Gut Microbiome Phenotypes Driven by Host Genetics Affect Arsenic Metabolism

Kun Lu,†∥ Ridwan Mahbub,‖ Peter Hans Cable,⊥ Hongyu Ru,‖ Nicola M. A. Parry,‡ Wanda M. Bodnar,† John S. Wishnok,† Miroslav Styblo,∥⊥ James A. Swenberg,⊥ James G. Fox,⊥‡ and Steven R. Tannenbaum†*,§

†Department of Biological Engineering, ‡Division of Comparative Medicine, and §Department of Chemistry, Massachusetts Institute of Technology, Cambridge, Massachusetts 02139, United States
‖Department of Environmental Health Science, University of Georgia, Athens, Georgia 30602, United States
⊥Department of Environmental Sciences and Engineering and ‖Department of Nutrition, University of North Carolina, Chapel Hill, North Carolina 27599, United States

Supporting Information

ABSTRACT: Large individual differences in susceptibility to arsenic-induced diseases are well-documented and frequently associated with different patterns of arsenic metabolism. In this context, the role of the gut microbiome in directly metabolizing arsenic and triggering systemic responses in diverse organs raises the possibility that gut microbiome phenotypes affect the spectrum of metabolized arsenic species. However, it remains unclear how host genetics and the gut microbiome interact to affect the biotransformation of arsenic. Using an integrated approach combining 16S rRNA gene sequencing and HPLC-ICP-MS arsenic speciation, we demonstrate that IL-10 gene knockout leads to a significant taxonomic change of the gut microbiome, which in turn substantially affects arsenic metabolism.

Exposure to arsenic affects large human populations worldwide, with contamination of drinking water by geological sources of inorganic arsenic being the primary route of exposure. Hundreds of millions of people drink water with arsenic levels that far exceed the 10 μg/L guideline established by the World Health Organization (WHO) and U.S. Environmental Protection Agency (EPA). For example, approximately 25 million Americans are estimated to drink water with an arsenic level above EPA guidelines. Arsenic exposure has been associated with a number of diseases, such as skin, bladder, lung, and liver cancers and diabetes as well as cardiovascular disorders and reproductive defects. It is well-documented that there are large differences in susceptibility to arsenic-induced diseases among individuals at similar exposure levels, with several underlying mechanisms, such as genetic polymorphisms, epigenetics, and nutrition homeostasis, being proposed. Individual susceptibility is frequently associated with different spectra of arsenic metabolism. The metabolic pathway of inorganic arsenic consists of alternating reduction from pentavalent arsenic to trivalent and oxidative methylation of the trivalent arsenic metabolites. The six arsenic species involved in this pathway in humans are inorganic arsenic (iAsV and iAsIII), monomethylarsonic acid (MMAsV), monomethylarsonous acid (MMAsIII), dimethylarsinous acid (DMaIII), dimethylarsinic acid (DMAV), and dimethylarsonic acid (DMAIII). The abundance and patterns of arsenic species have long been closely associated with toxicity in humans exposed to arsenic, with the MMaSV/DMaSV ratio showing a positive association with arsenic toxicity in several studies.

Accumulating evidence indicates that perturbations of the gut microbiome and its functions may play an important role in the development of human diseases. The essential role of the gut microbiome in the metabolism of xenobiotics raises the possibility that gut microbiome phenotypes affect the biotransformation of arsenic; a few experiments have documented this using gut microbiota from animal models or in vitro simulators of the human intestinal microbial ecosystem. In particular, our group has recently demonstrated that bacterial infection-induced gut microbiome perturbations impact the biotransformation of inorganic arsenic. The composition of the gut microbiome is highly diverse, and this diversity can be modulated by many factors, such as environment, diet, bacterial/viral infection, and antibiotics. However, it remains unclear whether host genetics define the gut microbiome and subsequently affect the metabolism of arsenic. Therefore, in...
this study, we employed a mouse model with different gut microbiome phenotypes driven by gene knockout to address this question. The selection of interleukin-10 (IL-10) was based on its function in immune response, which is intrinsically intertwined with the gut flora.8

The experimental workflow and detailed methods are described in the Supporting Information and Figure S1. Briefly, the gut microbiome difference between wild-type and IL-10−/− mice were first determined using 16S rRNA gene sequencing (Figure 1). Next, wild-type and knockout mice were treated with arsenic (10 ppm in drinking water) for 4 weeks followed by arsenic-speciation analysis using HPLC-ICP-MS to quantify major arsenic metabolites (Figure 2). Finally, correlations between the gut microbiome changes and altered arsenic metabolites in urine were examined to establish the functional impacts of gene-driven gut microbiome changes on arsenic biotransformation (Figure 3).

Figure 1 shows the gut microbiome difference between wild-type and knockout mice. Identified gut bacteria assigned at the family level from 16S rRNA sequencing reads are illustrated, with each color representing an individual bacterial family. Clearly, IL-10 knockout induces a significant taxonomic perturbation in the gut microbiome of mice, with Bacteroidetes (teal) and Firmicutes (brown) being remarkably increased and decreased, as shown in Figure 1. Detailed information about changed gut bacterial families is listed in Table S1. The difference in the gut microbiome patterns arising from gene knockout is also readily differentiated using multivariate statistical analysis, as shown by the PCoA plot in Figure S2. In addition, histological analysis revealed that gene knockout and arsenic did not induce statistically significant differences between the wild-type and knockout mice with regard to inflammation, edema, epithelial defects, crypt atrophy, hyperplasia, and dysplasia in multiple regions of the colon and liver during the experimental period (Figure S3).

We next performed arsenic-speciation analysis in urine (Figure S4) and compared the relative abundance of measured arsenic species to examine the impact of gene-driven gut microbiome alterations on arsenic biotransformation. Among six arsenic metabolites quantified, DMASV was significantly decreased in urine after 4 weeks of exposure to arsenic (Figure 2A), whereas MMASV and iAsV were concurrently increased in the knockout group (Figure 2B,C), suggesting that gut microbiome changes arising from gene knockout interfere with the detoxification of inorganic arsenic. In addition, the ratio of MMASV/DMASV was increased in knockout mice (Figure 2D), resembling those observed in humans who are associated with higher arsenic toxicity.9

To explore the functional correlation between the gut microbiome phenotypes and arsenic metabolites, a correlation matrix was generated by calculating the Pearson’s correlation coefficient (Figure S5). Clear correlations were identified between the gut microbiome and altered arsenic species (ρ > 0.5 or < −0.5, p < 0.05) in exposed mice. Figure 3 lists several typical gut bacterial components that are highly negatively or positively correlated with DMASV and iAsV. These results show...
that gut microbiome phenotypes driven by gene knockout substantially alter the metabolite profile of arsenic.

Previously, we have shown that bacterial infection-induced gut microbiome perturbations alter arsenic metabolism. This study further reveals that gene-knockout-driven gut microbiome phenotypes affect the biotransformation of inorganic arsenic, highlighting the role of the interaction between host genetics and the gut microbiome in xenobiotics metabolism. It has been reported that there are large individual variations in the gut microbiome and metagenomic genotypes in humans, with mechanisms that have not been identified yet. In addition to external factors, animal studies suggest that the host’s genetic background may play a role in shaping gut-flora phenotypes. Of particular importance, gut microbiome phenotypes are associated with different individuals’ capacity to metabolize xenobiotics, as the gut microbiome is not only involved in direct metabolism of compounds but also triggers systemic effects beyond the gut, such as altering diverse enzymes in the liver, including P450s and other enzymes responsible for the metabolic activation of xenobiotics. Therefore, it would provide novel mechanistic insights into individual susceptibility to decipher complex interactions among host genetics, gut microbiome composition/function, and xenobiotics metabolism and subsequent toxic effects.

In summary, we have combined an animal model with gene-driven gut microbiome phenotypes, 16S rRNA gene sequencing, and HPLC-ICP-MS arsenic speciation to delineate the impact of gut microbiome phenotypes on the biotransformation of arsenic. Several major arsenic species were significantly modulated by gut microbiome changes resulting from gene knockout. These data show that gut microbiome compositions play a role in affecting the abundance of specific toxic species, supporting the hypothesis that gut microbiome phenotypes affect the spectra of arsenic metabolites and individual response to exposure. These findings also emphasize the importance of host genetics in shaping the gut microbiome. Taken together, this study serves as the first demonstration of interaction among host genetics, gut microbiome, and xenobiotics metabolism and highlights the gene-driven gut microbiome phenotype as a potential novel risk factor associated with individual susceptibility to diverse environmental chemicals such as inorganic arsenic.

**REFERENCES**