Depth-profiling X-ray photoelectron spectroscopy (XPS) analysis of interlayer diffusion in polyelectrolyte multilayers

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Depth-profiling X-ray photoelectron spectroscopy (XPS) analysis of interlayer diffusion in polyelectrolyte multilayers

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Functional organic thin films often demand precise control over the nanometer-level structure. Interlayer diffusion of materials may destroy this precise structure; therefore, a better understanding of when interlayer diffusion occurs and how to control it is needed. X-ray photoelectron spectroscopy paired with C$_{60}^+$ cluster ion sputtering enables high-resolution analysis of the atomic composition and chemical state of organic thin films with depth. Using this technique, we explore issues common to the polyelectrolyte multilayer field, such as the competition between hydrogen bonding and electrostatic interactions in multilayers, blocking interlayer diffusion of polymers, the exchange of film components with a surrounding solution, and the extent and kinetics of interlayer diffusion. The diffusion coefficient of chitosan (M = ~100 kDa) in swollen hydrogen-bonded poly(ethylene oxide)/poly(acrylic acid) multilayer films was examined and determined to be 1.4*10^-12 cm$^2$/s. Using the high-resolution data, we show that upon chitosan diffusion into the hydrogen-bonded region, poly(ethylene oxide) is displaced from the film. Under the conditions tested, a single layer of poly(l-allylamine hydrochloride) completely stops chitosan diffusion. We expect our results to enhance the understanding of how to control polyelectrolyte multilayer structure, what chemical compositional changes occur with diffusion, and under what conditions polymers in the film exchange with the solution.

XPS depth profiling | layer-by-layer films | interdiffusion

Layer-by-layer assembly of polyelectrolyte multilayers (PEMs) allows for the precise deposition of ultrathin organic films that can conformally coat features of any shape and size. These films can incorporate a variety of species, leading to a wide range of applications, including antifogging (1), antireflection (2), drug delivery (3–7), fuel cells (8), and responsive materials (9). Because the multilayer films are assembled through a sequential self-limiting adsorption process onto a substrate (10), a major advantage of the technique is the ability to constrain the location of certain materials within the film at the nanoscale simply by controlling the order of material deposition. Such nanoscale spatial control has allowed the creation of complex periodic heterostructures not easily realized by other deposition techniques (11). In some cases, however, diffusion of the constituent macromolecular species in and out of the film may occur, changing the desired film stratification, composition, growth profile, and properties (12). This type of diffusion, known as interlayer diffusion, often is detrimental to the desired properties but also might be an opportunity to impart new functions. However, interlayer diffusion has proven difficult to fully characterize and control and a more thorough understanding is needed.

Interlayer diffusion in PEM films may be detrimental if the desired stratified heterostructure is lost during the assembly process, during a postassembly treatment, or in use. For example, in the cases of the sequential release of therapeutics (7), structural color (13), organic light-emitting diode devices (14), solar cells (15), and on-demand release of PEM films (5, 16), the loss of stratification due to interlayer diffusion results in loss of the desired function. However, in other cases, such as surface planarization for the creation of higher-efficiency dye-sensitized solar cells (15) or ordering of the internal or surface arrangement of PEM films (17, 18), interlayer diffusion may be harnessed to provide functional benefits. Interlayer diffusion also may be used to tune material properties such as the critical dissolution pH in hydrogen-bonding systems through the addition of small amounts of electrostatic cross-links (16) or viscoelasticity through diffusion of stiffer polymer components (19). In all these cases, interlayer diffusion must be understood and controlled.

Interlayer diffusion also affects the mechanism of PEM film growth. Some polymer systems show linear growth where the bilayer thickness is invariant with deposition cycles, whereas other systems show exponential growth with progressively increasing bilayer thicknesses (20). It is widely believed that exponential growth arises from rapid interlayer diffusion of polymers throughout the film during the fabrication steps (20, 21); however, some disagree with this conclusion (22). Improved analytic techniques that provide spatial information about the location of specific molecules within a multilayer thin film therefore clearly are needed.

Because of the importance of understanding interlayer diffusion, a variety of techniques have been used to analyze it, with varying degrees of success. These techniques include confocal microscopy (23–25), FRET (26, 27), FTIR (28), neutron reflectivity (29–31), and X-ray reflectometry (32). Confocal microscopy is limited in spatial sensitivity, as films much thicker than the typical PEM thickness (<500 nm) are required because of a relatively low z-resolution (23–25). FRET is more sensitive but relies on fluorescent modification of polymers for indirect measurements of diffusion (26, 27). FTIR may provide valuable information on the exchange of polymers in solution with PEM film components but commonly probes the full thickness of the film, limiting the ability to spatially resolve the effects of diffusion (28). Neutron reflectivity and X-ray reflectometry (29–32) require nuclear contrast and electron density contrast, respectively, in the film and commonly require the use of special deuterated polymers. In comparison, X-ray photoelectron spectroscopy (XPS) is a highly sensitive surface analysis method that probes the top 10 nm of a film. When combined with sputtering or etching sources to remove material slowly between analysis cycles without damaging underlying material, depth-profiling XPS enables high-resolution chemical analysis of polymer films. The information provided by this technique might expand the understanding of how to control PEM structure, what compositional/structural changes occur with interlayer diffusion, and when polymers in the film exchange with deposition/postassembly solutions.

Development of less destructive sputtering or etching sources has been the enabling step in advancing polymer depth-profiling capabilities. Many depth-profiling techniques use single-atom sputtering sources such as argon, applicable to inorganic materials but severely damaging to polymers (33–35). Only recently have cluster ion sources such as C$_{60}^+$ been used in conjunction with XPS for analysis of polymer films with depth (33, 36, 37). Cluster ion C$_{60}^+$ sputtering...
is much less damaging because the energy transfer from the ion to the material occurs primarily at the surface, minimizing the chemical damage deep into the film (38). Therefore, most of the damaged material is removed from the surface, minimizing its interference with the proper analysis of the exposed surface (39).

One strategy in the fabrication of functional PEM films is the use of blocking layers to minimize interlayer diffusion. Earlier studies (7, 24, 40–42) showed that the properties of a successful blocking layer depend on the diffusing species under consideration and the conditions of diffusion. Some have found that coherent cross-linking is the only way to stop interlayer diffusion of polymers (7, 43), whereas others have noted that electrostatic interactions may be used to stop interlayer diffusion (24, 44, 45). Of interest to this study is how blocking layers enable the controlled production of free-floating PEM films by maintaining the desired dissolution properties of a sacrificial region that anchors a pH-stable PEM film to a substrate surface. Once released, these free-floating assemblies have been used for tissue engineering (46) and drug delivery (5, 6).

In this paper, we designed a model system that enables the study of common attributes of interlayer diffusion found in many PEM systems, including blocking-layer effectiveness: The sacrificial component of this model PEM system is a hydrogen-bonded region [poly(acrylic acid)/poly(ethylene oxide)] (PAA/PEO) that is insoluble at low pH but becomes soluble at a critical higher pH. A pH-stable PEM system based on chitosan and hyaluronic acid (HA) is assembled on top of this sacrificial region with the goal of creating an on-demand pH-triggered release of the chitosan/HA multilayer films. Previously, we used a related approach to create cellular control lms by maintaining the desired dissolution properties of a sacrificial region that anchors a pH-stable PEM film to a substrate surface. Once released, these free-floating assemblies have been used for tissue engineering (46) and drug delivery (5, 6).

To estimate the diffusion coefficient of chitosan into the hydrogen-bonded region, we used the data in Table 1 and the
characteristic diffusion length, \( L = \sqrt{4Dt} \) (50). As seen in Table 1, the calculated diffusion coefficient is consistent for the three time points sampled and is \( \sim 1.4 \times 10^{-12} \text{ cm/s} \). Recent reports on interlayer diffusion coefficients in polyelectrolyte multilayers range from \( 10^{-10} \text{ to } 10^{-7} \text{ cm/s} \) for SPS in linearly growing (PAH/SPS) films (29) to \( 10^{-7} \text{ cm/s} \) for poly(t-lysine) in exponentially growing poly(t-lysine)/HA films (20). This wide range of reported interlayer diffusion coefficients is the result of a fundamental difference in the film growth mechanism between linearly and exponentially growing films. In linear growth conditions, the deposited polymers generally interact only with the top surface and thus generally have interlayer diffusion coefficients below \( 10^{-12} \text{ cm/s} \) (29–31). In comparison, exponentially growing systems require some amount of interlayer diffusion to occur during the dipping cycle (20) and, as a result, have higher reported interlayer diffusion coefficients, in the range of \( 10^{-6} \) to \( 10^{-3} \text{ cm/s} \) depending on the conditions and polyelectrolytes used (20, 26). A recent paper by Lundin et al. (26) used FRET and showed that the interlayer diffusion of chitosan in exponentially growing films made of chitosan and heparin was \( \sim 10^{-15} \text{ cm/s} \) for 150-kDa chitosan. Our reported interlayer diffusion coefficient of \( \sim 10^{-12} \text{ cm/s} \) for chitosan of roughly the same molecular weight is larger but well within the range of other exponentially growing polymer systems previously studied. In addition, the diffusion coefficient we report would be higher than the diffusion coefficient of chitosan in a pure film of chitosan/heparin, as Xu et al. (30) showed that weaker matrix interactions enable a higher diffusion coefficient. Given that in our study chitosan diffused in a hydrogen-bonded (PAA3/PEO3) matrix with a low interaction strength, as measured by dissolution pH, and did not have an internal structure, as measured by neutron reflectivity (51), it thus would allow for a diffusion coefficient higher than that of the more strongly interacting electrostatic matrix of chitosan and heparin.

### Displacement of PEO from Film by Chitosan

One possible effect of interlayer diffusion in PEMs is the displacement of materials from the film into solution (28, 40, 52). In our model system, interlayer diffusion of chitosan into the hydrogen-bonded region changes the dominant interaction from hydrogen bonding between PAA and PEO to electrostatic interactions between PAA and chitosan. FTIR confirmed these new electrostatic interactions. In films with large amounts of chitosan diffusion, the PAA ionization level increased as a result of the titration of carboxylic acid groups to carboxylate groups by cationic chitosan (Fig. S3) (53). Therefore, upon chitosan diffusion, electrostatic interactions between chitosan and PAA displace the weaker hydrogen-bonding interactions between PEO and PAA. As a result, the hydrogen-bonding acceptor PEO no longer is associated with the film and may diffuse out. Enabled by the high sensitivity of XPS, PEO displacement can be explored directly. Fig. 3 shows the high-resolution C1s data from the CHI1 and CHI3 samples using the color scheme from Fig. 1A (CHI10 and CHI60 data in Fig. S4). The red region is infiltrated with chitosan, and its location in this region was determined by analyzing the intensity of the N1s signal with depth as in Fig. 2. In the remaining depth of the film, the N1s signal is very low (<0.5% atomic conc. N), signifying that in this yellow region, the film contains little to no chitosan. To analyze the displacement of PEO from the film, the C1s spectra from the (red) chitosan-infiltrated regions were compared with the spectra in the (yellow) hydrogen-bonded regions of the film. In particular, we focused on the change in C1s signal intensity at 286.5 eV. Both PEO and chitosan have a signal at this point, but because the extent of chitosan diffusion can be determined independently by the nitrogen signal, the changes in C1s spectra may be used to analyze the displacement of PEO from the film. The C1s spectra of pure PEO, chitosan, and PAA may be seen in Fig. S5.

As shown in Fig. 3 A and B, the red regions, where chitosan has diffused into the film, have a markedly lower signal at 286.5 eV than the yellow hydrogen-bonded region. The change in signal intensity at 286.5 eV is highlighted in Fig. 3C, which compares the chitosan-infiltrated regions from Fig. 3 A and B with the (PAA3/PEO3) hydrogen-bonded region. The spectra of all chitosan-exposed samples were obtained from ~450 nm above the glass surface to minimize differences due to X-ray exposure time or \( C_\text{eo} \) sputtering time. The decrease in signal intensity at 286.5 eV is a result of chitosan diffusion displacing PEO and

### Table 1. Diffusion of chitosan in a swollen hydrogen-bonded film

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<tr>
<th>Sample</th>
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<th>Swollen film distance, nm</th>
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<td>CHI3</td>
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</tr>
<tr>
<td>CHI10</td>
<td>900</td>
<td>299</td>
<td>748</td>
<td>1.56E-12</td>
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</tbody>
</table>

Dry distance multiplied by 2.5 to account for 250% film swelling at pH 3. D, distance; t, time.

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allowing it to diffuse out of the film. Because chitosan also has a peak at 286.5 eV, if PEO was not diffusing out of the film, this signal would increase. Fig. 3C also shows that the decrease in the signal at 286.5 eV correlates with the holding time in chitosan solution, which is consistent with the diffusion of PEO out of the film.

Electrostatic Blocking Layer Stops Chitosan Diffusion. In many cases, it is desirable to stop interlayer diffusion to maintain distinct functional regions of a multilayer heterostructure. The effect of electrostatic blocking layers on the diffusion of chitosan into the hydrogen-bonded region was investigated using the film architecture shown in Fig. 1B. Unlike the previous study, above the hydrogen-bonded region there is an electrostatic blocking layer that varies from a single layer of PAH (<1 nm) to 9.5 bilayers of PAH3/SPS3 (10 nm). On top of the blocking region, the final region is a 20-nm HA3/CHI3 multilayer film. To determine the location of the distinct regions of the PEM film and apply the color scheme shown in Fig. 1B, information from the C1s and N1s spectra was combined. For example, in Fig. 4A, the transition from the red HA/CHI region at the surface to the green (PAH3/SPS3) blocking region was determined by the change in shape of the C1s spectrum. The shape change is a result of more carbon–carbon bonds at 285 eV and fewer carbon–oxygen bonds at 286.5 eV in the green region compared with the red region. Because XPS analyzes approximately the top 10 nm and the blocking layers are less than 10 nm, the green spectrum representing the blocking layers likely contains signal from an adjacent region as well. However, the C1s spectra of the blocking layers remain distinct from the red and yellow C1s spectra. The end of the green region is determined by the drop in N1s signal, and thus the yellow hydrogen-bonded region begins. Finally, the black adhesion layer starts when the N1s signal increases at the base of the film because of the presence of nitrogen-containing PDAC. These data reveal that each of the various regions of the multilayer heterostructure illustrated in Fig. 1B can be identified in XPS depth-profile spectra.

The N1s spectra from depth-profiling samples with blocking layers were analyzed to determine the atomic percentage of nitrogen with depth, as seen in Fig. 4B (N1s spectra from all samples with blocking layers are seen in Fig. S6). From Fig. 4B, it is clear that all three electrostatic blocking layers tested (PAH3/SPS3, \( z = 0.5, 3.5, 9.5 \)) with approximate thicknesses of <1 nm, 4 nm, and 6 nm were effective in blocking the diffusion of chitosan.

Fig. 3. High-resolution C1s XPS depth profiling of a hydrogen-bonded film exposed to chitosan solution for (A) 1 min and (B) 3 min. The color scheme is the same as that of Fig. 1A. Red spectra represent chitosan-infused areas, yellow spectra represent the hydrogen-bonded (PAA3/PEO3) areas, and black spectra represent the (PDAC4/SPS4) adhesion layer. Comparing the red chitosan-diffused areas with the yellow hydrogen-bonded areas, the chitosan-diffused areas have a lower signal at 286.5 eV because PEO has diffused out. (C) Comparison of C1s spectra with different chitosan-exposure times with the initial yellow hydrogen-bonded area. The longer the exposure to chitosan solution, the more the PEO signal at 286.5 eV decreases. All chitosan-exposed spectra were from ~450 nm above the glass surface.

Fig. 4. Effect of a blocking layer on interlayer diffusion of chitosan. (A) C1s and N1s regions from depth-profiling XPS of a hydrogen-bonded sample with a (PAH3/SPS3)\(_{3.5}\) blocking layer topped with (HA3/CHI3)\(_{3.5}\). The color scheme is the same as that of Fig. 1B. Red spectra represent (HA3/CHI3), green spectra represent the (PAH3/SPS3) electrostatic blocking layer, yellow spectra represent the (PAAD3/PEO3) hydrogen-bonded region, and black spectra represent the (PDAC4/SPS4) adhesion layer. (B) Quantification of the nitrogen signal for different blocking-layer systems tested. Data points are individual dots, and the line is the result of a Savitzky–Golay five-point smoothing algorithm. All films had (HA3/CHI3)\(_{3.5}\) deposited on top of the blocking layer.
10 nm, respectively, effectively stop the diffusion of chitosan into the hydrogen-bonded region, as seen by the absence of any detectable nitrogen signal in the bulk of the film. Remarkably, even though the films spent over 30 min in chitosan solution during the HA/chitosan film fabrication, even a single adsorbed layer of PAH was sufficient to block its diffusion into the hydrogen-bonded region. At pH 3, PAH is a fully charged polycation (pK_a ~ 8) (53), so it has a strong electrostatic interaction with the ionizable polyanion PAA found at the top of the hydrogen-bonded region (54). Because of the strong electrostatic interaction, the PAH blocking layer is kinetically trapped at the top of the film (28) and effectively stops the diffusion of chitosan into the hydrogen-bonded region under the conditions used in this study. Recent literature (7, 24, 40, 43, 44) shows that different blocking layers work well for different polymer systems and annealing conditions. In some cases, covalently cross-linked blocking layers are needed (7, 43), but in other cases, electrostatic blocking layers may stop interlayer diffusion as well (24, 44). In the conditions tested in this work, a single electrostatic blocking layer is all that was needed to block the interlayer diffusion of chitosan.

In the absence of a blocking layer, chitosan from the (HA3/CHI3) multilayer film diffuses into the entire hydrogen-bonded film during fabrication, producing a high nitrogen signal throughout, as seen in Fig. 4B. Although the film has fewer total layers deposited than the multilayer films with blocking layers, the interlayer diffusion of chitosan allows for a large increase in the final film thickness, as shown by the leftmost data point in Fig. 4B. This large increase in thickness is characteristic of exponential growth, which is seen in the diffusion of polymers and polymer pairs in and out of the film during deposition (20). As a result, we expect chitosan, not only from the first bilayer deposition but also from the subsequent depositions, to be present throughout the film. Similar chitosan diffusion into the hydrogen-bonded region also is observed when the order of polymer deposition is switched from HA first (HA3/CHI3) to chitosan first (CHI3/HA3), as revealed in Fig. S7. As a result of macromolecules such as chitosan diffusing through-out a film, the diffusion of chitosan into the hydrogen-bonded region occurs between two data points or ~15 nm. Reducing the chitosan thickness in favor of an exponential diffusion would allow the interface resolution to increase to ~10 nm because this is the common density of analysis during an XPS cycle. However, near this limit of resolution, extended sputtering time may cause radiation-induced diffusion and surface roughening, which must be considered during experimental design (48).

**pH Sensitivity of the Hydrogen-Bonded Region.** The purpose of a blocking layer is to maintain the distinct properties of each region of a multilayer film. In our model system, the as-assembled (PAAl3/PEO3) hydrogen-bonded region dissolves above pH 3.6 (47). If the film is altered by sufficient chitosan interlayer diffusion, the multilayer becomes insoluble at neutral pH. Therefore, to test whether the desired properties of the hydrogen-bonded region can be maintained through the use of blocking layers, all films characterized previously were exposed to a buffered salt solution of PBS, pH 7.4, for 30 min. After 30 min, the residual dry film thickness was compared with the initial dry film thickness to determine whether the hydrogen-bonded film dissolved. As seen in Table 2, all multilayer films with a blocking layer dissolved in PBS. Therefore, even a single layer of PAH can effectively block chitosan diffusion and maintain the pH-sensitive solubility of the hydrogen-bonded region.

In the absence of a blocking layer, the multilayer films no longer dissolved because pH-stable electrostatic cross-links formed between the diffused chitosan and PAA. In some cases, such as CHI1, CHI3, and CHI10, this result was unexpected because chitosan did not diffuse all the way through the film (Fig. 2E) before PBS exposure. However, depth profiling of CHI10 after PBS exposure shows that chitosan diffused throughout the film and stabilized it to pH changes (Fig. S8). Therefore, in the absence of a blocking layer, chitosan interlayer diffusion was stopped by drying for analysis but continued after exposure to PBS solutions. Because hydrogen-bonded PEMs require a minute or two to dissolve (56), this brief time allows for further chitosan diffusion, rendering the film insoluble in PBS.

**Conclusions**

XPS with C60^+ cluster ion sputtering is a powerful technique for analyzing the atomic composition and chemical state of organic nanostructured films. With the correct choice of conditions to minimize sample damage, it can determine directly, to within 15 nm, the location of polymers through the thickness of a film, allowing analysis of interlayer diffusion as well as testing of the efficacy of various blocking layers. Using our model system, we have shown that chitosan is highly diffusive, with an interlayer diffusion coefficient ~1.4*10^-12 cm^2/s in hydrated hydrogen-bonded (PAA3/PEO3) films. Also, the high-resolution capabilities of XPS show the displacement of hydrogen-bonded PEO in favor of electrostatic interactions between chitosan and PAA. Finally, various thicknesses of PAH-containing blocking layers were explored, including a single layer of PAH that can stop the diffusion of chitosan into the hydrogen-bonded region.

We believe the ability to control and measure the interlayer diffusion in PEMs will have applications in a variety of areas. For example, exchanging hydrogen-bonding interactions for electrostatic ones may be important for the loading of biological molecules through postassembly modification of films. Furthermore, the design of films capable of blocking macromolecule diffusion is relevant to structured films, sequential drug release, and production of free-floating PEM films.

**Materials and Methods**

**Materials.** PAA (Aldrich; M = 450 kDa), PAH (Aldrich; M = 15 kDa), PEO (Polysciences; M = 20 kDa), PDAC (Aldrich; M = 200–350 kDa in 20% aqueous solution), SPS (Aldrich; M = 70 kDa), HA (from Streptococcus equi; Fluka; M ~1,580 kDa), acetic acid (Sigma), and low molecular weight chitosan (deacetylation 0.9; Sigma; M = 50–190 kDa) were used as received. The nomenclature for PEMs follows (poly1X/poly2X), where X is the pH of the polymer solutions and z is the number of bilayers deposited (one bilayer = poly1 + poly2). A noninteger value of z indicates the assembly was terminated with poly1.

**Multilayer Film Deposition.** Polymer solutions were made from Milli-Q 18.2 MΩ water. Solutions of PAA, PDAC, and SPS were 0.01 M, and solutions of PEO, HA, and chitosan were 0.1% (wt/vol). CHI solutions included 0.1 M of acetic acid to aid dissolution. PDAC and SPS solutions for the adhesion layer had 0.1 M NaCl at pH 4.0. All other solution pHs were adjusted to pH 7.0 with 1 M HCl and no added salt. Glass substrates were dipped sequentially in the polymer solutions using an automated Zeiss programmable slide stainer or nanoStrata dipping unit. Substrates were held in polymer solutions for 10 min and then rinsed for a total of 3 min in water with mild agitation. The time in chitosan solution was altered for diffusion studies, but the rinse cycle

**Table 2. pH sensitivity of the hydrogen-bonded region**

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<tr>
<th>CHI60</th>
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<td>CH10</td>
<td>None</td>
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<td>No</td>
</tr>
<tr>
<td>CH13</td>
<td>None</td>
<td>No</td>
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</tr>
<tr>
<td>CH1</td>
<td>None</td>
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After exposure to pH 7.4 PBS for 30 min, the remaining thickness was compared with the initial thickness to determine whether the hydrogen-bonded region dissolved.
used the same time profiles. Fabrication details and polymer structures are listed in SI Materials and Methods and Fig. 35, respectively. Dry film thickness was measured with a P-16 profiler (KLA-Tencor Corp.).

XPS. Chemical composition of the surface was characterized using a PHI VersaProbe II X-ray photoelectron spectrometer with a scanning monochromated Al source (1,486.6 eV; 50 W; spot size, 200 μm). The takeoff angle between the sample surface and analyzer was 45°, and the X-ray beam collected C1s, N1s, O1s, and Si2p elemental information while rastering over a 200 X 700-μm area. Detailed XPS acquisition parameters are found in Table S2. Depth profiling was accomplished using the instrument’s C1s O1s ion source operated at 10 kV, 10 nA, and rastered over a 3 x 3-mm area at an angle of 70° to the surface normal. Sputtering occurred in 1-min intervals while the sample was moved using concentric Zalar rotation at 1 rpm. Atomic composition was determined based on photoelectron peak areas and the relative sensitivity factors provided in PHI’s Multilink processing software. All data were background subtracted, smoothed using a five-point quadratic Savitsky–Golay algorithm, and charge corrected so that the carbon–carbon bond had a binding energy of 285.0 eV. The surface of the glass was defined as the point at which the atomic concentration of silicon reached 5% in the depth-profiling data. The thickness as measured by profilometry was compared with the number of sputter cycles that occurred before reaching the surface of the glass. Data were plotted using Matlab.

pH Sensitivity of Hydrogen-Bonded Region. Films were tested by a 30-min immersion in PBS (pH 7.4) on an orbital shaker at 100 rpm. After drying with N2, the thickness was measured using profilometry and compared with the initial thickness to determine whether the hydrogen-bonded region dissolved.

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