

## MIT Open Access Articles

*Transport and binding of tumor necrosis factor- $\alpha$  in articular cartilage depend on its quaternary structure*

The MIT Faculty has made this article openly available. **Please share** how this access benefits you. Your story matters.

**Citation:** Byun, Sangwon, Yunna L. Sinskey, Yihong C.S. Lu, Eliot H. Frank, and Alan J. Grodzinsky. "Transport and Binding of Tumor Necrosis Factor- $\alpha$  in Articular Cartilage Depend on Its Quaternary Structure." Archives of Biochemistry and Biophysics 540, no. 1-2 (December 2013): 1-8.

**As Published:** <http://dx.doi.org/10.1016/j.abb.2013.10.003>

**Publisher:** Elsevier

**Persistent URL:** <http://hdl.handle.net/1721.1/99417>

**Version:** Author's final manuscript: final author's manuscript post peer review, without publisher's formatting or copy editing

**Terms of use:** Creative Commons Attribution



Published in final edited form as:

*Arch Biochem Biophys.* 2013 December ; 540(0): 1–8. doi:10.1016/j.abb.2013.10.003.

## Transport and Binding of Tumor Necrosis Factor- $\alpha$ in Articular Cartilage Depend on its Quaternary Structure

Sangwon Byun<sup>a</sup>, Yunna L. Sinsky<sup>b</sup>, Yihong C.S. Lu<sup>c</sup>, Eliot H. Frank<sup>d</sup>, and Alan J. Grodzinsky<sup>a,c,d,e,\*</sup>

<sup>a</sup>Department of Electrical Engineering and Computer Science, Massachusetts Institute of Technology, Cambridge, MA, 02139

<sup>b</sup>Department of Biology, Massachusetts Institute of Technology, Cambridge, MA, 02139

<sup>c</sup>Department of Biological Engineering, Massachusetts Institute of Technology, Cambridge, MA, 02139

<sup>d</sup>Center for Biomedical Engineering, Massachusetts Institute of Technology, Cambridge, MA, 02139

<sup>e</sup>Department of Mechanical Engineering, Massachusetts Institute of Technology, Cambridge, MA, 02139

### Abstract

The effect of tumor necrosis factor- $\alpha$  (TNF $\alpha$ ) on cartilage matrix degradation is mediated by its transport and binding within the extracellular matrix (ECM) of the tissue, which mediates availability to cell receptors. Since the bioactive form of TNF $\alpha$  is a homotrimer of monomeric subunits, conversion between trimeric and monomeric forms during intratissue transport may affect binding to ECM and, thereby, bioactivity within cartilage. We studied the transport and binding of TNF $\alpha$  in cartilage, considering the quaternary structure of this cytokine. Competitive binding assays showed significant binding of TNF $\alpha$  in cartilage tissue, leading to an enhanced uptake. However, studies in which TNF $\alpha$  was cross-linked to remain in the trimeric form revealed that the binding of trimeric TNF $\alpha$  was negligible. Thus, binding of TNF $\alpha$  to ECM was associated with the monomeric form. Binding of TNF $\alpha$  was not disrupted by pre-treating cartilage tissue with trypsin, which removes proteoglycans and glycoproteins but leaves the collagen network intact. Therefore, proteoglycan loss during osteoarthritis should only alter the passive diffusion of TNF $\alpha$  but not its binding interaction with the remaining matrix. Our results suggest that matrix binding and trimer-monomer conversion of TNF $\alpha$  both play crucial roles in regulating the accessibility of bioactive TNF $\alpha$  within cartilage.

### Keywords

cartilage; TNF $\alpha$ ; cytokine transport; binding; osteoarthritis; post traumatic osteoarthritis

---

© 2013 Elsevier Inc. All rights reserved

\*Corresponding author Correspondence to: Alan J. Grodzinsky MIT NE47-377 Phone +1 617 253 4969 77 Massachusetts Avenue FAX +1 617 258 5239 Cambridge, MA 02139 alg@mit.edu.

**Publisher's Disclaimer:** This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final citable form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

## 1. Introduction

Tumor necrosis factor- $\alpha$  (TNF $\alpha$ ) is a pro-inflammatory cytokine involved in cartilage matrix degradation and associated joint damage in osteoarthritis (OA) [1]. In addition to other cytokines including as IL-1 and IL-6, TNF $\alpha$  is known as a major factor that can cause cartilage destruction by suppressing proteoglycan synthesis [2, 3] and inducing matrix proteolysis caused by upregulation of aggrecanase [1, 4] and matrix metalloproteinase [5] activities. Following traumatic joint injury, the concentration of TNF $\alpha$  in the synovial fluid is significantly higher than that observed in normal joints [6-8], indicating that TNF $\alpha$  may play an important role in the progression to post-traumatic osteoarthritis (PTOA). Due to the critically important role of cytokines such as TNF $\alpha$  in OA pathogenesis, limiting the catabolic effects of TNF $\alpha$  by delivering anti-TNF $\alpha$  antibodies has been explored as a potential therapeutic for OA patients [9].

Since adult articular cartilage is avascular and alymphatic, the transport of TNF $\alpha$  into and through cartilage is mediated by the dense extracellular matrix (ECM) [10]. Interestingly, the bioactive form of TNF $\alpha$  is a 51 kDa homotrimer of 17 kDa monomeric subunits [11, 12], suggesting that steric hindrance of TNF $\alpha$  diffusion by the ECM would depend on the quaternary structure of TNF $\alpha$  due to its different sizes [13]. The isoelectric pH of TNF $\alpha$  is  $\sim$  5.3, which suggests that TNF $\alpha$  is slightly negatively charged under physiological conditions [14]. The reversible conversion between trimeric and monomeric forms of TNF $\alpha$  in solution, and hence the proportion of those two TNF $\alpha$  species, is determined by the concentration of TNF $\alpha$ . The trimer is relatively stable at nanomolar concentrations and higher but slowly dissociates into monomers at sub-nanomolar concentrations [11, 15]. Dissociated monomers can rapidly reassociate to form trimers in solution when additional TNF $\alpha$  is added [11]. The concentration of TNF $\alpha$  in the synovial fluid is in the sub-nanomolar range even at elevated states after the joint injury (i.e.,  $\sim$  40 pg/ml = 2.4 pM, calculated on the basis of monomeric TNF $\alpha$ ), suggesting that TNF $\alpha$  would preferentially exist in the monomeric form in the synovial fluid [6-8]. Monomeric TNF $\alpha$  would thereby diffuse faster than trimeric TNF $\alpha$  into and within cartilage tissue. However, the trimer, not the monomer, is the bioactive form that binds to cell (chondrocyte) receptors to trigger biological responses [11, 12].

In addition, the binding of TNF $\alpha$  to macromolecular sites within the ECM could significantly alter the transport of TNF $\alpha$  into cartilage. Diffusion-reaction transport kinetics affected by binding can result in the effective diffusivity of a protein being orders of magnitude lower than its diffusivity in the absence of binding [16, 17], thereby slowing transport. Previous studies have shown that TNF $\alpha$  binds weakly to collagen type I [18], type II [18], and type IV [19], as well as to heparin [20], fibronectin [18], laminin [21], decorin [22], biglycan [22], and dermatan sulfate glycosaminoglycans (GAGs) [22]. Interestingly, TNF $\alpha$  does not bind to chondroitin sulfate [22], which is the major GAG chain of aggrecan proteoglycans in cartilage ECM. To examine the transport of TNF $\alpha$  in cartilage, given the issue of TNF $\alpha$  trimer-monomer conversion, we need to examine binding of trimers as well as monomers within the tissue. Therefore, a study of TNF $\alpha$  transport and binding to cartilage ECM constituents should account for the role of the quaternary structure of TNF $\alpha$  on binding interactions.

To better understand the role of molecular structure and binding of TNF $\alpha$  on its transport into native cartilage tissue, our objectives were to characterize the equilibrium binding and transient transport kinetics of TNF $\alpha$  in cartilage, accounting for trimer-monomer conversion. A competitive binding assay revealed that TNF $\alpha$  binds to sites within cartilage, thereby enhancing and sustaining the uptake of TNF $\alpha$ . By cross-linking TNF $\alpha$  to preserve the trimeric form, we found that only monomeric TNF $\alpha$  exhibited significant binding to

cartilage ECM. Binding of TNF $\alpha$  was not disrupted by bovine trypsin pre-treatment of cartilage, which removes intratissue proteoglycans and glycoproteins but essentially leaves the biomechanically functional collagen network intact [23].

## 2. Materials and Methods

### Bovine tissue harvest

Bovine cartilage explants were harvested from the femoropatellar grooves of 1-2 weeks old calves (Research 87, Marlborough, MA) [24]. A total of 8 joints from 5 different animals were used. Briefly, 9-mm diameter cartilage-bone cylinders were cored and mounted on a microtome. The top superficial layer was removed to obtain 0.5 mm-thick middle zone slices. Four or five disks (3 mm-diameter, 0.5 mm-thick) were cored from each slice using a dermal punch. For studies with live organ culture explants, cartilage specimens were equilibrated in serum-free medium (low-glucose Dulbecco's modified Eagle's medium [DMEM; 1 g/L]) supplemented with 1% insulin-transferrin-selenium (10  $\mu$ g/mL insulin, 5.5  $\mu$ g/mL transferrin, 5 ng/mL selenium, Sigma, St. Louis, MO), 10 mM HEPES buffer, 0.1 mM nonessential amino acids, 0.4 mM proline, 20  $\mu$ g/mL ascorbic acid, 100 units/mL penicillin G, 100  $\mu$ g/mL streptomycin, and 0.25  $\mu$ g/mL amphotericin B in a 37°C, 5% CO<sub>2</sub> incubator. For studies of transport and binding of TNF $\alpha$  in explants in which cells were first devitalized but the extracellular matrix was normal and not chemically fixed, explants were maintained in 1 $\times$  phosphate buffered saline (PBS) supplemented with 0.1% bovine serum albumin (BSA), 0.01% sodium azide (NaN<sub>3</sub>) and protease inhibitors (Complete, Roche Applied Science, Indianapolis, IN) at 4°C prior to experiments at 4°C or 37°C.

### Postmortem adult human tissue

While most experiments were performed using bovine cartilage, a cross-species comparison for TNF $\alpha$  uptake into cartilage was performed using normal human knee cartilage obtained from a human subject (44-year-old, male) 36 hr postmortem from the Gift of Hope Organ and Tissue Donor Network (Elmhurst, IL). All procedures were approved by the Office of Research Affairs at Rush–Presbyterian–St. Luke's Medical Center and the Committee on Use of Humans as Experimental Subjects at Massachusetts Institute of Technology. All joint surfaces of the knee joint were scored as grade 0-1 according to modified Collins scale [25]. Only the joint surfaces scored as grade 0 (i.e., normal) and from unfibrillated areas to visual inspection were harvested. After coring 3-mm diameter cartilage cylinders from femoropatellar groove and femoral condyles using a dermal punch, 0.8-mm thick slices were cut from the top surface to include the intact superficial zone. The culture medium for these live human cartilage explant disks (3-mm diameter, 0.8-mm thick) was the same as that for the bovine tissue but supplemented with high-glucose DMEM (4.5 g/L) and 1 mM sodium pyruvate.

### Solute preparation

Unlabeled TNF $\alpha$  was purchased from R&D Systems (Minneapolis, MN) and from PeproTech (Rocky Hill, NJ); the PeproTech material was used for experiments involving cross-linking of TNF $\alpha$  to maintain its trimeric form. Iodinated TNF $\alpha$  was purchased from PerkinElmer (Waltham, MA). Before all experiments using <sup>125</sup>I-TNF $\alpha$ , Sephadex G25 chromatography was used to separate and remove any small <sup>125</sup>I-species that may have resulted from degradation of <sup>125</sup>I-TNF $\alpha$ , as previously described [16] (0.7  $\times$  50 cm gravity-fed columns using an elution buffer of 1 $\times$ PBS plus 0.1% BSA with or without 0.01% NaN<sub>3</sub>, and the void volume collected for the desired <sup>125</sup>I-TNF $\alpha$ ).

### Concentration dependent quaternary structure of TNF $\alpha$

The quaternary structure of  $^{125}\text{I}$ -TNF $\alpha$  was analyzed by Sephadex G75 chromatography after incubating  $^{125}\text{I}$ -TNF $\alpha$  with a graded amount of unlabeled TNF $\alpha$  (2.94 nM = 50 ng/ml, 20 nM = 340 ng/ml) for 48 hr at 4°C (Fig. 1). The G75 columns were calibrated using molecular weight markers (GE Healthcare, Piscataway, NJ), including albumin (67 kDa), ovalbumin (43 kDa), chymotrypsinogen (25 kDa), ribonuclease A (13.7 kDa), dextran blue (2 MDa), and phenol red (354 Da). The amount of protein markers in the elution volume from the column was quantified using a Nanodrop 1000 Spectrophotometer (Agilent Technologies, Santa Clara, CA). The amounts of dextran blue and phenol red were determined using a microplate reader (VMax Kinetic ELISA Microplate Reader, Molecular Devices, Sunnyvale, CA). All concentrations of TNF $\alpha$  were converted to molar concentration assuming the molecular weight of is the monomeric form (17 kDa), regardless of its quaternary structure.

### Measurement of uptake ratio of $^{125}\text{I}$ -TNF $\alpha$

To measure the partitioning of TNF $\alpha$  into cartilage, and to determine whether TNF $\alpha$  may bind to sites in the tissue, the uptake ratio of  $^{125}\text{I}$ -TNF $\alpha$  was measured in both bovine and human cartilage (Fig. 2). Cylindrical disk specimens were incubated in a bath at 37 °C for 48 hr containing 0.15 nM (= 2.55 ng/ml)  $^{125}\text{I}$ -TNF $\alpha$  along with graded amounts of unlabeled TNF $\alpha$ . For each bath concentration, the *uptake ratio* was measured as the concentration of  $^{125}\text{I}$ -TNF $\alpha$  in the cartilage disks (free and bound, per intratissue water weight) normalized to the concentration of  $^{125}\text{I}$ -TNF $\alpha$  in the equilibration bath [16, 26]. We assumed that unlabeled TNF $\alpha$  partitions into cartilage with the same uptake ratio as labeled  $^{125}\text{I}$ -TNF $\alpha$ . The equilibration bath consisted of 1×PBS, 0.1% BSA, 0.01% NaN<sub>3</sub> and protease inhibitors (Figs. 2B, 5, 7). To test the effect of cell viability on the equilibrium uptake of  $^{125}\text{I}$ -TNF $\alpha$ , live bovine cartilage explants were incubated in DMEM supplemented with 1% ITS, and 0.1% BSA in the absence or presence of 0.01% NaN<sub>3</sub> and protease inhibitors (Fig. 2A). Multiwell plates containing cartilage explants and equilibration baths were placed on a rocker during the incubation to maintain well-mixed conditions. At the end of experiments, disks were collected from the bath and briefly rinsed in fresh 1×PBS; the surface of each disk was quickly blotted with Kimwipes and the wet weight was measured. The  $^{125}\text{I}$ -radioactivity of each cartilage disk and aliquots of the corresponding equilibration baths were quantified individually using a gamma counter (model B5002, Packard Instrument Company, Meriden, CT). After lyophilizing, the dry weight of each disk was measured, and the water weight of each disk was calculated as the difference of the wet and dry weights. The sulfated glycosaminoglycan (sGAG) content of each individual disk was measured using the dimethylmethylene blue (DMMB) dye binding assay after the disks were digested with proteinase-K (Roche Applied Science, Indianapolis, IN) [24]. sGAG release to the medium during the incubation was quantified by measuring sGAG content of aliquots of the equilibration bath using the DMMB dye binding assay. The uptake ratio of  $^{125}\text{I}$ -TNF $\alpha$  was corrected to take into account the presence of any small labeled species that may have accumulated from degradation of  $^{125}\text{I}$ -TNF $\alpha$  during the incubation, using methods described previously [27]. Aliquots from the equilibration baths were analyzed by Sephadex G75 chromatography to determine the amount of small labeled species, assuming the small species to be  $^{125}\text{I}$ . The uptake ratio of  $^{125}\text{I}$  alone was measured in a separate experiment [26].

### Transient uptake ratio of $^{125}\text{I}$ -TNF $\alpha$

To determine the transport kinetics of TNF $\alpha$  into cartilage tissue, the uptake ratio of  $^{125}\text{I}$ -TNF $\alpha$  into bovine calf cartilage was measured with or without unlabeled TNF $\alpha$  over a 48 hr period (Fig. 3). The bath consisted of DMEM supplemented with 1% ITS, and 0.1% BSA.

At selected time points, disks were collected from the equilibration bath and the uptake ratio of each disk was measured as described above. Aliquots of the bathes were also collected and analyzed with G75 chromatography to confirm the state of the quaternary structure of the TNF $\alpha$ .

### Cross-linking TNF $\alpha$

Both  $^{125}\text{I}$ -TNF $\alpha$  and 1 unlabeled TNF $\alpha$  were cross-linked with the bifunctional reagent *Bis*[2-(succinimidyl)oxycarbonyloxy]ethyl]sulfone (BSOCOES, Pierce Chemical Co., Rockford, IL) [12]. Briefly,  $^{125}\text{I}$ -TNF $\alpha$  in 1 $\times$ PBS with 0.1% BSA or unlabeled TNF $\alpha$  in 1 $\times$ PBS was reacted with 1 mM BSOCOES for 10 min at 4°C. To quench the reaction, 1M glycine in 0.1 M sodium phosphate buffer, pH 7.5, was added to a final concentration of 100 mM glycine and incubated for at least 15 min at 4°C. To remove uncross-linked species, reacted  $^{125}\text{I}$ -TNF $\alpha$  or unlabeled TNF $\alpha$  were passed through 30 kDa-cutoff centrifugal filter (Millipore, Billerica, MA) and retentates were collected, which contained molecules larger than 30 kDa. Untreated  $^{125}\text{I}$ - or unlabeled TNF $\alpha$  were also filtered using the same method for comparisons (Fig. 4). For chromatographic analysis, retentates of cross-linked  $^{125}\text{I}$ - or unlabeled TNF $\alpha$  were diluted to sub-nanomolar final concentrations. The concentrations of  $^{125}\text{I}$ -TNF $\alpha$  and unlabeled TNF $\alpha$  were determined by liquid scintillation counter (1450 MicroBeta TriLux, PerkinElmer, Waltham, MA) and the BCA protein assay (Thermo Scientific, Rockford, IL), respectively. Unlabeled TNF $\alpha$  was run through SDS-PAGE (10% Bis-Tris gel, Invitrogen, Grand Island, NY) under non-reducing conditions and detected by silver staining (Invitrogen, Grand Island, NY) to reveal its molecular weight distribution.

### Uptake ratio of cross-linked TNF $\alpha$

To determine the effect of cross-linking of TNF $\alpha$  on its binding to sites in the cartilage tissue, the uptake ratio of cross-linked  $^{125}\text{I}$ -TNF $\alpha$  into bovine calf cartilage was measured with addition of graded amounts of cross-linked unlabeled TNF $\alpha$  (Fig. 5). Cartilage disks were incubated in 1 $\times$ PBS with 0.1% BSA, protease inhibitors, and 0.01%  $\text{NaN}_3$  for 24 hr at 37°C. For comparison, the uptake ratio of non-cross-linked  $^{125}\text{I}$ -TNF $\alpha$  was measured with or without adding non-cross-linked unlabeled TNF $\alpha$ .

### Catabolic effects of native and cross-linked TNF

Live bovine cartilage disks were cultured for 6 days in culture medium supplemented with either native or cross-linked TNF $\alpha$  (25 ng/ml and 100 ng/ml). Culture medium was replenished every two days. Medium collected during culture was analyzed for sGAG content using the DMMB dye binding assay. Cumulative sGAG release to the medium was calculated as the total sGAG release normalized to the total sGAG content of each disk (Fig. 6).

### Effects of removal of cartilage proteoglycans on TNF $\alpha$ uptake ratio

To aid in the identification of potential ECM binding sites within intact cartilage, TNF $\alpha$  uptake was measured after trypsin treatment of cartilage to remove aggrecan and other proteoglycans and glycoproteins (Fig. 7). Prior to uptake measurement, cartilage disks were either untreated or incubated with 0.1 mg/ml trypsin (bovine pancreatic, Sigma, St. Louis, MO) in 1 $\times$ PBS with 0.1% BSA, protease inhibitors (except during trypsin treatment), and 0.01%  $\text{NaN}_3$  for 48 hr at 37°C. Uptake of  $^{125}\text{I}$ -TNF $\alpha$  was then measured with or without unlabeled TNF $\alpha$  at 37°C for 24 hr. The bath consisted of 1 $\times$ PBS with 0.1% BSA, protease inhibitors, and 0.01%  $\text{NaN}_3$ .

## Statistical Analysis

One-way ANOVA was used to test the effect of adding cross-linked unlabeled TNF $\alpha$  on the uptake ratio of cross-linked  $^{125}\text{I}$ -TNF $\alpha$ . One-way ANOVA with post-hoc Dunnett's test was used to test the catabolic effect of native and cross-linked TNF $\alpha$  on bovine cartilage, with culture in the absence of TNF $\alpha$  as the reference for Dunnett's test. Two-way ANOVA was used to test the effect of trypsinizing cartilage disks and adding unlabeled TNF $\alpha$  on the uptake ratio of  $^{125}\text{I}$ -TNF $\alpha$ . For all statistical tests, a  $p$ -value less than or equal to 0.05 was considered significant. Systat 12 software (Richmond, CA) was used to perform all analyses.

## 3. Results

### Quaternary structure of TNF $\alpha$ is a function 1 of TNF $\alpha$ bath concentration

TNF $\alpha$  can spontaneously dissociate to monomers or associate to trimers depending on the total concentration of TNF $\alpha$  in solution [11, 15]. In order to study the role of the quaternary structure on the transport of TNF $\alpha$ , we first confirmed that our methods were able to detect the effects of TNF $\alpha$  concentration on monomer to trimer conversion. The size of  $^{125}\text{I}$ -TNF $\alpha$  species was analyzed using Sephadex G75 gel filtration chromatography after incubating with or without unlabeled TNF $\alpha$  for 48 h at 4°C in 1×PBS supplemented with 0.1% BSA (Fig. 1). In the presence of ~ 3 nM unlabeled TNF $\alpha$ ,  $^{125}\text{I}$ -TNF $\alpha$  was predominantly found in the trimeric form (51 kDa); with 20 nM unlabeled TNF $\alpha$ , a larger and sharper trimeric peak was detected between the two molecular weight standards, albumin (67 kDa) and ovalbumin (43 kDa). Without unlabeled TNF $\alpha$ ,  $^{125}\text{I}$ -TNF $\alpha$  formed the peak between ribonuclease A (13.7 kDa) and chymotrypsinogen (25 kDa), consistent with the monomeric form (17 kDa), clearly showing that the quaternary structure of TNF $\alpha$  in solution depended on the total TNF $\alpha$  concentration, as previously reported [11, 15]. Similar results were observed with incubation at 37°C (rather than 4°C) except that a peak at the void volume (~ 6 ml) was detected, which was generated by non-specific binding of BSA and  $^{125}\text{I}$ -species (Fig. 3B). Shortening incubation to 24 h did not significantly change the distribution of  $^{125}\text{I}$ -TNF $\alpha$ , suggesting that the trimer-monomer conversion of TNF $\alpha$  in these experiments reached equilibrium by 24 h (Fig. S1).

### Equilibrium and transient uptake ratio of $^{125}\text{I}$ -TNF $\alpha$ into cartilage depends on bath TNF $\alpha$ concentration

In order to understand the transport of TNF $\alpha$  within intact cartilage, we first measured the equilibrium and transient uptake ratio of  $^{125}\text{I}$ -TNF $\alpha$  in tissue explants. Equilibrium uptake was measured by incubating cartilage disks in a bath containing ~ 50-100 pM  $^{125}\text{I}$ -TNF $\alpha$  with graded amounts of unlabeled TNF $\alpha$  (Fig. 2). If TNF $\alpha$  was bound to sites within the tissue, unlabeled TNF $\alpha$  would compete with  $^{125}\text{I}$ -TNF $\alpha$  for the same binding sites, which would decrease the uptake ratio of  $^{125}\text{I}$ -TNF $\alpha$  with increasing amounts of unlabeled TNF $\alpha$  [17].

The equilibrium uptake ratio of  $^{125}\text{I}$ -TNF $\alpha$  in immature bovine (Fig. 2A) and adult human (Fig. 2B) cartilage after 48 h incubation at 37°C was measured as ~ 6-7 with no added unlabeled TNF $\alpha$  and decreased dramatically as unlabeled TNF $\alpha$  was added from 0 to 100 nM (tests, below, showed that uptake reached equilibrium by 48 h). It is important to note that these trends in uptake ratio were observed with cartilage samples representing a wide difference in age (immature versus adult) as well as from different species. Considering the molecular weight of TNF $\alpha$  (17-51 kDa) and its net negative charge in physiological pH (isoelectric point = 5.3), the uptake ratio would be expected to be less than 1 without binding [13, 16]. Therefore, these results suggest that certain binding sites for TNF $\alpha$  exist within the tissue. The addition of sodium azide and protease inhibitors did not substantially alter the uptake ratio (Fig. 2A, viable cells vs. non-viable cells), indicating that cellular activity was

not the major determinant of the equilibrium uptake of TNF $\alpha$ . Also, since TNF $\alpha$  can induce cell-mediated GAG depletion, we quantified the GAG loss (GAG released to media normalized by total GAG content in the explant) from individual cartilage explant after 48 h incubation. For viable cell conditions, GAG loss per plug was 5.8-11% and for non-viable conditions 3.0-5.8%, depending on the bath concentration of TNF $\alpha$ . Although viable conditions induced slightly more GAG loss from each plug over 48 h, the uptake ratio was not significantly affected, suggesting that GAG molecules might not be major binding sites for TNF $\alpha$  (see Results below). The uptake ratio measured at 4°C in bovine cartilage showed a similar decrease with addition of unlabeled TNF $\alpha$  (Fig. S2), suggesting that the effect of temperature on the equilibrium uptake ratio was not significant.

Transient uptake of  $^{125}\text{I}$ -TNF $\alpha$  into bovine cartilage at 37°C was also measured at various time points up to 48 hr (Fig. 3A) in order to determine whether the transport kinetics was affected by the presence of unlabeled TNF $\alpha$ . Chromatograms showing  $^{125}\text{I}$ -TNF $\alpha$  collected at the end of the 48 hr experiments confirmed that its quaternary structure varied with the concentration of TNF $\alpha$  (Fig. 3B). The transient uptake ratio measured without unlabeled TNF $\alpha$  was consistently higher than that measured with unlabeled TNF $\alpha$  (Fig. 2). The characteristic time constant ( $\tau$ ) of TNF $\alpha$  transport into cartilage explant was calculated by fitting data to a model of first order (exponential) kinetics in which the uptake ratio is represented as  $A(1 - e^{-t/\tau})$ , where  $A$  is the final (asymptotic) uptake ratio at infinite time. In the absence of unlabeled TNF $\alpha$ , the time constant was  $\tau = 7.7$  hr and in the presence of unlabeled TNF $\alpha$ , it was  $\tau = 12$  hr, indicating that the transport of TNF $\alpha$  into cartilage was affected by the bath concentration of TNF $\alpha$ . In addition, since diffusive transport equilibrium is generally reached in 3-5 diffusion time constants,  $\tau$  [28], the final TNF $\alpha$  concentration inside cartilage samples in the uptake experiments of Fig. 2 (and Figs. 5, and 7, below) should be at or near equilibrium by 24-48 h of incubation.

#### **Equilibrium uptake ratio of cross-linked $^{125}\text{I}$ -TNF $\alpha$ was significantly lower than that of untreated $^{125}\text{I}$ -TNF $\alpha$**

The time constant  $\tau$  governing TNF $\alpha$  transport kinetics (Fig. 3A) is determined by the diffusivity of TNF $\alpha$  in cartilage, the TNF $\alpha$  binding parameters within the cartilage tissue (i.e., the binding site density and the binding dissociation constant) as well as the partition coefficient (i.e., the ratio of TNF $\alpha$  concentration just inside the tissue to the concentration in the surrounding bath) [28]. Since addition of unlabeled TNF $\alpha$  would convert monomeric TNF $\alpha$  to the trimeric form, the effective decrease in diffusivity of the larger trimer would slow the transport. At the same time, unlabeled TNF $\alpha$  would compete for the same binding sites as  $^{125}\text{I}$ -TNF $\alpha$ , thereby altering transport of  $^{125}\text{I}$ -TNF $\alpha$  by another mechanism. Therefore, the effects of the presence of unlabeled TNF $\alpha$  on the trends of the uptake of  $^{125}\text{I}$ -TNF $\alpha$  seen in Figs 2 and 3A could be due to either altered size and/or the binding properties of  $^{125}\text{I}$ -TNF $\alpha$ . To distinguish between these effects, we cross-linked  $^{125}\text{I}$ -TNF $\alpha$  to prevent dissociation to the monomeric form, thereby keeping solute size constant.

Using BSOEAS as a cross-linking agent, both  $^{125}\text{I}$ -TNF $\alpha$  and unlabeled TNF $\alpha$  were successfully cross-linked to their trimeric forms (Fig. 4). Cross-linked  $^{125}\text{I}$ -TNF $\alpha$  remained in the trimeric form at a sub-nanomolar concentration, but at the same concentration, untreated  $^{125}\text{I}$ -TNF $\alpha$  spontaneously dissociated to the monomer (Fig. 4A). Non-cross-linked unlabeled TNF $\alpha$ , which was analyzed by SDS-PAGE after removing smaller species (< 30 kDa) via a centrifugal filter, appeared in three distinctive bands, representing the trimer, dimer, and monomer (Fig. 4B). This result indicated that some of the untreated unlabeled TNF $\alpha$  had dissociated to the monomeric form during the analysis, as has been reported previously with SDS-PAGE analysis [29, 30]. However, cross-linked unlabeled TNF $\alpha$  showed a single band at the trimer location (Fig. 4B). The position of trimeric band of cross-



linked TNF $\alpha$  was slightly different from untreated trimeric TNF $\alpha$ , suggesting that cross-linking altered the mobility of TNF $\alpha$  in SDS-PAGE [31]. The equilibrium uptake of cross-linked  $^{125}\text{I}$ -TNF $\alpha$  was measured in bovine calf cartilage with graded amounts of cross-linked, unlabeled TNF $\alpha$  for 48 hr at 37°C (Fig. 5). The uptake ratio of cross-linked  $^{125}\text{I}$ -TNF $\alpha$  remained between ~ 0.85 and ~ 1.2 (the average value of 5 different concentrations was ~ 0.98) and not affected by the addition of cross-linked unlabeled TNF $\alpha$  (1-way ANOVA, effect of cross-linked unlabeled TNF $\alpha$ ,  $p = 0.23$ ). However, the uptake of untreated (non-cross-linked)  $^{125}\text{I}$ -TNF $\alpha$  was significantly decreased from ~ 5 to ~ 1.5 by adding untreated unlabeled TNF $\alpha$ , similar to the trends observed in Figs. 2 and 3. These results suggest that trimeric TNF $\alpha$  exhibits less binding to cartilage matrix sites than the monomeric form. Therefore, the decrease in uptake ratio with increasing amounts of TNF $\alpha$  (Fig. 2) appears driven more by the conversion of monomeric to the non-binding trimeric form at higher TNF $\alpha$  concentrations, and less associated with competitive binding between  $^{125}\text{I}$ -TNF $\alpha$  and unlabeled TNF $\alpha$ .

### Binding of TNF $\alpha$ to cell receptors and extracellular matrix

To further explore the binding properties of TNF $\alpha$  in cartilage, the ability of cross-linked TNF $\alpha$  to bind cell receptors was compared to that of non-cross-linked TNF $\alpha$  by testing the expected catabolic response of cartilage tissue to TNF $\alpha$ . Treatment of cartilage with TNF $\alpha$  is known to upregulate aggrecanase activity, resulting in cleavage and loss of aggrecan fragments and concomitant loss of GAG. The release of GAG to the medium was measured over 6 days after adding untreated or cross-linked TNF $\alpha$  to the incubation baths. Although cross-linked TNF $\alpha$  would diffuse more slowly into cartilage than monomeric TNF $\alpha$ , a 6-day incubation would be long enough to observe biological activity of the cross-linked TNF $\alpha$  after reaching equilibrium by 24-48 h (Fig. 3A). GAG release increased upon addition of untreated TNF $\alpha$  at 1.47 nM and 5.88 nM concentration (Fig. 6, Untreated, 1-way ANOVA,  $p < 0.05$  for post-hoc Dunnett's test with control as a reference). GAG loss induced by cross-linked TNF $\alpha$  was only significant at 5.88 nM (Fig. 6, X-link), suggesting that cross-linking did not completely disrupt TNF $\alpha$ -cell receptor binding but matrix proteolysis induced by cross-linked TNF $\alpha$  was somewhat less effective compared to untreated TNF $\alpha$ .

To identify possible binding sites for TNF $\alpha$  within the extracellular matrix of cartilage, we first removed proteoglycans and glycoproteins using trypsin, and the uptake ratio was measured. Interestingly, trypsin treatment did not significantly alter the uptake ratio of  $^{125}\text{I}$ -TNF $\alpha$  regardless of the addition of unlabeled TNF $\alpha$ , demonstrating that the binding sites remained unaltered by trypsin treatment (Fig. 7, 2-way ANOVA,  $p & 0.0001$  for the effect of TNF $\alpha$ ,  $p = 0.164$  for the effect of trypsin). In addition, treatment with chondroitinase ABC following trypsin treatment, to quantitatively remove any residual chondroitin sulfate, did not change the uptake ratio (Fig. S3). These results further confirmed that chondroitin sulfate GAGs were not the major binding sites of TNF $\alpha$ . Since trypsin cannot remove collagenous proteins, those proteins or other molecules not removed by trypsin treatment would be potential binding sites for TNF $\alpha$ .

## 4. Discussion

The results of this study suggest that TNF $\alpha$  binds to sites within the cartilage matrix, which can lead to enhanced uptake of TNF $\alpha$  within the tissue compared to its concentration in the synovial fluid. However, significant binding interactions were observed only with the monomeric form of TNF $\alpha$ . As a result, trimer-monomer conversion of TNF $\alpha$  appears to play a key role in the transport and intra-tissue concentration of this inflammatory cytokine in cartilage, which can thereby affect its local bioactivity. Trypsin treatment of explants did not significantly alter the extent of intra-tissue binding of TNF $\alpha$ , suggesting that the trypsin-cleavable families of proteoglycans and glycoproteins within cartilage ECM are not among

the potential binding partners. The equilibrium uptake ratio of  $^{125}\text{I}$ -TNF $\alpha$  decreased markedly with addition of graded amounts of unlabeled TNF $\alpha$ , suggesting that there was significant binding of TNF $\alpha$  to the sites in tissue (Fig. 2). However, TNF $\alpha$  that was cross-linked to retain the trimeric form exhibited significantly less binding than the monomeric form (Fig. 5). This observation suggests that the marked decrease in uptake following addition of unlabeled TNF $\alpha$  (e.g., in Fig. 2) was mainly due to monomer-to-trimer conversion of  $^{125}\text{I}$ -TNF $\alpha$ , though competitive unbinding of  $^{125}\text{I}$ -TNF $\alpha$  by added unlabeled TNF $\alpha$  might partially contribute to this result.

It is important to note that the local TNF $\alpha$  concentration near chondrocytes is not the only factor that governs the local bioavailability of TNF $\alpha$ . Trimer-monomer conversion as well as binding affinity to matrix sites (which also depends on TNF $\alpha$  quaternary structure) can play a major role in regulating local bioavailability. In the synovial fluid, the concentration of TNF $\alpha$  is in the picomolar range [6-8], suggesting that it is primarily in its monomeric form. As monomeric TNF $\alpha$  enters cartilage, substantial binding to cartilage matrix can occur, which slows the penetration of TNF $\alpha$  but increases intra-tissue uptake (Figs. 2, 3, 5, 7). TNF $\alpha$  monomers have to associate to the trimeric form in order to bind chondrocyte receptors, since the trimer is the bioactive form for ligand-receptor binding [12]. While transport of trimeric TNF $\alpha$  to cell receptors would not be slowed by the diffusion-binding kinetics relevant to the monomeric form, trimer diffusion within cartilage would be slower than monomer diffusion due to its larger size.

Trypsin treatment of cartilage did not significantly alter the uptake ratio of TNF $\alpha$ , suggesting that the binding of TNF $\alpha$  was not disrupted by trypsin treatment (Fig. 7). Trypsin treatment of cartilage is well known to cause extensive degradation and release of aggrecan and other proteoglycans. In addition, using chondroitinase-ABC treatment, we further confirmed that chondroitin sulfate GAGs were not major binding sites (Fig. S3). Among collagenous proteins, collagen type II is the most abundant form in cartilage, and collagen types IX, XI, VI, and X are present in relatively smaller amounts. TNF $\alpha$  is reported to bind weakly to collagen type II as well as I and IV [18, 19], suggesting that collagen molecules might be candidates for binding sites. Ongoing studies are focusing on the further identification of the matrix molecules that bind TNF $\alpha$ .

The uptake ratio of cross-linked (trimeric)  $^{125}\text{I}$ -TNF $\alpha$  was close to  $\sim 0.98$  (the average value of 5 different concentrations), and remained constant even in the presence of cross-linked unlabeled TNF $\alpha$ , up to 100 nM (Fig. 5). In this limit when solute binding is negligible, the equilibrium uptake ratio is theoretically identical to the solute partition coefficient [26]. The partition coefficient of similarly-sized molecules, such as 40 kDa dextrans, has been reported to be in the range  $\sim 0.03$ -0.3, depending on the detection methods used [32, 33]. Since the cross-linked  $^{125}\text{I}$ -TNF $\alpha$  is trimeric (51 kDa, Fig. 4) and slightly negatively charged [14], the measured uptake ratio of  $\sim 0.98$  was somewhat higher than expected. These results raise the possibility that trimeric TNF $\alpha$  might bind to the tissue, but the amount of binding would still be much less than that of the monomer, whose uptake ratio was  $\sim 6$  without unlabeled TNF $\alpha$  (Fig. 5).

It must be considered that the cross-linking process could change the structure of TNF $\alpha$ , disrupting its native binding properties and, as a result, the cross-linked TNF $\alpha$  would not bind to cartilage tissue in the same manner as the native trimeric molecule. Smith and coworkers reported that cross-linked TNF $\alpha$  had a somewhat weaker binding to cell receptors and that in order to elicit the same level of cytotoxicity of TNF $\alpha$ , larger amounts of their cross-linked TNF $\alpha$  were needed [12]. While the activity of their cross-linked TNF $\alpha$  was weaker than untreated TNF $\alpha$ , receptor binding was not completely lost [12]. In the present study, we tested chondrocyte ligand-receptor binding by measuring the downstream

catabolic effects of TNF $\alpha$  on cartilage explants. Cross-linked TNF $\alpha$  induced GAG release to the medium, but at a higher concentration than non-cross-linked TNF $\alpha$  (Fig. 6), suggesting that the receptor-binding properties of TNF $\alpha$  were not completely altered by cross-linking. Since GAG release is one of many responses that can be induced by TNF $\alpha$  acting on chondrocytes in cartilage tissue, the somewhat lessened GAG release induced by cross-linked TNF $\alpha$  suggests that cross-linked TNF $\alpha$  has bioactivity, but may not be as fully-functional as untreated TNF $\alpha$ .

In synovial fluid, a significant portion of TNF $\alpha$  would be monomeric due to its low concentration *in vivo*. Soluble forms of TNF $\alpha$  receptor (sTNFR) are known to bind TNF $\alpha$  and inhibit its bioactivity [34, 35]. Increased levels of sTNFR have been reported in the serum and synovial fluid of patients with rheumatoid arthritis (RA) and OA [35]. Interestingly, in a cell-monolayer study, Aderka et al. showed that sTNFR could augment the effect of TNF $\alpha$  by stabilizing TNF $\alpha$  structure and prolonging TNF $\alpha$  activity when sTNFR existed at low concentrations [34]. These results suggested that sTNFR could function as a carrier of TNF $\alpha$ , maintaining the trimeric form of TNF $\alpha$  in the surrounding bath (analogous to synovial fluid). However, the size of the TNF $\alpha$ -sTNFR complex (75-100 kDa) [36] is too large to penetrate into the interstitial space of intact cartilage and, therefore, the potential role of sTNFR in mediating transport of trimeric TNF $\alpha$  into cartilage would seem limited.

In summary, our results suggest that TNF $\alpha$  can bind to matrix sites in cartilage, which can significantly alter the transport of TNF $\alpha$  into the tissue. The quaternary structure of TNF $\alpha$  appears to be a crucial factor in determining such binding interactions with cartilage matrix macromolecules and, hence, this structure would also affect the local concentration of TNF $\alpha$  in the tissue. Binding was not affected by trypsin treatment. Thus, even after significant GAG loss associated with joint injury or osteoarthritis, the binding of TNF $\alpha$  within cartilage matrix would presumably not be altered. In contrast, loss of tissue GAG would facilitate the uptake of TNF $\alpha$  by passive diffusion since GAG loss would diminish steric hindrance. In addition, Byun and co-workers recently showed that mechanical injury to cartilage in the presence of an inflammatory environment, *in vitro*, caused matrix degradation and increased the diffusive uptake of a 48 kDa protein (specifically, an antigen binding (Fab) fragment) into cartilage tissue [37]. This finding suggests that the diffusive transport of TNF $\alpha$  would be similarly affected following joint injury. After joint trauma and following initial cartilage degradation, increased uptake of monomeric TNF $\alpha$  into cartilage could occur more easily and associate to the trimer form; increased uptake of pre-existing trimeric TNF $\alpha$  could also be facilitated, leading to elevated bioactivity of TNF $\alpha$ . Further ECM loss during OA pathology that follows aggrecan degradation might alter the binding of TNF $\alpha$ . Therefore, further research is needed to identify matrix binding sites and binding mechanisms to better understand the feedback between TNF $\alpha$  stimulation and matrix remodeling in OA pathogenesis [4].

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

## Abbreviations

<b>TNF<math>\alpha</math></b>	tumor necrosis factor- $\alpha$
<b>ECM</b>	extracellular matrix
<b>GAG</b>	glycosaminoglycan

## OA osteoarthritis

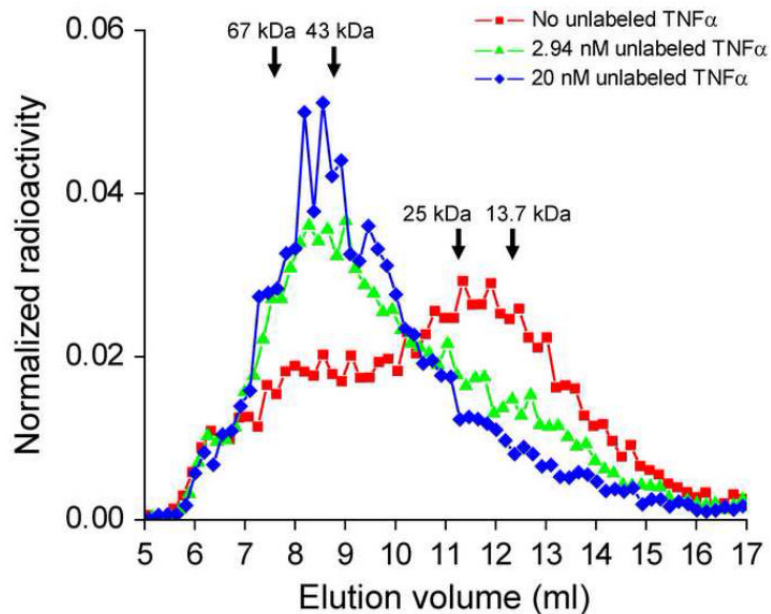
## 5. References

1. Goldring MB. Osteoarthritis and cartilage: the role of cytokines. *Current rheumatology reports*. 2000; 2(6):459–465. [PubMed: 11123098]
2. Saklatvala J. Tumour necrosis factor alpha stimulates resorption and inhibits synthesis of proteoglycan in cartilage. *Nature*. 1986; 322(6079):547–549. [PubMed: 3736671]
3. Patwari P, Lin SN, Kurz B, Cole AA, Kumar S, Grodzinsky AJ. Potent inhibition of cartilage biosynthesis by coincubation with joint capsule through an IL-1-independent pathway. *Scandinavian journal of medicine & science in sports*. 2009; 19(4):528–535. [PubMed: 19371309]
4. Arner EC, Hughes CE, Decicco CP, Caterson B, Tortorella MD. Cytokine-induced cartilage proteoglycan degradation is mediated by aggrecanase. *Osteoarthritis and cartilage*. 1998; 6(3):214–228. [PubMed: 9682788]
5. Hui W, Rowan AD, Richards CD, Cawston TE. Oncostatin M in combination with tumor necrosis factor alpha induces cartilage damage and matrix metalloproteinase expression in vitro and in vivo. *Arthritis Rheum*. 2003; 48(12):3404–3418. [PubMed: 14673992]
6. Irie K, Uchiyama E, Iwaso H. Intraarticular inflammatory cytokines in acute anterior cruciate ligament injured knee. *The Knee*. 2003; 10(1):93–96. [PubMed: 12649034]
7. Cameron M, Buchgraber A, Passler H, Vogt M, Thonar E, Fu F, Evans CH. The natural history of the anterior cruciate ligament-deficient knee. Changes in synovial fluid cytokine and keratan sulfate concentrations. *The American journal of sports medicine*. 1997; 25(6):751–754. [PubMed: 9397261]
8. Higuchi H, Shirakura K, Kimura M, Terauchi M, Shinozaki T, Watanabe H, Takagishi K. Changes in biochemical parameters after anterior cruciate ligament injury. *International orthopaedics*. 2006; 30(1):43–47. [PubMed: 16333657]
9. Kapoor M, Martel-Pelletier J, Lajeunesse D, Pelletier JP, Fahmi H. Role of proinflammatory cytokines in the pathophysiology of osteoarthritis. *Nature reviews Rheumatology*. 2011; 7(1):33–42.
10. Maroudas A. Physicochemical properties of cartilage in the light of ion exchange theory. *Biophysical journal*. 1968; 8(5):575–595. [PubMed: 5699797]
11. Corti A, Fassina G, Marcucci F, Barbanti E, Cassani G. Oligomeric tumour necrosis factor alpha slowly converts into inactive forms at bioactive levels. *The Biochemical journal*. 1992; 284:905–910. Pt 3. [PubMed: 1622406]
12. Smith RA, Baglioni C. The active form of tumor necrosis factor is a trimer. *The Journal of biological chemistry*. 1987; 262(15):6951–6954. [PubMed: 3034874]
13. Maroudas A. Transport of solutes through cartilage: permeability to large molecules. *Journal of anatomy*. 1976; 122:335–347. Pt 2. [PubMed: 1002608]
14. Aggarwal BB, Kohr WJ, Hass PE, Moffat B, Spencer SA, Henzel WJ, Bringman TS, Nedwin GE, Goeddel DV, Harkins RN. Human tumor necrosis factor. Production, purification, and characterization. *The Journal of biological chemistry*. 1985; 260(4):2345–2354. [PubMed: 3871770]
15. Poiesi C, Albertini A, Ghielmi S, Cassani G, Corti A. Kinetic analysis of TNF-alpha oligomer-monomer transition by surface plasmon resonance and immunochemical methods. *Cytokine*. 1993; 5(6):539–545. [PubMed: 8186365]
16. Garcia AM, Szasz N, Trippel SB, Morales TI, Grodzinsky AJ, Frank EH. Transport and binding of insulin-like growth factor I through articular cartilage. *Archives of biochemistry and biophysics*. 2003; 415(1):69–79. [PubMed: 12801514]
17. Bhakta NR, Garcia AM, Frank EH, Grodzinsky AJ, Morales TI. The insulin-like growth factors (IGFs) I and II bind to articular cartilage via the IGF-binding proteins. *The Journal of biological chemistry*. 2000; 275(8):5860–5866. [PubMed: 10681577]
18. Alon R, Cahalon L, Hershkovich R, Elbaz D, Reizis B, Wallach D, Akiyama SK, Yamada KM, Lider O. TNF-alpha binds to the N-terminal domain of fibronectin and augments the beta 1-

- integrin-mediated adhesion of CD4+ T lymphocytes to the glycoprotein. *Journal of immunology*. 1994; 152(3):1304–1313.
19. Limb GA, Daniels JT, Pleass R, Charteris DG, Luthert PJ, Khaw PT. Differential expression of matrix metalloproteinases 2 and 9 by glial Muller cells: response to soluble and extracellular matrix-bound tumor necrosis factor-alpha. *The American journal of pathology*. 2002; 160(5): 1847–1855. [PubMed: 12000736]
  20. Lantz M, Thysell H, Nilsson E, Olsson I. On the binding of tumor necrosis factor (TNF) to heparin and the release in vivo of the TNF-binding protein I by heparin. *The Journal of clinical investigation*. 1991; 88(6):2026–2031. [PubMed: 1752960]
  21. Hershkovitz R, Goldkorn I, Lider O. Tumour necrosis factor-alpha interacts with laminin and functions as a pro-adhesive cytokine. *Immunology*. 1995; 85(1):125–130. [PubMed: 7635514]
  22. Tufvesson E, Westergren-Thorsson G. Tumour necrosis factor-alpha interacts with biglycan and decorin. *FEBS letters*. 2002; 530(1-3):124–128. [PubMed: 12387878]
  23. Stenman M, Ainola M, Valmu L, Bjartell A, Ma G, Stenman UH, Sorsa T, Luukkainen R, Konttinen YT. Trypsin-2 degrades human type II collagen and is expressed and activated in mesenchymally transformed I rheumatoid arthritis synovitis tissue. *Am J Pathol*. 2005; 167(4): 1119–1124. [PubMed: 16192646]
  24. Sah RL, Kim YJ, Doong JY, Grodzinsky AJ, Plaas AH, Sandy JD. Biosynthetic response of cartilage explants to dynamic compression. *Journal of orthopaedic research : official publication of the Orthopaedic Research Society*. 1989; 7(5):619–636. [PubMed: 2760736]
  25. Muehleman C, Bareither D, Huch K, Cole AA, Kuettner KE. Prevalence of degenerative morphological changes in the joints of the lower extremity. *Osteoarthritis and cartilage*. 1997; 5(1):23–37. [PubMed: 9010876]
  26. Byun S, Tortorella MD, Malfait AM, Fok K, Frank EH, Grodzinsky AJ. Transport and equilibrium uptake of a peptide inhibitor of PACE4 into articular cartilage is dominated by electrostatic interactions. *Archives of biochemistry and biophysics*. 2010; 499(1-2):32–39. [PubMed: 20447377]
  27. Garcia AM, Lark MW, Trippel SB, Grodzinsky AJ. Transport of tissue inhibitor of metalloproteinases-1 through cartilage: contributions of fluid flow and electrical migration. *Journal of orthopaedic research : official publication of the Orthopaedic Research Society*. 1998; 16(6):734–742. [PubMed: 9877399]
  28. Crank, J. *The Mathematics of Diffusion*. 2nd. Oxford University Press; Oxford: 1979.
  29. Lam KS, Scuderi P, Salmon SE. Analysis of the molecular organization of recombinant human tumor necrosis factor (rTNF) in solution using ethylene glycolbis(succinimidylsuccinate) as the cross-linking reagent. *Journal of biological response modifiers*. 1988; 7(3):267–275. [PubMed: 3392553]
  30. Tsai DH, Elzey S, Delrio FW, Keene AM, Tyner KM, Clogston JD, Maccuspie RI, Guha S, Zachariah MR, Hackley VA. Tumor necrosis factor interaction with gold nanoparticles. *Nanoscale*. 2012; 4(10):3208–3217. [PubMed: 22481570]
  31. Griffith IP. The effect of cross-links on the mobility of proteins in dodecyl sulphate-polyacrylamide gels. *The Biochemical journal*. 1972; 126(3):553–560. [PubMed: 5075266]
  32. Maroudas A. Distribution and diffusion of solutes in articular cartilage. *Biophysical journal*. 1970; 10(5):365–379. [PubMed: 4245322]
  33. Moeini M, Lee KB, Quinn TM. Temperature affects transport of polysaccharides and proteins in articular cartilage explants. *Journal of biomechanics*. 2012; 45(11):1916–1923. [PubMed: 22698833]
  34. Aderka D, Engelmann H, Maor Y, Brakebusch C, Wallach D. Stabilization of the bioactivity of tumor necrosis factor by its soluble receptors. *The Journal of experimental medicine*. 1992; 175(2):323–329. [PubMed: 1310100]
  35. Cope AP, Aderka D, Doherty M, Engelmann H, Gibbons D, Jones AC, Brennan FM, Maini RN, Wallach D, Feldmann M. Increased levels of soluble tumor necrosis factor receptors in the sera and synovial fluid of patients with rheumatic diseases. *Arthritis and rheumatism*. 1992; 35(10): 1160–1169. [PubMed: 1329774]

36. Aggarwal BB. Structure of tumor necrosis factor and its receptor. *Biotherapy*. 1991; 3(2):113–120. [PubMed: 1647190]
37. Byun S, Sinskey YL, Lu YC, Ort T, Kavalkovich K, Sivakumar P, Hunziker EB, Frank EH, Grodzinsky AJ. Transport of anti-IL-6 antigen binding fragments into cartilage and the effects of injury. *Archives of biochemistry and biophysics*. 2013; 532(1):15–22. [PubMed: 23333631]

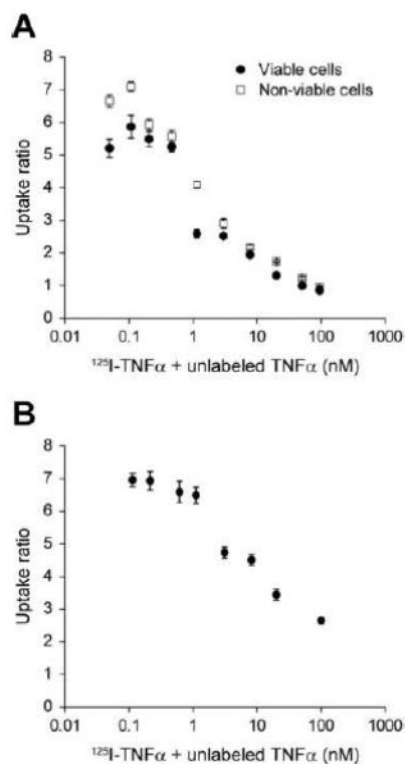
- TNF $\alpha$  bound to sites in cartilage matrix, enhancing its uptake into the tissue.
- Trimer-monomer conversion affected binding of TNF $\alpha$  in cartilage tissue.
- Binding of trimeric TNF $\alpha$  to sites in cartilage matrix was negligible.
- Only monomeric TNF $\alpha$  exhibited significant binding to cartilage matrix.
- TNF $\alpha$  binding in cartilage tissue was not disrupted by trypsin treatment.



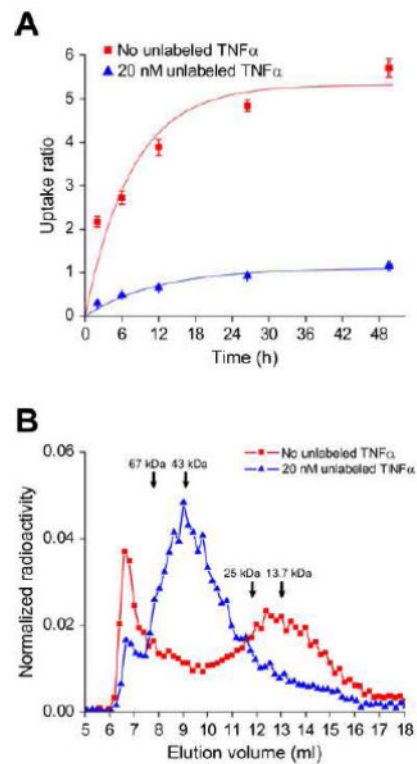
**Figure 1. The effect of total concentration of TNF $\alpha$  on the quaternary structure of TNF $\alpha$**

A fixed amount of  $^{125}\text{I}$ -TNF $\alpha$  (0.15 nM = 2.55 ng/ml) was incubated in the absence and presence of graded amounts of unlabeled TNF $\alpha$  (2.94 nM = 50 ng/ml, 20 nM = 340 ng/ml) for 48 hr at 4°C in 1 $\times$ PBS supplemented with 0.1% BSA. After incubation, samples were analyzed by Sephadex G75 gel filtration chromatography. Arrows indicate the positions of molecular weight standards (albumin (67 kDa), ovalbumin (43 kDa), chymotrypsinogen (25 kDa), and ribonuclease A (13.7 kDa)).



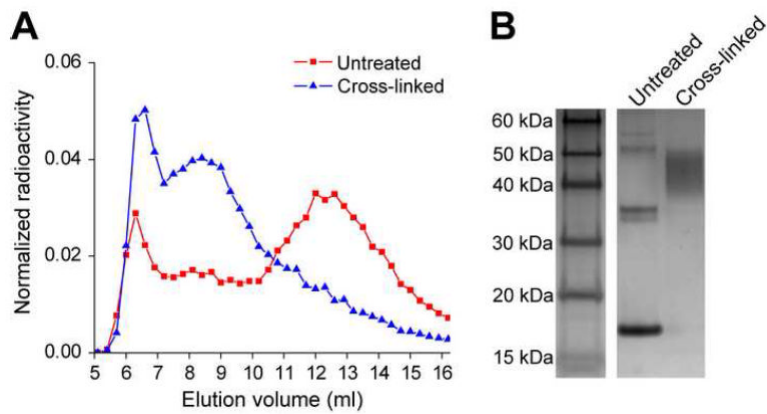


**Figure 2. Concentration-dependent uptake ratio of  $^{125}\text{I-TNF}\alpha$  into bovine and human cartilage**  
 Cartilage explants were incubated with a fixed amount of  $^{125}\text{I-TNF}\alpha$  and graded amounts of unlabeled  $\text{TNF}\alpha$ . **A.** Equilibrium uptake ratio in bovine cartilage disks of  $^{125}\text{I-TNF}\alpha$  ( $49.2 \text{ pM} = 838 \text{ pg/ml}$ ), incubated in DMEM with 1% ITS, and 0.1% BSA at  $37^\circ\text{C}$  for 48 hr in the absence (closed circle, viable cells) or presence (open square, non-viable cells) of 0.01%  $\text{NaN}_3$  and protease inhibitors. Mean  $\pm$  SEM ( $n = 6$  disks per condition, harvested from 2 joints). **B.** Equilibrium uptake ratio in adult human knee cartilage disks of  $^{125}\text{I-TNF}\alpha$  ( $112 \text{ pM} = 1910 \text{ pg/ml}$ ), incubated in  $1\times\text{PBS}$  with 0.1% BSA, 0.01%  $\text{NaN}_3$  and protease inhibitors at  $37^\circ\text{C}$  for 48 hr. Mean  $\pm$  SEM ( $n = 8$  disks for each condition, harvested from the distal femur of a 44 year old, male grade 0-1 joint).



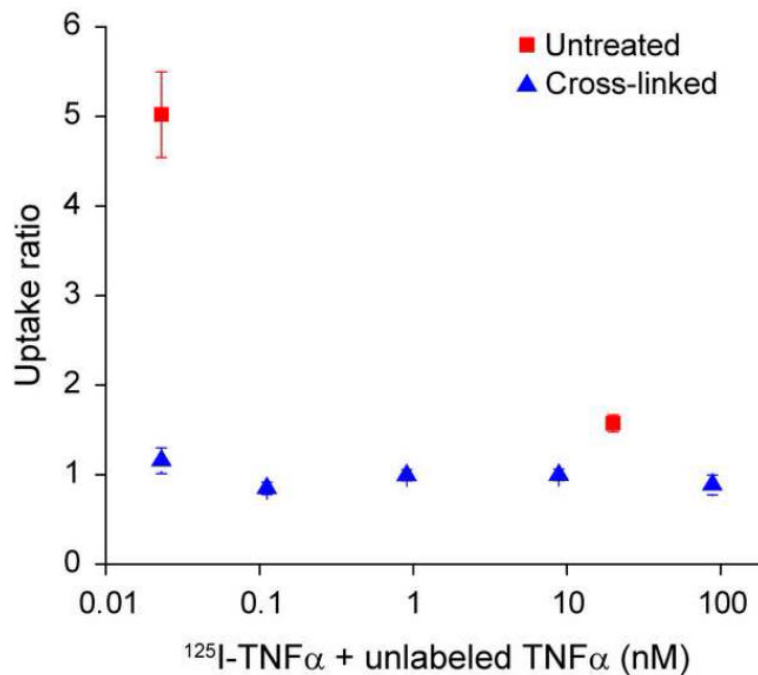
**Figure 3. Transient uptake ratio of  $^{125}\text{I}$ -TNF $\alpha$  into bovine calf cartilage**

**A.** Transient uptake ratio of  $^{125}\text{I}$ -TNF $\alpha$  (49.2 pM = 838 pg/ml) into bovine calf cartilage was measured in the absence and presence of unlabeled TNF $\alpha$  (20 nM = 340 ng/ml) in the bath. Cartilage disks were incubated in DMEM with 1% ITS, and 0.1% BSA at 37°C up to 48 hr. Mean  $\pm$  SEM (n = 6 disks order kinetics model,  $A(1 - e^{-t/\tau})$  (see Results). **B.** Sephadex G75 chromatograms of aliquots from equilibration baths at the end of 48 hr incubation. Arrows indicate the positions of molecular weight standard molecules, albumin (67 kDa), ovalbumin (43 kDa), chymotrypsinogen (25 kDa), and ribonuclease A (13.7 kDa).



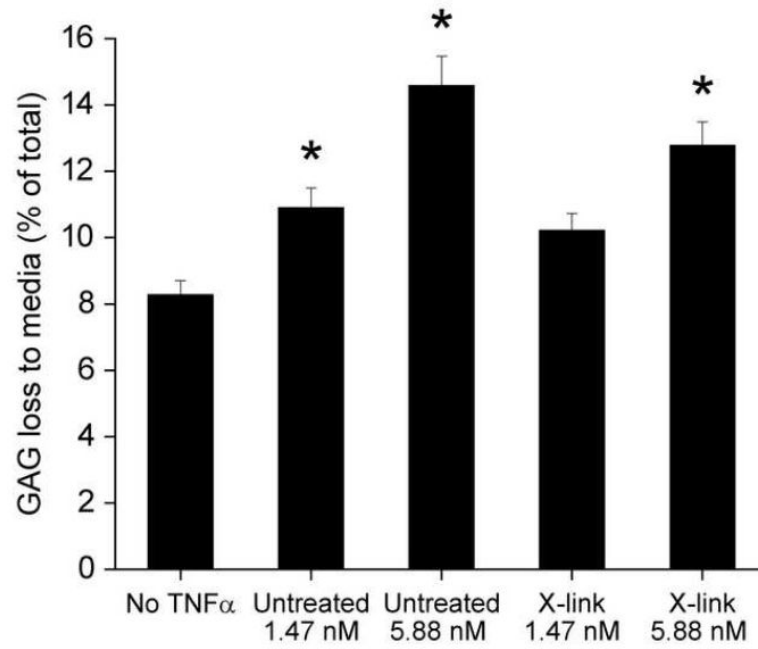
**Figure 4. Cross-linking  $^{125}\text{I}$ -labeled and unlabeled TNF $\alpha$**

**A.** Sephadex G75 chromatography of untreated and cross-linked  $^{125}\text{I}$ -TNF $\alpha$ .  $^{125}\text{I}$ -TNF $\alpha$  (5 nM = 85 ng/ml) was either untreated or cross-linked, and then diluted to a final concentration of 0.1 nM (1.7 ng/ml). After 24 hr at 37°C, each sample was run through a G75 column. **B.** Unlabeled TNF $\alpha$  was either kept untreated or cross-linked, filtered to remove species < 30 kDa, and the retentate run through SDS-PAGE (10% Bis-Tris gel) under non-reducing conditions and detected by silver staining.

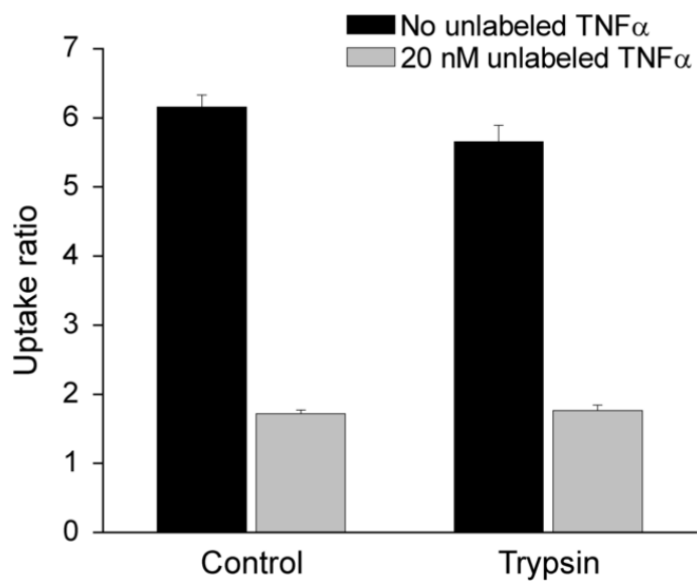


**Figure 5. Equilibrium uptake ratio of untreated and cross-linked  $^{125}\text{I-TNF}\alpha$  into bovine calf cartilage**

Untreated  $^{125}\text{I-TNF}\alpha$  (23 pM = 390 pg/ml) was incubated with or without untreated unlabeled  $\text{TNF}\alpha$  (20 nM = 340 ng/ml). Cross-linked  $^{125}\text{I-TNF}\alpha$  (81 pM = 1.38 ng/ml) was incubated with graded amounts of cross-linked unlabeled  $\text{TNF}\alpha$ . The uptake ratio of cross-linked  $^{125}\text{I-TNF}\alpha$  was not affected by varying the concentration of cross-linked unlabeled  $\text{TNF}\alpha$  (1-way ANOVA,  $p = 0.23$ ). Cartilage disks were incubated in  $1\times\text{PBS}$  with 0.1% BSA, protease inhibitors, and 0.01%  $\text{NaN}_3$  for 24 hr at  $37^\circ\text{C}$ . Mean  $\pm$  SEM ( $n = 6$  disks for each condition, harvested from 2 joints).



**Figure 6. Catabolic effects of untreated and cross-linked TNF $\alpha$  on bovine calf cartilage**  
 Cumulative GAG loss to medium during 6-day incubation with non-cross-linked (Untreated) and cross-linked (X-link) TNF $\alpha$  was measured (control = No TNF $\alpha$ , 1.47 nM = 25 ng/ml, 5.88 nM = 100 ng/ml, \*p < 0.05, 1-way ANOVA, post-hoc Dunnett's test with control as a reference). Mean  $\pm$  SEM (n = 6 disks for each condition, harvested from 1 joint).



**Figure 7. Effect of proteoglycan removal by trypsin on the equilibrium uptake of  $^{125}\text{I}$ -TNF $\alpha$ .** Bovine calf cartilage disks were either untreated (Control) or treated with 0.1 mg/ml trypsin for 48 hr at 37°C (Trypsin) prior to incubation with  $^{125}\text{I}$ -TNF $\alpha$  (23 pM = 390 pg/ml) in the absence or presence of unlabeled TNF $\alpha$  (20 nM = 340 ng/ml) for 48 hr in 1×PBS with 0.1% BSA, protease inhibitors, and 0.01% NaN $_3$  at 37°C. The measured uptake ratio was only affected by addition of unlabeled TNF $\alpha$  and not by trypsin (2-way ANOVA,  $p < 0.0001$  for the effect of unlabeled TNF $\alpha$ ;  $p = 0.164$  for the effect of trypsin). Mean  $\pm$  SEM (n = 5 disks for each condition, harvested from 1 joint).