Interpreting Energy and Tracer Spectra of Upper-Ocean Turbulence in the Submesoscale Range (1–200 km)

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Interpreting Energy and Tracer Spectra of Upper-Ocean Turbulence in the Submesoscale Range (1–200 km)

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Abstract
Submesoscale (1–200 km) wavenumber spectra of kinetic and potential energy and tracer variance are obtained from in situ observations in the Gulf Stream region and in the eastern subtropical North Pacific. In the Gulf Stream region, steep kinetic energy spectra at scales between 200 and 20 km are consistent with predictions of interior quasigeostrophic–turbulence theory, both in the mixed layer and in the thermocline. At scales below 20 km, the spectra flatten out, consistent with a growing contribution of internal-wave energy at small scales. In the subtropical North Pacific, the energy spectra are flatter and inconsistent with predictions of interior quasigeostrophic–turbulence theory. The observed spectra and their dependence on depth are also inconsistent with predictions of surface quasigeostrophic–turbulence theory for the observed ocean stratification. It appears that unbalanced motions, most likely internal tides at large scales and the internal-wave continuum at small scales, dominate the energy spectrum throughout the submesoscale range. Spectra of temperature variance along density surfaces, which are not affected by internal tides, are also inconsistent with predictions of geostrophic-turbulence theories. Reasons for this inconsistency could be the injection of energy in the submesoscale range by small-scale baroclinic instabilities or modifications of the spectra by coupling between surface and interior dynamics or by ageostrophic frontal effects.

1. Introduction
Oceanographers have long debated how energy is transferred from large to dissipative scales. Much progress has been made in describing the energy pathways from basin to mesoscales and then from scales on the order of 1 km down to millimeter scales. But our understanding of the transfer in between, in the submesoscale range, is still rudimentary. A major question is whether the energy fluxes in the submesoscale are dominated by internal waves and other unbalanced motions or whether there is an important contribution by geostrophic motions. The geostrophic part of submesoscale motions has received much attention in theoretical studies over the past decade (e.g., Lapeyre and Klein 2006), but supporting analysis of observations is lacking. Our goal here is to use available observations from the upper-midlatitude ocean to test different theories of submesoscale dynamics.

Oceanic motions can easily be separated in the frequency domain. Figure 1 shows an example frequency spectrum from a mooring in the subtropical North Pacific [the data are available at http://cmdac.oce.orst.edu/; Schmitz (1988)]. Geostrophically balanced flows span the range of frequencies below the inertial frequency $f$, inertial oscillations are visible as a broad peak around $f$, the $M_2$ lunar tide appears as a sharp superinertial peak, and a broad-band internal-wave continuum spans the frequency range between $f$ and the buoyancy frequency $N$. It is much less clear how these motions project onto spatial scales. This is a serious limitation to our understanding of submesoscale turbulence.
because the interaction of modes across spatial scales is at the core of turbulence theories.

It is generally believed that the kinetic energy in the midlatitude upper ocean is dominated by geostrophic eddies at scales larger than the first baroclinic deformation scale—the wavelength associated with the deformation radius—of about 50–200 km and by internal waves at scales below 1 km. We here attempt to understand the range of scales in between, the submesoscale range, using wavenumber spectra of kinetic energy, potential energy, and tracer variance, together with their vertical variations. Is most of the submesoscale variability balanced or unbalanced? Do our theories of geostrophic turbulence successfully describe the balanced part of the flow? Previous attempts to test these theories remain largely inconclusive (e.g., Samelson and Paulson 1988; Stammer 1997; Le Traon et al. 2008).

To answer these questions, we analyze two in situ datasets in two different dynamical regimes: the Oleander dataset (Wang et al. 2010) in the Gulf Stream region and the Spice dataset (Ferrari and Rudnick 2000) in the eastern subtropical North Pacific (Fig. 2). The Gulf Stream is a strong baroclinic current with an associated deep reversal of the potential vorticity (PV) gradient. This induces deep Phillips-type baroclinic instability and strong mesoscale eddy activity (e.g., Tulloch et al. 2011). In the North Pacific, in the quiescent subtropical gyre, on the other hand, interior-PV gradients are weak. A surface-buoyancy gradient persists, however, so one might expect shallow instabilities and surface-frontal dynamics to play a prominent role there. Lapeyre and Klein (2006) suggested that surface-quasigeostrophic (QG) turbulence (Blumen 1978) may be the relevant framework for interpreting the submesoscale turbulence that develops in response to frontogenesis.

In the Gulf Stream region, we find spectra consistent with interior-QG turbulence (Charney 1971) at scales larger than 20 km and consistent with internal-wave dynamics at smaller scales. In the subtropical North Pacific, the observations are inconsistent with existing geostrophic-turbulence theories. There is indication that internal tides play an important role at scales as large as...

FIG. 1. Frequency spectrum of kinetic energy from mooring WHOI 794 at 35°N, 152°W (October 1983–September 1985). Marked are \( f \) and \( M_2 \). Shading shows 95% confidence intervals.

FIG. 2. Tracks along which measurements were collected in the (left) Oleander and (right) Spice experiments (thick black lines). The satellite tracks used in the analysis are shown as thin blue lines. The site of the mooring used for Fig. 1 is marked with a black dot. The background color is a map of eddy kinetic energy from the Archiving, Validation, and Interpretation of Satellite Oceanographic data (AVISO) gridded altimetry.
100 km. At small scales, the internal-wave continuum again dominates.

The paper is organized as follows. In section 2, we review the existing theoretical predictions for the spectra of balanced and unbalanced flows. In section 3, we discuss how these predictions relate to spectra computed from one-dimensional transects. We review previous observations in section 4. In sections 5 and 6, we introduce and compare against the theoretical predictions the two sets of observations. We discuss implications in section 7. The appendix examines surface QG–turbulence predictions for wavenumber spectra and their vertical dependence in nonconstant stratification.

2. Theoretical predictions for submesoscale wavenumber spectra

We here review theories that have been proposed to describe submesoscale turbulence. Two variants of geostrophic-turbulence theory have been put forward: interior-QG turbulence (Charney 1971), resulting from deep baroclinic instabilities, and surface-QG turbulence (Blumen 1978), developing in response to frontogenesis. That discussion (e.g., Stammer 1997; Le Traon et al. 2008; Wang et al. 2010), however, has largely ignored the internal-wave field emphasized in earlier works (e.g., Katz 1973). The internal-wave continuum, as well as tides, inertial oscillations, and mixed layer flows, may contribute significantly to submesoscale variability. A substantial theory only exists for the internal-wave continuum. The other unbalanced flows nevertheless have certain characteristics that can be used to assess their relative importance.

a. Geostrophic turbulence

The theories for submesoscale-geostrophic turbulence assume that energy is extracted from the mean flow through baroclinic instability at scales close to the deformation scale, which in the midlatitude ocean generally lies at the large-scale end of what we call the submesoscale range. It is further assumed that dissipation is negligible throughout the submesoscale range, so that nonlinear interactions between modes transfer energy and enstrophy across a submesoscale inertial range. If the turbulence is horizontally homogeneous and isotropic, Kolmogorov-like dimensional arguments can be used to deduce spectral slopes of horizontal kinetic energy \( \mathcal{K} = \langle u^2 + v^2 \rangle / 2 \) and potential energy \( \mathcal{P} = \langle (b^2 + f^2 + f^2 m^2 N^2)^2 \rangle / 2 \) in wavenumber space, where \( u \) and \( v \) are a pair of orthogonal horizontal velocity components, \( b \) is buoyancy, \( N \) is the background stratification, and \( \langle \cdot \rangle \) is the two-dimensional spatial average. The two-dimensional isotropic spectra will be denoted by \( \mathcal{K}_{h} \) and \( \mathcal{P}_{h} \), where

\[ k_h = (k^2 + l^2)^{1/2} \]

is the magnitude of the horizontal wavenumber. From the spectral slope of kinetic energy, the spectral slope of the variance of a passive tracer \( T = \langle c^2 \rangle / 2 \) can also be inferred, where \( c \) denotes the tracer concentration. Because the motion is quasigeostrophic and therefore along isopycnals, all of these spectra are to be understood as along isopycnals.

Any QG flow can be decomposed into a component due to interior-PV anomalies and a component due to surface-buoyancy anomalies (e.g., Lapeyre and Klein 2006). Charney (1971) considered QG flows resulting from interior-PV anomalies that are far enough from boundaries that the effect of the surface-buoyancy anomalies can be ignored. In the submesoscale inertial range, potential enstrophy is then cascaded down to small scales. It follows that the spectra of kinetic and potential energy scale like \( \mathcal{K}_{h} \sim \mathcal{P}_{h} \sim k_h^{-5/3} \).

Interior QG–turbulence scalings, as already noted by Charney, do not apply at and near the ocean surface. As a complement, Blumen (1978) considered a flow that has a uniform interior PV and is thus entirely associated with surface-buoyancy anomalies. This limit is commonly referred to as surface QG. In an ocean with constant stratification, the surface spectra of kinetic and potential energy in the submesoscale inertial range are relatively flat: \( k_h \sim \mathcal{P}_{h} \sim k_h^{-5/3} \).

In constant stratification, surface-QG motions of horizontal scale \( 2\pi/k_h \) have a vertical decay scale \( f/Nk_h \). Modes with horizontal scales smaller than \( -Nz/f \) have decayed significantly at a given depth \( z \), while larger-scale modes are essentially unattenuated. Surface-QG turbulence thus predicts kinetic and potential energy spectra to follow the surface spectra above this transition scale and

\[ S_{k_h} = k_h \int_{k_h}^{\infty} \frac{dK}{K(2 - k_h'^2)^{1/2}} \]

If the three-dimensional spectrum locally follows the power law \( S_K = AK^{-a}, n > -1 \), and has a slope \( <1 \) at higher wavenumbers, then the integral above is dominated by low wavenumbers:

\[ S_{k_h} \sim Ak_h^{n-1} \int_{k_h}^{\infty} \frac{dK}{K(2 - k_h'^2)^{1/2}} dK = A'k_h^{n} \]

where \( A' = A \int_{1}^{\infty} \frac{\kappa^{-n} d\kappa}{(\kappa^2 - 1)^{1/2}} \).

In this case, the two-dimensional spectrum follows the same power law as the three-dimensional one. The spectral slopes given by Charney therefore directly translate to the two-dimensional spectra.
rapidly decay below [see our Fig. 3, described in greater
detail below, and Scott (2006)]. At any given depth, we
might expect surface-QG turbulence to prevail at large
scales, but interior-PV anomalies to become important
at small scales—with the transition scale depending on
depth. This prediction was found to be consistent with
idealized primitive equation model simulations (Klein
et al. 2008).

In an ocean with nonconstant stratification, the sur-
face QG–turbulence predictions for energy spectra sig-
nificantly differ from the case of constant stratification.
In exponential stratification, the kinetic energy spectra
are flatter at scales larger than the deformation scale
$N d f$ associated with the depth scale $d$ of stratification (see
Fig. 3 and the appendix). An overlying mixed layer
further changes the predictions, leading to a flattening of
the kinetic energy spectra at scales larger than the de-
formation scale $N_{ML} h f$ associated with the depth of
the mixed layer $h$ and to drastically decreased energy levels
in the thermocline compared to the mixed layer (see
Fig. 3 and the appendix).

In turbulent inertial ranges as described above, there
is a relationship between the kinetic energy spectrum
and the variance spectrum of a conservative passive
tracer stirred by the turbulence (e.g., Vallis 2006). If
the kinetic energy spectrum rolls off as $K_{k_h} \sim k_h^{-n}$ for $n < 3$,
the associated passive-tracer spectrum rolls off as
$T_{k_h} \sim k_h^{(n-5)/2}$. For kinetic energy spectra steeper than
of frequency and vertical wavenumber; they can be estimated analogously by considering the isopycnal wave-number spectra (Klymak and Moum 2007). These wavenumber spectra scale like $K_{kh} \sim 1/h^2$, where $K$ is the background tracer $\nabla z^C$ and $\nabla z = b/N^2$, so that $T = (\partial C/\partial z)^2 P/2N^2$, where $C$ is the background tracer field, and $\xi = b/N^2$ is the vertical displacement due to the wave. Along isopycnals, this variance is filtered out and we are left with displacements of the much weaker isopycnal gradient. The associated variance can be estimated analogously by considering the isopycnal wave-induced displacements and is typically several orders of magnitude smaller. Both vertical and along-isopycnal displacements generate a tracer spectrum that scales like $T_{k_h} \sim k_h^{-2}$ in the short-wave limit and flattens out at scales larger than about 10 km.

c. Tides

Barotropic tides are generated by astronomical forces; baroclinic (internal) tides are forced by barotropic tides flowing over topography. These baroclinic tides are not included in the GM spectra and the associated kinetic energy varies considerably between geographical locations (e.g., Arbic et al. 2012).

Both barotropic and baroclinic tides have a specific frequency that is set by the forcing, so that linear theory can be used to deduce the horizontal wavenumbers baroclinic tides project onto (e.g., Dushaw et al. 1995). Altimetric observations and high-resolution simulations show that baroclinic tides appear as somewhat broadened peaks in wavenumber spectra, to the extent that they may be better described as broad-band signals (e.g., Ray and Mitchum 1997; Zhao et al. 2012; Richman et al. 2012). A theory that explains this signature in wavenumber spectra is lacking and in situ observations are difficult because of the tides’ large spatial scales and high frequencies.

d. Inertial oscillations

The ocean is nearly resonant at the inertial frequency. Variable winds therefore easily excite inertial oscillations in the upper ocean, particularly in the mixed layer (e.g., Pollard 1970). The oscillations are quasi-two-dimensional and have the frequency of the Coriolis parameter $f$. The internal-wave dispersion relation for waves of frequency $f$
Table 1. Properties of one-dimensional wavenumber spectra ($k_T^2$ and $k_L^2$ are the transverse and longitudinal kinetic energy spectra, $P_k$ is the potential energy spectrum, and $T_k$ is the variance spectrum of a passive tracer).

<table>
<thead>
<tr>
<th>QG turbulence</th>
<th>Interior</th>
<th>Surface (constant $N$)</th>
<th>Surface (nonconstant $N$)</th>
<th>Internal-wave continuum</th>
</tr>
</thead>
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<tr>
<td>$k_T^2$ slope</td>
<td>$-3$</td>
<td>$-5/3$ (at surface, steep below; see Fig. 3)</td>
<td>(see Fig. 4)</td>
<td>$-2$ (in small-scale roll off)</td>
</tr>
<tr>
<td>Relation between $k_T^2$ and $k_L^2$</td>
<td>$k_T^2 = 3k_L^2$</td>
<td>$k_T^2 = 5/3k_L^2$ (at surface)</td>
<td>(see Fig. 4)</td>
<td>$k_T = k_L$</td>
</tr>
<tr>
<td>Relation between $P_k$ and $k_T^2$ and $k_L^2$</td>
<td>$P_k = k_L^2$</td>
<td>$P_k = k_L^2 + k_T^2$</td>
<td>(see Fig. 4)</td>
<td>(see Fig. 6)</td>
</tr>
<tr>
<td>$T_k$ slope</td>
<td>$-1$</td>
<td>$-5/3$ (at surface; flatter below)</td>
<td>(steep at surface, flat below)</td>
<td>$-2$ (in short-wave roll off, weak stirring along isopycnals)</td>
</tr>
</tbody>
</table>

predicts that the waves have an infinite horizontal scale. Some spreading in frequency results from changes in $f$ with latitude and from the background vorticity. As a result, the inertial oscillations are characterized by a broad peak in the frequency spectrum (e.g., Garrett 2001) and have large horizontal scales, but a theory predicting their signature in wavenumber spectra does not exist. The quasi-two-dimensional nature of inertial oscillations, however, implies a large kinetic–to-potential energy ratio. This is not what we find in the observations, as discussed in section 6.

e. Mixed layer flows

In addition to superinertial waves, the wind forces subinertial variability in the upper ocean. If the wind field is spatially variable, it transfers its variability to the Ekman currents. The resultant wavenumber spectrum depends on the wavenumber spectrum of the winds, which is reddened in the transfer (Frankignoul and Müller 1979). Additional spatial variability is generated by the vorticity of balanced flows (e.g., Niiler 1969).

Other sources of surface-intensified turbulence are mixed layer instabilities. Both symmetric instability (e.g., Emanuel 1994) and mixed layer baroclinic instability (e.g., Blumen 1979) generate turbulent flows in the mixed layer (Haine and Marshall 1998). The most baroclinically unstable mode has a horizontal scale on the order of 1–10 km (Boccaletti et al. 2007). Theory (Fox-Kemper et al. 2008), modeling (e.g., Capet et al. 2008b), and observations (Shcherbina et al. 2013) indicate that these mixed layer instabilities can substantially enhance submesoscale energy in the presence of a deep winter mixed layer. Such mixed layer flows have energy spectra close to $k_h^{-2}$. The dynamics are distinct from surface OG and are better described as Eady-like, with eddies confined between the surface and the strong PV gradient at the mixed layer base.

The mixed layer also features small-scale wind- and buoyancy-driven turbulence (e.g., Kantha and Clayson 2000). These flows typically have aspect ratios close to one and scales that are generally smaller than what we defined as the submesoscale range.

All these flows are strong in the mixed layer and decay rapidly below. As discussed in sections 5 and 6, this is not what we find in the observations presented here: the energy levels in mixed layer and thermocline are very similar.

3. Relating two-dimensional spectral theories to one-dimensional spectral observations

All predictions reviewed above are for two-dimensional isotropic spectra. Observations, however, are more typically taken along a one-dimensional track. In such cases, only one-dimensional spectra can be computed as functions of the longitudinal (along track) wavenumber, say $k$. The conversion of a two-dimensional isotropic spectrum $S_k$ to a one-dimensional spectrum $S_h$ is given by (cf., Batchelor 1953)

$$S_h = \frac{2}{\pi} \int k^2 \frac{T_k}{(k_h^2 - k^2)^{1/2}} dk_h.$$  (1)

If the two-dimensional spectrum locally follows a power law $S_k \sim k_h^{-n}$, $n > 0$, and remains red at higher wavenumbers, then the one-dimensional spectrum follows the same power law $S_h \sim k^{-n}$. The predicted scalings given above thus directly translate to the one-dimensional spectra of kinetic energy, potential energy, and tracer variance, summarized in Table 1.

It is important to realize, however, that for an isotropic flow, the one-dimensional spectra of the longitudinal
(along track) and transverse (across track) components of kinetic energy, \( K_k^L = \langle u^2 \rangle / 2 \) and \( K_k^T = \langle v^2 \rangle / 2 \), are not necessarily equal (\( u \) and \( v \) are the longitudinal and transverse horizontal velocity components, respectively). Instead, for an isotropic two-dimensional (meaning horizontally nondivergent) flow, they satisfy

\[
K_k^T = -k \frac{d}{dk} K_k^L,
\]

so that for a spectrum \( K_{k_h} \sim k_h^{-n} \), the relation between transverse and longitudinal spectra is \( K_k^T = n K_k^L \) (e.g., Batchelor 1953; Leith 1971; Charney 1971).

Relation (2) is particularly relevant for geostrophic turbulence because those flows are horizontally nondivergent at leading order. In addition, QG buoyancy is related to the vertical gradient of the streamfunction and therefore the one-dimensional potential energy spectrum is also related to the components of the one-dimensional kinetic energy spectrum. In interior-QG turbulence, the potential energy spectrum equals the longitudinal component of the kinetic energy spectrum \( \mathcal{P}_k = K_k^L \) (Charney 1971), whereas in surface-QG turbulence it equals the total kinetic energy spectrum \( \mathcal{P}_k = K_k^L + K_k^T \) in the case of constant stratification. For more realistic stratification, surface-QG turbulence predicts the kinetic energy levels to be lower than the potential energy levels at scales larger than the deformation scale (Fig. 4, see the appendix).

In an internal-wave field, the flow is three-dimensional—so (2) does not hold in general.\(^7\) If the wave field is horizontally isotropic, as assumed in Garrett and Munk (1972), we instead expect the one-dimensional longitudinal and transverse kinetic energy spectra to be equal (i.e., \( K_k^L = K_k^T \)). The same is true for an isotropic internal tide field.

Ageostrophic circulations at fronts, Ekman flows, and mixed layer turbulence are all characterized by strong vertical velocities and are far from two-dimensional. Hence, (2) is not expected to hold for these flows. Because of anisotropies, however, \( K_k^L \neq K_k^T \) is likely.

The main point here is that considering the longitudinal and transverse components of the kinetic energy spectrum separately yields additional ways to discriminate between the different regimes of geostrophic turbulence and between two- and three-dimensional motions. These relationships are particularly useful because the spectral slopes are often quite similar for the different regimes.

### 4. Review of previous observations of submesoscale spectra

#### a. In situ observations

Early observations of wavenumber spectra of potential energy in the submesoscale range were often interpreted in terms of internal-wave variability. Katz (1973) reported on tow experiments in the Sargasso Sea thermocline and showed that spectra on scales between about 50 km and 30 m scaled close to \( \mathcal{P}_k \sim k^{-2} \). He discussed their relation to the GM model spectra, which were later modified to be consistent with these observations (Garrett and Munk 1975).
After the Mid-Ocean Dynamics Experiment and the discovery of the mesoscale, submesoscale wavenumber spectra have increasingly been interpreted as manifestations of geostrophic turbulence. Samelson and Paulson (1988) presented wavenumber spectra from the subtropical North Pacific and found that potential energy spectra scaled close to $P_k \sim k^{-2}$ at scales 10–100 km and close to $P_k \sim k^{-3}$ at scales 1–10 km in the mixed layer (15-m depth); in the thermocline (70-m depth), they found $P_k \sim k^{-2}$ at scales 1–100 km. They concluded that the spectral slopes are consistent with interior-QG turbulence dominating in the mixed layer and internal-wave variability dominating in the thermocline. The steep spectrum in the mixed layer, however, was not confirmed by an experiment conducted a few degrees further east and on an even wider range of scales (Ferrari and Rudnick 2000). The potential energy spectra were instead reported to scale close to $P_k \sim k^{-2}$ in both the mixed layer and thermocline.

Wang et al. (2010) analyzed a long-term dataset of mixed layer velocities and temperatures in the Gulf Stream region, along a transect between New York Harbor and Bermuda. They found that the energy spectra fall off approximately like $K_k \sim P_k \sim k^{-3}$ on scales between 250 and 20 km, consistent with interior-QG turbulence. They also reported that the power spectra of the zonal and meridional velocities are similar and interpreted this result as evidence of horizontal isotropy. The similarity between the power spectra of kinetic and potential energies was further interpreted as a signature of energy equipartition. As pointed out in the theoretical review, however, a more stringent test of whether the flow is two-dimensional and isotropic relies on the comparison of spectra of the longitudinal and transverse components of kinetic energy—a test we will explore in this paper. Furthermore, interior-QG turbulence predicts an equipartition between the longitudinal component of kinetic energy and potential energy ($K_k = P_k$), not between the total kinetic energy (i.e., $K_k$) and potential energy (i.e., $P_k$).

Wang et al. (2010) ignored scales below 20 km and measurements below the base of the mixed layer, where internal waves are expected to become dominant. A major goal of this paper will be to provide a comprehensive analysis of spectra in the mixed layer and below on scales from a few hundred kilometers down to 1 km (resolution permitting). Comparing different depths and scales allows a more robust assessment of what dynamics dominate the submesoscale range in different places.

b. Altimetry observations

The advent of satellite altimetry sparked numerous investigations of surface–kinetic energy spectra. The Ocean Topography Experiment (TOPEX)/Poseidon and Jason-1/2 altimeters measured the sea surface height (SSH) along tracks spanning the global oceans from 65°N to 65°S. After correcting for instrument and atmospheric noise and removing the contribution of barotropic tides, geostrophic balance is routinely applied to convert the SSH measurements to transverse geostrophic velocities at the sea surface, from which the transverse component of the geostrophic surface–kinetic energy spectrum can be estimated. Stammer (1997) found this spectrum to fall off like $K_k^T \sim k^{-3}$ throughout the extratropical oceans, consistent with interior-QG turbulence. Le Traon et al. (2008) instead found the spectra in major current regions to be closer to $K_k^T \sim k^{-5/3}$ and concluded that surface-QG turbulence is the more relevant dynamical framework.

Xu and Fu (2011, 2012) used Jason-1/2 along-track data to create a global map of spectral slopes of surface-kinetic energy on scales between 250 and 70 km. They found large geographical differences with relatively steep spectra in the major current regions (between $k^{-2}$ and $k^{-2.5}$) and flatter spectra in the rest of the extratropical oceans (between $k^0$ and $k^{-1.5}$). These slopes are everywhere smaller than those inferred from in situ observations. One possible explanation is that the estimates of Xu and Fu, despite the attempt to remove instrumental noise, are still contaminated by noise at scales that are only marginally resolved by altimeters. This was corroborated by the modeling results of Sasaki and Klein (2012) and Richman et al. (2012), who found steeper spectra than the altimetric ones in regions of low mesoscale activity. A second possibility is that ageostrophic flows, like internal tides, have an important signature in SSH, so that velocities inferred from SSH using geostrophic balance are not accurate (Richman et al. 2012). A third possibility is that in situ observations are dominated by ageostrophic flows not measured by altimeters.

In summary, the surface–kinetic energy spectra inferred from altimetry, which only account for the geostrophic part of the flow (possibly contaminated by ageostrophic flow that projects onto SSH), are steeper in major current regions than in quiescent gyres. Spectra inferred from in situ measurements, which account for the full geostrophic plus ageostrophic flow, confirm this tendency, but the actual slopes differ substantially. Here we try to unravel what dynamics

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8 “Poseidon” can stand for “Premier Observatoire Spatial Étude Intensive Dynamique océan et Novosphère (sic)” or “Positioning Ocean Solid Earth Ice Dynamics Orbiting Navigator” (Wunsch and Stammer 1998).
dominate the submesoscale in different geographical regions and at different depths, analyzing in situ data with a broad set of diagnostics: (i) the longitudinal and transverse components of kinetic energy spectra, (ii) the potential energy spectra, (iii) the variance spectra of passive tracers, and (iv) the changes of the spectra with depth.

5. Gulf Stream region

a. Oleander dataset

We revisit the Oleander dataset, previously analyzed by Wang et al. (2010), to provide a more thorough test of whether the dynamics are consistent with geostrophic-turbulence theories (the data are available at http://po.msfc.nasa.gov/Oleander/). Furthermore, we investigate whether a transition to an internal-wave regime occurs at scales below 20 km that were not analyzed in Wang et al. (2010).

The ADCP data were collected on repeat transects from New York Harbor to Bermuda (Fig. 2) between 1994 and 2009. We use data at 39-m depth, which is within the mixed layer, and at 150-m depth, which is below the base of the mixed layer except during a few occasions of strong convection in winter. We do not choose a deeper level to retain good statistics; data gaps become more frequent at greater depths. We make the common fast-tow approximation that assumes the fields to be frozen in time over the course of a transect. It takes 20 min to cover 10 km and 3.5 h to cover 100 km at a ship speed of about 8 m s\(^{-1}\). Geostrophic eddies have generally longer time scales (e.g., Stammer 1997) and are well resolved. Internal waves have periods larger than \(2\pi/N = 20\) min and this high-frequency component projects onto small horizontal scales. Waves with larger horizontal scales have larger periods so that the frozen-field approximation is also well justified for the internal-wave continuum (cf. Garrett and Munk 1972). The approximation becomes problematic for tidal flows with large horizontal scales, for which aliasing will occur.

We select transects at least 1000-km long and with data gaps no wider than 10 km (311 transects in the mixed layer and 264 in the thermocline), and use cubic splines to interpolate onto a 2.5 km regular grid, which is about the spacing of the original data. Even though the presence of the Gulf Stream renders the velocity field statistically inhomogeneous, we use the full transects; discarding the part of the transects that includes the Gulf Stream does not give qualitatively different results. We also disregard seasonal variations—the qualitative characteristics of the spectra are independent of season in this dataset. More recent data from the same transect, but collected with a different instrument, do show a seasonal cycle with more energetic small scales in the winter mixed layer. The results in this paper should therefore be regarded as representative of times with no deep mixed layer. We rotate the velocities into the reference frame of the ship track to separate the longitudinal and transverse components. We divide the transects into three segments with a 50% overlap, apply a Hann window, and calculate the discrete Fourier transform of each segment. We average the resulting Fourier transforms over the three segments and 10 wavenumber bins per decade to obtain the spectra. Because of the large number of transects, formal error bars are very small.

For comparison, we use altimetric measurements of the SSH anomaly as distributed by AVISO [multi-mission along-track delayed-time product—the altimeter product was produced by Segment Sol multimissions d’ALTimétrie, d’Orbitographie et de localisation precise (SSALTO)/Data Unification and Altimeter Combina-
tion System (DUACS) and distributed by AVISO with support from the Centre National d’Études Spatiales (CNES); http://www.aviso.oce anobs.com/duacs/]. The transverse surface velocity is calculated from the along-track SSH gradient assuming geostrophic balance. The power spectra of the transverse velocity presented below are averages over all track segments of the arcs 50 and 126 that lie in a \(7° \times 8°\) box centered at 35°N, 68.5°W (years 1993–2002). These track segments nearly parallel the Oleander ship tracks (Fig. 2).

b. Analysis

We analyze kinetic energy spectra at two depths: one in the mixed layer and one in the thermocline. Kinetic energy levels in the mixed layer are slightly higher than in the thermocline (Fig. 5). At scales between 200 and 20 km, both the longitudinal and transverse spectra (solid red and blue in Fig. 5) fall off steeply, with a slope close to \(-3\), both in the mixed layer and the thermocline. The transverse spectra are about three times larger than the longitudinal ones, which is consistent with a two-dimensional isotropic flow, because, for \(k_x^2 \sim k^{-3}\), relation (2) yields \(k_x^2 = 3k_T^2\). These characteristics—the slope and the relation between longitudinal and transverse spectra—are consistent with the theoretical predictions for homogeneous, isotropic interior-QG turbulence reviewed in section 2. The slight decay of energy levels with depth is consistent with deep vertical modes. Tulloch et al. (2011) found that the scale of the most unstable baroclinic mode in this region is considerably larger than the deformation scale of about 150 km, consistent with the \(-3\) slope extending to scales as large as 200 km.

At scales larger than 100 km, the transverse kinetic energy spectrum in the mixed layer matches the one
derived from altimetry (dashed blue in Fig. 5). Below 100 km, the altimetric spectrum rolls off much more steeply than the in situ spectrum, but this range of scales is only marginally resolved by altimeters and strongly affected by the smoothing filter applied to remove noise. The match of the in situ and the altimetric spectra is consistent with the flow being predominantly geostrophic and further supports the interpretation in terms of geostrophic turbulence.

In the thermocline, at scales below 20 km, the longitudinal and transverse spectra flatten out, converge, and approach the GM spectrum for a stratification $N = 6 \times 10^{-3}$ s$^{-1}$ taken from the Argo climatology by Roemmich and Gilson (2009) in this region (dotted purple in Fig. 5). This convergence and the fact that $K_{k}^{L} = K_{k}^{T}$ is consistent with internal-wave dynamics and inconsistent with two-dimensional isotropic flow, suggesting that internal waves dominate the kinetic energy at scales below 20 km. The exact match with the GM spectrum may be fortuitous, however, because the interpolation onto a regular grid slightly reduces the spectra at these high wavenumbers, so that they ought to drop below the GM spectrum if only internal-waves were present. A small balanced component may explain the slightly increased spectral amplitudes. Another possible cause of the flattening of the spectra is instrumental noise, but it would be surprising if the instrumental noise just happened to match the amplitude of the internal-wave field. We conclude that the convergence of the longitudinal and transverse spectra and the transition to a flatter slope are a robust result, indicating a change in dynamics. In the mixed layer, the longitudinal and transverse spectra also flatten out and converge, with energy levels slightly higher than in the thermocline. An enhancement of internal-wave energy in the mixed layer is consistent with the vertical structure of low-mode internal waves: thermocline modes project up and can induce increased kinetic energies in the mixed layer, despite the weak stratification (e.g., D’Asaro 1978). It is, however, also possible that some of the excess energy is due to Ekman flows and frontal circulations.

The interpretation of the kinetic energy spectra yields a fairly straightforward picture of submesoscale dynamics in the Gulf Stream region. An interior QG–turbulence regime exists at large scales and an internal-wave regime at small scales, with the transition occurring at about 20 km. We find no evidence of a surface QG–turbulence regime in the upper ocean, which has previously been suggested from analysis of altimetry data from this region (e.g., Le Traon et al. 2008). Enhanced submesoscale energy in the mixed layer, however, may occur in the presence of a deep winter mixed layer, as discussed in section 2e.

6. Subtropical North Pacific

a. Spice dataset

We revisit the Spice dataset presented in Ferrari and Rudnick (2000) to get a better understanding of
submesoscale dynamics in view of recent theoretical developments. The data were collected with a research vessel in successive occupations of the meridian at 140°W between 25° and 35°N (Fig. 2) in the subtropical North Pacific during January and February 1997. We use temperature and salinity from four SeaSoar tows along this transect: a sawtooth profile between 5 and 320 dbar with a period of 12 min, two horizontal tows along the 50 and 200 dbar isobars, and a tow along the 25.5 kg m$^{-3}$ isopycnal. Velocity measurements in the upper 300 m are available from a shipboard ADCP. The velocity measurements and the sawtooth temperature and salinity profiles are averaged into bins of 8-m depth and about 3-km horizontal extent. For the horizontal and isopycnal tows, temperature and salinity are averaged into 10-m bins. See Ferrari and Rudnick (2000) for more detailed information on the data and the rationale behind the scales chosen for the horizontal and vertical averaging. Again, the fast-tow approximation is made. With a ship speed of 4 m s$^{-1}$, this is slightly less justified than in the Oleander dataset, but geostrophic eddies and the internal-wave continuum remain well resolved. The 7 h it takes to cover 100 km, however, are close to the dominant tidal period—that is, below the mixed layer.

We again compare to AVISO along-track altimetry data. Here, we use all track segments that were collected in February (years 1993–2002) and lie in a 10° × 10° box centered at 30°N, 140°W, the midpoint of the ship track (arcs 19, 95, 106, 171, 182; Fig. 2).

**b. Analysis**

The observations in the subtropical North Pacific do not lend themselves to as simple a dynamical interpretation as those in the Gulf Stream region. We analyze kinetic and potential energy spectra in the mixed layer and the thermocline. The kinetic energy spectra are computed from the ADCP data as before; the potential energy spectra are computed from the horizontal CTD tows, using averaged mixed layer and thermocline values of the stratification $N$ calculated from the sawtooth profile ($N = 2.3 \times 10^{-3}$ s$^{-1}$ in the mixed layer and $N = 8.7 \times 10^{-3}$ s$^{-1}$ in the thermocline). The kinetic energy levels are similar in mixed layer and thermocline (Fig. 6). At scales larger than 20 km, the slopes are...
close to $-2$. The longitudinal and transverse spectra are similar throughout the observed scales, in both the mixed layer and the thermocline. With a slope of $-2$, relation (2) predicts $K_x^2 = 2K_y^2$ for two-dimensional isotropic turbulence, which is not consistent with the observed spectra, but cannot be conclusively rejected because of the rather large error bars. If we interpret this as a violation of (2), one explanation is that the flow is anisotropic. However, an additional transect orthogonal to the ones presented here shows again that transverse and longitudinal kinetic energy spectra are similar—the flow appears to be isotropic. The implication is that the near failure of (2) must stem from a flow that is at least partially horizontally divergent. At scales below 20 km, the kinetic energy spectra are steeper than $-2$ and fall below the GM spectra (dotted purple in Fig. 6). This is due to the interpolation onto a regular grid: an artificial internal-wave field sampled in the same way as the observations shows the same drop at high wavenumbers.

At scales larger than 20 km, the potential energy spectra (solid green in Fig. 6) have similar magnitudes in the mixed layer and thermocline. At both depths, they also have similar magnitudes as the kinetic energy spectra and exhibit a slope close to $-2$. Energy equipartition $P_k = K_x^2 + K_y^2$ is only marginally satisfied within error bars: $K_x^2 + K_y^2$ is consistently larger than $P_k$. At scales below 20 km, the thermocline spectrum of potential energy follows the GM spectrum (dotted green in Fig. 6), while the mixed-layer one is significantly reduced, consistent with the interpretation that the spectrum represents internal waves: free thermocline internal-wave modes of buoyancy are evanescent in the mixed layer and must satisfy a zero boundary condition at the surface (rigid lid), so they must decay in the mixed layer. This is in contrast to the free modes of horizontal velocities that, as mentioned earlier, can be enhanced in the mixed layer, because their surface-boundary condition is zero shear.

At scales larger than 100 km, the in situ spectrum of transverse kinetic energy has the same magnitude as the altimetric spectrum (dashed blue in Fig. 6), with slightly more energy in the in situ spectrum. This may be interpreted as evidence that a significant fraction of the flow is in geostrophic balance, but there is also a significant ageostrophic component. This interpretation, however, ignores the possibility that the altimetric spectrum may be contaminated by ageostrophic flow that projects onto SSH.

The analysis so far does not quite support the inference that motions at scales larger than 20 km are geostrophically balanced. The large error bars, however, preclude definite conclusions. It would still be plausible to interpret the $-2$ slopes of the kinetic and potential energy spectra as signatures of surface-QG turbulence, as suggested by Klein et al. (2008). The $-2$ slopes, however, apply only to an ocean with constant stratification; surface QG–turbulence theory predicts different slopes in nonconstant stratification (LaCasce 2012). In the appendix, we show that surface QG–turbulence theory predicts flat kinetic energy spectra in the submesoscale range for an ocean with a weakly stratified mixed layer and a vertically decaying stratification in the thermocline. In addition, the theory predicts that surface-QG modes with scales smaller than 100 km should have decayed at 200-m depth in the thermocline. The observations instead show that the kinetic energy spectrum has a slope of $-2$ across the whole submesoscale range and that the kinetic and potential energy levels are similar in mixed layer and thermocline. The energy must be in deep modes, not in surface-trapped surface-QG modes. The deep modes, however, are not the result of interior-QG turbulence, because the spectra are flatter than $-3$.

One possible explanation for the failure of geostrophic-turbulence theories, as alluded to earlier, is that the flow may have a significant ageostrophic component at scales larger than 20 km. Because the energy levels exceed the GM spectra at these large scales, five candidates remain: frontal circulations, Ekman flows, mixed layer turbulence, near-inertial oscillations, and internal tides. Ferrari and Rudnick (2000) showed that density fronts are weak in the region. We further find that the in situ vertical shear is much greater than the geostrophic shear in both the mixed layer and the thermocline, which contradicts the interpretation in terms of frontal circulations, because in frontal flows, most of the shear is in the along-front component and thus in geostrophic balance. Ekman flows and mixed layer turbulence are also unlikely to dominate over these scales because these flows decay rapidly below the mixed layer, while the energy levels in the thermocline are observed to be close to those in the mixed layer at these scales. Near-inertial oscillations have a large ratio of kinetic-to-potential energy, while the potential energy is observed to be of the same order as the kinetic energy at all scales. There is instead support for a strong internal-tide field in the region. Richman et al.

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More precisely, both $-2$ and $-5/3$ slopes are consistent with the observations to within error bars. A slope of $-2$ gives a better fit over a wider range of scales, but we do not attempt to distinguish between these two slopes because this distinction has little impact on the discussion to follow. In contrast, the spectra are clearly inconsistent with a slope of $-3$. Note, however, that the error bars presented here are formal ones, representing the random error only. Biases due to, for example, a finite tow speed, unresolved scales, and instrument drift are not accounted for. Statements about spectral slopes in what follows are to be understood with these caveats.
We calculate temperature spectra along different isopycnals from the CTD tow along the 25.50 kg m$^{-3}$ isopycnal and by interpolating temperature from the sawtooth profile onto isopycnals. The tracer spectra along the different isopycnals, which have a depth range of about 130–250 m, all have very similar variance levels and have slopes close to $-2$, so there is no change with depth (Fig. 7). Recent observations with gliders in a nearby region confirm this finding: the slopes of passive-tracer spectra remain close to $-2$ down to 800-m depth (Cole and Rudnick 2012). The slopes are again inconsistent with the vertical decay of surface-QG modes. One would expect that passive-tracer spectra transition, as one moves deeper into the thermocline, from the surface-QG surface spectrum to a flatter Batchelor spectrum at small scales, either because of interior-QG turbulence or nonlocal stirring by large-scale modes (cf., Scott 2006). Given the spectra estimated in the appendix, this transition should be well resolved by the observations, but is not observed. Flows associated with frontal dynamics, as described by semigeostrophy, have a less rapid vertical decay than surface-QG flows and generate $-2$ spectral slopes (Hoskins and Bretherton 1972; Badin 2012). This may help explain the vertical structure of the tracer spectra, but further study is needed to clarify what spectra frontal dynamics produce at different depths.

Another possible explanation for the failure of geostrophic-turbulence theories is that the assumption of a submesoscale inertial range is violated. Tulloch et al. (2011) suggested that baroclinic instability can inject energy and enstrophy throughout the submesoscale range. They performed a linear stability analysis in the subtropical North Pacific and found that there are submesoscale instabilities, in contrast to strong baroclinic current regions, where instabilities are confined to the mesoscale. The reason for the different instability regimes are the different PV gradient structures. There is a deep reversal of PV gradients in strong baroclinic currents, which induces a Phillips-type instability (Phillips 1954). In quiescent gyres, on the other hand, the instability is more Charney-like, with a surface-buoyancy gradient interacting with an interior-PV gradient, which allows for the growth of small-scale Charney modes (Charney 1947; Tulloch and Smith 2009; Roullet et al. 2012). Capet et al. (2008a) performed high-resolution primitive equation simulations that exhibit submesoscale instabilities. The kinetic and potential energy spectra in these simulations transition from $k_h^{-2}$ near the surface to $k_h^{-3}$ at depth, while the spectrum of temperature remains $k_h^{-2}$. This indicates that subinertial flows with submesoscale instabilities are capable of producing tracer spectra similar to the ones observed, but again, the mechanisms require further study.

A further possibility is that vertical shear enhances vertical diffusion, which can then act on relatively large

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**Fig. 7.** Subtropical North Pacific temperature spectra along isopycnals interpolated from the sawtooth profile (25.00, 25.25, 25.75, and 26.00 kg m$^{-3}$) and from the isopycnal tow (25.50 kg m$^{-3}$). Lines with slopes $-1$ and $-2$ are given for reference (gray solid lines). The shadings show 95% confidence intervals.
horizontal scales (Haynes and Vanneste 2004; Smith and Ferrari 2009). Further investigation is required to determine whether this mechanism can steepen the spectra from $k_h^{-1}$ to $k_h^{-2}$.

7. Conclusions

The observations indicate that, in the Gulf Stream region, interior-QG turbulence dominates at scales larger than 20 km, where a transition to internal waves occurs in both the mixed layer and the upper thermocline. In the eastern subtropical North Pacific, geostrophic-turbulence theories fail. There is some indication of a significant unbalanced contribution to the kinetic energy up to scales of 100 km, most likely due to internal tides.

The results in the Gulf Stream region suggest that in a strong baroclinic current, where there are strong interior-PV gradients, a Phillips-type instability creates deep mesoscale modes whose variability is then transferred into the submesoscale through an interior QG–enstrophy cascade. The associated flows dominate the kinetic energy down to scales of tens of kilometers, where internal waves become important. This picture, however, may change substantially in the presence of a deep winter mixed layer. Energetic submesoscale flows can develop and dominate over the interior modes in the mixed layer (e.g., Fox-Kemper et al. 2008; Capet et al. 2008b; Shecherbina et al. 2013).

In quiescent-gyre regions, like the eastern subtropical North Pacific, on the other hand, interior-PV gradients are much weaker. There is still a surface-buoyancy gradient, so one might expect surface-QG dynamics to play a prominent role. But there is no evidence for surface-QG turbulence in the observations: both kinetic energy and tracer spectra are inconsistent with its predictions. Instead, unbalanced flows appear to make a leading-order contribution to the energy throughout the submesoscale range. Passive-tracer spectra along isopycnals, which filter out the effect of internal waves, show a $-2$ slope independent of depth. These tracer spectra indicate that also the balanced part of the flow does not follow predictions of geostrophic-turbulence theories: neither interior- nor surface-QG turbulence can explain this behavior. Small-scale Charney-type instabilities may be important in setting these spectra, but how $-2$ slopes emerge remains obscure. Another possibility is coupling between surface-buoyancy anomalies and interior-PV anomalies, an aspect of the dynamics considered in neither surface- nor interior-QG turbulence theory. This also warrants further investigation. A third possibility is that the tracer spectra are modified by shear-enhanced diffusion.

We found that previous claims that kinetic energy spectra with a $-5/3$ slope are telltale signatures of surface-QG dynamics failed to take into account the role of the mixed layer. The presence of a weakly stratified layer in the upper ocean acts to flatten the surface-QG kinetic energy spectra in the submesoscale range between the first baroclinic deformation scale on the order of 100 km and the mixed layer deformation scale on the order of 10 km. Surface QG theory also ignores the strong PV gradient at the mixed layer base, which may introduce Eady-like dynamics in the mixed layer. Our analysis suggests that $-2$ spectral slopes in kinetic energy spectra can also be associated with a variety of unbalanced processes like internal tides. Clearly, the question of what sets the spectra of kinetic and potential energies at the ocean surface has not yet been fully answered.

That ageostrophic flows may be important near the surface in regions of weak-mesoscale eddy activity has implications for attempts to retrieve the surface flow with altimeters, especially for the upcoming Surface Water and Ocean Topography (SWOT) mission that is expected to resolve SSH fluctuations down to scales of 10 km (e.g., Fu and Ferrari 2008). Two problems come to the fore: (i) if the ageostrophic flow can project significantly onto SSH, it will contaminate the geostrophic surface–velocity estimates and (ii) if the ageostrophic flow has no significant SSH expression, it will need to be inferred through other instruments, because it apparently contributes significantly to the surface velocities.

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APPENDIX

Surface QG–Turbulence Predictions of Wavenumber Spectra and Their Vertical Dependence for Non-Constant Stratification

In theories of surface-QG turbulence (Blumen 1978; Lapeyre and Klein 2006), stratification is usually assumed to be constant. Below the injection scale, which is thought to be the mesoscale with its baroclinic instability, there is an enstrophy cascade, in which the surface–potential energy spectrum scales like $p_{kh}(0) \sim k_h^{-5/3}$. With constant stratification, the surface–kinetic energy spectrum then also scales like $k_{kh}(0) \sim k_h^{-5/3}$ throughout the enstrophy cascade.
range. The ocean, however, has highly nonconstant stratification, with an approximately exponential stratification in the thermocline and a weakly stratified mixed layer on top. LaCasce (2012) pointed out that in an ocean with exponential stratification and finite depth, the $k_0^{-5/3}$ surface–potential energy spectrum translates into a surface–kinetic energy spectrum that changes slope. Here, we consider a similar case with parameters appropriate for comparison with our observations in the subtropical North Pacific. Furthermore, we consider how the presence of a mixed layer changes the spectra. Because our observations span a range of depths below the surface, we also compute the vertical dependence of the spectra predicted by surface-QG turbulence. In constant stratification, small-scale modes decay faster in the vertical than large-scale modes, so spectra at depth fall off steeply at small scales (Scott 2006). We extend this result to nonconstant stratification.

To recapitulate the result of Scott, let us start with the case of constant stratification. For simplicity, we consider an infinitely deep ocean, to avoid the introduction of an additional length scale associated with the depth of the ocean. The spectral surface QG–streamfunction $\psi$ is then found by inverting the zero interior-PV condition (e.g., Blumen 1978; Lapeyre and Klein 2006)

$$-k_0^2\psi + \frac{d}{dz} \left( \frac{f^2}{N^2} \frac{d\psi}{dz} \right) = 0, \quad \frac{d\psi}{dz}(0) = \hat{b}(0), \quad \psi(-\infty) = 0,$$

which gives, for constant $N$,

$$\psi(z) = \frac{\hat{b}(0)}{Nk_0} e^{-Nk_0z/f}$$

(A1)

and the kinetic and potential energy spectra are

$$K_{k_0}(z) = \mathcal{P}_{k_0}(z) = \mathcal{P}_{k_0}(0) e^{2Nk_0z/f}. \quad (A3)$$

These spectra are shown in Fig. 3 (top left), using the stratification $N = 8.7 \times 10^{-3}$ s$^{-1}$ observed at 200-m depth in the subtropical North Pacific. There is an equipartition between kinetic and potential energy at all scales. At a certain depth $z$, the spectra follow the surface–potential energy spectrum at scales large enough for the modes to penetrate to this depth, that is, at scales larger than the deformation scale associated with $z$, $k_0 \ll -f/Nz$. Around $k_0 = -f/Nz$, the spectra fall off sharply because smaller-scale modes do not reach this depth.

For exponential stratification $N = N_0 \exp(z/d)$ and again an infinitely deep ocean, the surface-QG streamfunction is (cf. LaCasce 2012)

$$\hat{\psi}(z) = \frac{\hat{b}(0)}{N_0k_0} \frac{I_1(\mu e^{z/d})}{I_0(\mu)} e^{z/d}, \quad (A4)$$

where the $I_m$ are modified Bessel functions of the first kind and $\mu = N_0k_0d/f$. The kinetic and potential energy spectra are

$$K_{k_0}(z) = \mathcal{P}_{k_0}(0) \left[ \frac{I_1(\mu e^{z/d})}{I_0(\mu)} e^{z/d} \right]^2$$

and

$$\mathcal{P}_{k_0}(z) = \mathcal{P}_{k_0}(0) \left[ \frac{I_0(\mu e^{z/d})}{I_0(\mu)} e^{z/d} \right]^2. \quad (A5)$$

These are shown in Fig. 3 (top right) with $d = 600$ m, which is representative of the subtropical North Pacific thermocline, and $N_0$ chosen such that the stratification matches the observed thermocline value $N = 8.7 \times 10^{-3}$ s$^{-1}$ at 200-m depth. Let us consider the surface spectra first. For scales that are small compared to the deformation scale associated with the depth scale of stratification $d$, $k_0 \gg f/N_0d$, the kinetic and potential energy spectra are equal because $I_1(\mu)/I_0(\mu) \approx 1$ for $\mu \gg 1$. In this range, the spectra behave in the same way as with constant stratification.$^A$ At scales larger than the deformation scale, $k_0 \ll f/N_0d$, however, the surface–kinetic energy spectrum is

$$K_{k_0}(0) \approx \frac{N_0^2k_0^2d^2}{4f^2}\mathcal{P}_{k_0}(0), \quad (A6)$$

because $I_1(\mu)/I_0(\mu) \approx \mu/2$ for $\mu \ll 1$. The surface–kinetic energy spectrum in this range of scales is therefore much smaller than the potential energy spectrum and has a different slope—the equipartition between kinetic and potential energy is broken. Below the surface, as with constant stratification, the spectra fall off at small scales because modes decay away from the surface.

The presence of a mixed layer also modifies the energy spectra. To demonstrate this, we consider a mixed layer of depth $h$ with constant stratification $N_{ML}$ overlying an infinitely deep ocean, which also has constant but higher stratification $N_{TH}$. The surface-QG streamfunction for this case is

$^A$This can also be rationalized by WKB arguments. If the modes are shallow enough to not feel the change in stratification, they behave as if the stratification were constant.
decay within the mixed layer, but it transitions to potential energy spectrum at small scales, where modes surface–kinetic energy spectrum again follows the approximately the observed mixed layer depth. The stratification dominates the mode structure. This deeper than the mixed layer and the thermocline a lower level at large scales, where modes are much 3

These are shown in Fig. 3 (bottom left) for \( N_{\text{ML}} = 2.3 \times 10^{-3} \text{s}^{-1} \) and \( N_{\text{TH}} = 8.7 \times 10^{-3} \text{s}^{-1} \), the values observed at 50- and 200-m depth, and \( h = 100 \text{ m} \), approximately the observed mixed layer depth. The surface–kinetic energy spectrum again follows the potential energy spectrum at small scales, where modes decay within the mixed layer, but it transitions to a lower level at large scales, where modes are much deeper than the mixed layer and the thermocline stratification dominates the mode structure. This transition occurs around the deformation scale associated with the depth of the mixed layer \( N_{\text{ML}} h/f \). In the thermocline, energy levels are drastically reduced because of the jump to higher stratification at the base of the mixed layer.

Let us now combine a mixed layer of depth \( h \) and constant stratification \( N_{\text{ML}} \) with exponential stratification \( N = N_0 \exp(z/d) \) below, yielding a somewhat realistic stratification profile. The surface-QG streamfunction for this case is
and the kinetic and potential energy spectra are

\[
K_k(z) = \begin{cases} 
1 & z > -h \\
N_0 e^{-h/d} \sinh \left( N_{\text{ML}} k_h (z + h) I_0(\mu e^{-h/d}) \right) + N_{\text{ML}} \cosh \left( N_{\text{ML}} k_h (z + h) I_1(\mu e^{-h/d}) \right) & z = -h
\end{cases}
\]

\[
\mathcal{P}_k(z) = \begin{cases} 
1 & z > -h \\
N_0 e^{-h/d} \cosh \left( N_{\text{ML}} k_h (z + h) I_0(\mu e^{-h/d}) \right) + N_{\text{ML}} \sinh \left( N_{\text{ML}} k_h (z + h) I_1(\mu e^{-h/d}) \right) & z = -h
\end{cases}
\]

The spectra shown in Fig. 3 (bottom right), again using parameters appropriate for the subtropical North Pacific, exhibit the combined effect of exponential stratification and a mixed layer: there is a flattening of the kinetic energy spectra at large scales owing to the exponential stratification, potential energy levels in the mixed layer are much higher than in the thermocline, mixed layer kinetic energy spectra transition from the potential energy spectra at small scales to lower energy levels at large scales, and all spectra at depth fall off steeply at small scales.

To make a connection with the observations, we transform the two-dimensional isotropic spectra to one-dimensional spectra using (1) and compute both longitudinal and transverse kinetic energy spectra (Fig. 4). The overall shape of the spectra is similar to the associated two-dimensional isotropic spectra, with slight modifications where the spectra are flat. The longitudinal and transverse kinetic energy spectra still obey (2)—but for nonconstant slopes, they are not separated by a constant factor anymore.

This analysis shows that taking both nonconstant stratification and the vertical decay of modes into account leads to surface QG-turbulence predictions of energy spectra at depths of 50 and 200 m that do not exhibit $k^{-5/3}$ power laws anywhere in the submesoscale range: it is much flatter at scales larger than 10 km. It should also be noted that throughout the submesoscale range, both kinetic and potential energy levels are predicted to drop significantly going from the mixed layer into the thermocline.

The discussion in this appendix follows a literal interpretation of surface-QG turbulence. The jump in stratification at the base of the mixed layer, however, is associated with a large PV gradient and may act like a surface itself (Smith and Bernard 2013). Such a scenario could be represented with a simplified model consisting of two constant-PV layers—the mixed layer and the thermocline—joined by an interface at the base of the mixed layer. This model will produce different modal structures and energy spectra than that considered above, but it remains to be addressed whether these match the observations.

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