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<td>As Published</td>
<td><a href="http://dx.doi.org/10.1073/pnas.1202087109">http://dx.doi.org/10.1073/pnas.1202087109</a></td>
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<tr>
<td>Publisher</td>
<td>National Academy of Sciences (U.S.)</td>
</tr>
<tr>
<td>Version</td>
<td>Final published version</td>
</tr>
<tr>
<td>Accessed</td>
<td>Thu Dec 27 22:09:11 EST 2018</td>
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Functional anatomy of neural circuits regulating fear and extinction

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Edited by Richard F. Thompson, University of Southern California, Los Angeles, CA, and approved September 5, 2012 (received for review February 4, 2012)

The memory of fear extinction is context dependent: fear that is suppressed in one context readily renews in another. Understanding of the underlying neuronal circuits is, therefore, of considerable clinical relevance for anxiety disorders. Prefrontal cortical and hippocampal inputs to the amygdala have recently been shown to regulate the retrieval of fear memories, but the cellular organization of these projections remains unclear. By using anterograde tracing in a transgenic rat in which neurons express a dendritically-targeted PS-D-95:Venus fusion protein under the control of a c-fos promoter, we found that, during the retrieval of extinction memory, the dominant input to active neurons in the lateral amygdala was from the infralimbic cortex, whereas the retrieval of fear memory was associated with greater hippocampal and prefrontal inputs. This pattern of retrieval-related afferent input was absent in the central nucleus of the amygdala. Our data show functional anatomy of neural circuits regulating fear and extinction, providing a framework for therapeutic manipulations of these circuits.

T

here is an increasing interest in the neural mechanisms underlying extinction of learned fear, in part because fear extinction is a useful model for exposure-based therapies for the treatment of human anxiety disorders, such as phobias and posttraumatic stress disorder (1). During fear extinction, a previously conditioned stimulus (CS) is repeatedly presented in the absence of the unconditioned stimulus (US), a procedure that induces a progressive decrease in the magnitude and probability of learned fear responses, including freezing behavior. However, extinction does not erase the original fear memory; rather, it promotes the formation of a new inhibitory memory that reduces fear to the CS (2). Extinguished fear is highly context dependent, insofar as CS presentation outside the extinction context results in the recovery of the previously conditioned fear response, a phenomenon known as fear renewal (3). The return of fear after extinction is a considerable challenge for the efficacy of exposure-based therapies (4). Therefore, identification of brain structures and neuronal circuits selectively implicated in extinction vs. renewal of fear is of great importance.

Owing to substantial progress toward understanding the neural mechanisms underlying the context specificity of fear extinction, there is now a general consensus that, for auditory fear conditioning, extinction involves three main structures: the amygdala, hippocampus (HIIPP), and prefrontal cortex (PFC) (2, 5–8). However, the neuronal interactions between these structures that underlie contextual retrieval of fear memory after extinction remain to be elucidated. This problem is further complicated by the fact that neither the amygdala nor the PFC is a homogeneous structure. Among the substructures of the amygdala, the central, basal, and lateral nuclei (Ce, Ba, and La, respectively) have been implicated in the contextual regulation of extinction memories (2). There is also growing evidence for subregional differences within the PFC: the infralimbic (IL) and prelimbic (PL) cortices have opposite influences on fear expression, inhibiting and exciting amygdala output, respectively (9–11). Moreover, convergent inputs from both the PL and ventral HIIPP (vHIIPP) in the Ba mediate fear renewal (12). Recently, Herr et al. (13) have shown that rapid transitions between behavioral states of low and high fear, evoked by fear extinction and its context-dependent renewal, respectively, can be triggered by a switch in the balance of activity between two distinct populations of Ba neurons, which appear to be integrated into discrete neuronal circuits differentially connected with the HIIPP and PFC. It remains unknown whether similarly functional neurons exist also in Ce and La amygdala subdivisions. Furthermore, the synaptic organization of HIIPP and PFC inputs to the amygdala that might underlie functional switches in fear output is not known, especially as far as differential function of IL vs. PL is concerned.

To address the aforementioned questions, we used newly generated transgenic rats expressing a PS-D-95:Venus fusion protein under the control of a c-fos promoter and targeted to dendrites using the PS-D-95 and 3'-UTR of Arc mRNA. Before behavioral testing, these rats were injected with anterograde tracers into the vHIIPP as well as PL and IL subdivisions of the medial prefrontal cortex. This functional tract tracing procedure allowed us to examine the pattern of hippocampal and prefrontal cortical input onto the cell bodies and dendrites of behaviorally active neurons in the amygdala.

Results

We first generated a tool (“Venus rat”) to visualize synapses of activated neurons. Because PS-D-95 is a major component of postsynaptic densities, Arc UTR contains dendrite localizing sequences, and c-fos promoter is induced by neuronal activity, Venus rats allow the dendrites and synapses of activated neurons to be visualized with fluorescent tags (Fig. 1). In our Venus rat, we have placed reporter protein under the control of a shortened c-fos sequence that encodes only the first four amino acids of c-Fos and therefore lacks the nuclear localization signal. Such an approach preserves promoter inducibility, allowing at the same time visualization of neuronal morphology (14).

As a proof of concept for our strategy, we cultured neurons from transgenic rats and analyzed the expression, inducibility, and cellular distribution of PS-D-95:Venus. As shown in Fig. 1 B and C, PS-D-95:Venus could not be detected in cortical or hippocampal neurons cultured under basal conditions. However, application of 50 μM bicuculline, which increases neuronal activity by suppressing gene expression | hippocampus | prefrontal cortex | learning and memory


The authors declare no conflict of interest.

This article is a PNAS Direct Submission.

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This article contains supporting information online at www.pnas.org/lookup/suppl/doi:10.1073/pnas.1202087109/-/DCSupplemental.
**Fig. 1.** c-Fos-PSD95:Venus-Arc transgene is induced by neuronal activity and expresses a marker of the synaptodendritic compartment in cultured neurons. (A) Schematic representation of a c-Fos-PSD95:Venus-Arc transgenic neuron. (B) Immunofluorescence analysis of PSD-95:Venus expression in transgenic hippocampal neurons cultured in vitro under basal conditions and after increased neuronal network activity (50 μM bicuculline treatment). (C) Immunofluorescence labeling of PSD-95:Venus expression in transgenic hippocampal neurons cultured in vitro under basal conditions and after increased neuronal network activity (50 μM bicuculline treatment). (D) Representative image of double-immunofluorescent labeling of transgenic neuron (6 h post bicuculline) for Venus (with anti-GFP antibody), Bassoon (presynaptic marker; Fig. 1D), and drebrin (postsynaptic marker; Fig. 1E). Three-dimensional reconstruction of confocal images of individual spine confirmed presence of PSD-95:Venus at the conjunction of presynaptic and postsynaptic sites. Similar results have been obtained when the plasmid used for generation of transgenic animals was transfected into amygdalar neurons of wild-type rats cultured in vitro (Fig. 1F and G), suggesting that the construct we designed behaves as predicted also in the amygdala neurons.

Once we confirmed our transgenic model in cultured cells, we examined whether fear conditioning induces transgene expression and drives transgenic protein into synaptodendritic compartment in the behaving animals. Venus rats were subjected to fear conditioning and killed 2, 6, 24, or 72 h after training. As shown in Fig. 2A, in the lateral amygdala we observed expression of PSD95:Venus as soon as 2 h after fear conditioning. In the control conditions (exposure to the experimental cage), the transgene expression was much lower. Importantly, strong expression of the transgene was observed in cells stained for endogenous c-Fos, further validating our experimental animals (Fig. 2B). On the other hand, expression of PSD-95:Venus persisted up to 24 h after training, which is much longer than expression of endogenous c-Fos; this allowed us to track the history of individual neurons’ activation. To trace convergent input at the dendrites and synapses of such neurons, we performed double-IF staining for Venus/MAP2 and Venus/synaptophysin 24 h after fear conditioning. As shown in Fig. 2C, PSD-95:Venus was localized to the dendrites and its punctuate staining coincided with IF of presynaptic synaptophysin. Thus, we conclude that the Venus rat is an appropriate animal model for reporting dendritic loci of neuronal activity.

We next explored the pattern of hippocampal (HIPP) and prefrontal cortical (IL and PL) convergence in the amygdala (La and Ce) after the retrieval of fear and extinction memories. Rats were injected with anterograde axonal transport tracers [tetramethylrhodamine (FluoroRuby; FR) and Phaeodurus vulgaris-leucoagglutinin (PHA-L)] in the IL, PL, or vHIPP. Only rats with FR or PHA-L labeling confined to the IL, PL, or vHIPP were included in the analyses (Fig. S1). The infusions into the vHIPP covered a relatively large part of the structure; however, it has been shown that direct projections to the La and Ce originate primarily in the most ventral part of the CA1 and subiculum (15).

After recovery, the Venus rats were subjected to fear conditioning, extinction, and retrieval testing; the behavioral performance of the rats was typical and rats exhibited robust context-dependent retrieval of fear memory (Fig. S2). Rats tested outside the extinction context (HIGH FEAR) exhibited renewal of fear response to the extinguished CS, whereas the rats tested within the extinction context (LOW FEAR) displayed low levels of fear (Fig. 3A). Activated neurons, as visualized by Venus protein expression, were located throughout the amygdala, in all of its major subdivisions, including the lateral and central nuclei. To quantify the activity of the synaptodendritic compartmen of neurons and drive transgenic protein into the target neurons, we computed ratios of the number of fibers for each anterograde tracer impinging onto individual neurons. The ratios of vHIPP/PFC and IL/PL projections were calculated for activated (Venus-positive) neurons within the La and Ce (Fig. 3B and C, Table S1). In the La, there was a significant difference between the HIGH FEAR and LOW FEAR groups for the ratio of both vHIPP/PFC projections and IL/PL projections. Specifically, the ratio of vHIPP/PFC projections was greater in rats renewing their fear outside the extinction context relative to rats tested in the extinction context. Within the PFC, the ratio of IL/PL projections was greatest in rats expressing extinction. These results reveal that neurons in the La that are active during the renewal of fear receive proportionately...
greater input from the vHIPP and PRL, whereas La neurons that are active during the suppression of fear during extinction receive proportionately greater input from the IL. In a striking contrast, such differences were not observed in the Ce.

Retrieval testing in our behavioral paradigm was performed 5 d after the extinction session to allow for the decay of PSD95:Venus transgene expression after fear conditioning (the transgene decays to the basal level after 72 h). To exclude the possibility that the extinction session that followed fear conditioning also elevated PSD95:Venus expression (and summed with retrieval-induced transgene expression), we examined the level of transgene expression in rats 5 d after extinction without retrieval testing (HC group). We found that the level of PSD95:Venus expression was very low and apparently significantly lower than both fear-conditioned rats (FC group) as well as the LOW FEAR and HIGH FEAR groups (Table S2). Moreover, we quantified colocalization of PSD-95:Venus construct and endogenous c-Fos in the amygdala following fear conditioning and extinction memory retrieval in the LOW FEAR and HIGH FEAR groups. We found that most of the PSD-95:Venus-positive neurons were also stained for endogenous c-Fos (Table S3).

To further characterize the pattern of hippocampal and prefrontal cortical innervation of La neurons in the two retrieval conditions, we performed a more detailed analysis that focused on the proportion of La neurons in individual rats that showed differential innervation (Fig. 3D). For this analysis, the percentage of neurons in each rat with different ratios of vHIPP/PFC and IL/PL projections was counted. Most of the active cells in rats from the HIGH FEAR group (71%) were more densely innervated by the vHIPP than by the PFC. This ratio was opposite for rats in the LOW FEAR group, in which 66% of cells received more inputs from the PFC than from the vHIPP. Moreover, the majority of active La neurons in the LOW FEAR group received greater inputs from the IL (85%), whereas 66% of La neurons in the HIGH FEAR group received projections primarily from the PL (Fig. 4).

The group specificity of the observed differences is further supported by the ratio of overall projections from the vHIPP/PFC and IL/PL to the La, which was very similar for both the LOW FEAR and HIGH FEAR groups (vHIPP/PFC: LOW FEAR, 2.36 ± 0.79; HIGH FEAR, 2.39 ± 0.87; IL/PL: LOW FEAR, 1.84 ± 0.07; HIGH FEAR, 1.90 ± 0.24). The overall projections ratios were calculated for the whole images, including both active and inactive neurons.

Hence, our data reveal two subpopulations of neurons within the La that have preferential connections either to the IL or PL and vHIPP; the former are more active during retrieval of fear extinction memory, whereas the latter are more active during retrieval of the fear memory. This suggests that neuronal populations within the La that are activated by fear extinction and renewal are, at least partially, different. To examine this idea further, we analyzed the number of Venus-positive cells observed in the La in rats given a single retention test (either inside or outside the extinction context) and in rats given retention tests in both contexts (a within-subject test of context-dependent memory retrieval). Indeed, we observed a greater number of activated neurons within the La in rats tested in both contexts in comparison with rats tested in a single context (single test: 75 ± 13, n = 4; double test: 136 ± 17, n = 8; P < 0.05).

**Discussion**

In aggregate, the present data reveal two distinct subpopulations of neurons within the La that are activated by the retrieval of extinction memory and the context-dependent renewal of conditioned fear. They can be distinguished by their connections to the vHIPP and the IL and PL divisions of the PFC. The neuronal circuit in the La whose activity is correlated with elevated freezing during fear renewal is preferentially innervated by the vHIPP and PL, whereas the neurons whose activity is correlated with low freezing during the suppression of fear in the extinction context receive input mainly from the IL. In contrast, no such differences were observed in the Ce.

These results were obtained with an experimental model that we have developed, namely the c-Fos-PSD95-Venus-Arc transgenic rat, in which expression of a transgene was narrowed to a population of active cells and PSD-95:Venus localized to synaptodendritic compartment (Figs. 1 and 2). mRNA and proteins encoded by immediate early genes such as c-Fos, Arc, or Homer are widely used as markers of neuronal activation in behavioral studies including studies on fear (16). However, they only allow one to study a cohort of active cells for a few hours after neuronal activation. Thus, several groups have developed reporter mice based on c-fos promoter sequences driving expression of enzymes (β-gal) (17) or fluorescent proteins (GFP) (18) that can be easily detected and are more stable, but in most cases do not specifically highlight synapses. Recently, another model for visualizing synapses has been developed. GFP-GluR1c-fos Tg mice have been generated and used to study learning-associated recruitment of newly synthesized GFP-tagged GluA subunit of AMPA-type glutamate receptors to spines (19). In this case, the GluA coding sequence was placed under control of tetracycline responsive element and the c-fos promoter was used to control expression of the tetracycline transactivator. The type of system, although it tightening control of transgene expression, requires, however, additional drug treatments. Because leakiness was not an issue in our Venom rat model (Fig. 2), setup simplicity is an advantage of our experimental model. Finally, in contrast to all of the above models, we generated a transgenic rat instead of the more typical mouse models. This is advantageous in several ways,
Fig. 3. The proportion of afferent projections from vHIPP and PFC, as well as the IL and PL cortices on active neurons (Venus-positive) in the ventral part of La and in the lateral part of Ce. (A) Two groups of rats were compared: rats tested within the extinction context (LOW FEAR), which showed low level of freezing, and rats tested outside the extinction context (HIGH FEAR), which exhibited renewal of fear to the extinguished CS. (B) An example of an active neuron (GFP, green) with afferent anterograde axonal transport tracers labeling the cell (FR, red; PHA-L, magenta). (C) Proportion of projections from the vHIPP and PFC or the IL and PL in the La and Ce for the LOW FEAR and HIGH FEAR groups. Most of the cells activated in the La by the renewal of fear received projections from the vHIPP and PL (HIGH FEAR group), whereas neurons activated by the retrieval of extinction memory (LOW FEAR group) received inputs from the PFC, especially from the IL. Such differences were absent in the Ce. The number of animals used in the study was as follows: for vHIPP/PFC projections, LOW FEAR group, n = 5; HIGH FEAR GROUP, n = 6; for IL/PL projections, LOW FEAR group, n = 5; HIGH FEAR GROUP, n = 5. (D) Percentage of neurons with different ratios of vHIPP/PFC and IL/PL projections plotted for each individual rat (the animals numbers correspond with the injection sites numbers showed in Fig. 52). Kolmogorov-Smirnov two-sample test, LOW FEAR vs. HIGH FEAR groups in the cumulative distributions of both vHIPP/PFC and IL/PL projections ratios; **P < 0.01. Error bars indicate mean ± SEM.

Fig. 4. Percentage of neurons activated by retrieval of the extinction memory (LOW FEAR group) or by renewal of fear (HIGH FEAR group) that received their dominant input from either the vHIPP, PL cortex, and IL cortex. The results suggest that renewal of extinction memory and renewal of fear activate different subpopulations of neurons within the La, which can be distinguished by their connections to the IL, PL, and vHIPP.

particularly because the rat has been more extensively characterized behaviorally.

The present results elucidate the synaptic organization of HIPP and PFC inputs to the amygdala that might underlie functional switches in fear output. The data support the view that the IL and PL have opposite roles in fear expression (9, 11, 20, 21), as well as an important role for the HIPP in the renewal of extinguished fear (22–27). Furthermore, we show that vHIPP and PL inputs to the La selectively target neurons activated by renewal of fear over neurons activated by retrieval of extinction memory. Thus, both vHIPP and PL inputs to the La neurons may promote fear expression over retrieval of extinction memory. Because the vHIPP is the primary source of contextual information to the amygdala (15) and can influence La activity indirectly via its projections to the PL (28), it is conceivable that the vHIPP contributes to the context dependence of extinction through both direct and indirect projections to the La. Indeed, it has recently been shown that BA-projecting neurons in both the PL and HIPP are preferentially active during the renewal of fear to an extinguished CS and that disconnection of either the direct or indirect routes by which the HIPP projects to the BA impaired the renewal of fear memories after extinction (12).

We have previously shown that both retrieval of extinction memory as well as context-driven renewal of fear result in an increased c-Fos expression in the lateral part of Ce (Cel), whereas the medial part (Cem) is specifically activated by fear renewal (21). Because the Cel receives inputs from the vHIPP, PL, and IL, it is conceivable that context-dependent expression of fear is mediated by the Cel. However, we failed to find specific neuronal circuits differentially connected to the vHIPP, PL, and IL in the Cel. The lack of such circuits is consistent with the view that the Cem inhibition/disinhibition, which plays a role in conditioned fear expression, is mediated by indirect projections from the La to the Cem through the basal amygdala and/or intercalated cells.

Because context-dependent relapse of extinguished fear behavior in humans poses a considerable challenge for the efficacy of exposure-based therapies, identifying the neural networks involved in regulating of fear memory after extinction is essential for the development of more effective therapeutic interventions. Our data suggest an appealing possibility of increasing fear extinction and preventing fear renewal by very specific manipulations of the neurons in the La. In addition, our animal experimental model allows for fluorescence-based identification of individual neurons belonging to specific high-fear vs. low-fear neuronal circuits. This property may be used in further studies for search of specific markers of those cells and their differential identification and thus molecular understanding of their functional specificity. Such an analysis has not been possible until now for the rat, which is a very important experimental model in neurobiology. More generally, the Venus rats may serve as a very useful tool in similar analyses of active circuits engaged in a variety of brain neuronal responses.

Methods

Subjects. Subjects were male PSD-95/Venus transgenic rats (300–400 g at the beginning of the experiment) bred in the Nencki Institute Animal House.
Rats were individually housed in clear plastic cages hanging from a standard stainless-steel rack. All animals were kept under a 12:12 h light-dark cycle, with food and water provided ad libitum. Rats were handled 60 s/d for 4 d before the start of the experiment to habituate them to the experimenter. All experimental procedures were performed in accordance with the Polish Act on Animal Welfare, after obtaining specific permission from the first Warsaw Ethical Committee on Animal Research.

Generation of c-Fos-PSD95:Venus-Arc Rat. Genotyping. To generate c-Fos-PSD95:Venus-Arc rats, we first cloned the PSD95 coding sequence from PSD95/GFP plasmid (29) into pEGFP-N1 (CMV-PSD95/GFP-SV40). The c-fos promoter fragment (−602 to +1064 with respect to start of transcription) was amplified by PCR from a previously described plasmid used to generate fos-LacZ transgenic mice (a kind gift from T. Curran University of Pennsylvania, Philadelphia) (17) and used to replace the CMV promoter sequence with CMV-PSD95/GFP-SV40 (c-Fos-PSD95/GFP-SV40). Next, EGFP was exchanged into Venus coding sequence (c-Fos-PSD95/Venus-SV40). Arc 3′-UTR was PCR-amplified from a plasmid used previously for generation of Arc-GFP knock-in mice (a kind gift from K. H. Wang and S. Tonegawa, Massachusetts Institute of Technology, Cambridge, MA) (30) and used to replace SV40 3′-UTR with c-Fos-PSD95/Venus-SV40 (c-Fos-PSD95/Venus-Arc). Finally, we used the QuikChange Site-Directed Mutagenesis kit (Stratagene) to introduce Pacl restriction sites in front of and behind the c-fos-PSD95/Venus-Arc transgene. A PacI-c-Fos-PSD95:Venus-Arc-PacI fragment was used to prepare transgenic rats as described previously (31). Genomic DNA was extracted from the offspring by tail biopsy and founders were identified by PCR with two independent pairs of primers. The primer sequences for the PCR were as follows: 5′-AGCTAAGGCGCACTAGTTGC-3′ and 5′-AAGCTGTCGTCGGTCTATGGT-3′ (pair 1); 5′-CGGCCACAGTTCACGAGTCGGTG-3′ and 5′-GGGCGGCGGTCCGAAAAGTCCAG-3′ (pair 2).

Surgical Procedures. Six or seven days before behavioral training, rats received intracranial injections of anterograde axonal transport tracers tetramethylrhodamine (FR) and PHA-L Alexa Fluor 647 conjugate (Invitrogen; Molecular Probes) into the PFC and vHIPP. The PL and IL divisions of the PFC were targeted. One group of rats received unilateral injections into the PFC and vHIPP of the same hemisphere; another group was injected into the PL in one hemisphere and into the IL in another hemisphere. The sides of the injection and/or the type of tracer were counterbalanced between the brain structures.

All surgical instruments were sterilized before surgery. Rats were anesthetized with ketamine (100 mg/kg, i.p.) and xylazine (10 mg/kg, i.m.). Ocular lubricant was used to moisten the eyes and the scalp was shaved. After being placed into the stereotaxic apparatus (David Kopf Instruments), the scalp was disinfected with 70% (vol/vol) alcohol, incised, and retracted. Two small bur holes were made to allow for a glass capillary (1.0 mm o.d., 0.5 mm i.d., 50–60 µm tip diameter with a silver wire inside; Stoelting) or Hamilton syringe needle (1 µL) to be lowered into the desired part of the brain. The coordinates used are as follows: PFC [anteroposterior (AP), +3.2; mediolateral (ML), ±0.6; dorsoventral (DV), −5.4 and −4.0], vHIPP (AP, −5.3; ML, ±5.3; DV, −7.0), PL (AP, +3.2; ML, ±0.6; DV, −4.0) and IL (AP, +3.7; ML, ±5.1; DV, −4.0) (11). FR (100-µL solution in distilled water) and PHA-L (2.5% wt/vol solution in 0.1 M sodium PBS, pH 7.4) were delivered into the PFC, PL, and IL iontophoretically (Midgard Precision Current Source; Stoelting). Cathodal current (5 µA) was delivered (7 s pulses every 7 s) over a 20-min period and the glass capillary remained in place for another 5 min to allow for the diffusion of the tracer. Injections into the hippocampus were made by pressure injection with a Hamilton syringe (Microsyringe Pump; World Precision Instruments; 0.5 µL total volume; 25 nL/min for 20 min; the needle remained in place for another 10 min to allow for the diffusion of the tracer). After the injection, the incision was sutured and treated with antibiotic ointment, and the animals were administered an analgesic (Tolfedine; 4 mg/kg, s.c.). To avoid dehydration the animals were given 1 mL of warm 0.95% NaCl/100 g of body weight by s.c. injection. The rats were kept on a heating pad until they recovered from anesthesia before returning to their home cages. The animals were allowed 6–7 d for postoperative recovery.

Behavioral Apparatus. Four identical observation chambers (30.0 × 24.0 × 21.0 cm; Near Infrared Video Fear Conditioning System; Med Associates) were used for all phases of the experiment. The chambers were constructed from aluminum (two side walls) and Plexiglas (rear wall, ceiling, and hinged front door) and were situated in a sound-attenuating cabinet located in an isolated room. The floor of the chamber consisted of stainless-steel rods wired to a shock source and solid-state grid scrambler (Med Associates) for delivery of footshock (US). Stainless-steel pans were placed underneath the grid floor before the animals were placed inside the box. House lights within the chambers and lights within the room provided illumination. A speaker inside the wall outside of a grate allowed for the delivery of the acoustic CS. Sensory stimuli were adjusted within these chambers to generate two distinct contexts (A and B). For context A, a house light mounted in the ceiling of the cage was illuminated, and the room lights remained on. The chambers were cleaned with a 1% ammonium hydroxide solution, and stainless-steel pans containing a thin film of the same solution were placed underneath the grids floors before the rats were placed inside to provide a distinct odor. Ventilation fans in each chest supplied background noise (65 dB). Rats were transported to this context in transparent plastic cages. For context B, all room and chamber house lights were turned off, a 60 W red light provided illumination, and the ventilation fans were turned off. White Plexiglas floors were placed on the grid of each chamber, and chambers were cleaned with a 1% acetic acid solution. Additionally, stainless-steel pans containing a thin film of this solution were placed underneath the floors before the rats were placed inside. Rats were transported to this context in black plastic boxes with bedding. Freezing behavior was recorded by a camera above each chamber and video was digitized by a computer system located in an adjoining room.

Behavioral Training. Rats were submitted to three phases of training: fear conditioning, extinction, and retrieval testing. For fear conditioning, rats were exposed to the conditioning apparatus. In context A, rats were injected iontophoretically into the PFC, PL, and IL, with ice-cold 0.1 M PBS (pH 7.4) and 4% (vol/vol) paraformaldehyde in PBS (pH 7.4). The brains were removed and stored in the same fixative for 24 h at 4 °C, and subsequently immersed in 30% (vol/vol) sucrose at 4 °C. The brains were then slowly frozen and sectioned at 40 µm on a cryostat. Coronal brain sections containing the prefrontal cortex, amygdala, and hippocampus were collected (32).

If staining was performed on free-floating sections. The sections were washed with PBS with 0.2% Triton X-100 (PBST), blocked with 5% (vol/vol) normal donkey serum (NDS) in PBST. The next day, sections were rinsed with PBST, before 1-h incubation at room temperature with a secondary antibody conjugated to Alexa Fluor 488 (1:500; Invitrogen). After several washes, the sections were mounted onto glass slides, air-dried, overlaid with the Vectashield Mounting Medium and covered with a glass coverslip. Alternatively, sections were washed three times in PBST. Endogenous peroxidases were quenched using a 0.3% solution of hydrogen peroxide in PBS (10 min). Following two more washes in PBST, sections were incubated overnight at 4 °C with an anti-GFP rabbit antibody (Invitrogen), diluted with 1% normal donkey serum (NDS) in PBST. The next day, sections were rinsed with PBST, before 1-h incubation with a biotinylated goat anti-rabbit antibody (Vector Labs; 1:500). Following three washes, they were incubated with Vectastain ELITE ABC kit (1:500) in PBS for 1 h. After several rinses, staining was visualized using SigmaFast DAB kit. Sections were then washed, transferred to microscope slides, and dried.
overnight. After brief washes in xylene (2 × 30 s), sections were mounted using Entellan mounting medium (Merck). For double IF, sections were washed with PBST, incubated (15 min) with antigen retrieval buffer (10 mM sodium citrate, 0.05% Tween 20, pH 6.0) in 90 °C, and then blocked with 5% (vol/vol) NDS in PBST. Then sections were incubated (4 °C overnight) with anti-GFP rabbit antibody combined with either anti-synaptophysin mouse antibody (Millipore) or c-Fos (Santa Cruz Biotechnology), diluted in 1% donkey normal serum in PBST. The sections were then rinsed in PBST and incubated at room temperature with the respective secondary antibodies conjugated to Alexa Fluor 488 (for anti-GFP labeling; 1:500) or Alexa Fluor 405 (1:500; Invitrogen). Alternatively, for double c-Fos/GFP immunolabeling sections were washed three times in PBS and incubated for 48 h at 4 °C with a rabbit anti-c-Fos antibody (Santa Cruz; sc-52; 1:500) diluted in PBS containing 4% (vol/vol) NDS. The next day, sections were washed in PBST before an incubation with a secondary donkey anti-rabbit antibody conjugated to Alexa Fluor 488 (1:250; Life Technologies). Following three washes in PBS, sections were transferred to glass slides and mounted using Vectashield.

Image Capture and Analysis. The triple-labeling results were analyzed with the aid of confocal laser-scanning microscopy. The confocal system consisted of a Zeiss LSM5 Exciter microscope equipped with an Ar laser producing light at 488 nm. Images were taken unilaterally for the vHIPP/PFC-injected rats and bilaterally for the IL/PL-injected rats under 20× objective within the ventral part of the La (−3.0 to −3.6 mm from bregma) and the lateral and capsular part of the Ce (−2.6 to −2.04 mm from bregma) (32). The potential contacts between PHA-L- and FR-labeled fibers and the Venus-positive neurons were estimated as numbers of voxels for axonal varicosities located in the close proximity to Venus-positive neurons. Then, the ratios of vHIPPPFC and ILPL projections (measured in voxels) were calculated for all Venus-positive neurons in a single scan image for the La and Ce and averaged between two images for each rat. In another analysis, the ratios of vHIPPPFC and ILPL projections were calculated for single Venus-positive neurons within the La. Moreover, the overall projections from the vHIPPPFC, as well as IL and PL to the La were analyzed for the same images as projections to the activated neurons. The ratio of vHIPPPFC and ILPL projections (measured in voxels) was then calculated.

Statistical Analyses. For each conditioning session, the freezing data were transformed to a percentage of observations and analyzed with a repeated-measures analysis of variance (ANOVA). The group differences for the vHIPPPFC and ILPL projections ratios were analyzed using independent one-way ANOVAs for each brain structure. The Kolmogorov–Smirnov two-sample test was performed to compare differences between the rate of different projections from the vHIPPPFC and PFC, as well as IL and PL to the activated neurons in the LOW FEAR and HIGH FEAR groups. For each group, the cumulative frequency distributions of vHIPPPFC and ILPL projection ratios were made, and for each distribution the same eight intervals (0.0–0.5, 0.5–1.0, 1.0–1.5, 1.5–2.0, 2.0–2.5, 2.5–3.0, 3.0–3.5, and >3.5) were used. Sample sizes for the vHIPPPFC projection ratios were 160 active neurons in the LOW FEAR and 195 neurons in the HIGH FEAR groups. The respective sample sizes for the ILPL projection ratios were 140 and 175 neurons. The test focused on the largest of the observed deviations. The data are represented as mean ± SEM unless it is marked otherwise.

ACKNOWLEDGMENTS. This work was supported by the Foundation for Polish Science Programmes Homing (E.K.) and TEAM (L.K.), National Science Centre Grant DEC-2011/01/E/PS6/049 (E.K.), Seventh Framework Programme of the European Union Grant “Plasticize” (to L.K.), and National Institutes of Health Grant R01MH056951 (to S.M.). The work of M. Macias and M.P. was financed by Seventh Framework Programme of the European Union “Health-Prot” and Network of European Funding for Neuroscience Research (ERANET-Neuron)/National Centre for Research and Development (NCBiR) Grant “ImageNInND” (to J.J.), respectively.