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Modeling the Effects of H1N1 Influenza Vaccine Distribution in the United States

Richard C. Larson, PhD1,2,*, Anna Teytelman3
1Engineering Systems Division (ESD), Massachusetts Institute of Technology, Cambridge, MA, USA; 2Center for Engineering Systems Fundamentals (CESF), Massachusetts Institute of Technology, Cambridge, MA, USA; 3Operations Research Center (ORC), Massachusetts Institute of Technology, Cambridge, MA, USA

ABSTRACT

Objective: We analyzed the effects of the timing of vaccine distribution in 11 US states during the 2009 H1N1 influenza pandemic. Methods: By using reported data on the fraction of patients presenting with flu-related symptoms, we developed a transformation that allowed estimation of the state-specific temporal flu wave curve, representing the number of new infections during each week. We also utilized data describing the weekly numbers of vaccine doses delivered and administered. By using a simple difference equations model of flu progression, we developed two influenza wave curves: first, an "observable" curve that included the beneficial effects of vaccinations, and second, an unobservable curve that depicted how the flu would have progressed with no vaccine administered. We fit the observable curve to match the estimated epidemic curve and early exponential growth associated with $R_0$, the reproductive number. By comparing the number of infections in each scenario, we estimated the infections averted by the administration of vaccine. Results: Southern states experienced peak infection several weeks before northern states, and most of the vaccine was delivered well after the peak of the southern flu wave. Our models suggest that the vaccine had minimal ameliorative impact in the southern states and measurable positive impact in the northern states. Vaccine delivery after peak also results in a smaller fraction of the population's seeking the vaccine. Conclusions: Our analysis suggests that current Centers for Disease Control and Prevention policy of allocating flu vaccine over time in direct proportion to states' populations may not be best in terms of averting nationally the maximum possible number of infections. Keywords: H1N1, influenza, pandemic reaction, vaccine availability, vaccine distribution.

Introduction

The novel H1N1 influenza virus surfaced in San Diego in early April 2009 and very soon thereafter in Mexico and was announced as a pandemic by the World Health Organization in June 2009 [1,2]. By early fall, most of the world was experiencing the wave of the H1N1 pandemic [3]. The US Centers for Disease Control and Prevention (CDC) took the threat of a pandemic seriously, and by the middle of April 2009, researchers began to develop vaccines matched to the new virus [1]. The vaccine production process for a novel flu strain requires at least 6 months for virus identification, vaccine invention, and then mass production using a long-standing egg-based technology. The inherent delays resulted in the first vaccines' being shipped in early October 2009 [4]. The vaccine had varying ameliorative effects in different regions of the United States. Partly because of early school openings in the southeast [5], the major wave of the outbreak hit the southeastern states earlier than the northern ones. Nonetheless, vaccines as produced were delivered to states strictly on a per capita basis [4], with each state receiving vaccine in direct proportion to its population. As a result, some states were able to vaccinate a significant portion of their population prior to the major flu wave’s hitting, while others did not receive vaccines until the major flu wave had already passed and interest in vaccinations had waned. Vaccine distribution within individual states was significantly more complicated because states had relative freedom in utilizing the vaccines shipped from the CDC. We refer the reader to Hopkins [6] for an in-depth analysis of the different approaches taken by states and the challenges faced during the H1N1 pandemic.

In this article, we present analysis of specific states' epidemic curves and the relative effectiveness of vaccine programs. The essential analytical issue we faced was estimating the epidemic flu curve in the absence of vaccine when the information we had was limited and was available only for the presence of vaccine. For most states, readily available information includes only the percentage of all hospitalizations and outpatient visits that were caused by influenza-like illness (ILI) [7]. The results of our analysis in this article suggest the importance of administering vaccination as early as possible, even if the numbers of vaccines administered are small. Early administration not only serves to decrease the...
peak of the epidemic curve but also encourages higher participa-
tion rates from the population.

The problem of vaccine allocation has been analyzed in the
context of distribution of vaccine to various demographic
groups in a population. The public policy consensus has been to
first vaccinate high-risk groups, including pregnant women,
health-care workers, and those at risk of complications from
influenza [8,9]. Some authors, however, claim that in the event
that large stockpiles of vaccine are available, the vaccines
should be distributed to the “drivers” of infection, such as
schoolchildren and other high-activity individuals [10]. Chowell
et al. [11] have approached the problem of measuring vaccine
effectiveness by modeling a possible outbreak similar to H1N1
based on Mexican demographics. They concluded that as much
as a 37% reduction in the number of hospitalizations could have
been achieved with an “adaptive” vaccination strategy based on
demographics and information obtained during the outbreak.
The authors suggested that as the outbreak progresses, vac-
cines should be allocated to different age groups in proportion
to the then-reported influenza-like symptoms and hospitaliza-
tions from within those age groups.

While these articles analyze the effectiveness of vaccination
programs on such parameters as the transmissibility of the flu and
the demographics of the population, we chose to consider another
issue, the timing of the vaccines administered. The timing of vaccine
distribution has been explored by some authors in the context of
both general influenza models [12,13] and specific outbreaks
[14,15]. We, in turn, analyzed the effect of vaccine distribution
timing on the spread of the 2009–2010 H1N1 virus in different US
states. The large size of the country allowed us to compare the
spread of the same strain of influenza as it infected different com-
nunities at different times.

Specifically, for each of several states, we examined two timing
relationships, the time of onset and growth of the flu wave and the
timing of vaccinations. For each state, we applied simple temporal
models to estimate the number of flu infections averted by the
administration of vaccine.

The rapid and massive spread of H1N1 in Mexico City in the
spring of 2009 motivated numerous articles estimating the param-
eters of the epidemic and characterizing the effects of H1N1. The
most important parameter in epidemiology, the reproductive
number $R_0$, is defined as the average number of new infections
caused by a “typical” infectious individual in a fully susceptible
population. Early estimates in Mexico estimated $R_0$ to range be-
tween 1.4 and 1.6 [16], implying a potentially dangerous progres-
sion for other countries. This, in turn, led to predicted estimates of
1.3 to 1.8 for $R_0$ for the United States and an estimated 60% national
infection rate [17,18]. The CDC later reestimated the range of ac-
tual US infections to be between 43 million and 88 million [19],
representing only 14% to 29% of the population.

A study in Ontario, Canada, estimated $R_0$ there to be about 1.31
[20]. The authors attributed the lower-than-predicted estimates to
heightened public awareness and better adherence to hygienic
behavior that reduces virus transmission. In our modeling of US
outbreak progression, we also encountered relatively low values
for $R_0$ but note that these values agree with findings in Ontario and
the relatively low infection rates reported in the United States.

In a recent article, Sander et al. [15] used an agent-based model
to depict the spread of H1N1 in Ontario. They asserted that the
immunization program in the province was a “cost-effective”
means to prevent H1N1 cases. Ontario’s program started admin-
istering vaccines 2 weeks before the peak of infections in Ontario.
Because most of the states were hit by the outbreak earlier, half of
the states started administering vaccine after the peak had al-
ready passed [21]. Not only were vaccines delivered late, but the
demand for vaccines also declined significantly by the time vac-
cines became available [22]. Eventually, in the United States, as
many as 70 million doses were left unadministered [23]. Surveys
showed that low participation rates were partially a result of con-
cerns for the safety of vaccines and the relative innocuousness of
the H1N1 virus [22,24]. Moreover, by December 2009, when vac-
cines became widely available to everyone, the proportion of peo-
ple in the population who were concerned about the dangers of
H1N1 had dropped significantly from between 51% and 59% to
about 40% [24].

For each state, Figure 1 displays in color codes the timing of
shipment of first vaccine with respect to the peak of the infection
in that state [4]. Six southeastern states received their first vac-
cines more than 4 weeks after the peak of their respective H1N1
outbreaks. The infection then spread northwest, with the north-
easter states having the most time to prepare and vaccinate their
populations. Maine and isolated Hawaii had more than 4 weeks of
vaccines delivered with

<table>
<thead>
<tr>
<th>Timing of Vaccine</th>
<th>Respect to Peak of Infection</th>
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<tbody>
<tr>
<td>&gt; 4 weeks before peak</td>
<td></td>
</tr>
<tr>
<td>between 2 and 4 weeks before peak</td>
<td></td>
</tr>
<tr>
<td>1 week after peak</td>
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<tr>
<td>at peak</td>
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<td>1 week before peak</td>
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<tr>
<td>between 2 and 4 weeks before peak</td>
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<tr>
<td>&gt; 4 weeks before peak</td>
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</table>

Fig. 1 – Timing of shipment of first vaccine with respect to the peak of the infection in selected states. N/A, not available.
Epidemic curve estimation

We first estimated the true epidemic curve within the different states, in which the flu curve includes the effects of vaccinations. Because this virus was so prevalent in the US population, it was impossible to record an accurate epidemic curve in each state. There was no direct way to know the total number of people infected because 1) many such individuals did not present themselves to medical authorities and 2) for those who did visit a physician, confirming tests for H1N1 were not routinely ordered. Instead, we used the data released by the states’ health departments that included the weekly percentage of all hospitalizations and outpatient visits resulting from ILI (%ILI) over the 2009–2010 flu seasons [7]. From that, we estimated the number of H1N1 infections for each week. We assumed that the total number of cases was directly proportional to the total number of H1N1 hospitalizations and outpatient visits. While the %ILI curve provided a good indication of the spread of infection, we did not use it as the epidemic curve because the total number of hospitalizations and outpatient visits associated with all medical conditions changes throughout the year. Each point on the %ILI temporal curve represents the percentage of the total number of hospitalizations and outpatient visits that are specific to H1N1. Because the flu wave first grows and then declines, this total number is not uniform throughout the observation period. We expect a higher number of total hospitalizations and outpatient visits during the peak of H1N1, with the number of non-H1N1 hospitalizations and outpatient visits remaining relatively stable throughout the several-month observation period. By using this assumption, we performed a simple transformation on the %ILI curve to obtain a new curve that we considered to be directly proportional to the experienced flu wave curve.

To carry out the required transformation, we split our timeline into discrete “flu generation periods,” with generations represented by \( t = 1, 2, 3, \ldots, t_{\text{max}} \). In our calculations, we let a single generation of the flu be equal to 10/3 = 2.33 days. Assuming just one number for the duration of the flu is a simplification. While actual generation of the flu varies with different viruses as well as on an individual level, we made this simplification to keep our discrete-time epidemic curve model tractable. The value we chose is consistent with the analysis of H1N1 in Mexico done in May 2009 [17,20].

We let

\[
C(t) = \text{the number of nonflu hospital patients in generation } t.
\]

Invoking our assumption of a constant number of such patients over time, we expressed

\[
C(t) = C_0 t = 1, 2, 3, \ldots, t_{\text{max}}.
\]

Next we considered the unobservable number of flu patients seeking hospital medical advice: \( N(t) = \text{the number of patients with H1N1 who visit a hospital in generation } t \), for \( t = 1, 2, 3, \ldots, t_{\text{max}} \). What we observed in reported data was \( F(t) \), the fraction of all hospital visits that were attributable to H1N1,

\[
F(t) = \frac{N(t)}{N(t) + C_0}.
\]

Solving for \( N(t) \), we calculated

\[
F(t)|N(t) + C_0| = N(t),
\]

or

\[
F(t)C_0 = N(t)(1 - F(t)),
\]

or

\[
N(t) = \frac{C_0F(t)}{1 - F(t)}.
\]

Invoking the assumption that the total number of H1N1 cases is proportional to the number of H1N1-related hospital visits, we deduced that the shape of the epidemic curve was proportional to \( N(t) \). Because we had access to \( F(t) \) only, the value of \( C_0 \), the total number of non-H1N1 hospital visits per generation, was unknown. While we did not know that quantity, we could approximate the value of \( C_0 \) because we knew the total number of H1N1 visits during our time period. Specifically, we let \( I \) be the total number of H1N1 visits in a US state. Then,

\[
\sum_{n=1}^{t_{\text{max}}} [N(t) + C_0] = \sum_{n=1}^{t_{\text{max}}} \frac{C_0F(t)}{1 - F(t)} + C_0 = I.
\]

Consequently, we calculated

\[
C_0 = \frac{I}{t_{\text{max}} \sum_{n=1}^{t_{\text{max}}} \frac{F(t)}{1 - F(t)}}.
\]

We approximated I by using information from the CDC regarding the total number of infections in the United States. This transformation gave us a closer estimate of the actual epidemic curve than did the %ILI curve by itself. We were still faced with the fact, however, that people presented to doctors and hospitals at different rates throughout the pandemic. One might conjecture that the rate of hospital visits would have been higher at the beginning of the pandemic, when media reports were implying a real danger from flu-like symptoms, and that the rate would decrease toward the end of the epidemic, when reports had confirmed that the consequences of H1N1 were relatively mild; but the rate of hospital admissions would not be affected by such psychological factors. Furthermore, there are still other factors, such as parents of symptomatic children not wishing to present
their children to medical facilities for fear of their contracting the illness, should they not already have it. One can keep conjecturing ad infinitum. It is difficult to quantify these myriad possible effects, and so we did not include them in the transformation.

According to the CDC, the percentage of people infected with H1N1 in the United States ranged from 14% to 29% of the population [15]. We tried a range of values for the total number of infections in the region and fit our model to each one by finding the parameters that minimized the mean square error between the epidemic curve and the resulting modeled curve. To find the best fit, we modified three parameters: the total number of infections, the number of infections at the start of the epidemic (“patient zeros”), and $R_0$. For each fit, we took the resulting fitted value of $R_0$. The values were usually close together, and we chose the value of $R_0$ that best fit the exponential growth of cases near the onset of the epidemic.

### A set of difference equations

We used a set of difference equations that corresponds to a discrete-time version of a classic Susceptible-Infected-Recovered (S-I-R) model [25–27,31].

<table>
<thead>
<tr>
<th>Equation</th>
<th>Description</th>
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<tr>
<td>$I(t) = I(t-1) + M(I(t-1) + V(t-1))$, $t = 1, 2, 3, \ldots, t_{\text{max}}$</td>
<td>Determining $I(t)$ at generation $t$ we assumed that there were a total of $I(t)$ individuals immune to the disease. This immunity can be derived from having been vaccinated or from having recovered from the disease. For simplicity in this model, we assumed that individuals infected in generation $(t-1)$ recovered and were immune in generation $t$. We also assumed that during the time of generation $(t-1)$, $V(t-1)$ individuals received vaccine that made them immune for the first time in generation $t$. Thus, we wrote a difference equation for determining the value of $I(t)$: $I(t) = I(t-1) + M(I(t-1) + V(t-1))$, $t = 1, 2, 3, \ldots, t_{\text{max}}$.</td>
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<tr>
<th>Equation</th>
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<tr>
<td>$MI(t) = R_0 \prod_{n=1}^{t} R(n)$, $t = 1, 2, 3, \ldots, t_{\text{max}}$</td>
<td>We now had a model consisting of the following three equations where $V(t)$ is known for all $t$. $MI(t)$ is the mean number of infections at time $t$.</td>
</tr>
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<tr>
<th>Equation</th>
<th>Description</th>
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<tbody>
<tr>
<td>$R(t) = \frac{N - I(t) - MI(t)}{N}$, $t = 1, 2, 3, \ldots, t_{\text{max}}$</td>
<td>These equations can be solved iteratively, via recursion starting with the boundary conditions $MI(0)$, $I(0)$, and $R(0) = R_0$.</td>
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### Estimating the effects of vaccine

#### The nonobservable curve

Suppose, in the absence of vaccines, we have a pandemic infection curve $C(t)$. Here, $C(t) = \text{the number of new flu infections during generation } t$, with $t = 1, 2, 3, \ldots, t_{\text{max}}$. $C(t)$ is now modified by a factor of $V(t)$, which is the number of individuals who have been vaccinated and first acquired immunity during generation $t$, with $t = 1, 2, 3, \ldots, t_{\text{max}}$. We assumed that only susceptible individuals received vaccinations.

#### Timing of vaccinations and subsequent immunity

To depict the effect of vaccinations on the population, we used $V(t)$, which is the number of individuals who have been vaccinated and first acquired immunity during generation $t$, with $t = 1, 2, 3, \ldots, t_{\text{max}}$. On average, vaccines take effect about 2 weeks after they have been administered. In our approximations, we compared the numbers calculated in the cases in which the vaccines took effect immediately as well as the cases in which vaccines took effect after 2 weeks. Similarly, we considered vaccine effectiveness (i.e., creating immunity to H1N1) to be between 75% and 100%. According to preliminary studies, the effectiveness of H1N1 vaccine was severely underreported. The underreporting appeared to be especially significant at the beginning and end of the outbreak [19,33]. To avoid this “statistical noise” effect, we fit the model-based epidemic curve to the data surrounding the peak of the epidemic, specifically to the part of the empirical curve that contains 75% of the cases. To find a best reasonable fit, we used the difference Equations 2, 3, and 4.
and manipulated the parameters $R_0$ and $MI(0)$. The best fit was determined to be one for which the peak of the model-determined epidemic curve coincided with the estimated real epidemic curve and for which exponential growth of the early stages of the outbreak coincided with the real epidemic curve. The $R_0$ obtained by using this method might be a slight underestimate of the true $R_0$ for the H1N1 pandemic because it was not fitted at the very beginning of the outbreak when data were very noisy, but only once clear exponential growth was established. This methodology, however, is consistently used in the literature and provides a reasonable estimate for the basic reproductive number [16,34].

**Results**

**Oklahoma in detail**

Consider as an illustrative example the estimation process for Oklahoma. Figure 2 shows 1) the empirical-based estimated epidemic curve for Oklahoma created using the transformation described above and 2) the time-sequenced vaccine administration data reported by the state. In Figure 3, we again included the empirical epidemic curve and three model-generated epidemic curves:

1. The curve generated by using the Oklahoma-reported vaccine administration data, fitted to correspond best to the empirical epidemic curve;

2. The curve generated in the hypothetical case in which vaccines were not administered at all; and

3. The curve generated in the hypothetical case in which vaccines were administered 2 weeks earlier than had actually occurred.

The total number of infections caused by the outbreak in Oklahoma was calculated by the area under an epidemic curve. The effect of the vaccines administered in Oklahoma was determined by calculating the area between the “actual” model-generated curve and the “no-vaccine” model-generated curve (Fig. 4).

We analyzed 11 states in detail and inferred the total number of infections that were prevented as a result of their respective immunization programs. The states Illinois, Indiana, Massachusetts, Mississippi, Montana, New Jersey, New York, North Dakota, Oklahoma, South Carolina, and Virginia graciously provided us with precise data on vaccines as they were dispensed throughout the outbreak. Here we display two cases for each state:

1. The optimistic case, in which all vaccines are effective immediately and are 100% effective, and

2. The pessimistic case, in which vaccines are effective 2 weeks after administration and are effective for only 75% of the individuals receiving the vaccine.

It is possible that some ILI-related cases were reported with a delay of 1 or 2 weeks with respect to symptom onset, because infected individuals may be more likely to visit a medical professional after symptoms become severe. If that is the case, our estimated epidemic curve might be shifted to the left by a few generations. If true, the infections occurred even earlier than what we had assumed, and so vaccine arrival occurred even later with respect to the peak of infections. This would imply that our results are an optimistic estimate of the effectiveness of states’ vaccine programs.
Graphic proximity also seems to result in similar lower population density such as Oklahoma and Montana. Geographic New York and Illinois and lower values corresponding to states with narrow, with higher values falling on more populated states such as Louisiana, Indiana, and South Carolina had not started passed. Louisiana, Indiana, and South Carolina had not started received vaccines after the worst of the infection had already received the vaccine. Such late immunizations may be important if benefit to the society other than immunizing the people who received the vaccine. Late administration of the vaccine has almost no effect on the dynamics of the outbreak and has little benefit to the society other than immunizing the people who received the vaccine. Such late immunizations may be important if administration of vaccines decreases the number of people who still need to be infected before herd immunity is achieved, and so decreases the height of the peak. Late administration of the vaccine has almost no effect on the dynamics of the outbreak and has little benefit to the society other than immunizing the people who received the vaccine. Such late immunizations may be important if the flu were to return later in a new wave.

Consider again the southeastern states of the United States, the first region to report infection peaks. As early victims they received vaccines after the worst of the infection had already passed. Louisiana, Indiana, and South Carolina had not started administering vaccines until after the peak of outbreak. And these states were least successful in averting infections. On the other hand, Massachusetts and Virginia started administering their vaccines 5 and 3 weeks, respectively, before their respective peaks. These two states enjoyed a particularly good impact from their vaccination programs. Massachusetts, in addition to having 5 weeks of vaccinations prior to the H1N1 peak, vaccinated 29% of its population, the most of any state in our sample. As a result, as much as 7% to 14% of the population may have been spared infection and possible complications from influenza. While Massachusetts and Virginia had effective experiences with their vaccinations, most states did not. On average for our limited sample, vaccines were delivered just before the peak of the states’ outbreaks.

To quantify the effect of time in averting infection we considered one of the states that vaccinated almost 20% of its population, Indiana. Hypothetically, if the same number of vaccines had been delivered just 2 weeks earlier, more than twice the number of infections could have been averted. With a more granular approach, we considered the marginal benefit of administering just one vaccination at a given time. We mapped the total projected number of infections that could be averted if just one vaccine were administered at different points in time and compared that number to the total number of infections that would have occurred if no vaccines were administered at all. The differences are presented in Figure 5. As expected, adminin-
Vaccinated vaccines have a monotonically decreasing benefit with respect to time. A striking feature of Figure 5 is the fact that one vaccination to a susceptible person well before the flu wave starts averts almost two infections in the population, even with a low value for $R_0$ (1.15) and even considering the fact that the vaccinated person has a greater than even chance of never becoming infected assuming no vaccination. Clearly, vaccines administered well before the peak carry the added benefit of diluting the susceptible population with immune people and are particularly useful in mitigating the spread of infection.

Another insightful feature of this graph is the slope of the marginal benefit curve, which represents the time dependence of effective vaccines. While starting vaccine administration in Indiana in July would be most effective for Indiana, the effect of these vaccines would not change significantly until the beginning of September. That is, if vaccines were to be available in July, Indiana could have waited to receive its share until September with minimal losses. Similarly, vaccines received after December will have the same (minimal) effect whether they are administered in December or February. The effectiveness of vaccines, however, is extremely time sensitive from the end of September to mid-November, where each week results in a significant loss of effectiveness. Vaccines that become available during this critical period need to be administered as soon as possible. These results encourage us to recommend a more detailed cost–benefit analysis of trying to get some vaccine, even if in much smaller quantities, to the states at the beginning of this “critical period,” when the population is particularly sensitive to the timing of vaccination. A small amount of vaccine delivered early should have a more significant effect on the total number of infections than a batch delivered just a few weeks later.

Furthermore, we conjecture that the timeliness of the vaccines is also closely related to the total amount of vaccine accepted by the population. While the CDC distributed its vaccines proportionally to the population of each region, states varied in the amount of vaccine that was actually used. For instance, Mississippi used less than 40% of its allocated vaccine, most likely due to “flu fatigue.” While the media are particularly helpful at warning the public of an ongoing pandemic and encouraging the use of nonpharmaceutical interventions, they can also give the impression that the outbreak is over or has been blown out of proportion. Once the peak of the outbreak had passed and H1N1 had been determined to be less dangerous than was originally feared, the populations of the “early victim” states would be less likely to spend their time and risk perceived possible side effects of getting a flu shot.

Looking at all 50 states and comparing the percentage of vaccinated population by the end of the outbreak to the week of vaccine delivery [36], we notice in Figure 6 a weak negative correlation between the timing of vaccine delivery with respect to the peak, and the total percentage of the population that accepted vaccinations. These results are consistent with the position of Harris et al. [22] that had the vaccines been delivered earlier to the states, more people would have been encouraged to accept a vaccination.

This effect would be particularly relevant to South Carolina, which started administering its vaccines 1 week after the peak of infection and subsequently managed to vaccinate only 8% of its population. If these vaccinations were to have started earlier, before the peak, we could hypothesize not only an increase in effectiveness from timing alone but also a higher participation rate in the vaccination program. Early administration is particularly important in that it increases the efficacy of vaccine along with encouraging people to accept vaccination.

**Vaccine allocation**

As shown in Figure 7, in the first few weeks of vaccine distribution, when demand for vaccine clearly exceeded supply, the CDC allocated vaccine to states proportionally to their populations [4]. Par
particularly in early October, this simple distribution scheme ensured that all states received amounts that could be used to immunize the same proportion of the population. Come November, those states that saw little demand started placing fewer orders for influenza vaccine, while those with later epidemics such as Massachusetts and Virginia were still experiencing high demand and were shipped larger quantities of vaccine, confirming the intuition from Figure 6.

The previous sections imply that the same vaccines administered in states that had already experienced the peak of the infection at the time vaccines started arriving were much less effective than those administered in states that had not yet experienced the peak. Moreover, the states that were past the peak saw less demand for vaccines and thus used only a small fraction of their allocated vaccines. Consider a side-by-side analysis of Mississippi and North Dakota in Table 2.

It is clear that vaccines administered in North Dakota were significantly more effective than those in Mississippi. In fact, the Mississippi vaccines had almost no effect because the infection was barely spreading by the time vaccines became available. Coupled with this, North Dakota was experiencing more demand for the vaccines at the beginning of its program. Based on this analysis, we believe that there is a need for more effective procedures for allocating vaccines to US states.

Naturally, allocating all of Mississippi’s vaccines to North Dakota would be not only unethical but also politically infeasible. Instead, as a thought experiment, suppose that just 20% of Mississippi’s unused vaccine were to be transferred to North Dakota during the first 4 weeks of vaccine distribution. Suppose that with this addition, 60% of the new vaccines were actually administered. This additional vaccine would decrease the total number of infections in North Dakota by 5%. That is a significant improvement for a relatively small cost. An adaptive decision such as this can be made during the allocation process. We can form even approximate predictions about how much vaccine will actually be demanded by the state and how effective the extra vaccines would be in reducing infections. For example, by using data collected from our 11 states, we can weakly estimate that a state that had experienced peak infection 6 weeks earlier can be expected to vaccinate no more than 4% of its population within the first 4 weeks. In the first 4 weeks of the 2009 H1N1 outbreak, the CDC allocated to Mississippi enough vaccine to cover 7% of its population. With accurate data, some portion of that could have been redirected to states that were more likely to use and benefit from the vaccine.

Table 2 – Comparison of vaccination programs in North Dakota and Mississippi.

<table>
<thead>
<tr>
<th>North Dakota</th>
<th>Mississippi</th>
</tr>
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<tbody>
<tr>
<td>● Started administration 1 wk before peak</td>
<td>● Received vaccines 6 wk after peak</td>
</tr>
<tr>
<td>● A hypothetical single batch of 32,342 vaccines (5% of the population) administered on October 10 averts 33,745 infections (5.2% of the population)</td>
<td>● A hypothetical single batch of 147,599 vaccines (5% of the population) administered on October 10 averts 27,173 infections (0.9% of the population)</td>
</tr>
<tr>
<td>● In the first 4 wk administered 62% of available vaccines</td>
<td>● In the first 4 wk administered less than 25% of available vaccines</td>
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</table>

are projected to administer more of the vaccine with greater beneficial effects.

In our analysis of individual state immunization programs we used a relatively simple model, assuming a homogeneous population and a deterministic model structure. As a result, our model, as most models, is not an exact picture of what happened during the fall of 2009, but rather a tool to gain insight about strategies that could help the public mitigate the effect of influenza pandemics. While the exact numbers almost surely differ from the estimates, the relative results should hold under a range of assumptions about $R_0$ vaccine efficacy and the generation period of the flu.

Conclusions

Our analysis shows the importance of the timing of vaccinations for infectious respiratory diseases such as influenza. We emphasize the need to start administering vaccines well before the peak of an influenza outbreak. Moreover, when a governing body such as the CDC is faced with the allocation decision, it is important to take into consideration the stages of the outbreaks in different regions and to deploy vaccine with preference to the regions that

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Supplemental Materials

Supplemental material accompanying this article can be found in the online version as a hyperlink at doi:10.1016/j.jval.2011.07.014 or, if a hard copy of article, at www.valueinhealthjournal.com/issues (select volume, issue, and article).

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