

# Characterization of a Perfused 3D Liver Bioreactor

by

Jennifer Mitchel

Submitted to the Department of Mechanical Engineering  
in partial fulfillment of the requirements for the degree of

Bachelor of Science in Engineering

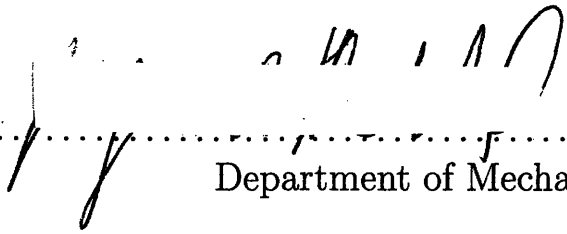
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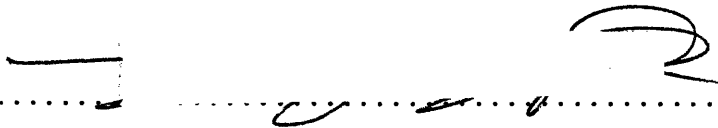
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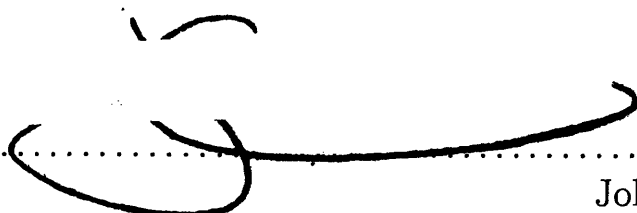
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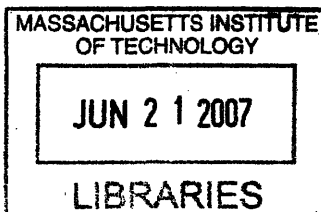
June 2007

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## Abstract

The liver is the most important site of drug and nutrient metabolism in the body, and we desire an accurate *in vitro* model that allows us to perform long term drug and metabolism studies. To this end of developing an assaying tool, I used an existing multi-well bioreactor that allows for formation of perfused, three dimensional tissue structures, and began characterization of tissue behavior over time. One issue in the multi-well bioreactor is the unknown profile of cell retention over time, which is an important specification for normalizing data from drug metabolism studies. Number of cells can be indirectly assessed by measuring total protein or RNA levels when direct counting is problematic. To the end of comparing these methods, an additional goal of this thesis was to develop a protocol to measure both protein and RNA levels from a single sample using the commercially available reagent *RNAlater*. *RNAlater* was shown, however, to be incompatible with certain existing protocols for isolating both protein and RNA.

Thesis Supervisor: Linda G. Griffith

Title: SoE Professor of Teaching Innovation, Department of Biological Engineering

# 1 Introduction

It is desirable to perform long term studies on liver parenchymal cells (hepatocytes) in an *in vitro* environment, but they have classically been difficult to maintain in culture, with much of their liver-specific functionality lost after only one day in conventional cultures. Though research has been conducted to determine the optimal method of preserving hepatospecific morphology and function, both reliable long term study and cultivation of complex tissue structures remain as embryonic technologies. A microfluidic bioreactor designed to foster the development of three dimensional (3D) liver tissue-like structures when seeded with hepatocytes was developed by the Griffith Lab[1]. In this bioreactor, spheroidal aggregates have been shown to form qualitatively better tissue than single hepatocytes [2], though recently protocols were developed to facilitate single cell seeding. The device uses pneumatic pressure to move fluid through the tissue-containing channels, subjecting the hepatocytes to shear stress as they would experience *in vivo* and supplying the tissue with more oxygen than it would receive in static culture where diffusion is solely responsible for oxygen transport.

The availability of oxygen is a huge factor in the viability of the cells in this reactor, and was a concern directing the experiments of this thesis. One parameter determined in part by the oxygen limitations is the initial number of cells to add to the scaffold. When we consider seeding the reactor with the ideal number of hepatocytes, we see that the need for a large number of cells in order to get accurate tissue structures and assay responses must be balanced with the fact that a larger number of cells means more oxygen is consumed per area and the available oxygen in a given well is finite. Scaffolds of the size used here have previously been seeded with between  $3 \times 10^5$  and  $1.2 \times 10^6$  hepatocytes; it was determined here that the optimal number of cells for initial seeding is  $8 \times 10^5$  per reactor well.

After determining the optimal number of hepatocytes to seed in each reactor well, it was desired to find a method by which both total protein and RNA could be isolated from a single reactor well. Currently experiments are being conducted which look at the drug metabolism of cultured liver tissue in the multi-well bioreactor, generally after 4 or 7 days in culture, in comparison with freshly isolated cells. Metabolism studies, which measure the abilities of the hepatocytes to perform their liver specific functions and the expression levels of liver specific genes aim to show that hepatocellular functionality remains relatively constant or well behaved, indicating that the multi-well bioreactor is suitable for long term studies. In order for these studies to yield accurate results, it is important to have a method of accurately determining the number of cells inside the bioreactor, so that data can be normalized to per cell rates. Two methods for analyzing cell numbers are using total protein and total RNA isolated from samples.

The method for counting cells based on total RNA relies on the assumption that total RNA is relatively constant across a cell type. Though it is possible that RNA levels may change as cells are cultured in the bioreactor, compared to freshly isolated cells, it is believed that this metric is reliable enough to be used. Total RNA can also be used for drug metabolism studies in that it represents the current expression patterns of the hepatocytes. It is possible, therefore, to measure the relative expression levels of genes known to play crucial roles in liver specific drug metabolism, and compare these expression levels to those found in freshly isolated and traditionally cultured hepatocytes. Phenol-based RNA extraction methods, such as use of the TRIzol reagent, are common, and allow for isolation of protein and RNA as well. However, the TRIzol protocol is time consuming, and does not allow for processing many samples in parallel, especially when compared to protein assays. In addition, the most time consuming steps of the protocol are required regardless whether protein or RNA is being isolated. Together, these factors make it desirable to find an alternative to TRIzol as a sample preservative. Additionally, it would be beneficial to preserve samples such that one could choose at the time of analysis, rather than at the time of preservation, whether RNA, protein, or both are required. To this end, we looked at the commercially available reagent *RNAlater* as a sample preservative. Obtaining protein data from samples stored in *RNAlater* simply requires removal of the reagent, and obtaining RNA data requires fewer steps than if samples were preserved in TRIzol.

Lastly, it was desired to know what the cell loss profile over time looks like, because though it is definitely known that many (approximately two thirds to three quarters) cells are lost between day 0 and the end of the experiment (day 4 or 7), it is not known when and at what rates these cells are lost. This is another application where *RNAlater* was desired to be used to obtain protein and RNA data from a single sample, in order to develop a correlation between RNA and protein profiles over time, in addition to comparing these methods for cell counting. Because of the many complications with using *RNAlater*, however, the final profile discussed was obtained using TRIzol.

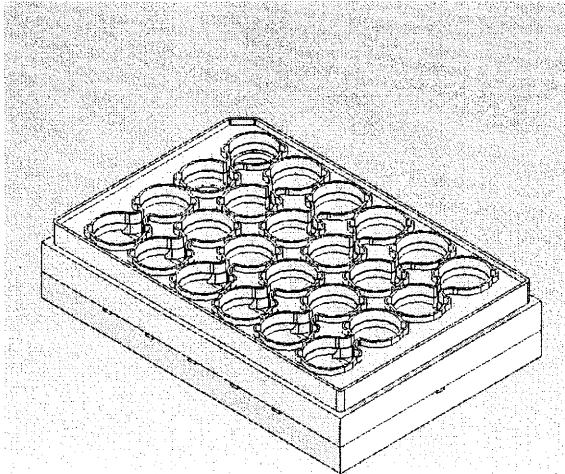
## 2 Background

### 2.1 The Multiwell Bioreactor

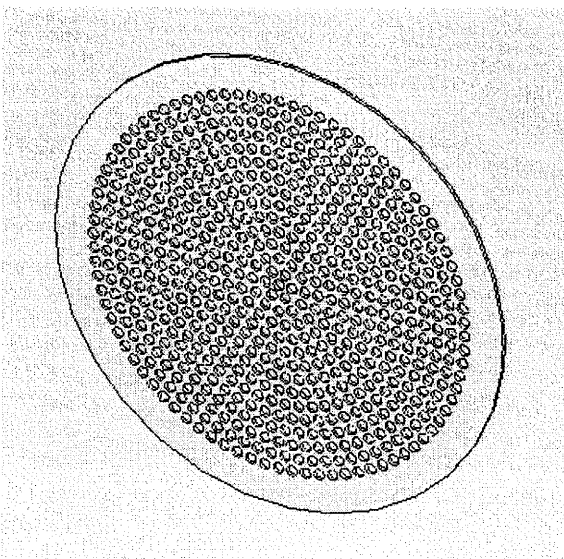
For this thesis I worked with the Generation F multiwell bioreactor, shown in Figures 1(a) and 1(c)<sup>1</sup> and described previously[4]. This is a high throughput system that allows for up to twelve experiments to be done in parallel under virtually identical experi-

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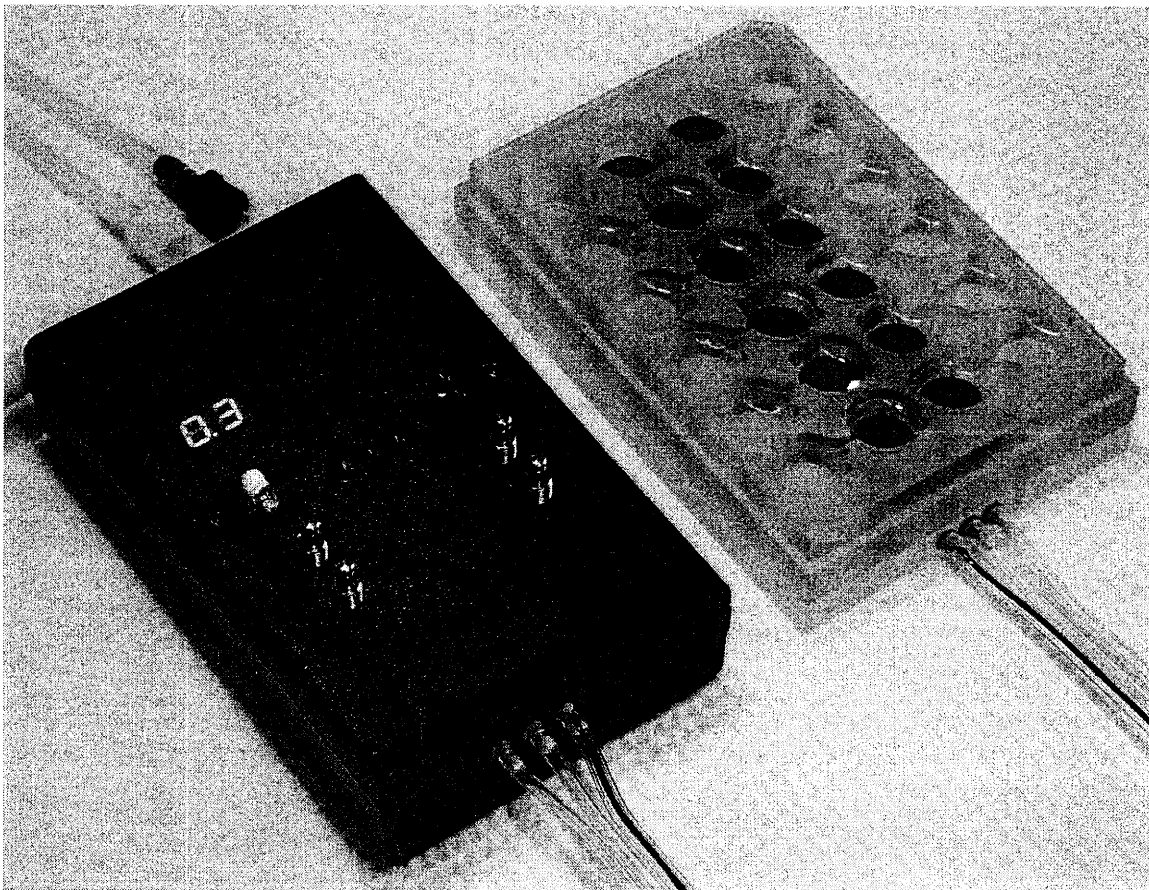
<sup>1</sup>Figures in 1(a) and 1(b) supplied courtesy of Bryan Owens, and 1(c) courtesy of Walker Inman.



(a) Model of the Multiwell Bioreactor



(b) Model of an 860 channel, silicon scaffold



(c) Multiwell Bioreactor and Control System

Figure 1: **The Multiwell bioreactor and a Scaffold.** (a) CAD model of bioreactor. The inner two rows of wells are the reactor wells, and contain scaffolds and are seeded with cells, while the outer two rows are the reservoir wells which contain media that is being replenished with oxygen. (b) CAD Model of a typical scaffold with 860 channels,  $\sim 1$  cm in diameter. This scaffold would likely be seeded with between .5 and 1 million hepatocytes. (c) Photograph of the bioreactor and its controller and air lines.

tions (temperature, humidity, user variability, etc) which will generally allows variation of two parameters in parallel, with adequate control and repetition of conditions. The multiwell bioreactor also lends itself well to time course studies in which samples have to be permanently removed to obtain data. The reactor wells, which are in the two inner rows, are supplied with media that is continually oxygenated, from the reservoir wells, which are the two outer rows. The reactor wells hold scaffolds which can be seeded with freshly isolated cells, where they can form 3D tissue structures attached to the walls of the scaffolds. The scaffolds are 150 microns thick, a length designed to minimize the oxygen limitations of the system. These scaffolds sit on top of a porous filter (Millipore) which is meant to even out the flow, and the filter sits on top of a support scaffold which allows medium to flow through from either direction. The reservoir wells have porous filters as well. The scaffolds, shown in Figure 1(b), are coated with Collagen I, an extracellular matrix protein, to encourage adhesion to the scaffold walls.

## 2.2 TRIZOL

TRIZOL(Invitrogen) is a commercially available reagent meant for the isolation of total RNA from biological samples. The reagent is a mono-phasic solution of phenol and guanidine isothiocyanate, and preserves the RNA present in a sample, while being highly effective during homogenization because it helps to dissolve and denature cells and cellular components (without degrading proteins or DNA).

## 2.3 RNAlater

RNAlater (Ambion) is a reagent advertised to preserve RNA in cells and tissues, eliminating the need to analyze samples immediately due to RNA's high susceptibility to degradation[5],[6]. According to the official protocol guide, *RNAlater* should be able to preserve RNA at room temperature for 1 week without compromising RNA quality, or at 20°C or 80°C indefinitely. Both the Ambion and Qiagen protocol notes indicate that *RNAlater* preserved cells should be compatible with standard RNA isolation procedures, such as the Qiagen RNeasy Mini Kit, indicating that TRIZOL may not be a necessary reagent to isolate RNA. This reagent was thought to be the answer to the question of how to easily and effectively preserve RNA in a way such that it would be simple to obtain protein from the same sample, because both the RNA isolation and the protein assay have the same first step of sample homogenization. The ideal protocol would involve this common homogenization step followed by a choice to be made by the researcher as to which information is desired; such freedom and versatility is helpful to build into protocols, because of the reality in labwork that experimental needs

change dynamically.

Use of *RNAlater* in the literature has had variable results. Some studies using this reagent with whole tissue report that prognostic and diagnostic qualities of the tissue are not compromised [7],[8], though they do not report a comparison between *RNAlater* and TRIZOL and do not consider the potential relative loss of total RNA. *RNAlater* is often compared snap-freezing (immersion in liquid nitrogen), which is a third standard method of RNA preservation, with conflicting conclusions. Some studies report that *RNAlater* is a preservation method preferable to snap-freezing [7],[9], and others report that the two methods are equally effective [8], [10], [11], indicating that *RNAlater* is the preferred choice for RNA preservation because of its ease of use. One study does report however that snap-freezing is the optimal method of preservation when compared with *RNAlater* [12].

In addition to this conflicting information about the usefulness of *RNAlater* as an RNA preservative, it is unclear how well it functions during the homogenization step of standard RNA isolation protocols. It is indicated in the manufacturer's notes that *RNAlater* stabilizes cells against lysis, and we conclude that it must therefore be removed from samples before the necessary step of homogenization can take place. Some studies which report that *RNAlater* can be used to stabilize RNA also used TRIZOL during the isolation steps, even though this reagent was not used for initial preservation [13],[14].

One study found TRIZOL to be highly superior to *RNAlater* as a preservative[16], showing that total RNA yields were approximately tenfold higher and significantly more pure for the former reagent. Another study concludes that RNA extraction can be optimized by the use of TRIZOL, and that *RNAlater* is not suitable for RNA expression studies in dissected biopsy material[17].

## 3 Materials and Methods

### 3.1 Storing Cells in *RNAlater*

Samples were preserved by adding 5 to 10 times their volume of *RNAlater* reagent at room temperature, and storing for up to 1 month at 4°C, as directed by the manufacturer's note. In order to isolate cells from the *RNAlater* suspension, cells were either spun down at ~5000g for ~5 minutes, or first resuspended in an equal volume of PBS and then spun down.

### 3.2 RNA Isolation and Measurement

A great deal of care was taken to ensure that the samples remained RNAase free, so as to minimize degradation. All surfaces and tools were treated before starting the isolation with

RNaseZap (Ambion), as were the gloves of the researcher handling samples. In addition, RNase free tubes, pipette tips, and reagents were used. A maximum of 8 samples were treated at once, to further minimize RNA degradation due to the instability of RNA at room temperature. Samples were kept on ice whenever possible.

The RNA isolation protocol used is a modified version of the Qiagen isolation protocol; all reagents come from the Qiagen RNeasy Kit. To each sample 350 or 700 $\mu$ L of Buffer RLT, the lysis buffer available with the Qiagen RNeasy Kit, was added. This solution was passed approximately 10 times through a 25G syringe tip to homogenize the sample. An equal volume of ethanol was added, the sample was inverted to mix, and up to 700 $\mu$ L of this solution was added to a Qiagen Spin Column. The column was centrifuged for 30 seconds at  $\sim$ 10.2 rpm in a table-top centrifuge. The eluent was passed a second time through the column to ensure maximal retention of RNA. Eluent was discarded and the process repeated for any remaining sample until all sample was processed.

The sample was washed in succession with Buffer RW1 (700 $\mu$ L, 30 seconds) and Buffer RPE (500 $\mu$ L, 30 seconds, followed by a second wash for 2 minutes) to removed contaminating cellular components. The spin column was transferred to a new collection tube, and the sample was spun down at full speed for 1 minute, to ensure the removal of any traces of ethanol. The spin column was then transferred to an RNase-free collection tube, 50 $\mu$ L of 55°C DPEC treated water was added to the center of the collection membrane, sample was allowed to incubate for approximately 1 minute at room temperature, and then the spin column in the collection tube was spun down for 1 minute  $\sim$ 10.2 rpm.

The eluent was measured for RNA content by the Nanodrop ND-1000 Spectrophotometer (NanoDrop Technologies, Wilmington DE). The sample is measured for absorbance over a broad spectrum and the NanoDrop software calculates the concentration of RNA. The 280/230 and 260/230 ratios are checked to be over 1.8 to ensure purity of the samples. A low 280/230 ratio implies contamination by protein, salts, or solvents. Data points with low purity ratios were not used in analysis.

For samples stored in TRIZOL, the above protocol was followed with the addition of the following preceding steps and modifications: Samples were stored in 1 mL TRIZOL at -80°C for a minimum of 15 minutes (until frozen). When the samples were ready for processing they were allowed to thaw on ice. The thawed sample was passed approximately 10 times through a 25G syringe tip to homogenize the sample. 200  $\mu$ L of chloroform was added to the sample, which was then shaken vigorously and allowed to incubate at room temperature for 2-3 minutes. This step, followed by a 15 minute centrifugation at 12,000 RPM at 4°C, yields a biphasic mixture of aqueous and organic phases. RNA remains exclusively in the aqueous phase, which is removed and placed into a 1.5 mL tube, where the above protocol



Experiment:	1:100 RLT + <i>RNAlater</i>	1:10 RLT + <i>RNAlater</i>	1:10 RLT	1:10 RIPA + <i>RNAlater</i>	1:10 RIPA	Water
Water (mL)	4.95	4.5	4.5	4.5	4.5	5
RIPA ( $\mu$ L)	0	0	0	450	500	0
Qiagen RLT ( $\mu$ L)	45	450	500	0	0	0
<i>RNAlater</i> ( $\mu$ L)	5	50	0	50	0	0

Table 1: Buffer Concentrations for BCA Assay Experiment to Determine Compatibility of *RNAlater* with Quantitation of Total Protein.

can be followed, beginning with the addition of ethanol to precipitate the DNA.

### 3.3 Protein Isolation and Measurement

The second method aimed at quantifying the number of cells in a scaffold is based on measuring protein levels. This assay is performed using the BCA Protein Assay Reagent Kit (Prod# 23227, Pierce, Rockford IL). Prior to use in the protein assay, samples were lysed with 0.7-1 mL either RIPA Lysis Buffer (TEKnova) or Qiagen RLT Lysis Buffer. 1% PMSF and 10% PIC (v/v) were added to the lysis buffer prior to lysis. Samples were either sonicated for 10 minutes or snap-frozen to aid in lysis. The lysed samples were then diluted, usually 1:100, in order to be within the working range of the assay (2-40 $\mu$ g/mL). BSA standards were prepared at the following concentrations: 0, 5, 10, 15, 20, 25, 30, 35 ( $\mu$ g/mL). These standards were run with each assay plate. 100 or 150  $\mu$ L of BSA standard or sample was added to an equal volume of Working Reagent from the Pierce kit. Plates were mixed on a plate shaker for 30 seconds, and then incubated for approximately two hours at 37°C. Plates were cooled and then read by a SpectraMax platereader at 562 nm. The BSA standards allow the absorbance values for the samples to be correlated with a protein concentration.

## 4 Results

### 4.1 Protein Assay Results Depend on Buffer Composition

In order to determine the feasibility of using the BCA Protein Assay on samples preserved in *RNAlater*, the compatibility of the BCA reagents was tested for each of the following conditions: Qiagen RLT Lysis Buffer, RIPA Lysis Buffer, Qiagen RLT Lysis Buffer plus a 1:10 Volume of *RNAlater*, and RIPA Lysis Buffer plus a 1:10 Volume of *RNAlater*. All conditions were then diluted 1:10 in water, with the RLT plu *RNAlater* condition also diluted 1:100. The relative levels of water and lysis buffer in each sample were determined based on expected dilutions of *RNAlater* and lysis buffer, and are documented in Table 1. It was

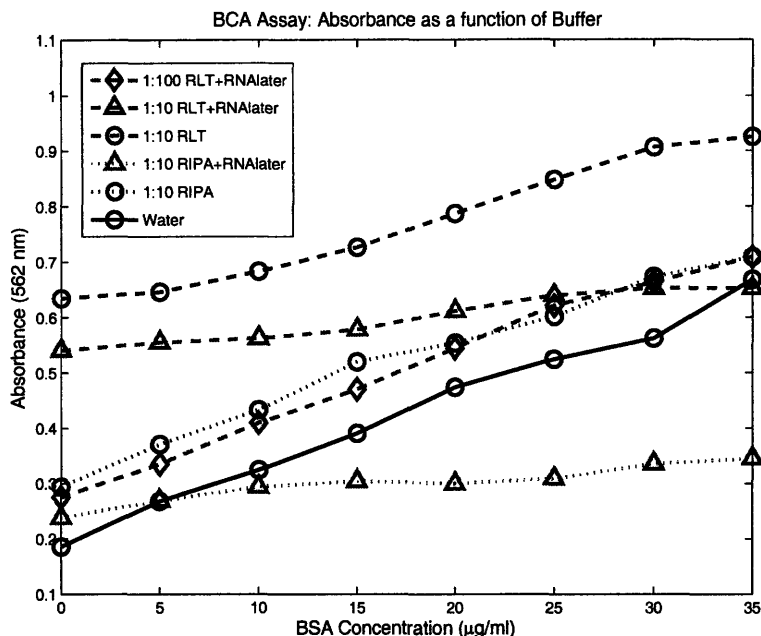


Figure 2: **BCA Assay Experiment to Determine Compatibility of *RNAlater* with Quantitation of Total Protein.** The lysis buffers increase background signal levels, while *RNAlater* appears to reduce the slope of the curve.

predicted that up to a one tenth volume of *RNAlater* may remain after samples were stored in the preservative and required resuspension in the lysis buffer.

The results of this assay are shown in Figure 2. Both RIPA and RLT raise the signal background, RLT significantly moreso. This high signal background implies that care must be taken that samples are sufficiently dilute such that the signal is not saturated for more concentrated samples. This background due to lysis buffer is normally accounted for in the protein assay by subtracting a blank from all values obtained. *RNAlater*, on the other hand, has the effect of reducing the signal level and flattening out the curve. For example, when looking at the dashed RLT curves in Figure 2, it is clear that the highest signal is present when the BSA is diluted in RLT only, and the signal is reduced for the 1:10 dilution of *RNAlater*. The same trend appears in the RIPA curve. High levels of *RNAlater* appear to be incompatible with the BCA Protein Assay, as the absorbance values at 562 nm span a range approximately an order of magnitude less than for low or zero levels of *RNAlater*.

The curve most similar to that obtained from the control, BSA in water, is the 1:100 dilution of RLT and *RNAlater*, indicating that the protein isolation protocol (described in Section 3.3) can be followed with the addition of *RNAlater* to samples without detriment, as long as the residual *RNAlater* occupies less than one thousandth part of the final lysate. Care must therefore be taken to remove as much *RNAlater* as possible before the addition of lysis buffer.

## 4.2 Determination of Optimal Cell Number

A simple qualitative experiment was performed to compare the two mostly commonly used seeding densities,  $500 \times 10^3$  and  $800 \times 10^3$  cells per reactor well. Two reactors were seeded by different users, each reactor having 6 wells of each seeding density, and were allowed to culture for 4 days. At the end of the incubation period, it was clear that the higher seeding density was preferable. Individual sections of tissue appeared morphologically similar between the two seeding densities, but for the lower density there was a prevalence of empty patches on the scaffold, while for the higher density the scaffold appeared much more uniform.

## 4.3 RNA and Protein Level Standard Curves

The protocol outlined in Section 3.2 for isolating RNA was repeated over five times with cells preserved in *RNAlater*, over a range of concentrations with results shown in Figure 3(a), where RNA levels are plotted as a function of cell number. Cells were either freshly isolated and incubated in *RNAlater* at room temperature for less than an hour, or preserved at 4°C overnight up to two weeks. There is no obvious correlation between storage methods and quality of the standard curve, however, though the literature indicates that incubation overnight is a requirement when using *RNAlater*. Because each of these five curves was so radically different, it is apparent that with current protocols *RNAlater* cannot be used to establish cell numbers with any accuracy or precision.

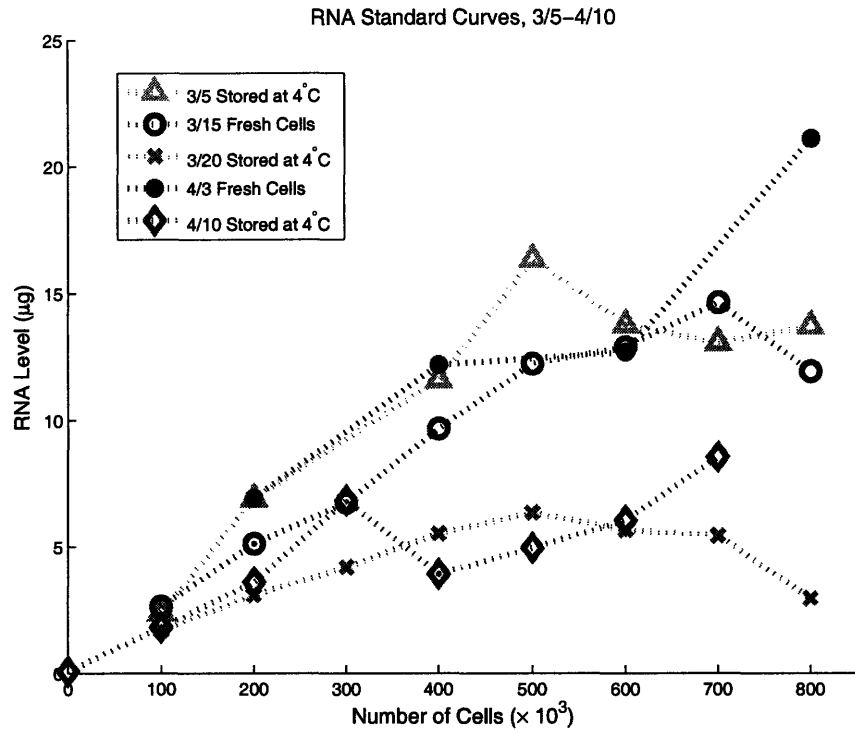
In one instance, data not shown, the Qiagen RLT lysis buffer was prepared as indicated in Section , with PIC and PMSF added, and the curve appeared to radically shift downward, with the no cell control giving large negative values. This condition was important to test, as it would reflect the lysis buffer being used if a portion of the lysate was to be removed for protein analysis (while the rest of the lysate would be analyzed for RNA content). In a different experiment, however, these additions to the lysis buffer did not appear to have an effect on the RNA levels detected; if this system is used in the future, this potential effect should be further investigated.

Figure 3(b) shows a TRIzol standard curve, in which RNA levels are plotted as a function of cell number. The curve is highly linear and well behaved, and indicates that each cell contains approximately 50 pico grams of RNA. This curve is sufficiently similar to others found previously by various researchers that it was not repeated additional of times.

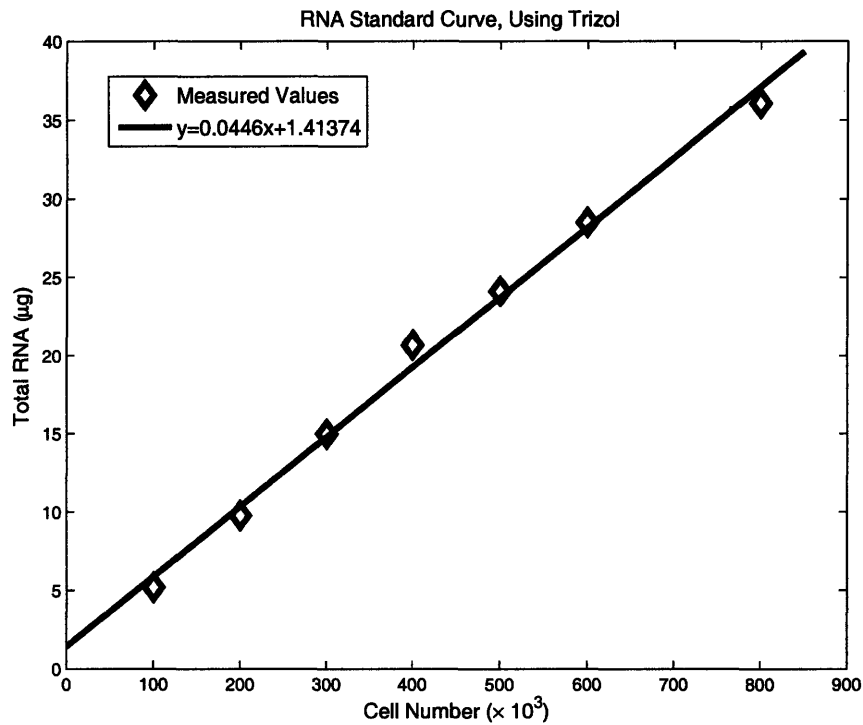
Last, a standard curve in which cell number is plotted as a function of total protein, is shown in Figure 4<sup>2</sup>. Some researchers force a y-intercept of zero, reasoning that logically once background is subtracted, zero protein should correspond to zero cells; however, this

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<sup>2</sup>Data obtained by Michal Bokovza

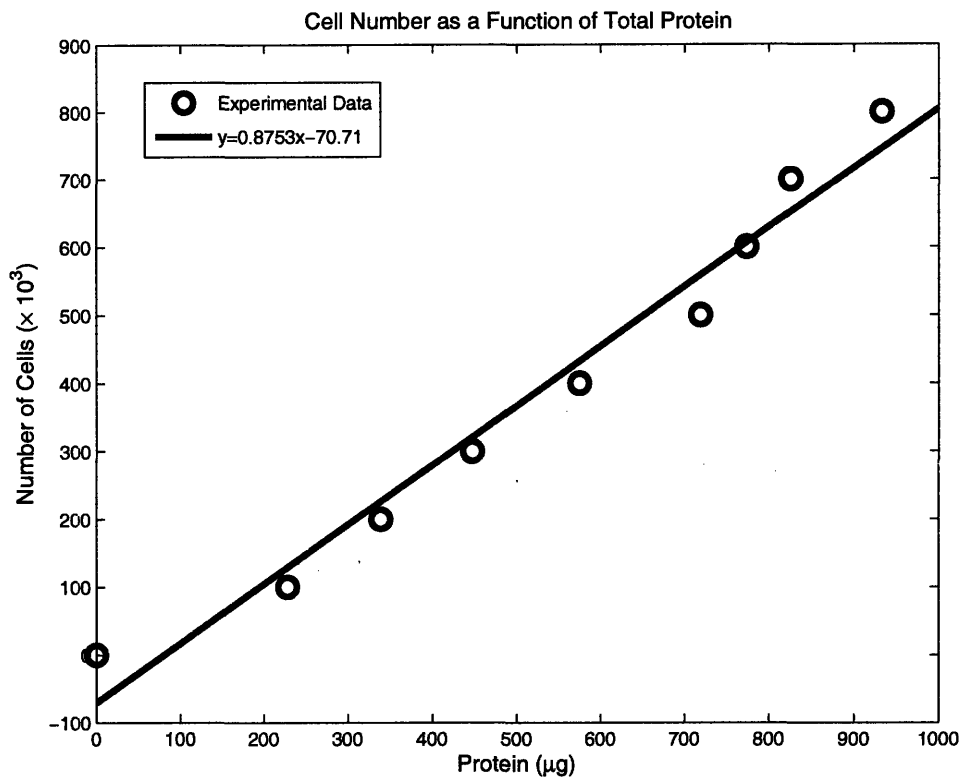


(a) RNA later



(b) TRIZOL

Figure 3: Standard Curves to Measure RNA Levels as a Function of Cell Number. (a) Cells treated with *RNA later*. These curves were not obtained with a satisfactory protocol, as shown by the variation between each curve. (b) Cells stored in TRIZOL



**Figure 4: Total Protein Standard Curve.** Cell number is shown as a function of protein levels. This curve can be used directly to determine how many cells are present based on a given total protein measurement.

imposition on the data changes the values obtained when the curve is used to calculate the number of cells corresponding to a given value of total protein, and was not implemented here. However, a data point of (0,0) was included to reflect this phenomenon of zero protein corresponding to zero cells, though the curve obtained is not identical to if the y-intercept was forced to be at zero. This may account for a slight difference in the numbers presented in Section 4.4 from those appearing elsewhere.

#### 4.4 Cell Loss Over Time in the Multiwell Bioreactor

An experiment to determine the cell loss profile over time was performed using *RNAlater* to preserve RNA and protein, though no direct data was obtained. Two reactors were seeded with  $800 \times 10^3$  cells per reactor well, with row A containing silicon scaffolds and row B containing PEEK scaffolds. Three reactor wells were taken out of the reactor on days 1, 3, 5, and 7, and stored in 1 mL *RNAlater*. The samples were stored for approximately 6 weeks at 4°C, which is longer than recommended by the manufacturer's note, due to complications with protocol development. When samples were ready to be analyzed, the *RNAlater* was aspirated and RLT added but it was very difficult to remove tissue from the scaffolds. *RNAlater* stabilizes tissue, in this case so well that the tissue remained attached to the scaffolds even after additional sonication and snap freezing. In addition, once the *RNAlater* is removed the RNA starts to degrade at room temperature; this combination of effects led us to discard the samples.

A second experiment was performed in which reactor wells were seeded with  $800 \times 10^3$  and scaffolds were removed at day 4. Three scaffolds were analyzed for total protein<sup>3</sup> and six were stored in TRIZOL and analyzed for total RNA. Results are shown in Figure 5 and are very promising, in that cell numbers obtained by either method are very similar. The day 4 cells population determined by total RNA was  $267 \pm 33 (\times 10^3)$ , while the day 4 cell population determined by total protein was  $299 \pm 17 (\times 10^3)$ .

Last, an experiment was performed with reasonable success to determine the cell loss profile over time, the results of which are shown in Figure 6. On Day 0,  $800 \times 10^3$  cells were seeded in each reactor well (PEEK scaffolds coated with collagen I). Two scaffolds were removed on each of days 1, 2, 3, 5, and 7<sup>4</sup>. These scaffolds were placed in 1 mL of TRIZOL but were not frozen immediately because of potential damage to the scaffolds. The TRIZOL was passed through the scaffold using a micropipetter until the tissue was removed from the scaffold. There appeared to be about 10% of the sample remaining on the scaffold, which

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<sup>3</sup>Data obtained by Michal Bokovza

<sup>4</sup>Only 10 out of 12 reactor wells were used because two wells had pumping problems after the start of the experiment.

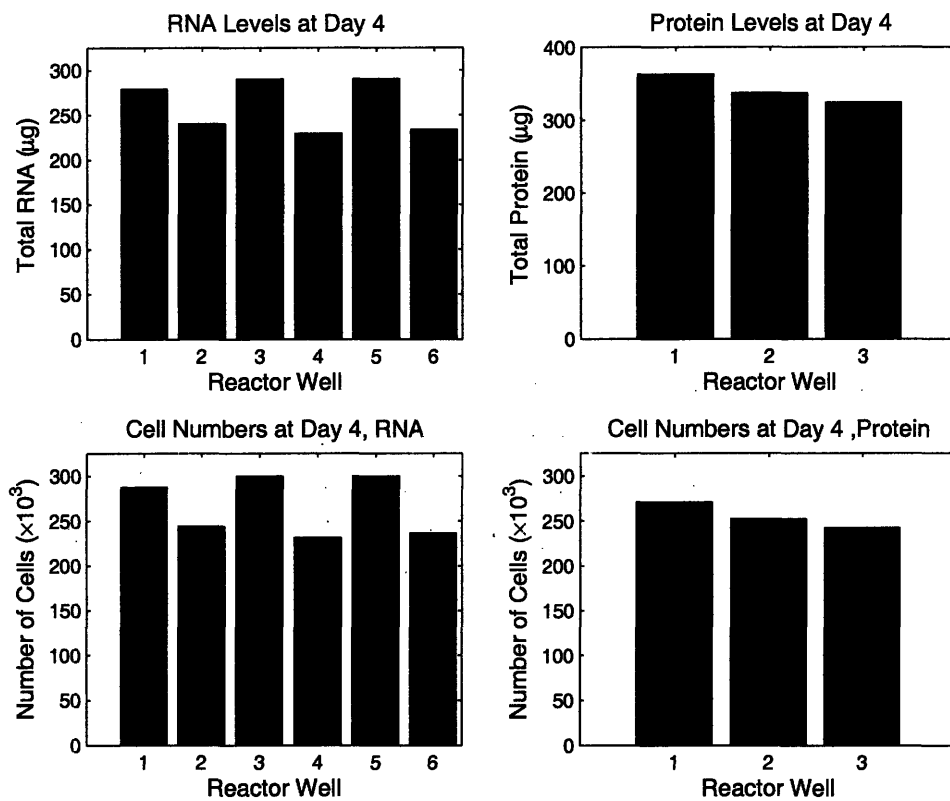


Figure 5: Number of Cells on Day 4 as measured by total protein and total RNA. Each measurement was taken from a different well in the same reactor. The day 4 cells population determined by total RNA was  $267 \pm 33 (\times 10^3)$ , while the day 4 cell population determined by total protein was  $299 \pm 17 (\times 10^3)$

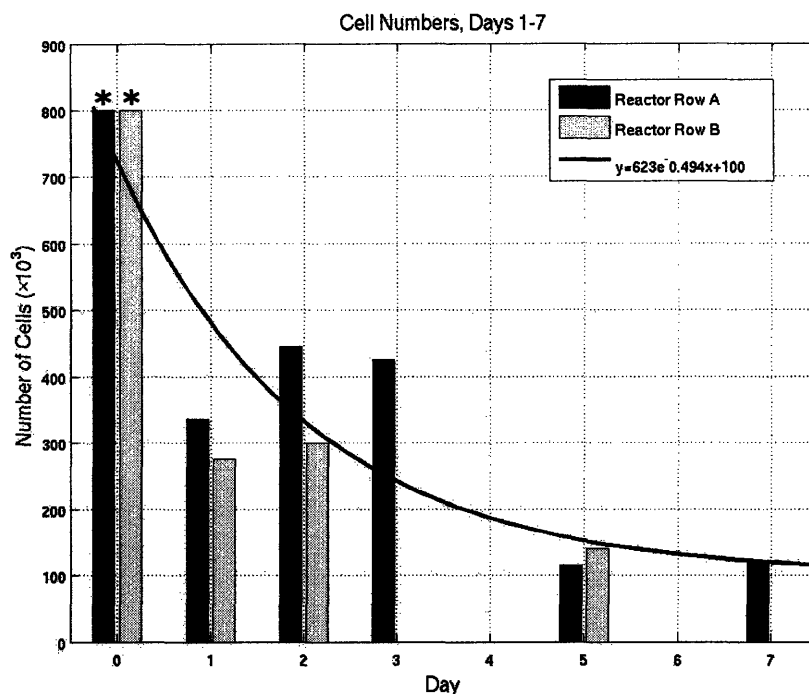


Figure 6: **Cell Loss Profile Over 7 Days.** Cell numbers were analyzed using TRIzol Reagent to isolate total RNA. A curve was fitted based on the initial seeding density of  $800 \times 10^3$  cells per reactor well. Day 0 data (\*\*) was not measured directly but was included as a useful comparison and default time point.

could not be removed. It is unclear if snap freezing would have reduced this.

When the calculated cell numbers were plotted as a function of time, along with the day 0 initial data point, it was possible to fit an exponential curve to the data. This curve qualitatively describes the trend we have seen in many reactors, in which a great number of cells are lost between day 0 and day 1, and are presumed to simply never attach to the scaffold; following this initial rapid loss, cell numbers reduce more slowly, until a steady state value is reached.

## 5 Discussion

RNAlater was not shown to be a viable solution to the problem of easily extracting RNA and protein data from a single sample, but could be further investigated. If *RNAlater* is used in the future, care should be taken that all samples incubate in *RNAlater* overnight at  $4^\circ\text{C}$ , so that the reagent has time to adequately penetrate the cells. Though this requirement was not described in the manufacturer notes and did not appear to make a difference in the standard curves developed here, it was a common trend in the literature and is worth pursuing as potential partial remedy to current state of *RNAlater* protocols.



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