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Diagnostic power of diffuse reflectance spectroscopy for targeted detection of breast lesions with microcalcifications

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Microcalcifications geographically target the location of abnormalities within the breast and are of critical importance in breast cancer diagnosis. However, despite stereotactic guidance, core needle biopsy fails to retrieve microcalcifications in up to 15% of patients. Here, we introduce an approach based on diffuse reflectance spectroscopy for detection of microcalcifications that focuses on variations in optical absorption stemming from the calcified clusters and the associated cross-linking molecules. In this study, diffuse reflectance spectra are acquired ex vivo from 203 sites in fresh biopsy tissue cores from 23 patients undergoing stereotactic breast needle biopsies. By correlating the spectra with the corresponding radiographic and histologic assessment, we have developed a support vector machine-derived decision algorithm, which shows high diagnostic power (positive predictive value and negative predictive value of 97% and 88%, respectively) for diagnosis of lesions with microcalcifications. We further show that these results are robust and not due to any spurious correlations. We attribute our findings to the presence of proteins (such as elastin), and desmosine and isodesmosine cross-linkers in the microcalcifications. It is important to note that the performance of the diffuse reflectance decision algorithm is comparable to one derived from the corresponding Raman spectra, and the considerably higher intensity of the reflectance signal enables the detection of the targeted lesions in a fraction of the spectral acquisition time. Our findings create a unique landscape for spectroscopic validation of breast core needle biopsy for detection of microcalcifications that can substantially improve the likelihood of an adequate, diagnostic biopsy in the first attempt.

histopathology | mammography | real-time guidance

According to the latest American Cancer Society statistics, an estimated 226,870 and 63,300 new cases of invasive and in situ breast cancer, respectively, are expected to occur among women in the United States in 2012 (1). The general consensus in the clinical community is that the morbidity and mortality of breast cancer could be considerably reduced by early-stage detection via appropriate screening examinations and procedures. Early detection would also ease the corresponding financial burden associated with late-stage breast cancer treatment, which was assessed to be around \$2 billion in 2007 (2).

X-ray mammography represents the current gold standard for screening methodologies and is extensively used to detect breast cancer at an early stage (prominently in women who are asymptomatic), where treatment is more effective and a cure is more probable (3, 4). One of the primary features of diagnostic significance in mammograms is the presence of microcalcifications, which are tiny mineral deposits within the breast tissue and appear as small white spots on the X-ray film. Although there exists a close relationship between the nature of microcalcifications and disease type (5), mammograms do not provide sufficient information to reliably predict the tissue pathology (including normal tissue and benign and malignant lesions). Thus, as a follow-up procedure,

stereotactic breast biopsy is undertaken to remove tissue cores associated with the microcalcifications for examination by a pathologist under a microscope. Nevertheless, it is reported that microcalcifications are not successfully retrieved in almost 15% of stereotactic core needle biopsy procedures (6). In such cases, the absence of microcalcifications in the biopsied specimens leads to nondiagnostic or false negative biopsies, which places the patient at risk and potentially necessitates a repeat biopsy, often as a surgical procedure. There is, therefore, an unmet clinical need to develop a tool to detect microcalcifications in breast tissue that can provide real-time feedback to radiologists during stereotactic core needle biopsy procedures enabling more efficient retrieval of microcalcifications.

Optical spectroscopy provides a promising tool to address this unmet need and has been previously used by several research laboratories for tissue diagnosis (7–9). Structural changes are present in breast tissue that are used by pathologists to render traditional histopathology diagnoses, and spectroscopic analysis reveals changes in tissue composition that correlate with these changes in histopathology. Optical and spectroscopic modalities are more rigorous and objective than traditional pathologist interpretation as they provide a quantitative rather than qualitative assessment. In specific, diffuse reflectance, fluorescence, mid-infrared, and Raman spectroscopy have been extensively studied for discrimination of breast lesions (10–22) because of their ability to provide real-time diagnosis without necessitating the addition of exogenous contrast agents, which cannot be achieved with conventional histopathological examination. Furthermore, these modalities provide valuable biochemical information, which is lacking in mammographic diagnosis.

However, relatively less attention has been focused on the problem of microcalcification detection in such lesions. Given the application under consideration, in which there is an a priori expectation of abnormal tissue, accurate distinction of lesions with microcalcifications from those without microcalcifications is critical. Our group had originally distinguished between type I and II breast microcalcifications and discriminated type II microcalcifications associated with benign and malignant breast lesions in Raman microscopy studies of formalin-fixed, paraffin-

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embedded breast biopsies (23). We have recently extended this work to demonstrate the ability of Raman spectroscopy to identify microcalcifications in core needle breast biopsy specimens (24). Despite these promising results, a major drawback of Raman spectroscopy is its intrinsically weak signals (i.e., low sensitivity), which considerably amplifies the complexity of instrumentation (including optical fiber probes) and necessitates long acquisition times. This may substantially increase the overall biopsy procedure time, which is undesirable in terms of medical cost and patient convenience.

As alluded to previously, diffuse reflectance spectroscopy has been shown to provide comparable discrimination performance to Raman spectroscopy for breast cancer diagnosis (18). The diffuse reflectance measurements in the UV-visible region are typically used to quantify hemoglobin saturation, total hemoglobin concentration, beta-carotene concentration, and the mean reduced scattering coefficient, a combination of parameters that is subsequently used for tissue diagnosis. However, we suspected that the utility of reflectance information can also be extended to identify microcalcifications in the breast due to their unique structural and chemical features in relation to the neighboring tissue. Our hypothesis of reflectance-based microcalcification detection is supported by prior observations of changes in refractive index in breast tissue with microcalcifications (25) and laser-induced autofluorescence of similar calcified structures in atherosclerotic plaques (26). Because absorption and corresponding fluorescence emission spectra reflect transitions between identical vibronic states, we conjecture that, despite the relatively weak relationship with the underlying biochemistry, one can measure and use the latent information in diffuse reflectance spectra for accurate identification of microcalcification status.

In this article, we investigate the feasibility of using diffuse reflectance spectroscopy for identification of microcalcifications in freshly excised breast tissue. Our reflectance measurements reveal that the presence of microcalcifications in lesions manifests itself in subtle but consistent changes in spectral features, and the resultant decision algorithm shows excellent efficacy in classifying normal tissue as well as lesions with and without microcalcifications. A model of proteins (including elastin) and associated cross-linkers in the calcified clusters is proposed to explain the differential absorption signatures of the lesions with microcalcifications. It is surprising that the classification performance of the reflectance decision algorithm is comparable to that of the corresponding Raman algorithm. We envision that the substantive advantages of diffuse reflectance spectroscopy in terms of acquisition time and simpler instrumentation will enable its ready translation to clinical practice, optimizing the diagnostic value of the initial biopsy and thereby reducing the number of repeat biopsies currently required.

Results

Diffuse Reflectance Spectroscopy. Fig. 1 shows representative diffuse reflectance spectra acquired from normal human breast tissue (Fig. 1A), as well as those from tissue sites histopathologically designated

as lesions without microcalcifications (Fig. 1B) and lesions with microcalcifications (Fig. 1C). Evidently, there are differences in the spectral signatures between the tissue sites of different classes, in particular between those acquired from normal sites and from sites with lesions. This is consistent with our laboratory's previous observations (18), where the normal tissue spectra were markedly different from those obtained from sites diagnosed as fibroadenoma, fibrocystic change, or cancer. The differences in the normal and lesion classes (such as the more pronounced absorption signal in the 450–490-nm region resulting in lower reflectance measurements in the normal tissue) can be primarily attributed to the presence of substantially higher β -carotene content in normal breast tissue. However, the differences between the lesion sites with microcalcifications and those without microcalcifications (i.e., between class) are more subtle. Further, small within-class variations in the spectral dataset impede the possibility of elucidating such differences by single-feature analysis.

Nevertheless, such changes can be detected using multivariate chemometric algorithms, as long as the between-class variations are consistent and exceed within-class spectral differences. Here, we have used principal component analysis (PCA) to reduce the dimensionality of the spectral dataset into key spectral components. Fig. 2 shows the first three principal components (PCs) of the diffuse reflectance spectral dataset in order of net variance explained by each. It is clear that PC1 and PC2 both highlight the oxy-hemoglobin absorption features, namely the Soret band at 414 nm and the Q bands at *ca.* 547 and 580 nm, with a shallow absorption trough at 563 nm. Also, PC3 shows a wider trough in the 430–490-nm region, which is well known to contain the β -carotene absorption features (typically at 450 and 480 nm, ref. 27) and, as such, is the primary determinant between normal tissue sites and those consisting of lesions. The successive PCs, as is expected, have more noise contributions. In this analysis, the selection of PCs in the support vector machine (SVM)-derived decision algorithm was governed by the net variance threshold (99.9%), as well as by the minimization of error in cross-validation. For our dataset, 10 PCs were found to be optimal for use in SVM decision algorithm building.

Previously, several investigators have analyzed the diffuse reflectance information in a different manner by incorporating mathematical models based on the diffusion approximation of light propagation in tissue to determine the reduced scattering coefficient $\mu_s'(\lambda)$ [and the A and B parameters, where $\mu_s'(\lambda) = A\lambda^{-B}$] and the concentration of the prevalent absorbers in the UV (UV)-visible region (hemoglobin and β -carotene) (7, 18, 28, 29). However, because we do not expect the contributions of these constituents to vary significantly among lesions with and without microcalcifications, we have chosen to use PCA to highlight the smaller variations that would be neglected by the light transport model and its variants.

To obtain a measure of its classification ability, we used the PC-based SVM decision algorithm in a leave-one-out cross-validation (LOOCV) analysis. Table 1 provides the confusion matrix for the SVM-derived model, where each column of the matrix represents

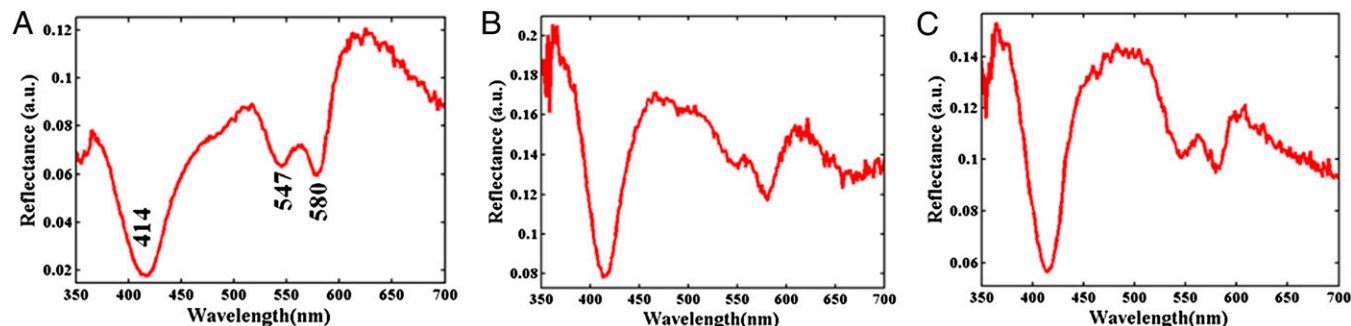


Fig. 1. Representative diffuse reflectance spectra acquired from breast tissue: (A) normal tissue site, (B) lesion without microcalcifications, and (C) lesion with microcalcifications.

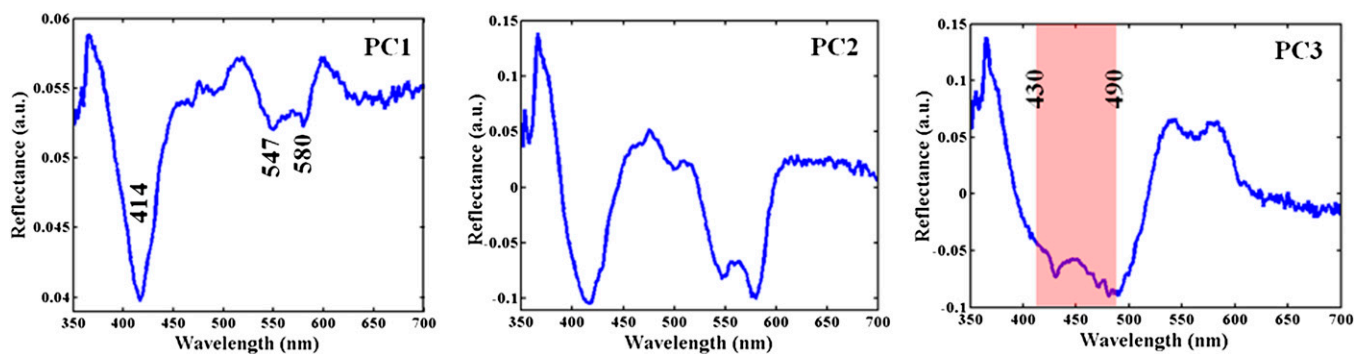


Fig. 2. Illustration of principal components for diffuse reflectance measurements. The first three principal components in order of net variance corresponding to the diffuse reflectance spectra acquired from the freshly excised breast tissue cores. PC1 and PC2 both demonstrate oxy-hemoglobin absorption features, namely the Soret band at 414 nm, and the Q bands at ca. 547 and 580 nm, with a shallow absorption trough at 563 nm. PC3 shows a wider trough in the 430–490-nm region, which contains β -carotene absorption features (typically at 450 and 480 nm).

the instances in a diffuse reflectance predicted class, and each row represents the instances in the reference (combined histopathologic and radiographic) class. In specific, for diagnosis of lesions with microcalcifications (which is the target class for our study), the decision algorithm provides a positive predictive value (PPV) of 97%, negative predictive value (NPV) of 88%, sensitivity (SE) of 67%, and specificity (SP) of 99%. The overall diagnostic accuracy (OA) for all classes was computed to be 77%. These results indicate that diffuse reflectance spectra provide high diagnostic power for detection of lesions with microcalcifications and can be suitably used as an adjunct to stereotactic core needle biopsy, particularly due to its excellent PPV.

In the clinical situation under consideration (i.e., the detection of microcalcifications in core needle biopsy procedures), PPV signifies the most important performance metric, because false positives could potentially have serious adverse consequences for the patient (30). This is representative of cases where the disease to be diagnosed is serious, should not be overlooked, and is treatable. Hence, it is imperative to confirm that biopsy tissue with a positive spectroscopic diagnosis of microcalcifications actually harbors microcalcifications as, in the case of a false positive, the radiologist may only retrieve a single core and miss the targeted lesion. As a further consequence, the patient may have to undergo a follow-up stereotactic or even a surgical biopsy. On the flip side, even if the spectroscopic algorithm indicates that the tissue to be biopsied does not harbor microcalcifications when it does (i.e., presents a false negative), the radiologist will remove (unnecessary) additional tissue cores. Although this is undesirable, it does not pose a major health risk to the patient.

In addition, to verify the robustness of our findings to potential spurious correlations in the spectral dataset, we implemented a negative control study (31). In particular, the three class labels (normal, lesion without microcalcifications, and lesion with microcalcifications) were assigned in a randomized order, irrespective of their true labels. Using the previously obtained PC scores along with the control labels, we derived an SVM decision algorithm, which gave PPV, NPV, and OA of 40%, 65%, and 44%, respectively. Even after multiple iterations, the PPV and OA of the

control models never exceeded 50%, highlighting the robustness of the proposed approach to confounding variables and chance correlations. This is notable because the reported experiments were performed over several weeks; one would expect that the algorithm (s) would not be subjected to systematic temporal correlations (including system drift) that may otherwise be expected in a single day or single sitting clinical study.

Fig. 3 exhibits the receiver operating characteristic (ROC) curve for diffuse reflectance diagnosis of lesions with microcalcifications. The ROC curve (in red) plots sensitivity versus (1-specificity) for the SVM decision algorithm as the discrimination threshold is varied. For comparison, the ROC curve of two indistinguishable classes (represented by the solid black line) is also shown in the figure. The area under the curve (AUC) is 0.88 in comparison with an AUC for a perfect algorithm of 1.00. It is pertinent to note that although a spectral algorithm to distinguish type I and II microcalcifications was not developed in the current study (because very few type I microcalcifications were present in the dataset), the proposed approach could potentially be extended to differentiate the types of microcalcifications.

Raman Spectroscopy. For the sake of comparison and completeness, the acquired Raman spectra from the tissue sites were subjected to the same analysis (PCA followed by SVM classification). The Raman spectra collected in this study were very similar to those acquired using an identical protocol for the Raman pilot study published in ref. 32. As was expected, the Raman spectra display features indicative of the presence of fat, collagen, calcium hydroxyapatite, and calcium oxalate. The latter two suggest the incidence of microcalcifications, with type I deposits consisting of calcium oxalate hydrate and the type II deposits composed primarily of calcium hydroxyapatite (23). Fig. 4 shows the first three Raman principal components in order of net variance explained by each. Each of the PCs shows a number of Raman features along with increasing noise contributions in successive components. In particular, a number of the features of PC1 are consistent with those of fat and collagen, e.g., 1655 cm^{-1} amide-I band and 1447 cm^{-1} CH_2 deformation band. Here,

Table 1. Confusion matrix for LOOCV of SVM-derived diffuse reflectance-based decision algorithm

Reference diagnosis	SVM diffuse reflectance diagnosis		
	Normal	Lesion without microcalcifications	Lesion with microcalcifications
Normal	77	13	0
Lesion without microcalcifications	14	41	1
Lesion with microcalcifications	17	2	38

Each column of the matrix represents the instances in a spectroscopy predicted class, and each row represents the instances in the reference class.

Table 2. Confusion matrix for LOOCV of SVM-derived Raman spectroscopy-based decision algorithm

Reference diagnosis	SVM Raman diagnosis		
	Normal	Lesion without microcalcifications	Lesion with microcalcifications
Normal	73	16	1
Lesion without microcalcifications	15	41	0
Lesion with microcalcifications	7	0	50

well known that the mineral component of calcified deposits does not fluoresce in the wavelength region under consideration (26).] This interpretation is further bolstered by the supporting evidence of Movat-stained sections of calcified plaque, in which regions of the calcified deposit had the staining characteristics of elastin.

Moreover, because the electronic transition (in absorption and fluorescence emission) does not greatly alter the nuclear geometry in the molecule, the fluorescence emission spectrum exhibits a one-to-one correspondence with the absorption spectrum of the ground-to-first-excited-state transition. This constitutes the mirror image rule and implies that the vibration structures seen in absorption and emission spectra are similar (39). Although there are some exceptions to the strict interpretation of this rule, there is always a direct correlation between the absorption process and the subsequent emission for any fluorophore. Based on this understanding, as well as the aforementioned fluorescence microscopy studies of calcified deposits, one can reasonably infer that the proteins (such as elastin) linked with the microcalcifications have a contribution to the absorption component of the diffuse reflectance spectra. Also, based on the fluorescence observations, we may estimate that the absorption contribution of such features in our reflectance spectra is present in the UV and lower wavelength ranges of the visible region. The proposed model is also consistent with prior reports of elastin, and associated cross-linkers

such as desmosine and isodesmosine, displaying a broad range of absorption spectra from below 300 nm to above 400 nm (40).

Conclusions

In the present study, we have proposed and demonstrated the potential of diffuse reflectance spectroscopy for detection of microcalcifications in freshly excised tissue from patients undergoing breast core needle biopsies. It is observed that the reflectance information shows high efficacy in tissue pathology classification and, importantly, provides a positive predictive value of 97% for the diagnosis of lesions with microcalcifications, which form the target class of any core needle biopsy procedure. We also note that the decision algorithm is robust to the incidence of spurious correlations and that the underlying characterization capability of the algorithm can be attributed to the presence of elastin and desmosine and isodesmosine cross-links in the microcalcifications. The performance metrics of the reflectance modality are surprisingly similar to that of Raman spectroscopy, albeit with a significantly shorter acquisition time. Given our findings and the inherent attributes of diffuse reflectance spectroscopy, this approach would appear to be particularly appropriate as a real-time clinical adjunct to stereotactic core needle biopsy. The proposed approach lends itself to facile assembly of a side-viewing probe that could be inserted into the central channel of the biopsy needle for intermittent acquisition of the reflectance spectra, which would, in turn, reveal whether or not the tissue to be biopsied contains the targeted microcalcifications. A dedicated diffuse reflectance probe would be simpler in design and could be smaller in outer diameter than a dedicated Raman probe or the unitary multimodality probe used in this study, enabling diffuse reflectance measurements during a wider range of breast biopsy procedures, such as ultrasound-guided needle biopsy, that use narrower gauge biopsy needles than those typically used for stereotactic breast biopsy. In the near future, this could considerably improve the accuracy of the diagnostic efforts, thereby reducing the necessity for repeat biopsies, without requiring development and assembly of complex and costly optical systems. In addition, although the cross-validation studies performed here provide the foundation for diagnosis of breast lesions with microcalcifications using diffuse reflectance spectroscopy, further clinical investigations will be pursued to validate the proposed approach prospectively using completely independent samples. The performance of the SVM-derived algorithm may decrease (slightly) when tested in large-scale studies in more diverse patient populations. Depending on the variety of breast lesions and the complexity of tissue biochemical composition encountered in these studies, implementation of alternate chemometric classification methods may also be explored.

Materials and Methods

Patient Population and Tissue Preparation. The ex vivo clinical study was carried out at University Hospitals-Case Medical Center (UH-CMC) Breast Center, Cleveland, OH. The study was approved by the UH-CMC Institutional Review Board and the Massachusetts Institute of Technology Committee on the Use of Humans as Experimental Subjects. Informed consent for the reported experiments was obtained from all subjects before their biopsy procedures.

Measurements were acquired from female patients (age range of 39–78 y) undergoing stereotactic breast needle biopsies for microcalcifications detected at screening mammography. Data were collected ex vivo from fresh breast needle biopsy tissue cores within 30 min of excision. Overall, 203 sites on biopsy tissue cores removed from 23 patients were analyzed. The tissue cores were

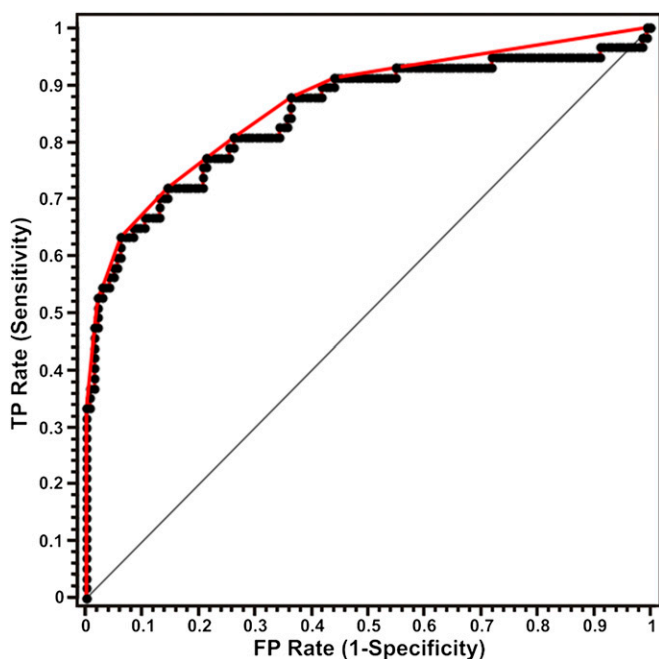


Fig. 5. ROC curve for support vector machine-derived Raman algorithm for the diagnosis of breast lesions with microcalcifications. The ROC curve in red plots sensitivity versus (1-specificity) for the SVM decision algorithm as the discrimination threshold is varied. The ROC curve of two indistinguishable classes is represented by the solid black line. The area under the curve is 0.86, which is lower than that for the diffuse reflectance algorithm (0.88) (TP = true positive; FP = false positive).

~2.0 cm in length and ranged from 1.0 to 2.8 mm in maximum diameter, determined by the geometry of the 9-gauge biopsy needle.

After acquisition of diffuse reflectance and Raman spectra (as detailed in the following paragraphs), the specimen sites were marked with colloidal inks, fixed in 10% (vol/vol) neutral buffered formalin and paraffin embedded. Tissue sections were subsequently obtained and hematoxylin/eosin stained for microscopic examination by a breast pathologist, who was blinded to the spectroscopic evaluation. The radiographic assessments based on the specimen radiograph and the histopathology diagnoses were used in conjunction to provide the final gold standard for comparison with spectroscopic results.

The combined radiography and histopathology assessment was used to classify the 203 breast tissue sites into three classes: 90 normal sites, 56 lesions without microcalcifications, and 57 lesions with microcalcifications. The histopathology diagnoses for the 203 breast tissue sites were as follows: 91 normal tissues, 98 fibrocystic change, 2 fibroadenoma, 4 ductal carcinoma in situ, and 8 invasive ductal carcinoma. One of the normal sites revealed microcalcification clusters on radiographic assessment and was therefore reassigned to the lesion with microcalcifications category.

Instrumentation. Diffuse reflectance and Raman spectroscopic measurements were performed using a portable, compact clinical system (instrument and optical fiber probe), described in detail in ref. 41. In brief, this instrument contains: a xenon flash lamp (370–740 nm) to obtain diffuse reflectance spectra, and a diode laser (830 nm) for Raman excitation. The instrument employs a unitary optical fiber probe that allows sequential collection of reflectance and Raman spectra from the same tissue site. The probe contains a single excitation fiber and a concentric ring of 15 collection fibers, 10 of which are used to collect Raman spectra, and the remaining 5 collect diffuse reflectance spectra. The average laser excitation power delivered to the tissue was ~100 mW over a 1 mm² spot, while the Xe lamp provided a 2.9- μ s

full width at half maximum (FWHM) white light pulse, 1 J/pulse maximum. The acquisition time for the two modalities combined was 5.6 s for 10 frames (Raman acquisition time per frame was 500 ms; diffuse reflectance acquisition time per frame was 60 ms). The fluences used in the experiments are safe for clinical investigations and no tissue damage was observed on histological examination.

For spectral acquisition, the probe was gently brought into contact with the tissue specimen and the spectra were collected with room lights off as the Raman signal is weak in relation to the ambient background light. Spectra were recorded from multiple tissue sites of interest from each tissue core as well as from several cores in each biopsy, and thus the number of collected spectra varied from patient to patient. The collected spectra were dispersed via two spectrographs and recorded using two CCD detectors, one optimized for near-infrared detection (Raman) and the other for UV-visible wavelengths (diffuse reflectance).

Spectral Data Analysis. The reflectance spectra were wavelength calibrated using a mercury spectrum and were subjected to dark noise and flat field correction before further analysis. Similarly, the Raman shift axis was calibrated using a 4-acetaminophen spectrum and the acquired spectra were further corrected for the probe background and the spectrograph-detector response (24). Following the preprocessing steps, the reflectance and Raman spectra were subjected to PCA for dimensional reduction and subsequently to SVM analysis for classifier model development. Further details of the data analysis are provided in the *SI Text*.

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