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# Lagrangian caps

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## Abstract

We establish an  $h$ -principle for exact Lagrangian embeddings with concave Legendrian boundary. We prove, in particular, that in the complement of the unit ball  $B$  in the standard symplectic  $\mathbb{R}^{2n}$ ,  $2n \geq 6$ , there exists an embedded Lagrangian  $n$ -disc transversely attached to  $B$  along its Legendrian boundary.

## 1 Introduction

**Question.** Let  $B$  be the round ball in the standard symplectic  $\mathbb{R}^{2n}$ . *Is there an embedded Lagrangian disc  $\Delta \subset \mathbb{R}^{2n} \setminus \text{Int } B$  with  $\partial\Delta \subset \partial B$  such that  $\partial\Delta$  is a Legendrian submanifold and  $\Delta$  transversely intersects  $\partial B$  along its boundary?*

If  $n = 2$  then such a Lagrangian disc does not exist. Indeed, it is easy to check that the existence of such a Lagrangian disc implies that the Thurston-Bennequin invariant  $\text{tb}(\partial\Delta)$  of the Legendrian knot  $\partial\Delta \subset S^3$  is equal to  $+1$ . On the other hand, the knot  $\partial\Delta$  is sliced, i.e its 4-dimensional genus is equal to 0. But then according to Lee Rudolph's slice Bennequin inequality [8] we should have  $\text{tb}(\partial\Delta) \leq -1$ , which is a contradiction.

As far as we know no such Lagrangian discs have been previously constructed in higher dimensions either. We prove in this paper that if  $n > 2$  such discs exist in abundance. In particular, we prove

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**Theorem 1.1.** *Let  $L$  be a smooth manifold of dimension  $n > 2$  with non-empty boundary such that its complexified tangent bundle  $T(L) \otimes \mathbb{C}$  is trivial. Then there exists an exact Lagrangian embedding  $f : (L, \partial L) \rightarrow (\mathbb{R}^{2n} \setminus \text{Int } B, \partial B)$  with  $f(\partial \Delta) \subset \partial B$  such that  $f(\partial \Delta) \subset \partial B$  is a Legendrian submanifold and  $f$  transverse to  $\partial B$  along the boundary  $\partial L$ .*

Note that the triviality of the bundle  $T(L) \otimes \mathbb{C}$  is a necessary (and according to Gromov's  $h$ -principle for Lagrangian immersions, [6] sufficient) condition for existence of any Lagrangian immersion  $L \rightarrow \mathbb{C}^n$ .

In fact, we prove a very general  $h$ -principle type result for Lagrangian embeddings generalizing this claim, see Theorem 2.2 below. As corollaries of this theorem we get

- an  $h$ -principle for Lagrangian embeddings in any symplectic manifold with a unique conical singular point, see Corollary 6.1;
- a general  $h$ -principle for embeddings of flexible Weinstein domains, see Corollary 6.3;
- construction of Lagrangian immersions with minimal number of self-intersection points; this is explored in a joint paper of the authors with T. Ekholm and I. Smith, [2].

Theorem 2.2 together with the results from the book [1] yield new examples of rationally convex domains in  $\mathbb{C}^n$ , which will be discussed elsewhere. The authors are thankful to Stefan Nemirovski, whose questions concerning this circle of questions motivated the results of the current paper.

## 2 Main Theorem

### Loose Legendrian submanifolds

Let  $(Y, \xi)$  be a  $(2n - 1)$ -dimensional contact manifold. Let us recall that each contact plane  $\xi_y$ ,  $y \in Y$ , carries a canonical linear symplectic structure defined up to a scaling factor. Thus, there is a well defined class of isotropic and, in particular, Lagrangian linear subspaces of  $\xi_y$ . Given a  $k$ -dimensional,  $k \leq n - 1$ , manifold  $\Lambda$ , an injective homomorphism  $\Phi : T\Lambda \rightarrow TY$  covering a map  $\phi : \Lambda \rightarrow Y$  is called isotropic (or if  $k = n - 1$  Legendrian) if  $\Phi(T\Lambda) \subset \xi$  and  $\Phi(T_x\Lambda) \subset \xi_{\phi(x)}$  is isotropic for each  $x \in \Lambda$ . Given a  $(2n - 1)$ -dimensional contact manifold  $(Y, \xi)$ , an embedding  $f : \Lambda \rightarrow Y$  is called *isotropic* if it is tangent to  $\xi$ ; if in addition  $\dim \Lambda = n - 1$  then it is called

*Legendrian.* The differential of an isotropic (resp. Legendrian) embedding is an isotropic (resp. Legendrian) homomorphism.

Two Legendrian embeddings  $f_0, f_1 : \Lambda \rightarrow Y$  are called *formally Legendrian isotopic* if there exists a smooth isotopy  $f_t : \Lambda \rightarrow Y$  connecting  $f_0$  and  $f_1$  and a 2-parametric family of injective homomorphisms  $\Phi_t^s : T\Lambda \rightarrow TY$ , such that  $\Phi_t^0 = df_t, \Phi_0^s = df_0, \Phi_1^s = df_1$  and  $\Phi_t^1$  is a Legendrian homomorphism ( $s, t \in [0, 1]$ ).

The results of this paper essentially depend on the theory of *loose Legendrian* embeddings developed in [7]. This is a class of Legendrian embeddings into contact manifolds of dimension  $> 3$  which satisfy a certain form of an  $h$ -principle. For the purposes of this paper we will not need a formal definition of loose Legendrian embeddings, but instead just describe their properties.

Let  $\mathbb{R}_{\text{std}}^{2n-1} := (\mathbb{R}^{2n-1}, \xi_{\text{std}} = \{dz - \sum_1^{n-1} y_i dx_i = 0\})$  be the standard contact  $\mathbb{R}^{2n-1}$ ,  $n > 2$ , and  $\Lambda_0 \subset \mathbb{R}_{\text{std}}^{2n-1}$  be the Legendrian  $\{z = 0, y_i = 0\}$ . Note that a small neighborhood of any point on a Legendrian in a contact manifold is contactomorphic to the pair  $(\mathbb{R}_{\text{std}}^{2n-1}, \Lambda_0)$ . There is another Legendrian  $\tilde{\Lambda}$ , called the *universal loose Legendrian*, which is equal to  $\Lambda_0$  outside of a compact subset, and formally Legendrian isotopic to it. A picture of  $\tilde{\Lambda}$  is given in Figure 2.1, though we do not use any properties of  $\Lambda$  besides those stated above. A *connected* Legendrian submanifold  $\Lambda \subset Y$  is called *loose*, if there is a contact embedding  $(\mathbb{R}_{\text{std}}^{2n-1}, \Lambda) \rightarrow (Y, \Lambda)$ . We refer the interested readers to the paper [7] and the book [1] for more information. The following proposition summarizes the properties of loose Legendrian embeddings.

**Proposition 2.1.** *For any contact manifold  $(Y, \xi)$  of dimension  $2n - 1 > 3$  the set of connected loose Legendrians have the following properties:*

- (i) *For any Legendrian embedding  $f : \Lambda \rightarrow Y$  there is a loose Legendrian embedding  $\tilde{f} : \Lambda \rightarrow Y$  which coincides with  $f$  outside an arbitrarily small neighborhood of a point  $p \in \Lambda$  and which is formally isotopic to  $f$  via a formal Legendrian isotopy supported in this neighborhood.*
- (ii) *Let  $f_0, f_1 : \Lambda \rightarrow Y$  be two loose Legendrian embeddings of a connected  $\Lambda$  which coincide outside a compact set and which are formally Legendrian isotopic via a compactly supported isotopy. Then  $f_0, f_1$  are Legendrian isotopic via a compactly supported Legendrian isotopy.*
- (iii) *Let  $f_t : \Lambda \rightarrow Y, t \in [0, 1]$ , be a smooth isotopy which begins with a loose Legendrian embedding  $f_0$ . Then it can be  $C^0$ -approximated by a Legendrian isotopy  $\tilde{f}_t : \Lambda \rightarrow Y, t \in [0, 1]$ , beginning with  $\tilde{f}_0 = f_0$ .*

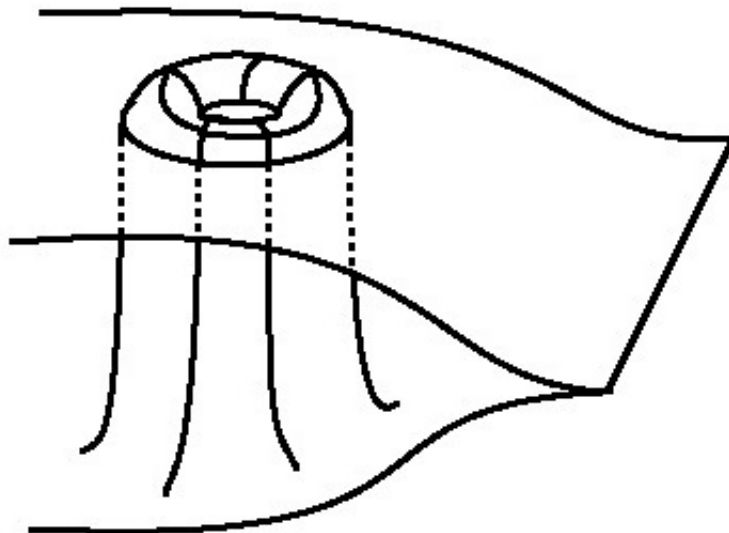


Fig. 2.1: The universal loose Legendrian,  $\tilde{\Lambda}$ . In the terminology of [7] and [1]  $\tilde{\Lambda}$  is the stabilization of  $\Lambda_0$  over a manifold of Euler characteristic 0.

Statement (i) is the *Legendrian stabilization* construction which replaces a small neighborhood of a point on a Legendrian submanifold by the model  $(\mathbb{R}_{\text{std}}^{2n-1}, \tilde{\Lambda})$ . It was first described for  $n > 2$  in [3]. The main part of Proposition 2.1, parts (ii) and (iii), are proven in [7]. Notice that (ii) implies that if a Legendrian is already loose that any further stabilizations do not change its Legendrian isotopy class.

### Symplectic manifolds with negative Liouville ends

Throughout the paper we use the terms *closed submanifold* and *properly embedded submanifold* as synonyms, meaning a submanifold which is a closed subset, but not necessarily a closed manifold itself.

Let  $L$  be an  $n$ -dimensional smooth manifold. A *negative end* structure on  $L$  is a choice of

- a codimension 1 submanifold  $\Lambda \subset L$  which divides  $L$  into two parts:  $L = L_- \cup L_+$ ,  $L_- \cap L_+ = \Lambda$ , and
- a non-vanishing vector field  $S$  on  $\mathcal{O}p L_- \subset L$  which is outward transverse to

the boundary  $\Lambda = \partial L_-$ , and such that the negative flow  $S^{-t} : L_- \rightarrow L_-$  is defined for all  $t$  and all its trajectories intersect  $\Lambda$ .

In other words, there is a canonical diffeomorphism  $L_- \rightarrow (-\infty, 0] \times \Lambda$  which is defined by sending the ray  $(-\infty, 0] \times x$ ,  $x \in \Lambda$ , onto the trajectory of  $-S$  originated at  $x \in \Lambda$ .

Alternatively, the negative end structure can be viewed as a *negative completion* of the manifold  $L_+$  with boundary  $\Lambda$ :

$$L = L_+ \cup_{0 \times \Lambda \ni (0,x) \sim x \in \Lambda} (-\infty, 0] \times \Lambda.$$

Negative end structures which differ by a choice of the cross-section  $\Lambda$  transversely intersecting all the negative trajectories of  $L$  will be viewed as equivalent.

Let  $(X, \omega)$  be a  $2n$ -dimensional *symplectic* manifold. A properly embedded co-oriented hypersurface  $Y \subset X$  is called a *contact slice* if it divides  $X$  into two domains  $X = X_- \cup X_+$ ,  $X_- \cap X_+ = Y$ , and there exists a Liouville vector field  $Z$  in a neighborhood of  $Y$  which is transverse to  $Y$ , defines its given co-orientation and points into  $X_+$ . Such hypersurfaces are also called *symplectically convex* [4], or of *contact type* [9].

If the Liouville field extends to  $X_-$  as a non-vanishing Liouville field such that the negative flow  $Z^{-t}$  is defined for all  $t \geq 0$  and all its trajectories in  $X_-$  intersect  $Y$  then  $X_-$  with a choice of such  $Z$  is called a *negative Liouville end* structure of the symplectic manifold  $(X, \omega)$ .

The restriction  $\alpha$  of the Liouville form  $\lambda = i(Z)\omega$  to  $Y$  is a contact form on  $Y$  and the diffeomorphism  $(-\infty, 0] \times Y \rightarrow X_-$  which sends each ray  $(-\infty, 0] \times x$  onto the trajectory of  $-Z$  originated at  $x \in \Lambda$  is a Liouville isomorphism between the negative symplectization  $((-\infty, 0] \times Y, d(t\alpha))$  of the contact manifold  $(Y, \{\alpha = 0\})$  and  $(X_-, \lambda)$ . Hence alternatively the negative Liouville end structure can be viewed as a *negative completion* of the manifold  $X_+$  with the negative contact boundary  $Y$ , i.e. as an attaching the negative symplectization  $((-\infty, 0] \times Y, d(t\alpha))$  of the contact manifold  $(Y, \{\alpha = 0\})$  to  $X_+$  along  $Y$ .

A negative Liouville end structure which differs by another choice of the cross-section  $Y$  transversely intersecting all negative trajectories of  $X$  will be viewed as an equivalent one. Note that the holonomy along trajectories of  $X$  provides a contactomorphism between any two transverse sections. Any such transverse section will be called a *contact slice*.

If the symplectic form  $\omega$  is exact and the Liouville form  $\lambda$  is extended as a Liouville

form, still denoted by  $\lambda$ , to the whole manifold  $X$ , then we will call  $(X, \lambda)$  a *Liouville manifold with a negative end*.

Let  $L$  be an  $n$ -dimensional manifold with a negative end, and  $X$  a symplectic  $2n$ -manifold with a negative Liouville end. A proper Lagrangian immersion  $f : L \rightarrow X$  is called *cylindrical at  $-\infty$*  if it maps the negative end  $L_-$  of  $L$  into a negative end  $X_-$  of  $X$ , the restriction  $f|_{L_-}$  is an embedding, and the differential  $df|_{TL_-}$  sends the vector field  $S$  to  $Z$ . Composing the restriction of  $f$  to a transverse slice  $\Lambda$  with the projection of the negative Liouville end of  $X$  to  $Y$  along trajectories of  $Z$  we get a Legendrian embedding  $f_{-\infty} : \Lambda \rightarrow Y$ , which will be called the *asymptotic negative boundary* of the Lagrangian immersion  $f$ .

### The action class

Given a proper Lagrangian immersion  $f : L \rightarrow X$ , we consider its mapping cylinder  $C_f = L \times [0, 1] \underset{(x,1) \sim f(x)}{\cup} X$ , which is homotopy equivalent to  $X$ , and denote respectively by  $H^2(X, f)$  and  $H_\infty^2(X, f)$  the 2-dimensional cohomology groups  $H^2(C_f, L \times 0)$  and  $H_\infty^2(C_f, L \times 0) := \varinjlim_{K \subset C_f} H^2(C_f \setminus K, (L \times 0) \setminus K)$ , where the direct limit is taken over all compact subsets  $K \subset C_f$ . We denote by  $r_\infty$  the restriction homomorphism  $r_\infty : H^2(X, f) \rightarrow H_\infty^2(X, f)$ . If  $f$  is an embedding then  $H^2(X, f)$  and  $H_\infty^2(X, f)$  are canonically isomorphic to  $H^2(X, f(L))$  and  $H_\infty^2(X, f(L)) := \varinjlim_{K \subset X} H^2(X \setminus K, f(L) \setminus K)$ , respectively. We define the *relative action class*  $A(f) \in H^2(X, f)$  of a proper Lagrangian immersion  $f : L \rightarrow X$  as the class defined by the closed 2-form which is equal  $\omega$  on  $X$  and to 0 on  $L \times 0$ . We say that  $f$  is *weakly exact* if  $A(f) = 0$ . The *relative action class at infinity*  $A_\infty(f) \in H_\infty^2(X, f)$  is defined as  $A_\infty(f) := r_\infty(A(f))$ . We note we have  $A_\infty(f) = A_\infty(g)$  if Lagrangian immersions  $f, g$  coincide outside a compact set.

Consider next a compactly supported Lagrangian regular homotopy,  $f_t : L \rightarrow X$ ,  $0 \leq t \leq 1$ , and write  $F : L \times [0, 1] \rightarrow X$ , for  $F(x, t) = f_t(x)$ . Let  $\alpha$  denote the 1-form on  $L \times [0, 1]$  defined by the equation  $\alpha := \iota_{\partial/\partial t}(F^*\omega)$ , where  $t$  is the coordinate on the second factor of  $L \times [0, 1]$ . Then the restrictions  $\alpha_t := \alpha|_{L \times \{t\}}$  are closed for all  $t \in [0, 1]$ . We call the Lagrangian regular homotopy  $f_t$  a *Hamiltonian regular homotopy* if the cohomology class  $[\alpha_t] \in H^1(L)$  is independent of  $t$ . It is straightforward to verify that for a Hamiltonian regular homotopy  $f_t$  the action class  $A(f_t)$  remains constant. Note, however, that the converse is not necessarily true.

If  $X$  is a Liouville manifold, then we define the *absolute action class*  $a(f) \in H^1(L)$

as the class of the closed form  $f^*\lambda$ , and call a Lagrangian immersion  $f$  *exact* if  $a(f) = 0$ . Note that in that case we have  $\delta(a(f)) = A(f)$ , where  $\delta$  is the boundary homomorphism  $H^1(L) \rightarrow H^2(X, f)$  from the exact sequence of the pair  $(C_f, L \times 0)$ . We will also use the notation

$$H_\infty^1(L) := \varinjlim_{\substack{K \subset L \\ K \text{ is compact}}} H_1(L \setminus K), \quad r_\infty : H^1(L) \rightarrow H_\infty^1(L), \quad a_\infty(f) = r_\infty(a(f)).$$

If the immersion  $f$  is cylindrical at  $-\infty$  then the class  $a_\infty(f)$  vanishes on  $L_-$ .

### Statement of main theorems

We say that a symplectic manifold  $X$  has infinite Gromov width if an arbitrarily large ball in  $\mathbb{R}_{\text{st}}^{2n}$  admits a symplectic embedding into  $X$ . For instance, a complete Liouville manifold have infinite Gromov width.

**Theorem 2.2.** *Let  $f : L \rightarrow X$  be a cylindrical at  $-\infty$  proper embedding of an  $n$ -dimensional,  $n \geq 3$ , connected manifold  $L$ , such that its asymptotic negative Legendrian boundary has a component which is loose in the complement of the other components. Suppose that there exists a compactly supported homotopy of injective homomorphisms  $\Psi_t : TL \rightarrow TX$  covering  $f$  and such that  $\Psi_0 = df$  and  $\Psi_1$  is a Lagrangian homomorphism. If  $n = 3$  assume, in addition, that the manifold  $X \setminus f(L)$  has infinite Gromov width. Then given a cohomology class  $A \in H^2(X, f(L))$  with  $r_\infty(A) = A_\infty(f)$ , there exists a compactly supported isotopy  $f_t : L \rightarrow X$  such that*

- $f_0 = f$ ;
- $f_1$  is Lagrangian;
- $A(f_1) = A$  and
- $df_1 : TL \rightarrow TX$  is homotopic to  $\Phi_1$  through Lagrangian homomorphisms.

*If  $X$  is a Liouville manifold with a negative contact end, then one can in addition prescribe any value  $a \in H^1(L)$  to the absolute action class  $a(f_1)$  provided that  $r_\infty(a) = a_\infty$ , and in particular make the Lagrangian embedding  $f_1$  exact.*

We do not know whether the infinite width condition when  $n = 3$  is really necessary, or it is just a result of deficiency of our method.



Suppose we are given a smooth proper immersion  $f : L^n \rightarrow X^{2n}$  with only transverse double points and which is an embedding outside of a compact subset. If  $L$  is connected,  $L$  is orientable and  $X$  is oriented and  $n$  is even, we define the *relative self-intersection index* of  $f$ , denoted  $I(f)$ , to be the signed count of intersection points, where the sign of an intersection  $f(p^0) = f(p^1)$  is  $+1$  or  $-1$  depending on whether the orientation defined by  $(df_{p^0}(L), df_{p^1}(L))$  agrees or disagrees with the orientation on  $X$ . Because  $n$  is even, this sign does not depend on the ordering  $(p^0, p^1)$ ; if  $n$  is odd or  $L$  is non-orientable we instead define  $I(f)$  as an element of  $\mathbb{Z}_2$ . If  $X$  is simply connected a theorem of Whitney [10] implies that  $f$  is regularly homotopic with compact support to an embedding if and only if  $I(f) = 0$ .

Theorem 2.2 will be deduced in Section 5 from the following

**Theorem 2.3.** *Let  $(X, \lambda)$  be a simply connected Liouville manifold with a negative end  $X_-$ , and  $f : L \rightarrow X$  a cylindrical at  $-\infty$  exact self-transverse Lagrangian immersion with finitely many self intersections. Suppose that  $I(f) = 0$ , and the asymptotic negative boundary  $\Lambda$  of  $f$  has a component which is loose in the complement of the others. If  $n = 3$  suppose, in addition, that  $X \setminus f(L)$  has infinite Gromov width. Then there exists a compactly supported Hamiltonian regular homotopy  $f_t$ , connecting  $f_0 = f$  with an embedding  $f_1$ .*

*Remark.* If  $X$  is not simply connected the statement remains true if the self-intersection index  $I(f)$  is understood as an element of the group ring of  $\pi_1(X)$ .

### 3 Weinstein recollections and other preliminaries

#### Weinstein cobordisms

We define below a slightly more general notion of a Weinstein cobordism than is usually done (comp. [1]), by allowing cobordisms between non-compact manifolds. Let  $W$  be a  $2n$ -dimensional smooth manifold with boundary. We allow  $W$ , as well as its boundary components to be non-compact. Suppose that the boundary  $\partial W$  is presented as the union of two disjoint subsets  $\partial_{\pm} W$  which are open and closed in  $\partial W$ . A *Weinstein cobordism* structure on  $W$  is a triple  $(\omega, Z, \phi)$ , where  $\omega$  is a symplectic form on  $W$ ,  $Z$  is a Liouville vector field, and  $\phi : W \rightarrow [m, M]$  a Morse function with finitely many critical points, such that

- $\partial_- W = \{\phi = m\}$  and  $\partial_+ W = \{\phi = M\}$  are regular level sets;
- the vector field  $Z$  is gradient like for  $\phi$ , see [1], Section 9.3;

- outside a compact subset of  $W$  every trajectory of  $Z$  intersects both  $\partial_-W$  and  $\partial_+W$ .

The function  $\phi$  is called a *Lyapunov function* for  $Z$ . The Liouville form  $\lambda = i(Z)\omega$  induces contact structure on all regular levels of the function  $\phi$ . All  $Z$ -stable manifolds of critical points of the function  $\phi$  are isotropic for  $\omega$  and, in particular, indices of all critical points are  $\leq n = \frac{\dim W}{2}$ . A Weinstein cobordism  $(W, \omega, X, \phi)$  is called *subcritical* if indices of all critical points are  $< n$ .

### Extension of Weinstein structure

The following lemma is the standard handle attaching statement in the Weinstein category (see [9] and [1]). We provide a proof here because we need it in a slightly different than it is presented in [9] and [1].

**Lemma 3.1.** *Let  $(X, \lambda)$  be a Liouville manifold with boundary,  $Z$  the Liouville field corresponding to  $\lambda$  (i.e.  $\iota_Z\omega = \lambda$  where  $\omega = d\lambda$ ) and  $Y \subset \partial X$  a (union of) boundary component(s) of  $X$  such that  $Z$  is inward transverse to  $Y$ . Let  $(\Delta, \partial\Delta) \subset (X, Y)$  be a  $k$ -dimensional ( $k \leq n$ ) isotropic disc, which is tangent to  $Z$  near  $\partial\Delta$ . If  $k = 1$  suppose, in addition, that  $\int_{\Delta} \lambda = 0$ , and if  $k < n$  suppose, in addition, that  $\Delta$  is extended to (a germ of) a Lagrangian submanifold  $(L, \partial L) \subset (X, Y)$  which is also tangent to  $Z$  near  $\partial L$ . Then for any neighborhoods  $U \supset \Delta$  and  $\Omega \supset Y$  there exists a Weinstein cobordism  $(W, \omega, \tilde{Z}, \phi)$  with the following properties :*

- $Y \cup \Delta \subset W \subset \Omega \cup U$ ;
- $\partial_-W = Y$ ;
- the function  $\phi$  has a unique critical point  $p$  of index  $k$  at the center of the disc  $\Delta$ ;
- the disc  $\Delta$  is contained in the  $\tilde{Z}$ -stable manifold of the point  $p$ ;
- the field  $\tilde{Z}|_{L \cap W}$  is tangent to  $L$ ;
- the Liouville form  $\tilde{\lambda} = i(\tilde{Z})\omega$  can be written as  $\lambda + dH$  for a function  $H$  compactly supported in  $U \setminus Y$ .

*Proof.* Let us set  $L = \Delta$  if  $k = n$ . For a general case we can assume that  $L = \Delta \times \mathbb{R}^{n-k}$ . Let  $\omega_{\text{st}}$  denote the symplectic form on  $T^*(L) = T^*L \times T^*\mathbb{R}^k = \Delta^k \times \mathbb{R}^k \times \mathbb{R}^{n-k} \times \mathbb{R}^{n-k}$  given by the formula

$$\omega_{\text{st}} = \sum_1^k dp_i \wedge dq_i + \sum_1^{n-k} du_j \wedge dv_j$$

with respect to the coordinates  $(q, p, v, u) \in \Delta^k \times \mathbb{R}^k \times \mathbb{R}^{n-k} \times \mathbb{R}^{n-k}$  which correspond to this splitting. Denote by  $\lambda_k$  the Liouville form  $\sum_1^k (2p_i dq_i + q_i dp_i) + \frac{1}{2} \sum_1^{n-k} (v_i du_j - u_j dv_j)$ ,  $d\lambda_k = \omega_{\text{st}}$ . Note that the Liouville field

$$Z_k := \sum_1^k \left( -q_i \frac{\partial}{\partial q_i} + 2p_i \frac{\partial}{\partial p_i} \right) + \frac{1}{2} \sum_1^{n-k} \left( v_i \frac{\partial}{\partial v_i} + u_j \frac{\partial}{\partial u_j} \right)$$

corresponding to the form  $\lambda_k$  is gradient like for the quadratic function

$$Q := \sum_1^k (p_i^2 - q_i^2) + \sum_i^{n-k} (u_j^2 + v_j^2),$$

tangent to  $L$ , and the disc  $\Delta$  serves as the  $Z_k$ -stable manifold of its critical point.

Using the normal form for the Liouville form  $\lambda$  near  $\partial L$  (see [9], and also [1], Proposition 6.6) and the Weinstein symplectic normal form along the Lagrangian  $L$  we can find, possibly decreasing the neighborhoods  $\Omega$  and  $U$ , a symplectomorphism  $\Phi : U \rightarrow U'$ , where  $U'$  is a neighborhood of  $\Delta$  in  $T^*L$ , such that

- $\Phi(L \cap U) = L \cap U'$ ,  $\Phi(\Delta \cap U) = \Delta \cap U'$ ;
- $\Phi^* \omega_{\text{st}} = \omega$ ;
- $\Phi^* \lambda_k = \lambda$  on  $\Omega \cap U$ ;
- $\Phi(Y \cap U) = \{Q = -1\} \cap U'$ .

Thus the closed, and hence exact 1-form  $\Phi_* \lambda - \lambda_k$  vanishes on  $\Omega' := \Phi(\Omega \cap U)$ , and therefore, using the condition  $\int_{\Delta} \lambda = 0$  when  $k = 1$ , we can conclude that  $\lambda_k = \Phi_* \lambda + dH$  for a function  $H : G \rightarrow \mathbb{R}$  vanishing on  $\Omega' \supset \partial \Delta$ . Let  $\theta : U' \rightarrow [0, 1]$  be a  $C^\infty$ -cut-off function equal to 0 outside a neighborhood  $U'_1 \supset \Delta$ ,  $U'_1 \Subset U'$ , and

equal to 1 on a smaller neighborhood  $U'_2 \supset \Delta$ ,  $U'_2 \Subset U'_1$ . Denote  $\widehat{H} := \theta H$ . Then the form  $\widehat{\lambda} := \Phi_* \lambda + d\widehat{H}$  coincides with  $\Phi^* \lambda$  on  $\Omega' \cup (U' \setminus U'_1)$ , and equal to  $\lambda_k$  on  $U'_2$ .

Then, according to Corollary 9.21 from [1], for any sufficiently small  $\varepsilon > 0$  and a neighborhood  $U'_3 \supset \Delta$ ,  $U'_3 \Subset U'_2$ , there exists a Morse function  $\widehat{Q} : U' \rightarrow \mathbb{R}$  such that

- $\widehat{Q}$  coincides with  $Q$  on  $\{Q \leq -1\} \cup (\{Q \leq -1 + \varepsilon\} \setminus U'_2)$ ;
- $\widehat{Q}$  and  $Q$  are target equivalent over  $U'_3$ , i.e. there exists a diffeomorphism  $\sigma : \mathbb{R} \rightarrow \mathbb{R}$  such that over  $U'_3$  we have  $\widehat{Q} = \sigma \circ Q$ ;
- $-1 + \varepsilon$  is a regular value of  $\widehat{Q}$  and  $\{\widehat{Q} \leq -1 + \varepsilon\} \subset \Omega' \cup U'_2$ ;
- inside  $\widehat{W} := \{-1 \leq \widehat{Q} \leq -1 + \varepsilon\} \subset U'$  the function  $\widehat{Q}$  has a unique critical point.

Denote  $\widetilde{Q} := \widehat{Q} \circ \Phi : U \rightarrow \mathbb{R}$ . Let us extend the function  $\widetilde{Q}$  to the whole manifold  $X$  in such a way that

- $\{\widetilde{Q} = -1\} \setminus U = Y \setminus U$ ,
- $\{-1 \leq \widetilde{Q} \leq -1 + \varepsilon\} \setminus U \subset \Omega \setminus U$ ,
- the function  $\widetilde{Q}|_{X \setminus U}$  has no critical values in  $[-1, -1 + \varepsilon]$  and
- the Liouville vector field  $Z$  is gradient like for  $\widehat{Q}$  on  $\{-1 \leq \widetilde{Q} \leq -1 + \varepsilon\} \setminus U$ .

Let us define  $W := \{-1 \leq \widetilde{Q} \leq -1 + \varepsilon\} \subset X$ ,

$$\widetilde{\lambda} = \begin{cases} \Phi^* \widehat{\lambda} = \lambda + d\widehat{H} \circ \Phi, & \text{on } U, \\ \lambda, & \text{on } X \setminus U. \end{cases}$$

Let  $\widetilde{Z}$  be the Liouville field  $\omega$ -dual to the Liouville form  $\widetilde{\lambda}$ . Then the Weinstein cobordism  $(W, \omega, \widetilde{Z}, \phi := \widehat{H} \circ \Phi)$  has the required properties.  $\square$

We will also need the following simple

**Lemma 3.2.** *Let  $(X, \lambda)$  be a Liouville manifold and  $f : L \rightarrow X$  a Lagrangian immersion. Let  $p \in X$  be a transverse self-intersection point. Then there exists a symplectic embedding  $h : B \rightarrow X$  of a sufficiently small ball in  $\mathbb{R}_{\text{st}}^{2n}$  into  $X$  such that  $h(0) = p$  and  $h^{-1}(f(L)) = B \cap (\{x = 0\} \cup \{y = 0\})$ .*

*Proof.* By the Weinstein neighborhood theorem, there exist coordinates in a symplectic ball near  $p$  so that  $f(L)$  is given by  $\{x = 0\} \cup \{y = dg(x)\}$  for some function  $g : \mathbb{R}^n \rightarrow \mathbb{R}$  so that  $dg(0) = 0$  (here we use natural coordinates on  $T^*\mathbb{R}^n$ ). By transversality the critical point of  $g$  at 0 is non-degenerate. Composing with the symplectomorphism  $(x, y) \mapsto (x, y - dg(x))$  gives the desired coordinates.  $\square$

### Cancellation of critical points in a Weinstein cobordism

The following proposition concerning cancellations of critical points in a Weinstein cobordism is proven in [1], see there Proposition 12.22.

**Proposition 3.3.** *Let  $(W, \omega, Z_0, \phi_0)$  be a Weinstein cobordism with exactly two critical points  $p, q$  of index  $k$  and  $k - 1$ , respectively, which are connected by a unique  $Z$ -trajectory along which the stable and unstable manifolds intersect transversely. Let  $\Delta$  be the closure of the stable manifold of the critical point  $p$ . Then there exists a Weinstein cobordism structure  $(\omega, Z_1, \phi_1)$  with the following properties:*

- (i)  $(Z_1, \phi_1) = (Z_0, \phi_0)$  near  $\partial W$  and outside a neighborhood of  $\Delta$ ;
- (ii)  $\phi_1$  has no critical points.

### From Legendrian isotopy to Lagrangian concordance

The following Lemma about Lagrangian realization of a Legendrian isotopy is proven in [5], see there Lemma 4.2.5.

**Lemma 3.4.** *Let  $f_t : \Lambda \rightarrow (Y, \xi = \{\alpha = 0\})$ ,  $t \in [0, 1]$ , be a Legendrian isotopy connecting  $f_0, f_1$ . Let us extend it to  $t \in \mathbb{R}$  as independent of  $t$  for  $t \notin [0, 1]$ . Then there exists a Lagrangian embedding*

$$F : \mathbb{R} \times \Lambda \rightarrow \mathbb{R} \times Y, d(e^s \alpha),$$

of the form  $F(t, x) = (\tilde{f}_t(x), h(t, x))$  such that

- $F(t, x) = (f_1(x), t)$  and  $F(x, -t) = f_0(x)$  for  $t > C$ , for a sufficiently large constant  $C$ ;
- $\tilde{f}_t(x)$   $C^\infty$ -approximate  $f_t(x)$ .

## 4 Action-balanced Lagrangian immersions

Suppose we are given an exact proper Lagrangian immersion  $f : L \rightarrow X$  of an orientable manifold  $L$  into a simply connected Liouville manifold  $(X, \lambda)$  with finitely many transverse self-intersection points. For each self-intersection point  $p \in X$  we denote by  $p^0, p^1 \in L$  its pre-images in  $L$ . The integral  $a_{\text{SI}}(p, f) = \int_{\gamma} f^* \lambda$ , where  $\gamma : [0, 1] \rightarrow L$  is any path connecting the points  $\gamma(0) = p^0$  and  $\gamma(1) = p^1$ , will be called the *action* of the self-intersection point  $p$ . Of course, the sign of the action depends on the ordering of the pre-images  $p^0$  and  $p^1$ . We will fix this ambiguity by requiring that  $a_{\text{SI}}(p, f) > 0$  (by a generic perturbation of  $f$  we can assume there are no points  $p$  with  $a_{\text{SI}}(p, f) = 0$ ).

A pair of self-intersection points  $(p, q)$  is called a *balanced Whitney pair* if  $a_{\text{SI}}(p, f) = a_{\text{SI}}(q, f)$  and the intersection indices of  $df(T_{p^0}L)$  with  $df(T_{p^1}L)$  and of  $df(T_{q^0}L)$  with  $df(T_{q^1}L)$  have opposite signs. In the case where  $L$  is non-orientable we only require that  $p$  and  $q$  have the same action. A Lagrangian immersion  $f$  is called *balanced* if the set of its self-intersection points can be presented as the union of disjoint balanced Whitney pairs.

The goal of this section is the following

**Proposition 4.1.** *Let  $(X, \lambda)$  be a simply connected Liouville manifold with a negative end and  $f : L \rightarrow X$  a proper exact and cylindrical at  $-\infty$  Lagrangian immersion with finitely many transverse double points. If  $n = 3$  suppose, in addition, that  $X \setminus f(L)$  has infinite Gromov width. Then there exists an exact cylindrical at  $-\infty$  Lagrangian regular homotopy  $f_t : L \rightarrow X$ ,  $t \in [0, 1]$ , which is compactly supported away from the negative end, and such that  $f_0 = f$  and  $f_1$  is balanced.*

*If the asymptotic negative boundary of  $f$  has a component which is loose in the complement of the other components and  $I(f) = 0$  then the Lagrangian regular homotopy  $f_t$  can be made fixed at  $-\infty$ .*

Note that Proposition 4.1 is the only step in the proof of the main results of this paper where one need the infinite Gromov width condition when  $n = 3$ .

The following two lemmas will be used to reduce the action of our intersection points in the case where we only have a finite amount of space to work with, for example when  $X_+$  is compact. In the case where  $X_+$  contains a symplectic ball  $B_R$  of arbitrarily large radius, e.g. in the situation of Theorem 1.1, these lemmas are not needed.

**Lemma 4.2.** *Consider an annulus  $A := [0, 1] \times S^{n-1}$ . Let  $x, z$  be coordinates corresponding to the splitting, and  $y, u$  the dual coordinates in the cotangent bundle  $T^*A$ , so that the canonical Liouville form  $\lambda$  on  $T^*A$  is equal to  $ydx + udz$ . Then for any integer  $N > 0$  there exists a Lagrangian immersion  $\Delta : A \rightarrow T^*A$  with the following properties:*

- $\Delta(A) \subset \{|y| \leq \frac{5}{N}, \|u\| \leq \frac{5}{N}\}$ ;
- $\Delta$  coincides with the inclusion of the zero section  $j_A : A \hookrightarrow T^*A$  near  $\partial A$ ;
- there exists a fixed near  $\partial A$  Lagrangian regular homotopy connecting  $j_A$  and  $\Delta$ ;
- $\int_{\zeta} \lambda = 1$ , where  $\zeta$  is the  $\Delta$ -image of any path connecting  $S^{n-1} \times 0$  and  $S^{n-1} \times 1$  in  $A$ ;
- action of any self-intersection point of  $\Delta$  is  $< \frac{1}{N}$ ;
- the number of self-intersection points is  $< 8N^3$ .

*Proof.* Consider in  $\mathbb{R}^2$  with coordinates  $(x, y)$  the rectangles

$$I_{j,N} = \left\{ \frac{j}{5N^2} \leq x \leq \frac{j}{5N^2} + \frac{1}{5N}, 0 \leq y \leq \frac{5}{N} \right\}, j = 0, \dots, (N-1)N.$$

Consider a path  $\gamma$  in  $\mathbb{R}^2$  which begins at the origin, travels counter-clockwise along the boundary of  $I_{0,N}$ , then moves along the  $x$ -axis to the point  $(\frac{1}{5N^2}, 0)$ , travels counter-clockwise along the boundary of  $I_{1,N}$  etc., and ends at the point  $(1, 0)$ . Note that  $\int_{\gamma} ydx = \frac{N-1}{N}$ . We also observe that squares  $I_{j,N}$  and  $I_{i,N}$  intersect only when  $|i - j| \leq N$ , and hence for any self-intersection point  $p$  of  $\gamma$  its action is bounded by  $N \frac{1}{N^2} = \frac{1}{N}$ . Let us  $C^\infty$ -approximate  $\gamma$  by an immersed curve  $\gamma_1$  with transverse self-intersections and which coincides with  $\gamma$  near its end points. We can arrange that

- $\left| \int_{\gamma_1} ydx - 1 \right| < \frac{2}{N}$ ;
- action of any self-intersection point of  $\gamma_1$  is  $< \frac{1}{N}$ ;
- the number of self-intersection points is  $< 2N^3$ ;

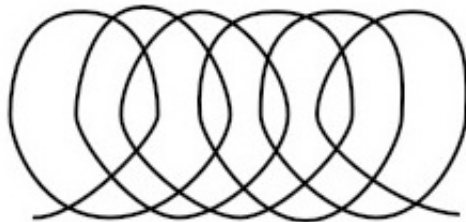


Fig. 4.1: The curve  $\gamma_1$  when  $N = 3$ .

- the curve  $\gamma_1$  is contained in the rectangular  $\{0 \leq x \leq \frac{1}{5}, 0 \leq y \leq \frac{5}{N}\}$ .

See Figure 4.1. The only non-trivial statement is the upper bound on the number of self-intersections. Notice that there are less than  $N^2$  loops, and each loop intersects at most  $2N$  other loops, in 2 points each. Thus the number of self intersections, double counted, is less than  $4N^3$ .

We will assume that  $\gamma_1$  is parameterized by the interval  $[0, \frac{1}{5}]$ . Let  $r_N$  denote the affine map  $(x, y) \mapsto (x + \frac{1}{5}, -\frac{y}{N})$ . We define a path  $\gamma_2 : [\frac{1}{5}, \frac{2}{5}] \rightarrow \mathbb{R}^2$  by the formula

$$\gamma_2(t) = r_N(\gamma_1(t - \frac{1}{5})).$$

Note that the immersion  $\gamma_{12} : [0, \frac{2}{5}] \rightarrow \mathbb{R}^2$  which coincides with  $\gamma_1$  on  $[0, \frac{1}{5}]$  and with  $\gamma_2$  on  $[\frac{1}{5}, \frac{2}{5}]$  is regularly homotopic to the straight interval embedding via a homotopy which is fixed near the end of the interval, and which is inside  $\{0 \leq x \leq \frac{2}{5}, -\frac{5}{N^2} \leq$

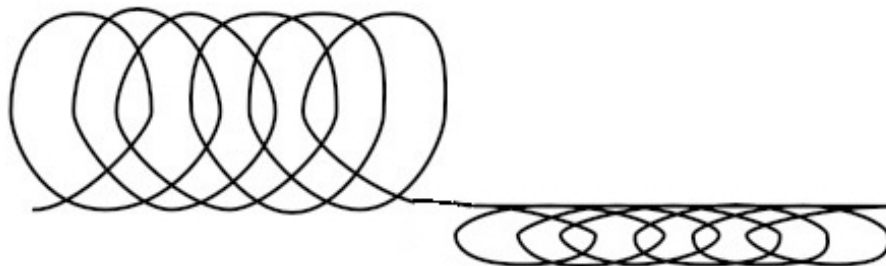
$y \leq \frac{5}{N}\}$ . We also note that  $\left| \int_{\gamma_{12}} y dx - 1 \right| < \frac{3}{N}$ . See Figure 4.2.

We further extend  $\gamma_{12}$  to an immersion  $\gamma_{123} : [0, 1] \rightarrow \mathbb{R}^2$  by extending it to  $[\frac{2}{5}, 1]$  as a graph of function  $\theta : [\frac{2}{5}, 1] \rightarrow [-\frac{5}{N}, \frac{5}{N}]$  with

$$\int_{\frac{2}{5}}^1 \theta(x) dx = 1 - \int_{\gamma_{12}} y dx,$$

which implies  $\int_{\gamma_{123}} y dx = 1$ .



Fig. 4.2: The curve  $\gamma_{12}$ .

Let  $j_{S^{n-1}}$  denote the inclusion  $S^{n-1} \rightarrow T^*S^{n-1}$  as the 0-section. Consider a Lagrangian immersion  $\Gamma : A \rightarrow T^*A$  given by the formula

$$\Gamma(x, z) = (\gamma_{123}(x), j_{S^{2n-1}}(z)) \in T^*[0, 1] \times T^*S^{n-1} = T^*A.$$

The Lagrangian immersion  $\Gamma$  self-intersects along spheres of the form  $p \times S^{n-1}$  where  $p$  is a self-intersection point of  $\tilde{\gamma}$ . By a  $C^\infty$ -perturbation of  $\Gamma$  we can construct a Lagrangian immersion  $\Delta : A \rightarrow T^*A$  with transverse self-intersection points which have all the properties listed in Lemma 4.2. Indeed, for each of the  $4N^3$  intersection points  $p$  of  $\gamma_{123}$ , the sphere  $p \times S^{n-1}$  can be perturbed to have two self-intersections. The other required properties are straightforward from the construction.  $\square$

*Remark 4.3.* Given any  $a > 0$  we get, by scaling the Lagrangian immersion  $\Delta$  with the dilatation  $(y, u) \mapsto (ay, au)$ , a Lagrangian immersion  $\Delta_a : A \rightarrow T^*A$  which satisfy

- $\int_{\zeta} \lambda = a$ , where  $\zeta$  is the  $\Delta_a$ -image of any path connecting the boundary  $S^{n-1} \times 0$  and  $S^{n-1} \times 1$  of  $A$ ;
- action of any self-intersection point of  $\Delta_a$  is  $< \frac{a}{N}$ ;
- the number of self-intersection points is  $< 8N^3$ ;
- $\Delta_a(A) \subset \{|y|, \|u\| \leq \frac{5a}{N}\}$ ;
- the immersion  $\Delta_a$  is regularly homotopic relative its boundary to the inclusion  $A \hookrightarrow T^*A$ .

Given a proper Lagrangian immersion  $f : L \rightarrow X$  with finitely many transverse self-intersection points, we denote the number of self-intersection points by  $\text{SI}(f)$ . The action of a self-intersection point  $p$  of  $f$  is denoted by  $a_{\text{SI}}(p, f)$ . We set  $a_{\text{SI}}(f) := \max_p |a_{\text{SI}}(p, f)|$ , where the maximum is taken over all self-intersection points of  $f$ .

**Lemma 4.4.** *Let  $f_0 : L \rightarrow (X, \lambda)$  be a proper exact Lagrangian immersion into a simply connected Liouville manifold with finitely many transverse self-intersection points. Then for any sufficiently large integer  $N > 0$  there exists a fixed at infinity  $C^0$ -small exact Lagrangian regular homotopy  $f_t : L \rightarrow X$ ,  $t \in [0, 1]$ , such that  $f_1$  has transverse self-intersections,*

$$a_{\text{SI}}(f_1) \leq \frac{a_{\text{SI}}(f)}{N}, \quad \text{SI}(f_1) \leq 9N^3 \text{SI}(f_0).$$

*Proof.* Let  $p_1, \dots, p_k$  be the self-intersection points of  $f_0$  and  $p_1^0, p_1^1, \dots, p_k^0, p_k^1$  their pre-images,  $k = \text{SI}(f_0)$ . Let us recall that we order the pre-images in such a way that  $a_{\text{SI}}(f_0)(p_i) > 0$ ,  $i = 1, \dots, k$ . Choose

- disjoint embedded  $n$ -discs  $D_i \ni p_i^1$ ,  $i = 1, \dots, k$ , which do not contain any other pre-images of double points, and
- annuli  $A_i \subset D_i$  bounded by two concentric spheres in  $D_i$ .

For a sufficiently large  $N > 0$  there exist disjoint symplectic embeddings  $h_i$  of the domains  $U_i := \{|y|, \|u\| \leq \frac{5a_{\text{SI}}(p_i, f_0)}{N}\} \subset T^*A$  in  $X$ ,  $i = 1, \dots, k$ , such that  $h_i^{-1}(f_0(L)) = h_i^{-1}(A_i) = A$ . Then, using Remark 4.3, we find a Lagrangian regular homotopy  $f_t$  supported in  $\bigcup_1^k h_i(U_i)$  which annihilates the action of points  $p_i$ , i.e.  $a_{\text{SI}}(p_i, f_1) = 0$ ,  $i = 1, \dots, k$ , and which creates no more than  $8kN^3$  new self-intersection points of action  $< \frac{a_{\text{SI}}(f_0)}{N}$ . Hence, the total number of self-intersection points of  $f_1$  satisfies the inequality  $\text{SI}(f_1) < 9\text{SI}(f_0)N^3$ .

□

The next lemma is a local model which will allow us to match the action of a given intersection point, during our balancing process. For a positive  $C$  we denote by  $Q_C$  the parallelepiped

$$\{|z| \leq C, |x_i| \leq 1, |y_i| \leq C, i = 1, \dots, n-1\}$$

in the standard contact space  $\mathbb{R}_{\text{st}}^{2n-1} = (\mathbb{R}^{2n-1}, \xi = \{ \alpha_{\text{st}} := dz - \sum_1^{n-1} y_i dx_i = 0 \})$ . Let  $SQ_C$  denote the domain  $[\frac{1}{2}, 1] \times Q_C$  in the symplectization  $(0, \infty) \times Q_C$  of  $Q_C$  endowed with the Liouville form  $\lambda_0 := s\alpha_{\text{st}}$ . We furthermore denote by  $L^t$  the Lagrangian rectangular  $\{z = t, y = 0; j = 1, \dots, n-1\} \cap SQ_C \subset SQ_C$ ,  $t \in [-C, C]$ .

**Lemma 4.5.** *For any positive  $b_0, b_1, \dots, b_k \in (0, \infty)$ ,  $k \geq 0$ , such that*

$$\frac{C}{4k+4} > b_0 > \max(b_1, \dots, b_k),$$

and a sufficiently small  $\varepsilon > 0$  there exists a Lagrangian isotopy which starts at  $L^{-\varepsilon}$ , fixed near  $1 \times Q_C$  and  $[\frac{1}{2}, 1] \times \partial Q_C$ , cylindrical near  $\frac{1}{2} \times Q_C$ , and which ends at a Lagrangian submanifold  $\tilde{L}^{-\varepsilon}$  with the following properties:

- $\tilde{L}^{-\varepsilon}$  intersects  $L^0$  transversely at  $k+1$  points  $B_0, B_1, \dots, B_k$ ;
- if  $\gamma_{B_j}, j = 0, \dots, k$ , is a path in  $\tilde{L}^{-\varepsilon}$  connecting the point  $B_j$  with a point on the boundary  $\partial Q_C$ , then

$$\int_{\gamma_{B_j}} \lambda_0 = b_j, \quad j = 0, \dots, k;$$

- the intersection indices of  $L^0$  and  $\tilde{L}^{-\varepsilon}$  at the points  $B_0, B_1, \dots, B_k$  are equal to  $1, -1, \dots, -1$ , respectively.
- $\tilde{L}^{-\varepsilon} \cap \{s = \frac{1}{2}\}$  is a Legendrian submanifold in  $Q_C$  defined by a generating function which is equal to  $-\varepsilon$  near  $\partial Q_C$  and positive over a domain in  $Q_C$  of Euler characteristic  $1-k$ .

*Proof.* We have

$$\omega := d\lambda_0 = ds \wedge dz - \sum_1^{n-1} dx_i \wedge d(sy_i) = -d(zds + \sum_1^{n-1} v_i dq_i),$$

we denoted  $v_i := sy_i$ ,  $i = 1, \dots, n-1$ . Let  $I^{n-1} \subset \mathbb{R}^{n-1}$  be the cube  $\{\max_{i=1, \dots, n-1} |q_i| \leq 1\}$ . Choose a smooth non-negative function  $\theta : [\frac{1}{2}, 1] \rightarrow \mathbb{R}$  such that

- $\theta(s) = s$  for  $s \in [\frac{1}{2}, \frac{5}{8}]$ ;

- $\theta$  has a unique local maximum at a point  $\frac{3}{4}$ ;
- $\theta(s) = 0$  for  $s$  near 1;
- the derivative  $\theta'$  is monotone decreasing on  $[\frac{5}{8}, \frac{3}{4}]$ .

For any  $\tilde{b}_0, \dots, \tilde{b}_k \in (0, \frac{C}{2k+2})$  which satisfy  $\tilde{b}_0 > \max(\tilde{b}_1, \dots, \tilde{b}_k)$  one can construct a smooth non-negative function  $\phi : I^{n-1} \rightarrow \mathbb{R}$ . with the following properties:

- $\phi = 0$  near  $\partial I^{n-1}$ ;
- $\max_{i=1, \dots, n-1} \left| \frac{\partial \phi}{\partial q_i} \right| < \frac{C}{2}$ ;
- besides degenerate critical points corresponding to the critical value 0, the function  $\phi$  has  $k+1$  positive non-degenerate critical points: 1 local maximum  $\tilde{B}_0$  and  $k$  critical points  $\tilde{B}_1, \dots, \tilde{B}_k$  of index  $n-2$  with critical values  $\tilde{b}_0, \tilde{b}_1, \dots, \tilde{b}_k$  respectively.

Take a positive  $\varepsilon < \min(\tilde{b}_1, \dots, \tilde{b}_k, \frac{C}{8k+8})$  and define a function  $h : [\frac{1}{2}, 1] \times I^{n-1} \rightarrow \mathbb{R}$  by the formula

$$h(s, q) = -\varepsilon s + \theta(s)\phi(q), \quad s \in \left[\frac{1}{2}, 1\right], q \in I^{n-1}.$$

Thus the function  $h$  is equal to  $s(-\varepsilon + \phi(q))$  for  $s \in [\frac{1}{2}, \frac{5}{8}]$  and equal to  $-\varepsilon s$  near the rest of the boundary of  $[\frac{1}{2}, 1] \times I^{n-1}$ . The function  $h$  has one local maximum at a point  $(s_0, \tilde{B}_0)$  and  $k$  index  $n-1$  critical points with coordinates  $(s_j, \tilde{B}_j)$ ,  $j = 1, \dots, k$ . Here the values  $s_j \in [\frac{5}{8}, \frac{3}{4}]$  are determined from the equations  $\tilde{b}_j \theta'(s_j) = \varepsilon$ ,  $j = 0, \dots, k$ . Respectively, the critical values are equal to  $\hat{b}_k := -\varepsilon s_j + \theta(s_j)\tilde{b}_j$ , For  $\tilde{b}_j$  near  $\varepsilon$  we have  $\hat{b}_j < \varepsilon$ , while for  $\tilde{b}_j$  close to  $\frac{C}{2k+2}$  we have  $\hat{b}_j > \frac{C}{4k+4}$ . Hence, by continuity, any critical values  $b_0, b_1, \dots, b_k \in (\varepsilon, \frac{C}{4k+4})$  which satisfy the inequality  $b_0 > \max(b_1, \dots, b_k)$  can be realized.

The required Lagrangian manifold  $\tilde{L}^{-\varepsilon}$  can be now defined by the equations

$$z = \frac{\partial h}{\partial s}, \quad x_j = q_j, \quad v_j = \frac{\partial h}{\partial p_j}, \quad j = 1, \dots, n-1, \quad s \in \left[\frac{1}{2}, 1\right], \quad q \in I^{n-1},$$

or returning to  $x, y, z, s$  coordinates by the equations

$$\tilde{L}^{-\varepsilon} = \left\{ z = \frac{\partial h}{\partial s}, y_j = \frac{1}{s} \frac{\partial h}{\partial q_j} \right\}.$$

It is straightforward to check that  $\tilde{L}^{-\varepsilon}$  has the required properties.  $\square$

After using Lemma 4.4 to shrink the action of an intersection point, Lemma 4.5, applied with  $k = 0$ , will allow us to balance any negative intersection point. Positive intersection points still provide a challenge though, because the intersection point with the largest action created by Lemma 4.5 is always positive. The following lemma solves this issue.

**Lemma 4.6.** *Let  $f : L \rightarrow (X, \lambda)$  be a proper exact Lagrangian immersion into a simply connected  $X$  and  $D \subset L$  an  $n$ -disc which contains no double points of the immersion  $f$ . Then for any  $A > 0$  and a sufficiently small  $\sigma > 0$  there exists a supported in  $D$  Hamiltonian regular homotopy of  $f$  to  $\tilde{f}$  which creates a pair  $p_+, p_-$  of additional self-intersection points such that  $a_{\text{SI}}(p_{\pm}, \tilde{f}) = A \pm \sigma$ , the self-intersection indices of  $p_{\pm}$  have opposite signs and can be chosen at our will.*

Let us introduce some notation. Consider a domain

$$U_{\varepsilon} := \{-2\varepsilon < p_1 < 1 + 2\varepsilon, \max_{1 \leq i \leq n} |q_i| < 2\varepsilon, \max_{1 \leq j \leq n} |p_j| < 2\varepsilon\}$$

in the standard symplectic  $\mathbb{R}_{\text{st}}^{2n} = (\mathbb{R}^{2n}, \sum_1^n dp_i \wedge dq_i)$ . Let  $L^t$  be the Lagrangian plane  $\{p_1 = t, p_j = 0 \text{ for } j = 2, \dots, n\} \cap U_{\varepsilon} \subset U_{\varepsilon}$ ,  $t \in \{0, 1\}$ . Note that  $pdq|_{L^t} = tdq_1$ . We will also use the following notation associated with  $U_{\varepsilon}$ :

$u_{\pm} \in L^1$  denote the points with coordinates  $p = (1, 0, \dots, 0), q = (\pm\delta_1, 0, \dots, 0)$ ;

$z_{\pm} \in L^0$  denote the points with coordinates  $p = (0, 0, \dots, 0), q = (\pm\delta_1, 0, \dots, 0)$

$c^0$  denote the point with coordinates  $p = (0, 0, \dots, 0), q = (-\varepsilon, 0, \dots, 0)$ ;

$c^1$  denote the point with coordinates  $p = (1, 0, \dots, 0), q = (-\varepsilon, 0, \dots, 0)$ ;

$J_{\pm}^1$  denote the intervals connecting  $c^1$  and  $u_{\pm}$ ;

$J_{\pm}^0$  denote the intervals connecting  $c^0$  and  $z_{\pm}$ .

We will use in the proof of 4.6 the following

**Lemma 4.7.** *There exists a Lagrangian isotopy  $\tilde{f}_t : L^1 \rightarrow U_{\varepsilon}$  fixed near  $\partial L^1$  and starting at the inclusion  $f_0 : L^1 \hookrightarrow U_{\varepsilon}$  such that  $\tilde{L}^1 = f_1(L^1)$  transversely intersects  $L^0$  at two points  $z_{\pm}$  with the following properties:*

- $f_1^*(pdq) = q_1 + d\theta$ , where  $\theta : L^1 \rightarrow \mathbb{R}$  is a compactly supported in  $\text{Int } L^1$  function such that  $\theta(z_{\pm}) = \mp\delta$  for a sufficiently small  $\delta > 0$ ;

- the intersection indices of  $\tilde{L}^1$  and  $L^0$  at  $z_+$  and  $z_-$  have opposite signs and can be chosen at our will.

*Proof.* For sufficiently small  $\delta_1, \delta_2$ ,  $0 < \delta_1 \ll \delta_2 \ll \varepsilon$ , there exists a  $C^\infty$ -function  $\alpha : [-\varepsilon, \varepsilon] \rightarrow \mathbb{R}$  with the following properties:

- $\alpha(t) = t$  for  $\delta_2 \leq |t| \leq \varepsilon$ ;
- $\alpha(t) = t^3 - 3\delta_1^2 t$  for  $|t| \leq \delta_1$ ;
- the function  $\alpha$  has no critical points, other than  $\pm\delta_1$ ;
- $-\frac{\varepsilon}{2} < \alpha'(t) < 1 + \frac{\varepsilon}{2}$ .

Let us also take a cut-off function  $\beta : [0, 1] \rightarrow [0, 1]$  which is equal to 0 near 1 and equal to 1 near 0. Take a quadratic form  $Q_j$  of index  $j - 1$ :

$$Q_j(q_2, \dots, q_n) = -\sum_{i=2}^j q_i^2 + \sum_{j+1}^n q_i^2, \quad j = 1, \dots, n,$$

and define a function  $\sigma : \{|q_i| \leq \varepsilon; i = 1, \dots, n\} \rightarrow \mathbb{R}$  by the formula

$$\sigma_j(q_1, q_2, \dots, q_n) = q_1 + \delta_2 Q_j(q_2, \dots, q_n) \beta\left(\frac{\rho}{\varepsilon}\right) \beta\left(\frac{|q_1|}{\varepsilon}\right) + (\alpha(q_1) - q_1) \beta\left(\frac{\rho}{\varepsilon}\right),$$

where we denoted  $\rho := \max_{2 \leq i \leq n} |q_i|$ . The function  $\sigma_j$  has two critical points  $(-\delta_1, 0, \dots, 0)$  and  $(\delta_1, 0, \dots, 0)$  of index  $j$  and  $j - 1$ , respectively. We note that

$$-\frac{\varepsilon}{2} - Cn\delta_2\varepsilon \leq \frac{\partial \sigma_j}{\partial q_1} < 1 + \frac{\varepsilon}{2} + Cn\delta_2\varepsilon$$

and

$$\left| \frac{\partial \sigma_j}{\partial q_i} \right| \leq 2\delta_2\varepsilon + Cn\delta_2\varepsilon + \frac{C\delta_2}{\varepsilon}$$

for  $i > 1$ , where  $C = \|\beta\|_{C^1}$ . In particular, if  $\delta_2$  is chosen small enough we get  $-\varepsilon < \frac{\partial \sigma_j}{\partial q_1} < 1 + \varepsilon$  and  $\left| \frac{\partial \sigma_j}{\partial q_i} \right| < \varepsilon$  for  $i = 2, \dots, n$ .

Assuming that  $L^1$  is parameterized by the  $q$ -coordinates we define the required Lagrangian isotopy  $f_t : L^1 \rightarrow U_\varepsilon$  by the formula:

$$f_t(q) = \left( q, 1 + t \left( \frac{\partial \sigma_j}{\partial q_1} - 1 \right), t \frac{\partial \sigma_j}{\partial q_2}, \dots, t \frac{\partial \sigma_j}{\partial q_n} \right), \quad |q_i| < 2\varepsilon; \quad i = 1, \dots, n.$$

The Lagrangian manifold  $\tilde{L}^1 = f_1(L^1)$  intersects  $L^0$  at two points  $z_{\pm}$  with coordinates  $p = 0, q_1 = \pm\delta_1, q_2 = 0, \dots, q_n = 0$ . The intersection index of  $\tilde{L}^1$  and  $L^0$  at  $z_-$  is equal to  $(-1)^j$ , and to  $(-1)^{j-1}$  at  $z_+$ . Thus by choosing  $j$  even or odd we can arrange the intersection to be positive at  $z_+$  and negative at  $z_-$ , or the other way around. The compactly supported function  $\theta$  determined from the equation  $f_1^*(pdq) = dq_1 + d\theta$  is equal to  $\sigma_j - q_1$ . In particular,  $\theta(z_{\pm}) = \mp 2\delta_1^3$ .  $\square$

*Proof of Lemma 4.6.* We denote  $\tilde{J}_{\pm}^1 := f_1(J_{\pm}^1)$ , where  $f_t$  is the isotopy constructed in Lemma 4.7. Take any two points  $a, b \in D \subset \tilde{D} := f(D) \subset \tilde{L} := f(L)$  and connect them by a path  $\eta : [0, 1] \rightarrow \tilde{D}$  such that  $\eta(0) = \tilde{b} := f(b)$  and  $\eta(1) = \tilde{a} := f(a)$ . Denote  $B := \int_{\eta} \lambda$ .

For any real  $R$  there exists an embedded path  $\gamma : [0, 1] \rightarrow X$  connecting the points  $\gamma(0) = \tilde{a}$  and  $\gamma(1) = \tilde{b}$  in the complement of  $\tilde{L}$ , homotopic to a path in  $\tilde{L}$  with fixed ends, and such that  $\int_{\gamma} \lambda = R$ . For a sufficiently small  $\varepsilon > 0$  the embedding  $\gamma$  can be

extended to a symplectic embedding  $\Gamma : U_{\varepsilon} \rightarrow X$  such that  $\Gamma^{-1}(\tilde{L}) = L^0 \cup L^1$ . Here we identify the domain  $[0, 1]$  of the path  $\gamma$  with the interval

$$I = \{q_1 = -\varepsilon, q_j = 0, j = 2, \dots, n; 0 \leq p_1 \leq 1, p_j = 0, j = 2, \dots, n\} \subset \partial U_{\varepsilon},$$

so that we have  $\Gamma(c^0) = \tilde{a}$  and  $\Gamma(c^1) = \tilde{b}$ .

The Lagrangian isotopy  $\tilde{f}_t := \Gamma \circ f_t : L^1 \rightarrow X$ , where  $f_t : L^1 \rightarrow U_{\varepsilon}$  is the isotopy constructed in Lemma 4.7, extends as a constant homotopy to the rest of  $L$  and provides us with a regular Lagrangian homotopy connecting the immersion  $f$  with a Lagrangian immersion  $L \rightarrow X$  which has two more transverse intersection points  $p_{\pm} := \Gamma(z_{\pm})$  of opposite intersection index sign. See Figure 4.3. Consider the following loops  $\zeta_{\pm}$  in  $\tilde{L} \subset X$  based at the points  $p_{\pm}$ . We start from the point  $p_{\pm}$  along the  $\Gamma$ -image of the oppositely oriented interval  $\tilde{J}_{\pm}^1$  to the point  $\tilde{b}$ , then follow the path  $\eta$  to the point  $\tilde{a}$ , and finally follow along the  $\Gamma$ -image of the path  $J_0$  back to  $p_{\pm}$ .

Then we have

$$\begin{aligned} \int_{\zeta_{\pm}} \lambda &= - \int_{\tilde{J}_{\pm}^1} \Gamma^* \lambda + \int_{\eta} \lambda + \int_{J_{\pm}^0} \Gamma^* \lambda \\ &= \left( - \int_{\tilde{J}_{\pm}^1} \Gamma^* \lambda + \int_{\gamma} \lambda + \int_{J_{\pm}^0} \Gamma^* \lambda \right) + \left( \int_{\eta} \lambda - \int_{\gamma} \lambda \right) \end{aligned}$$

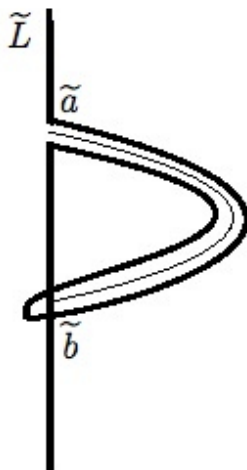


Fig. 4.3: The Lagrangian  $f_1(L)$ . The light curve represents  $\gamma$ .

$$= \left( - \int_{\tilde{J}_{\pm}} pdq - \int_I pdq + \int_{J_{\pm}^0} pdq \right) + (B + R) = -\varepsilon + B + R \mp 2\delta_1^3.$$

It remains to observe that there exists a sufficiently small  $\varepsilon_0 > 0$  which can be chosen for any  $R \in [A - C - 1, A - C + 1]$ . Hence, by setting  $R = A - C - \varepsilon_0$  and  $\varepsilon = \varepsilon_0$  we arrange that the action of the intersection points  $p_{\pm}$  is equal to  $A \mp 2\delta_1^3$  while their intersection indices have opposite sign which could be chosen at our will.  $\square$

**Lemma 4.8.** *Let  $((0, \infty) \times Y, d(t\alpha))$  be the symplectization of a manifold  $Y$  with a contact form  $\alpha$ . Let  $\Lambda$  be a Legendrian submanifold and  $L = (0, \infty) \times \Lambda$  the Lagrangian cylinder over it. Suppose that there exists a contact form preserving embedding  $\Phi : (Q_C, \alpha_{\text{st}}) \rightarrow (Y, \alpha)$  and  $\Gamma \subset Y$  an embedded isotropic arc connecting a point  $b \in \Lambda$  with a point*

$$\Phi(x_1 = 1, x_2 = 0, \dots, x_{n-1} = 0, y_1 = 0, \dots, y_n = 0, z = 0) \in \partial\Phi(Q_C).$$

*Then there exists a Lagrangian isotopy  $L_t \subset \mathbb{R} \times \Lambda$  supported in a neighborhood of  $1 \times \Gamma \cup \Phi(Q_C)$ ,  $t \in [0, 1]$ , which begins at  $L_0 = L$  such that*



- $L_t$  transversely intersects  $1 \times Y$  along a Legendrian submanifold  $\Lambda_t$ ;
- $\Phi^{-1}(\Lambda_1) = \Lambda^0 \cup \Lambda^{-\varepsilon}$  for a sufficiently small  $\varepsilon > 0$ .

*Proof.* We use below the notation  $I_a^k$ ,  $a > 0$  for the cube  $\{|x_i| \leq a, i = 1, \dots, k\} \subset \mathbb{R}^k$ . The embedding  $\Phi$  can be extended to a slightly bigger domain  $\widehat{Q} = \{|x_i| \leq 1 + \sigma, |y_i| \leq C, i = 1, \dots, n-1, |z| \leq C + \sigma\} \subset \mathbb{R}_{\text{st}}^{2n-1}$  for a sufficiently small  $\sigma > 0$ . The intersection  $\widehat{Q} \cap (\mathbb{R}^{n-1} = \{y = 0, z = 0\})$  is the cube  $I_{1+\sigma}^{n-1} \subset \mathbb{R}^{n-1}$ . We can assume that the intersection of the path  $\Gamma$  with  $\widehat{Q}$  coincides with the interval  $\{1 \leq x_1 \leq 1 + \sigma, x_j = 0, j = 2, \dots, n-1\} \subset I_{1+\sigma}^{n-1}$ . The Legendrian embedding  $\Psi := \Phi|_{I_{1+\sigma}^{n-1}} : I_{1+\sigma}^{n-1} \rightarrow Y$  can be extended to a bigger parallelepiped

$$\Sigma = \{-1 - \sigma \leq x_1 \leq 2 + \sigma, |x_j| \leq 1 + \sigma, j = 2, \dots, n-1\} \subset \mathbb{R}^{n-1}$$

such that the extended Legendrian embedding, still denoted by  $\Psi$ , has the following properties:

- $\Psi(\{1 \leq x_1 \leq 2, x_j = 0, j = 2, \dots, n-1\}) = \Gamma$ ;
- $\Psi(\{x_1 = 2\}) \subset \Lambda$ .

For a sufficiently small positive  $\delta < C$  the Legendrian embedding can be further extended as a contact form preserving embedding

$$\widehat{\Psi} : (\widehat{P} := \{(x, y, z) \in \mathbb{R}_{\text{st}}^{2n-1}; x \in \Sigma, |y_i| \leq \delta, i = 1, \dots, n-1, |z| \leq \delta\}, \alpha_{\text{st}}) \rightarrow (Y, \alpha),$$

such that

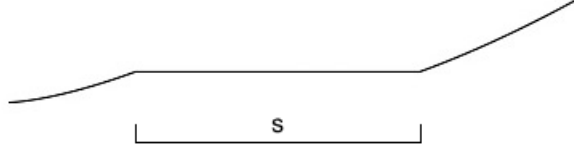
- $\widehat{\Psi}|_{\widehat{P} \cap \widehat{Q}} = \Phi|_{\widehat{P} \cap \widehat{Q}}$ ;
- the Legendrian manifold  $\widehat{\Lambda} := \widehat{\Psi}^{-1}(\Lambda)$  is given by the formulas

$$\widehat{\Lambda} := \{z = \pm(x_1 - 2)^{\frac{3}{2}}, y_1 = \pm \frac{3}{2} \sqrt{x_1 - 2}, x_1 \geq 2, y_j = 0, j = 2, \dots, n-1\}$$

(note that any point on any Legendrian admits coordinates describing  $\widehat{\Lambda}$  as above).

Consider a cut-off  $C^\infty$ -function  $\theta : [0, 1 + \sigma] \rightarrow [0, 1]$  such that  $\theta(u) = 1$  if  $u \leq 1$ ,  $\theta(u) = 0$  if  $u > 1 + \frac{\sigma}{2}$ ,  $\theta' \leq 0$ , and denote

$$\Theta(u_1, \dots, u_{n-2}) := (3 + \sigma) \prod_1^{n-2} \theta(u_i), \quad u_1, \dots, u_{n-2} \in [0, 1 + \sigma].$$

Fig. 4.4: The function  $g_s$ .

For  $s \in [0, 1]$  denote

$$\Omega_s := \{2 - s\Theta(|x_2|, \dots, |x_{n-1}|) \leq x_1 \leq 2 + \sigma\} \cap \Sigma \subset \mathbb{R}^{n-1}.$$

We have  $\Omega_1 \supset \{-1 - \sigma \leq x_1 \leq 2, |x_2|, \dots, |x_{n-1}| \leq 1\} \supset I_1^{n-1}$  and  $\Omega_0 = \{2 \leq x_1 \leq 2 + \sigma\} \cap \Sigma$ .

For a sufficiently small positive  $\varepsilon < \frac{\sigma^{\frac{3}{2}}}{2}$  consider a family of piecewise smooth continuous functions  $g_s : [2 - s, 2 + \sigma] \rightarrow [0, \sigma^{\frac{3}{2}}]$ ,  $s \in [0, 3 + \sigma]$  defined by the formulas

$$g_s(u) = \begin{cases} (u - 2 + s)^{\frac{3}{2}}, & u \leq 2 - s + \varepsilon^{\frac{2}{3}}; \\ \varepsilon, & 2 - s + \varepsilon^{\frac{2}{3}} < u < 2 + \varepsilon^{\frac{2}{3}}; \\ (u - 2)^{\frac{3}{2}}, & u \geq 2 + \varepsilon^{\frac{2}{3}}. \end{cases}$$

See Figure 4.4. We can smooth  $g_s$  near the points  $2 + \varepsilon^{\frac{2}{3}}$  and  $2 - s + \varepsilon^{\frac{2}{3}}$  in such way that the derivative is monotone near these points (i.e. decreasing near  $2 - s + \varepsilon^{\frac{2}{3}}$  and increasing near  $2 + \varepsilon^{\frac{2}{3}}$ ). We continue to denote the smoothed by  $g_s$ .

Next, define for  $s \in [0, 1]$  a function  $G_s : \Omega_s \rightarrow \mathbb{R}$  by the formula

$$G_s(x_1, x_2, \dots, x_{n-1}) = g_{s\Theta(x_2, \dots, x_{n-1})}(x_1).$$

Note that by decreasing  $\varepsilon$  and  $\sigma$  we can arrange that  $\frac{\partial G_s}{\partial s}(x)$ ,  $\left| \frac{\partial G_s}{\partial x_i}(x) \right| < \delta$ ,  $i = 1, \dots, n - 1$ , for all  $s \in [0, 1]$  and  $x \in \Omega_s$ . We also observe that if  $\frac{\partial G_s}{\partial x_1}(x) = 0$  then  $G_s(x) = \varepsilon$ . Choose a cut-off function  $\mu : [1 - \delta, 1 + \delta] \rightarrow [0, 1]$  which is equal to 1 near 1 and equal to 0 near  $1 \pm \delta$  and consider a family of Lagrangian submanifolds  $N_s$ ,  $s \in [0, 1]$ , defined in the domain  $([1 - \delta, 1 + \delta] \times \widehat{P}, d(t\alpha_{st}))$  in the symplectization of  $\widehat{P}$  defined by the formulas

$$z = \pm G_{s\mu(t)}(x) \pm t \frac{\partial G_{s\mu(t)}}{\partial t}(x), y_i = \pm \frac{\partial G_{s\mu(t)}}{\partial x_i}(x), \\ x \in \Omega_{s\mu(t)}, i = 1, \dots, n - 1, t \in [1 - \delta, 1 + \delta].$$

First, let us check that  $N_s$  is Lagrangian for all  $s \in [0, 1]$ . Indeed, we have  $d(t\alpha_{st}) = -d\left(zdt + \sum_1^{n-1}(ty_i)dx_i\right)$ , and hence

$$d(t\alpha_{st})|_N = \pm d\left(\left(G_{s\mu(t)} + t\frac{\partial G_{s\mu(t)}}{\partial t}\right)dt + \sum_1^{n-1}t\frac{\partial G_{s\mu(t)}}{\partial x_i}dx_i\right) = \pm d(d(tG_{s\mu(t)})) = 0.$$

Next, we check that  $N_s$  is embedded. The only possible pairs of double points may be of the form  $(x, y, z)$  and  $(x, -y, -z)$ , that is  $z = 0$  and  $y = 0$ . But then  $\frac{\partial G_{s\mu(t)}}{\partial x_1} = 0$ , and hence  $G_{s\mu(t)}(x) = \varepsilon$  and  $\frac{\partial G_{s\mu(t)}}{\partial t}(x) = 0$ , which shows  $z = G_{s\mu(t)}(x) + t\frac{\partial G_{s\mu(t)}}{\partial t}(x) \neq 0$ .

We also note that  $N_s \cap \{t = 1\}$  is a Legendrian submanifold  $\{z = \pm G_{s\mu(t)}(x), y_i = \pm \frac{\partial G_{s\mu(t)}}{\partial x_i}(x), i = 1, \dots, n-1\} \subset \widehat{P}$  and  $N_1$  intersects  $Q_C$  along  $\Lambda^{-\varepsilon} \cup \Lambda^\varepsilon$ . Near  $t = 1 \pm \delta$  the submanifold  $N_s$  coincides with the symplectization of the Legendrian submanifold  $\widehat{\Lambda}$  for all  $s \in [0, 1]$ .

Let us remove from the Lagrangian cylinder  $L = (0, \infty) \times \Lambda \subset ((0, \infty) \times Y, t\alpha)$  the domain  $[1 - \delta, 1 + \delta] \times \Lambda$  and replace it by  $\Psi(N_s)$ . The resulted Lagrangian isotopy  $L_s$  has the following properties:  $L_0 = L$ ,  $L_1$  intersects the contact slice  $1 \times Y$  along a Legendrian submanifold  $\Lambda_1$  and  $\Phi^{-1}(\Lambda_1) = \Lambda^{-\varepsilon} \cup \Lambda^\varepsilon$ . Note that if we modify the embedding  $\Phi$  as  $\widetilde{\Phi}(x, y, z) = \Phi(x, y, z - \varepsilon)$  we still get a contact form preserving embedding  $\widetilde{\Phi} : (Q_C, \alpha_{st}) \rightarrow (Y, \alpha)$  for which  $\widetilde{\Phi}^{-1}(\Lambda_1) = \Lambda^{-2\varepsilon} \cup \Lambda^0$ .  $\square$

*Proof of Proposition 4.1 for  $n > 3$ .* Let  $X_-$  be a negative Liouville end of  $X$  bounded by a contact slice  $Y \subset X$  such that  $f$  is cylindrical below it. Denote  $\Lambda := f^{-1}(Y)$ . According to Lemma 4.4 for any  $\varepsilon$  there exists a Hamiltonian regular homotopy of  $f$  into a Lagrangian immersion with transverse self-intersection points of action  $< \varepsilon$ . Moreover, the number of self-intersection points grows proportionally to  $\frac{1}{\varepsilon^3}$  when  $\varepsilon \rightarrow 0$ . For a sufficiently small  $C > 0$  there exists a contact form preserving embedding  $(Q_C, \alpha_{st}) \rightarrow (Y \setminus \Lambda, \alpha := \lambda|_Y)$ . Note that given an integer  $N > 0$  and a positive  $\varepsilon < \frac{C}{N}$  there exists contact form preserving embeddings of  $N^n$  disjoint copies of  $(Q_\varepsilon, \alpha_{st})$  into  $(Q_C, \alpha_{st})$ , i.e. when decreasing  $\varepsilon$  the number of domains  $(Q_\varepsilon, \alpha_{st})$  which can be packed into  $(Y \setminus \Lambda, \alpha)$  grows proportionally to  $\varepsilon^{-n}$ , which is greater than  $\varepsilon^{-3}$  by assumption. Hence for a sufficiently small  $\varepsilon$  we can modify the Lagrangian immersion  $f$ , so that the action of all its self-intersection points are  $< \varepsilon$ , and at least  $\text{SI}(f)$  disjoint Darboux neighborhoods isomorphic to  $Q_{12\varepsilon}$  which do not intersect  $\Lambda$  can be packed into  $(Y, \alpha)$ . We will denote the number of self-intersection points by  $N$  and the corresponding  $Q_{12\varepsilon}$ -neighborhoods by  $U_1, \dots, U_N$ . Notice that

for a sufficiently small  $\theta > 0$  there exists a Liouville form preserving embedding  $((0, 1 + \theta) \times Y, t\alpha) \rightarrow (X, \lambda)$  which sends  $Y \times 1$  onto  $Y$ .

For each intersection point  $p_i \in f(L)$ ,  $i = 1, \dots, N$ , we will find a compactly supported Hamiltonian regular homotopy to balance each intersection point  $p_i$  without changing the action of the other intersection points. Recall  $0 < a_{\text{SI}}(p_1, f) < \varepsilon$ . Using Lemma 4.8 we isotope the Lagrangian cylinder  $(0, 1 + \theta) \times \Lambda$  via a Lagrangian isotopy supported in a neighborhood of  $Y \times 1$  so that:

- the deformed cylinder  $\tilde{\Lambda}$  intersects  $Y$  transversely along a Legendrian submanifold  $\tilde{\Lambda}$ ;
- for a sufficiently small  $\sigma > 0$  and each  $i = 1, \dots, N$ , the cylinder  $\tilde{\Lambda}$  intersects  $U_i = Q_{12\varepsilon}$  along Legendrian planes  $\Lambda^0 = \{y = 0, z = 0\}$  and  $\Lambda^{-\sigma} = \{z = -\sigma, y = 0\}$ .

We can further deform the Lagrangian  $\tilde{L}$  to make it cylindrical in  $[\frac{1}{2}, 1] \times Y$ , and hence, we get embeddings  $([\frac{1}{2}, 1] \times Q_{12\varepsilon}, t\alpha_{\text{st}}) \rightarrow ((0, 1] \times Y, t\alpha)$  such that the intersections  $([\frac{1}{2}, 1] \times U_i, \alpha_{\text{st}})$  with  $\tilde{L}$  coincide with the Lagrangians  $L^0$  and  $L^{-\delta}$  from Lemma 4.5.

There are two cases, depending on the sign of the intersection; suppose first that the self-intersection index at the point  $p_i$  is negative. Then we apply Lemma 4.5 with  $k = 0$  and construct a cylindrical at  $-\infty$  and fixed everywhere except  $L^{-\delta}$  and  $\Lambda^{-\delta} \times (0, \frac{1}{2}]$  Hamiltonian regular homotopy of the immersion  $f$  which deforms  $L^{-\delta}$  to  $\tilde{L}^{-\delta}$  such that  $L^0$  and  $\tilde{L}^{-\delta}$  positively intersect at 1 point  $B_0$  of action  $a_{\text{SI}}(B_0, f) = a_{\text{SI}}(p_i, f)$ . Hence, the point  $B_0$  balances  $p_i$ . Notice that this homotopes  $\Lambda$  to another Legendrian  $\tilde{\Lambda}$ , and in fact  $\tilde{\Lambda}$  will never be Legendrian isotopic to  $\Lambda$  (after a balancing of a single intersection point; we show below that it will be isotopic after all intersection points are balanced).

If the self-intersection index of  $p_i$  is positive we first apply Lemma 4.6 to create two new intersection points  $p_+$  and  $p_-$  of index 1 and  $-1$  and action equal to  $A - \sigma$  and  $A + \sigma$  respectively, for some  $A \in (a_{\text{SI}}(p_i, f), a_{\text{SI}}(p_i, f) + 4\varepsilon)$  and sufficiently small  $\sigma > 0$ . We then apply Lemma 4.5 with  $k = 2$  and create 3 new intersection points  $B_0, B_1, B_2$  of indices 1,  $-1, -1$  and of action  $A + \sigma, A - \sigma$  and  $a_{\text{SI}}(p_i, f)$ , respectively. Then  $(p_i, B_2)$ ,  $(p_+, B_1)$  and  $(p_-, B_0)$  are balanced Whitney pairs.

In the course of the above proof,  $\Lambda$  is homotoped to the Legendrian  $\tilde{\Lambda}$  at  $-\infty$ . In order to make the constructed Hamiltonian homotopy of our Lagrangian fixed at  $-\infty$ , it suffices to show that  $\Lambda$  is Legendrian isotopic to  $\tilde{\Lambda}$ , because we can then apply Lemma 3.4 to undo this homotopy near  $-\infty$ . Assume that  $\Lambda$  has a loose component and  $I(f) = 0$ . In the course of the above proof we only need to homotope

a single component of  $\Lambda$  of our choosing; we choose the component of  $\Lambda$  which is loose. Obviously we can also fix a universal loose Legendrian embedded in this component of  $\Lambda$ , thus the corresponding component of  $\tilde{\Lambda}$  is also loose. Using part (ii) of Proposition 2.1, it only remains to show that  $\Lambda$  is formally Legendrian isotopic to  $\tilde{\Lambda}$ . Because the algebraic count of self intersections of  $f$  is zero the homotopy from  $\Lambda$  to  $\tilde{\Lambda}$  also has an algebraic count of zero self-intersections. This implies that they are formally isotopic; see Proposition 2.6 in [7].  $\square$

To deal with the case  $n = 3$  we will need an additional lemma. Let us denote by  $P(C)$  the polydisc  $\{p_i^2 + q_i^2 \leq \frac{C}{\pi}, i = 1, \dots, n\} \subset \mathbb{R}_{\text{st}}^{2n}$ .

**Lemma 4.9.** *Let  $(X, \omega)$  be a symplectic manifold with a negative Liouville end,  $Y \subset X$  a contact slice, and  $\lambda$  is the corresponding Liouville form on a neighborhood  $\Omega \supset X_-$  in  $X$ . Suppose that there exists a symplectic embedding  $\Phi : P(C) \rightarrow X_+ \setminus Y$ . Let  $\Gamma$  be an embedded path in  $X_+$  connecting a point  $a \in Y$  with a point in  $b \in \partial \tilde{P}$ ,  $\tilde{P} := \Phi(P(C))$ . Then for any neighborhoods  $U \supset (\Gamma \cup \tilde{P})$  in  $X_+$  there exists a Weinstein cobordism  $(W, \omega, \tilde{X}, \phi)$  such that*

(i)  $W \subset X_+ \cap (U \cup \Omega)$ ,  $\partial_- W = Y$ ;

(ii) the Liouville form  $\tilde{\lambda} = \iota(\tilde{X})\omega$  coincides with  $\lambda$  near  $Y$  and on  $\Omega \setminus U$ ;

(iii)  $\phi$  has no critical points;

(iv) the contact manifold  $(\tilde{Y} := \partial_+ W, \tilde{\alpha} := \tilde{\lambda}|_{\tilde{Y}})$  admits a contact form preserving embedding  $(Q_a, \alpha_{\text{st}}) \rightarrow (\tilde{Y}, \tilde{\alpha})$  for any  $a < \frac{C}{2}$ .

*Proof.* For any  $b \in (a, \frac{C}{2})$  the domain  $U_b := \{|q_i| \leq 1, |p_i| < b; i = 1, \dots, n\} \subset \mathbb{R}_{\text{st}}^{2n}$  admits a symplectic embedding  $H : U_b \rightarrow \text{Int } P(C)$ . Denote  $\partial_n U_b := \{p_n = b\} \cap \partial \bar{U}_b$ . Consider a Liouville form  $\mu = \sum_1^n (1 - \sigma)p_i dq_i - \sigma q_i dp_i = \sum_1^n p_i dq_i - \sigma d\left(\sum_1^n p_i q_i\right)$ , where a sufficiently small  $\sigma > 0$  will be chosen later. Then

$$\beta := \mu|_{\partial_n U_b} = d\left((b - \sigma)q_n - \sigma \sum_1^{n-1} p_i q_i\right) + \sum_1^{n-1} p_i dq_i.$$

Let us verify that for a sufficiently small  $\sigma > 0$  there exists a contact form preserving embedding  $(Q_a, \alpha_{\text{st}}) \rightarrow (\partial_n U_b, \beta)$ . Consider the map  $\Psi : Q_a \rightarrow \mathbb{R}_{\text{st}}^{2n}$  given by the

formulas

$$p_i = -y_i, q_i = x_i, i = 1, \dots, n-1, p_n = b, q_n = \frac{z}{b-\sigma} - \frac{\sigma}{b-\sigma} \sum_1^{n-1} x_i y_i.$$

Note that  $|q_n| \leq \frac{a+a\sigma(n-1)}{b-\sigma} < 1$  if  $\sigma < \frac{b-a}{n}$ . Hence, if  $(x, y, z) \in Q_a$  we have

$$|p_i| \leq a < b, |q_i| \leq 1 \text{ for } i = 1, \dots, n-1, p_n = b, |q_n| < 1,$$

i.e.  $\Psi(Q_a) \subset \partial_n U_b$ . On the other hand

$$\Psi^* \mu = \Psi^* \beta = d \left( z + \sigma \sum_1^{n-1} x_i y_i - \sigma \sum_1^{n-1} x_i y_i \right) - \sum_1^{n-1} y_i dx_i = \alpha_{st}.$$

There exists a domain  $\widehat{U}_b$ , diffeomorphic to a ball with smooth boundary, such that

- $U_b \subset \widehat{U}_b \subset U_{b'}$  for some  $b' \in (b, \frac{C}{2})$ ;
- $\partial \widehat{U}_b \supset \partial_n U_b$ ;
- $\widehat{U}_b$  is transverse to the Liouville field  $T$ ,  $\omega$ -dual to the Liouville form  $\mu$ .

Note that there exists a Lyapunov function  $\psi : \widehat{U}_b \rightarrow \mathbb{R}$  for  $T$  such that  $(\widehat{U}_b, \omega, T, \psi)$  is a Weinstein domain.

Denote  $\widetilde{U}_b := \Phi(H(U_a)) \Subset X_+$ . We can assume that the path  $\Gamma$  connects a point on  $Y$  with a point on  $\partial \widetilde{U}_b \setminus \Phi(H(\partial_n U_b))$ .

We modify the Liouville form  $\lambda$ , making it equal to 0 on the path  $\Gamma$  and equal to  $\Phi_* H_* \mu$  on  $\widetilde{U}_b$ . Next, we use Lemma 3.1 to construct the required cobordism  $(W, \omega, \widetilde{X}, \phi)$  by connecting  $X_-$  and  $\widehat{U}_b$  via a Weinstein surgery along  $\Gamma$ , and then apply Proposition 3.3 to cancel the zeroes of the Liouville field  $\widetilde{X}$ . As a result we ensure properties (i)–(iii). In fact, property (iv) also holds. Indeed, by construction  $\partial_+ W \supset \Phi(H(\partial_n U_b))$ , and hence there exists a contact form preserving embedding  $(Q_a, \alpha_{st}) \rightarrow (\partial_+ W, \widetilde{\alpha} := \iota(\widetilde{X})\omega|_{\partial_+ W})$ .  $\square$

*Proof of Proposition 4.1 for  $n = 3$ .* The problem in the case  $n = 3$  is that we cannot get sufficiently many disjoint contact neighborhoods  $Q_C$  embedded into  $Y$  to balance all the intersection points. Indeed, both the number of intersection of action  $< \varepsilon$  and the number of  $Q_{12\varepsilon}$ -neighborhoods one can pack into contact slice  $Y$  grow as

$\varepsilon^{-3}$  when  $\varepsilon \rightarrow 0$ . However, using the infinite Gromov width assumption we can cite Lemma 4.9 to modify  $Y$  so that it would contain a sufficient number of disjoint neighborhoods isomorphic to  $Q_{12\varepsilon}$ . Indeed, suppose that there are  $N$  double points of action  $< \varepsilon$ . By the infinite Gromov width assumption there exists  $N$  disjoint embeddings of polydiscs  $P(24\varepsilon)$  into  $X_+ \setminus f(L)$ .

Using Lemma 4.9, we modify the Liouville form  $\lambda$  into  $\tilde{\lambda}$  away from  $f(L)$ , so that  $(X, \tilde{\lambda})$  admits a negative end bounded by a contact slice  $\tilde{Y}$  such that there exists  $N$  disjoint embeddings  $(Q_{12\varepsilon}, \alpha_{\text{st}}) \rightarrow (\tilde{Y}, \tilde{\alpha})$  preserving the contact form. The rest of the proof is identical to the case  $n > 3$ .  $\square$

## 5 Proof of main theorems

*Proof of Theorem 2.3.* We first use Proposition 4.1 to make the Lagrangian immersion  $f$  balanced and then use the following modified Whitney trick to eliminate each balanced Whitney pair.

Let  $p, q \in X$  be a balanced Whitney pair,  $p^0, p^1 \in L$  and  $q^0, q^1 \in L$  the pre-images of the self-intersection points  $p, q$ , and  $\gamma^0, \gamma^1 : [0, 1] \rightarrow L$  are the corresponding paths such that  $\gamma^j(0) = p^j, \gamma^j(1) = q^j$  for  $j = 0, 1$ , the intersection index of  $df(T_{p^0}L)$  and  $df(T_{p^1}L)$  is equal to 1 and the intersection index of  $df(T_{q^0}L)$  and  $df(T_{q^1}L)$  is equal to  $-1$ . Recall that according to our convention we are always ordering the pre-images of double points in such a way that their action is positive.

Choose a contact slice  $Y$ , and consider a path  $\eta : [0, 1] \rightarrow L$  connecting a point in the loose component  $\Lambda$  of  $\partial L_+$  with  $p^0$  such that  $\bar{\eta} := f \circ \eta$  coincides with a trajectory of  $Z$  near the point  $\bar{\eta}(0)$ , and then modify the Liouville form  $\lambda$ , keeping it fixed on  $X_-$ , to make it equal to 0 on  $\bar{\eta}$ . We further modify  $\lambda$  in a neighborhood of  $\bar{\gamma}^0$  making it 0 on  $\bar{\gamma}^0$ , where we use the notation  $\bar{\gamma}^0 := f \circ \gamma^0, \bar{\gamma}^1 := f \circ \gamma^1$ . Note that this is possible because  $Y \cup \bar{\eta} \cup \bar{\gamma}^0$  deformation retracts to  $Y$ . Assuming that this is done, we observe that  $\int_{\bar{\gamma}^1} \lambda = \int_{\bar{\gamma}^0} \lambda = 0$ .

Next, we use Lemma 3.2 to construct Darboux charts  $B_p$  and  $B_q$  centered at the points  $p$  and  $q$  such that the intersecting branches in these coordinates look like coordinate Lagrangian planes  $\{q = 0\}$  and  $\{p = 0\}$  in the standard  $\mathbb{R}^{2n}$ . Set

$\lambda_{\text{st}} := \frac{1}{2} \sum_1^n p_i dq_i - q_i dp_i$ . Then the corresponding to it Liouville vector field  $Z_{\text{st}} =$

$\frac{1}{2} \sum_1^n q_i \frac{\partial}{\partial q_i} + p_i \frac{\partial}{\partial p_i}$  is tangent to the Lagrangian planes through the origin.

We have  $\lambda_{\text{st}} - \lambda = dH$  in  $B_p \cup B_q$ . Choosing a cut-off function  $\alpha$  on  $B_p \cup B_q$  which is equal to 1 near  $p$  and  $q$  and equal to 0 near  $\partial B_p \cup \partial B_q$  we define  $\lambda_1 := \lambda + d(\alpha H)$ . The Liouville structure  $\lambda_1$  coincides with the standard structure  $\lambda_{\text{st}}$  in smaller balls around the points  $p$  and  $q$ , and with  $\lambda$  near  $\partial B_p \cup \partial B_q$ .

Next, we use Lemma 3.1 to modify the Liouville structure  $\lambda_1$  in neighborhoods of paths  $\bar{\gamma}^0$  and  $\bar{\gamma}^1$  and create Weinstein domain  $C$  by attaching handles of index 1 with  $\bar{\gamma}^0$  and  $\bar{\gamma}^1$  as their cores. The corresponding Lyapunov function on  $C$  has two critical points of index 0, at  $p$  and  $q$ , and two critical points of index 1, at the centers of paths  $\bar{\gamma}^0$  and  $\bar{\gamma}^1$ . Note that the property  $\int_{\bar{\gamma}^j} \lambda_1 = 0$ ,  $j = 0, 1$ , is crucial in order to apply Lemma 3.1.

Next, we choose an embedded isotropic disc  $\Delta \subset X_+ \setminus \text{Int } C$  with boundary in  $\partial C$ , tangent to  $Z$  along the boundary  $\partial\Delta$ , and such that  $\partial\Delta$  is isotropic, and homotopic in  $C$  to the loop  $\bar{\gamma}^0 \cup \bar{\gamma}^1$ . We then again use Lemma 3.1 to attach to  $C$  a handle of index 2 with the core  $\Delta$ . The resulted Liouville domain  $\tilde{C}$  is diffeomorphic to the  $2n$ -ball. Moreover, according to Proposition 3.3 the Weinstein structure on  $\tilde{C}$  is homotopic to the standard one via a homotopy fixed on  $\partial\tilde{C}$ . In particular, the contact structure induced on the sphere  $\partial\tilde{C}$  is the standard one. The immersed Lagrangian manifold  $f(L)$  intersects  $\partial\tilde{C}$  along two Legendrian spheres  $\Lambda^0$  and  $\Lambda^1$ , each of which is the standard Legendrian unknot which bounds an embedded Lagrangian disc inside  $\tilde{C}$ . These two discs intersect at two points,  $p$  and  $q$ . Note that the Whitney trick allows us to disjoint these discs by a smooth (non-Lagrangian) isotopy fixed on their boundaries. In particular, the spheres  $\Lambda^0$  and  $\Lambda^1$  are smoothly unlinked. If they were unlinked as Legendrians we would be done. Indeed, the Legendrian unlink in  $S_{\text{std}}^{2n-1}$  bounds two disjoint exact Lagrangian disks in  $B_{\text{std}}^{2n}$ . Unfortunately (or fortunately, because this would kill Symplectic Topology as a subject!), one can show that it is impossible to unlink  $\Lambda^0$  and  $\Lambda^1$  via a Legendrian isotopy.

The path  $\bar{\eta}$  intersects  $\partial\tilde{C}$  at a point in  $\Lambda^0$ . Slightly abusing the notation we will continue using the notation  $\bar{\eta}$  for the part of  $\bar{\eta}$  outside the ball  $\tilde{C}$ . We then use Lemma 3.1 one more time to modify  $\lambda_1$  by attaching a handle of index 1 to  $X_- \cup \tilde{C}$  along  $\bar{\eta}$ . As a result, we create inside  $X_+$  a Weinstein cobordism  $W$  which contains  $\tilde{C}$ , so that  $\partial_- W = Y$  and  $\tilde{Y} := \partial_+ W$  intersects  $f(L)$  along a 2-component Legendrian link. One of its components is  $\Lambda^1$ , and the other one is the connected sum of the loose Legendrian  $\Lambda$  and the Legendrian sphere  $\Lambda^0$ , which we denote by  $\tilde{\Lambda}$ . Again applying Proposition 3.3 we can deform the Weinstein structure on  $W$  keeping it fixed on  $\partial W$  to kill both critical points inside  $W$ . Hence all trajectories of the (new) Liouville vector field  $Z$  inside  $W$  begin at  $Y$  and end at  $\tilde{Y}$ , and thus  $W$  is Liouville isomorphic



to  $\tilde{Y} \times [0, T]$  for some  $T$  (with Liouville form  $e^t \lambda_1$ ,  $t \in [0, T]$ ). We also note that the intersection of  $f(L)$  with  $W$  consists of two embedded Lagrangian submanifolds  $A$  and  $B$  transversely intersecting in the points  $p, q$ , where

- $A$  is diffeomorphic to the cylinder  $\Lambda \times [0, 1]$ ,  $A \cap Y = \Lambda$  and  $A \cap \tilde{Y} = \tilde{\Lambda}$ ;
- $B$  is a disc bounded by the Legendrian sphere  $\Lambda^1 = B \cap \tilde{Y}$ .

The Legendrian  $\tilde{\Lambda}$  is smoothly unlinked with  $\Lambda^1$ . Since  $\tilde{\Lambda}$  is loose, Proposition 2.1 implies that there is a Legendrian isotopy of  $\tilde{\Lambda}$  to  $\hat{\Lambda}$  which is disjoint from a Darboux ball containing  $\Lambda^1$ . We realize this isotopy by a Lagrangian cobordism  $A_1$  from  $\tilde{\Lambda}$  to  $\hat{\Lambda}$  using Lemma 3.4, and also realize the inverse isotopy by a Lagrangian cobordism  $A_2$  from  $\hat{\Lambda}$  to  $\tilde{\Lambda}$ . For some  $\tilde{T}$ , these cobordisms embed into  $\tilde{Y} \times [0, \tilde{T}]$ . Inside  $\tilde{Y} \times [0, 2\tilde{T} + 2T]$ , we define a cobordism  $\tilde{A}$  from  $\Lambda$  to  $\tilde{\Lambda}$ , built from the following pieces.

- $\tilde{A} \cap \tilde{Y} \times [0, T] = A$ ,
- $\tilde{A} \cap \tilde{Y} \times [T, \tilde{T} + T] = A_1$ ,
- $\tilde{A} \cap \tilde{Y} \times [\tilde{T} + T, \tilde{T} + 2T] = \hat{\Lambda} \times [\tilde{T} + T, \tilde{T} + 2T]$ ,
- $\tilde{A} \cap \tilde{Y} \times [\tilde{T} + 2T, 2\tilde{T} + 2T] = A_2$ .

We then define  $\tilde{B}$  by

- $\tilde{B} \cap \tilde{Y} \times [0, \tilde{T} + T] = \emptyset$ ,
- $\tilde{B} \cap \tilde{Y} \times [\tilde{T} + T, \tilde{T} + 2T] = B$ ,
- $\tilde{B} \cap \tilde{Y} \times [\tilde{T} + 2T, 2\tilde{T} + 2T] = \Lambda^1 \times [\tilde{T} + 2T, 2\tilde{T} + 2T]$ .

A schematic of these cobordisms is given in Figure 5.1. After elongating  $W$  (which can be achieved by choosing a contact slice closer to  $-\infty$ ),  $\tilde{A} \cup \tilde{B}$  can be deformed to  $A \cup B$  via a Hamiltonian compactly supported regular homotopy fixed on the boundary. We then define  $\tilde{f} : L \rightarrow X$  to be equal to  $f$  everywhere, except the portions of  $L$  which are mapped to  $A$  and  $B$  are instead mapped to  $\tilde{A}$  and  $\tilde{B}$ , respectively.  $\square$

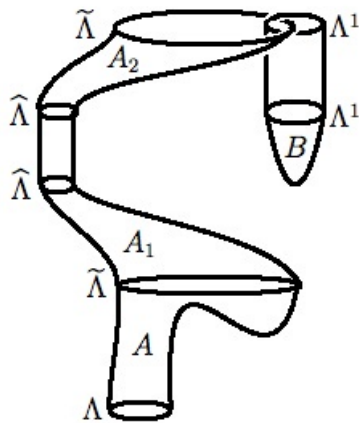


Fig. 5.1: The cobordisms  $\tilde{A}$  and  $\tilde{B}$ .

*Proof of Theorem 2.2.* We first use Gromov's  $h$ -principle for Lagrangian immersions [6] to find a compactly supported regular homotopy starting at  $f$  and ending at a Lagrangian immersion  $\tilde{f}$  with the prescribed action class  $A(f)$  (or the action class  $a(f)$  in the Liouville case). More precisely, let us choose a triangulation of  $L$ . There are finitely many simplices of the triangulation which cover the compact part of  $L$  where the embedding  $f$  is not yet Lagrangian. Let  $K$  be the polyhedron which is formed by these simplices. Using the  $h$ -principle for open Lagrangian immersions, we first isotope  $f$  to an embedding which is Lagrangian near the  $(n-1)$ -skeleton of  $K$ , realizing the given (relative) action class. Let us inscribe an  $n$ -disc  $D_i$  in each of the  $n$ -simplices of  $K$ , such that the embedding  $f$  is already Lagrangian near  $\partial D_i$ . Next, we thicken  $D_i$  to disjoint  $2n$ -balls  $B_i \subset X$  intersecting  $f(L)$  along  $D_i$ . We then apply Gromov's  $h$ -principle for Lagrangian immersions in a relative form to find for each  $i$  a fixed near the boundary regular homotopy  $D_i \rightarrow B_i$  of  $D_i$  into a Lagrangian immersion. Note that all the self-intersection points of the resulted Lagrangian immersion  $\tilde{f}$  are localized inside the ball  $B_i$  and images of different discs  $D_i$  and  $D_j$  do not intersect.

Let us choose a negative end  $X_-$ , bounded by a contact slice  $Y$  in such a way that the immersion  $\tilde{f}$  is cylindrical in it and  $X_- \cap \bigcup B_i = \emptyset$ . Denote  $L_- := \tilde{f}^{-1}(X_-)$ ,  $\Lambda_- =$

$\partial L_-$ . Let us choose a universal loose Legendrian  $U \subset Y$  for the Legendrian submanifold  $\Lambda_- \subseteq Y$ . Denote  $\tilde{\Lambda}_- = \Lambda_- \cap U$ . Let  $V_- := \bigcup_0^\infty Z^{-s}(U) \subset X_-$  be the domain in  $X_-$  formed by all negative trajectories of  $Z$  intersecting  $U$ . Let us choose disjoint paths  $\Gamma_i$  in  $L \setminus \text{Int}(L_- \cup \bigcup_i D_i)$  connecting some points in  $\tilde{\Lambda}_-$  with points  $z_i \in \partial D_i$  for each  $n$ -simplex in  $K$ . Choose small tubular neighborhoods  $U_i$  of  $\tilde{f}(\Gamma_i)$  in  $X$

Set

$$\tilde{X} := V_- \cup \bigcup_i (B_i \cup U_i) \quad \text{and} \quad \tilde{L} := \tilde{f}^{-1}(\tilde{X}).$$

The manifold  $\tilde{X}$  deformationally retracts to  $V_-$  and hence  $\tilde{X}$  is contractible and the Liouville form  $\lambda|_{V_-}$  extends as a Liouville form for  $\omega$  on the whole manifold  $\tilde{X}$ . We will keep the notation  $\lambda$  for the extended form. Thus  $\tilde{L}$  is an exact Lagrangian immersion into the contractible Liouville manifold  $\tilde{X}$ , cylindrical at  $-\infty$  over a loose Legendrian submanifold of  $U$ . Moreover,  $L$  is diffeomorphic to  $\mathbb{R}^n$ , and outside a compact set the immersion is equivalent to the standard inclusion  $\mathbb{R}^n \hookrightarrow \mathbb{R}^{2n}$ . We also note that  $I(\tilde{f}|_{\tilde{L}} : \tilde{L} \rightarrow \tilde{X}) = 0$  since this immersion is regularly homotopic to the smooth embedding  $f|_{\tilde{L}} : \tilde{L} \rightarrow \tilde{X}$ .

Applying Theorem 2.3 to  $\tilde{f}|_{\tilde{L}}$  we find an exact Lagrangian embedding  $\hat{f}$  which is regularly Hamiltonian homotopic to  $\tilde{f}|_{\tilde{L}}$  via a regular homotopy compactly supported in  $\tilde{X}$ . We further note that the embeddings  $\hat{f}$  and  $f : \tilde{L} \rightarrow \tilde{X}$  are isotopic relative the boundary. Indeed, it follows from the  $h$ -cobordism theorem that an embedding  $\mathbb{R}^n \rightarrow \mathbb{R}^{2n}$  which coincides with the inclusion outside a compact set and which is regularly homotopic to it via a compactly supported homotopy is isotopic to the inclusion relative infinity.

Slightly abusing notation we define  $\hat{f} : L \rightarrow X$  to be equal to  $\tilde{f}$  on  $L \setminus \hat{L}$ . This Lagrangian embedding is isotopic to  $f$  via an isotopy fixed outside a compact set. Finally we note that  $d\hat{f} : TL \rightarrow TX$  is homotopic to  $\Phi_1$  since it is constructed with the  $h$ -principle for Lagrangian immersions, and  $d\hat{f}$  is homotopic to  $d\tilde{f}$  since they are regularly Lagrangian homotopic.  $\square$

Next, we deduce Theorem 1.1 from Theorem 2.2.

*Proof of Theorem 1.1.* Let  $B$  be the unit ball in  $\mathbb{R}^{2n}$ . The triviality of the bundle  $T(L) \otimes \mathbb{C}$  is equivalent to existence of a Lagrangian homomorphism  $\Phi : TL \rightarrow T\mathbb{C}^n$ . We can assume that  $\Phi$  covers a map  $\phi : L \rightarrow \mathbb{C}^n \setminus \text{Int} B$  such that  $\phi(\partial L) \subset \partial B$ . Let  $v \in TL|_{\partial L}$  be the inward normal vector field to  $\partial L$  in  $L$ , and  $\nu$  an outward normal to the boundary  $\partial B$  of the ball  $B \subset \mathbb{C}^n$ . Homomorphism  $\Phi$  is homotopic to a

Lagrangian homomorphism, which will still be denoted by  $\Phi$ , sending  $v$  to  $\nu$ . Indeed, the obstructions to that lie in trivial homotopy group  $\pi_j(S^{2n-1})$ ,  $j \leq n-1$ . Then  $\Phi|_{T\partial L}$  is a Legendrian homomorphism  $T\partial L \rightarrow \xi$ , where  $\xi$  is the standard contact structure on the sphere  $\partial B$  formed by its complex tangencies. Using Gromov's  $h$ -principle for Legendrian embeddings we can, therefore, assume that  $\phi|_{\partial L} : \partial L \rightarrow \partial B$  is a Legendrian embedding, and then, using Gromov's  $h$ -principle for Lagrangian immersions deform  $\phi$  to an exact Lagrangian immersion  $\phi : L \rightarrow \mathbb{C}^n \setminus \text{Int } B$  with Legendrian boundary in  $\partial B$  and tangent to  $\nu$  along the boundary. Finally, we use Theorem 2.2 to make  $\phi$  a Lagrangian embedding.  $\square$

## 6 Applications

### Lagrangian embeddings with a conical singular point

Given a symplectic manifold  $(X, \omega)$  we say that  $L \subset M$  is a *Lagrangian submanifold with an isolated conical point* if it is a Lagrangian submanifold away from a point  $p \in L$ , and there exists a symplectic embedding  $f : B_\varepsilon \rightarrow X$  such that  $f(0) = p$  and  $f^{-1}(L) \subset B_\varepsilon$  is a Lagrangian cone. Here  $B_\varepsilon$  is the ball of radius  $\varepsilon$  in the standard symplectic  $\mathbb{R}^{2n}$ . Note that this cone is automatically a cone over a Legendrian sphere in the sphere  $\partial B_\varepsilon$  endowed with the standard contact structure given by the restriction to  $\partial B_\varepsilon$  of the Liouville form  $\lambda_{\text{st}} = \frac{1}{2} \sum_1^n (p_i dq_i - q_i dp_i)$ .

As a special case of Theorem 1.1 (when  $\partial L$  is a sphere) we get

**Corollary 6.1.** *Let  $L$  be an  $n$ -dimensional,  $n > 2$ , closed manifold such that the complexified tangent bundle  $T^*(L \setminus p) \otimes \mathbb{C}$  is trivial. Then  $L$  admits an exact Lagrangian embedding into  $\mathbb{R}^{2n}$  with exactly one conical point. In particular a sphere admits a Lagrangian embedding to  $\mathbb{R}^{2n}$  with one conical point for each  $n > 2$ .*

### Flexible Weinstein cobordisms

The following notion of a flexible Weinstein cobordism is introduced in [1].

A Weinstein cobordism  $(W, \omega, Z, \phi)$  is called *elementary* if there are no  $Z$ -trajectories connecting critical points. In this case stable manifolds of critical points intersect  $\partial_- W$  along isotropic in the contact sense submanifolds. For each critical point  $p$  we call the intersection  $S_p$  of its stable manifold with  $\partial_- W$  the *attaching sphere*. The attaching spheres for index  $n$  critical points are Legendrian.

An elementary Weinstein cobordism  $(W, \omega, Z, \phi)$  is called *flexible* if the attaching spheres for all index  $n$  critical points in  $W$  form a loose Legendrian link in  $\partial_- W$ .

A Weinstein cobordism  $(W, \omega, Z, \phi)$  is called *flexible* if it can be partitioned into elementary Weinstein cobordisms:  $W = W_1 \cup \cdots \cup W_N$ ,  $W_j := \{c_{j-1} \leq \phi \leq c_j\}$ ,  $j = 1, \dots, N$ ,  $m = c_0 < c_1 < \cdots < c_N = M$ . Any subcritical Weinstein cobordism is by definition flexible.

**Theorem 6.2.** *Let  $(W, \omega, Z, \phi)$  be a flexible Weinstein domain. Let  $\lambda$  be the Liouville form  $\omega$ -dual to  $Z$ , and  $\Lambda$  any other Liouville form such that the symplectic structures  $\omega$  and  $\Omega := d\Lambda$  are homotopic as non-degenerate (not necessarily closed) 2-forms. Then there exists an isotopy  $h_t : W \rightarrow W$  such that  $h_0 = \text{Id}$  and  $h_1^* \Lambda = \varepsilon \lambda + dH$  for a sufficiently small  $\varepsilon > 0$  and a smooth function  $H : W \rightarrow \mathbb{R}$ . In particular,  $h_1$  is a symplectic embedding  $(W, \varepsilon \omega) \rightarrow (W, \Omega)$ .*

Recall that a Weinstein cobordism  $(W, \omega, Z, \phi)$  is called a *Weinstein domain* if  $\partial_- W = \emptyset$ .

**Corollary 6.3.** *Let  $(W, \omega, Z, \phi)$  be a flexible Weinstein domain, and  $(X, \Omega)$  any symplectic manifold of the same dimension. If this dimension is 3 we further assume that  $X$  has infinite Gromov width. Then any smooth embedding  $f_0 : W \rightarrow X$ , such that the form  $f_0^* \Omega$  is exact and the differential  $df : TW \rightarrow TX$  is homotopic to a symplectic homomorphism, is isotopic to a symplectic embedding  $f_1 : (W, \varepsilon \omega) \rightarrow (X, \Omega)$  for a sufficiently small  $\varepsilon > 0$ . Moreover, if  $\Omega = d\Theta$  then the embedding  $f_1$  can be chosen in such a way that the 1-form  $f_1^* \Theta - i(Z)\omega$  is exact. If, moreover, the  $\Omega$ -dual to  $\Theta$  Liouville vector field is complete then the embedding  $f_1$  exists for an arbitrarily large constant  $\varepsilon$ .*

*Proof of Theorem 6.2.* Let us decompose  $W$  into flexible elementary cobordisms:  $W = W_1 \cup \cdots \cup W_k$ , where  $W_j = \{c_{j-1} \leq \phi \leq c_j\}$ ,  $j = 1, \dots, k$  for a sequence of regular values  $c_0 < \min \phi < c_1 < \cdots < c_k = \max \phi$  of the function  $\phi$ . Set  $V_j = \bigcup_1^j W_i$  for  $j \geq 1$  and  $V_0 = \emptyset$ .

We will construct an isotopy  $h_t : W \rightarrow W$  beginning from  $h_0 = \text{Id}$  inductively over cobordisms  $W_j$ ,  $j = 1, \dots, k$ . It will be convenient to parameterize the required isotopy by the interval  $[0, 2k]$ . Suppose that for some  $j = 1, \dots, k$  we already constructed an isotopy  $h_t : W \rightarrow W$ ,  $t \in [0, j-1]$  such that  $h_{j-1}^* \Lambda = \varepsilon_{j-1} \lambda + dH$  on  $V_{j-1}$ . Our goal is to extend it  $[j-1, j]$  to ensure that  $h_j$  satisfies this condition on  $V_j$ . Without loss of generality we can assume that there exists only 1 critical point  $p$  of  $\phi$  in  $W_j$ . Let  $\Delta$  be the stable disc of  $p$  in  $W_j$  and  $S := \partial \Delta \subset \partial_- W_j$

the corresponding attaching sphere. By assumption,  $S$  is subcritical or loose. The homotopical condition implies that there is a family of injective homomorphisms  $\Phi_t : T\Delta \rightarrow TW$ ,  $t \in [j-1, j]$ , such that  $\Phi_{j-1} = dh_{j-1}|_{\Delta_j}$ , and  $\Phi_j : T\Delta_j \rightarrow (TW, \Omega)$  is an isotropic homomorphism. We also note that the cohomological condition implies that  $\int_{\Delta} \Omega = 0$  when  $\dim \Delta = 2$ . Then, using Theorem 2.2 when  $\dim \Delta = n$  and Gromov's  $h$ -principle, [6], for isotropic embeddings in the subcritical case, we can construct an isotopy  $g_t : \Delta \rightarrow W_j$ ,  $t \in [j-1, j]$ , fixed at  $\partial\Delta$ , such that  $g_{j-1} = h_{j-1}|_{\Delta}$  is the inclusion and the embedding  $g_j : \Delta \rightarrow (W, \Omega)$  is isotropic. Furthermore, there exists a neighborhood  $U \supset \Delta$  in  $W_j$  such that the isotopy  $g_t$  extends as a fixed on  $W_{j-1}$  isotopy  $G_t : W_{j-1} \cup U \rightarrow W$  such that  $G_t|_{\Delta} = g_t$ ,  $G_t|_{W_j} = h_{j-1}|_{W_{j-1}}$  for  $t \in [j-1, j]$ ,  $G_{j-1}|_U = h_{j-1}|_U$  and  $h_j : (W_{j-1} \cup U, \varepsilon_{j-1}\omega) \rightarrow (W, \Omega)$  is a symplectic embedding. Choose a sufficiently large  $T > 0$  we have  $Z^{-T}(W_j) \subset W_{j-1} \cup U_j$ , and hence  $h_j \circ e^{-T}|_{V_j}$  is a symplectic embedding  $(W_j, \varepsilon_j\omega) \rightarrow (W, \Omega)$ , where we set  $\varepsilon_j := e^{-T}\varepsilon_{j-1}$ . Then we can define the required isotopy  $h_t : W \rightarrow W$ ,  $t \in [j-1, j]$ , which satisfy the property that  $h_j|_{V_j}$  is a symplectic embedding  $(V_j, \varepsilon_j\omega) \rightarrow (W, \omega)$  by setting

$$h_t = \begin{cases} h_{j-1} \circ Z^{-2T(t-j+1)} & \text{for } t \in [j-1, j - \frac{1}{2}], \\ G_t \circ Z^{-T} & \text{for } t \in [j - \frac{1}{2}, j]. \end{cases}$$

□

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