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Island topographies to reduce short-circuiting in stormwater detention ponds and treatment wetlands

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1 TITLE: Island Topographies to Reduce Short-Circuiting in Stormwater Detention Ponds and
2 Treatment Wetlands

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16

17 ABSTRACT

18 Urban stormwater is an increasing environmental problem for cities worldwide. Many cities have
19 turned to green infrastructure solutions, which provide water treatment and retention while also
20 harnessing other ecosystem services. This study considered the design of detention ponds and
21 treatment wetlands with the goal of improving hydraulic performance (specifically reducing
22 short-circuiting) while also increasing habitat diversity. Fifty-four basin topographies, including
23 a variety of islands and berms, were compared to an open and a traditional serpentine basin.
24 Using scaled physical models the hydraulic performance of each design was evaluated using
25 tracer studies to construct the residence time distribution and to visually observe the circulation
26 pattern. In addition, the earthwork construction cost and habitat diversity index (based on the
27 Shannon-Weaver entropy measure) were estimated at field scale. The results reveal multiple
28 design options that improve hydraulic performance, relative to both the open and serpentine
29 basins, and which represent a range of habit diversity and cost. General guidelines for optimal
30 configurations are discussed.

31

32 HIGHLIGHTS (85 characters max per bullet point, 3-5 bullet points)

- 33 • Island clusters near inlet improve hydraulic performance of detention ponds and wetlands
- 34 • The number, size, shape, and placement of islands impacts hydraulic performance
- 35 • Islands add habitat diversity by creating depth heterogeneity and upland area
- 36 • Island design options exist with high performance and variable earthwork volume

37

38 KEYWORDS (max 6)

39 stormwater detention ponds, treatment wetlands, residence time, green infrastructure design

40 1. INTRODUCTION

41 Urban stormwater is an increasing environmental problem for cities worldwide. In the United
42 States today, stormwater impairs 97,300 km of rivers, 3100 m² of lakes, and 16,900 km² of bays
43 and estuaries (U.S. EPA, 2017). Urban stormwater is a growing source of water pollution, and
44 the number of natural ecosystems impaired by stormwater continues to rise (U.S. EPA, 2015).
45 Cities depend on these ecosystems for critical services, such as climate regulation, noise
46 reduction, air purification, and flood protection (Gómez-Baggethun et al., 2013). The latter is
47 especially important given that climate change will bring storms of increasing intensity, posing
48 greater flood risks (Walsh, 2014). To address this challenge, many cities have turned to green
49 infrastructure, such as bioswales, green roofs, detention ponds, and treatment wetlands, to
50 capture and treat stormwater. Green infrastructure often has at a lower cost than traditional
51 infrastructure, while providing ancillary ecological and social benefits (Lovell and Johnston,
52 2009; Rousseau et al., 2008; Moore and Hunt 2012, 2013; U.S. EPA, 2015; Atkins, Inc., 2015;
53 Connop et al., 2016). This paper considers landscape designs for detention ponds and treatment
54 wetlands that offer opportunities to provide habitat and re-introduce nature into cities (Worrall et
55 al., 1997; Connor and Luczak, 2002; Ghermandi and Fichtman, 2015).

56 Habitat heterogeneity supports biodiversity, which underlies the provision of ecosystem
57 services (Elmqvist et al., 2013). Research on treatment wetlands has shown that heterogeneity in
58 landscape is the key to creating habitat. The EPA recommends eschewing rectangular basins in
59 favor of sinuous edges and using varied slopes and grades to create different water depths (U.S.
60 EPA, 2000), which is also echoed by Worrall et al. (1997). Other researchers have noted the
61 contribution of topography in constructed wetlands to habitat diversity and species richness
62 (Vivian-Smith, 1997; Sleeper and Ficklin, 2016). In mitigation wetlands, micro-topography has
63 been shown to aid nitrogen cycling and removal (Wolf et al., 2011).

64 To function best, the flow in a detention pond or constructed wetland should approach
65 plug flow, in which all of the water entering the system remains for the nominal residence time,
66

67
$$T_n = V/Q, \tag{1}$$

68
69 with V the system volume and Q the inflow rate. However, in most situations, plug flow is not
70 achieved, and short-circuiting of flow between the inlet and outlet occurs. In shallow basins,

71 short-circuiting is associated with asymmetric circulation patterns that grow from instabilities at
72 the inflow (Dewals et al., 2008; Dufresne et al., 2010). In vegetated regions, short-circuiting may
73 be promoted by heterogeneous distributions of vegetation or by channels cutting through
74 vegetation (Dierberg et al., 2005; Lightbody et al., 2008). Short-circuiting undermines the
75 performance of a pond or wetland by allowing much of the water to exit in less than T_n . Many of
76 the biochemical, filtering, and settling processes that reduce pollutant levels are first-order
77 reactions, for which the highest rates of reduction ($\partial C/\partial t$) occur at early time. Therefore, water
78 parcels leaving at times shorter than the design time, i.e. short-circuiting, achieve significantly
79 less reduction in concentration than parcels leaving at the design time.

80 Because of its adverse effects, engineers have devoted substantial research to identify
81 basin geometry that reduces or eliminates short-circuiting. For example, short-circuiting is
82 reduced in basins with long aspect ratio (Thackston et al., 1987) or with sinuous channels or
83 baffles (Farjood et al., 2015; Savickis et al., 2016). In treatment wetlands, the insertion of
84 unvegetated deep zones perpendicular to the flow path has been shown to counter-act the short-
85 circuiting associated with channels that cut through vegetated regions (Lightbody, 2007). Other
86 studies have suggested islands to deflect inflow and improve the circulation pattern within
87 treatment wetlands and ponds (German and Kant, 1998). Persson et al. (1999) tested 13 pond
88 designs, including 2 with islands, using MIKE21, a depth-averaged numerical model. They
89 found that the scenario with an island at the inlet reduced short-circuiting, compared to a basin
90 with no island or with berms (Persson et al., 1999; Persson, 2000). In 2004, Adamsson et al
91 (2002) physically modeled a square island near the inlet, considering islands with edges parallel
92 and rotated 45 degrees to the basin edges. The addition of the island decreased short-circuiting,
93 with the greater benefit from the parallel island than the rotated island (Adamsson et al., 2002).
94 In contrast, Khan et al. (2011) found that the addition of an island (either parallel or rotated)
95 increased short-circuiting and decreased the performance of a scaled detention pond model.
96 Khan attributed the poor performance to the sloping walls of the narrow basin, which created
97 shallow regions through which inflow short-circuited around the island. The Khan and
98 Adamsson studies together suggest that the potential impact of a deflector island is sensitive to
99 the size of the island, the position within the basin and the basin geometry. Therefore, while
100 some promising results have been reported for islands, additional studies are needed to identify
101 the optimum island designs. This paper expands on previous research by exploring more

102 complex island topographies, using the open basin and serpentine design for comparison. Each
103 design was evaluated for hydraulic performance, habitat diversity, and earthwork cost.

104

105 2. EXPERIMENTAL METHODS

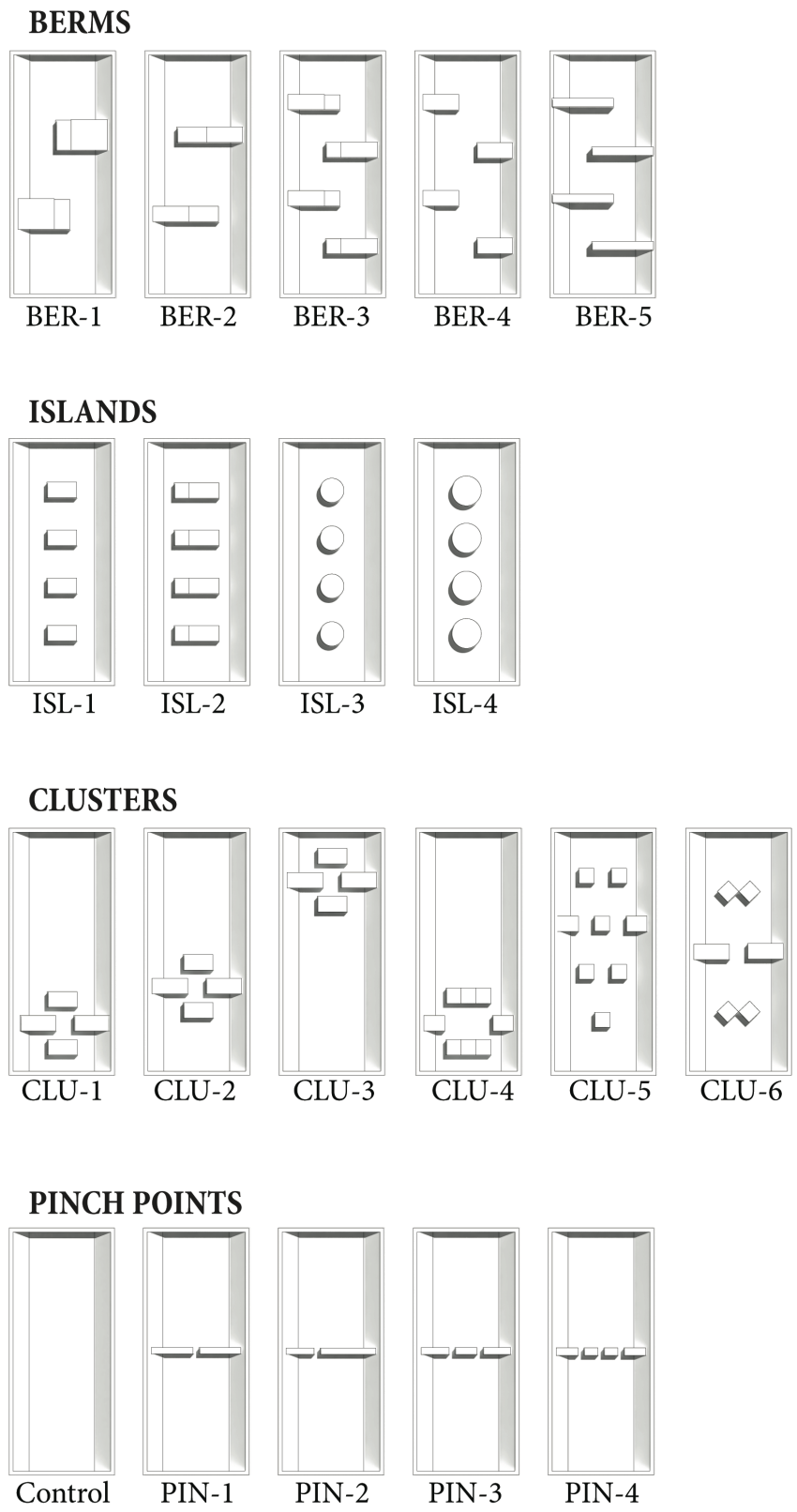
106 Experiments were conducted in two phases. In the first phase, a set of simple geometric shapes
107 were cast in concrete and used to create 20 basic wetland configurations (Figure 1), including
108 berms, islands, and pinch points, which are constrictions that separate the basin into two sub-
109 basins. The results of phase 1 indicated that a cluster of islands near the inlet provided the
110 greatest hydraulic improvement, so that phase two of the experiments focused only on islands,
111 constructed with greater topographic detail. Specifically, phase 2 included 34 designs, exploring
112 different number, size, shape, and placement of islands (Fig. 2). In both testing phases, the
113 hydraulic performance was evaluated using tracer studies to estimate the residence time
114 distribution and associated metrics (Section 2.2). In addition, the earthwork construction cost and
115 habitat diversity were estimated for each of the topographies at field scale (Sections 2.3 and 2.4).

116

117 2.1 Physical Models

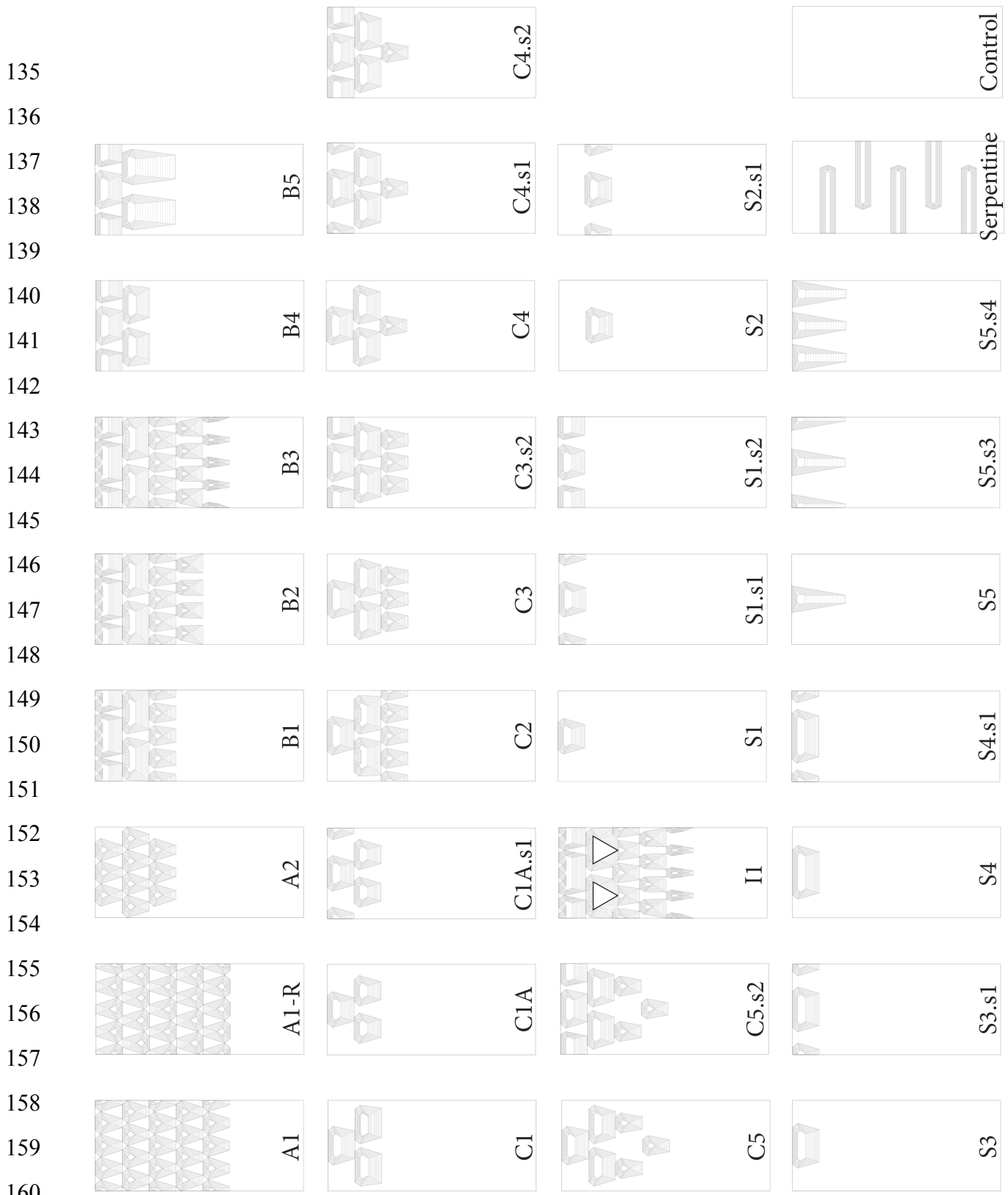
118 The first phase of experiments used a scaled model of the detention basin described in Khan et
119 al. (2013), designed with the Froude number scaling detailed in Shilton (2001). The model basin
120 measured 120 cm by 40 cm and had sloped sides, with a 1-cm inlet and outlet centered 1 cm
121 above the bed. The water depth was $H = 3.0 \pm 0.1$ cm, which was sufficient to avoid surface
122 tension affects (Shilton 2001). With a flow rate of $Q = 4.8 \times 10^{-5}$ m³/s, the nominal residence
123 time for the open basin (which was considered the control, denoted with sub-script 'nc') was T_{nc}
124 $= 300 \pm 10$ s. Concrete shapes were placed inside the basin to create 20 basic configurations of
125 berms, island clusters, and pinch points (Figure 1).

126 In the second phase, 34 island topographies were tested, including islands of different
127 number, size, shape, and placement, as well as an open basin and a serpentine design (Figure 2).
128 These topographies were designed in Rhinoceros, a 3D computer-aided design (CAD) program,
129 and robotically milled out of high-density foam using a CNC machine. Each model measured
130 40.5 cm wide and 60 cm long. Relative to the full-scale prototype, the model height was
131 exaggerated by a factor of two to avoid surface tension effects. For ease of fabrication, the
132 islands were made with flat faces.



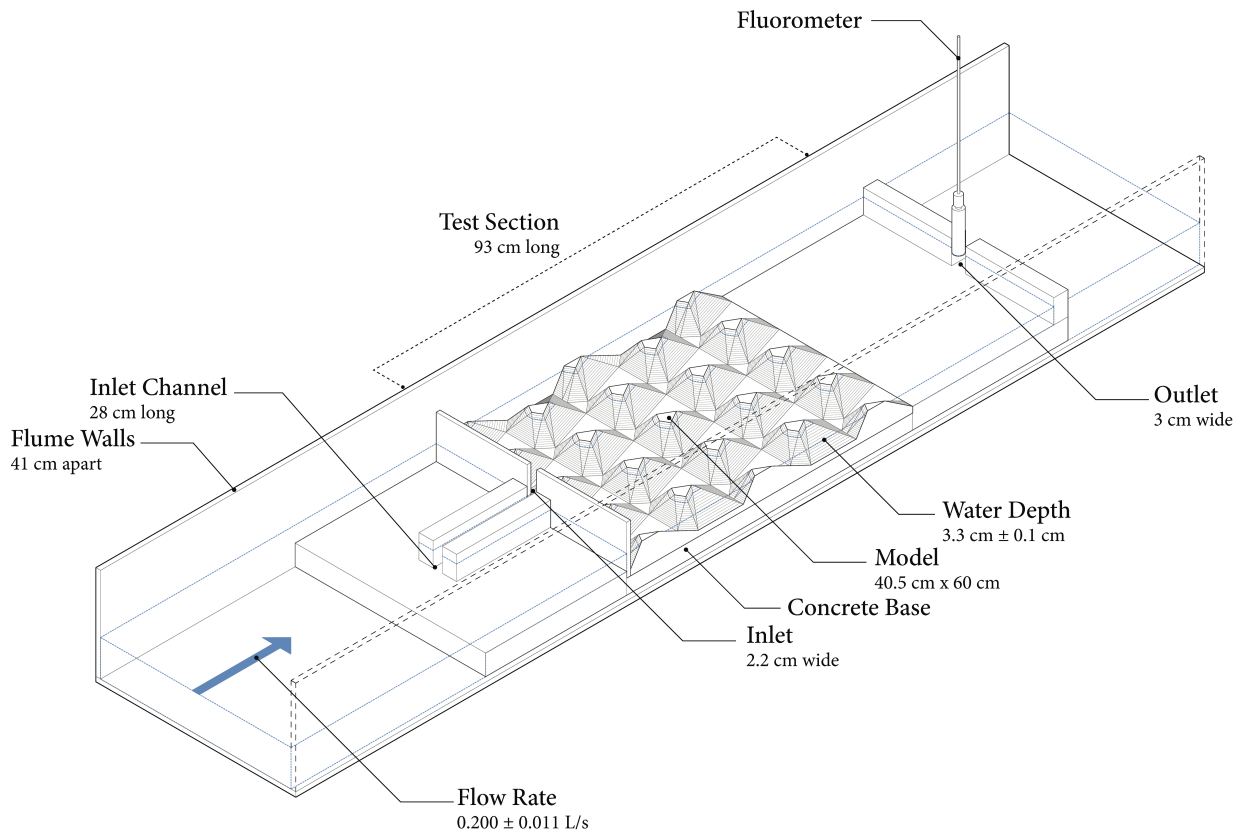
133 **Figure 1.** Top view of the phase 1 experimental basins, each 120 cm by 40 cm and with sloped sides.

134 Flow is from bottom to top in each schematic.



161 **Figure 2.** Top view of phase 2 topographies, 40.5 cm wide and 60 cm long. Flow was from left to right.
 162 The dimensions of each island are provided in a supplemental file.

163 The model topographies were placed in a plexiglass flume measuring 3.75 m long and B
 164 $= 0.41$ m wide (Figure 3). Downstream of each topography, a flat bed was added to create a test
 165 basin of length $L = 93.0 \pm 0.2$ cm. The topographies were attached to a concrete base to prevent
 166 floating. The flume was filled to a water depth of $H = 3.3 \pm 0.2$ cm over the model. A variable
 167 speed pump provided a discharge of 0.200 ± 0.011 L s⁻¹. To produce a straight inflow, flow
 168 entered the test basin through a 28-cm long inlet channel with the same width as the basin inlet,
 169 2.2 cm. The outlet was 3 cm wide to accommodate the fluorometer. The Reynolds number of the
 170 inflow was $Re = Uh/\nu = 9000$, with U the inflow velocity and ν the kinematic viscosity.
 171 Consequently, the circulation pattern was inertia-dominated and should be representative of the
 172 flow field at full-scale. For the phase 2 experiments, the nominal residence time of the open
 173 basin, which was used as a control, was $T_{nc} = 63 \pm 3$ s, (with subscript “c” denoting control). The
 174 uncertainty reflects the variation in flow rate. Two replicate experiments were conducted for
 175 each of the topographies.



201 **Figure 3.** Experimental set-up with island topography A1, which had five rows of islands.
 202

203 2.2 Tracer Testing and Hydraulic Performance Metrics

204 The residence time distribution of each design was measured using a standard tracer experiment.
205 A 1 mL slug of 1:10,000 rhodamine solution was injected over less than 1 second into the inlet
206 channel. The concentration of tracer at the outlet, C , was measured as a function of time since
207 release, t , using a UniLux fluorometer sampling at 1 Hz. To adequately capture the tail of the
208 distribution, the concentration was measured for four times the nominal residence time of the
209 open basin, $4T_{nc}$. The residence time distribution (RTD) was estimated from the concentration
210 recorded at the outlet (e.g., Werner and Kadlec, 1996):

$$211 \quad RTD(t) = \frac{QC(t)}{\int_0^{\infty} QC(t)dt} \quad (2)$$

213
214 Two metrics were used to compare the performance of the different topographies. First, short-
215 circuiting is associated with mass leaving the basin at times much shorter than the nominal
216 residence time, so that a reasonable metric for short-circuiting is the time at which 10% of the
217 injected mass has exited the basin, which was called T_{10} . To account for the loss of volume
218 associated with the inclusion of topography, which shortens the nominal residence time, T_{10} was
219 normalized by the nominal residence time of the open basin control, T_{10}/T_{nc} . Second, assuming a
220 pond was operated at steady-state conditions with inflow concentration C_o and exit concentration
221 C_e , the expected pollutant removal efficiency can be defined as C_e/C_o (e.g., Kadlec and Wallace,
222 2009). Assuming pollutant removal follows a first-order reaction, with rate constant k ,

$$223 \quad \frac{C_e}{C_o} = \int_0^{\infty} RTD(t) \exp(-kt) dt \quad (3)$$

224
225
226 For a consistent comparison, the rate constant was set to $k = 1/T_{nc}$ for all cases.

227 Two replicates were conducted for each basin topography, yielding two estimates of T_{10}
228 and C_e/C_o . Table 3 reports the mean of the replicates and the uncertainty, defined using the
229 standard error (SE), which for two replicates is $\frac{1}{2}$ the difference between replicates (e.g. Taylor,
230 1997). The uncertainty was taken to be $1.96 SE$ for 95% confidence. In some cases the replicate
231 T_{10} values were identical, yielding $SE = 0$, for which the uncertainty was defined by $\frac{1}{2}$ the
232 sampling resolution (0.5 s). The variation in flow rate was the main contributor to the uncertainty

233 in estimated T_{nc} ($\delta T_{nc} = 3$ s). The uncertainties δT_{10} and δT_{nc} were combined to produce the
234 uncertainty in the metric T_{10}/T_{nc} (Taylor, 1997),
235

$$236 \quad \frac{\delta(T_{10}/T_{nc})}{(T_{10}/T_{nc})} = \sqrt{\left(\frac{\delta T_{10}}{T_{10}}\right)^2 + \left(\frac{\delta T_{nc}}{T_{nc}}\right)^2} \quad (4)$$

237

238 Finally, streamline maps were constructed using a frame-by-frame analysis of digital
239 video. Tracer was sequentially injected at multiple points within the basin to trace out different
240 streamlines. The upstream movement of tracer identified regions of recirculation. Specifically,
241 the boundary of a recirculating region was located where injections of tracer transitioned from
242 being carried upstream (in a recirculation zone) to downstream (outside a recirculation zone).

243 244 2.3 Construction Cost

245 The earthwork costs (excavation, rough grading, and fine grading) were used to compare
246 differences in construction cost between the topographies. The costs that would be the same for
247 all topographies are intentionally excluded, e.g. the removal of excess soil and site preparation
248 (e.g. clearing and grubbing, managing difficult soils, or dewatering). We also excluded site-
249 dependent costs, such as erosion control measures and maintenance costs. The earthwork costs
250 were estimated for a field-scale basin 21 m wide and 47 m long and operated at a water depth of
251 0.8 m. The earthwork costing methodology was developed with assistance from Mark Lindley,
252 PE, Senior Engineer at Environmental Science Associates. The earthwork costs assumed the
253 wetland and islands were constructed below grade, requiring excavation and grading of soil. The
254 soil volume removed to form islands was multiplied by excavation cost outlined in the RSMMeans
255 cost manual (2017) (Table 1). After excavation, two passes of rough grading shaped the islands.
256 The surface area of each island was multiplied by the rough grading cost per area. Finally, the
257 cost of one pass of finish grading was calculated based on the surface area of the entire site.

258 259 2.4 Habitat Diversity

260 The habitat diversity index (H) was calculated using the Shannon-Weaver entropy measure
261 (Shannon and Weaver 1949, Krebs 2009), which other researchers have used for the same
262 purpose (Kearney et al. 2013, Brandt et al. 2015). Using water depth as a proxy for habitat, we
263 measured the topographical surface area that fell into each of four habitats: upland (above water),

264 emergent vegetation (0 to 30 cm water depth), submerged vegetation (30 cm to 46 cm water
265 depth), and open water (deeper than 46 cm). As with the construction cost, this index was
266 calculated for each design at full scale. For N habitat zones, the habitat diversity index is

$$267 \quad H = - \sum_{i=1}^N p_i \ln (p_i) \quad (5)$$

269 in which p_i is the proportion of total area occupied by the i^{th} habitat zone (e.g. Kearney et al.,
270 2013). The maximum habitat index is

$$271 \quad H_{\max} = \ln (N), \quad (6)$$

272 so that for $N = 4$ habitats, $H_{\max} = 1.39$. The minimum value was zero, corresponding to the
273 control because it had only one habitat zone (open water).

274 3. Results and Discussion

275 3.1 Phase 1

276 The first phase of experiments compared simple bathymetric features (baffles, island clusters,
277 and pinch points), using the short-circuiting parameter T_{10}/T_{nc} (Table 2). For the open basin
278 control $T_{10}/T_{nc} = 0.22 \pm 0.06$. This value reflected the presence of significant short-circuiting
279 between the inlet and outlet. In some cases, the addition of topography made short-circuiting
280 worse ($T_{10}/T_{nc} < 0.22$). In particular, every case with islands distributed along the centerline
281 (ISL-1 to ISL-4, Figure 1) produced a lower metric, with $T_{10}/T_{nc} < 0.17$. In these cases, although
282 the initial island deflected the inflow, which should diminish short-circuiting, the series of
283 islands created channels along the basin edges, which became new regions of short-circuiting.
284 This was similar to the enhanced short-circuiting observed by Khan et al (2011) for a detention
285 pond with a single central island.

286 The serpentine bathymetries (BER-1 to BER-4, Fig. 1) mostly improved the hydraulic
287 performance, consistent with previous recommendations (e.g. Thackston et al., 1987). The
288 exception was BER-4, with baffles that did not extend past the basin centerline, and thus did not
289 block the inlet-outlet short-circuiting path. In this case, the performance metric was $T_{10}/T_{nc} =$
290 0.20 ± 0.04 . In contrast, with the same basic geometry as BER-4, but longer baffles, BER-3

295 produced $T_{10}/T_{nc} = 0.31 \pm 0.04$, demonstrating the importance of extending baffles past the basin
296 centerline.

297 The pinch point series was inspired by the idea of breaking a single basin into two basins
298 in series, which, based on tanks-in-series analysis (e.g. Fogler, 1992; Kadlec and Wallace, 2009),
299 should improve hydraulic performance. Generally, the pinch point cases did better than the open
300 basin, but none were top performers. The top performers, CLU-4 and CLU-1, both included
301 island clusters located at the inlet, with $T_{10}/T_{nc} = 0.38 \pm 0.04$ and 0.51 ± 0.05 , respectively. These
302 cases performed well because the first island split the inflow jet into two segments, and
303 subsequent islands met and deflected each of the jet segments, spreading the inflow over the
304 basin width. Because the island clusters produced the highest values of T_{10}/T_{nc} , the second phase
305 of experiments considered more complex island clusters at the inlet.

306

307 3.2 Hydraulic Performance of Phase 2 Topographies

308 In the second phase, 34 topographies were tested, including an open basin and a serpentine basin
309 for comparison. The estimated metrics for all topographies are listed in Table 3. Based on the
310 short-circuiting metric, T_{10}/T_{nc} , all of the island designs improved performance compared to the
311 control (Figure 4a). Moreover, 23 cases produced lower values of T_{10}/T_{nc} than the serpentine
312 design. The best performing designs were C1A.s1, which had 2 rows of similar islands, and I1,
313 which had 5 rows of islands that decreased in size with distance from the inlet (Figure 2). Both
314 designs achieved $T_{10}/T_{nc} = 0.57 \pm 0.03$. Recall that for ideal plug flow, $T_{10}/T_{nc} = 1$. However, this
315 cannot be achieved with island topographies, because the addition of islands reduces the
316 available volume, so that the effective T_n is less than T_{nc} . It is difficult, without more extensive
317 testing, to determine the upper limit of feasible T_{10}/T_{nc} values. However, the results here do show
318 that improvements over an open basin can be achieved with the addition of islands. Ultimately,
319 the degree of engineering intervention selected to improve the performance of a given basin will
320 depend on the constraints of cost and required concentration reduction.

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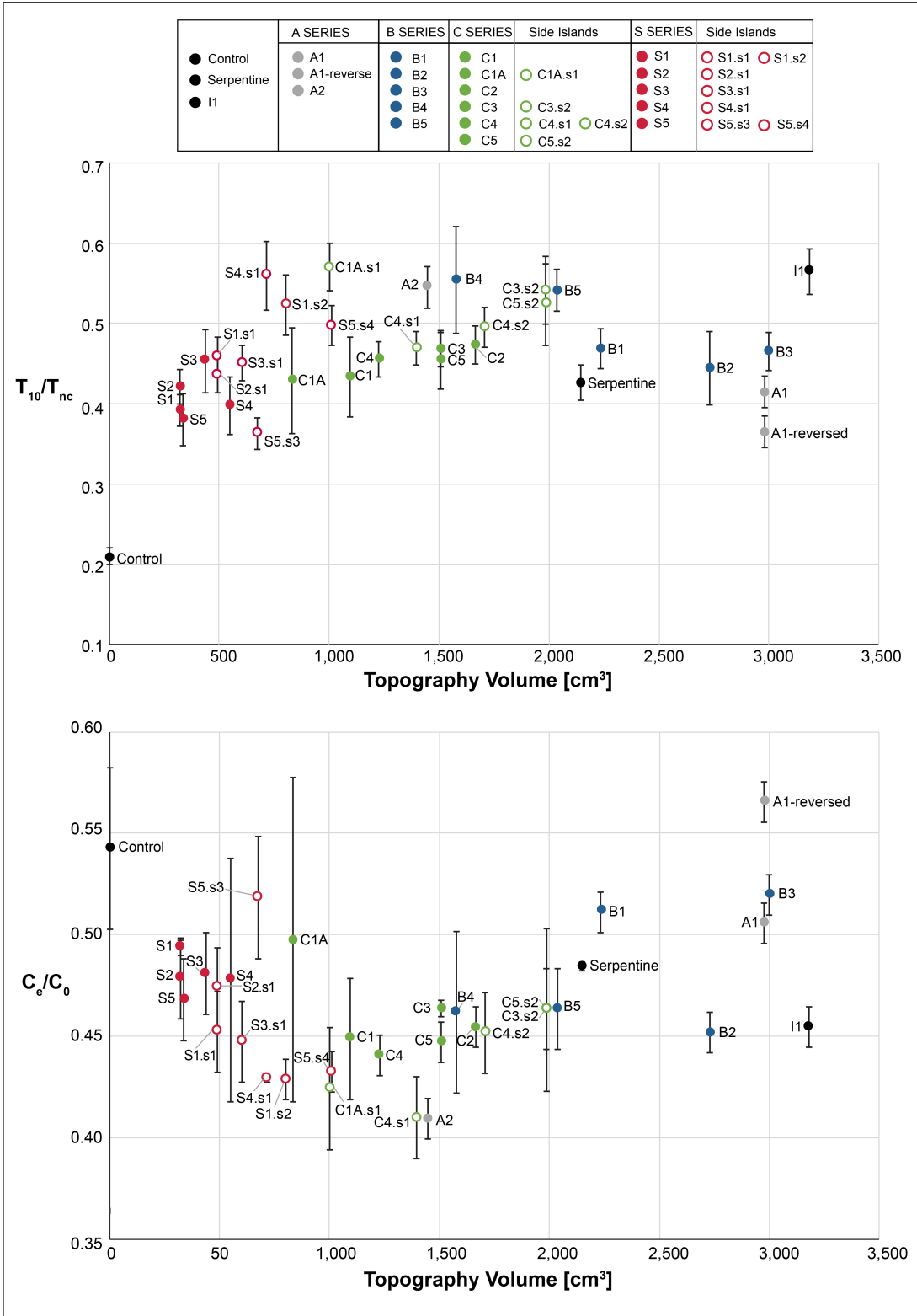
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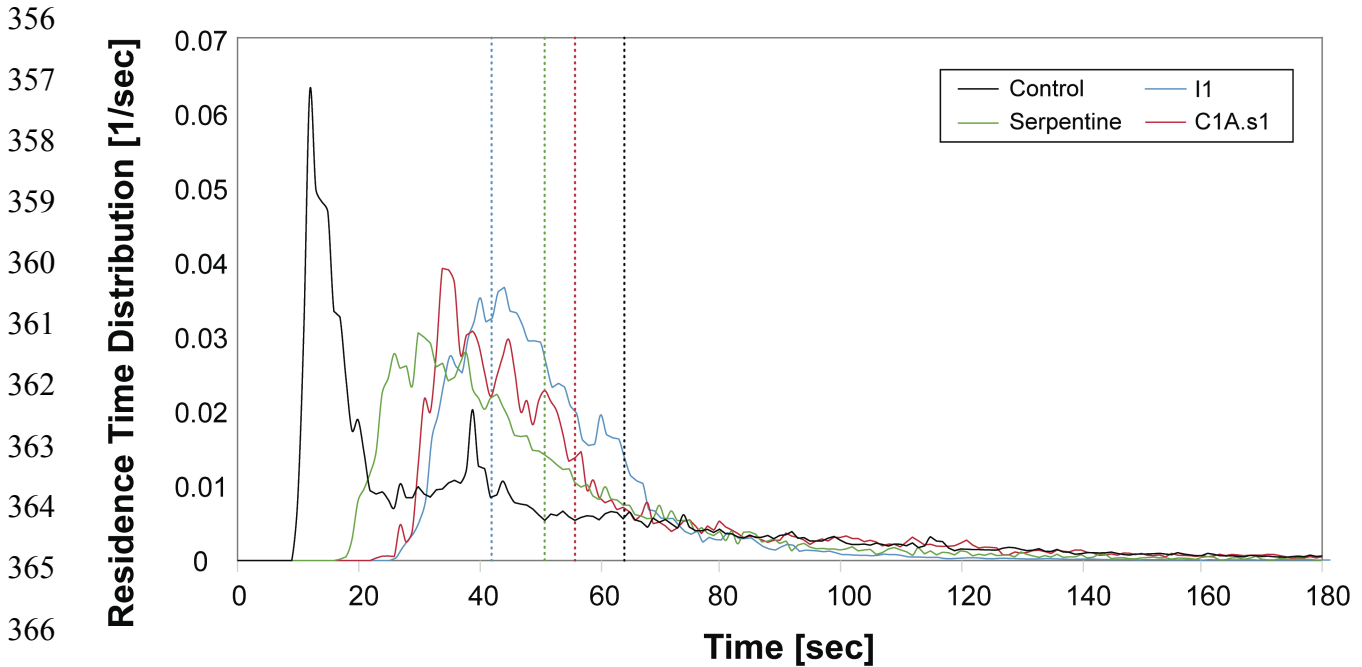
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353 **Figure 4** Performance metrics vs topography volume in scaled model. (a) T_{10}/T_{nc} , metric for short-
 354 circuiting. (b) C_e/C_o , pollutant removal efficiency from eq. 4 and assuming rate constant $k = 1/T_{nc}$. Error
 355 bars indicate 95% confidence interval based on two replicates and the propagated uncertainty in T_{nc} .



367
368 **Figure 5.** *RTD* for control (black) and serpentine (green) cases, and for the island cases with highest
369 T_{10}/T_{nc} , specifically I1 (blue) and C1A.s1 (red). Each *RTD* is the average of two replicates. The nominal
370 residence time of each case, which accounts for water volume lost to island volume, is located at the
371 vertical line of matching color.
372

373 Figure 5 compares the *RTD* for the best performing cases (I1 and C1A.s1) to the control
374 and serpentine cases. A vertical line of matching color shows the nominal residence time of each
375 case. When short-circuiting was present, the *RTD* peak occurred before the nominal residence
376 time. The greatest short-circuiting occurred in the open basin (black curve in Fig. 5), with the
377 *RTD* peak occurring long before the nominal residence time (vertical black line). The time
378 between the peak and nominal residence time decreased for the serpentine (green) and C1A.s1
379 (red). The case with 5 rows of islands (I1, blue curve) was closest to plug flow, with the *RTD*
380 peak arriving at its nominal residence time. For I1 the islands decreased in size with distance
381 from the inlet, which smoothly spread the inflow to a laterally-uniform distribution at the end of
382 the island sequence. Note that while similar performance was achieved by C1A.s1 and I1, both
383 with $T_{10}/T_{nc} = 0.57 \pm 0.03$, I1 required more than twice the earthwork volume, showing that
384 designers have choices amongst high-performing cases with more or less earthwork, which
385 would have different impacts on construction cost, habitat creation, and storage volume.

386 Next, we considered how the difference in hydraulic performance translated into
387 pollutant removal, indicated with C_e/C_o (Figure 4b), assuming a first-order reaction with rate

388 constant $k = 1/T_{nc}$. All of the island topographies, except for A1-reversed, produced values of
389 C_e/C_o lower than the control (0.54 ± 0.04). Most of the topographies produced lower values than
390 the serpentine (0.484 ± 0.002). Generally, cases with higher T_{10}/T_{nc} (Figure 4a) produced lower
391 values of C_e/C_o (Figure 4b), however, T_{10}/T_{nc} was not a perfect predictor of pollutant removal
392 ranking. For example, the greatest concentration reduction (lowest C_e/C_o) was achieved by C4.s1
393 and A2 ($C_e/C_o = 0.410 \pm 0.016$ and 0.410 ± 0.014 , respectively), but these cases exhibited different
394 $T_{10}/T_{nc} = 0.47 \pm 0.02$ and 0.55 ± 0.03 , respectively (Figure 4a). Further, the metric T_{10}/T_{nc} suggested
395 that I1 was a top performer, but it only ranked in the middle quartile with regard to C_e/C_o (=
396 0.454 ± 0.014). This was because addition of so many islands significantly decreased the nominal
397 residence time for I1 (42 s), relative to the open basin (63s), so that the benefit of removing the
398 short-circuiting was offset by the loss of total water volume, which eliminated longer residence
399 times and the removal potential they provide. This trade-off explained the occurrence of an
400 optimum (minimum C_e/C_o) topography volume between 1,000 and 1,500 cm^3 , which
401 corresponded to roughly 10% of the basin volume. That is, by adding a small amount of well-
402 placed island topography, short-circuiting was reduced, which removed short times from the
403 *RTD* that are associated with high pollutant concentrations at the exit. However, adding too much
404 topography (here, g.t. 1,500 cm^3) reduced the nominal residence time of the basin, which
405 eliminated longer times from the *RTD*, which would be associated with the most significant
406 pollutant removal. While the idea an optimum topography volume is physically reasonable, we
407 caution that the metric C_e/C_o was determined using a spatially-uniform uptake rate, whereas the
408 introduction of spatially-varying depth and vegetation habitat might produce spatial variation in
409 uptake rate, and this additional non-linearity might shift the optimum position.

410

411 *Single Islands and Single Row of Islands*

412 The single island configurations are represented by solid red symbols in Figure 4. In every case,
413 the introduction of a single island at the inlet reduced short-circuiting (increased T_{10}/T_{nc}) and
414 enhanced pollutant removal (reduced C_e/C_o), relative to the open basin. The greatest
415 improvement with regard to short-circuiting was achieved by S3 ($T_{10}/T_{nc} = 0.45 \pm 0.04$), a single
416 island occupying 1/3 of the basin width, which performed better than both narrower (S1, S5) and
417 wider (S4) single islands. Moving the island farther from the inlet did not improve the
418 performance. Specifically, S1 (island at inlet) and S2 (island shifted downstream by one island

419 length) had the same performance, within uncertainty (Table 3). The addition of flanking islands
420 (open red symbols in Figure 4) placed on either side of the central island generally improved the
421 hydraulic performance (increased T_{10}/T_{nc}) relative to the single island without flanking islands
422 (solid red symbols). For example, S1.s1 added flanking islands to S1, which increased T_{10}/T_{nc}
423 from 0.39 ± 0.02 to 0.46 ± 0.02 . The exception to this trend was S3 and S3.s1, for which T_{10}/T_{nc}
424 was unchanged within uncertainty (Table 3). Flanking islands improved the water circulation in
425 the following way. The central island split the inflow jet into two streams, and the flanking
426 islands re-directed this flow into streamwise trajectories at 1/3 and 2/3 width of the basin,
427 resulting in even flow across the basin width. Without the flanking islands, the flow deflected by
428 the central island ran all the way to the sidewalls, creating streamwise flow concentrated near the
429 walls, which was less uniformly distributed than the flanking island case and produced greater
430 recirculation at the center. This difference is illustrated for S1 and S1.s1 in Figure 6. Given the
431 positive benefits of flanking islands, additional cases considered the spacing between the central
432 and flanking islands. Performance was improved with decreased distance between the islands.
433 For example, compare topographies S5.s3 and S5.s4 (Figure 7). A decrease in island spacing
434 between S5.s3 and S5.s4 increased T_{10}/T_{nc} from 0.36 ± 0.02 to 0.50 ± 0.02 , and decreased C_e/C_o
435 from 0.52 ± 0.03 to 0.432 ± 0.006 (Table 3, Figure 4).

436

437 *Cases with Multiple Island Rows*

438 The hydraulic improvement associated with the island topographies was not correlated with the
439 number of island rows (Figure 8), indicating that the specific placement of islands was more
440 important than the number of islands. In designs with multiple rows, the addition of flanking
441 islands in the first row improved hydraulic performance only for some designs. For example,
442 compare C1A and C1A.s1. The addition of side islands in the first row increased T_{10}/T_{nc} from
443 0.43 ± 0.07 to 0.57 ± 0.03 . Similarly, for case C3 the addition of side islands in the first row,
444 creating C3.s2, increased T_{10}/T_{nc} from 0.47 ± 0.02 to 0.54 ± 0.04 . However, within uncertainty, the
445 addition of islands did not improve C4 or C5. Further, within uncertainty, the addition of first-
446 row, side-islands did not reduce C_e/C_o in any of the cases (Table 3). To summarize, for cases
447 with multiple rows, the addition of side-islands in the first row may reduce short-circuiting, but
448 did not significantly change the potential for pollutant removal (C_e/C_o)

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Figure 6. Circulation patterns for S1 with a single central island (left) and S1.s1 with flanking side-islands (right) based on digital tracer visualization. Blue lines indicate dominant flow lines. Green lines indicate recirculation zones.

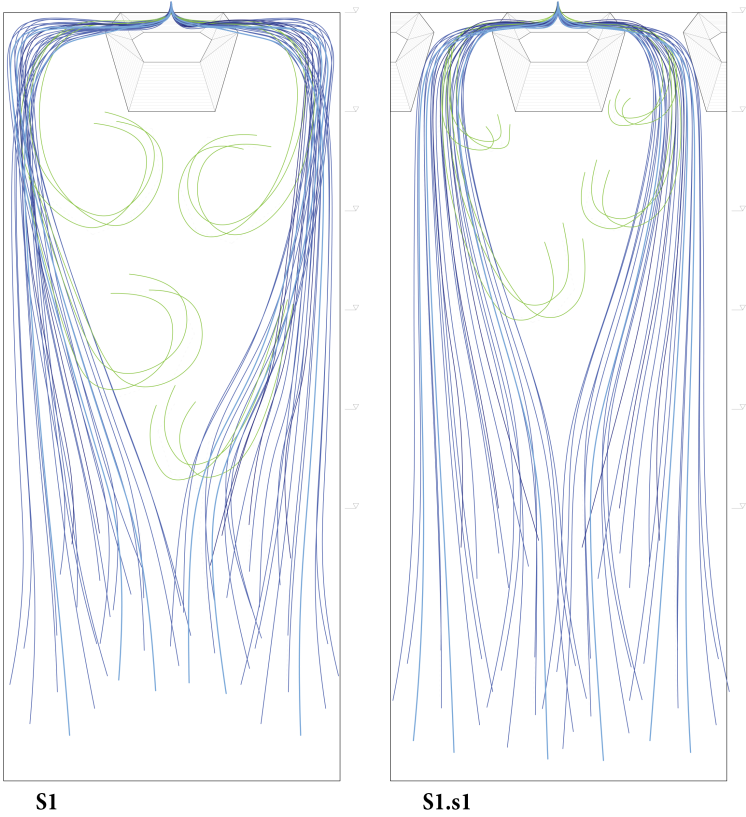
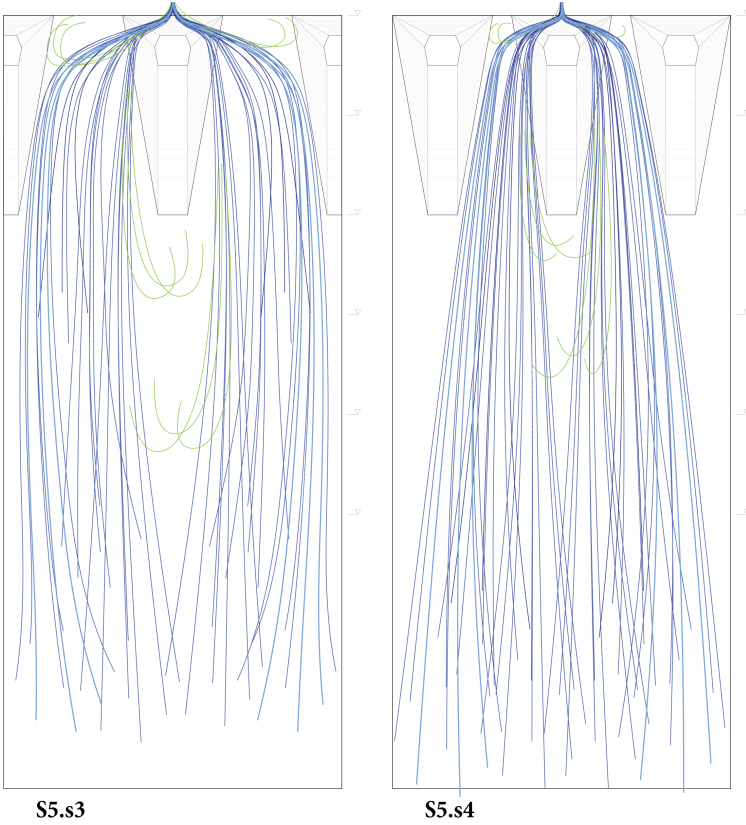
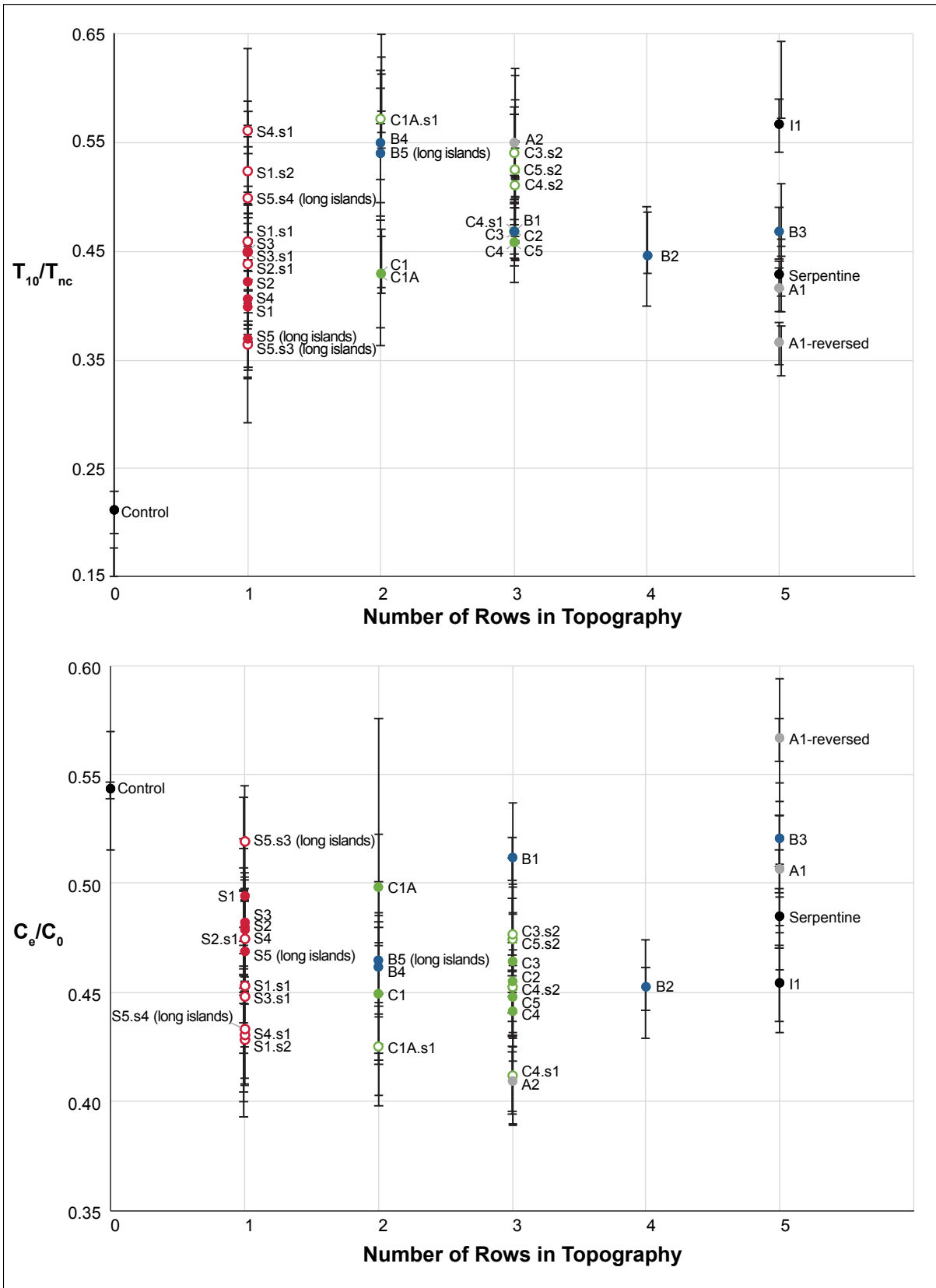


Figure 7. Circulation patterns for two cases with the same central island, but with flanking islands placed farther from center (S5.s3, left), and closer to center (S5.s4, right). Blue lines indicate dominant flow lines. Green lines indicate recirculation zones.



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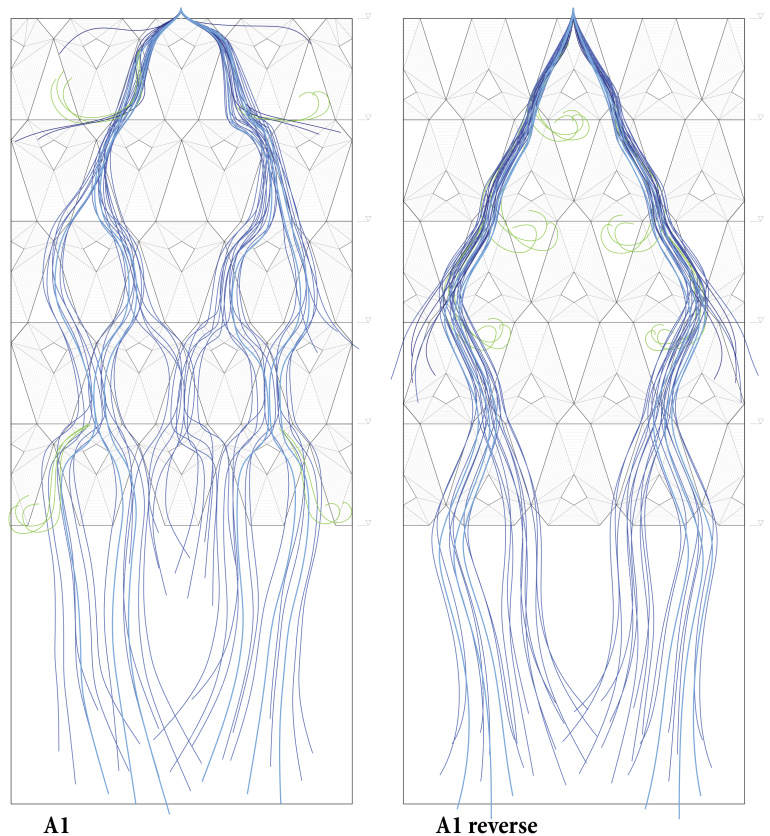
505 **Figure 8.** Performance metrics, (a) T_{10}/T_{nc} and (b) C_e/C_0 , versus number of island rows. Error bars
 506 indicate 95% confidence interval based on two replicates and the propagated uncertainty in T_{nc} .

507 *Streamlined Shape of Island*

508 For most of the topographies the islands had a streamlined shape, i.e. the width of the island
509 narrowed in the streamwise direction. A streamlined shape kept the flow from separating from
510 the island, which was beneficial because flow separation creates recirculation and dead zones.
511 The additional slope variation provided by the streamlined shape also contributed to emergent
512 and submergent vegetative habitat. To confirm the hydraulic benefit of a streamlined shape,
513 topography A1 was rotated 180° to create A1-Reversed, with the widest part of the islands closer
514 to the inlet (Figure 2). The flow was distributed more uniformly across the basin width in A1,
515 compared to A1-Reversed, in which the flow was directed away from the center and remained in
516 more concentrated (narrower) flow streams (Figure 9). As a result, T_{10} was larger in the
517 streamlined island case (A1), producing higher hydraulic performance ($T_{10}/T_{nc} = 0.41 \pm 0.02$),
518 compared to A1-Reversed ($T_{10}/T_{nc} = 0.36 \pm 0.02$). Notably, A1-Reversed performed the worst of
519 all cases in terms of the pollutant removal ($C_e/C_0 = 0.566 \pm 0.010$), and was significantly worse
520 compared to A1 ($C_e/C_0 = 0.506 \pm 0.010$)

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Figure 9. A comparison of flow lines for the streamlined-island case (A1, left) and the reversed-island case (A1-Reverse, right). The streamlined-islands spread the flow more uniformly across the basin width. The reversed islands direct flow away from center, creating a central dead zone that enhanced short-circuiting along the sides.



547 3.3 Construction Costs

548 The construction cost varied by only \$454 across the 34 designs (Figure 10a), ranging from
549 \$7,369 (Serpentine) to \$7,823 (A1). The costs were roughly equivalent for all designs because of
550 the trade-off between excavation and island creation. Specifically, topographies with fewer
551 islands required more excavation and less grading, while designs with more islands required less
552 excavation but more grading. While the earthwork cost did not significantly differentiate
553 between the designs, we caution that other costs not considered here, such as erosion control
554 materials or maintenance, may create greater site specific differentiation.

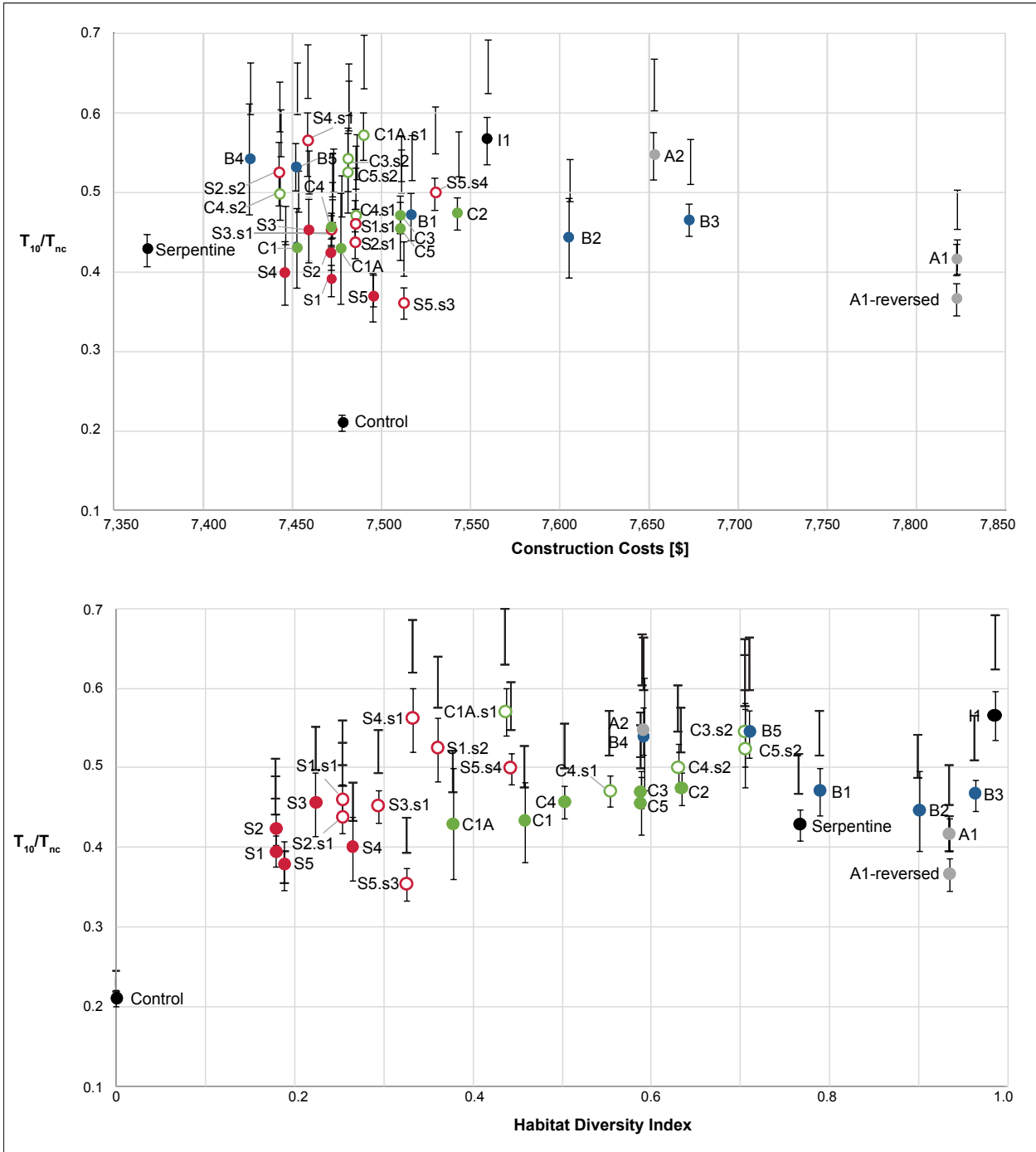
556 3.4 Habitat Creation and Optimum Design

557 With 4 habitats, the maximum habitat diversity index was $H_{max} = 1.39$ (eq. 6). As shown in
558 Figure 10b, the highest scoring design was I1 ($H = 0.99$), which had the largest island volume.
559 The lowest index was for the control, which had a uniform water depth ($H = 0$). The serpentine
560 design scored $H = 0.77$. As expected, the habitat diversity index increased with increasing island
561 volume (Table 3), because larger (or more) islands contributed more surface area towards habitat
562 differentiated from open water. At the same time, larger island volume did not necessarily
563 improve hydraulic performance defined by the metric T_{10}/T_{nc} (Figure 4). By considering both
564 habitat creation and hydraulic performance together (Figure 10b), the island topography I1 was
565 shown to be the best option, providing both the greatest habitat diversity as well as one of the
566 highest values of T_{10}/T_{nc} . Given that the cost variation was not significant (Figure 10a), this
567 design may be the optimum choice amongst the cases considered here. However, I1 has the
568 downside of providing the least water storage volume for a given water depth.

570 4. Conclusion

571 The first phase of this study established that a cluster of islands near the inlet provided the
572 greatest improvement in the short-circuiting metric T_{10}/T_{nc} . In the second phase, 34 island
573 clusters of greater topographic complexity were explored. All 34 designs achieved higher values
574 of short-circuiting metric (T_{10}/T_{nc}) than the basin with no topography, and 23 achieved higher
575 values than the conventional serpentine topography. The designs offer a range of habitat
576 potential, with habitat diversity increasing with increasing island volume. For this reason, the
577 optimum design in terms of the combined metrics of hydraulic performance (reduced short-

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602 **Figure 10** Comparison of (a) construction cost and (b) habitat diversity index across all designs. The error
 603 bars indicate 95% CI based on two replicates and the propagated uncertainty in T_{nc} .

604 circuiting) and habitat diversity was I1, a design with five rows of islands of decreasing size with
 605 distance from inlet. The construction costs did not vary significantly across the designs.

606 With regard to hydraulic performance alone, specifically the elimination of short-
 607 circuiting, designers have several options of high performing configurations with different
 608 amounts of topography (Figure 4). While it may seem that these complex island forms would be
 609 difficult to build, similarly intricate landscapes for multi-functional open spaces have been
 610 recently built in Europe. In Sweden, the MAX IV Laboratory is surrounded by a radial array of
 611 hills designed to dampen ground vibrations from the adjacent road (Snøhetta 2017). In
 612 Amsterdam, the Buitenschot Land Art Park includes a series of long, triangular mounds designed
 613 to reflect aircraft noise from the nearby Schiphol airport (H+N+S Landscape Architects 2017).
 614 New advances in construction technology, such as GPS controlled earthmoving equipment,
 615 render such complex landscapes increasingly feasible. To conclude, previous studies have
 616 encouraged an integration of engineering and ecology (Wurth,1996; Connor and Luczak, 2002).
 617 This study advanced the ecological basis for green infrastructure design by demonstrating the
 618 superior performance of several specific island cluster landscapes for improving both the
 619 hydraulic and ecologic function of detention ponds and treatment wetlands.

620

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 623 Food Security Lab from 2015 to 2017.

624

Cost Parameters			
	R.S. Means Unit Cost	Specifications	Cost
Excavation	31 23 16.46 Excavating, Bulk Dozer 2040 (page 294)	Using a dozer (80hp, 50' haul) on an open site with clay soil.	\$5.60 per cubic yard
Rough Grading: 2 passes	31 22 13.20 Rough Grading Sites 0170 8100-10000 S.F., dozer (pg 282)	Using a dozer on a site 8,100-10,000 square feet	\$0.16 per sq. foot for each pass
Finish Grading: 1 pass	31 22 16.10 Finish Grading 2200 Slopes, Gentle (pg 282)	Using a dozer on a site 8,100-10,000 square feet	\$0.21 per sq. yard for each pass

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626 **Table 1:** Cost parameters use to estimate the earthwork cost, based on data from RSMeans (2017).

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Table 2. Phase 1 testing results

Model	Solid Volume [%]	T_{10}/T_{nc}	$\delta(T_{10}/T_{nc})$
BER-1	15	0.25	0.03
BER-2	10	0.25	0.04
BER-3	15	0.31	0.04
BER-4	10	0.20	0.04
BER-5	10	0.29	0.05
ISL-1	10	0.17	0.03
ISL-2	15	0.13	0.04
ISL-3	10	0.17	0.04
ISL-4	15	0.14	0.04
CLU-1	10	0.51	0.05
CLU-2	10	0.23	0.10
CLU-3	10	0.20	0.04
CLU-4	10	0.38	0.04
CLU-5	10	0.18	0.04
CLU-6	10	0.20	0.05
CONTROL	0	0.22	0.06
PIN-1	NA	0.25	0.06
PIN-2	NA	0.18	0.03
PIN-3	NA	0.26	0.05
PIN-4	NA	0.24	0.05

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633 **Table 3.** Hydraulic metrics T_{10}/T_{nc} and C_e/C_0 for phase 2 topographies (Figure 2). Uncertainty (δ) is 95%
 634 confidence based on two replicates, as described in the *Methods*. The nominal residence time of the
 635 control had uncertainty $\delta T_{nc} = 3$ s.

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Topography	T_{10} [s]	δT_{10} [s]	T_{nc} [s]	T_{10}/T_{nc}	$\delta (T_{10}/T_{nc})$	C_e/C_0	$\delta (C_e/C_0)$	Topography Volume [cm ³]	Diversity Index
A1	28.5	0.5	69	0.41	0.02	0.506	0.010	2980	0.93
A1-Reversed	22.5	0.5	62	0.37	0.02	0.566	0.010	2980	0.93
A2	35.5	0.5	65	0.55	0.03	0.410	0.014	1446	0.59
B1	28.0	0.5	60	0.47	0.03	0.511	0.010	2235	0.79
B2	32	3	71	0.44	0.05	0.452	0.010	2733	0.90
B3	29.0	0.5	62	0.47	0.02	0.520	0.012	2999	0.96
B4	35	4	62	0.55	0.07	0.46	0.04	1576	0.59
B5	35.5	0.5	66	0.54	0.03	0.46	0.02	2037	0.71
C1	28	3	63	0.43	0.05	0.45	0.03	1096	0.46
C1A	26	4	61	0.43	0.07	0.50	0.08	832	0.38
C1A.S1	34.5	0.5	61	0.57	0.03	0.42	0.03	1001	0.44
C2	30.0	0.5	63	0.47	0.02	0.454	0.006	1665	0.63
C3	32.0	0.5	68	0.47	0.02	0.464	0.004	1508	0.59
C3.S2	32.0	1.9	59	0.54	0.04	0.48	0.02	1988	0.71
C4	30.5	0.5	67	0.46	0.02	0.440	0.010	1227	0.50
C4.S1	33.5	0.5	71	0.47	0.02	0.410	0.016	1395	0.55
C4.S2	31.0	0.5	63	0.50	0.03	0.45	0.02	1707	0.63
C5	29.0	1.9	64	0.46	0.04	0.447	0.006	1508	0.59
C5.S2	34	3	64	0.52	0.05	0.48	0.04	1988	0.71
I1	35.5	0.5	63	0.57	0.03	0.454	0.014	3181	0.99
S1	25.5	0.5	65	0.39	0.02	0.494	0.004	323	0.18
S1.S1	27.5	0.5	60	0.46	0.02	0.45	0.02	491	0.25
S1.S2	34.0	1.9	65	0.52	0.04	0.429	0.014	803	0.36
S2	26.5	0.5	63	0.42	0.02	0.479	0.016	323	0.18
S2.S1	26.0	0.5	60	0.44	0.02	0.47	0.02	491	0.25
S3	27.0	1.9	60	0.45	0.04	0.48	0.02	436	0.22
S3.S1	29.5	0.5	65	0.45	0.02	0.45	0.02	603	0.29
S4	25.0	1.9	63	0.40	0.04	0.48	0.06	548	0.27
S4.S1	33.0	1.9	59	0.56	0.04	0.432	0.002	716	0.33
S5	26.0	1.9	68	0.38	0.03	0.47	0.02	337	0.19
S5.S3	22.5	0.5	62	0.363	0.019	0.52	0.03	674	0.33
S5.S4	31.5	0.5	63	0.50	0.02	0.432	0.006	1010	0.44
SERPENTINE	26.5	0.5	62	0.43	0.02	0.484	0.002	2148	0.77
CONTROL	13.5	0.5	64	0.210	0.013	0.54	0.04	0	0

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