## A Very Brief Intro to Statistics: t-tests

Ruth Rosenholtz
Instructor, 9.07, Spring 2006

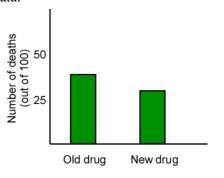
Courtesy of Ruth Rosenholtz. Used with permission.

## Does a new drug cure cancer better than the old drug?

- There's an empirical difference between the old drug and the new drug.
- But is it due to a systematic factor (e.g. the new drug works better) or due to chance?
- If we gave the new drug to 100 more people, would we expect to continue to see improvement over the old drug? Do we expect this effect to *generalize*?

# Does a new drug cure cancer better than the old drug?

• The data:



### Chance vs. systematic factors

- A *systematic* factor is an influence that contributes a predictable advantage to a subgroup of our observations.
  - E.G. a longevity gain to elderly people who remain active.
  - E.G. a health benefit to people who take a new drug.
- A *chance* factor is an influence that contributes haphazardly (randomly) to each observation, and is unpredictable.
  - E.G. measurement error

### Systematic + chance vs. chance alone: Is archer A better than archer B?

- Likely systematic + chance variation:
- Likely due to chance alone:





### No chance variation

Image removed due to copyright reasons.

On a scale from 1 to 10, rate your experience at MIT so far. Engineering majors:

7, 7, 7, 7, 7, 7, 7, 7, 7, 7, ...

BCS majors:

8, 8, 8, 8, 8, 8, 8, 8, 8, 8, ...

#### Observed effects can be due to:

- A. Chance effects alone (all chance variation).
  - Often occurs. Often boring because it suggests the effects we're seeing are just random.
  - Null hypothesis
- B. Systematic effects plus chance.
  - Often occurs. Interesting because there's at least some systematic factor
  - Alternative hypothesis
- C. Systematic effects alone (no chance variation).
  - We're interested in systematic effects, but this almost never happens!

An important part of statistics is determining whether we've got case A or B.

We have a natural tendency to overestimate the influence of systematic factors

- The lottery is entirely a game of chance (no skill), yet subjects often act as if they have some control over the outcome. (Langer, 1975).
- We tend to feel that a person who is grumpy the first time we meet them is fundamentally a grumpy person. (The "fundamental attribution error," Ross, 1977.)

### The purpose of statistics

 As researchers, we need a principled way of analyzing data, to protect us from inventing elaborate explanations for effects in data that could have occurred predominantly due to chance.

words, and record how many they can remember.Does the number they

• You have subjects

memorize lists of

can remember depend upon word length?

Example

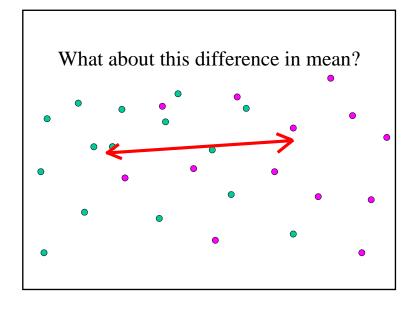
	long	short
	words	words
	4	4
	8	5
	9	6
	6	4
	6	5
	9	6
mean	7	5

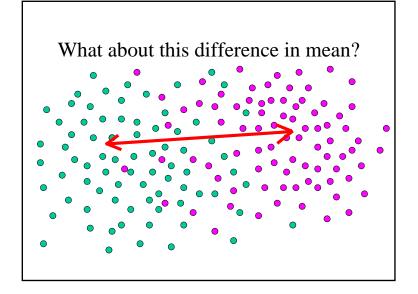
Today we'll test whether the difference in means is "significant," using a "t-test"

- "Significant" = a difference in means this big is unlikely to have occurred by chance
  - Thus there's likely to be a systematic, generalizable effect.
- Let's get some intuitions: what might determine whether or not we think a difference in means is "significant"?

Is the difference in mean of these 2 groups systematic, or just due to chance?







## Intuitions: Significant difference in means

- Occurs when the difference in means is large compared to the spread (e.g. variance s<sup>2</sup> or standard deviation s) of the data.
  - $t_{stat} \approx (m_1 m_2) / s$
- Depends upon the number of samples.
  - With more samples, we're willing to say a difference is significant even if the variance is a bit larger compared to the difference in means.
    - $t_{stat} = (m_1 m_2) / standard error (SE)$
    - Standard error = something like s/sqrt(n)

#### t-tests

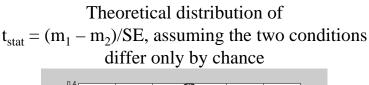
 In general, we'll compute from our data some t<sub>stat</sub>, of the form:

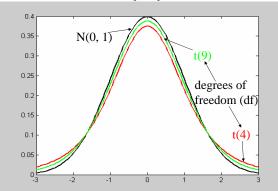
$$t_{\text{stat}} = (m_1 - m_2)/SE$$

- t<sub>stat</sub> is a measure of how reliable of a difference we're seeing between the two conditions.
- If this number is "big enough" we'll say that there is a *significant difference* between the two conditions.
- How do we decide if it is "big enough"?

#### t-tests

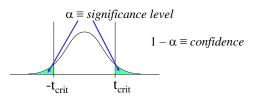
- Would like to set a threshold, t<sub>crit</sub>, such that
  t<sub>stat</sub>>t<sub>crit</sub> means the difference we see between the
  conditions is unlikely to have occurred by chance
  (and thus there's likely to be a real systematic
  difference between the two conditions).
- Well, how big is t<sub>stat</sub> likely to be if there's actually *no difference between the two conditions?* 
  - (Any difference we see in the data is due to chance.)





### Confidence and t<sub>crit</sub>

- You could see in your data a big value for t<sub>stat</sub>, even if there's no real difference between the conditions. But it's unlikely.
- How unlikely?  $P(|t_{stat}| > |t_{crit}|) = \alpha$ .



### OK, so here's the general plan:

- Compute t<sub>stat</sub> and df from your data (exact details to follow)
- Decide upon a level of *confidence*.
  99% and 95% are typical.
  => significance level, α = 0.01 or 0.05
- From this, and a t-table, find t<sub>crit</sub>
- Compare  $t_{stat}$  to this threshold.
  - If |t<sub>stat</sub>|>|t<sub>crit</sub>|, "the difference is significant", there's likely an actual difference between the two conditions.
  - If not, the difference is "not significant."

#### 3 kinds of t-tests

- Case 1: The two samples are *related*, i.e. not independent.
- Case 2: The samples are independent, and the variances of the populations are *equal*.
- Case 3: The samples are independent, and the variances of the populations are *not equal*.

All tests are of the same form. We just need to know, for each case, how to compute SE (and thus t<sub>stat</sub>), and what is df.

## Case 1: When do you have related or paired samples?

- When you have "matched samples".
  - E.G. You want to compare weight-loss diets A and B.
  - How well the two diets work may well depend upon factors such as:
    - · How overweight is the dieter to begin with?
    - · How much exercise do they get per week?
  - Match each participant in group A as nearly as possible to a participant in group B who is similarly overweight, and gets a similar amount of exercise per week.

## Case 1: When do you have related or paired samples?

- When you have a "repeated measures" experimental design, i.e. when you test each subject on both conditions.
  - E.G. You ask 100 subjects two geography questions: one about France, and the other about Great Britain.
     You then want to compare scores on the France question to scores on the Great Britain question.
  - These two samples (answer, France, & answer, GB) are not independent – someone getting the France question right may be good at geography, and thus more likely to get the GB question right.

### Related samples t-test

- Let  $x_i$  and  $y_i$  be a pair in the experimental design
  - The scores of a matched pair of participants, or
  - The scores of a particular participant, on the two conditions of the experiment (repeated measures)
- Let  $D_i = (x_i y_i)$
- Compute  $SE = stdev(D_i)/sqrt(n)$
- $t_{stat} = (m_1 m_2)/SE$ ,
- df = n-1 = # of pairs 1

#### Excel demo

## Case 2: Independent samples, equal variances

- Independent samples may occur, for instance, when the subjects in condition A are different from the subjects in condition B (e.g. most drug testing).
- Either the sample variances look very similar, or there are theoretical reasons to believe the variances are roughly the same in the two conditions.

Case 2: Independent samples, equal variances

- $t_{stat} = (m_1 m_2)/SE$
- SE =  $sqrt(s_{pool}^2 (1/n_1 + 1/n_2))$
- $s_{pool}^2 = [(n_1 1)s_1^2 + (n_2 1)s_2^2]/(n_1 + n_2 2)$
- This is like an average of estimates s<sub>1</sub><sup>2</sup> and s<sub>2</sub><sup>2</sup>, weighted by their degrees of freedom, (n<sub>1</sub> 1) and (n<sub>2</sub> 1), i.e. essentially by the number of samples used to compute s<sub>1</sub><sup>2</sup> and s<sub>2</sub><sup>2</sup>.
- $df = n_1 + n_2 2$

### Excel demo

## Case 3: Independent samples, variances not equal

- The samples variances may be very different, or one may have theoretical reasons to suspect that the variances are not the same in the two conditions.
  - E.G. the response of healthy people to a drug may be more uniform than the response of sick people.
  - E.G. one high school may have students with a bigger range in the education of the students' parents, and one might thus expect a bigger range of test scores.

### Excel demo

## Case 3: Independent samples, variances not equal

• 
$$t_{stat} = (m_1 - m_2)/SE$$

• SE = 
$$sqrt(s_1^2/n_1 + s_2^2/n_2)$$

- For equal variances: d.f. =  $n_1 + n_2 2$
- Unequal variances:

d.f. = 
$$\frac{\left(s_1^2 / n_1 + s_2^2 / n_2\right)^2}{\frac{\left(s_1^2 / n_1\right)^2}{n_1 - 1} + \frac{\left(s_2^2 / n_2\right)^2}{n_2 - 1}}$$

## Summary of two-sample tests for a significant difference in mean

When to do this test	Standard error	Degrees of freedom
Small sample, $\sigma_1^2 = \sigma_2^2$	$\sqrt{s_{pool}^2 \left(\frac{1}{n_1} + \frac{1}{n_2}\right)}$	$n_1 + n_2 - 2$
Small sample, $\sigma_1^2 \neq \sigma_2^2$	$\sqrt{\frac{s_1^2}{n_1} + \frac{s_2^2}{n_2}}$	$\frac{\left(s_1^2/n_1 + s_2^2/n_2\right)^2}{\frac{\left(s_1^2/n_1\right)^2}{n_1 - 1} + \frac{\left(s_2^2/n_2\right)^2}{n_2 - 1}}$
Related samples	$s_D/\sqrt{n}$	n – 1