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Citation: Ascierto, Paolo Antonio, et al., "Insights from immuno-oncology: the Society for Immunotherapy of Cancer Statement on access to IL-6-targeting therapies for COVID-19." Journal for ImmunoTherapy of Cancer 8, 1 (Jan. 2020): no. e000878 doi 10.1136/jitc-2020-000878 ©2020 Author(s)

As Published: 10.1136/jitc-2020-000878

Publisher: BMJ

Persistent URL: https://hdl.handle.net/1721.1/124891

Version: Final published version: final published article, as it appeared in a journal, conference

proceedings, or other formally published context

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Insights from immuno-oncology: the Society for Immunotherapy of Cancer Statement on access to IL-6-targeting therapies for COVID-19

Paolo Antonio Ascierto ,¹ Bernard A Fox,² Walter J Urba,² Ana Carrizosa Anderson ,³ Michael B Atkins ,⁴ Ernest C Borden,⁵ Julie R Brahmer,⁶ Lisa H Butterfield ,↑ Alessandra Cesano, Daniel S Chen ,⁴ Tanja D de Gruijl,¹ Robert O Dillman,¹ Charles G Drake,¹ Leisha A Emens,¹ Thomas F Gajewski,¹ James L Gulley ,⁵ ,⁵ F Stephen Hodi Jr,¹ Patrick Hwu,¹ David Kaufman,¹ Howard L Kaufman,¹ Michael T Lotze,² Douglas G McNeel,² Kim A Margolin,² Francesco M Marincola,² Michael J Mastrangelo,² Marcela V Maus,² David R Parkinson,² Pedro J Romero,² Paul M Sondel ,² Stefani Spranger,² Mario Sznol,³ George J Weiner,³ Jon M Wigginton,³ Jeffrey S Weber³

To cite: Ascierto PA, Fox BA, Urba WJ, et al. Insights from immuno-oncology: the Society for Immunotherapy of Cancer Statement on access to IL-6-targeting therapies for COVID-19. Journal for ImmunoTherapy of Cancer 2020;8:e000878. doi:10.1136/jitc-2020-000878

Accepted 01 April 2020



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For numbered affiliations see end of article.

Correspondence to

Dr Jeffrey S Weber; Jeffrey.Weber@nyulangone.org Thehypoxia and profound inflammatory response associated with the pneumonitisobserved with the SARS-CoV-2 virus responsible for the recent COVID-19 pandemic has overwhelmed intensive care facilities in the epicenters of infection including Wuhan, China, Northern Italy and in the USA, the Seattle and New York City areas. The Society for Immunotherapy of Cancer (SITC) stands along with and supports our colleagues in emergency departments, intensive care units (ICUs) and inpatient wards in the global effort to overcome this unprecedented pandemic. It is becoming apparent that the 'ground glass' infiltrative appearance seen on CT scans from patients with COVID-19 with pneumonitis is reminiscent of imaging from patients with immune checkpoint inhibitor (ICI)-induced pneumonitis. Additionally, elevated interleukin-6 (IL-6) is a hallmark inflammatory signature seen in serum of patients with severe COVID-19 acute respiratory distress. Many of us have experience with the administration of immune-modulatory agents, which is why the cancer immunotherapy community is poised to contribute to the current fight against COVID-19.

One possibility is to encourage the use of IL-6 or IL-6-receptor (IL-6R) blocking antibodies like tocilizumab (ActemraTM, Roche-Genentech), sarilumab (KevzaraTM, Regeneron) and siltuximab (SylvantTM, EUSA Pharma) that are Food

and Drug Administration (FDA) approved for various conditions, including rheumatological disease and the lymphoproliferative disorder Castleman's syndrome. These agents could be used on easily and immediately available compassionate use protocols that could be approved on an emergency basis by all institutional review boards (IRBs) around the world for critically ill patients with COVID-19induced hypoxia. Tocilizumab also is already FDA approved to manage cytokine release syndrome (CRS) in patients receiving chimeric antigen receptor T cell therapy. 4 5 In addition, tocilizumab has been shown to reduce toxicity in patients treated with ICIs who were steroid refractory,⁶ and has been added to the ICI agents ipilimumab and nivolumab in an ongoing US phase II study (NCT03999749) to ameliorate immune-related toxicity. In Castleman's disease, a lymphoproliferative disorder caused by Kaposi's Sarcoma Herpesvirus, a pathogen that produces viral IL-6, tocilizumab has been shown to reduce viral loads. Tocilizumab is also being explored as a potential supportive care measure for the management of CRS in patients with cancer treated with a number of CD3-based bispecific molecules. Now, data from the frontlines of the pandemic indicates that the agent may offer lifesaving benefit for COVID-19 patients with respiratory distress.

Emerging evidence suggests that high levels of C reactive protein (CRP) and IL-6 are observed in patients infected with COVID-19.¹⁸ Anecdotal experience on the use of tocilizumab at doses comparable to those used for the management of CRS from investigators in Italy⁹ and from China¹⁰ has reported rapid improvement in both intubated and non-intubated patients. In these reports, expeditious administration of anti-IL-6R therapy for patients in acute respiratory distress has been critical. A recent study protocol to evaluate the efficacy of tocilizumab in COVID-19-induced pneumonitis accrued over 300 patients worldwide in less than 24hours. Additionally, Genentech will also provide 10000 vials of tocilizumab to the US Strategic National Stockpile.¹¹ Tocilizumab was also approved in China in March 2020, for the treatment of patients with COVID-19 with serious lung damage and elevated IL-6. Sponsors, investigators and regulators have moved with unprecedented speed and collaboration to initiate protocols to formally study the safety and efficacy of antiviral agents and vaccines, as well as various anti-IL-6 antibodies in patients with COVID-19. In the USA, a trial of sarilumab in the COVID-19 setting is ongoing.¹²

Although randomized data definitively showing that IL-6R blockade benefits patients with COVID-19-induced pneumonitis are currently lacking, we propose that an effort should be made to maximize the availability of anti-IL-6 agents, including to cilizumab and sarilumab for use on a compassionate basis to critically illhospitalized SARS-CoV-2-infected patients during this extraordinary situation. In addition, consideration should be given to focus efforts on rapidly expanding the ability of clinicians and clinical investigators to access investigational anti-IL-6 agents, in particular for those agents where phase 1 and/or phase 2 studies have been completed, and acceptable safety has been demonstrated. Even if the primary impact of a single dose of these drugs is to accelerate recovery and get patients off ventilator support and out of the ICU more rapidly, this could significantly decompress our severely overburdened healthcare systems. We suggest that straightforward parameters including complete blood counts and differentials, serum lactate dehydrogenase (LDH), ferritin, CRP and IL-6 be recorded in treated patients, that serum be retained for future analyses, and simple clinical parameters be assessed including time in ICU, days of hospitalization and pulmonary parameters, including forced expiratory volume in 1 s (for non-intubated patients), fractional inspired oxygen (FiO₉), arterial oxygen tension/FiO₉ ratio and type of oxygen supplementation need be recorded pre-anti-IL-6R and post-anti-IL-6R therapy. A simple compassionate use protocol could be assembled from existing templates, and all efforts should be made for emergency approval of the use of IL-6R blocking antibodies by local IRBs within 24hours of the request being made. Additionally, consideration should be given by pharma and biotech to redirect the use of facilities and increase personnel involved in drug manufacturing and those serving as liaisons to the frontlines to facilitate drug availability. Extraordinary times call for extraordinary measures, and SITC calls on all involved,

including pharmaceutical sponsors, health authorities and IRBs, to continue to move swiftly and creatively to remove barriers and increase access to agents like anti-IL-6R drugs that may improve our care for COVID-19 pneumonitis.

Author affiliations

¹Istituto Nazionale Tumori IRCCS Fondazione 'G. Pascale', Naples, Italy ²Earle A. Chiles Research Institute, Providence Cancer Institute, Portland, Oregon, USA

³Harvard Medical School, Boston, Massachusetts, USA

⁴Georgetown Lombardi Comprehensive Cancer Center, Washington, DC, USA

⁵University of Wisconsin Clinical Cancer Center, Madison, Wisconsin, USA

⁶Johns Hopkins University School of Medicine, Sidney Kimmel Comprehensive Cancer Center, Baltimore, Maryland, USA

⁷Research, Parker Institute for Cancer Immunotherapy, San Francisco, California, USA

8ESSA Pharma Inc, Redwood City, California, USA

⁹IGM Biosciences Inc, Mountain View, California, USA

¹⁰Medical Oncology - Amsterdam University Medical Centers, Vrije Universiteit-Cancer Center Amsterdam, Amsterdam. The Netherlands

¹¹AIVITA Biomedical, Inc, Irvine, California, USA

 $^{12}\mbox{Herbert Irving Comprehensive Cancer Center, Columbia University Medical Center, New York, New York, USA$

¹³UPMC Hillman Cancer Center, Pittsburgh, Pennsylvania, USA

¹⁴Pathology and Medicine, Immunology and Cancer Program, University of Chicago, Chicago, Illinois, USA

¹⁵National Cancer Institute, Bethesda, Maryland, USA

¹⁶Dana Farber Cancer Institute, Boston, Massachusetts, USA

¹⁷University of Texas MD Anderson Cancer Center, Houston, Texas, USA

¹⁸Bill & Melinda Gates Medical Research Institute, Cambridge, Massachusetts, USA

¹⁹Immuneering Corp New York, New York, New York, USA

²⁰University of Pittsburgh School of Medicine, Pittsburgh, Pennsylvania, USA

²¹Carbone Cancer Center, University of Wisconsin-Madison, Madison, Wisconsin,

²²Medical Oncology, City of Hope National Medical Center, Duarte, California, USA

²³Refuge Biotechnologies, Menlo Park, California, USA

²⁴Thomas Jefferson Medical College, Philadelphia, Pennsylvania, USA

 25 Massachusetts General Hospital Cancer Center, Harvard Medical School,

Massachusetts General Hospital, Boston, Massachusetts, USA

²⁶ESSA Pharma Inc, Palo Alto, California, USA

²⁷Oncology, University of Lausanne, Lausanne, VD, Switzerland

²⁸Pediatrics, University of Wisconsin Madison, Madison, Wisconsin, USA

²⁹Massachusetts Institute of Technology Koch Institute for Integrative Cancer Research, Cambridge, Massachusetts, USA

³⁰Yale Cancer Center, Yale School of Medicine, New Haven, Connecticut, USA

³¹Holden Comprehensive Cancer Center, The University of Iowa, Iowa City, Iowa,

³²MacroGenics Inc, Rockville, Maryland, USA

³³Laura and Isaac Perlmutter Comprehensive Cancer Center, NYU Langone Medical Center, New York, New York, USA

Correction notice Since the online publication of this article, the authors have noticed errors in author names, affiliations, the competing interests section and also the main text.

Twitter Leisha A Emens @EmensLeisha, James L Gulley @gulleyj1, Kim A Margolin @kmargolin and Pedro J Romero @JITCancer

Acknowledgements The authors thank the clinicians working tirelessly on the frontlines of the COVID-19 pandemic. The authors also acknowledge SITC staff for their contributions including Sam Million Weaver, PhD for medical writing and editorial support and Angela Kilbert for project management and assistance. Additionally, the authors wish to thank the society for supporting the manuscript development.

Funding The authors have not declared a specific grant for this research from any funding agency in the public, commercial or not-for-profit sectors.

Competing interests PAA: Consultant/Advisory Role: Bristol-Myers Squibb, Roche-Genentech, Merck Sharp & Dohme, Array, Novartis, Merck Serono, Pierre Fabre, Incyte, NewLink Genetics, Genmab, Medimmune, AstraZeneca, Syndax, SunPharma,



Sanofi, Idera, Ultimovacs, Sandoz, Immunocore, 4SC, Alkermes, Italfarmaco, Nektar; Research Funds: Bristol-Myers Squibb, Roche-Genentech, Array; Travel support: MSD; BAF: Cofounder/Stock: UbiVac; Consulting/Research Support: Macrogenics, OncoSec, Shimadzu, Viralytics (Merck); Consulting (II-ON)/Research Support: Bristol-Myers Squibb; Consulting/Stock: PrimeVax; Research Support: NanoString, Quanterix; SAB: Argos, Bayer, CellDex, UltiVue; SAB/Institutional Research Support: AstraZeneca (Medlmmunne); SAB/Research Support: Akoya BioScience (Perkin Elmer), Definiens; WJU: Advisory Board: Medlmmune, Bristol-MyerS Squibb; Research Support/Contracted Work: Bristol-Myers Squibb; Research Support: MedImmune: ACA: Consulting Fees: Tizona Therapeutics. Compass Therapeutics. Zumutor Biologics; Ownership Interest: VBI vaccines; Scientific Advisory Board: Compass Therapeutics, Zumutor Biologics Inc, Tizona Therapeutics; MBA: Advisory Board: Bristol-Myers Squibb, Merck, Novartis, Arrowhead, Pfizer, Galactone, Werewolf, Fathom; Consultant: Bristol-Myers Squibb, Novartis, Genetch-Roche, Exelixis, Eisai, Aveo, Array, AstraZeneca, Idera, Aduro, ImmunoCore, Boehringer-Ingelheim, Lion, Newlink, Surface, Alexion, Acceleron, Lynx, Cote; Research Support: Bristol-Myers Squibb; Stock Options: Werewolf; JRB: Advisory Board: Amgen, BMS Celgene, Eli Lilly; Genentech, Merck, Syndax; Consulting: BMS, Genentech, Eli Lilly, Merck; Research/Grant Funding: Medlmmune/AstraZeneca, Merck; LHB: Consulting Fees: StemImmune/Calidi Scientific and Medical Advisory Board. NextCure; Scientific Advisory Board: Replimmune, Western Oncolytics, Torque Therapeutics, Khloris, Pyxis, Cytomix, Roche-Genentech Biomarkers Roundtable; AC: Consulting Fees: Refuge Bio, Arch Oncology, Qognit, Nanostring; Salary: ESSA Pharma; DSC: Ownership Interest: IGM Biosciences; Salary: IGM Biosciences; CGD: Consultant Fees: Agenus, AstraZeneca, Dendreon, Eli Lilly, Janssen, Merck, Pierre Fabre, Roche/Genetech: Ownership Interests: Compugen, Harpoon, Kleo: Patents/Royalties: AstraZeneca, Bristol-Myers Squibb, Janssen; Research Funding: Aduro Biotech, Bristol-Myers Squibb, Janssen; LAE: Contracted Research: Aduro Biotech, AstraZeneca, Bristol-Myers Squibb, Corvus, EMD Serono, Genentech, F Hoffman La Roche, Maxcyte, Merck, Tempest; Consulting Fees: Genentech, F Hoffman La Roche, Syndax, Eli Lilly, AbbVie, Amgen, AstraZeneca, Bayer, Bristol-Myers Squibb, Celgene, Chugai, Genentech, F Hoffman La Roche, Gritstone, Medimmune, Macrogenics, Novartis, Peregrine, Replimune, Silverback, Vaccinex; IP Rights: Aduro Biotech: Royalty: Elsevier: Salary: University of Pittsburgh, UPMC UPP; Grants from non-industry entities: HeritX Incorporated, NSABP Foundation, Translational Breast Cancer Research Consortium, Breast Cancer Research Foundation, National Cancer Institute, Department of Defense, Johns Hopkins University, University of California San Francisco; TDG: Consulting Fees: DCPrime BV, Macrophage Pharma, Partner Therapeutics; Contracted Research: Idera Pharmaceuticals, Macrophage Parma; IP Rights/Patents: The use of cytostatics for the accelerated differentiation of DC W02009019320-A2; W02009019320-A3; AU2008285598-A1; EP2281030-A2; CA2724018-A1; US2011117051-A1. US8.470, 789B2 of DC prime BV, Immunoglobulins binding human VÎ39VÎ'2 T cell receptors, CD1d domain antibodies targeting CD1d P32016NL00 EP16715360.0-1412. LAVA Tx BV; Ownership Interest: LAVA Therapeutics BV (stocks), Salary: Vrije Universiteit Medical Center Amsterdam; TFG: Consultant/Advisory Board: Roche-Genentech, Merck, Abbvie, Bayer, Jounce, Aduro, Fog Pharma, Adaptimmune, FivePrime, Sanofi; Research Support: Roche-Genentech, Bristol-Myers Squibb, Merck, Incyte, Seattle Genetics, Celldex, Ono, Evelo, Bayer, Adure; IP/Licensing: Aduro, Evelo; Cofounder/ shareholder: Jounce: FSH: Advisory Board: Aduro, Amgen. 7 Hills Pharma, Compass Therapeutics, Takeda, Rheos, Surface, Verastem; Advisory Board/Equity: Poinyr; Consulting Fees: Genetech/Roche, Bayer, Bristol-Myers Squibb, EMD Serono, Kairos, Merck, Partners Therapeutics, Sanofi, Pfizer, Pieris Pharmaceutical; Scientific Advisory Board/Equity: Apricity, Torque, Bicara; Grant/Royalties to Institution: Bristol-Myers Squibb, Novartis; PH: Consulting Fees: Immatics, Sanofi, Dragonfly, GlaxoSmithKline; DK: Scientific Advisory Board, Celsius Therapeutics, Hookipa Pharma; HLK: Salary: Immuneering Corporation; MTL: Consulting Fees: Torque, Repertone, Checkmate, Salary: Iovance; FMM: Consulting Fees: Calidi Biotechnologies, Salary: Refuge Biotechnologies; KAM: Consulting Fees: ImaginAb SAB, lovance DMC, Neoleukin ad board (Non CME Services, <10k/year from each entity); MVM; Consulting/Advising; Adaptimmune Therapeutics, Agentus, Agenus inc, Allogene, Arcellx, Bluebird Bio, GSK, Incysus, Kite Pharma, Novartis; Scientific Advisory Boards: Century Therapeutics, CRISPR Therapeutics. TCR2, WindMIL Therapeutics; DGM: Clinical Trial Contracts (Served as PI): Merck, Bristol-Myers Squibb, Janssen, Pfizer, Novartis; Consulting Fees: Madison Vaccines; Contracted Research: Madison Vaccines. Merck: Ownership Interest: Madison Vaccines: DRP: President & CEO: ESSA Pharma; Board of Directors: CTI BioPharma, Tocagen, 3SBio; Scientific Advisory Board: Caris Life Science; PJR: Scientific advisory board: Immatics Biotechnologies, NexImmune, Life Science Partners, Speaker Fees: Bristol-Myers Squibb, Roche Pars, Astra Zeneca; SS: Consulting Fees: Arcus,

Dragonfly, Merck, Ribon, Replimune, Takeda, Tango; Partner Salary: Nanoview Biosciences; Salary: MIT; MS: Consulting fees: Abbvie, Allakos, Anaeropharma, Almac, Array, AstraZeneca, Biodesix, Bristol-Myers Squibb, Chugai-Roche, Genentech-Roche, Genmab, Genocea, Gl Innovation, Hinge, Immunocore, Innate pharma, Lilly, Modulate Therapeutics, Molecular Partner, Nektar, Newlink Genetics, Novartis, Seattle Genetics, Zelluna; Scientific Advisory Boards: Adaptimmune, Lycera (no longer active), Nanobot, Omniox, Pieris, Symphogen, Torque; Ownership Interest (Stock Options): Nanobot, Torque; GJW: Consulting Fees: Cancer Centers at the Universities of Colorado, Hawaii, Kansas, Kentucky, Ohio State, Virginia, Wake Forest, Oregon Health Sciences, University of Illinois Chicago, Memorial Sloan Kettering; Contracted Research: Checkmate Pharmaceuticals; JMW: Consulting Fees: Western Oncolytics; Employee and Shareholder: MacroGenics; JSW: Consulting: Merck, Genentech, Astra Zeneca, GSK, Novartis, Nektar, Medivation, Celldex, Incyte and EMD Serono; Advisory Board: BMS, Celldex, CytoMx, Incyte, Biond, Protean, CV6 and Sellas: Equity: CytoMx, Biond and Altor: Patent/IP: Moffitt Cancer Center IPILIMUMAB biomarker, BioDesix PD-1 biomarker

Patient consent for publication Not required.

Provenance and peer review Commissioned; externally peer reviewed.

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ORCID iDs

Paolo Antonio Ascierto http://orcid.org/0000-0002-8322-475X
Ana Carrizosa Anderson http://orcid.org/0000-0002-0877-2932
Michael B Atkins http://orcid.org/0000-0003-3901-9924
Lisa H Butterfield http://orcid.org/0000-0002-3439-9844
Daniel S Chen http://orcid.org/0000-0001-5085-3579
James L Gulley http://orcid.org/0000-0002-6569-2912
Paul M Sondel http://orcid.org/0000-0002-0981-8875

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