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Splenic myelopoiesis provides a steady flow of leukocytes to inflamed tissues, and leukocytosis correlates with cardiovascular mortality. Yet regulation of hematopoietic stem cell (HSC) activity in the spleen is incompletely understood. Here, we show that red pulp vascular cell adhesion molecule 1 (VCAM-1)+ macrophages are essential to extramedullary myelopoiesis because these macrophages use the adhesion molecule VCAM-1 to retain HSCs in the spleen. Nanoparticle-enabled in vivo RNAi silencing of the receptor for macrophage colony stimulation factor (M-CSFR) blocked splenic macrophage maturation, reduced splenic VCAM-1 expression and compromised splenic HSC retention. Both, depleting macrophages in CD69 iDTR mice or silencing VCAM-1 in macrophages released HSCs from the spleen. When we silenced either VCAM-1 or M-CSFR in mice with myocardial infarction or in ApoE−/− mice with atherosclerosis, nanoparticle–enabled in vivo RNAi mitigated blood leukocytosis, limited inflammation in the ischemic heart, and reduced myeloid cell numbers in atherosclerotic plaques.

Leukocytosis correlates closely with cardiovascular mortality. In the steady state, blood leukocytes derive exclusively from bone marrow hematopoietic stem cells (HSCs). Supporting cells (Sugiyama et al., 2006; Ding et al., 2012; Ding and Morrison, 2013), including macrophages (Winkler et al., 2010; Chow et al., 2011), maintain the bone marrow HSC niche and regulate hematopoietic stem and progenitor cell (HSPC) activity by supplying various cytokines and retention factors. Systemic inflammation can stimulate extramedullary hematopoiesis in adult mice and humans. Splenic myelopoiesis supplies inflammatory monocytes to atherosclerotic plaques (Robbins et al., 2012) and the ischemic myocardium (Leuschner et al., 2012). In ischemic heart disease, HSPCs emigrate from the bone marrow, seed the spleen, and amplify leukocyte production (Dutta et al., 2012). Splenic HSPCs localize in the red pulp near the sinuses in parafollicular areas (Kiel et al., 2005). Likewise, after adaptive transfer of GFP+ HSPCs, GFP+ colonies populate the splenic red pulp of atherosclerotic ApoE−/− mice (Robbins et al., 2012). During myocardial infarction (MI), proinflammatory monocytes derived from the spleen accelerate atherosclerotic progression (Dutta et al., 2012). Collectively, these data suggest that splenic myelopoiesis has promise as a therapeutic target; however, the components of the splenic hematopoietic niche are incompletely...
understood, especially compared with the well-studied bone marrow niche. Understanding HSC retention factors and their regulation in the spleen was the purpose of this study.

Because the spleen harbors very few HSCs in the steady state, we investigated the splenic hematopoietic niche after injecting the Toll-like receptor ligand LPS to activate extramedullary hematopoiesis. In the bone marrow, macrophages are an integral part of the HSC niche (Winkler et al., 2010; Chow et al., 2011) and differentiation depends on the receptor for macrophage colony-stimulating factor (M-CSFR, CD115; Auffray et al., 2009). We thus hypothesized that splenic hematopoietic niche assembly also requires M-CSFR signaling. In line with knockout studies (Takahashi et al., 1994; Dai et al., 2002), in vivo knockdown of M-CSFR with nanoparticle-encapsulated siRNA reduced splenic macrophage numbers substantially. Interestingly, decreased macrophage numbers were associated with a reduction of splenic HSCs. Depleting macrophages with diphtheria toxin (DT) in CD169 iDTR mice reproduced the findings obtained with M-CSF–directed siRNA treatment, thereby indicating that macrophages have a key role in splenic HSC maintenance. To investigate how splenic macrophages retain HSCs, we measured changes in splenic expression of major bone marrow retention factors after M–CSFR silencing. Silencing M-CSFR selectively reduced splenic VCAM-1, and the adhesion molecule was primarily expressed by macrophages. Inhibiting macrophage expression of VCAM-1 with siRNA targeting this adhesion molecule reduced splenic HSPC numbers. Finally, we found that M-CSFR and macrophage–directed VCAM-1 silencing in mice with atherosclerosis mitigated blood leukocytosis and dampened inflammation in atherosclerotic plaques and the infarcted myocardium. These data reveal the importance of VCAM-1 expression by splenic macrophages for extramedullary hematopoiesis and illustrate the therapeutic potential of RNAi as an antiinflammatory that mutes emergency overproduction and provision of myeloid cells.

**RESULTS**

**M-CSFR (CD115) knockdown attenuates LPS-induced splenomegaly**

Several siRNA sequences targeting the M-CSF receptor were selected using in silico prediction methods (Dahlman et al., 2014) and tested in vitro at two concentrations in M-CSFR–expressing cells. The six best duplexes (Fig. 1 A) underwent further testing at seven dilutions (Fig. 1 B). The siRNA with the best in vitro silencing at low concentrations (siCD115; sense, cuAcucAAcuuccGGAAdTsdT; anti-sense, UUC-GGAGAAAGUUGAGuADmTsdT) was incorporated into lipidoid nanoparticles (Love et al., 2010) for in vivo studies. These nanoparticles exhibit particular efficiency for in vivo silencing in monocytes and macrophages after systemic delivery (Leuschner et al., 2011; Novobrantseva et al., 2012; Majnudar et al., 2013; Courties et al., 2014) and resemble siRNA delivery vehicles currently used in clinical studies (Coelho et al., 2013). siCD115 was tested for in vivo silencing in the spleen, which has the highest siRNA concentration after systemic injection of nanoparticle carriers (Leuschner et al., 2011). Because the adult steady-state spleen harbors only a few HSCs, we induced extramedullary hematopoiesis by treating mice with LPS. Mice then received injections of either siCD115 or control siRNA with an irrelevant sequence (siCON), both encapsulated in similar lipidoid delivery nanoparticles (Fig. 1 C). We found that two intravenous siCD115 injections reduced CD115 mRNA levels in splenic monocytes and macrophages by eightfold (Fig. 1 D) and led to a substantial (>75%) in vivo protein knockdown in leukocytes (Fig. 1 E). Although the treatment did not significantly change body weight (Fig. 1 F), LPS-induced splenomegaly (Fig. 1 G) and splenic cell content (Fig. 1 H) fell significantly after siCD115 treatment. Moreover, siCD115 treatment significantly reduced serum IFN-γ levels (Fig. 1 I). Consistently, CD115 knockdown reduced numbers of total blood monocytes and Ly-6chigh monocytes in LPS-challenged mice (Fig. 1, J and K).

**M-CSFR knockdown decreases splenic HSPC numbers**

Next, we enumerated splenic Lin− Sca-1+ ckit+ CD48− CD150+ HSCs, LSKs (Lin− Sca-1+ ckit+ cells), and granulocyte–macrophage progenitors (GMPs) (Lin− Sca-1+ ckit+ CD16/32high CD34high). The naive mouse spleen contained few hematopoietic stem and progenitor cells (HSCs, 666 ± 166; LSKs, 3,400 ± 1,030; GMPs, 1,300 ± 337 per spleen; Fig. 2, A and B). LPS treatment increased these numbers 30-, 39-, and 33-fold, respectively. In parallel to the observation that RNAi curbed LPS-induced splenomegaly, we found that siCD115 treatment decreased splenic HSC, LSK, and GMP numbers significantly (Fig. 2, A and B). Similarly, M-CSFR knockdown reduced bone marrow HSPC numbers (Fig. 2 C). Because CD115 signaling contributes to macrophage survival (Shaposhnik et al., 2010), we investigated whether the receptor has a similar effect on HSCs. CD115 knockdown did not affect HSC and LSK apoptosis in the bone marrow (Fig. 2 D) and spleen (Fig. 2 E).

**Splenic niche maintenance requires M-CSFR signaling**

To explore how M-CSFR knockdown reduced splenic HSPC numbers, we assessed HSPC proliferation using an in vivo BrdU incorporation assay, as M-CSF may facilitate cell proliferation. However, BrdU incorporation by HSPCs did not differ among the treatment groups, indicating that siCD115 does not change HSPC proliferation rates (Fig. 3 A). Because BrdU may act as a mitogen (Takizawa et al., 2011), we also used a CFSE dilution assay to measure LSK proliferation (Fig. 3 B). For this assay, we sorted LSKs from CD45.1+ mice, labeled them with CFSE, and transferred them into LPS-primed CD45.2+ mice treated with either siCD115 or siCON. Transferred CFSE-labeled LSKs diluted the dye at similar rates in both treatment cohorts, indicating similar rates of LSK proliferation, but the total number of splenic BrdU+ HSPCs declined after siCD115 treatment, reflecting reduced HSPC retention in the splenic niche (Fig. 3 A).
The observed lower splenic HSPC retention suggested that M-CSFR knockdown might influence the expression of HSPC retention factors. Indeed, siCD115 treatment significantly reduced mRNA levels of the major retention factors in the bone marrow, including CXCL12, vascular cell adhesion molecule-1 (VCAM-1), angiopoietin, and stem cell factor (SCF; Fig. 3 C). Yet in the spleen, VCAM-1 was the only retention factor significantly reduced by siCD115 treatment (Fig. 3 D). Reducing these retention factors may favor progenitor release into the blood (Winkler et al., 2010). Accordingly, we found that M-CSFR knockdown increased the numbers of circulating LSKs by threefold (Fig. 3 E), indicating increased HSPC departure from their niches in the absence of M-CSFR signaling.

**Macrophages’ role in the splenic niche**

Because M-CSFR regulates macrophage differentiation, survival, and proliferation (Auffray et al., 2009; Hume and MacDonald, 2012), we next enumerated splenic macrophages after silencing this receptor. Treatment with siCD115 substantially reduced the numbers of splenic macrophages (Fig. 4 A). Because macrophages contribute to HSPC maintenance in the bone marrow (Winkler et al., 2010; Chow et al., 2011), we sought to clarify whether and how these cells might regulate the splenic niche. Splenic macrophages express CD169 (Fig. 4 B) and can be efficiently depleted in CD169-iDTR mice (Miyake et al., 2007) via DT treatment (Fig. 4 C). Similar to the effects observed after M-CSFR silencing, this macrophage depletion significantly reduced numbers of splenic HSCs, LSKs, and GMPs (Fig. 4 D). Bone marrow HSC and LSK numbers also fell significantly after macrophage depletion (Fig. 4 E). In contrast, HSCs, LSKs, and GMPs significantly increased in the blood (Fig. 4 F), indicating HSPC mobilization into circulation in the absence of macrophages. Collectively, these data indicate that M-CSFR signaling contributes to the hematopoietic niche by inducing macrophage differentiation.
Splenic resident macrophages retain HSCs via VCAM-1

Because VCAM-1 was the only retention factor that changed in the spleen after M-CSFR knockdown (Fig. 3 D), we investigated which splenocytes express VCAM-1. We found that splenic macrophages (Ulyanova et al., 2005) and endothelial cells express VCAM-1 at high levels (Fig. 5, A and B). We next tested whether splenic HSCs reside close to VCAM-1–expressing cells. Toward this end, we transferred GFP+ HSPCs (LSKs) into LPS-primed mice and imaged splenic sections 3 d later. Transferred GFP+ progenitors localized in numerous splenic locations and formed colonies in the red pulp, indicating their proliferation (Fig. 5 C). GFP+ colonies localized near VCAM-1+ macrophages (Fig. 5 D). Numerous GFP+ cells closely contacted VCAM-1–expressing macrophages in the splenic red pulp (Fig. 5, E and F; and Video 1). Indeed, 44.4 ± 3.7% of GFP+ cells lay in direct contact with or <1 µm distant from VCAM-1+ macrophages (Fig. 5 G). Another 49.4 ± 3.1% of the HSPCs resided within 1–10 µm of VCAM-1+ macrophages.

To investigate if splenic VCAM-1+ macrophages are monocyte-derived or sourced from local progenitors, we induced parabiosis of GFP+ and GFP− mice (Fig. 5 H). After 6 wk of parabiosis, very few (<1%) VCAM-1+ macrophages were derived from the parabiont, i.e., from circulatory monocytes (Fig. 5, H and I). These data indicate that splenic VCAM-1+ macrophages arise from tissue progenitors rather than the bone marrow, in line with previously published data on splenic macrophages (Yona et al., 2013).

Our data suggest that splenic macrophages retain progenitors via expression of the adhesion molecule VCAM-1. To test this hypothesis directly, we formulated siRNA that targets VCAM-1 within macrophage-avid lipidoid nanoparticles (sense, AcuGGGuuGAcuuucAGGudTsdT; anti-sense, ACC-UgAAAGUcAACCcAGUdTsdT). This treatment, which limited VCAM-1 protein concentrations in macrophages but not in endothelial cells (Fig. 6 A), reduced splenic progenitor retention (Fig. 6 B). In contrast, numbers of HSCs, LSKs, and GMPs increased significantly in the circulation (Fig. 6 C),...
indicating mobilization of these cells into the blood after VCAM-1 knockdown in macrophages. In the bone marrow, HSPC numbers did not change significantly after VCAM-1 knockdown in macrophages (Fig. 6 D), pointing to retention mechanisms that compensate for reduced VCAM-1 levels in the bone marrow. Reduced splenic HSC retention may
leukocytes that binds with VCAM-1 on activated endothelial cells (Elices et al., 1990), resulting in recruitment of inflammatory cells to sites of inflammation. Similarly, VCAM-1 expressed by splenic macrophages may bind with VLA-4 expressed by HSCs (Williams et al., 1991). To investigate an interaction of VCAM-1 with VLA-4 in this setting, we transferred GFP+ HSPCs into LPS-treated mice after VLA-4 neutralization attenuate LPS-induced myelopoiesis. To test this hypothesis, we enumerated myeloid cells and monocytes in the blood (Fig. 6 E) and spleen (Fig. 6 F) and found that VCAM-1 knockdown significantly reduced myeloid cell and monocyte numbers. Collectively, these data demonstrate a requirement for VCAM-1 expression by splenic macrophages for maintaining the organ’s hematopoietic niche. VLA-4 is an integrin expressed by

Figure 4. Macrophages maintain splenic HSCs. (A) Gating for splenic macrophages (top). Plots for macrophages in respective groups (bottom; n = 3–10). (B) Histogram for CD169 expression on splenic macrophages. (C) Macrophage depletion in CD169/iDTR mice. Plots show depletion of splenic macrophages after diphtheria toxin (DT) treatment. LSKs, HSCs, and GMPs in the spleen (D) and bone marrow (E) of CD169/iDTR mice after depletion (n = 5–10). (F) LSKs, HSCs, and GMPs in the blood of PBS and DT-treated mice (n = 5–9). Data were pooled from 2–4 independent experiments and are shown as mean ± SEM. Significance was determined by Mann-Whitney test. *, P < 0.05; **, P < 0.01; ***, P < 0.001.
Figure 5. Splenic HSPCs reside near VCAM-1+ macrophages. (A) Gating for endothelial cells. CD45.2\(^{-}\)CD31^{high} ICAM-2^{high} cells were considered as endothelial cells. (B) VCAM-1 expression on splenic endothelial cell and leukocytes by FACS. (C) Cluster of GFP\(^{+}\) cells in the splenic red pulp 3 d after GFP\(^{+}\) HSPC transfer into wild-type mouse. Bar, 15 µm. (D) Cluster of GFP\(^{+}\) cells (green) near VCAM-1\(^{+}\) macrophages (red). Bar, 20 µm. (E) GFP\(^{+}\) cells (green) in close contact with VCAM-1\(^{+}\) (red) macrophages (F4/80\(^{+}\), blue) in the spleen. Bar, 5 µm. (F) 3D image of interaction between a GFP\(^{+}\) cell and a VCAM-1\(^{+}\) macrophage. (G) Fraction of GFP\(^{+}\) cells within indicated distance from VCAM-1\(^{+}\) macrophages (\(n = 5\)). (H) We induced parabiosis of GFP\(^{+}\) and GFP\(^{-}\) mice. After 6 wk of parabiosis, the spleens of GFP\(^{-}\) wild-type mice were analyzed for chimerism (GFP\(^{+}\) cells) using flow cytometry (H) and immunofluorescence microscopy (I; \(n = 3\)). Bar, 10 µm. Data were pooled from two independent experiments. Data are mean ±SEM. Significance was determined by one-way ANOVA and Mann-Whitney test, \(* P < 0.05; ** P < 0.01.\)

with an antibody. We found that this blocking antibody significantly decreased splenic HSPC retention (Fig. 6 G).

M-CSFR knockdown reduces inflammation in atherosclerotic plaque

Previous studies revealed that splenic myelopoiesis provides inflammatory monocytes to atherosclerotic plaque (Swirski et al., 2007; Murphy et al., 2011; Robbins et al., 2012) and that, after experimental MI, splenic leukocyte overproduction accelerates progression of atherosclerosis (Dutta et al., 2012). A recent clinical trial indicated that similar mechanisms may exist in humans; 18F-FDG PET/CT showed increased metabolic activity in the spleens of patients with acute coronary syndrome (Kim et al., 2014). We thus investigated...
whether blocking splenic leukocyte overproduction with siCD115, which we found to disrupt the hematopoietic niche, would reduce systemic inflammatory activity in mice with atherosclerosis. *ApoE<sup>−/−</sup> mice fed a high fat diet received either siCD115 or siCON, as outlined in Fig. 7 A. In these mice, M-CSFR knockdown reduced splenic HSC and LSK

Figure 6. Macrophages retain splenic HSCs via VCAM-1. (A) Flow cytometric plots showing VCAM-1 expression on splenic endothelial cells and macrophages after VCAM-1 knockdown. Flow cytometric plots show percentage of LSKs, HSCs, and GMPs in the spleen (B) and blood (C) of mice treated with siRNA against VCAM-1 (siVCAM-1) or control siRNA (siCON). Levels of LSKs, HSCs, and GMPs in the spleen (B), blood (C), and bone marrow (D; n = 8–10). Myeloid cells and monocytes in the blood (E) and spleen (F) after siVCAM-1 treatment in LPS-challenged mice (n = 4). (G) Reduced HSPC retention in the spleen after VLA-4 neutralization (n = 4–5). Two independent experiments were performed. Data are mean ± SEM. Significance was determined by Mann-Whitney test. *, P < 0.05; **, P < 0.01.
In accordance with reduced monocyte accumulation, plaque size, and necrotic core area decreased, and fibrous cap thickness increased in aortic root lesions of siCD115-treated mice (Fig. 7 E).

levels by 4- and 12-fold, respectively (Fig. 7 B), leading to much lower blood monocyte counts (Fig. 7 C). In the aorta, siCD115 treatment reduced the numbers of inflammatory myeloid cells, monocytes, and macrophages (Fig. 7 D).

In accordance with reduced monocyte accumulation, plaque size, and necrotic core area decreased, and fibrous cap thickness increased in aortic root lesions of siCD115-treated mice (Fig. 7 E).
Coronary occlusion leads to inflammation in the infarcted myocardium (Swirski and Nahrendorf, 2013). To a large extent, infarct macrophages derive from the spleen (Swirski et al., 2009; Leuschner et al., 2012). Leukocyte oversupply or disturbed resolution of inflammation in the heart inhibits the infarct healing process, leading to aggravated left ventricular remodeling and heart failure (Nahrendorf et al., 2007; Panizzi et al., 2010). Although these preclinical observations likely apply to patients after MI (Tsujioka et al., 2009), no therapy targeting post-MI leukocyte oversupply to the heart has improved outcomes to date. We thus investigated whether silencing M-CSFR decreases inflammation in the ischemic heart. To this end, we treated mice with either siCD115 or siCON after coronary ligation (Fig. 8 A). Indeed, siCD115 treatment reduced numbers of myeloid cells, macrophages, and monocytes in the infarcting myocardium 4 d after coronary ligation (Fig. 8 B). Likewise, histologically examined infarct tissue harvested on day 4 after coronary ligation showed significantly reduced Ly-6G and CD11b+ cells after siCD115 treatment (Fig. 8 C). Consistent with this, siCD115-treated mice had lower levels of myeloid cells and monocytes in the blood on day 4 after MI (Fig. 8 D).

Next, we investigated the effect of VCAM-1 knockdown in macrophages on day 4 after myocardial infarction. siVCAM-1 treatment significantly reduced myeloid cell, monocyte, and macrophage numbers in the infarct (Fig. 9, A and B). Of note, VCAM-1 knockdown did not alter proliferation and apoptosis of infarct macrophages (Fig. 9 C), indicating reduced supply of monocytes after the treatment. Consistent with this notion, we found significantly reduced myeloid cell and monocyte numbers in the blood (Fig. 9 D), bone marrow (Fig. 9 E), and spleen (Fig. 9 F).
levels of macrophage retention and egress cues netrin-1 (van Gils et al., 2012) and CCR7 (Trogan et al., 2006). VCAM-1 knockdown did not significantly change their expression (Fig. 10 F). This treatment reduced LSK and HSC numbers in the spleen (Fig. 10 G), thereby confirming that, in the setting of atherosclerosis, splenic macrophages retain HSCs via VCAM-1.

Numbers of Ly-6c high monocytes in the spleen (Fig. 10 H) and blood (Fig. 10 I) fell. VCAM-1 silencing in macrophages significantly decreased plaque size and necrotic cores in the aortic root (Fig. 10 J). However, blood cholesterol levels were unchanged (Fig. 10 K).

**DISCUSSION**

Patients with myocardial infarction exhibit high leukocyte counts in the blood, inflamed arterial wall, and infarcted myocardium. Exaggerated inflammation in the heart, common in atherosclerotic individuals, promotes left ventricular dilation and heart failure. Extramedullary hematopoiesis, which contributes to leukocyte oversupply at sites of inflammation, occurs in systemic inflammatory conditions such as atherosclerosis (Murphy et al., 2011; Robbins et al., 2012) and after myocardial infarction (Leuschner et al., 2012). Hence, uncovering the pathways leading to extramedullary leukocyte production...
may reveal therapeutic avenues to mitigate disease-promoting leukocytosis. Although hematopoiesis in the bone marrow has been studied extensively, splenic hematopoiesis remains poorly understood. In the current study, we report that VCAM-1+ macrophages are essential for splenic myelopoiesis and that M-CSFR signaling maintains the spleen’s hematopoietic niche. VCAM-1–expressing macrophages retain HSCs in the splenic red pulp, promote extramedullary hematopoiesis, increase systemic levels of inflammatory leukocytes and consequently augment inflammation in atherosclerotic plaques.

Differentiation of monocytes to macrophages depends on M-CSFR signaling (Auffray et al., 2009). Local M-CSF signaling may also regulate tissue-resident macrophage proliferation, as observed, for example, in the growing uterus of a pregnant mouse (Tagliani et al., 2011) and in peritoneal macrophages (Rosas et al., 2014). Moreover, M-CSF improves tissue macrophage survival by reducing apoptosis (Shaposhnik et al., 2010). During atherogenesis, vascular endothelial cells and smooth muscle cells can produce M-CSF (Clinton et al., 1992), and M-CSF–deficient op/op mice have dramatically reduced atherosclerotic plaques (Qiao et al., 1997; Rajavashisth et al., 1998). Our data imply that M-CSF signaling also plays a role in splenic leukocyte production. Because M-CSFR knockdown also affected the bone marrow, our data do not provide information on the relative contribution of the spleen versus bone marrow contribution to the inflammatory response after...
Despite growing evidence of the importance of inflammation in atherosclerosis and heart failure, specific anti-inflammatory therapy has yet to be implemented in the clinic. Ongoing trials explore whether antiinflammatory therapeutics, such as anti-IL1β–neutralizing antibodies (CANTOS, NCT01327846) and methotrexate (CIRT, NCT01594333) reduce ischemic complications and death in patients with atherosclerosis. In addition to biologicals or small molecule drugs, RNAi may therapeutically interfere with the life cycles of inflammatory leukocytes that drive atherosclerosis progression and complication. Recent progress in RNAi delivery has led to clinical trials (Coelho et al., 2013) and enabled leukocyte silencing in rodents and primates (Novobrantseva et al., 2012). The 70-nm particles used in the current study of siRNA delivery to macrophages were identified in large-scale screens (Love et al., 2010), are rapidly synthesized from four components, and are similar to safe materials advancing through clinical trials. Our data indicate that RNAi targeting of hematopoiesis could reduce systemic inflammation by curtailing leukocyte overproduction. Silencing M-CSFR expression disrupted the splenic hematopoietic niche assembly, potentially allowing for decisive antiinflammatory intervention in individuals with vulnerable plaques or shortly after myocardial infarction. Currently, this approach would lend itself to short-term, systemic, parenteral delivery rather than sustained oral therapy. Longer therapeutic courses might compromise the salutary functions of M-CSF signaling and macrophages in host defenses. Because the siRNA delivery in our study was systemic and therefore not limited to splenic cells, we are unable to define to what precise degree the observed therapeutic effects derive from silencing in the spleen. Likely, monocyte differentiation in the bone marrow or at the sites of inflammation, i.e., the heart and the arterial wall, also contributed to lower macrophage numbers. Yet, the parallel and profound reduction of monocytes in the circulation and inflamed tissue indicates that lowering the systemic supply of inflammatory cells played a major role in reducing inflammation in the target tissue.

In conclusion, this study identifies a novel role for signaling through the M-CSFR in the genesis of splenic myelopoiesis. Interfering with this receptor inhibits macrophage functions in the splenic hematopoietic niche. These cells express VCAM-1 to retain HSPCs in the splenic red pulp. Interrupting this pathway with myeloid-directed in vivo RNAi, by silencing either M-CSFR or VCAM-1, enables HSPCs to escape from niches into blood and substantially reduces circulating monocytes. Ours is a first study on how RNAi affects hematopoiesis. Finally, this intervention decreases inflammatory cell numbers in atherosclerotic plaque and in the ischemic myocardium, illustrating an innovative approach to treating patients with atherosclerosis.

MATERIALS AND METHODS

Animal strains and surgical procedures. C57BL/6J, B6. Sjl-Ptprc<sup>−/−</sup> Peps<sup>−/−</sup>/BoyJ (CD45.1), and B6.129P2-Apoetm1Unc/J (ApoE<sup>−/−</sup>) mice were purchased from The Jackson Laboratory. ApoE<sup>−/−</sup> mice consumed a
Cardiac puncture was performed on the first and third day. To test efficacy of the siRNA after myocardial infarction, siRNA against either M-CSFR or VCAM-1 was administered i.v. at 0.5 mg/kg body weight on the day of MI and 2 d after MI. About 300,000 lineage− c−kit+ Sca−1− cells sorted from GFP+ mice were adoptively transferred i.v. on the day of VLA-4 injection.

Total blood cholesterol measurement and ELISA. Blood was collected via cardiac puncture in Eppendorf tubes without anticoagulant. Blood was kept at room temperature for ~2 h and spun down at 4°C for 10 min to separate serum. Serum was stored at −80°C, and total cholesterol was measured using an enzymatic colorimetric assay (Cholesterol E; Wako). We used QuantiKine Colormetric Sandwich ELISA kit (R&D Systems) to measure serum IFN-γ levels.

RNA extraction and quantification. RNA was extracted using PicoPure RNA isolation kit (Applied Biosystems) and eluted in a total volume of 10 µl. RNA was quantified using Nanodrop, and one microgram of mRNA was used to generate complementary DNA (cDNA) using a high capacity RNA to cDNA kit (Applied Biosystems). Target genes were quantified using TaqMan gene expression assays (Applied Biosystems).

Histology. For histological analysis, aortas and hearts were embedded in OCT compound (Sakura Finetek), and fresh-frozen serial 6 µm thick sections were prepared. Masson Trichrome staining was performed according to the manufacturer’s instructions (Sigma-Aldrich) to assess plaque size, fibrous cap thickness and necrotic core. Immunohistochemistry was performed using Ly-6G (1A8, BioLegend) and CD11b (clone M1/70, BD) antibodies, biotinylated anti-rat IgG antibody (Vector Laboratories Inc.) and VECTASTAIN ABC kit (Vector Laboratories). The reaction was visualized using a 3-amin-9-ethylcarbazole (AEC) substrate (Dako), and all sections were counterstained with Harris hematoxylin solution (Sigma-Aldrich). The slides were scanned using Nanozoomer 2.0RS (Hamamatsu), and staining was quantified in 5 high power fields per mouse, using semiautomated thresholding in IPlab, and expressed as percentage of positive area.
Immunofluorescence microcopy. 3 d after priming with LPS, the spleen was harvested and fixed by immersion in a 4% PFA PBS solution. Fixed tissues were cryoprotected in a 30% sucrose, 0.02% sodium azide, PBS solution at 4°C. Tissues were embedded and frozen in tissue freezing media (Leica) and then sectioned in a −20°C cryostat (Leica) at a thickness of 10 and 25 µm.

The tissue sections were stained with an anti–VCAM-1 antibody (sc-1504; Santa Cruz Biotechnology) and an anti-F4/80 (14–4801; eBioscience) antibody followed by a Cy3 donkey anti–rabbit and Cy5 donkey anti–rat IgG (Jackson ImmunoResearch Laboratories). Sections were mounted in Vectashield + DAPI mounting media.

Microscopic images were acquired with an Eclipse 90i epifluorescence microscope (Nikon). Digital image files were post-processed with Nikon Imaging Software Elements, Velocity 6 (Perkin Elmer), ImageJ, and IP laboratory.

For Ki-67 immunofluorescence imaging, heart tissue sections were stained with FITC Ki-67 (clone SP6, dilution 1:25; Abcam). To detect apoptotic cardiac macrophages, TUNEL reagents (DeadEnd Fluorometric TUNEL System; Promega) were used according to the manufacturer’s protocol.

Online supplemental material. Video 1 shows interaction between HSPCs and VCAM-1+ macrophages in the spleen. Online supplemental material is available at http://www.jem.org/cgi/content/full/jem.20141642/DC1.

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