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**Citation:** Patel, Tej A., Dee, Edward C., Jain, Bhav, Vapiwala, Neha, Santos, Patricia M. G. et al. 2023. "Disparities in Breast-Conserving Therapy Versus Mastectomy Among Asian American and Pacific Islander Women."

**As Published:** https://doi.org/10.1245/s10434-023-13315-8

**Publisher:** Springer International Publishing

Persistent URL: https://hdl.handle.net/1721.1/150887

**Version:** Author's final manuscript: final author's manuscript post peer review, without publisher's formatting or copy editing

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# ACCEPTED MANUSCRIPT

# Disparities in Breast-Conserving Therapy Versus Mastectomy Among Asian American and Pacific Islander Women

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### **TITLE**

Disparities in Breast-Conserving Therapy Versus Mastectomy Among Asian American and Pacific Islander Women

#### **RUNNING TITLE**

Racial Disparities in BCT Versus Mastectomy

#### **AUTHORS**

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**KEY WORDS**: Breast cancer; lumpectomy; external beam radiation therapy; breast radiotherapy; mastectomy; breast surgery

WORD COUNT: 724 Words, 1 Figure, 1 Table; REFERENCES: 6.

# **AUTHOR DISCLOSURES:** None.

**FUNDING**: ECD and PMGS are funded in part through the Cancer Center Support Grant from the National Cancer Institute (P30 CA008748). OMF is supported by the National Institutes of Health (NIH) under Award Number 7K08CA241390-03 (PI: Fayanju). The content of this manuscript is solely the responsibility of the authors and does not necessarily represent the official views of the NIH.

**DATA SHARING STATEMENT**: Research data from the National Cancer Database are available upon request from the American Cancer Society and the American College of Surgeons (<a href="http://ncdbpuf.facs.org/">http://ncdbpuf.facs.org/</a>).

<sup>\*</sup>Drs. Santos and Fayanju contributed equally as principle investigators (PIs).

#### **SYNOPSIS**

We analyzed rates of breast-conserving therapy (BCT) and mastectomy among women with cT1-2N0M0 breast cancer using the National Cancer Database. Women from several AANHPI groups were more likely to receive mastectomy compared to Non-Hispanic White women, emphasizing a need to overcome racial barriers underlying treatment utilization.

### INTRODUCTION

Recent population-based studies have shown that breast-conserving therapy (BCT), defined as partial mastectomy (i.e., lumpectomy) followed by adjuvant radiotherapy, may be associated with improved outcomes compared with mastectomy among patients with early-stage (T1-2N0) breast cancer.<sup>1</sup> Among Asian American, Native Hawaiian, and Pacific Islander (AANHPI) patients in the United States, many women continue to undergo mastectomy and experience barriers to receipt of BCT including a lack of awareness regarding the oncologic safety of BCT, potential clinical ineligibility, distance to radiation treatment facilities, and clinician bias in treatment recommendations and counseling.<sup>1–3</sup> In this study, we examined BCT utilization by disaggregated AANHPI subpopulations (i.e., ethnicity or country of origin) to identify differences in receipt of mastectomy versus BCT.

#### **METHODS**

The 2004-2017 National Cancer Database (NCDB) was queried to identify women age ≥18 years old diagnosed with cT1-2N0M0 breast cancer treated with either BCT or mastectomy without post-mastectomy radiation therapy (PMRT). Women with missing clinical or race/ethnicity data were excluded. Women were classified based on self-reported race, i.e., Asian, Black, White, and American Indian, Aleutian, or Eskimo patients. Women who identified as Asian were further classified by ethnic subpopulation, including Indian or Pakistani, Chinese, Filipino, Hawaiian, Hmong, Japanese, Kampuchean, Korean, Laotian, Pacific Islander, Pakistani, Thai, and Vietnamese (see **Methods** in Supplemental Materials).

Multivariable logistic regression defined adjusted odds ratios (ORs) assessing the association between race and the receipt of BCT versus mastectomy for all patients and separately by cT1-2 stage. White race was used as the referent given the large sample size. All models were adjusted for relevant sociodemographic and clinical factors, including combined receptor status (ER-/PR-/HER-, HER2+, HR+/HER2-) and clinical stage (cT1 vs. cT2, **See Appendix**). Significance was set at *p*<0.05. All analyses were performed with Stata/SE, version 17.0 (StataCorp LLC). Given the use of de-identified and publicly available data, this study was deemed exempt from IRB approval.

# **RESULTS**

The analytic cohort was composed of 794,403 women with cT1-2N0M0 breast cancer. Of the women identified, 239,801 (30.2%) received mastectomy and 554,602 (69.8%) received BCT. Of the women that received mastectomy, 7,245 (35.9%) were AANHPI, 211,126 (30.2%) were White, and 20,780 (28.5%) were Black. Of the women that received BCT, 12,916 (64.1%) were AANHPI, 488,034 (69.8%) were White, and 52,217 (71.5%) were Black (**Figure 1**).

After adjusting for clinical and sociodemographic factors, AANHPI women had greater odds of receiving mastectomy over BCT, compared to White women (OR 1.35, 95% CI: 1.30—1.39, p<0.001). In contrast, Black women were less likely than White women to receive mastectomy (OR 0.86, 95% CI: 0.84—0.87, p<0.001). Upon disaggregation, Chinese, Japanese, Filipino, Korean, Vietnamese, and Asian Indian & Pakistani women were more likely to receive mastectomy over BCT compared to White women (p<0.001 for all, **Table 1**). Treatment at comprehensive community cancer centers, academic/research centers, and integrated cancer centers were all associated with greater odds of mastectomy compared to treatment at community cancer programs. Greater distance from treatment facility and cT2 disease were also associated with greater odds of receiving a mastectomy (**Table 1**). These disparities largely persisted in sensitivity analyses stratified by cT1-2 stage.

# **DISCUSSION**

In this large, retrospective cohort study of women with early-stage breast cancer, women from several AANHPI groups were more likely to receive mastectomy (as opposed to BCT) compared to White women, and we confirmed an association between lower BCT rates and greater travel distance to treating facilities.<sup>2</sup> While cultural preferences, differential interest in and access to reconstruction, as well as prevalent tumor-to-breast ratios may partially explain the disparities, more focus needs to be placed on addressing patient involvement in surgical-decision making, tailoring public health education and community outreach to vulnerable populations, and improving racial concordance and cultural humility among healthcare providers and the facilities in which they practice.<sup>3-6</sup>

Due to the retrospective nature of this study, our findings are subject to potential misclassification and selection bias. Additionally, the NCDB lacks details regarding individual ineligibility for BCT or body mass index or tumor to breast ratios. However, our analysis controlled for biased comparisons by excluding patients who may have absolute contraindications to BCT, including those with inflammatory disease. Lastly, there is also limited data available regarding Pacific Islander subpopulations, who may be at higher risk of more advanced disease. Further research is needed to understand the complex factors underlying patient preference regarding BCT versus mastectomy among women with early-stage breast cancer to mitigate disparities.

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#### FIGURE & TABLE LEGENDS

**Figure 1:** Proportion of Women with cT1-2N0M0 Breast Cancer Status Post Mastectomy vs Breast-Conserving Therapy, Stratified by Race, National Cancer Database, 2004-2017.

**Table 1:** Association between Sociodemographic Characteristics and Receipt of Mastectomy vs Breast-Conserving Therapy for Women with cT1-2N0M0 breast cancer, National Cancer Database, 2004-2017. <sup>a</sup>,

<sup>a</sup>Three separate models are represented, each containing a dependent variable that represents receipt of mastectomy over BCT. The analytic cohort includes women in the National Cancer Database diagnosed with cT1-2N0M0 breast cancer from January 1, 2004, to December 31, 2017.

<sup>b</sup>Each model is adjusted for race, Hispanic ethnicity, age, year of diagnosis, educational attainment, socioeconomic status, insurance status, treatment facility type, facility location, distance from treatment facility, combined receptor status, and clinical stage. Significance was reported with a minimum threshold of P < .05.



**Figure 1:** Proportion of Women with cT1-2N0M0 Breast Cancer Status Post Mastectomy vs Breast-Conserving Therapy, Stratified by Race, National Cancer Database, 2004-2017.

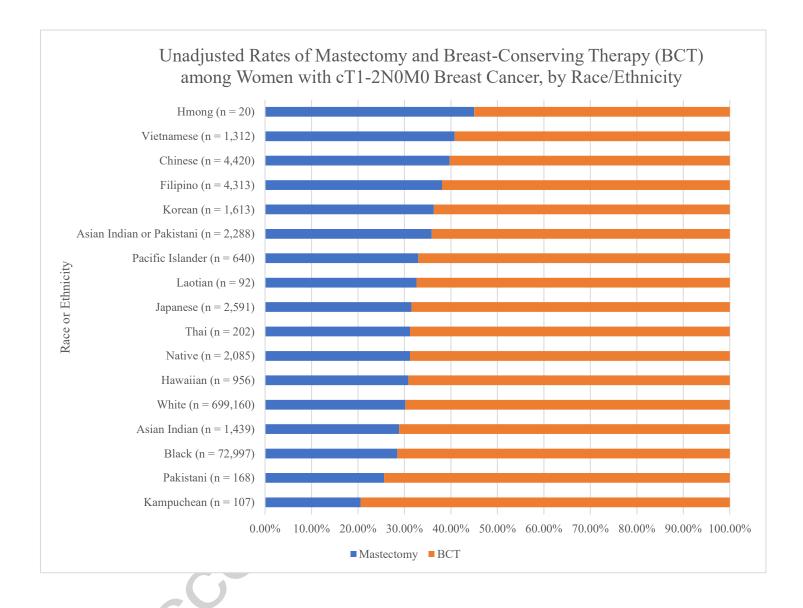


Table 1: Association between Sociodemographic Characteristics and Receipt of Mastectomy vs Breast-Conserving Therapy for Women with cT1-2N0M0 breast cancer, National Cancer Database, 2004-2017. a

aOR (95% CI) Characteristic<sup>b</sup> **All Patients** P Value cT1 Only P Value cT2 Only P Value No. 794,403 627,746 166,657 Race 1 [Reference] White 1 [Reference] N/A 1 [Reference] N/A N/A Black 0.84 (0.83-0.86) <.001 0.89 (0.88-0.91) <.001 0.73 (0.71-0.76) <.001 1.01 (0.85-1.20) .92 Native American 0.91 (0.83-1.00) .05 0.88 (0.78-0.98) .02 1.59 (1.50-1.70) <.001 1.56 (1.45-1.68) <.001 1.69 (1.49-1.91) <.001 Chinese .002 1.15 (0.96-1.37) Japanese 1.16 (1.06-1.26) .001 1.16 (1.05-1.28) .13 Filipino 1.46 (1.37-1.56) <.001 1.47 (1.36-1.58) <.001 1.46 (1.31-1.65) <.001 Native Hawaiian .88 1.01 (0.86-1.20) 1.01 (0.77-1.31) .96 1.01 (0.88-1.16) .87 <.001 Korean 1.30 (1.17-1.44) <.001 1.28 (1.14-1.45) 1.32 (1.08-1.60) .006 Vietnamese 1.50 (1.34-1.68) <.001 1.59 (1.39-1.82) <.001 1.34 (1.10-1.64) .004 .99 Laotian 1.01 (0.65-1.57) .97 1.00 (0.58-1.72) 1.04 (0.48-2.26) .91 .82 2.05 (0.58-7.31) Hmong 1.53 (0.62-3.76) .36 1.17 (0.30-4.55) .27 0.62 (0.34-1.10) Kampuchean 0.63 (0.39-1.01) .05 .10 0.69 (0.31-1.59) .38 Thai 1.06 (0.78-1.42) .75 1.02 (0.71-1.45) .93 1.17 (0.66-2.07) .60 1.27 (1.16-1.39) Asian Indian and <.001 1.27 (1.14-1.41) <.001 1.29 (1.09-1.52) .003 Pakistani 0.87 (0.76-1.00) Asian Indian 0.91 (0.81-1.02) .05 0.99 (0.80-1.22) .92 .11 Pakistani 0.77 (0.54-1.09) .13 0.77 (0.51-1.17) .22 0.70 (0.36-1.36) .29 Pacific Islander 1.09 (0.92-1.29) .30 1.09 (0.89-1.33) .42 1.11 (0.83-1.49) .48 **Hispanic Ethnicity** Non-Hispanic 1 [Reference] N/A 1 [Reference] N/A 1 [Reference] N/A Hispanic 0.99 (0.97-1.02) .47 1.00 (0.97-1.03) .83 0.96 (0.91-1.01) .09 Unknown 1.03 (1.00-1.06) .03 1.04 (1.01-1.07) .01 1.00 (0.95-1.06) .93 0.99 (0.993-0.995) <.001 0.99 (0.988-0.989) <.001 Age 1.01 (1.00-1.01) <.001 1.02 (1.016-1.020) <.001 **Year of Diagnosis** 1.02 (1.01-1.02) <.001 1.02 (1.02-1.03) <.001 **Zip Code-Wide Percent** Without High School **Education** 29.0% or more 1 [Reference] N/A 1 [Reference] N/A 1 [Reference] N/A20.0% to 28.9% 0.99 (0.98-1.01) .44 0.99 (0.98-1.01) .61 0.99 (0.96-1.02) .57 14.0% to 19.9% .79 1.00 (0.98-1.02) 1.00 (0.98-1.02) .78 1.00 (0.97-1.04) .96 Less than 14.0% 1.05 (1.03-1.07) 1.05 (1.02-1.07) <.001 .009

<.001

N/A

.39

.44

.44

1 [Reference]

0.99 (0.97-1.01)

1.01 (0.99-1.03)

1.01 (0.99-1.03)

Zip Code-Wide Median **Household Income** Less than \$30,000

\$30,000 - \$34,999

\$35,000 - \$45,999

\$46,000 +

N/A

.02

.03

.12

1.06 (1.01-1.11)

1 [Reference]

1.04 (1.01-1.08)

1.04 (1.00-1.08)

1.03 (0.99-1.08)

N/A

.02

.75

.86

1 [Reference]

0.98 (0.96-0.99)

1.00 (0.97-1.02)

1.00 (0.97-1.02)

9

| <b>Insurance Status</b> |                                      |              |                                      |                |                                      |              |
|-------------------------|--------------------------------------|--------------|--------------------------------------|----------------|--------------------------------------|--------------|
| Not Insured             | 1 [Reference]                        | N/A          | 1 [Reference]                        | N/A            | 1 [Reference]                        | N/A          |
| Private                 | 1.04 (0.99-1.08)                     | .11          | 1.00 (0.95-1.06)                     | .97            | 1.06 (0.99-1.15)                     | .10          |
| Insurance/Managed Care  | 1.06 (1.01.1.11)                     | 02           | 1.07 (0.00 1.12)                     | 00             | 1 04 (0 06 1 14)                     | 21           |
| Medicaid<br>Medicare    | 1.06 (1.01-1.11)                     | .03<br><.001 | 1.06 (0.99-1.12)<br>1.13 (1.07-1.20) | .08<br><.001   | 1.04 (0.96-1.14)                     | .31<br><.001 |
| Other Government        | 1.15 (1.10-1.20)<br>1.01 (0.94-1.08) | .83          | 1.13 (1.07-1.20) 1.00 (0.92-1.07)    | <.001<br>.87   | 1.17 (1.08-1.26)<br>0.98 (0.86-1.11) | <.001<br>.74 |
| Unknown                 | 1.02 (0.96-1.09)                     | .83<br>.49   | 0.96 (0.89-1.04)                     | .34            | 1.15 (1.02-1.29)                     | .02          |
| Clikilowii              | 1.02 (0.90-1.09)                     | .47          | 0.30 (0.83-1.04)                     | .34            | 1.13 (1.02-1.29)                     | .02          |
| Facility Type           |                                      |              |                                      |                |                                      |              |
| Community Cancer        | 1 [Reference]                        | N/A          | 1 [Reference]                        | N/A            | 1 [Reference]                        | N/A          |
| Program                 | L J                                  |              | L J                                  |                | ,                                    |              |
| Comprehensive           | 1.15 (1.13-1.17)                     | <.001        | 1.16 (1.13-1.18)                     | <.001          | 1.14 (1.10-1.18)                     | <.001        |
| Community Cancer        |                                      |              | ,                                    |                |                                      |              |
| Program                 |                                      |              |                                      |                |                                      |              |
| Academic/Research       | 1.30 (1.28-1.33)                     | <.001        | 1.31 (1.29-1.34)                     | <.001          | 1.26 (1.22-1.31)                     | <.001        |
| Program                 |                                      |              |                                      |                |                                      |              |
| Integrated Network      | 1.24 (1.22-1.27)                     | <.001        | 1.24 (1.21-1.28)                     | <.001          | 1.24 (1.19-1.30)                     | <.001        |
| Cancer Program          |                                      |              |                                      |                |                                      |              |
|                         |                                      |              |                                      |                |                                      |              |
| Distance from           |                                      |              |                                      |                |                                      |              |
| Treatment Facility      | 1.50 0 1                             | 3.7/4        | 1.50 0 1                             | 37/4           | 150 0 3                              | 3.7/4        |
| 0 to <10 mi             | 1 [Reference]                        | N/A          | 1 [Reference]                        | N/A            | 1 [Reference]                        | N/A          |
| 10 to <20 mi            | 1.07 (1.06-1.09)                     | <.001        | 1.08 (1.06-1.09)                     | <.001          | 1.07 (1.05-1.10)                     | <.001        |
| 20 to <50 mi            | 1.23 (1.21-1.24)                     | <.001        | 1.23 (1.21-1.25)                     | <.001<br><.001 | 1.21 (1.18-1.25)                     | <.001        |
| ≥50 mi                  | 1.50 (1.47-1.53)                     | <.001        | 1.53 (1.49-1.56)                     | <.001          | 1.43 (1.37-1.49)                     | <.001        |
| Combined Receptor       |                                      |              |                                      |                |                                      |              |
| Status                  |                                      |              |                                      |                |                                      |              |
| ER-/PR-/HER2-           | 1 [Reference]                        | N/A          | 1 [Reference]                        | N/A            | 1 [Reference]                        | N/A          |
| HER2+                   | 1.12 (1.10-1.15)                     | <.001        | 1.11 (1.08-1.14)                     | <.001          | 1.10 (1.06-1.15)                     | <.001        |
| HR+/HER2-               | 0.83 (0.82-0.85)                     | <.001        | 0.76 (0.74-0.77)                     | <.001          | 0.99 (0.96-1.02)                     | .53          |
| Unknown                 | 0.84 (0.82-0.86)                     | <.001        | 0.77 (0.75-0.80)                     | <.001          | 0.95 (0.91-0.99)                     | .008         |
|                         |                                      |              | . ,                                  |                |                                      |              |
| Clinical Stage          | (/)                                  |              |                                      |                |                                      |              |
| cT1                     | 1 [Reference]                        | N/A          | _                                    | _              | _                                    | _            |
| cT2                     | 1.80 (1.78-1.82)                     | <.001        | _                                    | _              | _                                    | _            |

Abbreviations: OR, Odds Ratio; 95% CI, 95% Confidence Interval.

<sup>&</sup>lt;sup>a</sup>Three separate models are represented, each containing a dependent variable that represents receipt of mastectomy over BCT. The analytic cohort includes women in the National Cancer Database diagnosed with cT1-2N0M0 breast cancer from January 1, 2004, to December 31, 2017.

<sup>&</sup>lt;sup>b</sup>Each model is adjusted for race, Hispanic ethnicity, age, year of diagnosis, educational attainment, socioeconomic status, insurance status, treatment facility type, facility location, distance from treatment facility, combined receptor status, and clinical stage. Significance was reported with a minimum threshold of P < .05.