Revealing the Process: A Bakery for Kenmore Square

by Jessica A. Zlotogura

Bachelor of Arts Emory University Atlanta, Georgia May 1996

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THESIS COMMITTEE

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figure 1 photo montage view into oven

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Revealing the Process: A Bakery for Kenmore Square

by Jessica Zlotogura

Submitted to the Department of Architecture on January 14, 2000, in partial fulfillment of the requirements for the degree of Master of Architecture.



This thesis seeks to explore the connection between humans and the machines they created. Machines in our daily lives have been miniaturized; one can no longer understand how they function, causing distress and anger. Exposure to a highly mechanized yet simple and understandable process will ease the stress caused by machines. The development of a large scale bakery is the mechanism through which to reconnect visitors with the technology they no longer understand.

Thesis Advisor: Andrew Scott Title: Associate Professor of Architecture

figure 2 photo montage placing bakery in Kenmore Square

ABSTRACT

Most of all, thanks to my family: a true source of inspiration and courage in my life.

Ryan Chin

for your comments, opinions, dim sum, large car and valuable friendship.

Ben Chung, Ho-Jeong Kim, Eunice Lin, Juintow Lin, and Louie Tak-Wing for being there at all hours of the night to talk, laugh, eat and share computer woes.

Kate Anderson for your invaluable note taking, model building and chatting skills.

My thesis buddies

without all of your help, I'd still be constructing the site model.

Thanks to those who generously gave their time to teach me about the baking process:

Dave Adler, Signature Breads Tony Campos, Harrison Baking Company Corinne, Clear Flour Bakery Sal Battaglia, Rockland Bakery Matt Carberry, Carberry Bakery Phil Domenicucci, Winkler USA Dave Machette, Sasib NA Rob Roy Quinzani, Quinzani's Bakery

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figure 3 aerial view of Kenmore Square 6



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figure 4 collars: image of repetition





figure 5 cars: image of repetition



"It is contemporary man's peculiar tendency to place economic and technological considerations ahead of more fundamental human values. As a result, technology itself has become alienated from us, and the world defined by technological evaluations has acted to alienate us from our fellow man. Our human relationships have progressively degenerated to the mere exchange of information, and our objects are increasingly determined only by their usefulness."

Robert McCarter, from "Escape from the Revolving Door: Architecture and the Machine"



INTRODUCTION

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figure 6 photo montage of existing bakery machines with early design scheme



figure 7

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This thesis began by looking at how we interact with technology on a daily basis. We take machines in our lives for granted, rarely stopping to think about the technology needed to make the machines we use. A simple example is the typewriter. Early typewriters were comprehensible; one could see the fan of metal bars beneath the cover. striking the ribbon as each key was hit. Today we sit in front of computers, essentially typewriters in a fancy box. The process by which keystrokes are delivered to the CPU and then to the monitor occurs at a frighteningly quick rate, but do we understand how that happens? Shouldn't we? The miniaturization of technology, in the form of

the computer, has increasingly placed a "skin" over "the machine", preventing one from understanding how things work, or even how they are assembled.

As technology proliferates into our lives, there will be a desire to see and learn about how items are manufactured. Already we are seeing more being revealed. The example of a car wash has been around for many years, but this trend has been adopted by many in the food industry. Krispy Kreme, a southern U.S.-based donut chain, has a large neon sign telling customers when the donuts are "HOT". Bertuccis' restaurant chain opens the kitchen to the diners. Sushi chefs prepare food on one side of a bar, patrons sit on the other. Microbreweries and accompanying tours are growing in popularity as well. These types of establishments begin to reveal their craft, but it is possible to take the process a few steps further.

The idea of a bakery is designed to tap into this thirst for knowledge. It is meant as a destination for school children. The bakery is a place to stop before and after a Red Sox game. It is a place to meet your friends before heading off to see the rest of Landsdowne Street. It is a place to learn, to be entertained.

PRECEDENT STUDIES



figure 8 Sewage Pumping Station Bjorn Hallsson

These two pages contain precedent studies which served to illustrate several points inherent in the thesis. The first example, the Financial Times building by Nicholas Grimshaw and Partners, is a typical example of a newspaper printing facility. It opens its workings to visitors by means of a large glass facade. Traditionally newspaper presses were found within urban centers where it would be easy for someone to see the inner workings of the presses. For various reasons the presses were moved away from the urban cores and placed along the urban edges. One sense of manufacturing had been removed from people's lives. To see a working press today, it is necessary to make a special trip to visit them.

Financial Times Building





figure 9 Financial TImes Building Nicholas Grimshaw and Partners



figure 10 Financial Times Building Nicholas Grimshaw and Partners

The next example is a sewage pumping station by Bjorn Hallsson. Located in Reykjavik, Iceland, it is "reminiscent of an ancient settlement watched over by the benign eye of the cubic belvedere that marks the centre of the composition" (Phillips 1993). Thousands of tons of trash are generated every day in this country; perhaps if the recycling stations were a little more prominent in the public eye, we would be more aware of recycling, reducing and reusing. This project begins to take on this theme, but its remote location prevents it from accomplishing that possible goal. Bakery visits also played a large role in the precedent studies for this thesis. Those will be discussed in Chapter 5: Baking.

Sewage Pumping Station

13





figure 11 Sewage Pumping Station Bjorn Hallsson

figure 12



figures 13 - 15 Fenway Park, with Kenmore Square and the famous Citgo sign beyond

"It is a New England landmark, no less so than the Bunker Hill Monument, the Old Man of the Mountain, or Walden Pond. And when Major League Baseball is no longer played in Fenway Park, there is a good chance that the left-field wall will be preserved, either as part of the next park or as a monument to the first century of American League baseball in Boston."

Dan Shaughnessy, Boston Globe Columnist

SITE INFORMATION

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figure 16 aerial photo Kenmore Square Kenmore Square is located within the city of Boston, just next to the border of Brookline, Massachusetts. The square marks the convergence of Commonwealth Avenue, Beacon Street, Brookline Avenue and Deerfield Street. The site is perhaps best known for two of its landmarks, the neon Citgo sign and Fenway Park, home to the Boston Red Sox. Kenmore Square presents an unique situation within the city of Boston. It is one of the few neighborhoods which sustains activity close to twenty-four hours a day. Boston University, with its staff, faculty and students, draws a large number of people into the area. There is a major T stop to mark the convergence of three of the MBTA Green line branches. Keeping activities running into the night, Landsdowne Street bars and nightclubs offer entertainment to adult visitors. Fenway Park and the Boston Red Sox have been another crowd attraction for the past 88 years. The Park draws crowds both during the days and nights, weekdays and weekends.



figure 17 view of Kenmore Square T Stop

figure 18 site plan not to scale



There are few spots within an urban setting in which one can place a large scale industrial building. The scale of Kenmore Square allows for more non-traditional building types than most neighborhoods of Boston. Already inherent in the neighborhood is the sense of a nightlife and entertainment, two ideas important within the bakery. The site provides several important design determinants for the project. The relatively narrow depth of the site has an impact on the potential arrangement of the machinery and therefore the visitor circulation. The proximity of Fenway Park is another advantage to the site. As a corner parcel, this site serves as a marker for the area. Elevating the viewer to a height above the park affords another learning experience within the bakery.

This page shows some images of Kenmore Square. Images of the site and surrounding streets are found on the next two pages.

Kenmore Square images



figure 19 view of intersection of Brookline and Commonwealth Avenues



figure 20 view of Buckminster Hotel, Kenmore Square

figure 21 building in Kenmore Square



Consideration of noise and pollution from the highway will also shape some design decisions. Revealing the process within this project goes beyond showing how the machines function. It involves exposing the mechanics of the building to the patrons to demonstrate how it functions to allow for light and ventilation. Although the machines are highly automated, several employees on the production floor will be necessary; adequate natural lighting without glare is essential to the production line.





figure 22 image of Fenway vendor

figure 23 view of highway and rail tracks directly behind the site



figure 24 souvenir shop, Fenway Park

Kenmore Square affords the opportunity to move an industrial process back into the urban fabric. It is a chance to take the industries located along the urban edges and move them back to a place where they will experience a rediscovery by its visitors. The relocated industries themselves will experience a rebirth of sorts as they move more prominently into the public eye.

site images







figure 26 figure 27

Fenway Park, although a favorite ballpark to many, is sadly growing old and is becoming rapidly outdated. Local community efforts and the Red Sox organization have both proposed development schemes for the new park. Local efforts, as seen on this page, favor a renovation plan for the existing facilities. The Red Sox organization prefers buying surrounding parcels of land and building an entirely new facility, as shown on the opposite page. For the purposes of this thesis, it was assumed that a new park would be built, but the Green Monster and portions of the seating would remain as a tourist attraction. The design of the bakery takes advantage of the current and proposed situation at Fenway Park.











"The ability of the human operator to handle fragile products at very high production rates is unmatched by most machines. The fact is that high-volume repetitive packaging tasks are tiring for operators and can cause serious repetitive motion problems."

-Richard B. Tallian and Michael A. Weinstein, "Flexible Automation Solutions for Today's Bakeries"



THE BAKING PROCESS

When looked at from a broad perspective, baking is not an inherently difficult task. Mix up some dough, let it rise, bake it, eat it. But when one looks beneath the surface, there are numerous issues which one must consider. The decisions to use machines is not a decision to be made lightly. Those in the business of artisan breads believe that the only way to craft high quality bread is to produce it entirely by hand. While this may be true to some extent, there are certain types of bread and rolls which need to be produced through automation because the costs of human labor would be too great. This project uses machines which produce 400 rolls per minute. This is considered to be a low-end output. McDonald's bakeries, an example of a high-end output, would use a 1,200 rolls per minute machine (Domenicucci 1999).





figures 35 - 37 different types of production





Four different automated bakeries and two hand-crafted bakeries were visited over the course of the semester. The first bakery, Quinzani's in Boston, Massachusetts, produces breads and rolls but no pastries. They operate 6 days a week, 24 hours a day. The down-time on Sunday is to allow for repairs. The bakery has several lines, each added as the bakery expanded. The newest one is outfitted with Winkler machines and will be discussed later. The high speed roll line is located on a second floor. There is no retail business associated with Quinzani; only wholesalers, distributors and restaurants may purchase goods.

> Quinzani's Bakery 25



figure 38 dusting dough to prevent sticking Quinzani's Bakery The second bakery, Signature Breads in Medford, Massachusetts, is a par-bake facility. This means the bread is baked slightly more than half-way. The product is then frozen in a spiral freezer and sent to supermarkets or restaurants like Legal Seafoods. There the kitchens complete the baking process enabling these businesses to deliver fresh bread to their customers. This process enables restaurants and supermarkets to provide fresh bread without having to outfit their facilities to accommodate the entire baking process. Of all the bakeries visited, this one was the most recently built. As such, it had the most linear process. They employ a large amount of employees because their customers prefer a more "handmade" look to the product.

Signature Breads



baguettes rising: figure 39



rolls in the proofer: figure 40



figure 41 Signature Breads, Medford, MA linear arrangement of production The third bakery, Harrison Bakery in New Jersey, is a classic example of how a bakery continues to function even though many pieces had been added over the past 100 years. This bakery was the least automated of all four visited. This bakery produces rye, sourdough, challah, white bread, pullman loaves, and submarine rolls to name a few types. The numerous types of bread and rolls require more silos for different types of flour. When the baking process is discussed later in this chapter, the approximate weights of ingredients and baking times are based upon the information obtained from Tony Campos, Plant Manager, during the visit and interview.

Harrison Baking Company



Harrison Baking Company, New Jersey non-linear arrangement of production



panned loaves ready for the oven: figure 43



dough divider: figure 44

The Rockland Bakery was the last bakery visited. This bakery is unique among the four; it is the only bakery to have retail sales on the premises and allows the customers to walk near the machines as they select their bread and rolls from the carts and racks. Retail sales account for about 15-20% of the total revenue. They produce 15 types of rolls

Rockland Bakery

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figure 45

and 10 types of breads on a weekly basis in addition to a full line of pastries on the premises. They ship to New York City, New Jersey, and as far away as Philadelphia. The bakery operates 24 hours a day, seven days a week, and has retail hours every day. They hire about 150 employees to run the bakery

alone. Additional help is needed in the pastry preparation, retail areas and in administration.

Most of the cooling conveyors are overhead, allowing customers to walk around in a limited area where the ovens are operating. Mr. Battaglia, one of the owners, mentioned that the equipment is chosen as



Rockland Bakery, New York non-linear production

figure 46 Rockland Bakery, New York cooling carousel



much for its baking capacities as its ability to be used as an obstacle to keep customers out of other areas of the bakery. The bakery has undergone extensive renovations in the past few years. The first phase is complete and a second one is in the planning stages. The retail and pastry preparation spaces will be expanded; customers will no longer be able to walk near the machines once the work is completed.

This bakery served as the model for the thesis bakery with one fundamental difference. The Rockland Bakery allows customers into the bakery primarily because the retail space was once too small to hold both products and customers causing unavoidable overflow into the bakery. The tradition has continued despite modernization of the facilities. The thesis project seeks to incorporate the visitors' experience from the beginning, to think about how the machines and people interact together.



figure 47 Rockland Bakery bread carts

figure 48 Rockland Bakery bakers working at oven

Typically, a factory of this size would require at least four truck loads per week of flour. The flour is stored in several 120,000 lb capacity silos. Roughly 200 lbs. of flour are needed to make each batch of dough. Water, salt, yeast and a baking agent are added to the mix as well. This yields a dough which weighs about 1,000 lbs. If it is a sponge dough it will need to rise for 3-4 hours, but

30 Baking Process

baking times and temperatures

Bread Type

Mixed rye

bread, baked

without a pan

Mixed wheat

bread, baked

without a pan

Mixed rve

Mixed rye

Rye bread,

without a pan

Coarse rye

in closed

boxes.

bread, baked

in a pan

baked

bread, baked

bread, baked without a pan Temperature Baking Time

35- 40 Min.

30- 35 Min.

65- 75 Min

75-120 Min.

60- 65 Min.

240-300 Min.

260-210 °C

240-200 °C

270-220 °C

260-220 °C

270-220 °C

220-160 °C

figure 51

0.500 kg

0,500 kg

1,500 kg

1,500 kg

1,000 kg

1,000 kg

straight dough (used for rolls) can be used immediately.

The dough is divided into portions using a scaler. It rises again in an intermediate proofer for about 2 minutes. This allows the dough to be worked into a shape. If it wasn't subjected to this intermediate step, the dough would spring back into the original ball

shape. From the intermediate proofer, the dough moves into the stringline, where the rollers stretch the dough into its final shape through a variety of small steps. At this point, the dough may or may not be placed into pans, depending upon the type of product being made. Most of the bakeries used pans in this step. The dough is in a constant state of flux; it is important to keep the dough



figure 52 (left) ingredients and preparation chart

facing page:

figure 53 mixer

figure 54 shaper

figure 55 product moving from proof to oven

figure 56 finished product on cooling conveyor moving. This part of the process takes about 12 minutes to complete. The machines used in this portion of the design project were sized according to product literature from Winkler, Inc. This can be seen in greater detail in the next chapter.

The pans are conveyed into a proof box, or steam box, where the dough rises for about

50-60 minutes depending upon current temperatures and humidity within the bakery. If the line is completely automated, the pans are moved through the proofer on a series of conveyor belts. If the bakery uses racks, then the pans are manually placed on large carts, called racks, and those are pushed into the proofer. Each new batch comes in on new carts which are pushed into the

steam box, moving the older carts forward. The risen dough is retrieved from the other side of the proofer when it is ready.

From here, the dough moves to the oven, where it bakes for eight to nine minutes (breads require more time). The product comes out of the oven and is cooled for roughly 25 minutes, then packaged and shipped.



55



figure 57 traditional bakery plan



"The transit of a nail through a plank, the compression of a column of steel, the tense stretch of aluminum skin, the modulation of a breeze, the framing of a view, the pleasurization of a place form the metrics of the built machine. This poetics is not applied but indigenous, not borrowed but discovered, not timeless but temporal, not arbitrary but directed. Architecture's return to the machine - in the full dedication and richness of its possibilities - holds the hope for architecture's future as both servitor and art."

Michael Sorkin, Pamphlet Architecture



THE DESIGN PROCESS

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figure 59 aerial view of model



This project was developed through a series of diagrams and small study models. After several studies, it was determined that the best arrangement was to place the bakery's functions along the highway and to place the more public functions along Landsdowne Street, as shown in the program diagram.

figure 60 program diagram

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Ground Plan



Circulation is treated as the piece which holds the two parts together. From the walkways, one can see both the cafe / restaurant spaces and the bakery floor.



- 5. ingredient storage 1. outdoor space
- 6. proofer 2. flour storage silos
- 3. mixers
- 7. bulk packager
- 4. scaling area 8. retail space

Upon entering the building, one finds that the lobby of the building and the bakery are one and the same. One is immediately immersed in the baking environment.





What arises from these diagrams is the concept of nesting spaces in one another.



Machines were aligned in a linear fashion to maximize production and to accommodate visitors.

structure diagram A structural diagram emerged as part of

a later study of the project.

35

figure 65



6. proofer

11. stringline

9. entrance 12. tunnel oven

10. viewing area

13. cooling conveyor

rea 13. co



36



Cafe Plan



- 12. tunnel oven
- 14. viewing platform
- 15. cafe
- 16. restaurant / cafe kitchen



17. viewing platform

18. restaurant

19. outdoor terrace





The idea of nesting is carried into the section as well, where one large membrane encloses smaller, discrete spaces. The nesting concept can be seen in the adjacent diagram. The layering of spaces, one after the other, provides an opportunity for the visitor to unfold them as they progress through the learning stages associated with the bakery.





Lighting and ventilation became important design considerations. Prevention of glare while allowing light to filter onto the production floor provided a challenge. These two systems began to work together in the eventual design solution.

> figure 74 north elevation

figure 75 north facade detail

Physical Models



The folding plates of the roof provide structural stability while devising a method to allow constant north light to filter into the spaces. The north light permeates the space through the folding planes of the facade as well. These planes are punctuated by ventilation louvers.

figure 76 south facade detail figure 77

south elevation





figure 78 figure 79 aerial view south elevation, exposing structure



The mechanical louvers may be opened at different times of the year to facilitate natural ventilation. The louvers are fully automated and act in response to the climatic changes within the building. The visitors then realize and see the building react to the processes housed within. The overhead louvers are concentrated near the heat producing region of the building, the 100 foot long tunnel oven.

figure 80 detail of mixers along north facade figure 81 north elevation, exposing structure





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figure 82 figure 83 detail of mixers below sectional view



Shown below are detail images of the interior of the model. It proved to be difficult both to physically model and photograph the interior spaces. A series of computer generated illustrations found on the following pages attempt to convey the feeling of the interior to the viewers.

figure 84 north elevation and outdoor space

figure 85 detail of proofer below





figure 86 aerial view from north west



figure 87 aerial view from south east





figure 88 (left) view along Brookline Avenue

figure 89 (below) view of south facade







figure 91 (below) exploded axonometric perspective





figure 92 (left) view down entire bakery space

figure 93 (below) view from entrance





figure 94 (right) view along north facade

figure 95 (below) view from cafe viewing platform



figure 96 the crowd stares in wonder



The Process Revealed

In conclusion, it is possible to bring industry back into the urban centers. In today's world one is no longer completely sure how things function. There is an increased awareness and desire to learn more about our surroundings and our possessions. The bakery in Kenmore Square reveals a process to its visitors and reveals something about ourselves in the process.

We are by nature inquisitive; hiding industries inside faceless boxes on the perimeter of our cities may no longer be the answer to today's challenges. The bakery gives us a chance to learn about a process in a passive way. Our culture is wrapped up in passive entertainment to a certain degree. It seems that as more people tune into the Internet, they turn themselves over to the possibility of passive entertainment. This is an opportunity to learn, to socialize, to enjoy what the bakery has to offer.

The bakery reveals itself through a series of layers, similar to the complexity of our society today. The bakery is therefore interpreted on many different levels. On one level, it is a place for learning. School children may visit the bakery to learn in the same way they will visit a museum or an aquarium.

CONCLUSION

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On another level, the cafe is a place to meet people for a cup of coffee and a roll. A chance to talk, to catch up with one another, to see how your friend is coping with daily stresses.

Yet on a deeper level, the bakery is saying something about our society today. There is an endless need for more information and for that knowledge to be presented in an overly simplified manner. The bakery presents its inner workings as that clarified knowledge, as a way of communicating what it does and how simple the process really is. It in fact reveals the process.

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	the Boston Red Sox.	Germany 1919-1939.
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<u>Globe</u> .		figure 11: The Best in Industrial Architecture.
		figure 12 The Best in Industrial Architecture.

Illustration Credits

figure 13:	Red Sox web site, seating diagram.
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figure 15:	Red Sox web site, seating diagram.
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figure 31:	Red Sox. http://www.redsox.com/ballpark
figure 32:	Red Sox. http://www.redsox.com/ballpark
figure 33:	Winkler USA product literature
figure 34:	Winkler USA product literature
figure 35:	Baking, the art and science: a practical handbook for the baking industry.
figure 36:	Baking, the art and science: a practical handbook for the baking industry.
figure 37:	Baking, the art and science: a practical handbook for the baking industry.
figure 51:	Baking, the art and science: a practical handbook for the baking industry.
figure 52:	Baking, the art and science: a practical handbook for the baking industry.
figure 57:	SASIB NA product literature
figure 96:	Avante Garde Photography in Germany 1919-1939.
figure 97:	Winkler USA product literature

Software Used	CD ROM Information
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Autodesk Mechanical Desktop 3	A web site was produced in conjuction with
Adobe Photoshop 5.0	the thesis project. It was used to show
Adobe PageMaker 6.5	progress in the design process and to
Microsoft Word 2000	demonstrate spatial ideas through the use of
Kinetix 3D Studio Max 3.0	several animations. The information on the
Adaptec Easy CD Creator	CD ROM is best viewed on a PC using
	Netscape or Internet Explorer.