Episodic Social Stress-Escalated Cocaine Self-Administration: Role of Phasic and Tonic Corticotropin Releasing Factor in the Anterior and Posterior Ventral Tegmental Area.


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Episodic Social Stress-Escalated Cocaine Self-Administration: Role of Phasic and Tonic Corticotropin Releasing Factor in the Anterior and Posterior Ventral Tegmental Area

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Intermittent social defeat stress escalates later cocaine self-administration. Reward and stress both activate ventral tegmental area (VTA) dopamine neurons, increasing downstream extracellular dopamine concentration in the medial prefrontal cortex and nucleus accumbens. The stress neuropeptide corticotropin releasing factor (CRF) and its receptors (CRF-R1, CRF-R2) are located in the VTA and influence dopaminergic activity. These experiments explore how CRF release and the activation of its receptors within the VTA both during and after stress influence later cocaine self-administration in rats. In vivo microdialysis of CRF in the VTA demonstrated that CRF is phasically released in the posterior VTA (pVTA) during acute defeat, but, with repeated defeat, CRF is recruited into the anterior VTA (aVTA) and CRF tone is increased in both subregions. Intra-VTA antagonism of CRF-R1 in the pVTA and CRF-R2 in the aVTA during each social defeat prevented escalated cocaine self-administration in a 24 h “binge.” VTA CRF continues to influence cocaine seeking in stressed animals long after social defeat exposure. Unlike nonstressed controls, previously stressed rats show significant cocaine seeking after 15 d of forced abstinence. Previously stressed rats continue to express elevated CRF tone within the VTA and antagonism of pVTA CRF-R1 or aVTA CRF-R2 reverses cocaine seeking. In conclusion, these experiments demonstrate neuroadaptive changes in tonic and phasic CRF with repeated stress, that CRF release during stress may contribute to later escalated cocaine taking, and that persistently elevated CRF tone in the VTA may drive later cocaine seeking through increased activation of pVTA CRF-R1 and aVTA CRF-R2.

Key words: cocaine seeking; cocaine self-administration; corticotropin releasing factor; social defeat; stress; ventral tegmental area

Significance Statement
Corticotropin releasing factor (CRF) within the ventral tegmental area (VTA) has emerged as a likely candidate molecule underlying the fundamental link between stress history and escalated drug self-administration. However, the nature of CRF release in the VTA during acute and repeated stress, as well as its role in enduring neuroadaptations driving later drug taking and seeking, are poorly understood. These experiments explore how CRF is released and interacts with its receptors in specific regions of the VTA both during and after stress to fuel later escalated cocaine taking and seeking behavior. Understanding these acute and persistent changes to the VTA CRF system may lead to better therapeutic interventions for addiction.

Introduction
A history of stress has long been associated with enhanced susceptibility to the initiation, escalation, and relapse of drug use in both preclinical and clinical populations (Erb et al., 1996; Sinha, 2008). In particular, intermittent social defeat stress in rats engenders long lasting neuroadaptations, resulting in behavioral and dopaminergic cross-sensitization to cocaine, accelerated ac-
quisition of cocaine self-administration, increased breakpoints on a progressive ratio schedule of reinforcement, and escalated cocaine self-administration in a 24 h “binge” (Miczek and Mutschler, 1996; Tidey and Miczek, 1997; Covington and Miczek, 2001; Holly et al., 2012; Boyson et al., 2014). Understanding how stress initiates a cascade of neural processes in stress and cocaine sensitive systems, as well as the enduring neuroadaptations, may lead to improved targets for therapeutic intervention. It is particularly significant to investigate a neural point of intersection whereby stress and reward mechanisms may interact to potentiate later behavior.

The ventral tegmental area (VTA) notably stands out due to its prominent role in reward-related behavior. However, in addition to its integral role in reward processing, the VTA is also highly responsive to stress/aversion. Dopamine neurons within the VTA are heterogeneous in cytoarchitecture, electrophysiological characteristics, dopaminergic content, and afferent/efferent connectivity (Ikemoto, 2007; Lammel et al., 2014; Holly and Miczek, 2016) and morphological heterogeneity may extend to function as well. Of particular functional importance is heterogeneity between VTA subregions along the anterior/posterior axis. Drugs of abuse are self-administered into the posterior (pVTA), but not anterior (aVTA), portions of the VTA (for review, see Ikemoto, 2007). Rostrocaudal distinctions in VTA function also extend to aversion. A discrete population of dopamine neurons in the pVTA, but not the aVTA, is rapidly and potently excited by acute foot shock (Brischoux et al., 2009).

One potential mediator of stress-induced changes in VTA dopamine neuron activity is the stress neuropeptide corticotropin releasing factor (CRF). Due to their key function in the initiation of the physiological stress response, CRF and its receptors (CRF-R1 and CRF-R2) may play an important role in the behavioral and neural interactions of stress and reward. Although one primary role of CRF is the initiation of the hypothalamic–pituitary–adrenal axis stress response, CRF is also found in widespread extrahypothalamic regions, including the VTA (Swanson et al., 1983). CRF actions on CRF-Rs within the VTA directly and indirectly influence the mesolimbic dopamine system. CRF rapidly increases VTA dopamine neuron firing rate (Korotkova et al., 2006), which is at least partially dependent on postsynaptic CRF-R1 activation (Wanat et al., 2008). Postsynaptic CRF-R2 activation also enhances VTA dopaminergic neuronal excitability through transient potentiation of NMDA currents and metabotropic glutamate receptor current (Fiorillo and Williams, 1998; Ungless et al., 2003). Together, acute activation of VTA CRF-R1 and CRF-R2 leads to increased dopamine neuronal activity, which may in turn cause long-lasting synaptic neural and behavioral adaptations.

Activation of both CRF-R1 and CRF-R2 in the VTA during stress is necessary for the induction of later behavioral and neural cross-sensitization to cocaine and escalated cocaine self-administration (Boyson et al., 2014). However, the nature of CRF release in the VTA and long-lasting adaptations within the CRF system as a result of repeated stress remain to be determined. As yet, it is unclear whether CRF is phasically released into the VTA during repeated stress, which VTA subregion CRF is exerting its actions, and whether there are neuroadaptive changes in CRF release within the VTA with repeated stress exposure—all of which may be responsible for stress-escalated drug use. Using in vivo microdialysis, we first explored the nature of phasic and tonic CRF increases in the VTA during acute and repeated stress (Experiment 1). Next, we investigated whether CRF actions on its receptors in the aVTA and pVTA during stress are necessary for subsequent escalated cocaine self-administration (Experiment 2). Finally, we investigated whether persistent alterations in CRF/CRF-R interactions within the aVTA and pVTA play a role in later escalated cocaine-seeking behavior long after stress exposure (Experiment 3).

Table 1. Group sizes

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<tr>
<th>Experiment</th>
<th>Group</th>
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<td>1. Microdialysis for CRF in the VTA during stress</td>
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Total N = 151.

*First number represents number included in analysis of day 1; second number represents number included for day 10.

**Materials and Methods**

**General methods and design**

**Subjects**

Male Long–Evans rats (N = 151, Experiment 1, n = 21; Experiment 2, n = 64; Experiment 3, n = 66; see Table 1 for group sizes; rats were obtained from Charles River) weighed 225–250 g upon arrival and were individually housed in custom-built acrylic chambers (30 × 20.5 × 24.5 cm) and given food and water *ad libitum*. Rats were allowed to habituate to the vivarium for at least 1 week before surgery or experimental manipulations. Stimulus “resident” rats were housed in male–female pairs in large stainless steel cages (71 × 46 × 46 cm) in a separate room as described previously (Miczek, 1979). All procedures were approved by the Tufts University Institutional Animal Care and Use Committee following the guidelines set forth in the *Guide for Care and Use of Laboratory Animals* (National Research Council, 2011).
Experimental design

The experimental design is shown in Figure 1. Rats underwent intermittent social defeat stress (stressed groups) or handling (control groups) on days 1, 4, 7, and 10. In Experiment 1, rats concurrently underwent in vivo microdialysis for extracellular CRF in the VTA during social defeat on days 1 and 10 to examine the CRF response to acute and repeated social defeat stress or handling.

Experiments 2 and 3 examined the impact of these phasic and tonic VTA CRF responses to repeated social defeat stress on subsequent cocaine taking and seeking behavior. In Experiment 2, the role of CRF receptors in the aVTA vs pVTA during social defeat was investigated. Rats were microinjected with vehicle, a CRF-R1 antagonist, or a CRF-R2 antagonist into the aVTA or pVTA before each social defeat or control handling and subsequently catheterized for intravenous cocaine self-administration, culminating in a 24 h binge.

Finally, Experiment 3 evaluated the role of VTA CRF and its receptors long after stress in a translational model of cocaine seeking. Rats underwent intermittent social defeat stress or handling and then underwent cocaine self-administration followed by 15 d forced abstinence. Rats were returned to the cocaine self-administration chamber and responses were recorded on the lever previously paired with cocaine reinforcement. Upon reintroduction to the cocaine self-administration chamber, vehicle, CRF-R1 antagonist, or CRF-R2 antagonist was microinjected into the aVTA or pVTA (Experiment 3A) or extracellular CRF was measured by in vivo microdialysis (Experiment 3B).

Social defeat stress

A modified version of a previously described resident–intruder paradigm (Tornatzky and Miczek, 1993; Boyson et al., 2014; Holly et al., 2015) was used for all experiments. Rats in the stressed groups were exposed to 4 brief social defeats separated by ~72 h (days 1, 4, 7, and 10). The female co-resident rat was removed before each defeat, which consisted of three phases. The first phase was instigation, in which the experimental animal (“intruder”) was placed in a wire mesh enclosure inside the resident’s home cage for 10 min, allowing for visual and olfactory instigation, but preventing tactile contact. The second phase was defeat, in which the protective enclosure was removed and the experimental rat was placed in the resident cage until the experimental rat was held in supine for 10 s, was bitten 10 times, or 5 min had elapsed. For Experiment 1, all defeats were 5 min in duration to account for microdialysis sampling time. Attack latency and number of bites were recorded and no statistical difference in latency, bites, or defeat duration was observed between experiments or drug treatment groups. The third phase was threat, in which the experimental rat was then returned to the protective cage inside the resident’s home cage for an additional 10 min, after which it was returned to its home cage.

Intracranial surgery

Rats underwent intracranial surgery under ketamine (100 mg/kg, i.p.) and xylazine (6 mg/kg, i.p.) anesthesia when indicated below in the detailed methods for each experiment. Rats were and implanted with either a unilateral microdialysis guide cannula (8 mm length; Synaptech) in Experiments 1 and 3B or bilateral microinjection cannulae (23 Ga, 11 mm length; PlasticsOne) in Experiments 2 and 3A at a 10° angle 5.0, 5.2, or 5.4 mm posterior from bregma and 1.8 mm lateral from the midline at a depth of 7.5 mm from the skull surface. Rats were allowed to recover for at least 1 week before further manipulation.

Histology

At the termination of experiments, rats were anesthetized with sodium pentobarbital (100 mg/kg, i.p.) and transcardially perfused with 0.9% saline followed by 4% paraformaldehyde. Brains were removed and placed in 4% paraformaldehyde for at least 24 h, after which they were sliced into 50 µm sections, mounted onto microscope slides, stained with cresyl violet, and overlaid as described previously (Holly et al., 2012; Holly et al., 2015). Slides were examined under light microscopy for verification of microdialysis probe and microinjection cannula placement. It has been a challenge to define the boundaries of VTA subregions consistently because early characterizations of dopaminergic neurons in the rat VTA (Lindvall and Björklund, 1974; Fallon and Moore, 1978; Swanson, 1982). Although some have defined the aVTA/pVTA more caudally, the emergence of the paranigral nucleus of the VTA beginning around the interpeduncular fossa and nucleus (~5.20 mm from bregma) is a common division in pharmacological, anatomical, and behavioral studies (Ikemoto et al., 1998; Rodd-Henricks et al., 2000; Ikemoto and Wise, 2002; Ikemoto, 2007; Hauser et al., 2014; Sanchez-Catalan et al., 2014; Holly and Miczek, 2016). Therefore, the present studies set the emergence of the interpeduncular fossa and nucleus as the boundary between the aVTA and pVTA.

Experiment 1: Microdialysis during social defeat for CRF in the VTA

Experiment 1 measured CRF in the VTA during acute and repeated social defeat stress. Rats underwent intracranial surgery, after which they were exposed to intermittent social defeat stress on days 1, 4, 7, and 10, with microdialysis performed concurrently on days 1 and 10. Nonstressed controls underwent microdialysis on days 1 and 10, but were transferred to a clean, empty cage and briefly handled in lieu of social defeat. A timeline for Experiment 1 is shown in Figure 2A and histology is shown in Figure 3.

In vivo microdialysis

Rats underwent intracranial surgery 1 week before the first microdialysis day. In vivo microdialysis for CRF in the VTA was performed from the same site on both days 1 and 10 of the social defeat protocol as described above. On the night before sample collection, the microdialysis guide cannula was removed and replaced with a microdialysis probe (2 mm active polycyronitrile membrane, 0.36 mm OD, 20 kDa cutoff; Synaptech), which was perfused with artificial CSF (aCSF, 147 mmol/L NaCl, 2.7 mmol/L KCl, 1.2 mmol/L CaCl₂, 0.85 mmol/L MgCl₂) at a flow rate of 0.5 µl/min overnight. The following morning, the aCSF was replaced.
Recovery of microdialysis probes was determined with aCSF containing 0.2% bovine serum albumin (BSA) and the flow rate increased to 2.0 μl/min 2 h before sample collection. Samples were collected by hand into Eppendorf Protein LoBind tubes every 12.5 min and immediately stored at −80°C. Tonic levels of CRF were measured in five baseline samples before experimental manipulations. Experimental rats were then transferred to a resident rat’s home cage for social defeat as described above, with samples collected ongoing throughout defeat. After the rat was removed from the threat phase, five additional samples were collected to evaluate the time course of CRF changes during “recovery.” On days 4 and 7, social defeats occurred in an identical manner, but were placed in a clean, empty cage for the 10 min instigation period and briefly handled in lieu of social defeat.

**Microdialysis probe recovery**

Recovery of microdialysis probes was determined in vitro at the end of the experiment. After removal from the rat brain at the end of the experiment, probes were immersed in a vial containing 0.5255 nM CRF and aCSF + 0.2% BSA perfused at a flow rate of 2.0 μl/min. After at least 30 min, 12.5 min samples were collected into 0.5 ml Eppendorf Protein LoBind tubes and both the recovery sample and standard were stored in the −80°C freezer until CRF concentration was determined by enzyme immunoassay (EIA). Mean probe recovery was 12.6%.

**CRF EIA**

CRF from dialysate or recovery samples was measured by a commercially available EIA kit (S-1169.0001; Peninsula Laboratories). Some steps of the provided protocol were adjusted to optimize detection. Standards were diluted with aCSF + 0.2% BSA rather than the provided standard diluent buffer, such that standards and samples were treated equally. Either 25 μl (Experiment 1) or 20 μl (Experiment 3B) standards or samples were pipetted into each well, as opposed to the recommended 50 μl, but all other reagent volumes were identical to the recommended protocol. After the addition of TMB solution, the developing color was read approximately every 5 min at 630 nm, and the reaction terminated using 2 N HCl and absorbance reread at 450 nm. Initial pilot experiments determined that −15–20 min (as opposed to the recommended 30–60 min) was the optimal time to terminate the TMB reaction. All other incubation times were identical to the recommended EIA protocol.

All samples were greater than the limit of detection (LoD) and within the linear range of the standard curve, near the half-maximal inhibitory concentration (IC₅₀). The LoD was 0.0046 nM, calculated according to the Clinical and Laboratory Standards Institute published guideline EP17, *Protocols for Determination of Limits of Detection and Limits of Quantitation* (Clinical and Laboratory Standards Institute, 2004). The interplate coefficient of variance (%CV) of the standard concentration...
Cocaine self-administration

Rats were allowed to self-administer cocaine (0.75 mg/kg/infusion) freely without priming or autoshaping during daily self-administration sessions that began at 21:30 h into the dark cycle. Sessions were signaled by a stimulus light and two retractable levers were extended from one wall of the home cage. Pressing the active lever resulted in a cocaine infusion paired with a cue light. Cocaine infusions were followed by a 30-s timeout period, during which stimulus and cue lights were off and lever presses were recorded, but had no effect. Throughout the session, pressing the inactive lever was recorded, but was neither reinforced nor punished.

Acquisition/maintenance. Rats were initially trained on a fixed ratio 1 (FR1) schedule of reinforcement, in which each lever press resulted in an intravenous infusion of cocaine. After 2 consecutive days of 15 infusions at FR1, the schedule was gradually increased to FR5. If rats did not meet acquisition criteria within the first 2 d of cocaine self-administration, they were behaviorally shaped with female urine or Fruit Loops on the active lever. Due to behavioral shaping, group differences in acquisition performance could not be assessed. Daily FR sessions were terminated after 15 infusions or 5 h. Rats were maintained on the FR5 schedule of reinforcement for 5 d to ensure stable and consistent responding across all stress and drug treatment groups.

Progressive ratio. Sessions then alternated between FR5 maintenance sessions and progressive ratio (PR) sessions for 6 d (3 d each). During PR sessions, rats were required to respond with an increasing number of lever presses to achieve an infusion of cocaine (0.3 mg/kg/infusion). The PR schedule of reinforcement, adapted from Richardson and Roberts (1996), was 1, 2, 4, 6, 9, 12, 15, 20, 25, 32, 40, 50, 62, 77, 95, 118, 145, 178. Sessions ended after 60 min without cocaine infusion.

24 h binge. After the last PR session, rats were given 1 more FR5 maintenance day and, the following day, were given unlimited access to cocaine (0.3 mg/kg/infusion) on an FR5 schedule for 24 h. After completion of the binge, catheter patency was tested by propofol injection. Data presented here are a reanalysis of previously published data (Boyson et al., 2014) because the prior publication did not assess or account for probe placement location within the VTA.

Experiment 3: Role of VTA CRF after stress on cocaine seeking after abstinence

Experiment 3 investigated whether the effects of repeated stress on VTA CRF and its receptors persist long after social defeat and affect later cocaine seeking after forced abstinence, which has been proposed as a translational model of relapse (Reichel and Bevins, 2009). Compared with nonstressed control rats, we demonstrate that previously stressed rats show greater lever pressing after forced abstinence.

Experiment 3A first evaluates whether the increased cocaine seeking in previously stressed rats can be blocked by CRF-R antagonism in the aVTA or pVTA. One possible explanation for intra-VTA CRF–R antagonism preventing cocaine seeking after forced abstinence in previously stressed rats is that the reintroduction to the context previously associated with cocaine stimulation of a greater phase CRF increase in the VTA of previously stressed rats compared with nonstressed controls. To test this hypothesis, a separate co-

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Figure 4. Experiment 2: Role of VTA CRF during stress on later cocaine self-administration. A, Experimental timeline. Vehicle (aCSF), CRF-R1 antagonist (CP376395, CP), or CRF-R2 antagonist (Astressin2B, A2B), was microinjected into the VTA before each social defeat (arrows), after which animals were catheterized for intravenous cocaine self-administration, culminating in a 24 h binge.

B, Stressed rats pretreated with aCSF before each social defeat (dark gray, n = 11) self-administered significantly more cocaine during the 24 h binge compared with aCSF-pretreated nonstressed controls (white, n = 13). This was prevented with intra-pVTA antagonism of CRF-R1 (light gray, CP, n = 4), but not intra-aVTA CRF-R1 antagonism (medium gray, CP, n = 4). Cumulative infusions in 2 h bins are shown on the left, with total infusions shown on the right. Complete data with all control groups are shown in Table 3. **p < 0.01 versus aCSF-nonstressed, ###p < 0.001 versus aCSF-stressed.

C, Conversely, intra-aVTA CRF-R2 antagonism (medium gray, A2B, n = 4), but not intra-pVTA CRF-R2 antagonism (light gray, A2B, n = 5), prevented stress-escalated cocaine self-administration during the 24 h binge. Complete data with all control groups are shown in Table 3. **p < 0.01 versus aCSF-nonstressed, ###p < 0.001 versus aCSF-stressed.
hort of rats underwent in vivo microdialysis of CRF in the VTA during reinstatement testing in Experiment 3B. The experimental timeline is shown in Figure 6A and histology is shown in Figure 7.

Cocaine self-administration
Rats underwent intermittent social defeat stress or brief handling on days 1, 4, 7, and 10, as described above. One to 2 d after the last social defeat episode (or handling for unstressed controls), rats underwent intravenous catheterization as described in Experiment 2. After 5 d of recovery, rats were transferred to sound-attenuating chambers, where they remained until abstinence and then began cocaine self-administration. Daily self-administration sessions were modified slightly from Experiment 2 to be more similar to other reports of cocaine seeking after forced abstinence (Fuchs et al., 2006; See et al., 2007; Hearing et al., 2008). Rats were initially trained on an FR1 schedule of reinforcement for cocaine (0.75 mg/kg/infusion) and sessions were terminated after 30 infusions or 3 h. After 2 consecutive days of >15 infusions, the schedule of reinforcement was gradually increased to FR3, where rats were maintained until they reached a criterion of 10 consecutive days of >15 infusions.

Forced abstinence. After the criterion was met, rats were moved from the self-administration room into a separate vivarium room for 15 d of forced abstinence. The panel containing the session light, cue light, and retractable levers was removed and replaced with a wire mesh panel and the cages were moved from the sound-attenuating chambers in the self-administration room into a separate vivarium room. The sound-attenuating chambers were not cleaned or used during the abstinence period to retain any potential contextual odor cues, but each rat’s bedding was changed weekly. Intracranial surgery was performed ~7 d into the abstinence period.

Cocaine seeking after abstinence. Rats were brought from their temporary housing room to their previous cocaine-self-administration sound-attenuating chamber. The wire mesh panel on their cage was replaced with their previous self-administration panel and a 3 h session began. During this session, the two levers were extended and the stimulus light was illuminated; however, now, pressing the active or inactive lever was recorded but did not result in any reinforcement, previously paired cue light, or timeout period.

Experiment 3A: Intra-VTA antagonism of CRF receptors during cocaine seeking
Rats were microinjected in their temporary housing room with vehicle (aCSF), CRF-R1 antagonist (CP376395, 500 ng/side), or CRF-R2 antagonist (Astressin2B, 1000 ng/side) in the aVTA or pVTA 20 min before reintroduction to the cocaine self-administration chamber.

Experiment 3B: In vivo microdialysis for CRF in the VTA during cocaine seeking
The night before reintroduction to the cocaine self-administration chamber, a separate group of rats was prepared for in vivo microdialysis in their temporary housing room. Microdialysis was performed and CRF measured by EIA as described in Experiment 1, except samples were collected every 10 min. After 5 baseline samples, rats were quickly brought to their self-administration chamber and samples continued to be collected throughout the 3 h cocaine-seeking session.

Results
Experiment 1: Microdialysis during social defeat for CRF in the VTA
Acute stress phasically increases extracellular CRF in the pVTA, but not aVTA
Regardless of probe placement within the VTA, baseline nanomolar concentrations of CRF did not vary between groups on day 1 (Table 2). Due to slight variability in nanomolar concentrations across multiple EIA runs and significantly different baseline values on day 10 (described below), data reported here were standardized as the percentage change from the average concentration of the five baseline samples (subsequently referred to as percentage change from baseline). Within both the aVTA and pVTA, there were no effects of stress group or sample or stress
group × sample interaction within the first five baseline samples, so subsequent analyses excluded the first four baseline samples.

Probe placement within the VTA had a significant effect on the stress-induced efflux of CRF on day 1 (Fig. 2B, C). Within the aVTA, CRF did not change from baseline within the control or stressed groups (Fig. 2B) and two-way repeated-measures ANOVA revealed no main effects of stress group or sample nor a stress group × sample interaction.

Within the pVTA, however, extracellular CRF was increased in the stressed group during and after social defeat, whereas it remained unchanged in the control group (Fig. 2C). Two-way repeated-measures ANOVA revealed significant main effects of stress group ($F_{(1,8)} = 20.225, p = 0.002$), sample ($F_{(7,56)} = 4.984, p < 0.001$), as well as a stress group × sample interaction ($F_{(7,56)} = 3.027, p = 0.009$). Post hoc Holm–Sidak tests for multiple comparisons on the stress group × sample interaction revealed that, within the stressed group, CRF was significantly increased above baseline during the first half of social defeat stress (Holm–Sidak $t = 5.381, p < 0.001$), as well as during the first and second samples immediately after social defeat was terminated (first sample: Holm–Sidak $t = 3.880, p = 0.007$; second sample: Holm–Sidak $t = 5.228, p < 0.001$). CRF did not change significantly

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**Figure 6.** Experiment 3: Role of CRF in the VTA after stress on cocaine seeking after abstinence. A, Experimental timeline. Rats underwent intermittent social defeat or handling, after which they were catheterized for cocaine self-administration, where they were allowed to self-administer cocaine (0.75 mg/kg/infusion) in 3 h sessions until they met a criterion of 10 consecutive days of >15 infusions. Next, rats were placed in forced abstinence for 15 d, after which they were reintroduced to their cocaine self-administration chambers and assessed for cocaine seeking after intra-VTA CRF-R1 or CRF-R2 antagonism (Experiment 3A) or with concurrent microdialysis for CRF in the VTA (Experiment 3B). B, After intermittent social defeat or handling, there was no difference in acquisition (left) between the previously nonstressed rats treated with aCSF in the aVTA (n = 7) and previously stressed rats microinjected with aCSF in the aVTA (n = 9) or CRF-R1 antagonist (CP) in the pVTA (n = 4). Upon return to the cocaine self-administration chamber (right), stressed rats microinjected with aCSF pressed the previously cocaine-paired lever significantly more than nonstressed aCSF animals, which was prevented by intra-pVTA, but not intra-aVTA, CRF-R1 antagonism. C, Similarly, there were no differences in acquisition (left) between rats before abstinence in rats treated with CRF-R2 antagonist (A2B) before the return to the cocaine self-administration chamber (right). Intra-aVTA (n = 5), but not intra-pVTA (n = 4), CRF-R2 antagonism prevented the increased lever responding in previously stressed rats. D, Microdialysis for CRF in the VTA revealed that, although previously stressed animals (aVTA, n = 3; pVTA, n = 4) showed a significantly greater average baseline concentration of CRF (left) compared with controls (aVTA, n = 3; pVTA, n = 4), there was no phasic increase of CRF throughout cocaine seeking (right). Complete data are shown in Table 4. ***p < 0.01 versus nonstressed control. ###p < 0.05 versus stressed aCSF.
from baseline within the control group. Furthermore, also probing the interaction, extracellular CRF in the stressed group was significantly greater than in the control group during the first half of social defeat stress (Holm–Sidak $t = 4.947, p < 0.001$), as well as during all samples after social defeat ended (first sample: Holm–Sidak $t = 3.601$, $p < 0.001$; second sample: Holm–Sidak $t = 3.820$, $p < 0.001$; third sample: Holm–Sidak $t = 2.133$, $p = 0.038$; fourth sample: Holm–Sidak $t = 2.166$, $p = 0.035$; fifth sample: Holm–Sidak $t = 2.335$, $p = 0.024$).

Repeated stress increases tonic CRF in the VTA

On the last day of intermittent social defeat stress, tonic levels of CRF were increased in stressed rats regardless of probe placement within the VTA, whereas they were decreased within nonstressed controls (Table 2).

Two-way repeated-measures ANOVA of nanomolar baseline concentrations revealed a significant main effect of stress ($F_{(1,15)} = 4.906, p = 0.043$) and an interaction of stress condition and day ($F_{(1,15)} = 13.247, p = 0.002$), but no main effect of day. Within the stressed group, there was a significant increase in tonic CRF from day 1 to day 10 (Holm–Sidak $t = 3.182$, $p = 0.006$), but with the current sample size, the decrease in tonic CRF observed within nonstressed controls did not reach statistical significance (Holm–Sidak $t = 2.083$, $p = 0.055$). There was, however, a significant effect of stress group on day 10, with tonic CRF levels substantially greater within stressed animals than those of nonstressed controls (Holm–Sidak $t = 3.617$, $p < 0.001$).

Table 2. Baseline CRF concentration (nM)

<table>
<thead>
<tr>
<th>Group</th>
<th>Region</th>
<th>Day 1</th>
<th>Day 10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nonstressed</td>
<td>aVTA</td>
<td>0.325 ± 0.043</td>
<td>0.083 ± 0.008</td>
</tr>
<tr>
<td></td>
<td>pVTA</td>
<td>0.293 ± 0.012</td>
<td>0.115 ± 0.025</td>
</tr>
<tr>
<td>Stressed</td>
<td>aVTA</td>
<td>0.294 ± 0.038</td>
<td>0.617 ± 0.192##</td>
</tr>
<tr>
<td></td>
<td>pVTA</td>
<td>0.216 ± 0.063</td>
<td>0.502 ± 0.126</td>
</tr>
</tbody>
</table>

Data are represented as mean ± SEM.

## $p < 0.01$ versus day 1.

Separate analysis of VTA subregions revealed the same statistical effects and trends. Within the aVTA, there was a significant interaction between stress group and day ($F_{(1,7)} = 6.825$, $p = 0.035$) and CRF tone was significantly greater in stressed compared with nonstressed rats on day 10 (Holm–Sidak $t = 3.357$, $p = 0.005$). There were no significant effects in the pVTA.

Baseline CRF concentration on day 10 was also analyzed as a percentage increase from the day 1 baseline concentration within each rat. In this manner, the change in CRF concentration from day 1 to day 10 was readily apparent, with stressed rats exhibiting an increase in CRF tone compared with day 1 and a decrease in nonstressed rats (Fig. 2C). Two-way ANOVA revealed a significant main effect of stress ($F_{(1,13)} = 9.451$, $p = 0.009$) with no effects of VTA subregion or stress × subregion interaction. There was a significant effect of stress group within the pVTA (Holm–Sidak $t = 2.424$, $p = 0.031$), but not aVTA (Holm–Sidak $t = 1.905$, $p = 0.079$).

Repeated stress physically increases extracellular CRF in the aVTA, but not pVTA

After exposure to repeated stress, extracellular CRF is altered within both the aVTA and pVTA during the last defeat. During the final defeat, CRF is slightly elevated above baseline in both the aVTA and pVTA during the first half of social defeat stress, after which they diverge (Fig. 2E, F).

Within the aVTA, CRF remains elevated, after which it returns to baseline (Fig. 2E). Two-way repeated-measures ANOVA revealed a significant main effect of sample ($F_{(7,49)} = 3.090$, $p = 0.009$) and a stress group × sample interaction ($F_{(7,49)} = 3.175$, $p = 0.008$), but no main effect of stress. Post hoc Holm–Sidak tests for multiple comparisons on the significant interaction revealed that, within the stressed group, extracellular CRF was significantly increased from baseline during both samples during social defeat stress (first sample: Holm–Sidak $t = 3.535$, $p = 0.006$; second sample: Holm–Sidak $t = 3.356$, $p = 0.009$), but did not differ from baseline after the termination of social defeat stress. In contrast, extracellular CRF did not differ from baseline within the control group. In addition, extracellular CRF was significantly
greater in the stressed compared with control group in both samples during social defeat (first sample: Holm–Sidak t = 2.159, p = 0.037; second sample: Holm–Sidak t = 2.749, p = 0.009).

Conversely, within the pVTA, extracellular CRF was suppressed after the termination of social defeat (Fig. 2F). Two-way repeated-measures ANOVA revealed a significant stress group × sample interaction (F(2,63) = 2.281, p = 0.038), but no main effects of stress group or sample. Testing the significant interaction with Holm–Sidak tests for multiple comparisons, a significant decrease from baseline CRF was observed within the stressed group during the second, third, and fourth samples after social defeat stress ended (second sample: Holm–Sidak t = 2.755, p = 0.038; third sample: Holm–Sidak t = 2.864, p = 0.034; Holm–Sidak t = 3.097, p = 0.020) and percentage baseline CRF was significantly lower in the stressed group compared with control group during the third and fourth samples after social defeat (third sample: Holm–Sidak t = 2.021, p = 0.048; fourth sample: Holm–Sidak t = 2.382, p = 0.021).

**Experiment 2: Role of VTA CRF during stress on later cocaine taking**

Intra-VTA antagonism of CRF-R1 in the pVTA or CRF-R2 in the aVTA during each defeat prevents later escalated cocaine self-administration

The response rate during fixed ratio sessions and the breakpoint in progressive ratio sessions were not affected by stress or pretreatment with CRF receptor antagonists into either VTA subregion before each stress or handling episode (Table 3).

However, stress significantly increased cocaine self-administration during the 24 h binge and this effect could be prevented with CRF-R1 antagonism in the pVTA or CRF-R2 antagonism in the aVTA (Fig. 5B,C, Table 3). Three-way ANOVA revealed significant interactions of stress group × drug pretreatment (F(2,51) = 6.366, p = 0.003), VTA subregion × drug pretreatment (F(2,51) = 3.167, p = 0.05), and stress group × VTA subregion × drug pretreatment (F(2,51) = 10.279, p < 0.001).

Because there was a significant three-way interaction, main effects and two-way interactions cannot be interpreted. The effect of one or more factor is not consistent at all combinations of the other two factors such that an unambiguous interpretation of main effects and two-way interactions is not possible. To interpret the three-way interaction, further two-way post hoc analyses were performed evaluating two-way interactions across one level of the third factor. First, the effects of stress group and VTA subregion were tested within the vehicle-pretreated animals. Within the vehicle group, previously stressed rats self-administered significantly more cocaine during the 24 h binge compared with nonstressed controls regardless of VTA subregion (Holm–Sidak t = 2.898, p = 0.006).

Because there was a significant effect of stress within the vehicle-pretreated animals, we next analyzed the effects of drug pretreatment and VTA subregion within the stressed group. Two-way ANOVA revealed a significant effect of drug pretreatment (F(2,51) = 8.521, p = 0.001) and drug pretreatment × VTA subregion interaction (F(2,51) = 18.581, p < 0.001) within the previously stressed rats. Although the number of binge infusions was significantly less in stressed rats pretreated with the CRF-R1 antagonist (Holm–Sidak t = 3.181, p = 0.007) and the CRF-R2 antagonist (Holm–Sidak t = 3.902, p = 0.002) compared with vehicle-pretreated stressed animals, this was driven by a significant effect of where the antagonists were microinjected. Within stressed rats, CRF-R1 antagonism within the pVTA significantly prevented increased cocaine taking compared with vehicle pretreatment in the pVTA (Holm–Sidak t = 5.316, p < 0.001), as well as CRF-R1 antagonism within the aVTA (Holm–Sidak t = 4.091, p < 0.001). In addition, stressed rats pretreated with CRF-R1 antagonist in the pVTA self-administered significantly less than pVTA CRF-R1-pretreated nonstressed controls (Holm–Sidak t = 4.840, p < 0.05), which may be a result of antagonism of a phasic rather than tonic CRF response to social stress. Conversely, CRF-R2 antagonism within the aVTA of stressed rats significantly prevented increased cocaine taking compared with vehicle pretreatment in the aVTA (Holm–Sidak t = 3.778, p = 0.002) and CRF-R2 antagonism within the pVTA (Holm–Sidak t = 4.502, p < 0.001).

**Experiment 3: Role of CRF in the VTA after stress on cocaine seeking after abstinence**

Rats with a history of repeated stress exhibit greater cocaine seeking after forced abstinence compared with nonstressed controls All rats acquired and reliably self-administered cocaine at an FR3 schedule of reinforcement and there was no effect of prior stress history on the number of infusions in daily cocaine self-administration sessions (Fig. 6B,C, left). Two-way repeated-measures ANOVA revealed a main effect of self-administration day (F(9,459) = 177.259, p < 0.001), but no effect of stress group or stress group × self-administration day interaction. There was also no significant difference between groups on cumulative cocaine earned before forced abstinence (data not shown).

Previously stressed rats microinjected with vehicle demonstrated augmented cocaine seeking after forced abstinence, which was prevented in previously stressed rats treated with antagonists of CRF-R1 in the pVTA (Fig. 6B, right, Table 4) and CRF-R2 in the aVTA (Fig. 6C, right, Table 4) before the return to the cocaine self-administration chamber. Three-way ANOVA revealed a significant interaction of VTA subregion × drug (F(2,38) = 6.479, p = 0.004), as well as stress group × drug (F(2,38) = 5.910, p = 0.006), meaning that the effect each CRF receptor antagonist or vehicle in the VTA is dependent on both which VTA subregion it is delivered in and whether the animals were previously stressed. Post hoc Holm–Sidak tests for multiple comparisons were then run to interpret these significant interactions.

Previous intermittent social defeat stress resulted in significantly more lever pressing upon return to the cocaine self-administration chamber compared with nonstressed controls (Fig. 6B,C, right, Table 4). Previously stressed rats microinjected with aCSF pressed the lever previously associated with cocaine.
significantly more than their last day of cocaine self-administration (one-way repeated-measures ANOVA, 
F(1,17) = 10.549, p = 0.012), an effect not seen in aCSF-treated rats with no stress history. The stressed aCSF group also exhibited significantly more cocaine seeking compared with the nonstressed aCSF group (Holm–Sidak t = 3.879, p < 0.001).

Heightened cocaine seeking in previously stressed rats is associated with increased tonic CRF in the VTA acting on pVTA CRF-R1 and aVTA CRF-R2

The cocaine seeking observed in the stressed group was prevented by antagonism of CRF-R1 in the pVTA and CRF-R2 in the aVTA (Fig. 6 B, C, right, Table 4). Within the pVTA, responses on the lever previously associated with cocaine reinforcement were significantly reduced in animals treated with CRF-R1 antagonist compared with those treated with aCSF (Holm–Sidak t = 3.274, p = 0.011), but no difference between CRF-R2 antagonist- and aCSF-treated rats was observed. Conversely, within the aVTA, CRF-R2 antagonism resulted in significantly fewer lever presses compared with aCSF-treated rats (Holm–Sidak t = 3.092, p = 0.016), with no difference between stressed rats administered aCSF and CRF-R1 antagonist.

Unexpectedly, there was no phasic increase from baseline in extracellular CRF in the VTA during cocaine seeking in either the previously stressed or the nonstressed group (Fig. 6D). However, nanomolar concentrations of CRF were significantly greater in previously stressed compared with nonstressed rats (one-way ANOVA, 
F(1,11) = 6.529, p = 0.027). There was no difference between VTA subregion in either group.

Discussion

The current experiments suggest dynamic, shifting roles of CRF and its receptors within VTA subregions during and after stress, promoting later escalated cocaine taking and seeking. Acute stress promotes a phasic increase in CRF within the pVTA, whereas repeated stress recruits a phasic CRF response in the aVTA and elevates CRF tone throughout the VTA. CRF acts on CRF-R1 in the pVTA and CRF-R2 in the aVTA during repeated social defeat stress to cause increased cocaine self-administration during a 24 h binge. Finally, changes in VTA CRF are persistent after stress exposure such that CRF tone remains elevated and may contribute to cocaine seeking after forced abstinence in previously stressed animals through amplified actions on pVTA CRF-R1 and aVTA CRF-R2.

Only one other study reports phasic extracellular CRF changes in the VTA during stress. Wang et al. (2005) demonstrated that acute foot shock stress increases CRF within the VTA. Consistent with this prior work, the current study found increased extracellular CRF in the pVTA during acute stress. Although Wang et al. (2005) did not differentiate between the aVTA and pVTA, our results suggest that CRF efflux differs between these VTA subregions during acute stress.

The time course of phasic CRF fluctuations within the pVTA during acute defeat resemble the pattern of dopaminergic increases in the medial prefrontal cortex (mPFC) and nucleus accumbens shell (NAcSh) (Holly et al., 2015). Here, we show that, after a burst in CRF at the initiation of social defeat, extracellular CRF returns to baseline for the second half of social defeat. Although this return to baseline is difficult to interpret, the variability of this data point is low. Moreover, the pVTA CRF changes during acute defeat parallel our report demonstrating that extracellular mPFC and NAcSh dopamine concentrations are highest in the first half of social defeat stress, but not significantly different from baseline during the final threat period (Holly et al., 2015). Unlike our observations of extracellular dopamine, however, the present data indicate that CRF is again elevated at the termination of defeat, possibly signaling negative reinforcement.

VTA dopamine neurons responsive to acute foot shock are primarily localized in the pVTA (Brischoux et al., 2009). The present observations of phasic CRF increase in the pVTA during acute social defeat stress may be one mechanism underlying stress-induced dopamine neuron activation because CRF bath application increases VTA dopamine neuron firing rate (Korotkova et al., 2006; Wanat et al., 2008) and blockade of VTA CRF-R2 can prevent acute social-stress–induced dopamine efflux in the NAcSh (Holly et al., 2015).

Future work should identify sources of CRF into the aVTA and pVTA and determine which neural circuit(s) is responsible for the observed increase in pVTA CRF during acute stress. However, neuropeptides are not solely released from axon terminals, but may be released from the entire surface of the neuron (Pow and Morris, 1989). Grieder et al. (2014) described CRF-containing dopaminergic cell bodies within the pVTA, and their activation may be a source of the efflux in extracellular CRF in the pVTA during acute stress. Therefore, although microdialysis captures increased extracellular neuropeptide concentration, the source of the increase cannot be determined conclusively even if distinct inputs are uncovered (Wojtak et al., 2008).

Repeated, as opposed to acute, social stress has been associated with increased psychostimulant self-administration, so the shifts in CRF activity within the VTA with repeated stress are of particular interest. With repeated social defeat, tonic extracellular CRF was significantly increased by ~200% within stressed animals (Fig. 2D). This increased tone could be due to the recruitment of previously silent CRF neurons (George et al., 2012); increased vesicular storage or increased firing rate of CRF neurons located in, projecting to, or passing through the VTA (van den Pol, 2012); or increased CRF production and somatodendritic release from CRF neurons within the VTA itself (Grieder et al., 2014). However, although CRF remains elevated >1 month after social defeat stress ends (Fig. 6D) and we recently demonstrated no change in mesocorticolimbic dopamine tone with repeated defeat (Holly et al., 2015), a conditioned response to anticipation of defeat may contribute to the elevated CRF tone.

Phasic CRF responses are also altered with repeated stress. CRF was not significantly altered in the aVTA during the first defeat, but CRF was significantly increased in the aVTA during the last defeat. This may also reflect the recruitment of previously silent neurons or neuroadaptations resulting in a phasic response.

Table 4. Effects of intra-VTA CRF-R antagonism during cocaine seeking after forced abstinence in previously stressed or nonstressed rats

<table>
<thead>
<tr>
<th>Group</th>
<th>Drug</th>
<th>Region</th>
<th>Lever presses</th>
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<tr>
<td>Nonstressed</td>
<td>aCSF</td>
<td>aVTA</td>
<td>30.00 ± 17.01</td>
</tr>
<tr>
<td>Nonstressed</td>
<td>aCSF</td>
<td>pVTA</td>
<td>66.67 ± 17.80</td>
</tr>
<tr>
<td>Nonstressed</td>
<td>CP</td>
<td>aVTA</td>
<td>62.83 ± 20.30</td>
</tr>
<tr>
<td>Nonstressed</td>
<td>CP</td>
<td>pVTA</td>
<td>59.25 ± 26.88</td>
</tr>
<tr>
<td>Nonstressed</td>
<td>A2B</td>
<td>aVTA</td>
<td>66.86 ± 24.81</td>
</tr>
<tr>
<td>Nonstressed</td>
<td>A2B</td>
<td>pVTA</td>
<td>59.67 ± 11.17</td>
</tr>
<tr>
<td>Stressed</td>
<td>aCSF</td>
<td>aVTA</td>
<td>134.40 ± 13.79***</td>
</tr>
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<td>aCSF</td>
<td>pVTA</td>
<td>144.00 ± 33.71***</td>
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<tr>
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<td>CP</td>
<td>pVTA</td>
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</table>

Data are represented as mean ± SEM.

*p < 0.01 versus nonstressed aCSF; #p < 0.01 versus stressed aCSF within the same subregion.
of already active CRF neurons that do not respond to acute stress. In addition, there was a shift in the phasic response of CRF within the pVTA; after the last defeat CRF is significantly depressed below baseline. Neuropeptides are slower to regenerate within vesicular stores than canonical neurotransmitters (van den Pol, 2012), so this suppression may represent complete depletion of vesicular stores at the beginning of social defeat. However, evoked CRF release during repeated stress may be altered by prior probe implantation.

Phasic CRF responses within the VTA during social defeat stress have important functional consequences on later cocaine self-administration behavior. Intra-VTA CRF-R1 and CRF-R2 antagonism during social defeat prevents the induction of cross-sensitization to cocaine and escalated cocaine self-administration during a 24 h binge (Boyson et al., 2014). No effects on PR breakpoints were observed, suggesting a possible dissociation between escalated intake and motivation. However, the present reanalysis clearly differentiates the effects of CRF-R1 and CRF-R2 antagonism between the aVTA and pVTA on binge self-administration (Fig. 4). Within the aVTA, CRF-R2, but not CRF-R1, antagonism prevented increased binge cocaine self-administration, whereas the converse was true of the pVTA.

The distribution of CRF-R1 and CRF-R2 along the rostrodorsal axis of the VTA has not yet been reported, but recent work suggests that CRF-R1 within the pVTA may be more relevant for the initial response to stress, whereas CRF-R2 within the aVTA may be recruited with repeated stress exposure (Holly et al., 2015). Within the locus ceruleus and dorsal raphe nucleus, stress induces internalization of CRF-R1 and externalization of CRF-R2 to the membrane (Reyes et al., 2008; Waselus et al., 2009) and a similar effect may be occurring within the aVTA in combination with recruitment of a phasic aVTA CRF response with repeated stress.

Although CRF actions on VTA CRF-Rs during repeated stress contribute to the development of later maladaptive cocaine self-administration, the current findings also demonstrate that VTA CRF continues to play a significant role in cocaine seeking after stress. Prior stress increased cocaine seeking >1 month after the last defeat (Fig. 6). Because most humans undergo abstinence—either voluntary or forced—instead of extinction (Katz and Higgins, 2003), the current study attempted to translate the human condition to rats through reexposure to cocaine self-administration chambers after forced abstinence. Antagonism of either pVTA CRF-R1 or aVTA CRF-R2 after stress-induced neuroadaptations had already occurred prevented augmented cocaine seeking after forced abstinence in previously stressed rats. This parallels the findings of Experiment 2, furthering the hypothesis that there may be rostrodorsal differences in CRF-R expression as a result of stress exposure.

VTA CRF-R1 and CRF-R2 have both been implicated in stress-induced reinstatement to cocaine seeking after extinction (Wang et al., 2007; Blacktop et al., 2011), so it was initially hypothesized that cocaine seeking after forced abstinence in previously stressed animals was serving as an additional stressor, phasically increasing extracellular CRF within the VTA. However, the present results indicate that, although previously stressed animals still had significantly greater CRF tone throughout the VTA compared with previously nonstressed rats, there were no phasic CRF changes in the VTA within either group. This suggests that intra-VTA CRF-R antagonism, rather than preventing any phasic CRF effect, may prevent the increased extracellular tonic CRF from exerting effects, contributing to cocaine seeking after forced abstinence in previously stressed animals. Future work should elucidate a causal, as opposed to a correlational, link between augmented CRF tone and selective changes in expression of CRF within the VTA. Nonetheless, CRF is not the only endogenous ligand for CRF-R1 and CRF-R2 and the urocortin system may contribute to increased cocaine seeking (Ryabinin et al., 2012).

Addiction is a chronic relapsing disorder intricately entwined with stress and characterized by cycles of abstinence/withdrawal followed by reinstatement of drug taking (Koob and Kreek, 2007). In later phases of addiction, negative, as opposed to positive, reinforcement may be a more critical process behind escalated drug taking and seeking behavior (Koob and Le Moal, 2001, 2008). As we demonstrate here, pVTA CRF is significantly different from baseline upon the termination of both acute and repeated social stress, indicating a possible role of pVTA CRF in negative reinforcement. The current series of experiments suggests a critical role of VTA CRF acting on aVTA CRF-R2 and pVTA CRF-R1, not only in stress, but also in escalated cocaine intake and relapse after abstinence. This work complements a growing literature implicating extrahypothalamic CRF, particularly in the extended amygdala, in animal models of escalated drug self-administration (Zhou et al., 1996; Funk et al., 2006; Funk and Koob, 2007; George et al., 2007; Specio et al., 2008; Greenwell et al., 2009).

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