example, IPI926, a derivative of the natural product SMO antagonist cyclopamine\(^1^0^0\), is undergoing clinical trials for malignancies, such as basal cell carcinomas\(^1^0^1\) and metastatic pancreatic cancer, in combination with chemotherapeutic drugs such as gemcitabine (http://clinicaltrials.gov/show/NCT01130142). Similar trials have also been initiated for the SMO competitive small molecule antagonist GDC-0449 against various tumors\(^1^0^2, 1^0^3\), with FDA approval being granted to treat adults with advanced basal cell carcinoma. MK-0752, a small molecule gamma secretase inhibitor, is under clinical trials for the treatment of advanced solid
tumors\textsuperscript{104}, whereas antibodies targeting Delta-like ligand 4 of NOTCH\textsuperscript{105} are also promising candidates to reduce CSC frequency of breast tumor xenografts and other solid tumors\textsuperscript{106}. A list of inhibitors that target pathways that are preferentially utilized by CSCs and may possess therapeutic utility is summarized in Table 2. Unanswered by these studies are the therapeutic indices that these agents will exhibit, that is, will they in fact target neoplastic CSCs far more effectively than the SCs residing in corresponding normal tissues?

**Differentiation therapy to curb stem-like properties of CSCs**

Despite being intensively pursued for almost four decades, the search for ideal targeted anti-cancer drugs has yielded relatively few successes. One of the first successes of targeted therapy for any type of cancer involved the use all-trans retinoic acid (ATRA), which was given to patients suffering from acute promyelocytic leukemia\textsuperscript{107}. Following treatment with ATRA, leukemic promyelocytes are relieved of their block of differentiation and differentiate into mature granulocytes. The success of this therapy has led to the concept that differentiation therapy may be effectively used to treat other forms of cancer. In the case of CSCs, notably those in carcinomas, the notion would be to induce their exit from the CSC state into the more differentiated epithelial state of non-CSCs.

Other agents that have similarly been shown to be beneficial in differentiation therapy include (i) phorbol myristate acetate (PMA), which is capable of inducing leukemic cell differentiation by, among other pathways, protein kinase C (PKC)-mediated induction of transcription factors such as PU.1 and AP1\textsuperscript{108}; (ii) hexamethylamine bisacetamide (HMBA), which induces differentiation of human leukemia cells through several distinct mechanisms\textsuperscript{109}; (iii) dimethylsulfoxide (DMSO), which induces differentiation of human promyelocytic leukemias\textsuperscript{110}; and (iv) vitamin D\textsubscript{3} which induces maturation of several leukemic cell lines\textsuperscript{111}.

Yet other compounds such as suberoylanilide hydroxamic acid (SAHA), a histone deacetylase inhibitor (HDACi), have been shown to induce differentiation of human breast cancer cells\textsuperscript{112} and endometrial carcinomas\textsuperscript{113}. The inhibition of HDACs is thought to release the repression of gene promoters that play major roles in the processes of differentiation and cell cycle arrest, thereby permitting their expression. Another functional class of compounds that induce cell differentiation is represented by 5-azacytidine, a chemical analogue of cytidine, which acts by inactivating the DNA methyltransferases that catalyze methylation of CpG islands and associated transcriptional repression at gene promoters\textsuperscript{114}.

The current explosion in the field of epigenetics research (defined here as the study of various types of chromatin modification) is uncovering a large number of histone methyltransferases and histone demethylases\textsuperscript{115}. Modulation of these enzymes might also serve to increase the transcription of genes that are important for CSC differentiation or silence those that are required for cell migration and invasion. For example, the promoter of the $CDH1$ gene, which encodes E-cadherin, the keystone of the epithelial state, is a target of silencing in many cancers through the actions of the polycomb repressive complex (PRC2), which imposes the K27me3 repressive mark on histone H3\textsuperscript{116}. Hence, inhibitors of histone-modifying enzymes, such as the methyltransferase EZH2\textsuperscript{117}, could act as differentiation-
inducing agents of CSCs that have undergone an EMT, acting by inducing the re-expression of E-cadherin and thereby restoring epithelial properties. In fact, the small molecule EZH2 inhibitor E7438 is currently under phase I/II clinical trials for advanced solid tumors and B-cell lymphomas (http://clinicaltrials.gov/ct2/show/NCT01897571). A more detailed review of epigenetic regulation of EMT and CSCs has recently been published118.

All differentiation-inducing agents act on the premise that a block of terminal differentiation is one of the major characteristics of the neoplastic state. The realization of this phenomenon came from studying leukemias and analyzing the phenotypes of cancer cells in relation to the normal differentiation hierarchy of the hematopoietic system. Thus, acute myeloid leukemia caused by the MLL-AF9 chromosomal translocation leads to the expansion of leukemic stem cell populations that exhibit a cell-surface antigen profile similar to that of granulocyte-monocyte progenitors119. In the case of MLL-AF9 leukemias, it is known that cells are maintained in the less-differentiated progenitor stage by the fusion protein, which activates target genes such as HOXA9/MEIS1 that are responsible for coordinating a downstream CSC program through aberrant methylation of H3K79 by the histone methyltransferase DOT1L120. Hence, inhibitors of DOT1L may specifically act to disrupt the MLL-AF9-induced transcriptional program that fuels these cancers121.

Similar to an argument made earlier, a clinically effective differentiation therapy would need to be combined with chemotherapy in order to eradicate both CSC- and non-CSC populations within a tumor. In fact, more recent studies have focused on such combinations that involve inhibition of TGF-β, which results in differentiation of triple-negative breast cancer CSCs, in combination with paclitaxel, which should eradicate the rapidly cycling, non-CSCs forming the bulk of tumors under treatment122. Targeted therapy would presumably act by depleting CSC potential, giving rise to non-CSC counterparts that are more susceptible to chemotherapy. In fact, the use of agents that specifically target CSCs in combination with conventional chemotherapy has already been evaluated in clinical trials designed to gauge their efficacy in combination with radiotherapy for metastatic breast cancers (http://clinicaltrials.gov/ct2/show/NCT01401062).

One proviso must be cited here, suggested by observations that disseminated carcinoma cells must be able to undergo a mesenchymal-to-epithelial transition (MET) at their site of dissemination in order to generate the mixed CSC/non-CSC populations that appear to be critical to the robust growth of a tumor.123, 124. Hence inducing CSC differentiation by inducing an MET, while still inhibiting CSC formation and maintenance in the primary tumor, may inadvertently support the process metastatic colonization at distant sites. The complex dynamics of these reversible processes operating during the invasion-metastasis cascade remain to be elucidated.

**Directed immunotherapy against CSCs**

The last decade has seen resurgence of the idea of directing the cancer patient’s immune system against tumor-specific and tumor-associated antigens. Strategies that exploit our understanding of the immune system for cancer therapy include the use of specific peptides that are derived from tumor antigens, which could be used for cancer vaccination as immunotherapy, the use of dendritic-cells as vaccines to activate adaptive immune cells
against specific antigens, and the blockade of immune checkpoints that inhibit anti-tumor immune responses. T-cell responses to a particular antigen are dictated by the nature of their interaction with an antigen-presenting cell, and depend on co-stimulatory and inhibitors signals that are delivered upon the binding of specific ligands from antigen-presenting cells to complementary receptors on T-cells. The modulation of these so-called immune checkpoints through the use of antagonists of inhibitory signals has been recognized as a major avenue for the development of novel immune-based therapies. In fact, drugs such as Ipilimumab, a CTLA4-blocking antibody, have been found to confer clear benefit in treating melanoma, with clinical trials underway for several other malignancies including prostate cancer and ovarian cancer. Accordingly, the exploitation of the immune system may yield another dimension of anti-CSC therapy by directing immunocytes to recognize CSCs through the unique collection of cell-surface antigens that these cells display. We note, however, another process that may deflect immune attacks on tumors: the autocrine secretion of TGF-β (a known immunosuppressant) by CSCs may create zones around these cells that are protected from attack by various cellular components of the immune system. In addition, the CSC-secreted TGF-β may cause the formation of regulatory T cells (Tregs) that have additional immunosuppressive effects on other subclasses of T lymphocytes.

As described earlier, the identification of CSC cell-surface markers (see Table 1) has enabled the isolation of these cells from primary tumors. Such markers could be used to survey tumor antigens that are preferentially expressed on the CSCs compared to the bulk of tumor cells and reveal novel vulnerabilities that could be exploited to design stem cell-specific immunotherapies. Additionally, the expression levels of certain potentially inhibitory receptors that could attenuate an immune response could be higher in CSCs compared to non-CSCs; when these inhibitory receptors are blocked, a more uniform immune response against populations of both CSCs and non-CSCs may possibly be achieved, resulting in long-term responses.

Exploiting metabolic differences to target CSCs

The field of cancer metabolism has undergone a revival over the past decade with renewed interest in the Warburg effect, which proposes that cancer cells generate ATP through glycolysis rather than oxidative phosphorylation, doing so even under non-hypoxic conditions. Through several key breakthrough studies, the role of cell metabolism has evolved into an active area of cancer research with the development of novel therapeutics based on our understanding of the signaling regulating metabolic pathways, including temsirolimus and everolimus, inhibitors of mTORC1, which are approved to treat several cancers.

Hypoxia within a tumor can lead to alterations in the metabolism of cancer cells through the inhibition of mTOR signaling. The hypoxic conditions that are apparent in many if not most tumors have also been shown to lead to the induction of an EMT and the generation of CSCs. This leads to the speculation that hypoxia-induced metabolic changes could contribute to the mesenchymal/CSC phenotype. Indeed, a recent study reported a metabolic...
switch to glycolysis that occurs upon activation of the EMT-inducing transcription factor Snail and that blocking of this switch through ectopic expression of fructose-1,6-biphosphatase (FBP1) abrogates the ability of Snail to impart mesenchymal/stem-like properties to breast cancer cells. Other studies also show the components of the mevalonate metabolic pathway to be important in the generation of breast CSCs, with inhibition of the pathway using hydroxy-3-methylglutaryl CoA reductase blockers, resulting in reduction of CSC properties. These studies suggest that alteration of the metabolic phenotype could be an essential step required for entrance into the CSC state, and that study of the differences in metabolism between CSCs and non-CSCs may reveal novel ways by which we can specifically target these cells.

Conclusions

The avenues discussed above represent only a portion of the possible ways by which CSCs could be targeted therapeutically. For example, another strategy that has not been discussed here involves the delivery of short-hairpin or small-interfering RNAs that can induce a CSC-specific knock-down of critical genes identified through large-scale screening. Synthetic lethality studies might also uncover novel dependencies of CSCs that could be candidates for future targeting studies.

There are, however, multiple hurdles that have to be surmounted before we can effectively eliminate these cells. First, it is apparent that CSCs exists in a specific niche formed by multiple cell types and distinct signaling molecules, including growth factors, cytokines and ECM components. Hence, studying the biological properties of CSCs in isolation or performing screens with them in the absence of a surrounding relevant niche is hardly guaranteed to yield results that can be translated to responses occurring in vivo. Second, our lack of appropriate experimental systems to accurately model human tumors means that, at least at present, we are forced to study human tumors in immunodeficient mice in the absence of an adaptive immune system or study mouse tumors in a syngeneic setting. Neither of these experimental settings accurately recapitulates the biological complexity of the tumors encountered in the oncology clinic.

The current practice of modeling human tumors by the alteration of one or two genetic loci in the cells of mice cannot provide a fair representation of the intricate nature of the disease and may not lead to the development of therapies that translate directly humans. Moreover, mouse and human cells have fundamental differences in their intracellular wiring, which lead to differences in the processes underlying tumorigenesis in these two species. Hence, we need to devise novel and appropriate ways to study primary human tumor xenografts in ways that preserves their CSC subpopulations in physiologic states similar to those that existed prior to the isolation from patients. The use of mice that harbor a human immune system (humanized mice) may partly compensate for the lack of an adaptive immune system; for example, the macrophages that home to tumors growing as xenografts in such mice would be of human origin, secreting factors that may serve to model a CSC niche more similar to the one found in the human body. Ultimately, using better models, we should be able to develop a more detailed, nuanced understanding of the essential nature of CSCs and the mechanisms supporting them within human tumors.
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BOX 1

A brief history of modern CSC research

The field of CSC research was first launched by the experimental demonstration that certain minority subpopulations of primary human acute myeloid leukemias (AML) could propagate disease in immunodeficient mouse hosts at higher frequencies than the bulk populations of leukemic cells forming these neoplasms. These leukemia-initiating cells were studied when grown as xenografts in severe combined immunodeficient (SCID) mouse hosts, and as such, were termed SCID leukemia-initiating cells. They were found to exhibit cell-surface antigen marker phenotypes similar to those of normal SCID-repopulating cells, implying that the cell-of-origin for this disease was closely allied to a hematopoietic stem cell. These observations led, over the ensuing decade, to hunts for corresponding CSCs in solid tumors, resulting in the discovery of such populations in breast, brain, prostate, ovarian, colon, liver, lung, and pancreatic tumors. In each case, these CSC subpopulations, which usually exist as minority subpopulations within tumors, have been defined operationally by their elevated tumor-initiating ability relative to that of corresponding majority populations of neoplastic cells in various tumors (Fig 1).

Despite repeated successes in identifying such tumor-initiating subpopulations of cells within individual tumors, there has been substantial skepticism and controversy arising from the fact that these repopulation studies were carried out in immunocompromised mice, which lack an adaptive immune system and whose tissue microenvironments may therefore differ substantially from those present in humans. Additionally, studies in several cancers, such as AML and melanoma, have shown that CSCs need not be rare subpopulations and could be as frequent as 1 in 4 cells. It is now well accepted that certain types of cancer, such as melanoma, do not closely follow the CSC paradigm developed from studying carcinomas, whereas many others, such as breast cancer, do indeed do so. Moreover, studies in genetically engineered mouse models (GEMMs) have also demonstrated the presence of CSCs in certain leukemias and breast cancer, providing direct support for the CSC model in syngeneic models.

More recently, three lineage-tracing studies have provided unequivocal evidence of the existence of CSCs in syngeneic models of authochthonously arising tumors. One group used a GEMM that expresses ΔTK-IRES-GFP transgene driven by the promoter of the Nestin gene that is normally expressed in neural stem cells; this transgene ensured expression of both the thymidine kinase (TK) and green fluorescent proteins in stem cells. Upon crossing these Nes-ΔTK-GFP mice with a GEMM strain engineered to develop glioblastomas at high rates (Mut7 mice), the authors observed the presence of a minor quiescent GFP+ subpopulation. Moreover, upon treatment with a chemotherapeutic agent, temozolomide (TMZ), the bulk of the highly proliferative GFP-compartment in each tumor was eliminated, resulting in the preferential survival of the GFP+ CSCs, which expanded thereafter to give rise to a relapsed tumor. This ability of the tumors to regrow following TMZ treatment was lost upon treatment with ganciclovir, which eradicated those cells expressing the TK gene, i.e., the Nestin-expressing tumor-initiating population.
A different strategy was followed by a second group, which employed a GEMM that expresses yellow-fluorescent protein (YFP) in the keratin-14-expressing cells of the basal layer of the skin epidermis, doing so conditionally in response to Cre-mediated recombination. This labeling strategy was used to trace carcinogen-induced squamous skin papillomas, revealing that the bulk of such tumors had limited proliferative capacity. However, ~20% of cells possessed the capacity for long-term propagation and were capable of giving rise to progeny that constituted the majority of the tumor. This indicated that a subset of the tumor cells, the CSCs, were capable of generating the bulk of the tumor, ostensibly by undergoing asymmetric division. During the transition from a benign papilloma to a more malignant squamous cell carcinoma, an increase in the numbers of these long-term replying CSCs was accompanied by a concurrent decrease in the number of differentiated cells. The increase in proportion of CSCs correlates with the increase in aggressiveness of the tumor upon transition to a full-blown carcinoma.

A small population of Lgr5+ cells residing in the intestinal crypt has been found to have the potential to divide both symmetrically and asymmetrically and has previously been identified as the stem cell in this organ. Quite recently, a third group employed Lgr5-specific Apc mutant mice; in these mice, the Apc mutation leads to aberrant activation of the Wnt pathway specifically in Lgr5-expressing intestinal stem cells. These mice were crossed with multicolor Cre reporter mice in which activation of Cre recombinase, by administration of tamoxifen, enables single Lgr5+ stem cells to randomly adopt one of four alternative fluorescent labels. This led to the formation of single-colored tumors that consisted of several cell types, indicative of the presence of individual Lgr5+ CSCs, each of which could give rise to a tumor containing several distinct cell types. Additionally, when a second low dose of tamoxifen was administered, a few of the Lgr5+ CSCs changed to a different color following a pulse of Cre activation. This gave rise to a stream of cells in the newly displayed color, showing that these CSCs were consistently a source that could replenish the bulk of cells in each of the observed adenomas.

These studies have verified the existence of CSCs in three different tumor models, eliminating major doubts about the existence of such populations within the syngeneic tumor microenvironments of autochthonously arising tumors. Moreover, these studies provided compelling evidence that such CSCs adhere to the stem-cell model by self-renewing and at the same time generating progenitors that have lost their stemness and proceed to form the bulk of a tumor.
BOX 2

How do CSCs arise?

Carcinomas usually arise as a consequence of a succession of genetic and epigenetic alterations occurring over many years if not decades; the accumulation of these changes leads ultimately to expression of the multiple neoplastic traits associated with highly malignant cells and thus aggressive tumors. This raises the question of whether CSCs are invariably present within incipient tumors at these various stages of tumor progression. One insight – nothing more than a speculation at present – comes from the observed similarities between normal tissue SCs and CSCs cited above: If the cells in fully normal epithelial tissues existing prior to tumor initiation contain subpopulations of SCs, and if progressed, highly malignant populations of carcinoma cells arising at the last step of tumor progression contain SCs (i.e., CSCs), then it seems plausible that each of the cell populations formed at intermediate stages of tumor progression also contains its own subpopulation of SCs. Stated in a more general way, all populations of epithelial cells, independent of their stage of tumor progression, may contain subpopulations of SCs. Indeed, this may even hold true for populations of epithelial cells propagated in vitro.

If SCs of various genetic configurations were to be found to be present at all of the distinct stages of multi-step tumor progression, this would seem to suggest, in turn, that each SC subpopulation derives directly from a SC subpopulation existing in the previous stage of tumor progression, i.e., one SC subpopulation evolves directly into the SCs present in the successor subpopulation driving growth of the next, incrementally more aggressive stage of tumor progression. Although attractive for its simplicity, this model carries with it several biological problems, including the fact that SCs, including CSCs represent relatively small target populations that generally are not highly active mitotically. Given this, a more plausible model is that transit-amplifying/progenitor cells are the targets of mutation during multi-step tumorigenesis, and that they introduce their acquired mutations into corresponding SC pools via a process of spontaneous dedifferentiation73, 74.
BOX 3

What constitutes the tumor microenvironment?

The tumor microenvironment, in addition to harboring carcinoma cells, consist of various components that play a major role in influencing the outcome of the malignancy. These can be widely classified into three main groups – cells of hematopoietic origin, cells of mesenchymal origin and non-cellular components. Tumors of different origins and different stages of progression will inevitably contain components in various proportions. Nonetheless, these three classes of stromal components represent the most abundant elements present in the microenvironment of solid tumors.

Cells of hematopoietic origin

This compartment consists of cells that arise in the bone marrow and can be subdivided into cells of the lymphoid lineage consisting of T-cells, B-cells and NK-cells, and those of the myeloid lineage that include macrophages, neutrophils and myeloid-derived suppressor cells (MDSC). The roles of different subsets of T-cells in tumor promotion and tumor elimination have been well studied and are the subject of recent advances in the development of novel immunotherapies. The alternate activation of macrophages and their ability to promote tumor development and progression have also been well documented. Similarly, each of the other constituent cell types has either a positive or negative effect on the outcome of the tumor. Importantly, interactions between different cell types within the stroma can also play a major role on tumor progression, as has been shown for CD4+ T cells and macrophages, for example. Other cell types that play a major role in tumorigenesis but are not abundantly present in the tumor microenvironment per se include platelets and dendritic cells.

Cells of mesenchymal origin

These comprise of cells derived from the mesenchyme and include fibroblasts, myofibroblasts, mesenchymal stem cells (MSCs), adipocytes and endothelial cells. Myofibroblasts and MSCs derived from the bone marrow have been shown to directly support CSCs by creating a favorable niche and facilitating tumor progression. Adipocytes, until recently were thought of only as energy storage houses; however, recent studies reveal the importance of factors that they secrete (e.g., hepatocyte growth factor; HGF) in tumor progression. Endothelial cells and pericytes that constitute the walls of blood vessels play a major role in vascular functionality, angiogenesis as well as regulating cancer cell dissemination.

Non-cellular components

The major non-cellular component of the tumor microenvironment is the extracellular matrix (ECM), which consists of many distinct components including proteins, glycoproteins and proteoglycans that enable its functions both structurally and functionally. The ECM can be subdivided into the more compact basement membrane, which is a specialized ECM rich in type IV collagen, laminin and fibronectin, and the interstitial matrix, which consists of fibrillar collagens, proteoglycans and glycoproteins.
that contribute to the tensile strength of the tissue\textsuperscript{77}. The ECM is involved in the formation of a SC niche and while it acts to maintain tissue architecture and prevent cancer cell invasion, abnormal ECM has been shown to promote tumor progression and tumor angiogenesis\textsuperscript{77}.

Together these components make up the tumor microenvironment, which represents a complex habitat involving myriad interactions between cell types and ECM, each of them playing a role in influencing tumor outcome.
Figure 1.
Why specific targeting of CSCs is important. (A) Why specific targeting of CSCs is important: Two major issues confound our ability to treat cancers – their ability to resist cytotoxic therapy and their propensity to form metastases. Tumors are a heterogeneous mixtures of epithelial cells that consist of CSCs that have mixed epithelial-mesenchymal phenotypes and non-stem cells which are epithelial. Carcinoma cells may also be able to undergo a complete EMT, generating cells that resemble stromal-like fibroblasts and mesenchymal stem cells that may create a permissive niche. (B) The use of specific inhibitors of CSCs would attenuate their ability to survive conventional cytotoxic therapies and relapse. Loss of the mesenchymal/CSC population would also retard metastatic spread of the tumor.
Figure 2.
Signaling pathways employed by CSCs: Distinct combinations of paracrine and juxtracrine signals induce the EMT in different contexts. A representation of signaling pathways that CSCs have been reported to depend on is shown here. The transcription factors that are downstream of these signaling pathways act as co-factors and cooperate with the EMT-inducing transcription factors such as Snail to induce and maintain the mesenchymal/CSC state. The EMT program also activate several positive, self-reinforcing feedback loops in order to maintain cells in a mesenchymal/CSC state; shown here are three involving canonical and non-canonical Wnts as well as TGF-β. Nodes of the pathway that could be open to therapeutic targeting are indicated by red arrowheads.
Figure 3.
Impact of stromal cells and secreted factors on CSCs – Each stromal cell type depicted here influences the tumor by secreting factors that stimulate the formation of CSCs and help maintain the residence of already-formed CSCs in the SC state. Summarized here are some of the major factors that secreted by each cell type that are known to impact CSCs. Green arrow – Tumor promotion, Red crossbar – Tumor inhibition.
**Figure.**
Illustration of tumor microenvironment showing all major constituents mentioned above
### Table 1

List of commonly used CSC markers, their expression and function in normal tissue

<table>
<thead>
<tr>
<th>Marker</th>
<th>Expression in normal tissue</th>
<th>Normal Function</th>
<th>Reported to be CSC marker in</th>
</tr>
</thead>
<tbody>
<tr>
<td>CD34</td>
<td>Hematopoietic stem and progenitors(^{16,17}), endothelial cells(^{18})</td>
<td>Regulator of cell adhesion(^{150})</td>
<td>Hematological malignancies in combination with CD34(^{151})</td>
</tr>
<tr>
<td>CD38</td>
<td>Hematopoietic cells, skeletal and heart muscle, proximal convoluted tubules of kidney, normal adult prostate(^{152})</td>
<td>Ecto-enzyme involved in signal transduction, calcium signaling and cell adhesion(^{152})</td>
<td>Hematological malignancies in combination with CD34(^{151})</td>
</tr>
<tr>
<td>CD44</td>
<td>Leukocytes, epithelial cells, Endothelial cells, mesenchymal cells(^{153})</td>
<td>Varied functions including cell adhesion and migration, cell-cell interaction, cell signaling, leukocyte attachment and rolling(^{154})</td>
<td>Breast(^{20}), Gastric in combination with CD44(^{159}), Pancreatic in combination with EpCAM and CD44(^{159})</td>
</tr>
<tr>
<td>CD24</td>
<td>B cells, follicular dendritic cells, granulocytes, epithelial cells(^{160})</td>
<td>B-cell proliferation and maturation(^{160}). Function in other tissue is poorly understood.</td>
<td>Breast(^{20}), Gastric in combination with CD44(^{159}), Pancreatic in combination with EpCAM and CD44(^{159})</td>
</tr>
<tr>
<td>CD90</td>
<td>Fetal liver cells and thymocytes(^{182}), hematopoietic stem and progenitor cells(^{163}), mesenchymal stromal cells(^{164}), activated endothelial cells(^{165}), neuronal cells(^{166})</td>
<td>Regulation of cell adhesion(^{167}), signal transduction in T cells(^{168})</td>
<td>Brain(^{170})/Liver(^{170}) and Lung tumors(^{171})</td>
</tr>
<tr>
<td>CD133</td>
<td>Hematopoietic stem and progenitor cells(^{172}), endothelial progenitor cells(^{173}), fetal neural stem cells(^{174}), renal stem cells(^{16}), prostate stem cells(^{18})</td>
<td>Poorly understood</td>
<td>Brain(^{172})/Colon(^{176,177}), Endometrial(^{179})/Liver(^{179})/Lung(^{180}) with ABCG2 or CXCR4(^{180})/Ovarian(^{181})/Pancreatic(^{181}) in combination with CXCR4(^{181})/Prostate(^{181}) in combination with integrin (\alpha_2\beta_1) and CD34(^{154})</td>
</tr>
<tr>
<td>ALDH</td>
<td>Epithelial cells of the esophagus, stomach, intestine, colon, liver, mammary gland and pancreas. Endocrine cells of the adrenal, thyroid and salivary glands, haematopoietic cells(^{182}).</td>
<td>Conversion of aldehydes generated by metabolic processes into carboxylic acids(^{183}). Function in ester hydrolysis and as an antioxidant(^{184}). Involved in retinoic acid signaling(^{184}).</td>
<td>Breast(^{20})/Colon(^{185})/Head and Neck(^{186})/Liver(^{186})/Lung in combination with CD133(^{187})/Melanoma(^{187}) and Pancreatic tumors</td>
</tr>
<tr>
<td>Hoechst33342 exclusion (Side population)</td>
<td>Hematopoietic stem cells(^{25}), mammary stem/progenitor cells(^{18,189}), pulmonary stem cells(^{19}), cardiac progenitors(^{191}), hepatocyte progenitors(^{192}), neural stem and progenitors(^{193}) and keratinocytes progenitors(^{194}).</td>
<td>Not an endogenous marker/protein, but based on the ability of cells to efflux Hoechst33342 involving the ABC transporter transmembrane proteins(^{25}).</td>
<td>Astrocytomas(^{195})/Gastrointestinal tumors(^{196})/Gliomas(^{197})/Hepatocellular carcinomas(^{198})/Lung cancer(^{199})/Thyroid cancer(^{200}).</td>
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</tbody>
</table>
### Table 2
List of pathways that may be beneficial for the specific targeting of CSCs and potential candidates in clinical development

<table>
<thead>
<tr>
<th>Pathway</th>
<th>Targets</th>
<th>Compounds</th>
<th>Potential Indications</th>
<th>Clinical development</th>
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<tbody>
<tr>
<td><strong>Wnt</strong></td>
<td>Porcupine</td>
<td>IWP&lt;sup&gt;95&lt;/sup&gt; or LGK974&lt;sup&gt;96&lt;/sup&gt;</td>
<td>Breast cancer – Maintenance of breast CSCs through recruitment of Wnt ligands&lt;sup&gt;201&lt;/sup&gt;</td>
<td>Phase 1 trial for malignancies dependent on Wnt ligands including melanoma, breast and pancreatic malignancies <a href="http://clinicaltrials.gov/show/NCT01351103">http://clinicaltrials.gov/show/NCT01351103</a></td>
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<td></td>
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<td></td>
<td>Pancreatic cancer – Circulating tumor cells show high levels of WNT2 expression&lt;sup&gt;202&lt;/sup&gt;</td>
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<tr>
<td><strong>β-catenin:</strong></td>
<td>- Interaction of β-catenin with TCF, CBP - Tankyrase inhibition for stabilization of AXIN2</td>
<td>ICG-001&lt;sup&gt;94&lt;/sup&gt; or iCRT&lt;sup&gt;203&lt;/sup&gt; or OXT-328&lt;sup&gt;204&lt;/sup&gt; or XAV-939&lt;sup&gt;205&lt;/sup&gt; or IWR&lt;sup&gt;95&lt;/sup&gt;</td>
<td>Colon cancer – Required for maintenance of Colon CSCs through signals from stroma&lt;sup&gt;60&lt;/sup&gt;</td>
<td>CWP232291&lt;sup&gt;206&lt;/sup&gt; which induces β-catenin degradation is under Phase I trials for AML and CML <a href="http://clinicaltrials.gov/ct2/show/NCT01398462">http://clinicaltrials.gov/ct2/show/NCT01398462</a> Phase I trials for advanced solid tumors <a href="http://clinicaltrials.gov/ct2/show/NCT01302405">http://clinicaltrials.gov/ct2/show/NCT01302405</a></td>
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<td>AML and CML – Could prove effective in MLL-fusion driven AML CSCs and Imatinib resistant CSCs in CML&lt;sup&gt;207,208&lt;/sup&gt;</td>
<td></td>
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<tr>
<td></td>
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<td></td>
<td>Breast cancer – Degradation of β-catenin required for maintenance of CSCs and tumor progression&lt;sup&gt;209&lt;/sup&gt;</td>
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<tr>
<td><strong>TGF-β</strong></td>
<td>TGF-βRI</td>
<td>LY2157299&lt;sup&gt;210&lt;/sup&gt;</td>
<td>Breast cancer – Increased TGF-β signaling in CSCs of chemotherapy-resistant breast cancer&lt;sup&gt;212&lt;/sup&gt;</td>
<td>LY2157299 in Phase I trials for recurrent malignant glioma <a href="http://clinicaltrials.gov/ct2/show/NCT01682187">http://clinicaltrials.gov/ct2/show/NCT01682187</a></td>
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<td></td>
<td>Glioma – Inhibition of TGF-β decreases glioma-initiating cell population&lt;sup&gt;111&lt;/sup&gt;</td>
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<td></td>
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<td></td>
<td>Pancreatic cancer - TGF-β induces an EMT in CSCs promoting metastasis&lt;sup&gt;212&lt;/sup&gt;</td>
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<tr>
<td><strong>NOTCH</strong></td>
<td>Gamma-secretase</td>
<td>MK-0752&lt;sup&gt;215&lt;/sup&gt; or PF03084014&lt;sup&gt;216&lt;/sup&gt; or R04929097&lt;sup&gt;217&lt;/sup&gt;</td>
<td>Breast cancer – NOTCH signaling regulates breast CSCs&lt;sup&gt;218&lt;/sup&gt;</td>
<td>Phase I trial of MK-0752 in advanced breast cancer <a href="http://clinicaltrials.gov/ct2/show/NCT00106145">http://clinicaltrials.gov/ct2/show/NCT00106145</a> Phase I trial of PF-03084014 in metastatic breast cancer <a href="http://clinicaltrials.gov/ct2/show/NCT01876251">http://clinicaltrials.gov/ct2/show/NCT01876251</a> and glioma Phase I trial of R04929097 in advanced solid tumors&lt;sup&gt;217&lt;/sup&gt;</td>
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<td>Ovarian cancer – NOTCH signaling is critical for the regulation of CSCs and platinum resistance&lt;sup&gt;219&lt;/sup&gt;</td>
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<td>Glioblastoma – CSCs receive NOTCH signals from</td>
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<td>DLL4</td>
<td>Anti-DLL4 Ab</td>
<td>Cycloheximide I or GDC-0449 or LDE225</td>
<td>Glioblastoma – Self-renewal of CSCs requires Hh-Gli signaling&lt;sup&gt;22,227&lt;/sup&gt;</td>
<td>Phase I trial of LDE225 in advanced solid tumors <a href="http://clinicaltrials.gov/ct2/show/NCT01576666">http://clinicaltrials.gov/ct2/show/NCT01576666</a></td>
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<td>Hedgehog</td>
<td>SMO</td>
<td>Cycloheximide I or GDC-0449 or LDE225</td>
<td>Pancreatic cancer – Hh inhibition reverses the EMT and tumor metastasis&lt;sup&gt;228&lt;/sup&gt;</td>
<td>Phase I trial of LDE225 in advanced solid tumors <a href="http://clinicaltrials.gov/ct2/show/NCT01576666">http://clinicaltrials.gov/ct2/show/NCT01576666</a></td>
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<td>JAK-STAT</td>
<td>IL-6</td>
<td>CNT0328&lt;sup&gt;231&lt;/sup&gt; or Tocilizumab&lt;sup&gt;232&lt;/sup&gt; or AZD1480&lt;sup&gt;233&lt;/sup&gt; or Compound1&lt;sup&gt;234,235&lt;/sup&gt;</td>
<td>Glioblastoma – STAT3 required for multipotency of CSCs&lt;sup&gt;236&lt;/sup&gt;</td>
<td>Phase II trial of CNT0328 in advanced prostate cancer <a href="http://clinicaltrials.gov/ct2/show/results/NCT00433446">http://clinicaltrials.gov/ct2/show/results/NCT00433446</a></td>
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<td>JAK1/2</td>
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<td>Colon cancer – STAT3 required for survival and proliferation of CSCs&lt;sup&gt;237&lt;/sup&gt;</td>
<td>Phase I trial of OPB-31121 in advanced solid tumors <a href="http://clinicaltrials.gov/ct2/show/study/NCT00955812">http://clinicaltrials.gov/ct2/show/study/NCT00955812</a></td>
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<td>STAT3</td>
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<td>Prostate cancer – Blockade of JAK-STAT pathway inhibits CSC function&lt;sup&gt;238&lt;/sup&gt;</td>
<td>Phase I trial of WP1066 in glioblastoma and other solid tumors <a href="http://clinicaltrials.gov/ct2/show/NCT01904123">http://clinicaltrials.gov/ct2/show/NCT01904123</a></td>
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<td>PDGFR</td>
<td>PDGFR/PKCα</td>
<td>Bisindolylmaleimide I&lt;sup&gt;239&lt;/sup&gt;</td>
<td>Breast cancer – PDGFR signaling required for survival of breast CSCs&lt;sup&gt;240&lt;/sup&gt;</td>
<td>Phase II trial of ISIS 3521 in metastatic breast cancer <a href="http://clinicaltrials.gov/ct2/show/NCT00003236">http://clinicaltrials.gov/ct2/show/NCT00003236</a></td>
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