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**Citation:** de Puig, Helena, Anna Cifuentes Rius, Dorma Flemister, Salmaan H. Baxamusa, and Kimberly Hamad-Schifferli. "Selective Light-Triggered Release of DNA from Gold Nanorods Switches Blood Clotting On and Off." Edited by Maxim Antopolsky. PLoS ONE 8, no. 7 (July 24, 2013): e68511.

**As Published:** http://dx.doi.org/10.1371/journal.pone.0068511

**Publisher:** Public Library of Science

**Persistent URL:** <http://hdl.handle.net/1721.1/81232>

**Version:** Final published version: final published article, as it appeared in a journal, conference proceedings, or other formally published context

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# Selective Light-Triggered Release of DNA from Gold Nanorods Switches Blood Clotting On and Off

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# Abstract

Blood clotting is a precise cascade engineered to form a clot with temporal and spatial control. Current control of blood clotting is achieved predominantly by anticoagulants and thus inherently one-sided. Here we use a pair of nanorods (NRs) to provide a two-way switch for the blood clotting cascade by utilizing their ability to selectively release species on their surface under two different laser excitations. We selectively trigger release of a thrombin binding aptamer from one nanorod, inhibiting blood clotting and resulting in increased clotting time. We then release the complementary DNA as an antidote from the other NR, reversing the effect of the aptamer and restoring blood clotting. Thus, the nanorod pair acts as an on/off switch. One challenge for nanobiotechnology is the bio-nano interface, where coronas of weakly adsorbed proteins can obscure biomolecular function. We exploit these adsorbed proteins to increase aptamer and antidote loading on the nanorods.

Citation: de Puig H, Cifuentes Rius A, Flemister D, Baxamusa SH, Hamad-Schifferli K (2013) Selective Light-Triggered Release of DNA from Gold Nanorods Switches Blood Clotting On and Off. PLoS ONE 8(7): e68511. doi:10.1371/journal.pone.0068511

Editor: Maxim Antopolsky, University of Helsinki, Finland

Received May 1, 2013; Accepted May 30, 2013; Published July 24, 2013

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Funding: This work was funded by the National Science Foundation grant# DMR #0906838. http://www.nsf.gov/. HdP was supported by a fellowship from La Caixa Foundation (Spain). http://obrasocial.lacaixa.es/laCaixaFoundation/home\_en.html. The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

**Competing Interests:** The authors have declared that no competing interests exist.

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## Introduction

Nature has engineered the blood coagulation cascade to initiate clotting with temporal and spatial precision. However, our ability to artificially manipulate blood clotting is not nearly as precise. In wound healing and surgery, blood clotting must be controlled for patient safety, and is achieved predominantly via the anticoagulants heparin, warfarin and others. However, anticoagulants suffer major limitations, causing them to rank as the leading cause of death in adverse drug reactions in therapeutic use in the US [1,2]. This is due to the fact that these anticoagulants can only inhibit the cascade, so their means of control is inherently one-sided. Furthermore, many anticoagulants suffer additional limitations. Heparin, the most prevalently used anticoagulant, is a polydisperse polymer that inhibits several species in the clotting cascade, but not a single specific factor. The main source of heparin is the intestines of livestock such as pigs, but the risk of contamination is significant and can be fatal [3–5]. More importantly, these anticoagulants have no specific antidote, and reversing their effect is predominantly achieved by clearance, which can vary greatly among people. Thus, introducing an inhibitor and a specific antidote with spatial and temporal control is highly desirable.

Nanotechnology has great potential as an enabling technology for biology because nanoparticles can be designed to interface directly with biomolecules. In particular, external laser excitation of nanoparticles can trigger payload release [6,7], so nanoparticles

can act as handles for controlling biological processes. Gold nanorods (NRs) have gained considerable interest for therapeutic applications because they can be selectively excited where tissue is transparent to release multiple species that can impact complex processes [6,8–10] so they have many advantages for controlling blood clotting.

Thrombin inhibitors are of great interest as candidates for anticoagulants because thrombin, which cleaves fibrinogen into fibrin to form the clot, is at the apex of the clotting cascade [11,12]. We used ssDNA thrombin binding aptamers (TBA) to inhibit thrombin and consequently coagulation. We then used complementary DNA as an antidote because it can reverse TBA's effect by base-pairing with it (Figure 1a). Selective excitation of two different NRs to release TBA and its antidote enables the pair to act as an on/off switch for coagulation.

# Results and Discussion

TBA has been identified by SELEX to bind and inhibit thrombin [13]. TBA folds into a double G-quartet and binds to exosite I, so it inhibits thrombin activity by preventing fibrinogen binding [14–16]. Thrombin inhibition results in an increase in blood clotting time,  $t_{plasma}$ . We verified TBA's ability to inhibit clotting by measuring its effect on  $t_{plasma}$  in a thrombin test [17]. Blood with no TBA was normalized as  $t_{plasma} = 1.0$ . Increasing TBA concentration increased  $t_{plasma}$  (Figure 1b), indicating that



Figure 1. TBA and antidote affect coagulation in whole human blood. a) Schematic of coronas made from human serum (HS) loaded with NRs and TBA (NR-HS-TBA) + coronas loaded with NBs and antidote (NB-HS-antidote). 800 nm laser irradiation melts the NRs, triggering release of TBA from the coronas, which inhibits thrombin and causes blood coagulation times to increase. Following this, 1100 nm laser irradiation melts the NBs, triggering release of the DNA antidote from the corona. The antidote forms a double-stranded hybrid with TBA, thus restoring thrombin activity and blood coagulation. Fluorescently labeled TBA has a sequence of 5' GGTTGGTGTGGTTGG-TMR 3'. The fluorescently labeled antidote has the complementary sequence 5' CCAACCACACCAACC-FAM 3'. Clotting time  $(t_{plasma})$  for a thrombin test using 10 nM thrombin measured by a coagulometer with b) TBA, for c) 500 nM TBA + varying antidote from [anti] = 0 to 1000 nM (anti/TBA = 0 to 2.0). doi:10.1371/journal.pone.0068511.g001

TBA inhibited thrombin and consequently the blood coagulation cascade.

We verified that the antidote could reverse TBA's effect. As antidote:TBA was increased from 0:1 to 2:1,  $t_{plasma}$  started at 4.4 and decreased (Figure 1c). Thus, antidote could successfully inhibit TBA by forming a double strand with it and preventing it from folding into the G-quartet structure necessary for thrombin binding (Figure 1a) [17].  $\Delta G_{\text{binding}}$  (TBA-thrombin) = -35.6 kJ/ mol, where  $\Delta G_{\text{binding}}$  (TBA-antidote) = -67 kJ/mol [15,18], so TBA's affinity for antidote is stronger than for thrombin. Also, we have previously demonstrated that in solution, the antidote can displace thrombin from TBA and that the TBA-antidote hybrid remains bound for several hours in the presence of thrombin [16]. Blood clotting time was restored to its original value at 1:1 TBA:antidote, indicating excess antidote was not needed to reverse TBA's function [19,20].

Cetyltrimethylammonium bromide (CTAB)-coated gold particles that absorbed at two distinct wavelengths were synthesized [21–23]. Rod-shaped nanorods (NRs) with an aspect ratio (AR)  $= 3.7$  and  $D_H = 45$  nm had a longitudinal surface plasmon resonance (LSPR) at 763 nm (Figure 2a, c, e). Bone-shaped "nanobones" (NBs) with  $AR = 4.8$  and  $D_H = 55$  nm had a LSPR at 1065 nm (Figure 2b, d, e). Because NRs and NBs exhibited distinct absorption features, selective excitation by fs-pulsed lasers was possible. 800 nm irradiation of a NR-NB mixture resulted in melting of the NRs only, seen by a decrease of the LSPR at 800 nm (Figure 2h). Melting induced the NRs to change shape to spheres, which shifts and decreases their LSPR [24]. The LSPR at 1100 nm did not change, indicating that NBs were not melted because 800 nm coincides with a minimum in their absorption (Figure 2b, blue dotted line). Likewise, NRs do not absorb at 1100 nm (Figure 2a, red dotted line), so 1100 nm irradiation resulted in a decrease of the NB LSPR but did not affect the NR LSPR, indicating selective melting of the NBs (Figure 2i) [6]. Melting of the NRs and NBs separately was confirmed (Figure S1).

While DNA conjugation to gold NRs can be achieved by thiol-Au bonding [25], we used protein coronas because they exhibit high payload capacity while still enabling triggered release via laser excitation of the NR. Coronas of human serum (HS) were formed around the particles [26] and NR-coronas were loaded with TBA (NR-HS-TBA), NB-coronas with antidote (NB-HS-antidote). The NR-HS-TBA had  $D_H = 662 \pm 25$  nm, and NB-HS-antidote  $D_H$  = 938±50 nm (Figure 2e, Figure S2), indicating that a corona contains multiple particles. However, NR and NB LSPRs were not significantly shifted (black, Figure 2a, b), so excitation at 800 and 1100 nm was still feasible. Zeta potentials for NR-HS-TBA and NB-HS-anti were negative because HS is negative (Figure 2f) [27]. DNA loading was  $674 \pm 74$  TBA/NR and  $1307 \pm 255$  antidote/NB (Figure 2g).

Laser irradiation could trigger DNA release. NB-HS-TBA were irradiated at 1100 nm and their LSPR decreased, confirming NB melting (Figure 3a). Released antidote quantified by fluorescence was [anti]  $= 129 \pm 5$  nM or  $430 \pm 17$  nM (Figure 3a, inset). NR-HS-TBA were irradiated at 800 nm and their LSPR decreased, confirming melting, and released [TBA] =  $663\pm23$  nM or  $223\pm8$ released TBA/NR (Figure 3b, inset). Introducing released TBA to



Figure 2. Gold nanoparticles synthesized and loaded for triggered release. Absorption spectra of a) NRs, NR-HSA-TBA coronas (LSPR max  $= 777$  nm), b) NB, NB-HSA-antidote (LSPR max = 1093 nm). c) TEM image of NRs, scale bar = 20 nm, d) TEM image of NBs, scale bar = 100 nm, e)  $D_H$ (DLS) of NRs, NR-HS-TBA, NBs, NB-HS-antidote, indicating that a corona contains multiple not a single NR or NB, but multiple ones. f) Zeta potential of NRs, NR-HS-TBA = -9.8 mV, NBs, NB-HS-antidote = -10.1 mV g) Quantified DNA payloads of NR-HS-TBA (674±74 TBA/NR), NB-HS-antidote (13076255 antidote/NB). h) mixture of NR-CTAB + NB-CTAB before (black) and after (red) 800 nm irradiation. i) NR-CTAB + NB-CTAB before (black) and after (red) 1100 nm irradiation. doi:10.1371/journal.pone.0068511.g002

blood resulted in a  $t_{plasma}$  increase to 1.61 (Figure 3c, red). Comparing the effect to free TBA, this change in  $t_{plasma}$  would result from a free TBA concentration of  $[TBA] = 609$  nM (Figure 3d, red circle and dashed line). Thus, released TBA was  $\sim$ 94% functional in coagulation, showing that there was minimal damage from the laser or steric hindrance by other released corona species. These experiments show that laser irradiation can release TBA from coronas on NRs, and released TBA is largely functional and can impact blood coagulation.

Using coronas for TBA loading has several advantages over covalent attachment. Compared to NRs conjugated to thiolated TBA (thiol-TBA), coronas had higher loadings and resulted in greater released DNA/NR. Analogous experiments performed with covalently attached thiol-TBA released less DNA/NR (released [thiol-TBA] =  $1460 \pm 108$  nM, or  $130 \pm 10$  released thiol-TBA/NR), and released TBA was less functional (64%, blue circle, Figure 3e, and Figure S3). Furthermore, NR concentrations necessary to achieve this impact on  $t_{plasma}$  were extremely high (11 nM), resulting in optically dense solutions that required long irradiation times  $(\sim 30 \text{ min})$ . This in combination with the fact that the TBA was directly attached to the NR could be responsible for the lower activity due to laser damage [28]. Thus, using coronas for loading can reduce irradiation time and subsequently improve both yield and functionality of DNA. The coronas do have a broad size distribution  $(>35\%)$ , and it is expected that they have a distribution in the number of NRs or NBs per corona, and also amount of DNA per corona. This could potentially result in a distribution of the amount of DNA released per corona and also in the time it takes for the DNA to be released from the corona. However, the net benefits of the increased payload and the improved functionality of the released payload outweigh these disadvantages.

We selectively released TBA from the NRs and antidote from the NBs to inhibit and then restore blood clotting. First, a NR-HS-TBA + NB-HS-antidote mixture (black, Figure 4a) was exposed to 800 nm irradiation. The 800 nm LSPR decreased but the 1100 nm LSPR was unaffected, confirming selective melting (red, Figure 4a). TMR fluorescence in the supernatant due to released TBA increased while FAM fluorescence due to the antidote did not increase as much, illustrating that the NRs preferentially released payload (red, Figure 4b). Quantifying release showed that 800 nm irradiation released  $107 \pm 4$  nM TBA (252 $\pm$ 10 released TBA/NR), but only 1.3 $\pm$ 0.2 nM antidote. Released species introduced to blood resulted in an increase in  $t_{plasma}$  to 1.73 (Figure 4c), indicating that released TBA inhibited thrombin and thus blood coagulation. Next, the NR-HS-TBA + NR-HS-antidote mixture was irradiated at 1100 nm. The 1100 nm LSPR decreased, confirming NB melting (blue, Figure 4a). FAM fluorescence increased, indicating that  $152\pm18$  nM antidote was released (692 $\pm82$  released antidote/ NB) (blue, Figure 4b), while 63 nM TBA was released. The effect on coagulation was  $t_{plasma} = 0.88$ , demonstrating that released antidote could reverse the effect of TBA and restore coagulation to its original tplasma (Figure 4c). 1100 nm irradiation alone on NR-HS-TBA + NB-HS-anti (Figure S4) did not significantly change  $t_{plasma}$  (0.98, Figure 4c), showing that antidote release alone does not affect coagulation. To test whether HS release affects coagulation, NR-HS were prepared without TBA and mixed



Figure 3. Release from NR- and NB-coronas and their comparison to covalently loaded NRs. a) Absorption spectrum of NB-HS-TBA before (black) and after (red) 1100 nm irradiation, where [NB-HS-anti] = 0.3 nM, and released [anti] = 129±5 nM (430±17 anti released/NB). Inset: fluorescence spectrum of released TBA before (black) and after (red) 1100 nm irradiation. b) Absorption spectrum of NR-HS-TBA before (black) and after (red) 800nm irradiation where [NR-HS-TBA] = 2.9 nM, and released [TBA] = 663 $\pm$ 23 nM (223 $\pm$ 8 DNA released/NR). Inset: fluorescence spectrum of released TBA before (black) and after (red) 800 nm irradiation, c) Effect of the released TBA in blood. Comparing normalized  $t_{plasma}$  from released TBA from the coronas [NR-HS-TBA] = 2.9 nM (red), where released [TBA] = 663±23 nM in a clotting test. Supernatant of NR-HS-TBA with exposed to no irradiation and added to blood is defined as  $t_{plasma} = 1.0$  (gray dotted line). A significant difference ( $p \le 0.05$ ) from baseline  $t_{plasma}$  is indicated with a \* (Table S1), d)  $t_{plasma}$  (normalized) calibration curve of free TBA in a thrombin test (stars). Released TBA from NR-HS-TBA (red circle) and extrapolated equivalent concentration (red dashed line). e)  $t_{plasma}$  (normalized) calibration curve of free thiolated TBA (blue X's). Released thiolated TBA from NR-thiol-TBA (1460 $\pm$ 108 nM, blue square) and extrapolated equivalent concentration (blue dashed line). doi:10.1371/journal.pone.0068511.g003

with NB-HS-anti. 800 nm irradiation resulted in no significant change in  $t_{blasma}$  (1.1), confirming that the presence of TBA was necessary to affect coagulation. Finally, we verified that the presence of NR-HS-TBA + NB-HS-anti mixture with blood did not affect  $t_{plasma}$  (0.86).

Timescales for melting NRs with an ultrafast laser pulse are on the order of ps [29,30], and release and binding timescales are expected to be on the order of ns-ms. Overall, these timescales are more rapid than the coagulation experiment  $(\sim 20-200 \text{ s})$ . The irradiation of the sample does take time (15min) due to the fact that the laser spot size is smaller than the sample. Timescales of minutes seem reasonable since the potential application of surgery has on operating timescale that is much longer. Also, the irradiation time could potentially be decreased by increasing the illumination area.

This work demonstrates that external laser excitation can selectively release a thrombin inhibitor and its antidote, allowing the NR/NB pair to act as an on/off switch for blood clotting. Furthermore, the use of protein coronas for loading and release of payloads from NRs opens up new possibilities for selective release applications, and it can be exploited for controlling blood clotting.

# Materials and Methods

#### Synthesis and characterization of gold NRs

Gold nanorods (NRs) were synthesized by a single surfactant non-seed-mediated growth method in 20 mL batches [21,23,31] and gold nanobones (NBs) were synthesized in 50 ml batches by a double surfactant seed-mediated growth method [22]. TEM analysis showed that the NRs measured 34.6  $\pm$  6.1 nm  $\times$  9.5  $\pm$ 2.2 nm, with an AR of 3.7 and the NBs measured  $59.4 \pm 13.7$  nm  $\times$  12.5  $\pm$  2.4 nm, with an AR of 4.8. All reagents were purchased from Sigma Aldrich, except from sodium chloride that was from Mallinckrodt. Excess reagents were removed by centrifuging the particles at 12000 rcf, 15 min and resuspended in MilliQ water. Afterwards, 1 nM NRs were further centrifuged at 12000 rcf for 15 min and resuspended in 5 mM CTAB for storage.

#### Corona formation and loading

Coronas of human serum (HS) were formed around NRs and NBs and loaded with either TBA or antidote using a previously published combined loading approach [26]. Quantification of the payload was achieved by heating the sample for 30 min and  $90^{\circ}$ C and measuring the fluorescence spectroscopy of the supernatant. Briefly, a 20 µl pellet of 10 nM NRs was resuspended in 1 ml of a  $5 \text{ mM}$  phosphate buffer solution, with  $1 \mu \text{M}$  ssDNA and  $5\%$ 



Figure 4. Selective melting of NRs and NBs to switch blood clotting off and on. NR-HS-TBA and NB-HS-antidote were mixed at a ratio so that the TBA:antidote was 1:1. a) NR-HS-TBA + NB-HS-anti mixture before (black) and after 800 nm irradiation (red), after 800 nm and then 1100 nm irradiation (blue) b) fluorescence of released supernatant before (black) and after 800 nm irradiation (red), and after 800 nm+1100 nm irradiation (blue). c) Normalized  $t_{plasma}$  for samples before irradiation (defined as 1.0, and used to compare the statistical parameters of all samples) of mixture of NR-HS-TBA + NB-HS-antidote with excitation at 800 nm ( $t_{plasma}$  increases to 1.73), and 800 nm+1100 nm ( $t_{plasma}$  restored to 0.88), demonstrating restoration of clotting time. 1100 nm irradiation alone of the mixture NR-HS-TBA + NB-HS-anti, showing no significant increase in clotting time. Irradiation at 800 nm of NR-HS (without TBA) + NB-HS-anti showing no increase in clotting time. To test the effect of the presence of the nanoparticles, HS-NR-TBA+NB-HS-anti were not exposed to any irradiation in blood. Significant differences (p  $\leq$  0.05) from baseline  $t_{plasma}$  are indicated with an \* (Table S1).

doi:10.1371/journal.pone.0068511.g004

sterile filtered human serum, followed by an overnight incubation at 37<sup>°</sup>C, showing a loading of 674 $\pm$ 74 DNA/NR and 1307 $\pm$ 255 Anti/NB. Single stranded DNA (ssDNA) was purchased from Integrated DNA Technologies and fluorescently labeled for quantification with tetramethylrhodamine (TMR), or fluorescein (FAM). The sequences used were 5' GGTTGGTGTGGTTGG-TMR 3' (TBA) and 5' AACCAACACAACCAA-FAM 3' (anti). Human serum was purchased from Sigma Aldrich.

Corona formation was confirmed by UV-VIS, which was evidenced by a shift in the particle absorbance spectra, as well as DLS and zeta potential measurements, which showed an increase in the size of the particles and a change in the charge of the solution, which was due to the presence of the serum proteins.

#### Selective release from NR-NB mixture

Laser irradiations were performed using pulsed femtosecond light. For the 800 nm irradiation, the 532 nm output of a Qswitched Nd:YLF laser (Empower, Spectra-Physics) was used to pump a Ti:Sapphire regenerative amplifier (Spitfire, SpectraPhysics), which amplifies the 82MHz output of a Ti:Sapphire oscillator, producing 50–475 µJ light centered at 800 nm, with a duration of 100 fs, a repetition rate of 1 kHz, and a spot size of 6 mm. The 1100 nm irradiation was achieved with a two-stage  $BBO/KNbO<sub>3</sub>$  optical parametric amplifier, pumped with a 800nm pulse (Coherent Legend USX: $\leq$ 25 fs, 1 kHz), producing  $\sim$ 13.6 µJ pulses, with a duration of  $\sim$ 45 fs, centered at 1100 nm. The beam was focused to a spot size of  $\sim$ 100–120 µm. In a typical experiment, 100 ml of the NR-NB mixture were irradiated in a  $3\times3$  mm quartz cuvette for 20 min. After irradiation, samples were spun at 14000 rcf for 15 min, and the supernatants were collected to quantify the DNA released and for blood clotting tests. NP melting was confirmed by observing a decrease in their absorbance spectra.

# Blood clotting measurements

Plasma equivalent thrombin time was measured using a Hemochron Signature Elite (ITC). In a typical experiment, 14.4  $\mu$ l of the sample were mixed with 1.8  $\mu$ l of 100 nM thrombin and 1.8  $\mu$ l of 1.37M NaCl, and incubated at 37°C for 10 min. After mixing with 27 µl of citrated whole blood, samples were loaded into APTT Citrate cuvettes to measure the blood clotting time. Blood was purchased from Research Blood Components (RBC) and used within 10 days. Functionality of the released TBA from coronas was calculated as a percentage between the measured increase of  $t_{plasma}$  and the expected increase of  $t_{plasma}$ from the same concentration of free TBA based on free TBA calibration curves.

#### Supporting Information

Figure S1 Melting the CTAB-NR and CTAB-NB: We separately tested melting of the NR-CTAB (a) and the NB-CTAB (b). We could observe that the NR-CTAB melted after 800nm irradiation, and that the NB-CTAB could melt after irradiation at 1100nm, as evidenced by the decrease in their respective LSPR peaks.

(TIFF)

Figure S2 Size distribution of coronas measured by DLS. a) NRs (red) and NR-HS-TBA coronas (green), b) NBs (red) and NB-HS-antidote coronas (green). (TIF)

Figure S3 Melting and release of thiolated TBA from NRs. a) Absorbance and b) fluorescence plots from the release of thiolated TBA bound covalently to the NRs. UV-VIS absorption shows a decrease of the SPR after the 800nm irradiation (left). Released thiolated TBA was quantified by fluorescence as 1460nM from 11.25nM NR-thiolated TBA (right), yielding 130.4 thiolated TBA released per NR. (TIFF)

Figure S4 Effect of irradiation at 1100 nm. We irradiated the NR-HS-TBA NB-HS-anti mixture (before irradiation in black) at 1100nm. We observed melting of the NBs only (red line Figure S2), as observed by the decrease of their SPR at 1100nm, while the NRs were not melted. Inset shows the increase in fluorescence of the antidote, where 216nM antidote and 4nM TBA were released. The mixture had 0.37nM NB-HS-anti, and 0.40nM NR-HS-TBA.

(TIFF)

Table S1 Statistics for blood clotting tests. Two-tailed ttests were performed using Origin 6.1. We report here the p-values of the samples that show significant differences. For each

experiment, the baseline (no laser irradiation) was compared with the measured value of  $t_{plasma}$ . (PDF)

Text S1 Supporting Information Synthesis: Method for loading thiolated TBA onto NRs by thiol chemistry. (PDF)

### Acknowledgments

We thank Helen D'Couto and Nathaniel Miska for experimental assistance. We thank Andrei Tokmakoff for generously allowing us to use his lasers, and Sam Peng, Aritra Mandal, and Luigi De Marco for

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experimental support, Zhichuan Xu for TEM images and CMSE for use of the imaging facility, Kristala Jones-Prather for the IR absorption spectrometer, Moungi Bawendi for use of the zeta potential/DLS, Paolo Bergese for helpful discussions, Denise MacPhail and Joan Hutchins for assistance, and Lee Gehrke and his group for lab support.

#### Author Contributions

Conceived and designed the experiments: HdP KHS SHB. Performed the experiments: HdP ACR DF. Analyzed the data: HdP ACR. Contributed reagents/materials/analysis tools: HdP ACR DF. Wrote the paper: HdP KHS.

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