

# Room-Temperature Phosphorescence and Low-Energy Induced Direct Triplet Excitation of Alq<sub>3</sub> Engineered Crystals

Hai Bi,\* Chanyuan Huo, Xiaoxian Song, Zhiqiang Li, Haoning Tang, Sarah Griesse-Nascimento, Kai-Chih Huang, Ji-Xin Cheng, Lea Nienhaus,\* Mounqi G. Bawendi, Hao-Yu Greg Lin, Yue Wang, and Semion K Saikin\*



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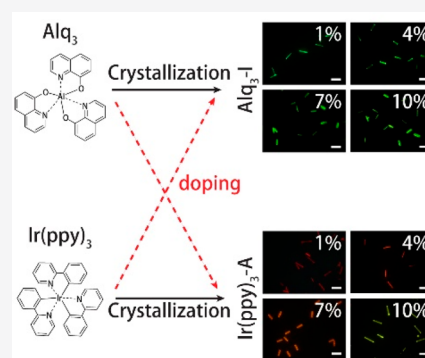


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Supporting Information

**ABSTRACT:** Crystal engineering is a practical approach for tailoring material properties. This approach has been widely studied for modulating optical and electrical properties of semiconductors. However, the properties of organic molecular crystals are difficult to control following a similar engineering route. In this Letter, we demonstrate that engineered crystals of Alq<sub>3</sub> and Ir(ppy)<sub>3</sub> complexes, which are commonly used in organic light-emitting technologies, possess intriguing functional properties. Specifically, these structures not only process efficient low-energy induced triplet excitation directly from the ground state of Alq<sub>3</sub> but also can show strong emission at the Alq<sub>3</sub> triplet energy level at room temperatures. We associate these phenomena with local deformations of the host matrix around the guest molecules, which in turn lead to a stronger host–guest triplet–triplet coupling and spin–orbital mixing.



Engineered crystals—spatially ordered structures with the packing controlled by the growth process—allow for efficient modulation of optical and electrical properties of semiconductors.<sup>1–3</sup> However, organic crystals show low tolerance to foreign materials because of the weak intermolecular interactions.<sup>4,5</sup> Different types of organic molecules prefer to pack forming a new lattice structure, while barely inducing the deformation of the host lattice.<sup>6–8</sup> Despite the general paradigm, electronic states in organic crystals are quite localized at the molecular entities and are barely affected by proximal molecules.<sup>6,9</sup> Modulation of the organic crystal optical properties relies on both the inherent electronic states of the molecular entities as well as the delocalization of the molecular states.<sup>10–14</sup>

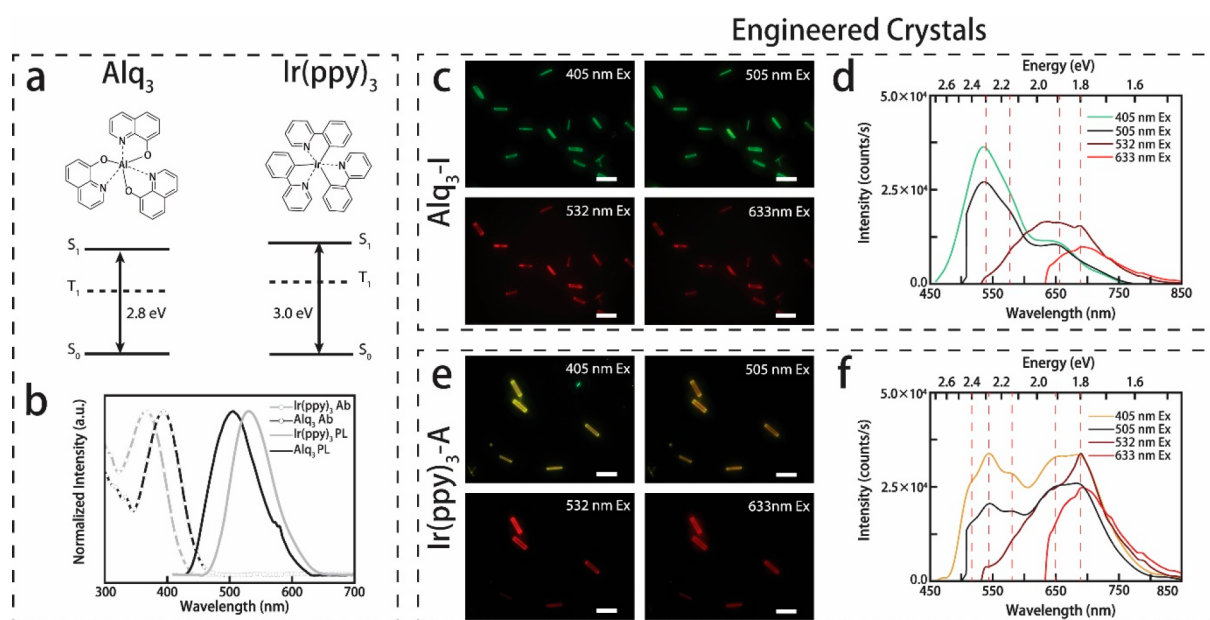
Electronic states of molecular entities can be of a spin-singlet or a spin-triplet character, depending on the presence of paired or unpaired electrons, respectively. Population of molecular triplet states, which is usually optically forbidden because of the requirement of an additional spin flip, can be ordinarily accomplished via intersystem crossing (ISC).<sup>15–17</sup> Recently, radiative decay of triplet states, which yields room-temperature phosphorescence, has become the subject of active research.<sup>18–21</sup> For example, including heavy atoms in the molecular structure<sup>22,23</sup> or inducing stronger intermolecular coupling<sup>18,20,24</sup> in the crystalline structure can promote the phosphorescence process. However, this mechanism still requires the excitation to higher-lying singlet states from the ground state with a subsequent ISC process to yield triplet excitons, which hinders the development of organic phosphor-

escence materials. Hence, direct excitation of the low-lying triplet state in the organic material, especially without involving the higher-lying singlet states, represents an intriguing strategy for modulating optical properties of organic semiconductors.<sup>20,25,26</sup>

We report here two types of engineered crystals that are produced by doping foreign molecules into the molecular crystalline structure. The engineered structures efficiently emit light in a broad range of the optical spectrum, which is associated with the room-temperature phosphorescence. Moreover, the emission is maintained even when the crystals are excited with incident energy below the singlet band edge of the crystals. This contrasts with pure crystals of the host or guest molecules where no photoluminescence is observed for the sub-band edge excitation. We suggest that local lattice deformations in the engineered crystals can lead to singlet–triplet intensity borrowing due to the external heavy-atom effect.<sup>27,28</sup> In turn, this results in the enhanced triplet optical absorption by both the host and guest complexes, as well as efficient excitation relaxation to the lowest triplet states of the host–guest system.

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**Figure 1.** Photoluminescence of the  $\text{Alq}_3$ -I and  $\text{Ir(ppy)}_3$ -A engineered crystals. (a) Chemical structure and band gaps of  $\text{Alq}_3$  and  $\text{Ir(ppy)}_3$ .<sup>25,26</sup> (b) Absorption and PL spectra of  $\text{Alq}_3$  and  $\text{Ir(ppy)}_3$  films. Fluorescence microscopy images of  $\text{Alq}_3$ -I (c) and  $\text{Ir(ppy)}_3$ -A (e) under 405, 505, 532, and 633 nm excitation at the same position. The scale bar is 10  $\mu\text{m}$ . The PL spectra of  $\text{Alq}_3$ -I (d) and  $\text{Ir(ppy)}_3$ -A (f) engineered crystals under different excitations. The dopant concentration is 10% in both engineered crystals.

Materials based on tris(8-hydroxyquinoline) aluminum ( $\text{Alq}_3$ ) and tris(2-phenyl-pyridine) iridium ( $\text{Ir(ppy)}_3$ ) complexes (Figure 1a) are most frequently used in organic light-emitting technologies. Both structures are metal chelates, enabling molecular spatial reorganization for packing. Their performance in the optoelectronic properties,<sup>29,30</sup> polycrystalline phases,<sup>31,32</sup> and nanostructures<sup>33,34</sup> is widely studied both experimentally and theoretically.<sup>35,36</sup> The iridium complex,  $\text{Ir(ppy)}_3$ , exhibits the efficient long-lived triplet emission due to an internal heavy-metal effect.<sup>37</sup> In contrast,  $\text{Alq}_3$  mainly exhibits fluorescence, and its triplet state is hardly populated for radiative emission. Even if doped with  $\text{Ir(ppy)}_3$  in the amorphous film, phosphorescence of  $\text{Alq}_3$  can hardly be obtained at room temperatures.<sup>33,38</sup>

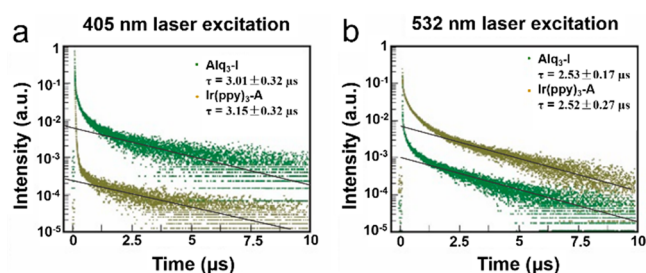
In this study, these two complexes are used for the design of engineered crystals. The energy diagrams in Figure 1a show the band gaps of the two molecules.<sup>31,36,39</sup> The absorption and photoluminescence (PL) spectra of these two molecules in the film are shown in Figure 1b. A significant difference in the molecular size of the complexes can induce lattice disorder in the crystalline superstructure. The modified double-film annealing method<sup>34</sup> is employed for the fabrication of engineered crystals at 573 K. This method allows for a fast high-temperature crystallization of the molecular material, which in turn facilitates the crystallization with the dopant. The doping percentage of the guest molecule inside the engineered crystal is controlled by the initial weight ratio of the amorphous film (see Supporting Information SI.1 for details).

Figure 1c–f shows two types of engineered crystals with a dopant concentration of up to 10% by using  $\text{Alq}_3$  and  $\text{Ir(ppy)}_3$  as the host (guest) or the guest (host) material, respectively. The crystals with the highest doping percentage equal to 10% are characterized below. Specifically, the crystals with  $\text{Alq}_3$  as the host and  $\text{Ir(ppy)}_3$  as the dopant are named as  $\text{Alq}_3$ -I (Figure 1c,d), and the crystals with  $\text{Ir(ppy)}_3$  as the host and  $\text{Alq}_3$  as the dopant are named as  $\text{Ir(ppy)}_3$ -A (Figure 1e,f).

Excitations with the energy of 3.06 eV (405 nm), 2.46 eV (505 nm), 2.33 eV (532 nm), and 1.96 eV (632.8 nm) are employed separately for characterizing the microcrystals at the same position. Under 405 nm excitation, the  $\text{Alq}_3$ -I exhibits green PL (Figure 1c) and the  $\text{Ir(ppy)}_3$ -A shows yellow-white PL (Figure 1e). The PL profile of the engineered crystals remains nearly the same under 505 nm excitation. Then, the PL of the engineered crystals turns to red under 532 and 632.8 nm excitations (cf. Figure 1c,e).

The PL spectra corresponding to the 405, 505, 532, and 632.8 nm excitation energies are shown in Figure 1d,f (see Supporting Information SI.2 for spectra at other excitation wavelengths). Under 405 nm excitation, the spectra for both engineered crystals show double peak profiles with the maxima peak positions at 535 nm ( $P_1$ ) and 670 nm ( $P_2$ ). The relative intensities of these two peaks are different for the two engineered crystals, which results in the green and yellow-white emission. For peak  $P_1$ , its feature in the  $\text{Ir(ppy)}_3$ -A sample exhibits an additional blue-shifted shoulder at 515 nm with the main peak at 535 nm. The feature  $P_2$  in both samples has a double-peak structure observed in the triplet emission from  $\text{Alq}_3$  complexes.<sup>33</sup> Under sub-bandgap excitations, the PL spectra of the engineered crystals are as follows: 505 nm excitation can produce a PL spectrum with  $P_1$  and  $P_2$  simultaneously; 532 or 632.8 nm excitation results in a PL spectrum with only the  $P_2$  part, corresponding to the red emission of the engineered crystals.

The emission lifetimes of the engineered crystals are characterized using two different excitations, 405 and 532 nm, and collecting photons with an energy below the excitation wavelength (see Figure 2). Under 405 nm (3.06 eV) excitation, the singlet state of both  $\text{Alq}_3$  and  $\text{Ir(ppy)}_3$  molecules can be sufficiently populated (see Supporting Information SI.3 for details). Both of the engineered crystals show a long-lived tail corresponding to triplet emission. The respective delayed emission lifetime of  $\text{Alq}_3$ -I is  $3.01 \pm 0.32 \mu\text{s}$  and of  $\text{Ir(ppy)}_3$ -A



**Figure 2.** Time-resolved photoluminescence of Alq<sub>3</sub>-I and Ir(ppy)<sub>3</sub>-A. (a) Under 405 nm laser excitation, the late component of the curves is characterized and fitted by a mono exponential function with  $\tau = 3.01 \pm 0.32 \mu\text{s}$  for Alq<sub>3</sub>-I and  $\tau = 3.15 \pm 0.32 \mu\text{s}$  for Ir(ppy)<sub>3</sub>-A. (b) Under 532 nm laser excitation, the curves are fitted by a mono exponential function with  $\tau = 2.53 \pm 0.17 \mu\text{s}$  for Alq<sub>3</sub>-I and  $\tau = 2.52 \pm 0.27 \mu\text{s}$  for Ir(ppy)<sub>3</sub>-A. The fit curves are shown in gray.

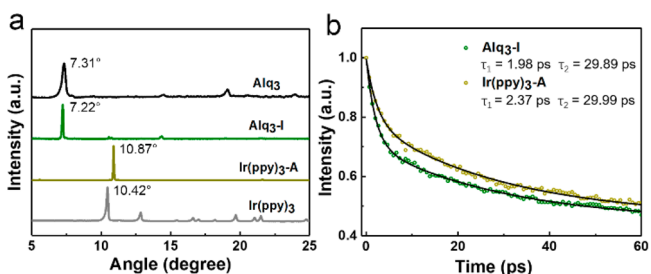
is  $3.15 \pm 0.15 \mu\text{s}$  (Figure 2a). It can be inferred from the radiation lifetime test results that the inclusion of the iridium atom in the crystalline structure induces the triplet emission of the engineered crystal.

Laser excitation at 532 nm (2.33 eV), which is below the singlet bands of Alq<sub>3</sub> and Ir(ppy)<sub>3</sub>, is employed for characterizing dynamics of subband excitations. The emission lifetime of Alq<sub>3</sub>-I and Ir(ppy)<sub>3</sub>-A are  $2.53 \pm 0.17 \mu\text{s}$  and  $2.52 \pm 0.27 \mu\text{s}$ , respectively (Figure 2b). By correlating the energy diagram with the PL spectra (cf. Figure 1a,d), P<sub>2</sub> corresponds to the triplet emission of Alq<sub>3</sub>.<sup>35,39</sup> Therefore, the difference in the observed emission lifetimes with different excitations can be associated with the different decay pathway involved in the processes.

Under 405 nm excitation, the triplet emission of Ir(ppy)<sub>3</sub> and Alq<sub>3</sub> can be obtained simultaneously with the delayed PL from Alq<sub>3</sub>.<sup>39</sup> Under 532 nm sub-bandgap excitation, mostly the triplet emission of Alq<sub>3</sub> contributes to the PL lifetime at the microsecond time scales. It is important to emphasize that both engineered crystals show PL from the Alq<sub>3</sub> triplet states, even when the energy of the excitation is below the lowest triplet states of Ir(ppy)<sub>3</sub>. In the engineered crystals, the spin–orbital coupling of Alq<sub>3</sub> can be enhanced by the proximity of Ir(ppy)<sub>3</sub> complexes because of the external heavy-atom effect discussed in the literature previously.<sup>27,40,41</sup> This interaction would mix the triplet states of Alq<sub>3</sub> complexes with the higher-lying states of Ir(ppy)<sub>3</sub>, which in turn allow both the direct absorption to triplet states as well as the efficient intersystem crossing.

The long-time exciton dynamics in low-lying Alq<sub>3</sub> triplet states in both engineered crystals is also characterized by measuring PL in the detection window between 630 and 800 nm with the excitation wavelength 405 nm. In this case, the contribution from the Ir(ppy)<sub>3</sub> phosphorescence, higher-lying Alq<sub>3</sub> triplet states, as well as time-delayed fluorescence from Alq<sub>3</sub> singlets are minimized. As compared to results shown in Figure 2, the longest lifetime that we observe is on the millisecond time scale for both Alq<sub>3</sub>-I and Ir(ppy)<sub>3</sub>-A structures (see Supporting Information SI.2 for details). Similar values of triplet lifetimes were obtained previously for crystalline Alq<sub>3</sub>.<sup>39</sup> Additionally, Alq<sub>3</sub> triplet PL was measured as a function of temperature. While the triplet lifetime in Ir(ppy)<sub>3</sub>-A shows thermally activated properties, where the long-lived exciton states become more emissive at higher temperatures, the triplet emission in Alq<sub>3</sub>-I is less sensitive to temperature changes.

Crystalline structures of the doped materials with 10% of doping concentration are characterized by the X-ray diffraction (XRD). As shown in Figure 3a, the obtained Alq<sub>3</sub>-I and

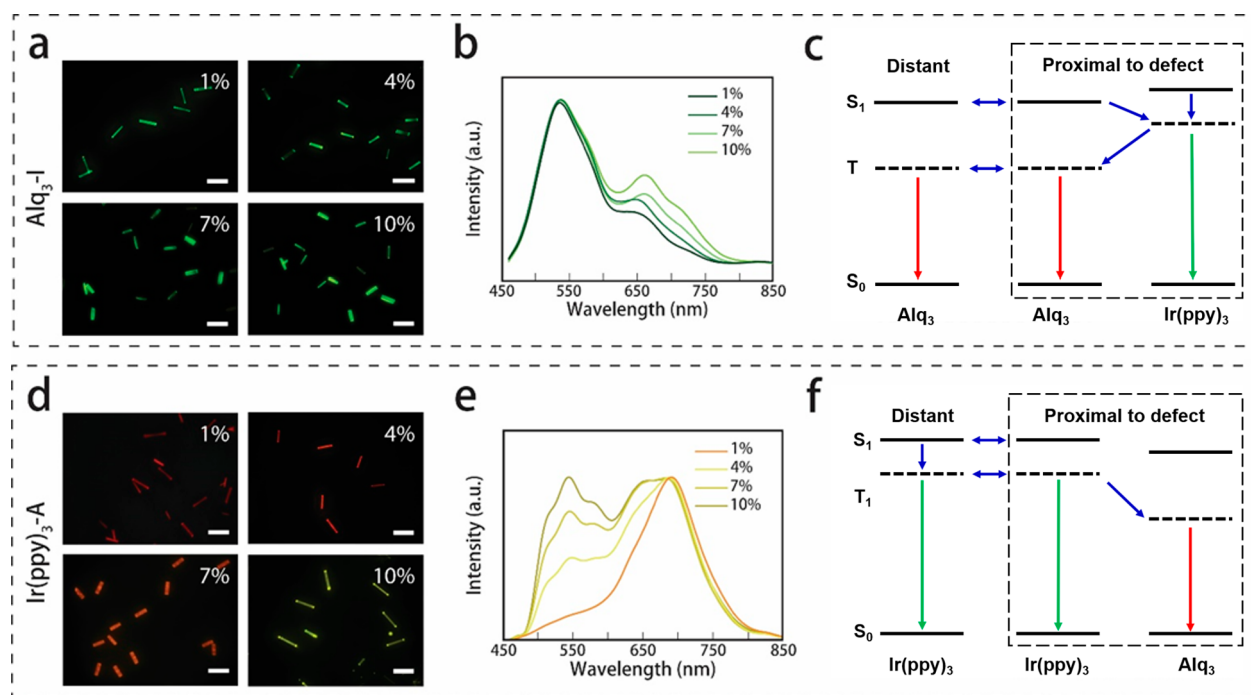


**Figure 3.** (a) X-ray powder diffraction spectra of the engineered crystals Alq<sub>3</sub>-I and Ir(ppy)<sub>3</sub>-A as compared to the spectra of pure Alq<sub>3</sub> and Ir(ppy)<sub>3</sub> crystals. Both engineered crystals show the periodicity of the host materials. (b) Characterization of the Alq<sub>3</sub> triplet excitation process with pump–probe measurement. The pump energy is 2.38 eV (520 nm), and the probe energy is 1.59 eV (780 nm). The black solid lines indicate the best-fits for both crystals. The curves are fit by a double-exponential function with  $\tau_1 = 1.98 \text{ ps}$  and  $\tau_2 = 29.89 \text{ ps}$  for Alq<sub>3</sub>-I and  $\tau_1 = 2.37 \text{ ps}$  and  $\tau_2 = 29.99 \text{ ps}$  for Ir(ppy)<sub>3</sub>-A.

Ir(ppy)<sub>3</sub>-A structures are in a crystalline form, with fewer diffraction peaks as compared to pure crystals. By comparing these XRD profiles with those of the Alq<sub>3</sub> and Ir(ppy)<sub>3</sub> crystalline microwires, the prepared Alq<sub>3</sub>-I have a clear (010) diffraction peak, which is the same as the Alq<sub>3</sub> crystalline structure, but with  $-0.09^\circ$  of shift. The prepared Ir(ppy)<sub>3</sub>-A shows a (220) diffraction peak which is the same as the Ir(ppy)<sub>3</sub> crystalline structure, but with  $0.45^\circ$  of shift. We conclude that the engineered crystals keep the crystalline structures similar to the corresponding host materials. The dopant molecules induce small shifts of the diffraction peaks, corresponding to the reduction or expansion of the crystalline lattices, which is the evidence of lattice deformation.

To compare with our engineered crystals, a homogeneous lattice deformation of pure Ir(ppy)<sub>3</sub> and Alq<sub>3</sub> crystals can be induced by high hydrostatic pressure.<sup>42,43</sup> It was shown that such a deformation further affects photoluminescence properties of the materials. These changes in photoluminescence have been explained in terms of the enhancement of molecular interactions as intermolecular distances decrease. Specifically, pure Ir(ppy)<sub>3</sub> crystals with a compressed lattice have been characterized by the occurrence of a shoulder at 507 nm at the high-energy side of the main maximum at 545 nm emission peak profile. The computational results suggest that the short-wavelength shoulder peak can correspond to the 0–0 transition, but this vibronic structure of the triplet emission spectra is rarely observed at ambient conditions.<sup>44</sup> The Ir(ppy)<sub>3</sub>-A, where the Ir(ppy)<sub>3</sub> lattice disorder is induced by the Alq<sub>3</sub> dopant, shows P<sub>1</sub> with the shoulder peak profile which is similar to the PL spectrum of the Ir(ppy)<sub>3</sub> crystal under high pressure, verifying that P<sub>1</sub> is the triplet emission Ir(ppy)<sub>3</sub>. In contrast, we have not observed a shoulder peak for the Alq<sub>3</sub>-I crystal.<sup>21</sup> The pure Alq<sub>3</sub> crystal with lattice distortion under high pressure shows a significant shift to longer wavelength due to the higher proportion of triplet emission. This agrees well with the triplet emission of Alq<sub>3</sub> (P<sub>2</sub>) in both engineered crystals. We hypothesize that the PL behavior of engineered crystals can be associated with the enhancement of molecular interactions as the crystal lattice is distorted by the doping molecules.





**Figure 4.** Alq<sub>3</sub>-I and Ir(ppy)<sub>3</sub>-A engineered crystals with different doping concentrations. (a and d) PL images of the engineered crystals with different doping concentrations under 405 nm laser excitation. The scale bar is 10  $\mu\text{m}$ . (b and e) the corresponding PL spectra. (c and f) Proposed mechanisms of energy transfer. Colored (green and red) arrows correspond to different radiative relaxation processes in Ir(ppy)<sub>3</sub> and Alq<sub>3</sub>. Blue arrows are for nonradiative inter- and intramolecular transitions. For each crystal, both distant sites and proximal to the defect molecules of the host crystal are shown.

The low-energy level structure of engineered crystals is further characterized using a transient absorption technique by exciting the samples below the P<sub>1</sub> peak, which are pumped at 520 nm and probed at 780 nm. Under the sub-bandgap excitation, the decay profiles for both the engineered crystals exhibit the dual decay component. The best-fit curves for the decay of two engineered crystals are shown in Figure 3b. For Alq<sub>3</sub>-I, the decay dynamics are well fit by a double exponential  $\tau_1 = 1.98$  ps and  $\tau_2 = 29.89$  ps. For Ir(ppy)<sub>3</sub>-A, we obtain  $\tau_1 = 2.37$  ps and  $\tau_2 = 29.99$  ps. The transition time scale is comparable with the ultrafast dynamics of electronic excitations in Ir(ppy)<sub>3</sub><sup>37</sup> and the quinolinolate complexes.<sup>45</sup> It can be associated with the excitation transfer between states of the same symmetry. In contrast, the pure Alq<sub>3</sub> or Ir(ppy)<sub>3</sub> does not exhibit any photon absorption under sub-band edge excitation (see Supporting Information SI.4 for detail). For the engineered crystals, such transitions are permitted without the excitation of their S<sub>1</sub>. The absorption of a photon of 2.38 eV leads to the excitation of intermediate triplet states which subsequently relax to the lowest triplet state T<sub>1</sub>. As suggested earlier, the host–guest coupling in the engineered crystals permits the intersystem crossing which is forbidden for the molecular entity or the pure crystals.

The intermolecular coupling is further investigated by varying the doping concentration in the engineered crystals (Figure 4). Under 405 nm excitation, the Alq<sub>3</sub>-I crystals exhibit mainly green PL (Figure 4a), which is barely affected by the doping concentration. In contrast, the PL images of Ir(ppy)<sub>3</sub>-A crystals vary from yellow-white to red with the change of the doping percentage from 10% to 1% (Figure 4d). As shown in Figure 4b,e, the intensity of the feature P<sub>1</sub> relative to the feature P<sub>2</sub> remains nearly the same for Alq<sub>3</sub>-I crystals but decreases significantly for Ir(ppy)<sub>3</sub>-A crystals when the doping

concentration is reduced. As compared to the previous study,<sup>39</sup> the emission from Alq<sub>3</sub> triplet states is observed at room temperature for both types of engineered crystals and all studied concentrations of dopants. This supports our hypothesis of strong coupling between the triplet states of the host and the guest complexes, which in turn facilitates host–guest triplet exciton transfer.

The associated excitation dynamics is proposed as follows. In both types of the engineered crystals, the low-lying singlet states of either the Alq<sub>3</sub> or Ir(ppy)<sub>3</sub> molecular entity are optically populated, which further results in the intermolecular excitation transfer, intramolecular ISC, and the photon emission processes (Figure 4c,f). In Alq<sub>3</sub>-I crystals, the generated electronic excitations diffuse through the singlet manifold of the host complexes using Förster interaction until they get trapped by Ir(ppy)<sub>3</sub> and subsequently converted into triplets.<sup>46</sup> The following step, the triplet–triplet transfer between the guest Ir(ppy)<sub>3</sub> and the host Alq<sub>3</sub>, is mediated by the Dexter interaction.<sup>38</sup> In contrast, singlet electronic excitations in Ir(ppy)<sub>3</sub>-A crystals are quickly converted into triplets and then diffuse between the host complexes by means of the Dexter interaction until they get trapped by the Alq<sub>3</sub> impurities. The described mechanisms are schematically outlined in Figure 4c,f, where we neglect the internal structure of the triplet and singlet bands for the sake of simplicity. The energies of the low-lying excited electronic states of the two molecules are calculated (see Supporting Information SI.5 for details) to a better understanding the energy landscape of the two systems. Both proposed processes allow the emission from the low-lying triplet states of Alq<sub>3</sub>.

It is important to emphasize that the intensity of the feature P<sub>1</sub> in the PL spectra of the engineered crystals can correspond to singlet emission of Alq<sub>3</sub> and the triplet emission of Ir(ppy)<sub>3</sub>.

Therefore, it can originate from both distant and proximal to the defect sites of the engineered crystals. In contrast, the feature  $P_2$  is originated solely from the emission of  $\text{Alq}_3$  triplet states. Because of the intrinsic asymmetry of the excitation transfer ( $\text{Alq}_3$  triplet states are populated from the proximal  $\text{Ir}(\text{ppy})_3$ ), the  $P_2$  features are spatially originated from the proximity of the defects in both  $\text{Alq}_3$ -I and  $\text{Ir}(\text{ppy})_3$ -A structures. These differences can describe the strong variation of the relative intensities  $P_1:P_2$  with the doping concentration in the  $\text{Ir}(\text{ppy})_3$ -A materials. First, a higher concentration of  $\text{Alq}_3$  directly results in a stronger fluorescence from a singlet state. Second, the dopant molecules deform crystal packing and alter the Dexter interaction between the triplet states of the host molecules. As compared to the Förster mechanism, the Dexter mechanism depends on the spatial overlap of molecular electronic clouds and is therefore more sensitive to the details of molecular packing. Therefore, the propagation of triple excitons has a stronger dependence on the structural defects. As the result, excitations are localized on  $\text{Ir}(\text{ppy})_3$  complexes, and a sufficient fraction of the  $P_1$  feature is originated from these localized states. In crystals with a small concentration of defects, the triplet excitations propagate on longer distances through the host lattice and get trapped by triplet states of  $\text{Alq}_3$  complexes.

Finally, Figure 5 illustrates the external heavy-atom effect that can describe optical excitations of  $\text{Alq}_3$  triplet states in the

should correlate with the number and the proximity of heavy-atom-containing molecules to the probed  $\text{Alq}_3$ .

In conclusion, we designed and optically characterized two types of crystalline structures:  $\text{Alq}_3$  crystals with  $\text{Ir}(\text{ppy})_3$  dopants and  $\text{Ir}(\text{ppy})_3$  crystals with  $\text{Alq}_3$  dopants. The optical properties of the obtained organic semiconductor materials are successfully modulated by crystal engineering for the first time. Specifically, both crystals exhibit a broad range of photon absorption and emission properties. The triplet state of  $\text{Alq}_3$  can be efficiently populated via crystal engineering. Efficient room-temperature phosphorescence of  $\text{Alq}_3$  is observed in the engineered crystals. As compared to nondoped  $\text{Alq}_3$  and  $\text{Ir}(\text{ppy})_3$  crystals, the engineered crystals efficiently emit light even with the excitation energy as low as 1.96 eV, which is far below the singlet bandgap of either molecule composing the crystal. The transitions between molecular energy levels within different manifolds which are otherwise forbidden by symmetry are resolved because of a stronger intermolecular coupling in the engineered crystals. We suggest that the ability to maintain the crystalline structure of the host organic materials in the engineered host–guest systems may advance multiple optoelectronic applications, including scalable crystalline solar cells, molecular photonics, and photosensitizers.

## ■ ASSOCIATED CONTENT

### Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acs.jpclett.0c02416>.

Additional details of the detailed experimental information, graphs and theoretical calculation methods (PDF)

## ■ AUTHOR INFORMATION

### Corresponding Authors

Hai Bi — Jihua Laboratory, Foshan, Guangdong, P.R. China; School of Engineering and Applied Sciences, Harvard University, Cambridge, Massachusetts 02138, United States; [orcid.org/0000-0002-2017-3668](https://orcid.org/0000-0002-2017-3668); Email: [bihai@jihualab.com](mailto:bihai@jihualab.com)

Lea Nienhaus — Department of Chemistry and Biochemistry, Florida State University, Tallahassee, Florida 32306, United States; Department of Chemistry, Massachusetts Institute of Technology, Cambridge, Massachusetts 02139, United States; [orcid.org/0000-0003-1412-412X](https://orcid.org/0000-0003-1412-412X); Email: [lnienhaus@fsu.edu](mailto:lnienhaus@fsu.edu)

Semion K Saikin — Kebootix, Inc., Cambridge, Massachusetts 02139, United States; [orcid.org/0000-0003-1924-3961](https://orcid.org/0000-0003-1924-3961); Email: [semion.saikin@kebootix.com](mailto:semion.saikin@kebootix.com)

### Authors

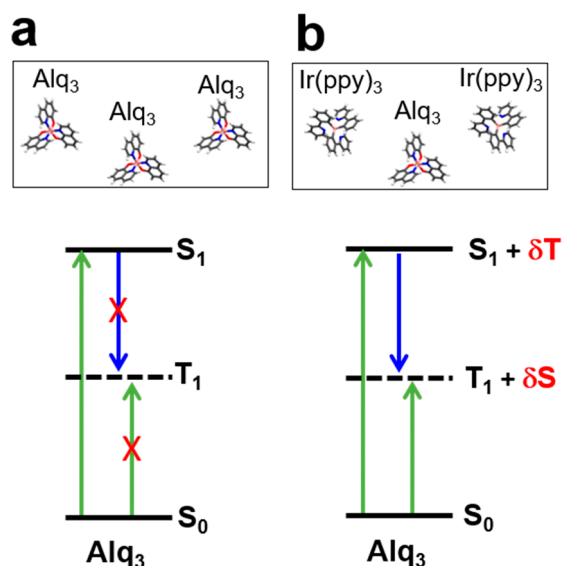
Chanyuan Huo — Jihua Laboratory, Foshan, Guangdong, P.R. China

Xiaoxian Song — Jihua Laboratory, Foshan, Guangdong, P.R. China

Zhiqiang Li — Jihua Laboratory, Foshan, Guangdong, P.R. China; [orcid.org/0000-0001-7939-6543](https://orcid.org/0000-0001-7939-6543)

Haoning Tang — School of Engineering and Applied Sciences, Harvard University, Cambridge, Massachusetts 02138, United States

Sarah Griesse-Nascimento — School of Engineering and Applied Sciences, Harvard University, Cambridge, Massachusetts 02138, United States



**Figure 5.** Schematics of the proposed external heavy-atom effect in the studied engineered crystals. The black lines represent singlet (S) and triplet (T) energy levels of  $\text{Alq}_3$ , and the vertical arrows show allowed (cross is for forbidden) transitions; green arrows are for the optical excitations, and blue arrows are for ISC. (a) The transitions between states of different spin multiplicity in  $\text{Alq}_3$ , surrounded by other  $\text{Alq}_3$  molecules, are forbidden. (b) In contrast, in  $\text{Alq}_3$  surrounded by  $\text{Ir}(\text{ppy})_3$ , the heavy atom effect can result in the mixing of singlet and triplet states, which in turn allow the transitions between singlet and triplet states.

engineered crystals  $\text{Alq}_3$ -I and  $\text{Ir}(\text{ppy})_3$ -A. While the singlet-to-triplet transitions are forbidden in pure  $\text{Alq}_3$ , the presence of heavy atoms in neighboring molecules can result in mixing of singlets and triplets (see Figure 5b). This, in turn, allows the intersystem crossing the  $\text{Alq}_3$  as well as the direct optical excitation of the low-lying triplets. The strength of this effect

**Kai-Chih Huang** — Department of Biomedical Engineering,  
Boston University, Boston, Massachusetts 02215, United States;  
orcid.org/0000-0002-3419-825X

**Ji-Xin Cheng** — Department of Biomedical Engineering, Boston  
University, Boston, Massachusetts 02215, United States;  
orcid.org/0000-0002-5607-6683

**Moungi G. Bawendi** — Department of Chemistry, Massachusetts  
Institute of Technology, Cambridge, Massachusetts 02139,  
United States; orcid.org/0000-0003-2220-4365

**Hao-Yu Greg Lin** — Center for Nanoscale Systems, Harvard  
University, Cambridge, Massachusetts 02138, United States

**Yue Wang** — Jihua Laboratory, Foshan, Guangdong, P.R.  
China; orcid.org/0000-0001-6936-5081

Complete contact information is available at:

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## Notes

The authors declare no competing financial interest.

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