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Von Willebrand Adhesion to Surfaces at High Shear Rates Is Controlled by Long-Lived Bonds

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ABSTRACT Von Willebrand factor (vWF) adsorbs and immobilizes platelets at sites of injury under high-shear-rate conditions. It has been recently demonstrated that single vWF molecules only adsorb significantly to collagen above a threshold shear, and here we explain such counterintuitive behavior using a coarse-grained simulation and a phenomenological theory. We find that shear-induced adsorption only occurs if the vWF-surface bonds are slip-resistant such that force-induced unbinding is suppressed, which occurs in many biological bonds (i.e., catch bonds). Our results quantitatively match experimental observations and may be important to understand the activation and mechanical regulation of vWF activity during blood clotting.

INTRODUCTION

The large, multimeric protein von Willebrand factor (vWF) is known as one of the initial responders in the blood-clotting cascade (1–3). In particular, vWF provides the initial substrate upon which platelets accumulate at the site of a wounded blood vessel when there are large flow fields that prohibit the platelet-collagen interactions that initiate the clotting cascade in vessels with slower flow rates (1–4). This is known to occur through the glycoprotein-IIIb-vWF-A1-domain interaction, which possesses a novel integrin-RGD interactions between vWF and platelets (1–4, 8–10). In a pioneering work, Siedlicki et al. used atomic force microscopy to demonstrate that shear induces these conformational changes (8), and subsequent research has elaborated on this by considering in vitro systems (9,11). Cooperative effects can be seen in the multicomponent and concentrated biological systems, however these shear-responsive effects are seen even at the single-molecule level (9,12). Crucially, it is shown that there is a threshold shear rate above which drastic stretching and adsorption occur simultaneously in collagen-coated microfluidics channels (9). The prevailing conceptual picture, determined both from simulation and experiment, is that the elongational component of the flow initiates the conformational change of vWF through a nucleation-protrusion mechanism that drives the initial stretching from a polymer in a globular geometry (9,13–15). At most, surface-induced effects such as enhanced unfolding can increase unfolding by a factor of 2 (16), but these effects fail to explain the sudden and rapid adsorption observed in experiments.

Simultaneous research into fluorescently labeled DNA molecules has elucidated the driving forces governing the adsorption and desorption of molecules in shear flows near surfaces; specifically, a powerful lift force drives the desorption and subsequent depletion of molecules that are stretched by shear flow (17–21). This lift force is a hydrodynamic effect seen in flow-stretched polymers that produces a force perpendicular to the applied shear flow, and it is due to local induced flows interacting with the no-slip boundary condition at the surface (17–21). Our recent research, informed by the same simulation model that successfully describes vWF stretching in earlier work, has mapped out the shear-induced desorption of a polymer globule, with Lennard-Jones type interactions between the surface and the polymer (22). The accompanying theory is based on the current understanding of the hydrodynamic lift force, and the results clearly indicate that shear-induced adsorption will never occur with this type of model (21,22). Although stretching the molecule induces a drastic increase in the number of binders (so the binding force, \( f \), scales as the length, \( L \), of the molecule, \( f \sim L \)), this is dwarfed by the opposing hydrodynamic lift force, \( f_L \), which scales as \( f_L \sim L^4 \) (21,22).

The currently available models are thus not sufficient to explain the observed vWF adsorption process, even in straightforward in vitro situations. Here we demonstrate that introducing Bell-model-type interactions to these existing models allows the specification of the criterion for a shear-induced adsorption of a molecule such as vWF.
Bell model interactions incorporated into Brownian dynamics

In biological systems where binding occurs through reversible ligand-receptor-type bonds, the Bell model is ubiquitous as a way to parameterize a more complicated energy landscape in a facile manner by defining interacting entities as either bound or unbound. (23) The rate of transition between the two states is governed by the height of an intermediate energy barrier between them, with a large barrier impeding both the forward and backward transitions and a small barrier allowing rapid binding and unbinding. This results in a bond that has a characteristic binding/unbinding time that is dependent on the energy difference between the two states. We incorporate this Bell model into traditional Brownian dynamics simulations in a fashion reminiscent of similar models used in previous work by the authors and by others in the literature (24–27). Our methods are described in detail in the Appendix.

In Fig. 1, a and b, we conceptually demonstrate how we implement a general Bell model into our simulations (22,24). The simplified energy landscape assumed in the Bell model is parameterized by a bound state with energy $E_B$ and position $r_B$, an unbound state with energy $E_{UB}$ and position $r_{UB}$, and the energy difference between the bound state and the transition state, $\Delta E_{UB,O}$. The transition state, in principle, has a position $r^*$ as well; we examine two situations in this article, $r^* = r_{UB}$ (Fig. 1 a) and $r^* = r_B$ (Fig. 1 b). In equilibrium, this location is arbitrary, but under an applied force, the tilting of the energy landscape (Fig. 1, a and b, blue lines) can alter the height of the energy barrier, $\Delta E_{UB,f}$, relative to the zero-force unbinding energy, $\Delta E_{UB,0}$. In the $r^* = r_{UB}$ case, $\Delta E_{UB,f}$ is decreased upon application of force, resulting in well-known slip-bond behavior (6,23). Alternatively, if $r^* = r_B$, the zero-force unbinding energy is unaffected by force, $\Delta E_{UB,f} = \Delta E_{UB,0}$, resulting in what we call suppressed slip-bond behavior. In principle, $r^* < r_B$ would yield catch-bond behavior, where the bond lifetime increases upon application of force; this would be a continuation of proceeding from the slip bond to the suppressed-slip-bond situation. We note that the position $r^*$ is a phenomenological parameter that is a minimal way to account for the complicated atomic-level processes that lead to a given force response. Other, more complex scenarios may occur, yet here we want to make a plausibility statement rather than include multiple variables that are experimentally unknown for this system. For our model, we consider $\Delta E_B$ to be force-independent, since characteristics affecting binding rate, such as lift-force-induced depletion, are included explicitly in the simulation and should not be reconsidered at the local interaction level. It is in principle possible that force could alter the conformational aspects of the associating units in the unbound state, but we do not include such modifications, since they are as yet unknown for this particular system. We expect that the qualitative behavior would be the same.

Since Lennard-Jones models seem sufficient to describe single-chain behavior away from an attractive surface (9), we only incorporate Bell model associations into polymer-surface interactions. For vWF, these represent collagen-A3 interactions, whose nature has still not been completely elucidated (28,29). Therefore, although we have no direct experimental values to direct the parameterization of our Bell model energy landscape, we explore the effect of its parameters on the adsorption behavior of our model to provide predictions for what behaviors to expect. To carry this out, we characterize a number of equilibrium binding energies of association of vWF to the surface, $\Delta E_0 = E_B - E_{UB}$ (where a decrease in $\Delta E_0$ indicates an increased preference for the bound state) (22–24), and investigate the remaining Bell model parameters. We choose the equilibrium unbinding time $\tau_{UB} = \frac{v_0 \Delta E_{UB,0}}{k_B T}$ and the barrier location with respect to the bound state, $r^* - r_B$ (from now on we use the convention $r_B = 0$). The former is chosen due to its invariance to the particular choice of $v_0$ (which in the

![FIGURE 1](https://example.com/figure1.png)  (a and b) Schematics of the Bell model reaction landscape for extreme slip-bond behavior (a) and suppressed slip-bond behavior (b). There is a bound state with energy $E_B$ at position $r_B$ and an unbound state with energy $E_{UB}$ at position $r_{UB}$. The barrier between these states can be characterized with the energy difference $\Delta E_{UB}$ measured with respect to $E_B$. In a, this barrier is positioned at $r^* = r_{UB}$ for extreme slip-bond behavior, such that application of force (blue line) decreases the barrier from $\Delta E_{UB,0}$ to $\Delta E_{UB,f}$. In b, the energy barrier is positioned at $r^* = r_B$, such that $\Delta E_{UB,B} = \Delta E_{UB,f}$. (c) Equilibrium behavior of a polymer ($N = 50$, $a = 2.08$) near a surface. The center of mass of the polymer ($\langle z_{com} \rangle$) is measured versus the binding energy, $\Delta E_0 = E_B - E_{UB}$, with the surface (values demonstrated are negative in sign). Large values of $\langle z_{com} \rangle$ indicate desorbed states that are of interest in this article.
simulation is chosen out of convenience) (30) and allows the probing of long-lived binding states; the latter determines the force response of the energy barrier, allowing us to investigate the ramifications of slip versus non-slip bonds. For a given unbinding time, the choice of barrier energy, $\Delta E_{UB,0}$, and $n v_0$ are arbitrary, since replacement of $\Delta E_{UB,0} = \Delta E_{UB,0,\text{new}} + \delta E_{UB}$ yields $\tau_{UB} = v_0 e^{-\Delta E_{UB,0}/(kT)} = v_0 e^{-E_{UB}} e^{-\Delta E_{UB,0}/(kT)} e^{-E_{UB,0,new}/(kT)} = v_0 e^{-E_{UB,0,new}/(kT)}$, where $v_0 = v_0 e^{-E_{UB}/(kT)}$. For our simulations, $n v_0$ is chosen for convenience such that it is quick relative to the timescale of the induced flow but slow enough to allow good time averages of values used to calculate force corrections to $\Delta E_{UB,0}$. Due to the arbitrary nature of these choices, we represent the comparisons between different binding barriers as comparisons between different binding timescales, as this is a nonambiguous value.)

**Results**

In Figs. 1c and 2, we demonstrate the effect of changing these parameters on the behavior of a single polymer chain near a surface. Fig. 1c provides the equilibrium context; the height of the polymer at the surface ($z_{com}$) is plotted as a function of the energy difference between the bound and unbound states, $\Delta E_0$. For sampling purposes, the polymer is restricted to heights $<9.5 \times 10^{-7}$ m away from the surface by an applied potential, and the run is for $\approx 100$ times the total relaxation time of the chain $z$-position. At $\Delta E_0 > -5$ kJ/mol, the vWF in equilibrium no longer associates permanently with the surface and is thus in the desorbed state. This is the state in which vWF is observed in experiment, so we focus our efforts on this regime.

Upon establishing the equilibrium behavior of the polymer as being in the experimentally relevant desorbed regime, we investigate the dynamics of the system upon applying a simple shear flow and examining the influence of binding lifetimes. In Fig. 2, simulation results demonstrate this influence by altering the lifetime of the bond for the case $r^* = 0$ nm by plotting vWF height ($z_{com}$) as a function of shear rate $\dot{\gamma}$ for a number of binding energies, $\Delta E_0$. Fig. 2a demonstrates the shortest binding timescale, $\tau_{UB} = 0.42$ ms. At no shear rate $\dot{\gamma}$ or binding energy $\Delta E_0$ tested does the vWF model increasingly localize at the surface, but the bound states of $\Delta E_0 = -5$ kJ/mol and $\Delta E_0 = -3.75$ kJ/mol suggest that there may be a low (but finite) $\dot{\gamma}$ adsorption that we revisit in our theoretical discussion. It is important to note that vWF indeed gets pushed farther away as the shear rate is increased due to an increase in the hydrodynamic lift force. The limiting case for this behavior is essentially identical to that for a Lennard-Jones model of vWF (22,24), and it demonstrates the lack of a shear-induced adsorption for situations where the polymer-surface binding lifetimes are small. In Fig. 2, b and c, the lifetime of the bond increases by a factor of $e^2 = 7.4$, corresponding to a barrier height increase of $2k_B T \approx 5$ kJ/mol. For Fig. 2b, the increase in binding time results in an intermediate shear rate regime where vWF becomes bound to the surface, but at large values of shear rate or large values of $\Delta E_0$, the polymer remains unbound. This window occurs in $\dot{\gamma} \approx 10^3 - 10^4$s$^{-1}$, and is modest for both $\Delta E_0 = -2.5$ kJ/mol and $\Delta E_0 = -3.75$ kJ/mol. Such behavior is more pronounced in Fig. 2c, which has both long binding behavior and suppressed slip-bond behavior ($r^* = 0$); this demonstrates the shear-induced adsorption behavior experimentally observed to occur in vWF. For contrast, vWF that binds to the surface with slip bonds ($r^* = 10$ nm) is also shown for the same binding energies and unbinding timescales as in Fig. 2c. No shear-induced adsorption is observed, illustrating the requirement that slip-bond behavior be strongly suppressed to reproduce vWF behavior. This amounts to what is essentially a prediction for the limiting behavior of expected behavior of the A3-collagen interaction, which is that the bond must be either a no-slip bond or even a catch bond to counteract the lift-force-induced desorption. This will be articulated further in our theoretical arguments.

We demonstrate that this model indeed reproduces the experimental observation that vWF stretching and

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**FIGURE 2** Plots of the average $z$ center of mass of our vWF model ($z_{com}$) as a function of shear rate, $\dot{\gamma}$. Each graph corresponds to a different unbinding time: $\tau = 0.416$ ms (a), 3.07 ms (b), and 22.7 ms (c). Curves with solid symbols correspond to the legend and indicate the condition $r^* = 0$ nm. Curves with open symbols in c correspond to $r^* = 4$ nm for the same conditions, to contrast the profound effect of $r^*$ on adsorption ability. Shear-induced adsorption (desorbed $\rightarrow$ adsorbed) is seen only at large $\tau_{UB}$ and low $r^*$ (b and c).
**THEORY FOR SHEAR-INDUCED ADSORPTION**

Fig. 4 demonstrates a simplified three-state model of collapsed polymers that can adsorb with an attractive surface, with the states corresponding to the desorbed globule state (d), the adsorbed globule state (g), and the adsorbed stretched state (s). Transitions between two states, i and j, can be represented by a jump frequency, $r_{ij}$, which describes the evolution of the system through states with populations $n_i$ and $n_j$ using the well-known master equation

$$\frac{\partial n_i}{\partial t} = \sum_j r_{ij} n_j,$$

where $n_i$ is the fraction of the molecule in the adsorbed stretched state. The various transition frequencies are given by the relaxation times for each of the processes. The characteristic time of globule stretching and binding ($1/\nu_{gs} \sim 1/C[1/\dot{\gamma} + \tau_k B T]$) is given by the inverse of the shear rate (unfolding driven by the fluid flow) and subsequently the characteristic binding time, $\tau_k B T$. The constant $C$ is important to include, since it represents the fraction of molecules in the adsorbed globule state as opposed to the desorbed state and should be extremely small in a system that is not strongly adsorbed at the surface in equilibrium, such as the situations where

**FIGURE 4** Schematic of the three-state model used to conceptually illustrate the shear-induced adsorption behavior of vWF. vWF can be in either a desorbed state (d), an adsorbed globule state (g), or a stretched and adsorbed state (s). We focus on the transitions between the s state and the combined d and g states. Small values of $\nu_s$ and $\nu_d$ suppress the transitions leaving the s state ($\nu_{sd}$ and $\nu_{gs}$), but do not adversely affect the $\nu_{sg}$ transition, so there is then a net accumulation in the s state. The coefficient C describes the fraction of bound states within the combined g-d space, which may change with shear rate and equilibrium binding energies.
$\Delta E_0 > -5.0$ kJ/mol in Fig. 2, a–c. In reality, this value will shrink with larger values of $\gamma$ due to the hydrodynamic lift force, though extension at the surface typically occurs well before this transition takes place in the bulk (22). The characteristic time of both the lift force and the recollapse transition are given by the unbinding time of $n$ binding locations plus the movement driven by the shear rate $(1/\nu_{ad} \sim 1/\nu_{sl} \sim \tau_{UB}^n e^{-f(\gamma n)\sqrt{r^*}/k_BT} + 1/\gamma)$. We emphasize the large value of the force in this expression, which we have written as a function of $n^2$ due to the assumption that $L \sim n$. This is where the detachment due to the lift force plays a major role, as the elongated nature of the molecule results in the strong upward force that applies a large force to the vWF-surface binding. Only upon unbinding of all the associations can the vWF proceed to either roll back into a collapsed state or lift away from the surface. This large increase with the number of binders quickly drives the timescale of the unbinding transitions, $1/\nu_{ad} \sim 1/\nu_{sl} \to 0$. The expressions for $\nu_{ij}$ can be incorporated into Eq. 2 to yield the overall fraction of adsorbed material:

$$n_i \sim \frac{1}{2C \left[ \frac{1}{\gamma} + \tau_{UB}^n e^{-f(\gamma n)\sqrt{r^*}/k_BT} + 1 \right]}.$$  \hspace{1cm} (3)

We have ignored many of the coefficients, and we consider these to be of order unity, as this work is intended to present a conceptual rather than a quantitative argument.

Assumed in this manifestation of $\nu_{sl}$ is the discretization into a singly binding globule versus a highly bound stretched chain. As $\tau_{UB} e^{\Delta E_0}$ is decreased, this discretization becomes less pronounced due to a nonnegligible fraction of times that the globule would be driven in a doubly or triply bound state due to small amounts of shear. This would increase the phase space open to the globule state and increase the bound fraction (especially in the vicinity of the adsorption transition). This is observed in the low-$\gamma$ regime in Fig. 2, a and b, and in the $\Delta E_0 = -5.0$ kJ/mol traces for all plots, but it is not a pronounced effect at longer unbinding times $\tau_{UB}$, such as in Fig. 2 c, which we postulate is closer to physical reality.

The limits of Eq. 3 are instructive for the relevant situation of $C \ll 1$. The largest effect is due to the interplay between the lifetime of binding, $\tau_{UB}$, and the barrier location, $r^*$. To do this, we focus on the high $\gamma$ situation (at small $\gamma$, the bracketed term is $\approx 1$ and $n_i \approx 0$). For the case where $r^*$ is large, the bracketed term is dominated by the lift force, $f_i$ (which grows quickly with $n^4$, since $n \sim L$), which is large, such that $n_i \to 0$. Likewise, even if $r^* = 0$, a small $\tau_{UB}$ will render the bracketed value of order 1. Since $C$ is small, $n_i \approx 0$. Only through the combined influence of $r^* \to 0$ and a large $\tau_{UB}$ will $n_i \to 1$ (a shear-induced adsorption).

These limiting statements qualitatively reinforce the observations in simulation data. The shear-induced adsorption only occurs at large values of $\tau_{UB}$, which drive $n_i \to 1$ due to its suppression of the transitions away from the stretched, adsorbed state without affecting the transitions into the same state. This suppression can be counteracted if there is a large lift force pulling the polymer away from the surface, $f \to \infty$, which occurs upon extension. This force can act strongly upon the binding interactions, but if $r^* \leq 0$ (i.e., in the case of a catch or no-slip bond), this effect can be rendered negligible. We emphasize that this represents a theoretical argument that is not intended for quantitative matching; coefficients are left out or represented very generally, and phase space is discretized in an imprecise way. Nonetheless, the competition between shear timescales $(1/\gamma)$ and unbinding timescales $(\tau_{UB}^n e^{-f(\gamma n)\sqrt{r^*}/k_BT})$ captures the essence of the simulation observations, as does the competition between the unbinding timescales and lift forces $(\tau_{UB}^n e^{-f(\gamma n)\sqrt{r^*}/k_BT})$.

**CONCLUSION**

Simulation data, combined with straightforward theoretical arguments, clarify the essential physics that must be involved with vWF function; specifically, the slip-bond behavior must be suppressed ($r^* \to 0$) and the unbinding time must be large ($\tau_{UB} \gg 1/\gamma$). This ensures that upon the occasion that a vWF molecule interacts with the surface, there is a suppression of the pathways for unbinding from the surface due to the lift force and/or rolling pathways. This general assertion is backed up by experiment upon comparison of the data in Fig. 3 with labeled vWF in Schneider et al. (9), as well as the observation in the same article that adsorbed vWF is translationally static, which can be shown to require long-lived binding kinetics (22). We have therefore proposed a straightforward set of criteria for a simple vWF model to show the expected shear-induced adsorption behavior, and to our knowledge, we have the only model currently that indeed shows the presence of such a transition.

**APPENDIX A: SIMULATION METHODS**

**Brownian dynamics with Bell model interactions**

In modeling the vWF chain as a homopolymer near an attractive surface, we use a Brownian dynamics simulation that involves numerically integrating the movement of a bead $i$ at location $\vec{r}_i$ through a discretized Langevin equation:

$$\Delta \vec{r}_i = \Delta \vec{r}(\vec{\gamma}_i - \sum_j \vec{\mu}_{ij} \cdot \nabla U_j) + \zeta_i,$$  \hspace{1cm} (4)

where $\vec{\mu}_{ij}$ is the hydrodynamic mobility tensor, which has either the form $\hat{\delta}_{ij} \kappa \pi a$ (the freely draining approximation) for measurement of equilibrium values or the Rotne-Prager-Yamakawa-Blake tensor (31–33).
for assessment of dynamic situations (e.g., including shear flows). The Rotne-Prager-Yamakawa-Blake tensor is used in all dynamic situations, because it accurately describes the hydrodynamic interactions and no-slip boundary conditions that are necessary to reproduce the correct flow environment (in particular, the hydrodynamic lift force). \(\delta_{ij}\) represents the Kronecker delta, \(I\) is the identity tensor, and \(a\) represents the bead radius. \(z\) is a randomly generated noise velocity that satisfies the fluctuation-dissipation theorem, \(\langle z(t)\delta(t') \rangle = 2k_B T \delta(t-t')\delta_{ij}\), and \(\nu\) is the applied fluid flow (in this article, the Kronecker delta, connected beads along the chain, fluctuation-dissipation theorem, first equal sign. In this equation, \(\nu = \gamma \langle r_{ij} \rangle \langle \Theta (r_{ij} - 3.0) \rangle\), which is a shear flow in the direction of the unit vector \(\text{e}_\kappa\). Tides signify that a quantity has been rendered dimensionless through comparisons to the thermal energy \(k_B T\), the bead radius \(a\), and the diffusion time of a single bead \(\tau = 6\pi a^2/(k_B T)\).

The potential term \(U\) is composed of several distinct components—the intrapolymeric Lennard-Jones interactions, \(U_{LJ}\); interactions between connected beads along the chain, \(U_C\); surface interactions, \(U_S\); and a wall potential, \(U_W\)—introduced to keep the polymer within the relevant volume:

\[
U = U_{LJ} + U_C + U_S + U_W
\]

where each contribution is listed in the order determined immediately after the first equal sign. In this equation, \(\bar{u}\) dictates the relative strength of the Lennard-Jones interactions, with larger values of \(\bar{u}\) indicating larger attraction between adjacent beads \(i\) and \(j\). \(\bar{u} = 0.41\) is known to be a theta polymer at all values, \(N\), and values of \(\bar{u}\) 0.66 drive an \(N = 50\) polymer into a globular conformation (34). In line with previous literature, we choose \(\bar{u} = 2.08\), since it has been demonstrated to represent well the shear response of vWF in vitro experiments (9). \(\bar{u}_{ij} = |r_i - r_j|\) represents the distance between two beads, \(i\) and \(j\). Chain and surface-association connectivity are enforced by a harmonic spring potential, with a spring constant of \(k = 200.0\) that is chosen to render bond stretching negligible. We note that this represents a constraint on the system and not the binding energy at the surface, which is incorporated into the simulation through the Bell model statistics. The final component of the potential, \(U_W\), is the wall force, in which \(r_{ij}\) represents the \(z\) height from the surface at \(z = 0\) and the binders are at \(z = 3\). This term is chosen so that it is a \(1/r_{ij}\) scaling for the force (\(-\partial U/\partial r_{ij}\)), such that \(U_W = 0\) and \(-\partial U/\partial r_{ij} = 0\) for \(r_{ij} = 3.0\).

The wall force constrains the polymer to the area above \(z > 0\), and the exact form of this potential has negligible impact on the simulation results.

The surface interaction, \(U_S = \sum_{ij} a_{ij} \Theta (r_{ij} - a)/2\), considers the binding interaction between each bead and each binder. Four hundred binders are randomly placed on a \(100a \times 40a\) area, where binders can be no closer together than two bead radii. This density is arbitrarily chosen, but is large enough that at full extension, a single vWF molecule can associate with a large number of binders simultaneously. This is meant to reproduce the A3-collagen interaction, which is still poorly defined (28,29), so it is unclear how appropriate this value is. Unpublished results suggest that the response to changes in density and distribution of surface binders is not extremely sensitive in this dense-binder regime, but more elaborate models that allow for binder-binder cooperativity and large-scale inhomogeneity could in principle be incorporated (23). This surface is rendered infinite through the imposition of periodic boundary conditions.

Bead-surface interactions occur through the well-known Bell model, which involves the inclusion of the time-varying \(\omega_{ij}\) matrix (29). The matrix \(\omega_{ij}\) is an accounting of the status of binding between a polymer bead \(i\) and a surface binder \(j\) at time \(t\), with a 1 indicating that there is binding and a 0 indicating the absence of a binding interaction. These are probabilistically turned on and off for when a bead is in close proximity to a binder, indicating binding or unbinding reactions, with reaction updates occurring every time interval \(\tau_{on} = 1/\tau_0\). The Monte Carlo type update step is governed by

\[
\omega_{ij,t} = \begin{cases} 
1 & \text{if } \Xi < e^{-\Delta E_{UB,0} - \Delta E_{UB}} \\
0 & \text{if } \Xi < e^{-\Delta E_{UB,0} - \Delta E_{UB}} \\
0 & \text{if } \Xi < e^{-\Delta E_{UB,0} + \langle \hat{j} \rangle} \\
1 & \text{if } \Xi < e^{-\Delta E_{UB,0} + \langle \hat{j} \rangle} 
\end{cases}
\]

where the values \(\Delta E_{UB,0}\) and \(\Delta E_{UB}\) were defined earlier, in Fig. 1. Here, \(\tau_{on} = 1.0\) is the radius within which a reaction may occur between the monomer and the surface binder. This value is chosen to represent a binding volume similar to that found in similar models (24). \(\Xi\) is a randomly generated number between 0 and 1 that is compared to the probability of binding and unbinding (\(e^{-\Delta E_{UB}}\) and \(e^{-\Delta E_{UB} + \langle \hat{j} \rangle}\), respectively), which are functions of the energy of binding, \(\Delta E_{UB}\), and unbinding, \(\Delta E_{UB}\). The applied force \(\langle \hat{j} \rangle\) along a polymer-binder interaction may also affect the unbinding behavior of that association through the force-distance contribution, \(\langle \hat{j} \rangle^2\), in the aforementioned unbinding probability, where \(\hat{j}\) is either \(\hat{j} = 0.1\) (slip bond) or \(\hat{j} = 0.0\) (non-slip bond). The overall binding energy of the system, \(\Delta E_{UB} - \Delta E_{UB}\), governs the equilibrium behavior of the system.

For our simulations, \(\tau_{on} = 25\Delta t\), \(\Delta t = 0.0001\tau, u = 0.41\), and \(N = 50\), and each condition is run for at least 3 \(\times 10^8\) time steps (-100 times the relaxation time of the longest-relaxing system, measured by the time-time correlation function of \(\hat{r}_{	ext{corr}}\)).

**Correspondence of simulation values to real values**

For simulation convenience, it is useful and conventional to describe the system in dimensionless variables. In our simulation, energies are rendered dimensionless using units of thermal energy, \(\hat{E} = E/(k_B T)\), distances in units of dimer radius, \(\hat{r} = r/a\), and times in units of the characteristic diffusion time, \(\tau = k_B T/(6\pi \eta a^2)\) (where \(\eta\) is the solvent viscosity). To compare these dimensionless simulation results to vWF observations in experiment, we carry out the reverse transformations using relevant values of the various parameters. For the thermal energy, we represent energies in kJ/mol, using \(RT = 8.31 J/(mol K) \times 300 K\). The dimer radius we use is 38 nm, which matches experimental observation (3). Finally, we use \(\eta = 0.001\) Pa s as the viscosity of water. These are the only parameters that are needed to restate experimental dimensions to simulation results.

**REFERENCES**


30. Reference deleted in proof.