

CLASS ACTIVITY

Cross-campus wheelchair relay

Objective: Understand the difficulties of using a mobility aid

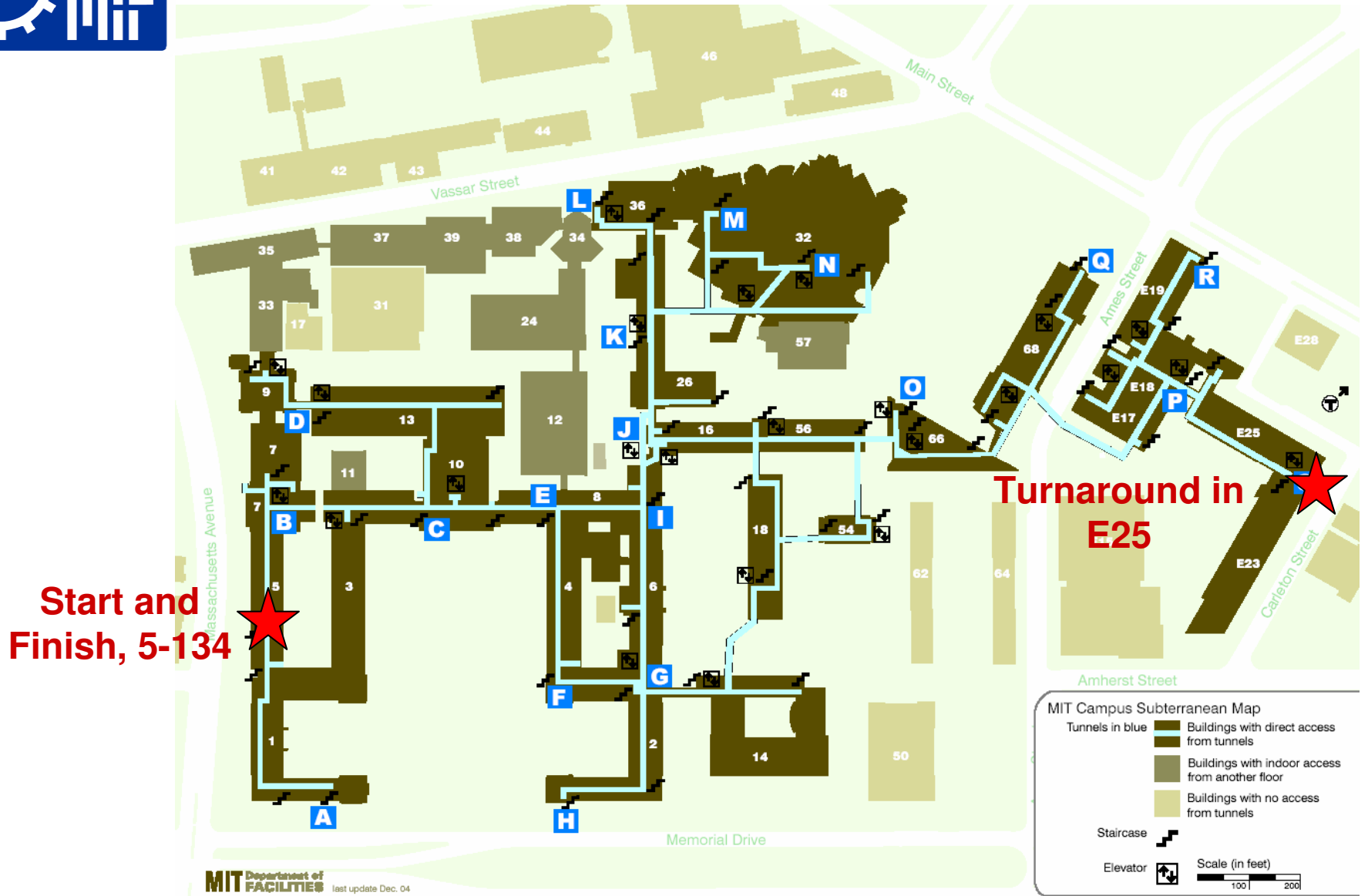
Rules:

- Each team will be assigned a mobility aid
- The team has to travel from 5-134 to the basement of E25. The turnaround point is the base of the stairwell by MIT Medical, where some soda machines are located (see map)
- Teams will be released in 30second intervals from 5-134
- Each team must have a designated “rider” at all times
 - Rider does not have use of his/her legs
 - Rider can be carried or pushed
 - As a rider, only ask for help when you need it. Try to visualize what you would/would not be comfortable with if you were disabled
- Each team has to visit a bathroom and have their rider sit on a toilet for 30seconds (actually using the toilet is not required)
- A team can switch riders as many times as they want
- Each member of the team has to be the rider for a minimum of 3 minutes during the race
- Elevators cannot be used
- Teams must switch mobility aids at E25
 - The first team to arrive has to wait for the second team
 - The second team gives their mobility aid to the first team, and waits for the third team
 - The third team gives their mobility aid to the second team and receives the first team’s original chair. They wait for the fourth team.
 - Process repeats through all teams until the last team receives the first team’s original chair
- The team that returns back to 5-134 first gets to eat the first!
- **Be respectful! This is not a joke. Be careful when you race so no one gets hurt.**

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CLASS ACTIVITY MIT tunnel map



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