Classical Time Crystals

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We consider the possibility that classical dynamical systems display motion in their lowest-energy state, forming a time analogue of crystalline spatial order. Challenges facing that idea are identified and overcome. We display arbitrary orbits of an angular variable as lowest-energy trajectories for nonsingular Lagrangian systems. Dynamics within orbits of broken symmetry provide a natural arena for formation of time crystals. We exhibit models of that kind, including a model with traveling density waves.

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In this Letter we will investigate a cluster of issues around the question of whether time-independent, conservative classical systems might exhibit motion in their lowest-energy states. Fully quantum systems are the subject of a companion Letter [1]. Related issues have been raised in a cosmological context [2,3], but those investigations consider quite different aspects, in which the time dependence introduced by the expansion of the universe plays a significant role. (The term “time crystal” has been used previously to describe periodic phenomena in other contexts [4,5].)

General considerations.—When a physical solution of a set of equations displays less symmetry than the equations themselves, we say the symmetry is spontaneously broken by that solution. Here the meaning of “physical solution” can be interpreted differently in different contexts, but one interesting case that will concern us here is of the lowest-energy solutions of a time-independent, conservative, classical dynamical system. If such a solution exhibits motion, we will have broken time-translation symmetry spontaneously. If the dynamical variable is an angular variable, then the motion will be periodic in time, so the time-translation symmetry is not entirely lost, but only reduced to a discrete subgroup. Spatial periodicity is, of course, associated with formation of ordinary crystals, so it is natural and suggestive to refer to the formation of time crystals.

It is very easy to construct simple Lagrangians or Hamiltonians whose lowest-energy state is a spatial crystal. With a potential energy function

\[ V_1(\phi) = -\kappa_1 \frac{d\phi}{dx} + \frac{\lambda_1}{2} \left( \frac{d\phi}{dx} \right)^2 \]

\[ V_2(\phi) = -\kappa_2 \frac{d\phi}{dx} \left( \frac{d\phi}{dx} \right)^2 + \frac{\lambda_2}{4} \left( \frac{d\phi}{dx} \right)^4 \]

with all the Greek coefficients positive, are minimized for \( \frac{d\phi}{dx} = \frac{\kappa_1}{\lambda_1} \), \( \frac{d\phi}{dx} = \pm \sqrt{\frac{\lambda_2}{\kappa_2}} \), respectively. In both cases the spatial translation symmetry of the original potential is spontaneously broken; in the second case inversion symmetry is broken as well. The combined inversion \( \phi(x) \rightarrow -\phi(-x) \) is preserved in both cases, as is a combined internal space-real space translation \( \phi(x) \rightarrow \phi(x + \epsilon) - \frac{d\phi}{dx} \epsilon \).

From this one might surmise that time crystals are likewise easy to construct, at least mathematically. Moreover, higher powers of velocities appear quite naturally in models that portray the effects of finite response times, as we replace

\[ (\phi(t) - \phi(t - \delta))^{\nu} \rightarrow \delta^n \dot{\phi}^\nu. \] (2)

On second thought, however, reasons for doubt appear. Speaking broadly, what we are looking for seems perilously close to perpetual motion. Also, if the dynamical equations conserve energy, then the existence of a minimum-energy solution where the variables trace out an orbit implies that the energy function assumes its minimum value on a whole curve in \( (\phi, \dot{\phi}) \) space—not, as we expect generically, at an isolated point.

Dynamical equations.—That easy-impossible dichotomy carries over into the dynamical equations. If one simply turns the space derivatives in Eq. (1) into time derivatives, then the resulting Lagrangians

\[ L_1(\phi, \dot{\phi}) = -\kappa_1 \dot{\phi} + \frac{\lambda_1}{2} \dot{\phi}^2, \]

\[ L_2(\phi, \dot{\phi}) = -\kappa_2 \dot{\phi}^2 + \frac{\lambda_2}{4} \dot{\phi}^4 \]

are associated with the energy functions

\[ E_1(\phi, \dot{\phi}) = \frac{\lambda_1}{2} \dot{\phi}^2, \]

\[ E_2(\phi, \dot{\phi}) = -\kappa_2 \dot{\phi}^2 + \frac{3\lambda_2}{4} \dot{\phi}^4. \] (4)

The first of these is minimized at \( \dot{\phi} = 0 \), the second at \( \dot{\phi} = \pm\sqrt{\frac{\kappa_2}{\lambda_2}} \). So the analogue of our first symmetry-breaking example in Eq. (1) has collapsed, but the second survives, with a quantitative change.

On the other hand, if we convert the space derivatives in Eq. (1) into momenta, the resulting Hamiltonians are

\[ H_1(p, \phi) = \frac{\lambda_1}{2} \dot{\phi}^2, \]

\[ H_2(p, \phi) = -\kappa_2 \dot{\phi}^2 + \frac{3\lambda_2}{4} \dot{\phi}^4. \] (5)

The first of these is minimized at \( \dot{\phi} = 0 \), the second at \( \dot{\phi} = \pm\sqrt{\frac{\kappa_2}{\lambda_2}} \). So the analogue of our first symmetry-breaking example in Eq. (1) has collapsed, but the second survives, with a quantitative change.

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leads to a multivalued function [6], with cusps where $\phi_1 = \phi_2 = 0$: thus no symmetry breaking occurs, in either case.

This disappointing consequence of the Hamiltonian formalism is quite general. Hamilton’s equations of motion

$$\dot{p}_j = -\frac{\partial H}{\partial \phi^j}, \quad \dot{\phi}^i = \frac{\partial H}{\partial p^i}$$

indicate that the energy function $E(p_j(0), q^i(0)) = H(p_j(0), q^i(0))$, regarded as a function of the dynamical variables at a chosen initial time, is minimized for a trajectory with $\dot{p}_j = \dot{q}^i = 0$, since the gradients on the right-hand side of Hamilton’s equations vanish.

How do we reconcile this very general null result in the Hamiltonian approach, with our positive result in the Lagrangian approach? The point is that the Lagrangian

$$E\equiv\frac{1}{2}\sum_{\alpha} p_\alpha^2 + \sum_{\alpha} V(\phi_\alpha)$$

is regular, but as $\kappa$ passes through zero there is a swallow-tail catastrophe.

At the cusps the usual condition that the gradient should vanish at a minimum does not apply, and so our null result for smooth Hamiltonian systems is avoided.

For classical physics the Lagrangian formalism is adequate, so let us follow that direction out further. A logical next step would be to add a potential $V(\phi)$ to $L$. Doing that, however, leads us directly into the problem with energy conservation that we anticipated earlier. Minimizing $V$, we will find a preferred value for $\phi = \phi_0$, but minimizing the kinetic part will favor motion in $\phi$, and there is a conflict.

We can elucidate this issue as it arises for a general Lagrangian system. Suppose that the energy function of a system with many degrees of freedom is minimized by nonzero velocities $\dot{\phi}_0^i \neq 0$, so that

$$0 = \frac{\partial E}{\partial \phi^i} \mid_{\phi_0^i} = \left( \frac{\partial^2 L}{\partial \phi^j \partial \phi^i} \right) \dot{\phi}_0^i.$$  

Then in the equations of motion

$$0 = \frac{d}{dt} \left( \frac{\partial L}{\partial \dot{\phi}^i} \right) - \frac{\partial L}{\partial \phi^i} = \left( \frac{\partial^2 L}{\partial \phi^j \partial \dot{\phi}^i} \right) \ddot{\phi}_0^i + \ldots$$

the coefficient of the acceleration in the direction $\ddot{\phi}_0^i \sim \dot{\phi}_0^i$ vanishes at $\dot{\phi}_0^i$. In that case the equations of motion, which generally serve to determine the accelerations, require supplementation. (As we shall discuss below, there are physically interesting models that avoid any singularities of this type.)

**Brick-wall solutions.**—Upon integrating

$$E = \frac{3}{4} \dot{\phi}^i \ddot{\phi}^i - \frac{\kappa}{2} \dot{\phi}^i \ddot{\phi}^i + V(\phi)$$

directly we obtain

$$t(\phi) = \int_\phi \frac{d\phi}{\sqrt{\pm \frac{3}{4} (\dot{\phi})^2 + \frac{\kappa}{2} (E - V(\phi))}}.$$  

where the $\pm$ signs are independent.

The argument of the inner square root is non-negative if and only if $V(\phi) \leq E + \kappa^2/12 = \Delta$, where $\Delta = E - E_0 \geq 0$ is the energy above the minimum kinetic energy $E_0 = -\kappa^2/12$. The inequality is saturated when $\dot{\phi} = \pm \sqrt{\frac{E}{\Delta}}$, i.e., when the kinetic energy is minimized. Close to a point $\phi$, where this happens,

$$\dot{\phi} = \pm \sqrt{\frac{E}{\Delta}} = \sqrt{\frac{1}{\kappa} V(\phi)(\phi - \phi)}.$$  

Since $\phi$ cannot continue past $\phi$, without violating the bound $V(\phi) \leq \Delta$, it suddenly reverses direction, $\dot{\phi} = \pm \sqrt{\frac{E}{\Delta}} \rightarrow \pm \sqrt{\frac{E}{\Delta}}$. Such a reversal conserves energy, but requires a sudden jump in momentum. This is analogous to the turning point of a “brick-wall” potential enforced by

\[ H_1(p, \phi) = -\kappa_1 p + \frac{\lambda_1}{2} p^2, \]

\[ H_2(p, \phi) = -\frac{\kappa_2}{2} p^2 + \frac{\lambda_2}{4} p^4. \]
of the momentum. This implies that the momentum does not provide a complete set of commuting observables. Nor, therefore, does the position. Wave functions must be defined over expanded spaces [6,7].

Naturally flat directions; double sombrero.—It can be natural to have energy constant along an orbit, if the points of the orbit are related by symmetry. If we want this situation to occur along a trajectory for the minimum-energy state, then the symmetry must be spontaneously broken.

Consider first a Lagrangian with a “sombrero” kinetic term, together with the classic sombrero potential:

\[ L = \frac{1}{4} (\psi_1^2 + \psi_2^2 - \kappa)^2 - V(\psi_1, \psi_2), \]

\[ V = -\frac{\mu}{2} (\psi_1^2 + \psi_2^2) + \frac{\lambda}{4} (\psi_1^2 + \psi_2^2)^2. \]  

This defines a “double sombrero” model, exhibiting circular motion at constant speed in the lowest-energy state. We may rewrite this model and its generalizations in terms of polar fields \( \rho \) and \( \phi \), where \( \psi_1 = i \rho \phi \) and \( \rho \phi \). Then the double sombrero Lagrangian takes the form

\[ L = \frac{1}{4} (\rho^2 + \rho^2 \dot{\phi}^2 - \kappa^2)^2 + \frac{\mu}{2} \rho^2 - \frac{\lambda}{4} \rho^4. \]  

If \( \rho \) is set equal to its value \( \sqrt{2\mu/\lambda} \) at the minimum of \( V(\rho) \), this reduces to our original Lagrangian (3). Generalizing, any Lagrangian with a kinetic term that is a polynomial in \( \phi, \dot{\phi}, \rho, \) and \( \rho \), and a potential energy depending only on \( \rho \), will preserve the symmetry \( \phi \rightarrow \phi + \eta \).

Charge and locking.—The charge operator associated with the original (broken) symmetry is \( Q = -\int i \phi^* \pi^\phi - \varphi \pi^\varphi \) where \( \pi^\varphi = \frac{\partial}{\partial \varphi} \) depends only on \( \phi \) and \( \rho \). Thus in states with constant, nonvanishing values of \( \rho \) and \( \phi \) we have a nonzero, uniform density of \( Q \). This is significant in two ways:

First: If we suppose that our system is embedded in a larger symmetry-conserving bath and undergoes a transition to the symmetry-breaking state, e.g., that it is a material body cooled through a phase transition, then the transition will necessarily be accompanied by radiation of an appropriate balancing charge.

Second: Although invariance under both infinitesimal time-translation \( \phi(t) \rightarrow \phi(t + \epsilon) \) and infinitesimal phase (charge) translation \( \phi \rightarrow \phi + \eta \) are broken by constant-\( \phi \) solutions \( \phi(t) = \omega t + \beta \), the combined transformation with \( \omega \epsilon + \eta = 0 \) leaves the solution invariant. Thus there is a residual “locked” symmetry. To exploit it, we can go to a sort of rotating frame, by using the shifted Hamiltonian \( \tilde{H} = H - \omega Q \) to compute the evolution [3,8]. (Here we normalize \( Q \) so that \( \varphi \) has unit charge.) In the rotating frame, the equations of motion will not contain any explicit time dependence, but there will be a sort of effective chemical potential (associated however with a broken
symmetry). The most interesting effects will arise at interfaces between the locked phase and the normal phase, or between different locked phases, as exemplified in the preceding paragraph.

Space-time structure: more complex states.—We can also contemplate slightly more complex examples, that support qualitatively different, richer physical effects. If there is a potential for \( \nabla \varphi \), or ultimately for \( \nabla \rho \), that favors gradients, then we can have a competition between the energetic desirability of putting \( \rho \) at the energetic minimum and accommodating nonzero gradients. Unlike the case of time derivatives, there is no general barrier to reaching a stable compromise. To keep things simple, let us suppress the underlying \( \varphi \) structure and consider the potential

\[
V(\rho) = \frac{\kappa_1}{2} \left(1 - a \rho^2 - b \left(\frac{d\rho}{dx}\right)^2\right)^2
\]

with \( a, b > 0 \). This potential is minimized by

\[
\rho_0(x) = \sqrt{\frac{1}{a}} \sin \left(\sqrt{\frac{a}{b}} x + \alpha\right),
\]

which reduces the translation symmetry to a discrete subgroup. Constant \( \phi \) produces a charge density wave.

If we also have a term of the form

\[
V_{\text{gradient}} = \frac{\kappa_2}{2} \left(\frac{d\phi}{dx} - \mu \frac{d\rho}{dx}\right)^2
\]

then at the minimum \( \phi_0(x) \) will develop spatial structure as well, according to \( \phi_0(x) = \mu \rho_0(x) + \beta \), breaking the phase (charge) symmetry completely. (Note that \( V_{\text{gradient}} \) respects the symmetry \( \phi \rightarrow \phi + \eta \).)

We can engineer similar phenomena involving \( \phi \) most easily if we work at the level of the energy function. One can derive general energy functions involving powers of \( \phi \) from Lagrangians of the same kind, so long as there are no terms linear in \( \phi \). Thus, if we have additional term

\[
E_{\text{kinetic}}(\phi) = \frac{\kappa_3}{2} \left(\frac{d\phi}{dx}\right)^2 - \frac{1}{\nu^2} \phi^2
\]

then at the minimum we have

\[
\phi_0(x, t) = \mu \rho_0(x, t) + \beta,
\]

\[
\rho_0(x, t) = \sqrt{\frac{1}{a}} \sin \left(\sqrt{\frac{a}{b}} (x \pm vt) + \alpha\right).
\]

Here in Eq. (21) we have adapted our solution \( \rho_0(x) \) for the potential (17) by taking \( \alpha = \pm vt + \alpha \). In doing this we assume that the energy intrinsically associated with time derivatives of \( \rho \) vanishes [or that it is dominated by the locking effects of Eqs. (18) and (19)]. Both spatial and time translation are spontaneously broken, as is reflected in the disposable constants \( \alpha, \beta \), and so is time-reversal \( T \), as reflected in the disposable sign.

Combining Eqs. (20) and (21), we now have a traveling charge density wave. Thus this example exhibits its time-dependence in a physically tangible form. The residual continuous symmetry is reduced to a combined discrete time-space-charge transformation. Although our construction has been specific and opportunistic, it serves to establish the existence of a universality class that, since it is characterized by symmetry, should be robust. It is noteworthy that cyclic motion of \( \phi \) in internal space has given rise to linear motion in physical space.

Relativistic Lagrangians.—All of our constructions above have been nonrelativistic. In a relativistic theory there are relations among the coefficients of time and space gradient terms. The relativistic quartic term \( L \approx ((\partial_0 \phi)^2 - (\nabla \phi)^2)^2 \) leads to an energy that is unbounded below, for large gradients of one kind or another. But use of a sextic enables positive energy. Indeed, the energy function for \( ((\partial_0 \phi)^2 - (\nabla \phi)^2)^n \) is

\[
((2n-1)(\partial_0 \phi)^2 + (\nabla \phi)^2)((\partial_0 \phi)^2 - (\nabla \phi)^2)^n-1.
\]

For \( n \) odd this is semipositive definite, with a zero at \( (\partial_0 \phi)^2 = (\nabla \phi)^2 \) unless \( n = 1 \). For \( n \) even it has no definite sign. Bounded energy requires only that the leading term have odd \( n \) and a positive coefficient and that the coefficient of the \( n = 1 \) term be non-negative. This consideration seems to have been overlooked and might help to constrain the models of [2,3].

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