Throughput Optimal Routing in Overlay Networks

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Abstract—Maximum throughput requires path diversity enabled by bifurcating traffic at different network nodes. In this work, we consider a network where traffic bifurcation is allowed only at a subset of nodes called routers, while the rest nodes (called forwarders) cannot bifurcate traffic and hence only forward packets on specified paths. This implements an overlay network of routers where each overlay link corresponds to a path in the physical network. We study dynamic routing implemented at the overlay. We develop a queue-based policy, which is shown to be maximally stable (throughput optimal) for a restricted class of network scenarios where overlay links do not correspond to overlapping physical paths. Simulation results show that our policy yields better delay over dynamic policies that allow bifurcation at all nodes, such as the backpressure policy. Additionally, we provide a heuristic extension of our proposed overlay routing scheme for the unrestricted class of networks.

I. INTRODUCTION

A common way to route data in communication networks is shortest path routing. Routing schemes using shortest path are single-path; they route all packets of a session through the same dedicated path. Although single-path schemes thrive because of their simplicity, they are in general throughput suboptimal. Maximizing network throughput requires multi-path routing, where the different paths are used to provide diversity.

When the network conditions are time-varying or when the session demands fluctuate unpredictably, it is required to balance the traffic over the available paths using a dynamic routing scheme which adapts to changes in an online fashion. In the past, schemes such as backpressure [13] have been proposed to discover multiple paths dynamically and mitigate the effects of network variability. Although backpressure is desirable in many applications, its practicality is limited by the fact that it requires all nodes in the network to make online routing decisions. Often it is the case that some network nodes have limited capabilities and cannot perform such actions. In this paper we study dynamic routing when decisions can be made only at a subset of nodes, while the rest nodes use fixed single-path routing rules.

Network overlays are frequently used to deploy new communication architectures in legacy networks [11]. To accomplish this, messages from the new technology are encapsulated in the legacy format, allowing the two methods to coexist in the legacy network. Nodes equipped with the new technology are then connected in a conceptual network overlay, Fig. 1. Prior works have considered the use of this methodology to introduce new routing capabilities in the Internet. For example, content providers use overlays to balance the traffic across different Internet paths and improve resilience and end-to-end performance [1], [12]. In our work we use a network overlay to introduce dynamic routing to a legacy network which operates based on single-path routing. Nodes that implement the overlay layer are called routers and are able to make online routing decisions, bifurcating traffic along different paths. The rest nodes, called forwarders, rely on a single-path routing protocol which is available to the physical network, see Fig. 1.

There are many applications of our overlay routing model. For networks with heterogeneous technologies, the overlay routers correspond to devices with extended capabilities, while the forwarders correspond to less capable devices. For example, to introduce dynamic routing in a network running a legacy routing protocol, it is possible to use Software Defined Networks to install dynamic routing functions on a subset of devices (the routers). In the paradigm of multi-owned networks, the forwarders are devices where the vendor has no administrative rights. For example consider a network that uses leased satellite links, where the forwarding rules may be pre-specified by the lease. In such heterogeneous scenarios, maximizing throughput by controlling only a fraction of nodes introduces a tremendous degree of flexibility.

In the physical network $\mathcal{G} = (\mathcal{N}, \mathcal{L})$ denote the set of routers with $\mathcal{V} \subseteq \mathcal{N}$. Also, denote the throughput region of this network with $\Lambda(\mathcal{V})$ [5]. Then, $\Lambda(\mathcal{N})$ is the throughput of the network when all nodes are routers. We call this the full throughput of $\mathcal{G}$, and it can be achieved if all nodes run the backpressure policy [13]. Also, $\Lambda(\emptyset)$ is the throughput of a network consisting only of forwarders, which is equivalent to single-path throughput. Since increasing the number of routers increases path diversity, we generally have $\Lambda(\emptyset) \subseteq \Lambda(\mathcal{V}) \subseteq \Lambda(\mathcal{N})$. Prior work studies the necessary and sufficient conditions for router set $\mathcal{V}$ to guarantee full throughput, i.e., $\Lambda(\mathcal{V}) = \Lambda(\mathcal{N})$ [6]. The results

\footnote{The definition of throughput region is given later; here it suffices to think of the set of feasible throughputs.}
well, but we do not study them in this work. The equivalent overlay network of routers and tunnels,
of the study show that using a small percentage of routers (8%) is sufficient for full throughput in power-law random
graphs—an accurate model of the Internet [9]. Although [4] characterizes the throughput region \( \Lambda(\mathcal{V}) \), a dynamic routing to achieve this performance is still unknown. For example, in the same work it is showcased that backpressure operating in the overlay is suboptimal. In this work we fill this gap under a specific topological assumption explained in detail later. We study dynamic routing in the overlay network of routers and propose a control policy that achieves \( \Lambda(\mathcal{V}) \). Our work is the first to analytically study such a heterogeneous dynamic routing policy and prove its optimality.

II. SYSTEM MODEL

We consider a physical network \( \mathcal{G} = (\mathcal{N}, \mathcal{L}) \) where the nodes are partitioned to routers \( \mathcal{V} \) and forwarders \( \mathcal{N} - \mathcal{V} \). The physical network has installed single-path routing rules, which we capture as follows. Every router \( i \in \mathcal{V} \) is assigned an acyclic path \( p_{ij} \) to every other router \( j \in \mathcal{V} \). Figure 2 (left) shows with bold arrows the shortest paths available to \( a \) by the single-path routing scheme of the physical network. (right) The network topology \( \mathcal{G} \) consists of routers \( \mathcal{V} \), and intermediate nodes forwarders. We then define the overlay network as an equivalent overlay network of routers and tunnels. The legacy routing protocol may provide paths between physical nodes as well, but we do not study them in this work.

A. The Overlay Network of Tunnels

We introduce the concept of tunnels. The tunnel \((i,j)\in\mathcal{E}\) corresponds to a path \( p_{ij}\in P \) with end-points routers \( i,j \) and intermediate nodes forwarders. We then define the overlay network \( \mathcal{G}_R = (\mathcal{V}, \mathcal{E}) \) consisting of routers \( \mathcal{V} \) and tunnels \( \mathcal{E} \). Figure 2 (right) depicts the overlay network for the physical network in the left, assuming shortest path routing is used.

1) Topological Assumption: In this work we study the case of non-overlapping tunnels. Let \( \mathcal{T}_{ij} \) be the set of all physical links of tunnel \((i,j)\) with the exception of the first input link.

**Definition 1** (Non-Overlapping Tunnels). An overlay network satisfies the non-overlapping tunnels condition if for any two tunnels \( e_1 \neq e_2 \) we have \( \mathcal{T}_{e_1} \cap \mathcal{T}_{e_2} = \emptyset \).

Whether the condition is satisfied or not, depends on the network topology \( \mathcal{G} \), the set of routers \( \mathcal{V} \), and the set of paths \( P \) which altogether determine \( \mathcal{T}_{ij} \), for all \( i,j \in \mathcal{V} \). The network of Figure 2 satisfies the non-overlapping tunnels condition since each of the links \((d,e),(b,c)\) belongs to exactly one tunnel. On the other hand, in the network of Figure 3 link \((c,d)\) belongs to two tunnels, hence the condition is not satisfied.

![Figure 2](image1.png)

Fig. 2. (left) An example network of routers and forwarders, where routers are \( \mathcal{V} = \{a,c,e\} \). We indicate with bold arrows the shortest paths available to \( a \) by the single-path routing scheme of the physical network. (right) The equivalent overlay network of routers and tunnels.

![Figure 3](image2.png)

Fig. 3. An example with overlapping tunnels.

![Figure 4](image3.png)

Fig. 4. The input of a tunnel is controllable (solid line) but the output is uncontrollable (dotted line).

When tunnels overlap, packets belonging to different tunnels compete for service at the forwarders, which further complicates the analysis. Our analytical results focus exclusively on the non-overlapping tunnels case which still constitutes an interesting and difficult problem. However, in the simulation section we heuristically extend our proposed policy to apply to general networks with overlapping tunnels and showcase that the extended policy has near-optimal performance.

B. Overlay Queueing Model

The overlay network admits a set of sessions \( \mathcal{C} \), where each session has a unique router destination, but possibly multiple router sources. Time is slotted; at the end of time slot \( t \), \( A_i^c(t) \leq A_{\text{max}} \) for all \( c \in \mathcal{C} \) arrive exogenously at router \( i \), where \( A_{\text{max}} \) is a positive constant.

For every tunnel \((i,j)\), a routing policy \( \pi \) chooses the routing function \( \mu_{ij}^c(t,\pi) \) in slot \( t \) which determines the number of session \( c \) packets to be routed from router \( i \) into the tunnel. Additionally, we denote with \( \phi_{ij}^c(t) \) the actual number of session \( c \) packets that exit the tunnel in slot \( t \). For a visual association of \( \mu_{ij}^c(t,\pi) \) and \( \phi_{ij}^c(t) \) to the tunnel links see Figure 4. Note that \( \mu_{ij}^c(t,\pi) \) is decided by router \( i \) while \( \phi_{ij}^c(t) \) is uncontrollable.

Let the sets \( \text{In}(i), \text{Out}(i) \) represent the incoming and outgoing neighbors of router \( i \) on \( \mathcal{G}_R \). Packets of session \( c \) are stored at router \( i \) in a router queue. Its backlog \( Q_i^c(t) \) evolves according to the following equation

\[
Q_i^c(t+1) = \left( Q_i^c(t) - \sum_{b \in \text{Out}(i)} \mu_{ib}^c(t,\pi) \right) + \sum_{a \in \text{In}(i)} \phi_{ai}^c(t) + A_i^c(t),
\]

where we use \( (.)^+ = \max\{(.,0) \} \) since there might not be enough packets to transmit.

\[\text{(1)}\]

Note that we focus exclusively on routing at the overlay layer. Thus \( A_i^c(t) \) are defined at overlay router nodes.
On tunnel \((i, j)\) we collect all packets into one tunnel queue \(F_{ij}(t)\) whose evolution satisfies
\[
F_{ij}(t + 1) \leq F_{ij}(t) - \sum_{\epsilon \text{ departures}} \phi_{ij}^\epsilon(t) + \sum_{\epsilon \text{ arrivals}} \mu_{ij}^\epsilon(t, \pi), \; \forall (i, j) \in \mathcal{E}.
\]
(2)

The packets that actually arrive at \(F_{ij}(t)\) might be less than \(\sum_{\epsilon} \mu_{ij}^\epsilon(t, \pi)\), hence the inequality [3]. We remark that \(F_{ij}(t)\) is the total number of packets in flight on the tunnel \((i, j)\). Physically these packets are stored at different forwarders along the tunnel. We only keep track of the sum of these physical backlogs since, as we will show shortly, this is sufficient to achieve maximum throughput.

Above [1] assumes that all incoming traffic at router \(i\) arrives either from tunnels, or exogenously. It is possible, however, to have an incoming neighbor router \(k\) such that \((k, i)\) is a physical link, a case we purposely omitted in order to avoid further complexity in the exposition. The optimal policy for this case can be obtained from our proposed policy by setting the corresponding tunnel queue backlog to zero, \(F_{ki}(t) = 0\).

C. Forwarder Scheduling Inside Tunnels

We assume that inside tunnels packets are forwarded in a work-conserving fashion, i.e., a forwarder does not idle unless there is nothing to send. Due to work-conservation and the assumption of non-overlapping tunnels, a tunnel with "sufficiently many" packets has instantaneous output equal to its bottleneck capacity. Denote by \(M_{ij}\) the number of forwarders associated with tunnel \((i, j)\). Let \(R_{ij}^{\text{max}}\) be the greatest capacity among all physical links associated with tunnel \((i, j)\) and \(R_{ij}^{\text{min}}\) the smallest, also let
\[
T_0 \triangleq \max_{(i,j) \in \mathcal{E}} \left[ M_{ij} R_{ij}^{\text{min}} + \frac{M_{ij}(M_{ij} - 1)}{2} R_{ij}^{\text{max}} \right].
\]
(3)

Lemma 1 (Output of a Loaded Tunnel). Under any control policy \(\pi \in \Pi\), suppose that in time slot \(t\) the total tunnel backlog satisfies \(F_{ij}(t) > T_0\), for some \((i, j) \in \mathcal{E}\), where \(T_0\) is defined in [3]. The instantaneous output of the tunnel satisfies
\[
\sum_{\epsilon} \phi_{ij}^\epsilon(t) = R_{ij}^{\text{min}}.
\]
(4)

Proof: The proof is provided in the Appendix A. □

Lemma 1 is a path-wise statement saying that the tunnel output is equal to the tunnel bottleneck capacity in every time slot that the tunnel backlog exceeds \(T_0\).

Notably we haven’t discussed yet how the forwarders choose to prioritize packets from different sessions. Based on Lemma 1, and the results that follow, we will establish that independent of the choice of session scheduling policy, there exists a routing policy that maximizes throughput. Furthermore, we demonstrate by simulations that different forwarding scheduling policies result in the same average delay performance under our proposed routing. Hence, in this paper forwarders are allowed to use any work-conserving session scheduling, such as FIFO, Round Robin or even strict priorities among sessions.

III. Dynamic Routing Problem Formulation

A choice for the routing function \(\mu_{ij}^\epsilon(t, \pi)\) is considered permissible if it satisfies in every slot the corresponding capacity constraint \(\sum_{\epsilon} \mu_{ij}^\epsilon(t, \pi) \leq R_{ij}^{\text{min}}\), where \(R_{ij}^{\text{min}}\) denotes the capacity of the input physical link of tunnel \((i, j)\), see Fig. 4. In every time slot, a control policy \(\pi\) determines the routing functions \(\left(\mu_{ij}^\epsilon(t, \pi)\right)\) at every router. Let \(\Pi\) be the class of all permissible control policies, i.e., the policies whose sequence of decisions consists of permissible routing functions.

We want to keep the backlogs small in order to guarantee that the throughput is equal to the arrivals. To keep track of this we define the stability criterion adopted from [5].

Definition 2 (System Stability). A queue with backlog \(X(t)\) is stable under policy \(\pi\) if
\[
\limsup_{T \to \infty} \frac{1}{T} \sum_{t=0}^{T-1} \mathbb{E}[X(t)] < \infty.
\]
The overlay network is stable if all router \((Q_i(t))\) and tunnel queues \((F_{ij}(t))\) are stable.

The throughput region \(\Lambda(\mathcal{V})\) of class \(\Pi\) is defined to be (the closure of) the set of matrices \(\lambda = \lambda_i^\pi\) for which there exists a policy \(\pi \in \Pi\) such that the system is stable. Avoiding technical jargon, the throughput region includes all achievable throughputs when implementing dynamic routing in the overlay. Recall that throughput depends on the actual selection of routers \(\mathcal{V}\), and that for \(\mathcal{V} \subset \mathcal{N}\) it may be the case that the achievable throughput may be less than the full throughput of \(\mathcal{G}\), i.e., \(\Lambda(\mathcal{V}) \subset \Lambda(\mathcal{N})\). Therefore it is important to clarify that in this work we assume that \(\mathcal{V}\) is fixed and we seek to find a policy that is stable for any \(\lambda \in \Lambda(\mathcal{V})\), i.e., a policy that is maximally stable. Such a policy is also called in the literature “throughput optimal”.

A. Characterization of Throughput Region of Class \(\Pi\)

The throughput region \(\Lambda(\mathcal{V})\) can be characterized as the closure of the set of matrices \(\lambda = \lambda_i^\pi\) for which there exist nonnegative flow variables \((f_i^\epsilon)\) such that
\[
\lambda_i^\epsilon + \sum_{a \in \mathcal{V}} f_{ai}^{\epsilon} < \sum_{b \in \mathcal{C}} f_{ib}^{\epsilon}, \quad \text{for all } i \in \mathcal{V}, c \in \mathcal{C}\]  
(5)

\[
\sum_{c} f_{ij}^{\epsilon} < R_{ij}^{\text{min}}, \quad \text{for all } (i,j) \in \mathcal{E},\]  
(6)

where [5] are flow conservation inequalities at routers, [6] are capacity constraints on tunnels, and recall that \(R_{ij}^{\text{min}}\) is the bottleneck capacity in the tunnel \((i,j)\). We write
\[
\Lambda(\mathcal{V}) = \text{Cl}\{\lambda \mid f \geq 0, \text{ and } [5] - [6] \text{ hold}\}.
\]

Note, that the conditions for the stability region \(\Lambda(\mathcal{V})\) are the same with the conditions for full throughput \(\Lambda(\mathcal{N})\) [6], with the difference that the flow variables are defined on the network of routers \(\mathcal{G}_R\) instead of \(\mathcal{G}\). Indeed the proof that [5] - [6] are necessary and sufficient for stability may be obtained by considering a virtual network where every tunnel is replaced by a virtual link.
Controlling this system in a dynamic fashion amounts to finding a routing policy \( \pi^* \in \Pi \) which stabilizes the system for any \( \lambda \in \Lambda(\mathcal{V}) \). Finding such a policy in the overlay differs significantly from the case of a physical network, since physical links support immediate transmissions while overlay links are work-conserving tandem queues which induce queueing delays.

IV. THE PROPOSED ROUTING POLICY

As discussed in [6], using backpressure in the overlay may result in poor throughput performance. In this section we propose the Threshold-based Backpressure (BP-T) Policy, a distributed policy which performs online decisions in the overlay. BP-T is designed to operate the tunnel backlogs close to a threshold. This is a delicate balance whereby the tunnel output works efficiently (by Lemma 1) while at the same time the number of packets in the tunnel are upper bounded.

Consider the threshold
\[
T = T_0 + \max_{(i,j)} R_{\text{in}}^{\text{min}}_{ij} ,
\]
where \( T_0 \) is defined in (5) and \( R_{\text{in}}^{\text{min}}_{ij} \) is the capacity of input physical link of tunnel \((i,j)\) and thus also the maximum increase of the tunnel backlog in one slot. Define the condition:
\[
F_{ij}(t) \leq T. \tag{8}
\]

The reason we use this threshold is that if (8) is false, it follows that both \( F_{ij}(t) > T_0 \) and \( F_{ij}(t-1) > T_0 \), and hence we can apply Lemma 1 to both slots \( t \) and \( t-1 \). This is used in the proof of the main result.

Threshold-based Backpressure (BP-T) Policy

At each time slot \( t \) and tunnel \((i,j)\), let
\[
c_{ij}^* \in \arg \max_{c \in \mathcal{C}} Q_i^c(t) - Q_j^c(t),
\]
be a session that maximizes the differential backlog between routers \( i,j \), ties resolved arbitrarily. Then route into that tunnel
\[
\mu_{ij}^c(t,TB) = \begin{cases} 
R_{\text{in}}^{\text{min}}_{ij} & \text{if } Q_{ij}^{c^*}(t) > Q_{ij}^{c^*}(t) \\
0 & \text{otherwise}
\end{cases},
\]
and \( \mu_{ij}^c(t,\text{BP-T}) = 0, \forall c \neq c_{ij}^* \). Recall, that \( R_{\text{in}}^{\text{min}}_{ij} \) denotes the capacity of input physical link of tunnel \((i,j)\).

BP-T is similar to applying backpressure in the overlay, with the striking difference that no packet is transmitted to a tunnel if condition (8) is not satisfied. Therefore the total tunnel backlog is limited to at most \( T \) plus the maximum number of packets that may enter the tunnel in one slot. Formally we have

**Lemma 2** (Deterministic bounds of \( F_{ij}(t) \) under BP-T). Assume that the system starts empty and is operated under BP-T.

If the there are not enough packets to transmit, i.e., \( \mu_{ij}^{c^*}(t) > Q_{ij}^{c^*}(t) \), then we fill the transmissions with dummy non-informative packets.

Then the tunnel backlogs \((F_{ij}(t))\) are uniformly bounded above by
\[
F_{\text{max}} \triangleq T + R_{\text{max}}. \tag{10}
\]

**Proof:** Follows from (8) and (9).

This shows that our policy does not allow the tunnel backlogs to grow beyond \( F_{\text{max}} \). To show that our policy efficiently routes the packets is much more involved. It is included in the proof of the following main result.

**Theorem 3.** [Maximal Stability of BP-T] Consider an overlay network where underlay forwarding nodes use any work-conserving policy to schedule packets over predetermined paths, and the tunnels are non-overlapping.

The BP-T policy is maximally stable:

\[
\Lambda^{\text{BP-T}}(\mathcal{V}) \supseteq \Lambda^\pi(\mathcal{V}), \forall \pi \in \Pi.
\]

**Proof:** The proof is is based on a novel \( K \)-slot Lyapunov drift analysis and it is given in the Appendix B. 

BP-T is a distributed policy since it utilizes only local queue information and the capacity of the incident links, while it is agnostic to arrivals, or capacities of remote links, e.g. note that the decision does not depend on the capacity of the bottleneck link \( R_{\text{in}}^{\text{min}}_{ij} \).

A very simple distributed protocol can be used to allow overlay nodes to learn the tunnel backlogs. Specifically \( F_{ij}(t) \) can be estimated at node \( i \) using an acknowledgement scheme, whereby \( j \) periodically informs \( i \) of how many packets have been received so far. In practice, the router nodes obtain a delayed estimate \( \bar{F}_{ij}(t) \). However, using the concepts in [7], p.85, it is possible to show that such estimates do not hurt the efficiency of the scheme.

V. SIMULATION STUDY

In this section we perform extensive simulations to:

(i) showcase the maximal stability of BP-T and compare its throughput performance to other routing policies,

(ii) examine the impact of different forwarding scheduling policies (FIFO, HLPSS, Strict Priority, LQF) on throughput and delay of BP-T,

(iii) demonstrate that BP-T has good delay performance, and

(iv) study the extension of BP-T to the case of overlapping tunnels.

First we present dynamic routing policies from the literature against which we will compare BP-T.

**Backpressure in the overlay (BP-O):** For every tunnel \( (i,j) \in \mathcal{E} \) define
\[
c_{ij}^* \in \arg \max_{c \in \mathcal{C}} Q_i^c(t) - Q_j^c(t),
\]
ties solved arbitrarily. Then choose \( \mu_{ij}^{c^*}(t,\text{BP-O}) = 0, c \neq c_{ij}^* \) and
\[
\mu_{ij}^{c^*}(t, \text{BP-O}) = \begin{cases} 
R_{\text{in}}^{\text{min}} & \text{if } Q_{ij}^{c^*}(t) > Q_{ij}^{c^*}(t) \\
0 & \text{otherwise}
\end{cases}.
\]

This corresponds to backpressure applied only to routers \( \mathcal{V} \), which is admissible in our system, \( \text{BP-O} \in \Pi \).
Backpressure in the physical network (BP): For every physical link \((m, n) \in \mathcal{L}\) define
\[
c_{mn}^* \in \arg \max_{c \in \mathcal{C}} Q_m^c(t) - Q_m^c(t)
\]
ties solved arbitrarily. Then choose \(\mu_{mn}^c(t, \text{BP}) = 0, c \neq c_{mn}^*\) and
\[
\mu_{mn}^c(t, \text{BP}) = \begin{cases} R_{mn} & \text{if } Q_m^{c_{mn}^*}(t) > Q_m^{c_{mn}^*}(t) \\ 0 & \text{otherwise} \end{cases}
\]
(11)
This is the classical backpressure from [13], applied to all nodes \(\mathcal{N}\) in the network, and thus it is not admissible in the overlay. B could be considered only whenever \(V \subset \mathcal{N}\). Since this policy achieves the full throughput \(\Lambda(\mathcal{N})\), we use it as a throughput benchmark.

Backpressure Enhanced with Shortest Paths Bias (BP-SP): For every node-session pair \((m, c)\) define the hop count from \(m\) to the destination of \(c\) as \(h_m^c\). For every physical link \((m, n) \in \mathcal{L}\) define
\[
c_{mn}^* \in \arg \max_{c \in \mathcal{C}} Q_m^c(t) - Q_m^c(t) + h_m^c - h_n^c.
\]
ties solved arbitrarily. Then choose \(\mu_{mn}^c(t, \text{BP-SP})\) according to [1]. This policy was proposed by [8] to reduce delays. When the congestion is small, the shortest path bias introduced by the hop count difference leads the packets directly to the destination without going through cycles or longer paths. Such a policy requires control at every node, and thus it is not admissible in the overlay, BP-SP \(\in \Pi\), whenever \(V \subset \mathcal{N}\). Since, however, it is known to achieve \(\Lambda(\mathcal{N})\) and to outperform BP in terms of delay, it is useful for throughput and delay comparisons.

A. Showcasing Maximal Stability

Consider the network of Figure 5 (left), and define two sessions sourced at \(a\): session 1 destined to \(e\) and session 2 to \(c\). We assume that \(R_{ab} = 2\) and all the other link capacities are unit as shown in the Figure. We choose \(R_{ab}\) in this way to make the routing decisions of session 1 more difficult. We show the full throughput region \(\Lambda(\mathcal{N})\) achieved by BP, BP-SP which however are not admissible in the overlay. Then we experiment with BP-T, BP-O and we also show the throughput of plain Shortest Path routing. For BP-T, according to example settings and (7) it is \(T_0 = 2\); we choose \(T = 6\).

Since the example satisfies the non-overlapping tunnel condition, by Theorem 5 our policy achieves \(\Lambda(\mathcal{V})\). This is verified in the simulations, see Figure 5 (right). From the figure we can conclude that for this example we have \(\Lambda(\mathcal{V}) = \Lambda(\mathcal{N})\), although \(V \subset \mathcal{N}\). This is consistent to the findings of [6]. From the same Figure we see that both backpressure in the overlay BP-O and Shortest Path achieve only a fraction of \(\Lambda(\mathcal{V})\), and hence they are not maximally stable. For BP-O, we have loss of throughput when both sessions compete for traffic, in which case BP-O fails to consider congestion information from the tunnel \(ac\) and therefore allocates this tunnel’s resources wrongly to the two sessions. For Shortest Path, it is clear that each session uses only its own dedicated shortest path and hence the loss of throughput is due to no path priority.

B. Insensitivity to Forwarding Scheduling

At every forwarder node there is a packet scheduling decision to be made, to choose how many packets per session should be forwarded in the next slot. Although by assumption we require the forwarding policy to be work-conserving, our results do not restrict the scheduling policy any further. In particular, our analysis only depends on \(\sum_c \phi_{ij}^c(t)\) and hence it is insensitive to the chosen discipline.
Table II

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**C. Delay Comparison**

We simulate the delay of different routing policies, comparing the performance of BP-T and BP-O overlay policies, as well as BP and BP-SP which are not admissible in the overlay. We experiment for \( \lambda_1 = \lambda_2 = \lambda / 2 \), and we plot the average total backlogs in the system for two example networks shown to the left of each plot.

In Fig. 8 BP-O fails to detect congestion in the tunnel ac and consequently delay increases for \( \lambda > 0.7 \). We observe that BP-T outperforms BP and BP-O, and performs similarly to BP-SP. This relates to avoidance of cycles at low loads by use of shortest paths, see [3]. In particular, BP-SP achieves this by means of hop count bias, while BP-T using the tunnels. A remarkable fact is that BP-T applies control only at the overlay nodes and outperforms in terms of delay BP which controls all physical nodes in the network.

In Fig. 9 we study queues in tandem, in which case all policies have maximum throughput since there is a unique path through which all the packets travel. We choose this scenario to demonstrate another reason why BP-T has good delay.

**D. Applying our Policy to Overlapping Tunnels**

Next we extend BP-T to networks with overlapping tunnels, see the example in Fig. 10 (left). In this context Theorem 1 does not apply and we have no guarantees that BP-T is maximally stable. The key to achieving maximum throughput is to correctly balance the ratio of traffic from each session injected into the overlapping tunnels. For the network to be stable with load \((\lambda_1, \lambda_2)\), a policy needs to direct most of the traffic of session 1 through the dedicated link \((a, e)\), or equivalently to allocate \(\mu_{ae}(t) = 0\). Since node e is the destination of session 1, and hence \(Q(e)(t) = 0\), we need to relate this routing decision to the congestion in the tunnel.
To make this work, we introduce the following extension. Instead of conditioning transmissions on router differential backlog \( Q_i^c(t) > Q_j^c(t) \) as in BP-T, we use the condition \( Q_i^c(t) > Q_j^c(t) + F_{ij}(t) \). Intuitively, we expect a non-congested node to have a small backlog and thus avoid sending packets over a congested tunnel. The new policy is called BP-T2. It can be proven that BP-T2 is maximally stable for non-overlapping tunnels. Although we do not have a proof for the case of overlapping tunnels, the simulation results show that by choosing \( T \) to be large BP-T2 achieves maximum throughput.

### BP-T2 for Overlapping Tunnels

Fix a \( T \) to satisfy eq. (7), and recall condition (8):

\[
F_{ij}(t) < T.
\]

In slot \( t \) for tunnel \((i,j)\) let

\[
c_{ij}^* \in \arg \max_{c \in C} Q_i^c(t) - Q_j^c(t),
\]

be a session that maximizes the differential backlog between router \( i, j \), ties resolved arbitrarily. Then route into tunnel \((i,j)\)

\[
R_{ij}^{in}(t, TB) = \begin{cases} R_{ij}^{in} & \text{if } c_{ij}^* > Q_i^c(t) + F_{ij}(t) \\
0 & \text{otherwise}
\end{cases}
\]

and label \( \mu_{ij}^*(t, BP-T) = 0, \forall c \neq c_{ij}^* \). Recall, that \( R_{ij}^{in} \) denotes the capacity of physical link that connects router \( i \) to the tunnel \((i,j)\).

Figure [10] shows the results from an experiment where 
\( T = 10, \lambda_1 = \lambda_2 = \lambda \), and we vary \( \lambda \). BP-T2 achieves full throughput and similar delay to BP-SP, doing strictly better than BP-O, BP. To understand how BP-T2 works, consider the sample path evolution (Fig. [11]), where \( Q_i^b(t) - Q_i^e(t), Q_i^f(t) - Q_i^g(t), F_{ae}(t) \) are shown. Most of the time we have \( Q_i^b(t) - Q_i^e(t) < 10 \), thus by the choice of \( T = 10 \) and the condition used in (12), session 1 rarely gets the opportunity to transmit packets to the overlapping tunnels. As \( T \) increases session 1 will get fewer and fewer opportunities, hence BP-T2 behavior will approximate the optimal. In Fig [11] (right) we plot the average total backlog for different values of \( T \). As \( T \) increases, the performance at high loads improves.

### VI. Conclusions

In this paper we propose a backpressure extension which can be applied in overlay networks. From prior work, we know that if the overlay is designed wisely, it can match the throughput of the physical network [6]. Our contribution is to prove that the maximum overlay throughput can be achieved by means of dynamic routing. Moreover, we show that our proposed scheme BP-T makes the best of both worlds (a) efficiently choosing the paths in online fashion adapting to network variability and (b) keeping average delay small avoiding the known inefficiencies of the legacy backpressure scheme.

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**REFERENCES**


Lemma I (Output of a Loaded Tunnel). Under any control policy $\pi \in \Pi$, suppose that in time slot $t$ the total tunnel backlog satisfies $F_{ij}(t) > T_0$, for some $(i,j) \in \mathcal{E}$, where $T_0$ is defined in (3). The instantaneous output of the tunnel satisfies

$$
\sum_c \phi_{ij}^c(t) = R_{ij}^{min},
$$

(13)

Proof of Lemma I. Consider a tunnel $(i,j)$ which forwards packets, using an arbitrary work-conserving policy, over the path $p_{ij}$ with $M_{ij}$ underlay nodes. Renumber the nodes in the path in sequence they are visited by packets as $0, 1, \ldots, M_{ij} + 1$, where $0$ refers to $i$ and $M_{ij} + 1$ to $j$, hence

$$
p_{ij} \triangleq \{0, 1, \ldots, M_{ij}, M_{ij} + 1\}.
$$

Since the statement is inherently related to packet forwarding internally in the tunnel $(i,j)$, we will introduce some notation. Denote by $F_{ij}^k(t), k = 1, \ldots, M_{ij}$, the packets waiting at the $k$th node at slot $t$, to be transmitted to the $k + 1$th, along tunnel $(i,j) \in \mathcal{V}$ (the packets may belong to different sessions). Clearly, it is $\sum_{k=1}^{M_{ij}} F_{ij}^k(t) = F_{ij}(t)$. Also, let $\phi_{ij}^{k,c}(t)$ be the actual number of session $c$ packets that leave this node in slot $t$. For all $(i,j), c, t$, due to work-conservation we have

$$
\sum_c \phi_{ij}^{k,c}(t) = \min\{R_k, F_{ij}^k(t)\},
$$

(14)

$R_k$ denoting the capacity of the physical link connecting nodes $k, k+1$. Hence, $F_{ij}^k(t), k = 1, \ldots, M_{ij}$ evolve as

$$
F_{ij}^k(t+1) = F_{ij}^k(t) - \sum_c \phi_{ij}^{k,c}(t) + \sum_c \phi_{ij}^{k-1,c}(t). \quad (15)
$$

First we establish that the instantaneous output of the tunnel cannot be larger than its bottleneck capacity, i.e.,

$$
\sum_c \phi_{ij}^c(t) \leq R_{ij}^{min}.
$$

(16)

If the bottleneck link is the last link on $p_{ij}$ then (16) follows immediately from (14). Else, pick $k$ such that $0 \leq k < M_{ij}$ and suppose $(k, k+1)$ is the bottleneck link. Then let us focus on the link $(k+1, k+2)$. For its input we have

$$
\sum_c \phi_{ij}^{k,c}(t) \leq R_k \triangleq R_{ij}^{min}, \quad \text{for all } t
$$

where above and in the remaining proofs we use parentheses to denote the expressions from which equalities and inequalities follow. For link $(k+1, k+2)$ output

$$
\sum_c \phi_{ij}^{k+1,c}(t) = \min\{F_{ij}^{k+1}(t), R_{k+1}\},
$$

where $R_{k+1} \geq R_k$. Starting the system empty, the backlog $F_{ij}^{k+1}(t)$ cannot grow larger than $R_k$ since this is the maximum number of arriving packets in one slot and they are all served in the next slot. Hence, it is also $\sum_c \phi_{ij}^{k+1,c}(t) \leq F_{ij}^{k+1}(t)$, for any $k < l \leq M_{ij}$, and we get (16).

The remaining proof is by contradiction. Assume $\sum_c \phi_{ij}^c(t) < R_{ij}^{min}$. Consider the physical link $(k, k+1)$ with $k = 2, \ldots, M_{ij}$. Using (15)

$$
F_{ij}^k(t) < R_{ij}^{min} \Rightarrow F_{ij}^{k-1}(t) < R_{ij}^{min}. \quad (17)
$$

To understand (17) note that if the RHS was false, by (14) we would have $\sum_c \phi_{ij}^{k-1,c}(t) \geq R_{ij}^{min}$ and thus by (15) also $F_{ij}^k(t) \geq R_{ij}^{min}$.

Since by the premise we have $\sum_c \phi_{ij}^{M_{ij},c}(t) \triangleq \sum_c \phi_{ij}^c(t) < R_{ij}^{min}$, applying (14) we deduce $F_{ij}^{M_{ij},c}(t) < R_{ij}^{min}$ from which applying (17) recursively we roll back in time and space to obtain

$$
F_{ij}^k(t) - M_{ij} + k < R_{ij}^{min}, \quad k = 1, \ldots, M_{ij}.
$$

Since the maximum backlog increase at any node within one slot is $R_{ij}^{max}$, we roll forward in time to get

$$
F_{ij}^k(t) < R_{ij}^{min} + (M_{ij} - k) R_{ij}^{max}, \quad k = 1, \ldots, M_{ij}.
$$

Summing up for all forwarders $k = 1, \ldots, M_{ij}$ we get

$$
F_{ij}(t) = \sum_{k=1}^{M_{ij}} F_{ij}^k(t) < \sum_{k=1}^{M_{ij}} [R_{ij}^{min} + (M_{ij} - k) R_{ij}^{max}] = M_{ij} R_{ij}^{min} + \frac{M_{ij}(M_{ij} - 1)}{2} R_{ij}^{max} T_0. \quad (18)
$$

which contradicts the premise of the lemma.

APPENDIX B

Proof of Theorem 3

Proof of Theorem 3. In order to prove that BP-T is maximally stable, we will pick an arbitrary arrival vector $\Lambda$ in the interior of $\Lambda(\mathcal{V})$ and show that the system is stable. To prove stability we perform a $K$-slot drift analysis and show that BP-T has a negative drift. Our system state is described by the vector of queue lengths $\mathbf{H}_t \triangleq ((Q_i^i(t)), (F_{ij}(t)))$. By Lemma 2 the tunnel backlogs $(F_{ij}(t))$ are deterministically bounded under BP-T, and thus for the purposes of showing BP-T stability we choose the candidate quadratic Lyapunov function:

$$
L(\mathbf{H}_t) \triangleq \frac{1}{2} \sum_{i,j} [Q_i^c(t)]^2. \quad (19)
$$

We will use the following shorthand notation

$$
\mathbb{E}_t \{\cdot\} \equiv \mathbb{E} \{\cdot | \mathbf{H}_t, F_{ij}(t) \leq F_{ij}^{max}, \forall (i,j)\}.
$$

Fig. 12. An overloaded tunnel with bottleneck capacity $R_{ij}^{min} = 3$.
The $K$-slot Lyapunov drift under policy $\pi$ is
\[
\Delta^X_K(t) = \mathbb{E}\{L(H_{t+K}) - L(H_t)|H_t\}.
\]
From Lemma 2 we have $F^\pi_i(t) \leq F^{max}$ for every sample path, and thus the $K$-slot Lyapunov drift for TB becomes $\Delta^B^{K-T}(t) = \mathbb{E}\{L(H_{t+K}) - L(H_t)|H_t\}$. To prove the stability of BP-T, it suffices to show that for any $\lambda$ in the interior of the stability region there exist positive constants $\eta, \xi$ and a finite $K$ such that $\Delta^B^{K-T}(t) \leq -\eta - \xi \sum_i Q^\pi_i(t)$, see K-slot drift theorem in [5] (corollary of the Foster’s criterion). The remaining proof shows this fact.

To derive an expression for the $K$-slot drift $\Delta^{BP-T}_K(t)$ we first write the $K$-slot queue evolution inequalities
\[
Q^\pi_i(t + K) \leq \left( Q^\pi_i(t) - \sum_{b \in \mathcal{V}} \tilde{\mu}_{ib}^c(t, \pi) \right) + \sum_{a \in \mathcal{V}} \tilde{\phi}_{ai}^c(t) + \tilde{A}_i^c(t) \tag{20}
\]
\[
F_{ij}(t + K) \leq F_{ij}(t) - \sum_c \tilde{\phi}_{ij}^c(t) + \sum_c \tilde{\mu}_{ij}^c(t, \pi) \tag{21}
\]
where use the $(\tilde{\cdot})$ notation to denote summations over $K$ slots:
\[
\tilde{A}_i^c(t) \triangleq \sum_{\tau = 0}^{K-1} A_i^c(t + \tau),
\]
\[
\tilde{\mu}_{ij}^c(t, \pi) \triangleq \sum_{\tau = 0}^{K-1} \mu_{ij}^c(t + \tau, \pi),
\]
\[
\tilde{\phi}_{ij}^c(t) \triangleq \sum_{\tau = 0}^{K-1} \phi_{ij}^c(t + \tau).
\]
The inequality (20) is because the arrivals $\sum_{a \in \mathcal{V}} \tilde{\phi}_{ai}^c(t) + \tilde{A}_i^c(t)$ are added at the end of the $K$-slot period—some of these packets may actually be served within the $K$-slot period.

Taking squares on (20), using Lemma 4.3 from [5], and performing some calculus we obtain the following bound
\[
\Delta^{BP-T}_K(t) \leq K^2 B_1 + \sum_{c \in \mathcal{C}} K \lambda^c_i Q^\pi_i(t)
\]
\[
- \sum_{c \in \mathcal{C}} Q^\pi_i(t) \mathbb{E}\{\sum_{b} \tilde{\mu}_{ib}^c(t, BP-T) - \sum_{a} \tilde{\phi}_{ai}^c(t)\},
\]
where $B_1 \triangleq d^2_{max} R_{max}^2 + A^2_{\max}/2 + A_{max} d_{\max} R_{max}$ is a positive constant related to the maximum number of arriving packets in a slot $A_{\max}$, the maximum link capacity $R_{\max}$, and the maximum node-degree $d_{\max}$ in graph $\mathcal{G}_R$.

Denote with $X^c_{ij}(t)$ the session $c$ packets in the tunnel $(i, j)$, where $\sum_c X^c_{ij}(t) = F_{ij}(t)$.

This backlog evolves as
\[
X^c_{ij}(t + K) \leq X^c_{ij}(t) - \tilde{\phi}_{ij}^c(t) + \tilde{\mu}_{ij}^c(t).
\]
We have $X^c_{ij}(t + K) \geq 0$, and $X^c_{ij}(t) \leq F^\pi_i(t) \leq F^{max}$, hence $X^c_{ij}(t + K) - X^c_{ij}(t) \geq -F^{max}$. It follows that for any $t, K$
\[
\sum_{c} \tilde{\phi}_{ai}^c(t) \leq \sum_{c} \tilde{\mu}_{ai}^c(t, BP-T) + d_{\max} F^{max},
\]
where $F^{max}$ is the deterministic upper bound of $F^\pi_i(t)$ from [10]. Hence,
\[
\Delta^{BP-T}_K(t) - K^2 B_1 - \sum_{c \in \mathcal{C}} (K \lambda^c_i + d_{\max} F^{max}) Q^\pi_i(t)
\]
\[
\leq - \sum_{c \in \mathcal{C}} Q^\pi_i(t) \mathbb{E}\{\sum_{b} \tilde{\mu}_{ib}^c(t, BP-T) - \sum_{a} \tilde{\phi}_{ai}^c(t, BP-T)\}
\]
\[
= - \sum_{c \in \mathcal{C}} \mathbb{E}\{\tilde{\mu}_{ij}^c(t, BP-T) [Q^\pi_i(t) - Q^\pi_j(t)]\},
\]
where the equality comes from the node-centric and link-centric packet accounting in a network, see [5] on page 48.

A. An Oracle Policy
We design a stationary oracle ($\lambda$–OR) policy, whose purpose is to assist us in proving the optimality of BP-T policy. The foundation of $\lambda$–OR lies on the existence of a flow decomposition. For any $\lambda$ in the interior of the stability region, there exists an $\epsilon$ such that $\lambda' \equiv \lambda + \epsilon I$ is also stabilizable, where $I$ is a vector of ones. Thus, by the sufficiency of the conditions in section III-A there must exist a feasible flow decomposition ($f^{\lambda'}_{ij}$) such that
\[
\sum_{a \in \mathcal{V}} f^{\lambda'}_{ai} - \sum_{b \in \mathcal{V}} f^{\lambda'}_{ib} \geq \lambda_i^c + \epsilon, \text{ for all } i \in \mathcal{V}
\]
and $\sum_c f^{\lambda'}_{ij} < R^{\min}_{ij}$ for all $(i, j) \in \mathcal{V}$. Using this particular decomposition we define a specific $\lambda$–OR policy for the particular $\lambda$ as follows.

$\lambda$–Stationary Randomized ORacle ($\lambda$–OR) Policy
In every time slot and at each tunnel $(i, j)$,
- if $F_{ij}(t) \geq T$ (the tunnel is loaded), then choose
\[
\mu_{ij}^c(t, \lambda$–OR) = 0, \text{ } \forall c \in \mathcal{C},
\]
- else if $F_{ij}(t) < T$ (not loaded tunnel), choose a session using an i.i.d. process $N(t)$ with distribution
\[
\mathbb{P}(N(t) = c') = \frac{f^{\lambda'}_{ij}}{\sum_{c} f^{\lambda'}_{ij}}, \text{ } c' = 1, \ldots, |\mathcal{C}|.
\]
The routing functions are then determined by
\[
\mu_{ij}^N(t, \lambda$–OR) = \begin{cases} R_{ij}^{\min} & \text{with prob. } \frac{\sum_c f^{\lambda'}_{ij}}{R_{ij}^{\min}}, \\ 0 & \text{with prob. } 1 - \frac{\sum_c f^{\lambda'}_{ij}}{R_{ij}^{\min}} \end{cases}
\]
and $\mu_{ij}^c(t, \lambda$–OR) = 0, $\forall c \neq N(t)$.

We remark that $N(t)$ and the allocation of service to session $N(t)$ given by $\mu_{ij}^N$ are independent.

Observe that $\lambda$–OR satisfies the capacity constraints at every slot, namely $0 \leq \sum_c \mu_{ij}^c(t, \lambda$–OR) \leq R_{ij}^{max}$. Therefore $\lambda$–OR $\in \Pi$. Despite wasting transmissions when the tunnels are loaded, $\lambda$–OR stabilizes $\lambda$. 5
Lemma 4 (λ-OR K-slot performance). For any λ in the interior of the stability region we have

\[ \mathbb{E}_H \left\{ \sum_b \tilde{\mu}_ib(t, \lambda-OR) - \sum_a \tilde{\mu}_ia(t, \lambda-OR) \right\} \geq K(\lambda_i^c + \epsilon) - d_{max}F^{max}, \text{ for all } i \in \mathcal{V}. \]  

(25)

λ-OR is also designed to mimic the condition \( \mathbf{8} \) used by BP-T. Because of it, we can show that BP-T compares favorably to λ-OR.

Lemma 5 (K-slot comparison BP-T vs λ-OR). The K-slot policy comparison yields for all \((i, j) \in \mathcal{E}\)

\[ \mathbb{E}_H \left\{ \sum_c \tilde{\mu}_{ij}^c(t, BP-T) \left[ Q_i^c(t) - Q_j^c(t) \right] \right\} \geq \mathbb{E}_H \left\{ \sum_c \tilde{\mu}_{ij}^c(t, \lambda-OR) \left[ Q_i^c(t) - Q_j^c(t) \right] \right\} - K^2 B_2, \]

where \( B_2 \triangleq R_{max}(2d_{max}R_{max} + A_{max}) \) is a constant.

B. Completing the Proof

We combine (22) with Lemma 5 to get

\[ \Delta_{BP-T}^K(t) - K^2 B_1 - \sum_{c,i} (K\lambda_i^c + d_{max}F^{max})Q_i^c(t) \leq K^2 |\mathcal{E}|B_2 - \sum_{c,i} \mathbb{E}_H \left\{ \tilde{\mu}_{ij}^c(t, \lambda-OR) \left[ Q_i^c(t) - Q_j^c(t) \right] \right\}, \]

which can be rewritten as

\[ \Delta_{BP-T}^K(t) - K^2 (|\mathcal{E}|B_2 + B_1) - \sum_{c,i} (K\lambda_i^c + d_{max}F^{max})Q_i^c(t) \leq -\sum_{c,i} Q_i^c(t) \mathbb{E}_H \left\{ \sum_b \tilde{\mu}_ib(t, \lambda-OR) - \sum_a \tilde{\mu}_ia(t, \lambda-OR) \right\} \]

\[ \leq -\sum_{c,i} Q_i^c(t) \left[ K(\lambda_i^c + \epsilon) - d_{max}F^{max} \right], \]

where in the last inequality we used Lemma 4. Hence, we finally get

\[ \Delta_{BP-T}^K(t) \leq K^2 (|\mathcal{E}|B_2 + B_1) - \sum_{c,i} (K\lambda_i^c + d_{max}F^{max})Q_i^c(t) \]

Choose a finite \( K > 2d_{max}F^{max} \) and define the positive constants \( \eta \triangleq K^2 (|\mathcal{E}|B_2 + B_1) \) and \( \xi \triangleq K - 2d_{max}F^{max} \). Then rewrite (27) as

\[ \Delta_{BP-T}^K(t) \leq \eta - \xi \sum_{c,i} Q_i^c(t), \]

which completes the proof.

Below we give the proofs for the technical lemmas 4 and 5.
Then, by the law of total expectation we have for $P(F_{ij}(\tau) < T | H(t)) > 0$

$$\mathbb{E}_H \{ \mu_{ij}^c(\tau, \lambda-OR) \} =$$

$$= P(F_{ij}(\tau) < T | H(t)) \mathbb{E}_H \{ \mu_{ij}^c(\tau, \lambda-OR) | F_{ij}(\tau) < T \} + P(F_{ij}(\tau) \geq T | H(t)) \mathbb{E}_H \{ \mu_{ij}^c(\tau, \lambda-OR) | F_{ij}(\tau) \geq T \}$$

$$\geq P(F_{ij}(\tau) < T | H(t)) \mathbb{E}_H \{ \mu_{ij}^c(\tau, \lambda-OR) | F_{ij}(\tau) < T \}$$

$$\geq f_{ij}^{c,X^*},$$

where we used $\mathbb{E}_H \{ \mu_{ij}^c(\tau, \lambda-OR) | F_{ij}(\tau) \geq T \} = 0$ by definition of $\lambda$-OR. For $P(F_{ij}(\tau) < T | H) = 0$ we immediately get $\mathbb{E}_H \{ \mu_{ij}^c(\tau, \lambda-OR) \} = 0 \leq f_{ij}^{c,X^*}$. Summing up over all slots proves the RHS of (29).

To prove the LHS of (29) we will use Lemma 6. First assume that the observation period starts with $F_{ij}(t) < T$. Then invoking Lemma 6 we conclude that $F_{ij}(\tau) < T$ for all $\tau = t, \ldots, t + K - 1$ for any realization of the system evolution. Then assume that the observation period starts with $F_{ij}(t) > T$, by (23) we have $\sum_c f_{ij}^c(\tau, \lambda-OR) = 0$ and it follows that the backlog evolution monotonically decreases until it becomes less than $T$. Moreover, since $F_{ij}(t) < F_{\text{max}}$, the maximum number of slots required to become smaller than $T$ is at most $\left\lceil \frac{F_{\text{max}} - T}{R_{ij}^{\min}} \right\rceil$. On the first slot when $F_{ij}(\tau) < T$, we can apply Lemma 6 again. Thus, combining the two cases, we conclude that for any realization we have

$$F_{ij}(\tau) < T, \text{ for all } \tau = t + \left\lceil \frac{F_{\text{max}} - T}{R_{ij}^{\min}} \right\rceil, \ldots, t + K - 1.$$

Let $\tau_1 = \left\lceil \frac{F_{\text{max}} - T}{R_{ij}^{\min}} \right\rceil$, we have

$$\mathbb{E}_H \{ \tilde{\mu}_{ij}^c(\tau, \lambda-OR) \} \geq \sum_{\tau = t + \tau_1}^{t + K - 1} \mathbb{E}_H \{ \mu_{ij}^c(\tau, \lambda-OR) \}$$

$$= \sum_{\tau = t + \tau_1}^{t + K - 1} \mathbb{E}_H \{ \mu_{ij}^c(\tau, \lambda-OR) | F_{ij}(\tau) < T \}$$

$$= (K - \tau_1) f_{ij}^{c,X^*} + F_{ij}^{c,X^*} - \tau_1 R_{ij}^{\min}$$

$$= K f_{ij}^{c,X^*} - \left( \frac{F_{\text{max}} - T}{R_{ij}^{\min}} \right) R_{ij}^{\min}$$

$$\geq K f_{ij}^{c,X^*} - (F_{\text{max}} - T + R_{ij}^{\min}) > K f_{ij}^{c,X^*} - F_{\text{max}}$$

where the last inequality follows from $T > R_{ij}^{\min}$, see (7). This proves (29). To complete the proof, we use the lower bound of eq. (29) for the first term and the upper bound for the second term, and use the fact that node's $i$ out-degree is bounded above by the maximum node degree $d_{\text{max}}$.

**APPENDIX D**

**PROOF OF LEMMA 5**

**Lemma 5** $(K$-slot comparison BP-T vs $\lambda$-OR). The $K$-slot policy comparison yields for all $(i,j) \in E$

$$\mathbb{E}_H \left\{ \sum_c \tilde{\mu}_{ij}^c(t, \text{BP-T}) \{Q_i^c(t) - Q_j^c(t)\} \right\}$$

$$\geq \mathbb{E}_H \left\{ \sum_c \tilde{\mu}_{ij}^c(t, \lambda-\text{OR}) \{Q_i^c(t) - Q_j^c(t)\} \right\} - K^2 B_2,$$

where $B_2$ is a constant given in eq. (33).

**Proof of Lemma 5** Fix some arbitrary router edge $(i,j)$, and a time slot $t$. The concept of the proof is to examine the subsequent $K$ slots and compare BP-T to $\lambda$-OR with respect to the products $\mathbb{E}_H \{ \sum_c \tilde{\mu}_{ij}^c(t, \pi) \{Q_i^c(t) - Q_j^c(t)\} \}$, where $Q_i^c(t), Q_j^c(t)$ are fully determined by $H(t)$, and $\tilde{\mu}_{ij}^c(t, \pi) \triangleq \sum_{\tau = 0}^{K-1} \mu_{ij}^c(t + \tau, \pi)$ represents the decisions made by policy $\pi$ in the $K$-slot observation period starting at time $t$ and state $H(t)$. To avoid a possible confusion, we note that $Q_i^c(t + \tau), \tau = 0, \ldots, K - 1$ denote backlogs under the BP-T policy. Although the initial state is common to both policies, the evolution through the $K$-slot period might be different, see for example Figure 13.

We first make a few definitions that regard the sample path evolution of the system under BP-T within the observation period of slots $K \triangleq \{t, \ldots, t + K - 1\}$. To make the notation compact, we define a random vector $S : \Omega \rightarrow \{0, 1\}^K$ such that for any realization $\omega$ and any $t + \tau \in K$ it is

$$S_{i,j}(\omega) = \begin{cases} 1 & \text{if } F_{ij}(t + \tau, \omega) > T \\ 0 & \text{if } F_{ij}(t + \tau, \omega) \leq T. \end{cases}$$

Fix a sample path $\omega \in \Omega$. This corresponds to particular vector $S(\omega)$. If $S_{t, t+1} = 1$ we say that the slot $t + \tau$ is underload. Let $\mathcal{O} \subseteq K$ be the set of all underload slots. Similarly if $S_{t, t+1} = 0$, we say that the slot $t + \tau$ is underload and denote the corresponding set with $\mathcal{U} = K - \mathcal{O}$. We remark that these sets are realized for the specific sample path. In the following, we will compare BP-T to $\lambda$-OR for this sample path.

First we compare the two policies across underload slots, $t + \tau \in \mathcal{U}$. In such slots we have by BP-T design that

$$\sum_c \mu_{ij}^c(t + \tau, \text{BP-T}) \{Q_i^c(t + \tau) - Q_j^c(t + \tau)\} \geq \sum_c \mu_{ij}^c(t + \tau, \lambda-\text{OR}) \{Q_i^c(t + \tau) - Q_j^c(t + \tau)\}, \forall t + \tau \in \mathcal{U}$$

where we emphasize that $\mu_{ij}^c(t + \tau, \lambda-\text{OR})$ is not decided based on $Q_i^c(t + \tau), Q_j^c(t + \tau)$ Nevertheless the inequality holds since, given underload, BP-T is a universal maximizer for this quantity.

6This is because $Q_i^c(t + \tau), Q_j^c(t + \tau)$ are the backlogs at $t + \tau$ under BP-T, but not necessarily under $\lambda$-OR.
We formally define the \(m\)th overload subperiod with length \(L_m\) consisting of consecutive slots \(\{t + \tau_1^m, \ldots, t + \tau_L^m\}\), such that \(S_{\tau_1^m} = S_{\tau_{m+1}^m} = 0\) and \(S_1 = 1, \forall \tau \in \{\tau_2^m, \ldots, \tau_L^m\}\). In words, an overload subperiod begins with one underload slot and ends with an overload slot, while all slots within the subperiod are overload and the slot after the subperiod is underload, see a representation of such an overload subperiod in Fig. [13].

Let \(T_m\) be the set of slots comprising the \(m\)th overload subperiod for sample path under study. Suppose, that there are \(Z(\omega)\) overload subperiods, where the random variable \(Z\) takes values in \(\{0, 1, \ldots, [K/2]\}\). We also define \(T = \bigcup_{m=1}^{Z} T_m\). Note that the sets \(T_m\) are disjoint, it is \(T \subseteq K\), and \(K - T \subseteq \mathcal{U}\).

By definition of the overload subperiod the backlog at the last slot is larger than at the first slot, hence for our chosen sample path we have

\[
F_{ij}(t + \tau_1^m) - F_{ij}(t + \tau_2^m) > 0, \quad \text{for } m = 2, 3, \ldots, Z. \tag{35}
\]

Let us now extend the definition of the overload subperiod to the special case of the first subperiod. If the first slot of the observation period is overload, i.e., \(S_0 = 1\), then the first overload subperiod starts at an overload slot (as opposed to the original definition) and completes at the last consecutive overload slot (similar to the original definition)\footnote{Similarly, if the last subperiod ends at an overload slot, then we do not have a followup underload slot—however this case does not affect our proof.}. This is a natural extension to the above definition of the overload subperiod. The backlog difference between last and first slot of the first overload subperiod is

\[
F_{ij}(t + \tau_1^1) - F_{ij}(t) > 0 \quad \text{if } S_0 = 0 \tag{36}
\]

\[
F_{ij}(t + \tau_1^1) - F_{ij}(t) > -F_{ij}^{\max} \quad \text{if } S_0 = 1. \tag{37}
\]

Now, let us examine the \(m\)th overload subperiod of slots \(T_m\) for \(m > 1\), combining (35) and (21) we have

\[
\sum_{c \in \mathcal{C}, t + \tau \in T_m} \mu_{ij}^c(t + \tau, \lambda-\text{OR}) \left[ Q_i(t) - Q_j(t) \right] = \left| T_m \right| R_{ij}^{\min} \geq \sum_{c \in \mathcal{C}, t + \tau \in T_m} \mu_{ij}^c(t + \tau, \lambda-\text{OR}),
\]

where the equality follows from applying Lemma \[\] to all slots in the overload subperiod (including the first). Multiplying both sides with the positive quantity \(\left[ Q_i(t) - Q_j(t) \right]\), we get for overload periods \(m > 1\) starting from a state with \(\left[ Q_i(t) - Q_j(t) \right]\)

\[
\sum_{c \in \mathcal{C}, t + \tau \in T_m} \mu_{ij}^c(t + \tau, \text{BP-T}) \left[ Q_i(t) - Q_j(t) \right] \geq \sum_{c \in \mathcal{C}, t + \tau \in T_m} \mu_{ij}^c(t + \tau, \lambda-\text{OR}) \left[ Q_i(t) - Q_j(t) \right] - 2\tau B_2
\]

where in the last step we intentionally relaxed the bound further to make it match (34). For \(m = 1\) and \(S_0 = 0\), we repeat the
above approach using \([36]\), and \([38]\) still holds. However, in case \(S_0 = 1\), i.e. the observation period starts in overload, we must replace \([35]\) with \([37]\), in which case the above approach breaks. Therefore we deal with this case in a different manner. In particular we will show that if our sample path has \(S_0 = 1\) then for all time slots in the first overload subperiod \(t + \tau \in T_1\),

\[
\sum_c \mu^c_{ij}(t + \tau, \text{BP-T}) = \sum_{c,t+\tau \in T_1} \mu^c_{ij}(t + \tau, \lambda-\text{OR}) = 0.
\]

Starting from the first slot \(t\), and since \(S_0 = 1 \Leftrightarrow F_{ij}(t) > T\), observe that both policies BP-T, \(\lambda-\text{OR}\) will make the same decision \(\sum_c \mu^c_{ij}(t, \pi) = 0\). Then \([21]\) is satisfied with equality, and since \(\phi^c_{ij}(t)\) does not depend on the chosen policy, we have that \(F_{ij}(t+1)\) is the same for both policies. This process is repeated for all slots in subperiod \(T_1\) consisting of overload slots under BP-T. Thus, we conclude that if the system is in the first overload period under BP-T with \(S_0 = 1\), then it is also in the first overload period under \(\lambda-\text{OR}\). Therefore, for \(t + \tau \in T_1\), \(S_0 = 1\) we have

\[
\sum_{c,t+\tau \in T_1} \mu^c_{ij}(t + \tau, \text{BP-T}) = \sum_{c,t+\tau \in T_1} \mu^c_{ij}(t + \tau, \text{OR})
\]

and \([38]\) holds for this case as well. We conclude that \([38]\) is true for all \(m\) as long as \([Q_r^+(t) - Q_r^-(t)] \geq 0\).

Let \(Q^+_r\) denote the event \([Q_r^-(t) - Q_r^+(t)] \geq 0\) and \(Q^-_r\) the complement. Observing that the remaining slots are underload \(K - T \subseteq U\) and combining with ineq. \([34]\), we condition on the sample path \(S = s\) to get

\[
\mathbb{E}_H \left\{ \sum_c \tilde{\mu}^c_{ij}(t, \text{BP-T}) [Q_r^+(t) - Q_r^-(t)] \bigg| Q_r^+, S = s \right\}
\]

\[
= \mathbb{E}_H \left\{ \sum_{c,t+\tau \in T_1} \tilde{\mu}^c_{ij}(t + \tau, \text{BP-T}) [Q_r^+(t) - Q_r^-(t)] \bigg| Q_r^+, S = s \right\}
\]

\[
+ \mathbb{E}_H \left\{ \sum_{c,t+\tau \in K - T} \tilde{\mu}^c_{ij}(t + \tau, \text{BP-T}) [Q_r^+(t) - Q_r^-(t)] \bigg| Q_r^+, S = s \right\}
\]

\[
\geq \mathbb{E}_H \left\{ \sum_{c,t+\tau \in K - T} \tilde{\mu}^c_{ij}(t + \tau, \lambda-\text{OR}) [Q_r^+(t) - Q_r^-(t)] \bigg| Q_r^+, S = s \right\}
\]

\[
- \sum_{t+\tau \in K} 2\tau B_2
\]

b) Next we study the case where the observation period starts with \([Q_r^+(t) - Q_r^-(t)] < 0\) and we examine the overload slots. Since BP-T refrains from transmission in these slots, we have

\[
\sum_c \mu^c_{ij}(t + \tau, \text{BP-T}) = 0 \leq \sum_c \mu^c_{ij}(t + \tau, \lambda-\text{OR}), \forall t + \tau \in O,
\]

multiplying with the negative quantity \([Q_r^+(t) - Q_r^-(t)]\) we get

\[
\sum_{c,t+\tau \in O} \mu^c_{ij}(t + \tau, \text{BP-T}) [Q_r^+(t) - Q_r^-(t)]
\]

\[
\geq \sum_{c,t+\tau \in O} \mu^c_{ij}(t + \tau, \lambda-\text{OR}) [Q_r^+(t) - Q_r^-(t)]
\]

\[
> \sum_{c,t+\tau \in O} \mu^c_{ij}(t + \tau, \lambda-\text{OR}) [Q_r^+(t) - Q_r^-(t)] - 2\tau B_2.
\]

Combining with \([34]\) we obtain

\[
\mathbb{E}_H \left\{ \sum_c \tilde{\mu}^c_{ij}(t, \text{BP-T}) [Q_r^+(t) - Q_r^-(t)] \bigg| Q_r^+, S = s \right\}
\]

\[
= \mathbb{E}_H \left\{ \sum_{c,t+\tau \in O} \tilde{\mu}^c_{ij}(t + \tau, \text{BP-T}) [Q_r^+(t) - Q_r^-(t)] \bigg| Q_r^+, S = s \right\}
\]

\[
+ \mathbb{E}_H \left\{ \sum_{c,t+\tau \in K - O} \tilde{\mu}^c_{ij}(t + \tau, \text{BP-T}) [Q_r^+(t) - Q_r^-(t)] \bigg| Q_r^+, S = s \right\}
\]

\[
\geq \mathbb{E}_H \left\{ \sum_c \tilde{\mu}^c_{ij}(t, \lambda-\text{OR}) [Q_r^+(t) - Q_r^-(t)] \bigg| Q_r^+, S = s \right\}
\]

\[
- \sum_{t+\tau \in K} 2\tau B_2
\]

In conclusion, depending on the sign of \([Q_r^+(t) - Q_r^-(t)]\), we either break the observation into overload subperiods \(T\) and remaining underload slots \(K - T\) to use \([38]\) and \([34]\), or we study separately the overload slots \(O\) and the remaining underload slots \(K - O\) using \([40]\) and \([34]\). Note that \(K^2 > K(K - 1) \equiv \sum_{\tau=0}^{K-1} 2\tau = \sum_{t+\tau \in K} 2\tau\). Hence

\[
\mathbb{E}_H \left\{ \sum_c \tilde{\mu}^c_{ij}(t, \text{BP-T}) [Q_r^+(t) - Q_r^-(t)] \bigg| S = s \right\}
\]

\[
= \mathbb{E}_H \left\{ \sum_c \tilde{\mu}^c_{ij}(t, \text{BP-T}) [Q_r^+(t) - Q_r^-(t)] \bigg| Q_r^+, S = s \right\}
\]

\[
+ \mathbb{E}_H \left\{ \sum_c \tilde{\mu}^c_{ij}(t, \text{BP-T}) [Q_r^+(t) - Q_r^-(t)] \bigg| Q_r^-, S = s \right\}
\]

\[
\geq \sum_{c} \tilde{\mu}^c_{ij}(t, \lambda-\text{OR}) [Q_r^+(t) - Q_r^-(t)] \bigg| Q_r^-, S = s \right\}
\]

\[
- K^2 B_2.
\]

Let \(S = \{s : H(t) \cap (S = s) \neq \emptyset\}\), we have

\[
\mathbb{E}_H \left\{ \sum_c \tilde{\mu}^c_{ij}(t, \text{BP-T}) [Q_r^+(t) - Q_r^-(t)] \right\}
\]

\[
= \sum_{s \in S} P(S = s | H(t))
\]

\[
\times \mathbb{E}_H \left\{ \sum_c \tilde{\mu}^c_{ij}(t, \text{BP-T}) [Q_r^+(t) - Q_r^-(t)] \bigg| S = s \right\}
\]

\[
\geq \sum_{s \in S} P(S = s | H(t))
\]

\[
\times \mathbb{E}_H \left\{ \sum_c \tilde{\mu}^c_{ij}(t, \lambda-\text{OR}) [Q_r^+(t) - Q_r^-(t)] \bigg| S = s \right\}
\]

\[
- \sum_{s \in S} P(S = s | H(t)) K^2 B_2
\]

\[
= \mathbb{E}_H \left\{ \sum_c \tilde{\mu}^c_{ij}(t, \lambda-\text{OR}) [Q_r^+(t) - Q_r^-(t)] \right\} - K^2 B_2.
\]